The Villager

Vol. XLVII No. 28

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July 13, 2023

The News this Week

- Homeowners' Corp fill Director vacancies (See article on page 1)
- Association CC&Rs Vote Underway (See item on page 3)
- Club Board seeks Director for one seat (See article on page 3)
- Cooling center available for hot weekend (See article on page 1)
- New Resident Orientation July 19 (See article on page 3)

Trips, Classes & Events See page 12



Community TV channel:

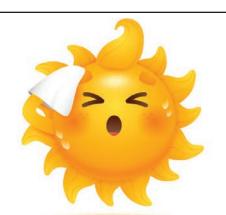
CHANNEL 27: Currently playing

- Association CC&R Town Hall
- Welcome to Our Website
- Avoiding Senior Scams
- Living with Wildfires
- Aerial views of The Villages
- Fitness videos

(See page 6 for broadcast times on the above items and for other programming.)

Inside The Villager

<i>Community News2,5,7,11,23,26</i>
Boards & Committees3
Management4
Governance Meetings5
Calendar of Events6
Club Calendars7
Clubhouse/Bistro8,9,10,11
Community Activities



Cooling Center available as weekend temperatures expected to soar

With high temperatures expected this weekend, the Forum Room at Cribari Center and the two adjacent drop-in rooms in the Cribari hallway will be designated cooling centers on Friday, July 14, Saturday, July 15 and Sunday, July 16 from 10 a.m. to 10 p.m.

There is refrigerated water in the lobby as well as restroom facilities. You may charge your phones and enjoy free internet service-the public network is Villages Public, and the password is villages.

The Homeowners' Corporation appoints two new directors

At its July 6 special meeting, the Homeowners' Corporation Board appointed Morton Cordell and Glen Seidel as directors for one-year terms ending in June 2024. Morton and Glen are filling vacancies left by Larry Versaw who was elected to the Club Board of Directors and Jeannie Omel who is moving.

Morton is co-founder of Silk Road Associates LLC, an overseas sourcing and trading company. He and his wife, Susan, moved to The Villages in 2013.

Morton is currently serving his third year as chair of the Homeowners' Corporation's Architectural Control Committee. He also served on the Club Board's Marketing and Website committees. In addition, Morton is in his ninth year as a director on the Evergreen Villages Foundation Board.

Glen is a retired physician and he and his wife Peggy moved to The Villages in 2017. Glen and Peggy were attracted to the Villages by the beautiful setting, golf, tennis, and other facilities, and the numerous clubs and activities.

Glen is joining the Board after serving on the Homeowners' Corporation's Architectural Control Committee for three years. He is also a member of the Club Board's Fitness Committee where he's served for two years and is currently chair of the committee.

The common denominator that both of these appointees have is their commitment to The Villages and the Homeowners' Corporation in their demonstrated service to our community. We welcome them and their input as we move forward this year.

Save the Date for Home Studio Art Tour!

On Saturday, August 19, the Arts & Crafts Association presents the Home Studio Art Tour for Villagers to visit the home studio displays of the many talented artists and artisans who are our neighbors. Each home studio will be open 10 a.m. - 3 p.m. Contracts are available in the Art Room and in the Ceramics Room. Details are on our website at villagesartsandcrafts.org



VMA: 'The Importance of Having Your Final Plans in Place'

By Barbara F. Zahner, VMA Health Education

Reserve now for this important one-hour presentation about end-of-life and funeral planning titled, "The Importance of Having Your Final Plans in Place" to be held Thursday, July 27 in the Cribari Sequoia Room at 10:30 a.m. This is a VMA-sponsored event.

The featured speaker will be Terry Nellis, M.A. of the Neptune Society. Nellis holds a Master's Degree in Clinical Psychology and has been a representative for the Neptune Society for over 30 years. She said, "I love working with families and individuals to help ensure peace of mind. Once they have put into place their final plans, a sense of calm and inner peace visibly fills them. I am fortunate to witness this transformation every day."



Terry's talk will cover the topics of burial, cremation, or "green" options; 30 things to know before making your plan; how to talk with your family and move through their initial reactions; organ donations and Medical Power of Attorney considerations; the importance of taking your time through this process; your second thoughts (and maybe more); and information about cremation: cost, ecology, freedom of letting go. Terry will also provide a takeaway questionnaire with helpful questions before you get started getting your final plans in place. First things first: Reserve your place now for "The Importance of

Clubs & Events13,14,15,16
Religion17
Sports18,19,20,21
Scoreboard21
Landscape & Maintenance22
Classified Ads24,25,27

Terry Nellis

Having You Final Plans in Place." Call Bonnie Grim: 408-238-4029 or register online at vmavillages.org

Community News

PULSE

Dear Readers:

The Villager welcomes everyone's voice sharing ideas, opinions and accounts of life in The Villages in the Pulse column. Please follow the guidelines carefully.

Pulse deadline is 4 p.m. on Thursday of the week prior to publication. Pulse letters will be published in complete or abridged form at the discretion of the Publisher and in accordance with the editorial policies and rules established by the Club Board of Directors. (See VGCC Rule 1.30.) Opinions expressed by Pulse letter authors do not necessarily reflect the opinions of The Villager Publisher, staff, boards of directors or management.

All Pulse letters must be 200 words or fewer on a single topic relating to life in the Villages. Letter authors are limited to one published Pulse letter per month. Each letter must also include name, address, phone number, date and number of words. Typed or legibly written letters must include your signature and may be hand delivered to the Pulse mailbox in Administration Building B or by mailing to the Communications Advisory Committee, 5000 Cribari Lane, San Jose, CA 95135.

Letters may be submitted electronically through the Pulse Submission Form on the Resident Portal: resident. thevillagesgcc.com/pulse, or emailed to Villager Managing Editor S. Hinrichs: shinrichs@the-villages.com. E-mailed letters must include the text within the body of the e-mail and the subject line must read PULSE LETTER.

3 Pulse letters received this week.1 Pulse letter deferred.2 Pulse letters published this week.

Note: Pulse authors are solely responsible for the statements and opinions contained in the Pulse letters. The Villager does not verify the accuracy of any statements.

All Pulse letters that are published are retained by the Communications Advisory Committee (CAC) for a period of 12 months. Rejected Pulse letters are not shared with anyone outside the CAC, management or Club Board and staff liaisons for the reason of confidentiality.

I am concerned about the decision that my backyard is "nonfunctional turf." Because of the decision, the grass has been killed right up to the edge of my patio. Frequent close mowing and no watering have turned it to a dull brown swath, ugly to look at and reflecting heat. As I write, a worker walks along my patio edge spraying poison.

Since a decision has not yet been made about what to do with the area, and I hear it might be years before a plan is put in action, I strongly object to the loss of my usable backyard. It was functional and enjoyed until someone decided it could be killed. — Harriet Tower

The Three-Second Rule

I was driving south on 101 and got off at the Yerba Buena exit to get home. I was in the righthand lane to turn left with a large pickup work truck next to me. A voice in my head....count to three on the green.... I counted to three before starting my turn when a car raced through the intersection heading west. Three seconds earlier, I would have been T-Bone Dead....I have read reports saying red light running is happening a lot.

So stay safe and remember the Three-Second Rule.

-Brian Dombrowski

BOUQUET

Cribari held a July Fourth Golf Cart Parade in the afternoon, which had 32 golf carts from other Villages participating and people standing all around Cribari Lane circle watching. Cribari offered some cart decorations to those who hadn't come already prepared and candy to toss to those watching. Thanks to Tony Orlando, Ro Miller and Kristel Moffett for managing the parade, well done! —Deb Gordon, Cribari DAC Chair

Attention Pulse authors!

When you write your Pulse letters, don't forget to:

• Include your name, address and telephone number at the end of your letter. Your contact information is important in case the Communications Advisory Committee (CAC) members have questions or need to verify your identity.

Pulse letters may be submitted on the Resident Portal by filling out the Pulse Letter Submis-

IN MEMORIAM

In Memoriam notices are run free of charge.

Notices include name of deceased, date of birth and date of passing. Brief notices of memorial gatherings may be included with the notice, providing event is held in a Villages' facility.

Obituary notices may be placed in the Classified Advertising section for a fee. For more information, please call Kory Tran at ktran@the-villages.com or 408-754-1341 or Scott Hinrichs at shinrichs@the-villages.com or 408-223-4655.

DEADLINES

General Copy: All general copy, other than sports, is due by 4:30 p.m. Thursday, seven days prior to publication. For editorial information call 408-754-1341 or 408-223-4655 or email ktran@the-villages.com.

Sports: Sports copy is acceptable after deadline only by permission of the Managing Editor, 408-223-4655.

Classified Ads: Classified ads, renewals, cancellations and changes are due by 10 a.m. on the Monday before publication. Holiday deadlines differ. All classified ads must be in writing. You may fax classified ads to 408-274-2843 or e-mail to: areed@the-villages.com or ktran@the-villages.com. For more information, please call 408-223-4657, 408-754-1341 or 408-223-4655. **Display Ads:** Display ad rates and placement may be arranged by calling Adrienne at 408-223-4657. Display advertising information is available on The Villages web site at: www.thevillagesgcc.com.

Delivery: *The Villager* is published on Thursday and distributed to all residents Friday morning. Extra copies of the latest editions are usually available in *The Villager* office and in the Library.

Call 408-223-4655 to report missed deliveries.

POLICIES

Publication of advertising in *The Villager* does not constitute endorsement. Licensed real estate professionals advertising in *The Villager* are required to name themselves as agent or broker, or list the name of the brokerage for whom they work as part of their ad. This is in compliance with Real Estate Law Section 10140.6.

All copy is subject to editing and must be submitted with that understanding. *The Villager* reserves the right to reject or discontinue advertising or articles that are deemed unsuitable.

The Villages Communications Advisory Committee "To inform and connect Villagers" develops operational plans, reviews rules and policies, and advises the General Manager and Club Board on issues pertaining to *The Villager*, including Pulse letters, Channel 26, Fast Lane and the web site. Residents having relevant concerns may attend meetings or call committee members by phone: Chair Nick Yannaccone at 408-219-9296, Sue Callahan 408-238-2413, Jeanette Campa 408-661-0203, Debbie Champion at 408-960-6994, Barbara Clurman at 347-451-5309, Thomas Moore at 408-887-5322, and Janis Silver at 408-274-6605.

HOURS

The Villager editorial and classified advertising hours are Monday through Friday, 8:30 a.m. to to 4:30 p.m. *The Villager* display advertising office hours are by appointment. Call 408-223-4657 to schedule.

The Villager is the official and legal communication medium for The Villages, a Senior Community. Its mission is to provide residents with timely information about activities, facilities and services at The Villages, and to promote a sense of community by documenting and celebrating those common experiences highlighting life at The Villages.

THE WEEKLY VILLAGER is published every Thursday under policies established by the

Club Board of Directors:

bound of Bricotors.	
Leslie Lambert	President
Judy Owen	Vice President
Bob Krattli	Secretary
Richard Zahner	Treasurer
Liz Kung	Director
Larry Versaw	Director

Villager Personnel: Theresa M. Ostrander

3

sion Form, directly emailed to shinrichs@the-villages.com or brought in written form to Building B.

· Sign your letter if you are bringing a paper copy to the Pulse mailbox in Building B.

• Put the word count of the letter at the end of the letter-Remember, it's 200 words or fewer.

• Put "PULSE" in the subject line of your e-mail if you are sending it in electronically. (E-mail your Pulse letters to: shinrichs@the-villages.com)

Forgetting to follow the Pulse guidelines may result in your letter being delayed.

Note: The Communications Advisory Committee verifies the authorship of submitted Pulse letters. If a Pulse Letter is dropped off in Building B, we will call the author to make sure that person wrote and submitted the letter. If we cannot reach that person we will hold the letter until we can reach them. This means we may reject the letter for a week or more if we are unable to verify the authorship.

Scott Hinrichs Managing Editor	
Kory Tran Associate Editor	
Jerry Marquez Design Editor	
Adrienne Reed Advertising Customer Service	

Publisher

THE WEEKLY VILLAGER is published by The Villages Golf and Country Club, 5000 Cribari Lane, San Jose, California 95135. Copyright 2023. All rights reserved.

Visit The Villages web site at: thevillagesgcc.com

Page 3 The Villager July 13, 2023

BOARDS & COMMITTEES

The Villages Association Election to amend the Covenants, Conditions and Restrictions Return Ballots before July 24, 2023

This Amendment will change the CC&Rs to:

- Clarify the wording, remove duplications, add detailed descriptions on current practices and insurance coverage
- Make it easier for YOU to get approval of modifications around your home
- Updates for inflation, solar energy systems, AC

Need more information? Go to:

- Articles in The Villager (each week in May)
- Articles and videos on the Resident Portal (see the link on the home page)
- Call or email any ABOD member—Their contact information is in the front of your Villages Telephone Directory

PLEASE VOTE!

Winners of gift card incentives

Inspectors of Elections Jeanne Filice, Kathy Weatherford, and Janelle Marines report that as of July 12, 2023, 913 CC&Rs Amendment Vote ballots have been returned (not opened) and the winners of the random draw of a Villages \$50 gift cards are as follows: Anthony (Tony Berg), Billy Mills, Thomas W. Rossi, Myriam McAdams, Ferial Hanna, Ray W. Blinde, Carol A. Christian, James H. Brady, Harald Craig, Donald Lingofelter, Thomas McLaughlin, Michael Mullaly, Randolph Cisneroz, Roger Pearson, Gloria Nigg, Alvin E. Miller, Winston T. Bannister, Manho Lieuw, Michael S. Foss, and John Friedenbach.

Winners of the \$25 gift cards are as follows: Ruth Keiser, Jose Urrutia, Linda Faulkner, Miep Sturrus, George Kenicer, Charles Leu, Larry Bostow, Daniel Biondi, Jayme Dickson, Behnaz Parsien, Frederick Schlanze, Mary Lou Klisch, Kenneth Gunderson, Ronald Wolf, Louise Conners, Barry McDonnell, George Muller, Anita Ong, Robert Gozza and Stella Rodriguez.

Congratulations to our winners! If you have not yet voted, please do! If you need a replacement ballot please contact Julia Meadows at 408-223-4634 or jmeadows@the-villages.com .

Welcome New Residents! New Resident Orientation Scheduled for Wednesday, July 19

There will be a New Resident Orientation on Wednesday, July 19 at 3 p.m. in the Villages Clubhouse. This event is for new residents who have recently moved in and provides new residents with valuable information regarding community amenities, governance, rules, architectural control requirements, clubs and organizations, and other important information. Space is limited and reservations will begin on Friday, July 7 by calling 408-223-4674.

If you are unable to sign up for this orientation please keep your eyes on *The Villager* newspaper and the Fast Lane email blasts for information about future sessions.

Association/Homeowners documents available via e-mail

Per an amendment to California Civil Code, homeowner associations are permitted, with owner's written consent, to distribute annual disclosures, (like the pro forma budget summary) and other specified association documents to owners via electronic mail, facsimile, or other electronic means (such as posting on the association's website) instead of sending those documents out by regular mail or personal delivery. This has the potential to provide cost savings to The Villages. Delivery and postage costs for the Villages' annual distribution of the pro forma budget summary alone are close to \$1,000, not to mention the paper and printing costs.

In order to transmit association documents via e-mail or by posting on the homeowners asso-

THE CLUB BOARD

Vacancy on the Club Board

The Club Board has one vacancy for a one-year term ending with the June 2024 election. To fill this director position, the Club Board is asking that interested candidates submit a bio and answer three questions:

- 1) Why would you like to serve on the board?
- 2) What would you bring to the board that would help the Board better serve our community?
- 3) What is your experience in "hospitality" and how would you improve the "hospitality" experience at The Villages as a member of the Club Board?

Email your information to:

Club Board President Leslie Lambert at leslie_cbod@yahoo. com, Club Board Vice President Judy Owen at jmowen@gmail. com, or Club Board Treasurer Richard Zahner at rrzcbod@gmail. com.

Applications will be accepted until 5 p.m. on Friday, July 28, 2023.

Missed your Villager?

If you missed delivery of your weekly copy of *The Villager*, please call 408-223-4655 after 11:30 a.m. to report it.

You may pick up a replacement copy of your paper at the newsstand at the entrance of Building B or go online to the Villages website—*www.thevillagesgcc.com*—and download the current and past editions to your computer.

Questions for the Club Board?

The Club Board of Directors (CBOD) appreciates the need in having your questions answered. The CBOD has a column in *The Villager* so that all those interested can see the question and response. If you have any questions, please email them to Julia Meadows



at jmeadows@the-villages.com or you can put a written question in the drop-box in the parking lot of Building A.

The entire Board is interested in communicating the proper information for your understanding of issues and current events.

'Ask the ABOD'

The Association Board of Directors (ABOD) appreciates the need in having your questions answered. The ABOD has a column in The Villager so that all those interested can see the question and response. If you have any ques-



tions, please email them to Maria Elizabeth Hernandez at MEHernandez@the-villages.com or drop them in the drop-box in the parking lot of Building A.

The entire Board is interested in communicating the proper

ciation's website, 1) the homeowners association must first receive the owner's written consent, and 2) the homeowners association sends a separate notice to the owner that the documents have been posted and are available for viewing.

Consent forms for owners to request delivery of documents have been developed for both The Villages Association and Homeowners Corporations. These forms provide an owner's consent to electronic delivery of documents that are capable, under current laws, of being distributed electronically. Owners have the right to revoke this request and receive "hard copies" of the documents by sending a written revocation signed by the owner, to the applicable corporation.

Forms of owner's written consent are available in Business Administration Buildings A and B, and on The Villages web site, thevillagesgcc.com (Click on *Resident Info* and then Click on *Resource Files*.)

information for your understanding of issues and current events.

More BOARDS & COMMITTEES, MANAGEMENT and COMMUNITY NOTICES on pages 4, 5, 7, 11, 23 & 26

Management

Villages Asset Sale

The Villages Maintenance Services Department will hold an asset sale. The purpose of the sale is to dispose of replaced or unused assets. The sale is scheduled to take place on Wednesday, July 26, 2023 at the Corporation Yard from 9 a.m. until noon. Some of the items for sale include furniture, fixtures and equipment. All items are sold in AS-IS condition and on a first-come, first-serve basis. Payment for these items must be in cash and all sales are final. Purchased item(s) must be removed by the buyer no later than 12:30 p.m. on the day of the sale. Deliveries must be arranged by buyer. Residents of The Villages are offered first priority at this sale. Thank you.

Senior Scam Stopper Q & A List

The Villages hosted a Town Hall panel discussion on April 14 focusing on how Villagers can protect themselves from scammers. The panel consisted of San Jose District 8 Councilmember Domingo Candelas, California State Senator Dave Cortese, California State Assemblymember Ash Kalra and Santa Clara Country District Attorney Jeff Rosen along with representatives from the Contractor's State License Board, Department of Insurance and the District Attorney's Elder Fraud Unit. Together they have provided a Senior Scam Stopper Resource Sheet that is available on the Resident Portal at: https://resident.thevillagesgcc.com/scam-qa/.

The entire list is available online, however, The Villager will publish individual parts of that list over the next several editions for the benefit of those who did not attend the event. To follow is the sixth item on that list:

Santa Clara County District Attorney's Office

- ·Real Estate Fraud Unit: 408-792-2879
- Elder and Dependent Adult Financial Abuse Unit: 408-792-2888 or 855-DA-Elder (855-323-5337)
- · Consumer Protection Unit: 408-792-2880
- · Insurance Fraud Unit Email: healthcare@dao.sccgov.org,
- Email: workerscomp@dao.sccgov.org
- Community Prosecutor for Eastside/Evergreen: Byron Suarez 408-792-2311 • Investigator Joe Burdick: 408-792-2330, jburdick@dao.sccgov.org

More to follow in next week's Villager.

Vehicle Bar Code Reminder

Are all your vehicles registered and bar coded? Just a friendly reminder that all resident vehicles are required to be registered and must have a resident bar code sticker on them. Please contact the Public Safety Administration office at 408-239-5246 option 2, or you may email: vtennon@the-villages.com or hbalaoro@the-villages.com to register your vehicle.

If you registered a vehicle that had a temporary plate at the time of registration, but have not provided the permanent license plate number, please contact Public Safety Administration to update your registration with the current license plate number.

Estate Planning Attorneys

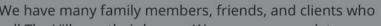
Establishing or updating your Estate Plan has never been more important than it is right now. At Del Ponte and Hirz, we offer comprehensive Estate Planning, Probate, and Trust Administration services.

Call us to schedule your <u>Free Consultation</u>!



Del Ponte & Hirz

Attorneys at Law



Coyote reminder and tips

Coyotes may try to escort walkers out of an area to protect their pups or food sources when encountered on a trail or street. Humans may perceive this behavior as stalking, which is usually not the case. They may also view your pet as prey. To allow coyotes to be wild while keeping yourself and pets safe, please follow these pointers:

• Never feed coyotes—it is illegal to feed coyotes in most places. Feeding endangers your family and neighbors because it lures coyotes into neighborhoods.

• Keep unattended cats and dogs indoors or in completely enclosed runs, especially at night, and do not assume that a fence will keep a coyote out of your backyard.

• Accompany your leashed pet outside. Make sure you turn on lights if it is dark to check your backyard for unexpected wildlife.

• Keep dogs on short leashes while walking outside; the Division of Wildlife recommends a leash no longer than 6 feet.

• Keep noisemakers on hand to scare away coyotes that may enter your yard. Some examples of noise makers are whistles, horns or metal cans with small rocks or coins that rattle.

• Never run away or turn your back on a coyote.

• Do not allow a coyote to get between you and your pet or child-keep children close to you.

• Yell, clap hands, blow a whistle or rattle a can and try to make yourself look larger if you have a close encounter with a coyote.

• An empty soda can with pennies sealed with duct tape makes a very good noise maker when shaken.

Reminder to all small pet owners: A recent rise in coyote aggression has been seen with small dogs, most unleashed. *Please always leash your pets. Keep leashes short.* Coyotes will try to get between you and your pet if the leash is extended far enough. Coyotes are known to attack leashed dogs when the owner gets distracted. Please stay cautious and aware of your surroundings when cleaning up after your pet, talking to a neighbor, checking the mail, etc. Coyotes are opportunists and may make their attacks when you are not paying attention.

Carry a noise maker and always be alert. Use caution when walking past wooded areas, hiding spots between homes, and the golf course. They are widespread in The Villages and can truly be anywhere.

There is no way to completely eliminate coyotes from The Villages, so always use caution when walking, especially with pets. Also, coyotes tend to be most active around sunrise and sunset. Pick different times for walks.

Please report all coyote sightings to Public Safety and Vector Control at the email addresses listed in the article below.

Report Coyote Activity

Please report all coyote sightings to Public Safety and Vector Control at the following email addresses:

• Director of Public Safety Steve Norden at snorden@ the-villages.com and include in email the location day and time of the sighting.

• Contact for Vector Control is Vector.sccgov.org/home . Residents can use this to report coyote / wildlife incidents directly to the county.



call The Villages their home. We can accommodate COVID-19 concerns with telephonic or video consultations and social distanced or no-contact document execution.

(408) 294-4525

www.DelPonteandHirz.com

info@delponteandhirz.com

75 E. Santa Clara Street, Suite 275, San Jose, CA 95113

Golf Cart Registration Reminder

Have you recently purchased a golf cart? Just a friendly reminder that all Golf Carts must be registered no matter if they are for leisure use or golf course use. Please contact the Public Safety Administration at 408-239-5246 option 2, or you may email: vtennon@the-villages.com or hbalaoro@the-villages.com to register your cart.

GOVERNANCE MEETINGS

THE DACs *Hermosa DAC to meet July 20*

The Hermosa DAC will hold its meeting and a potluck social. The social begins at 5 p.m. Thursday, July 20 at the Foothill Center (BYOB). The DAC Board meeting will follow at 6 p.m.

Featured speaker will be The Villages General Manager Theresa Ostrander.

Cribari DAC to meet July 24

The Cribari DAC Quarterly Meeting is Monday, July 24 from 6:30 to 8 p.m. in the Cribari Center Conference Room (Across from the Auditorium).

AC NOTICE

Association applications for Owner Alteration Requests for the month of August are due to the Architectural Committee on or before July 18, 2023. Call Elissa at the Corporation Yard office to obtain an application. Meeting date is scheduled for **Thursday, August 3 at 9 a.m.** at Montgomery Center.

Association AC Landscape meeting deadline date is July 18, 2023.

More COMMUNITY NOTICES

(SRS) SENIOR RESOURCE SERVICES

The senior's secret to deducting charity donations

Many Villagers no longer receive a tax deduction for their charitable donations because they take the standard deduction rather than itemizing deductions. For 2023 the standard deduction is \$13,850 for single taxpayers (\$15,700 if age 65) and \$27,700 for married filing jointly (\$29,200 if one taxpayer is age 65 and \$30,700 if both are age 65).

But charitable givers age 70-1/2 or older have a way to get a tax benefit for their charitable donations while still using their standard deduction. It involves making donations directly from a traditional Individual Retirement Account (IRA) to one or more charities by using a smart move with a clunky name—Qualified Charitable Distribution—or QCD.

Yes, we know that the current Required Minimum Distribution (RMD) age is 72. But for many of us lucky taxpayers, the age for QCDs is 70-1/2.

Normally a withdrawal from a traditional IRA is taxable. However, a QCD of up to \$100,000 annually, when given to charity directly from your IRA, is not taxed as income.

Here's how an IRA QCD provides benefits to you. Mr. and Mrs. V are ages 73 and 74. Because they are 72 or older, they must withdraw a certain amount (RMD) every year from their traditional IRAs. This year their RMDs total \$40,000.

The couple usually contributes about \$10,000 to various charities. Rather than writing checks to these groups from their regular checking account, they can make their charitable donations from their IRAs and pay no tax on this \$10,000 withdrawal.

If they write checks to the charity from their personal account, they won't get any tax write-off because, based on their other deductions, they will be better off claiming the standard deduction of \$30,700.

Donating from their IRA gives them a better result. They will reduce their taxable IRA payout to \$30,000 and won't owe income tax on the \$10,000 in donations from their IRAs. While they won't get a charitable deduction of \$10,000, reducing their income by \$10,000 is even better.

Here's where it gets slightly tricky. The IRA charity donations must go directly from the IRA account to the charity. Our couple can do this in one of three ways. 1. Ask the trustee of their IRAs to submit the contributions directly to the charities. 2. Ask the trustee to send them the checks made out in the name of the charities, and they will forward them on. 3. Ask for a checking account for their IRA and they can write the check to the charity. Writing a check themselves qualifies because the cash is transferring directly from the IRA account to charity and not into their personal account.

One warning if you make contributions from your IRA. Your form 1099-R for 2023 will show the total distribution from your IRA account during the year whether it went to you or to a charity. It is up to you to tell the IRS that it went to charity. Mr. and Mrs. V must label on their tax return that \$10,000 is a QCD and be sure they only pay tax on the remaining \$30,000 of their \$40,000 distributions. Keep this in mind, and don't forget to inform your tax preparer that you have made QCDs from your IRA accounts.

BOARD MEETINGS

Three-Boards

(Note: The following educational workshops are limited to Board Directors.)

- Three-Board Workshop Insurance is Tuesday, July 18 at 9 a.m. in Foothill Center
- Three-Board Workshop—Insurance is Wednesday, July 19 at 9 a.m. in Foothill Center

Association

 The Villages Association Board of Directors Monthly Board hybrid meeting is Tuesday, July 25, at 9:30 a.m. at Foothill Center and on Zoom Meeting ID: 917 8108 3392; Passcode: 223468; Dial: 1-669-900-6833

Club

 The Villages Golf & Country Club Board of Directors Monthly Board hybrid meeting is Tuesday, July 25, at 1:30 p.m. at Foothill Center and on Zoom

Meeting ID: 961 5036 4740; Passcode: 260616; Dial: 1-669-900-6833 Homeowners

 Homeowners Quarterly Meeting is Thursday, September 14, at 9 a.m. in Montgomery Center

Deadline for editorial materials is the Thursday before the date of publication. If your notice is late, please call Kory at The Villager copy desk at 408-754-1341 to arrange for space to be available. You may e-mail your copy to: ktran@the-villages.com

SRS Reminder: PG&E Discount

PG&E will give you a discount of at least 20 percent on your bill if you have low income. Your total income must be \$39,400 or less for a one or two-person household. Income includes nontaxable income such as 100 percent of Social Security. To find out more about this program or to enroll for this program go online to pge.com/care or call PG&E at 866-743-2273. Also, the SRS office has applications for this discount.

As with all of PG&E income-based programs, you may be selected to document your income which includes sharing your income tax return or your form 1099s.

POST OFFICE NOTICE *Notice from the Post Office*

On July 9, the USPS raised postage rates. The cost of a firstclass Forever stamp increased from 63 cents (for up to 1 ounce) to 66 cents. The cost of a global foreign stamp increased from \$1.45 to \$1.50. The additional ounce stays at 24 cents, but most other services will increase.

Not affected this time are the Priority products, which will increase in January of next year.

More BOARDS & COMMITTEES and COMMUNITY NOTICES on pages 7, 11, 23 & 26



Are you someone who prefers to see these ideas in numbers. Next week we will do that for you.

Note: The Senior Resource Services (SRS) office hours for drop-in assistance are Monday, Wednesday, and Friday from 10 a.m. to noon. The SRS office is in the Cribari Center across from the Post Office. You may also leave a message at 408-239-5253 or e-mail SRS at villagessrs@ sbcglobal.net. The purpose of SRS is to provide education and general business and financial information. All assistance is free and confidential. You should ask your professional advisor about your individual situation. Page 6 The Villager July 13, 2023

DAR OF EVENTS

Friday, July 14

IIIuay, J	july 14		1 n m
8 a.m.	Men's Golf Evergreen Invitational Social	GP	1 p.m. 3 p.m. 3 p.m.
8:30 a.m. 9 a.m.	Jazzercise Catholic Mass	A CR	5:30 pm.
9 a.m.	Chinese Morning Exercise	P	6:30 p.m.
9 a.m. 9 a.m.	Game Day Table Tennis	RED MMP	7 p.m.
9:30 a.m.	Ceramics Open Studio		7 p.m.
9:30 a.m.	Open Studio	AR	
10 a.m.	Line Dance Club	A	Tuesd
10 a.m.	Quilters	PR	1UCSO 8:30 a.m.
10 a.m. 1 p.m.	Quilters Bridge Club at Villages	PR RED	
10 a.m. 1 p.m. 3 p.m.	Quilters Bridge Club at Villages Bocce Bash	PR RED GP	8:30 a.m. 9 a.m.
10 a.m. 1 p.m. 3 p.m. 3 p.m.	Quilters Bridge Club at Villages Bocce Bash Handbells	PR RED GP CR	8:30 a.m. 9 a.m. 9 a.m.
10 a.m. 1 p.m. 3 p.m. 3 p.m. 4:30 p.m.	Quilters Bridge Club at Villages Bocce Bash Handbells Pickleball Social	PR RED GP CR PB	8:30 a.m. 9 a.m. 9 a.m. 9 a.m.
10 a.m. 1 p.m. 3 p.m. 3 p.m. 4:30 p.m. 6 p.m.	Quilters Bridge Club at Villages Bocce Bash Handbells Pickleball Social Chinese Line Dance	PR RED GP CR PB FC	8:30 a.m. 9 a.m. 9 a.m. 9 a.m. 9:30 a.m.
10 a.m. 1 p.m. 3 p.m. 3 p.m. 4:30 p.m.	Quilters Bridge Club at Villages Bocce Bash Handbells Pickleball Social Chinese Line Dance Mexican Train Dominoes	PR RED GP CR PB FC	8:30 a.m. 9 a.m. 9 a.m. 9 a.m. 9:30 a.m. 9:30 a.m.
10 a.m. 1 p.m. 3 p.m. 3 p.m. 4:30 p.m. 6 p.m.	Quilters Bridge Club at Villages Bocce Bash Handbells Pickleball Social Chinese Line Dance	PR RED GP CR PB FC	8:30 a.m. 9 a.m. 9 a.m. 9 a.m. 9:30 a.m.

Saturday, July 15

8 a.m.	Men's Golf Evergreen Social	GP	1
9 a.m.	Table Tennis	MMP	2
9:30 a.m.	Ceramics Open Studio	CER	4
10 a.m.	Quilters	PR	6
10 a.m.	Ukulele Singing	SEQ	
2 p.m.	Chinese Club Arts & Crafts	VC	V

Sunday, July 16

6:30 a.m.	Catholic Choir	CR	9 a.m.
8:15 a.m.	Catholic Mass	А	9 a.m.
9 a.m.	Chapel Choir	SEQ	9 a.m.
9 a.m.	Episcopal Services	MC	9:30 a.m
9 a.m.	Table Tennis	MMP	10 a.m.
10 a.m.	Community Chapel	А	10 a.m.
10 a.m.	Jewish Community Brunch	۱FC	3 p.m.
10 a.m.	Quilters	PR	3 p.m.
7 p.m.	Chinese Club Karaoke	SEQ	

Monday, July 17

8:30 a.m.	Jazzercise	Α
9 a.m.	Chinese Morning Exercise	Р
9 a.m.	Game Day	RED
9 a.m.	Table Tennis	MMP
9:30 a.m.	Ceramics Open Studio	CER
10 a.m.	9 Hole Women Golf	PR
10 a.m.	Drawing Class	AR
10:30 a.m.	Grief Support	SEQ

EVENT LOCATIONS

Α	Auditorium	(Cribari)
AR	Art Room	(Cribari)
BC	Bocce Courts	
CER	Ceramics	(Cribari)
СН	Clubhouse	
CR	Conference Rm.	(Cribari)
F	Forum	(Cribari)
FC	Foothill Center	
FHP	Foothill Pool	
GP	Gazebo	
L	Lobby	(Cribari)
SEQ	Sequoia	(Cribari)

11:30 a.m. Line Dance Club Stitchery Aqua Fitness Workshop FP EPC Orientation FC :30 pm. Village Dancers :30 p.m. Senior Academy **Great Decisions** Duplicate Bridge **EPC Emotional Support PR** 'uesday, July 18

A PR

А

VC

RED

9 a.m. 9 a.m.

9 a.m.

:30 a.m. Tai Chi Club Board of Directors Workshop FC RED Game Day **Table Tennis** MMP Ceramics Open Studio CER Poetry in Art & Pastel AR VMA Hearing Aid Check MC **Ukulele Club** PR Line Dance Class А 10:30 a.m. Chapel Lay Board Mtg F Live Stronger Longer 1:30 a.m. Α Brandeis American History PR **EVF Flights & Bites** СН **EPC** Orientation FC

Wednesday, July 19 8:30 a.m

10 a.m.

p.m.

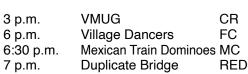
p.m.

p.m.

9 a.m.

n.	Jazzercise	А	9 a.m.
	Board of Directors Workshop	FC	9:30 a.
	Chinese Morning Exercise	Р	9:30 a.
	Game Day	RED	10 a.m.
	Table Tennis	MMP	10 a.m.
n.	Ceramics Open Studio	CER	1 p.m.
	Watercolor Classes	ĀR	3 p.m.
	Yoga Class	А	3 p.m.
	Aqua Fitness Workshop	FP	5 p.m.
	New Resident Orientation		6 p.m.
		0	6:30 p.





Thursday, July 20

8:30 a.m.	Tai Chi Club	Р
9 a.m.	Game Day	RED
9:30 a.m.	Acrylic Classes	AR
9:30 a.m.	Ceramics Open Studio	CER
10 a.m.	Line Dance Club	CR
10 a.m.	Live Stronger Longer	Α
10 a.m.	Caregivers Support	PR
10 a.m.	Parkinson's Support	F
11:30 a.m.	18 Hole Women Golf Lunch	CH
1 p.m.	Chapel Small Group	SEQ
1:30 p.m.	Ukulele Club	VC
3 p.m.	Chapel Choir Rehearsal	MC
3 p.m.	Hermosa Social	FC
5:15 p.m.	Men's Golf Club Team Play	СН
6 p.m.	Democratic Club	CR

Friday. July 21 8:30 a.

IIIIII, J		
:30 a.m.	Jazzercise	А
a.m.	Catholic Mass	CR
a.m.	Chinese Morning Exercise	P
a.m.	Game Day	RED
a.m.	Table Tennis	MMP
:30 a.m.	Ceramics Open Studio	CER
:30 a.m.	Open Studio	AR
0 a.m.	Line Dance Club	Α
0 a.m.	Quilters	PR
p.m.	Bridge Club at Villages	RED
p.m.	Bocce Bash	GP
p.m.	Handbells	CR
p.m.	Tennis Club Mixer	TS
p.m.	Chinese Line Dance	FC
:30 p.m.	Mexican Train Dominoes	MC
76	Conving Helpful Zez	. M



all times are a.m. and p.m.

Fitness Center

Daily 12:00 & 6:00

Fitness

1:00 & 7:00 Mon – Sat **15 Minute Exercise**

1:15 & 7:15 Mon Wed Fri & Sun **Chair Fitness**

Tue Thu Sat **Cardio Fitness**

CC&R Town Hall Daily 2:00 & 8:00

Welcome to **Our Website**

Dailv 2:45 & 8:45

Fire Safety at The Villages Tue Thu Sat 3:30 & 9:30

Villages Scam Awăreness

Daily 4:55 & 10:55





Club Events & Notices





Programs in July 2023

Hearing Aid Clean and Check: Offered by Hearing Life - Tuesday, July 18 from 10 a.m. to noon in Montgomery Center. Please call 408-238-4230 to schedule a time

Cremation with Dignity: Terry Nellis from the Neptune Society will explain how the process works with dignity, affordability and simplicity. The Neptune Society has been serving Santa Clara and surrounding counties since 1974. Thursday, July 27 at 10:30 a.m. in the Sequoia Room. You can register online at VMAvillages.org or call Bonnie at 408-238-4029.

Support Groups July 2023

Grief Support Group: Chaplain Dale Poland, M.Div, BCC - from Hospice of the Valley-Sutter Health. Monday July 17 at 10:30 a.m. to noon in the Sequoia Room. Please call 408-238-4029 with any guestions.

OLG	ocquoia	(Onban)
MC	Montgomery Center	
MMP	Montgomery MP Ro	om
RED	Redwood	(Cribari)
Р	Patio	(Cribari)
PC	Pickleball Courts	
PR	Patio Room	(Cribari)
TR	Terrace Room	(Cribari)
TS	Tennis Stand	
VC	Vineyard Center	
VR	Voyage Room	(Montgomery)

Caregiver Support Group: Judith London Ph.D. will conduct the monthly group on Thursday. July 20 at 10:30 a.m. to noon in the Cribari Patio Room and via Zoom. Please contact Judy for all meeting specifics at: judithlondon@sbcglobal. net or call 408-784-3325.

Parkinson's Caregiver Support Group: Meet with other caregivers of those with Parkinson's on Thursday, July 20 at 10 a.m. to 11 a.m. in the Cribari Forum room.

Please check out vmavillages.org



More information online at the Villages Resident Portal: resident.thevillagesgcc.com

Page 7 The Villager July 13, 2023

ARTS & CRAFTS CALENDAR

All Villagers are invited to participate in Arts and Crafts Activities. More details at villagesarts and crafts.org

Open Studio times in the Art Room: Mondays and Fridays with Jane Hink, beginning at 10 a.m. Mondays and Tuesdays with Pat Andrade, 2 – 5 p.m. All Villagers welcome!

July 18 – August 15: "Explorations in Drawing" Class with Jeff Bramschreiber online via Zoom. Tuesdays, noon – 2 pm. \$60. Register at barb.gottesman@gmail.com and Jeff will send the link.

August 19: Home Studio Art Tour, Saturday, 10 a.m. – 3 p.m. Contact Diane Finley for a contract.

August 28: Advisory Board meeting in the Art Room, 5 p.m. – 6 p.m.

September 11: New Members Reception, 5:30 p.m., in the Art Room. Members are invited to bring a painting or ceramic to exhibit during the reception.

Ceramics Room has open studio days for approved members only. For Open Studio hours and new classes, go to villagesceramics.com

Stitchery Group on Mondays: Patio Room from 1 – 3 p.m. Call Roberta at 408-218-8372. You can learn knitting here!

HIKING CLUB SCHEDULE

Bring water, snacks, poles, and lunch, as necessary. Wear layer clothing appropriate to the current weather. In addition to scheduled hikes, the following hikes occur regularly: **Every Wednes-day and Saturday** – Villages hill hike with Russ Glines at 8:30 a.m. from Foothill Center. **Every Monday** – at Clubhouse parking lot, meet at 8:20 a.m., leave at 8:30 a.m. to walk around golf course with Terri Vivoli

Rambler Hike July 19: Rich Bainbridge (408-499-1789) and Wendy (408-712-7908) will lead a rambler hike in Alum Rock along the Valley Trail which is ~5 miles round trip with an elevation gain of 300 feet. The Valley Trail is almost all shaded which is a good thing for July. We will have an optional lunch at Lee's Sandwich's on Berryessa. The round trip is 20 miles. Water is a must. We will meet at Cribari Center at 9 a.m. and depart at 9:15.

Rambler Lite Hike July 19: Katy Peretti (408-531-0917) will lead a hike to Del Lago to walk around the five lakes. Meet at the clubhouse at **new time 9 a.m.**

Rambler Hike July 26: Gary Lohr (408-912-5124) will lead a hike along Alamitos Creek in Almaden Valley. This trail is the continuation of the Lake Almaden trail and is accessed from a parking lot on Camden Ave. The hike will be about 3.5 miles with sun and shade and mostly flat. We'll meet at 8:30 a.m. at Cribari Center.

Rambler Lite Hike July 26: Katy Peretti (408-531-0917) will lead a hike through Hermosa. We'll walk up to Chenin Blanc Lane along the southern border and down through the Winery Ct waterway and back to our cars. Meet at Montgomery Center at **new time 9 a.m.**

More COMMUNITY ACTIVITIES Last day for Community Activities on-site survey Foothill Pool Access Update

Help guide our on-site programming! What is an on-site event? We would like feedback on the type and scheduling of the on-site events we offer, there are so many possibilities! Would you like to be one of those people who helps influence what Community Activities has to offer for residents?

The online survey is available through the following link: surveymonkey.com/r/MVC9FW7. We will also have paper copies available in Building B beginning Friday June 23. The deadline to complete the survey is Friday July 14. The survey should take you less than 10 minutes to complete.

To avoid duplicate entries, we are asking that only one survey per household be submitted. For your survey to be considered complete you must go through all the survey pages. We hope to hear from as many households as possible, even if they have never attended any of our programs before, so start thinking about what classes you would like to attend!

Due to the Agua Fitness class offered by Community Activities, access to Foothill Pool will be restricted to class participants only from 3 p.m. to 4:15 p.m. on 7/17, 7/19, 7/24, 7/26, 7/31, and 8/2. The pool deck will remain available for resident use.

The Aqua Fitness classes are sold out but interested residents are welcome to contact Community Activities before classes start to be added to the waitlist in case of a cancellation.

Just Listed

The Villages Golf & Country Club - Hermosa Village 8364 Riesling Way San Jose, California 95135

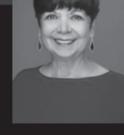
2 Bedrooms + Office/Den | 2 Bathrooms | 1,646 Sq.Ft.

Listed At: \$765,000









YOUR NEIGHBOR AND VILLAGES AREA SPECIALIST PAM SCHRAMM, REALTOR[®] 925.336.7535 PSCHRAMM@INTERO.COM

INTERO

A Berkshire Hathaway Affiliate

Lic.# 02134984

'HE CLUBHOUSE All Clubhouse & Bistro menus can be found at thevillagesgcc.com

For Information: 408-223-4687

2800 The Villages Fairway Drive, San Jose CA 95135

WHAT'S COOKING?

theclubhouse@the-villages.com For Curbside Grab-and-Go Service, call in your order at 408-370-8553. Call again when you get to the Clubhouse curbside and we will bring it out to your vehicle.

To order Curbside Grab and Go, call 408-370-8553

The Clubhouse Curbside service charge is 15 percent. The service charge for the Indoor and Patio Dining is 18 percent.

Summer's Here!



CLUBHOUSE RESTAURANT, THE BISTRO & BAR AND GRAB & GO ORDERS AVAILABLE

Clubhouse is open for full service

The following details will be in effect at the Clubhouse:

Restaurant Main Dining Room: Reservations are strongly suggested by emailing, calling or making an online reservation.

Email: theclubhouse@the-villages.com, Phone: 408-223-4687, Online: clubhousereservation.com

- Patio Dining reservations for the patio are for 6 or more persons.
- The Bistro alcove can be reserved for parties of 8 to 10 people.
- The kitchen will still close at 8 p.m., last seating at the Bistro, Patio, curbside takeout and Restaurant main dining room is 7:30 p.m.
- Bistro Bar closes at 9 p.m. Last call is at 8:30 p.m.
- · Dress code for the main dining room will be enforced. During summer months, dress shorts and dress sandals will be allowed.
- · Credit cards and house charges will be accepted.
- · Cash will not be accepted for payment but can be left as a tip.

ATTENTION CURBSIDE CUSTOMERS: New legislation prohibits "Take-out service" from providing any singleuse foodware accessories or standard condiments to customers unless they are requested. This is in effect now. Our staff will ask if customers need condiments such as ketchup, etc. or plastic utensils such as forks, etc. when taking orders.

How does Curbside Grab-and-Go work?

First, call in your order at 408-370-8553. Call us again when you get to the Clubhouse curbside and we will bring it out to your vehicle. A 15 percent Service Charge and Tax will be added to the price.

Notice for our Curbside customers: Due to the increased volume of orders at dinner time, we are recommending that you call and place your order between the times of 3 p.m. and 4:30 p.m. We will take your order and coordinate a pick-up time later that evening. While this is not required, it should help alleviate any wait times during the peak dinner time hours of 5 p.m. to 7 p.m.

Soup of the Day

For the week of 7/17 to 7/23

Monday	July 17	Lentil
Tuesday	July 18	Cream of Broccoli with Cheddar
Wednesday	July 19	Corned Beef and Cabbage
Thursday	July 20	Roasted Pepper and Artichoke with Feta and Cilantro
Friday	July 21	Salmon and Corn Chowder
Saturday	July 22	Chef's Choice
Sunday	July 23	Chef's Choice

Clubhouse Indoor, Patio Dining and Curbside **Hours of Operation**

Monday

Lunch: 11 a.m. to 2 p.m. **Bistro Menu** 2 p.m. to 8 p.m. (last seating)

Breakfast: 8 a.m. to 11 a.m. Lunch: 11 a.m. to 2 p.m. **Bistro Menu:** 2 p.m. to 8 p.m. (last seating) Dinner Menu: 5 p.m. to 8 p.m. (last seating)

Tuesday to Friday

Saturday and Sunday

Saturday Breakfast: 7 a.m. to 11 a.m. **Sunday Breakfast:** 7 a.m. to 2 p.m. Lunch: 11 a.m. to 2 p.m. **Bistro Menu:** 2 p.m. to 8 p.m. (last seating)

Dinner Menu: 5 p.m. to 8 p.m. (last seating)

Main Dining Room Reservations: Call 408-223-4687 email theclubhouse@the-villages.com or online clubhousereservation.com

To order Curbside Grab and Go: Call 408-370-8553

More CLUBHOUSE

Page 9 The Villager July 13, 2023

Appetizers

GF Potato Skins \$14.00 Cheddar, Tomatoes, Bacon, Scallions and Sour Cream

Wings BBQ, Teriyaki, or Buffalo Sauce 6Pc \$13.95 Celery and Carrots, Ranch Dressing

V Villages Nachos \$12.95 Tortilla Chips with Cheddar, Jalapenos, Sour Cream, Black Olives Black Beans and Tomatoes Topped with Green Onions Add Beef or Chicken \$4

Breaded Chicken Tenders with Sauce \$10.95 Honey Mustard or Ranch

V Fried Green Beans \$8.95

V Samosas \$13.95 Potato and Vegetables with Citrus Lime Dipping Sauce

Grilled Prosciutto Wrapped Prawns \$15.95 3 Prawns on Grilled Pineapple Wedge

Angus Beef Sliders \$12.95 2 Angus Beef with Tomato Relish

Southern Crab Cakes \$13.95 2 Panko Crusted with Cayenne Remoulade

Calamari \$13.95 Lightly Dusted Rings, Tentacles and Parmesan Parsley

Soup of the Day Cup \$5.50 Bowl \$7.50

Entrée Caesar Salad \$11.95 Add Grilled Tofu \$3, Chicken \$4, Salmon \$6, Prawns \$6 Cobb Salad \$14.25

Mixed Greens, Tomato, Cucumber, Hard Boiled Egg, Olives, Avocado Bacon and Feta Cheese Add Grilled Tofu \$3, Chicken \$4, Prawns or Salmon \$6

V Asian Salad \$14.25 Cabbage, Carrots, Edamame, Peanuts, Fried Won Ton Skins, Bean Sprouts with Sesame Ginger Dressing Add Grilled Tofu \$3, Chicken \$4, Prawns or Salmon \$6

Seared Ahi Tuna Niçoise Salad \$16.95 Green Beans, Potatoes, Black Olives, Cherry Tomatoes, Hard Boiled Egg and Lemon Wedge on Mixed Greens

V. Asian Stir Fry Vegetables Over Rice \$12.95 Vegetables over Jasmine Rice with Ponzu Sauce Add Grilled Tofu \$3, Beef, Chicken or Bay Shrimp \$4

Mongolian Beef Over Rice \$16.95 Green Onions, Red and Green Bell Peppers, Onions

V Quesadilla \$13.95 Pico de Gallo, Sour Cream, Guacamole, Add Chicken or Beef \$4

Fish and Chips \$14.95 Batter Dipped Cod, Tartar Sauce, Fries, Cole Slaw and Malted Vinegar

Street Tacos \$13.95 Tofu, Cod, Beef or Chicken with Cilantros, Onions, Cabbage and Radish with Salsa on mini-Corn Tortillas

Sides \$5.50 Potato Salad, Coleslaw, French Fries, Sweet Potato Fries, Garlic Fries, Onion Rings, Fresh Fruit, Small Salad, Cup of Soup

Sandwiches Gluten Free Breads Sub \$1.50

Brat Dog \$11.95 Toppings: Onions, Tomatoes & Red Onion Relish. Or Sauteed Onions and Peppers. Cheddar add \$2.50

Burger with Side \$13.95 Or Impossible Burger with Side \$14.95 Angus Beef with LTO and Side Dish Or Plant Based Meat Add Avocado, Bacon \$2.50 or Cheese add \$2

Chicken Club on Focaccia Bread \$15.95 Roasted Chicken, Bacon, Swiss Cheese and LTO

Reuben \$14.95 Grilled Rye, Corned Beef, Sauerkraut, Swiss Cheese, 1000 Island dressing Naan Pizza Crust

Red Sauce with Mozzarella V Cheese Pizza \$11.95

Pepperoni Pizza \$12.95 V Margherita Pizza \$12.25 Naan Combination Pizza \$14.95 Sausage, Pepperoni, Mushrooms, Onions, & Peppers V Veggie Pizza \$14.95

Onions, Broccoli, Zucchini, Mushrooms, Peppers Arugula BBQ Chicken Pizza \$14.95

Sweet BBQ Sauce, Onions, Cheddar and Mozzarella Gluten Free Pizza Crust Sub \$2

GF Gluten Free V Vegetarian

Weekly **Specials**

For the week of 7/17 to 7/23

Breakfast Special:

Tuesday 7/18 to Sunday 7/223

Spanish Omelett: Spanish Sauce, Guacamole and Sour Cream \$14.95

Lunch Specials:

Monday 7/17 to Sunday 7/23 11 a.m. to 2 p.m.

Linguini Palermo: Linguini, Tomato, Basil and Bay Shrimp in a Garlic Cream Sauce \$17.50

Roasted Beet and Goat Cheese Salad: Roasted Beets, Goat Cheese, Apples, Red Onion, Caramelized Walnuts and Arugula with a Balsamic Vinaigrette \$16.50

Breakfast Menu

Tuesday to Friday 8am to 11am. Saturdays 7am to 11am. Sundays 7am to 2pm

V French Toast \$9.75 Whipped Butter, Maple Syrup, Cup of Seasonal Fruits

V Short Stack Pancakes \$9.75 Whipped Butter, Maple Syrup, Cup of Seasonal

Fruits

V Belgium Waffles \$10.75 Whipped Butter, Maple Syrup, Cup of Seasonal Fruits

Bagel BLT and Egg \$10.75 Bacon, Lettuce and Tomato with Cream Cheese

Breakfast Burrito \$10.75 Scrambled Egg, Potatoes, Cheese, Salsa Choice of Bacon or Sausage

Montgomery Muffin \$10.25 Scrambled Eggs, Bacon or Ham, Cheddar Cheese, and Fruit

Lox and Bagels \$15.95 Smoked Salmon, Cream Cheese, Red Onions, Egg Whites and Capers

Avocado Sourdough Toast \$12.50 Fried Egg, Bacon, and Tomato

Chicken and Waffle \$13.95 2 Piece Chicken Tenders and Belgian Waffle Served with Seasonal Fruit

Sides Egg \$2.75, Breakfast Meats \$4, Hash Browns or Country Potatoes \$3, Toast \$2

French Roast Coffee \$1.95

Starbucks Espresso \$2.50 Extra Shot \$1.50

Starbucks Americano \$2.50

Starbucks Latte/Cappuccino \$3.25

Juice, Milk, or Hot Chocolate \$2.95

The Villager \$12.95 2 Eggs Any Style with Sausage, Ham or Bacon. With Potatoes or Fruit, Choice of Toast

Three Egg Omelet \$12.95 Choice of Peppers, Mushrooms, Spinach or Tomatoes Ham, Bacon, Sausage, or Cheese, Add. \$3 each, Bay Shrimp \$4. Served with Potatoes or Fruit and Choice of Toast

Skillet Scrambler \$12.95 Choice of Peppers, Mushrooms, Spinach or Tomatoes Ham, Bacon, Sausage, or Cheese, Add. \$3 each, Bay Shrimp \$4, Served with Potatoes or Fruit and Choice of Toast

Ralph's Special (Loco Moco) \$14.95 2 Eggs, Potatoes or Rice, and Ground Sirloin Patty with Gravy, Choice of Toast

Huevos Rancheros \$12.50 Fried Corn Tortillas Topped with Lettuce Tomatoes, Sour Cream, Black Beans, Fried Egg and Salsa, Topped with Cotija Cheese

Eggs Benedict \$14.95 2 Poached Eggs, Canadian Bacon over English Muffins with Hollandaise SauCe Served with Choice of Potatoes or Fruit

Eggs Florentine Benedict \$14.75 Two Poached Eggs, & Spinach, Feta and Tomatoes over English Muffins with Hollandaise Sauce. Served with Choice of Hash Browns or Fruit

Corned Beef Hash and Eggs \$14.95 2 Eggs, House Made Seasoned Hash. Served with Potatoes or Fruit and Choice of Toast

Non-Dairy Creamer Available Upon Request GF Gluten Free Bread Available \$1.50 Extra

Dinner Menu

Tuesday - Sunday 5pm to 8pm Last Order

Starters

Soup of the Day Cup \$5.50 Bowl \$7.50

Small Caesar Salad \$6.75

Calamari \$13.95 Lightly Dusted Rings and Tentacles with Parmesan Parslev

V Fried Breaded Green Beans \$8.95

Southern Crab Cakes \$13.95 Crusted with Cayenne Remoulade

V Samosas \$13.95 Potato and Vegetables with Citrus Lime Dipping Sauce

Grilled Prosciutto Wrapped Prawns \$15.95 3 Prawns on Grilled Pineapple Wedge

The Lighter Side

Served à la carte

Linguini and Clams \$16.95 White Wine, Butter, Olive Oil, Lemon Juice Parsley

Penne Pasta Bolognese \$14.95 Creamy Red Meat Sauce Add Meat Balls 2 Pieces \$2

Fridays, Saturdays and Sundays Slow Roasted Prime Rib \$39.95 Aged to Perfection with Choice of Sides

Dinner Entrées

Accompanied by 2 Sides. Mashed Potatoes, Saffron Infused Rice Baked Potato with Sour Cream and Chives Or Daily Vegetables Sides

Soup or Salad \$3.95 with Entrees

Chicken Fried Steak and Gravy \$26.95 Pan Fried Breaded Steak Cutlet with Country Gravy

Rotisserie Half Chicken and Gravy \$26.95

Grilled Flat Iron Steak \$32.50 Chimichurri Sauce

Grilled Lamb Chops \$33.95 3 Chops with House made Mint Sauce

Country Breaded Bone In Pork Chop \$28.95 Smothered with Gravy

Calf Liver and Onions \$26.95

Bistro Menu 2pm-8pm

Dinner Specials:

Tuesday 7/18 to Sunday 7/23 5 p.m. to 8 p.m. (Last Seating)

Grilled Steak Salad: Grilled Steak, Onions, Peppers, Roasted Potatoes and Asiago over Greens with Balsamic Vinaigrette \$28.75

Seared Scallops: In a Garlic Butter Sauce with Choice of Sides \$32.95

V Eggplant Parmesan \$16.95 Eggplant breaded in Crispy Panko Crumbs, Layered in Marinara Sauce, Parmesan and Provolone

V Pad Thai Spaghetti \$16.95 Stir Fried Pasta with Crushed Peanuts, Bean Sprouts, Garlic, Green Onions and Scrambled Eggs. Served with Peanut Sauce Add Chicken, \$4 or Prawns \$5

V Vegetarian GF Gluten Free

Stuffed Sole with Bay Shrimp \$26.95 with Spinach, Sundried Tomatoes and Ricotta Topped with Mornay Sauce

Honey Garlic Salmon \$27.95 Sesame Ponzu and Citrus

Prawns Provencal \$29.95 Crusted with Lemon Butter Breadcrumbs and Grated Parmesan with Lemon Wedge.

Page 10 The Villager July 13, 2023

Lunch Menu

GF Potato Skins \$14.00 Cheddar, Tomatoes, Bacon, Scallions, and Sour Cream

Wings 6Pc \$13.95 With Carrots, Celery, Ranch Dressina With BBQ, Teriyaki or Buffalo Sauce

Breaded Chicken Tenders with Sauce \$10.95 Honey Mustard or Ranch

V Fried Breaded Green Beans \$8.95

V Samosas \$13.95 Potato and Vegetables with Citrus Lime Dipping Sauce

Grilled Prosciutto Wrapped Prawns \$15.95 3 Prawns on Grilled Pineapple Wedge

V Villages Nachos \$12.95 Tortilla Chips with Cheddar, Jalapenos, Sour Cream, Black Olives Black Beans and Tomatoes Topped with Green Onions. Add Beef or Chicken \$4

Angus Beef Sliders \$12.95 2 Angus Beef with Tomato Relish

Southern Crab Cakes \$13.95 2 Panko Crusted with Cayenne Remoulade

Calamari \$13.95 Lightly Dusted Rings and Tentacles with Parmesan Parsley

Soup of the Day Cup \$5.50 Bowl \$7.50

V Lunch 3 Egg Omelet with Fruit \$.12.95 Choice of Peppers, Mushrooms, Spinach or Tomatoes. Choice of Toast Ham, Bacon, or Cheese Add \$3, Bay Shrimp \$4

GF Entrée Caesar Salad \$11.95 Romaine, Cherry Tomatoes, Parmesan and Croutons Add Grilled Tofu \$3, Chicken \$4, Salmon \$6, Prawns \$6

V Asian Salad \$14.25 Chopped Cabbage, Carrots, Edamame, Peanuts, Fried Won Ton Skins, Bean Sprouts with a Sesame Ginger Dressing. Add Grilled Tofu \$3, Chicken \$4, Prawns \$6

Gluten Free Breads Sub \$1.50

Sides \$5.50 Potato Salad, Coleslaw, French Fries, Sweet Potato Fries, Garlic Fries, Onion Rings, Fresh Fruit, Small Salad, or Cup of Soup

Jumbo All Beef Hot Dog \$11.95 Toppings: Onions, Tomatoes & Red Onion Relish. Cheddar add \$2.50

Burger with Side \$13.95 Or Impossible Burger with Side \$14.95 Angus Beef with LTO and Side Dish Or Plant Based Meat Add Avocado, Bacon \$2.50 or Cheese add \$2

Turkey Brie On Focaccia Bread \$15.95 With Cranberry Chutney and Alfalfa Sprouts

Philly Cheesesteak Sandwich \$14.95 Grilled Onions, with Melted Provolone on Hoagie

Melts: Tuna Salad, Bay Shrimp or Patty \$14.95 Grilled Sourdough, Cheddar Cheese Caramelized Onions. Substitute Impossible Patty Add \$1.00

11am to 2pm Seared Ahi Tuna Niçoise Salad \$16.95

Green Beans, Potatoes, Black Olives, Cherry Tomatoes, Hard Boiled Egg and Lemon Wedge on Mixed Greens

V Santa Fe Salad \$14.75 Mixed Greens, Black Beans, Corn, Avocados, Tomatoes and Green Onions Topped with Toasted Tortilla Strips Add Grilled Chicken or Beef \$4 Cilantro Lime Dressing

Cobb Salad \$14.25 Mixed Greens, Tomato, Cucumber, Hard Boiled Egg, Olives, Avocado Bacon and Feta Cheese Add Grilled Tofu \$3, Chicken \$4, Prawns or Salmon \$6

Shrimp Louie \$16.25 Mixed Greens, with Avocados, Tomatoes, Cucumbers, and Hard-Boiled Egg with 1,000 Island Dressing

Half Stuffed Avocado with Chicken Salad \$14.95 Tomato, Cucumber and Hard Boiled Egg

V Quesadilla \$13.95 Pico de Gallo, Sour Cream, Guacamole, Add Chicken or Beef \$4

Mongolian Beef Over Rice \$16.95 Green Onions, Red and Green Bell Peppers, Onions

V. Asian Stir Fry Vegetables Over Rice \$12.95 Vegetables over Jasmine Rice with Ponzu Sauce Add Grilled Tofu \$3, Beef, Chicken or Bay Shrimp \$4

Chicken Fajitas \$15.95 Refried Black Beans and Spanish Rice with Flour Tortillas.

Fish and Chips \$14.95 Batter Dipped Cod, Tartar Sauce, Fries, Cole Slaw and Malt Vinegar

Pulled Kahlua Pork and Steamed Broccoli \$15.95 With Potato Salad or White Rice

Street Tacos \$13.95 Grilled Tofu, Cod, Beef or Chicken with Cilantro, Onions, Cabbage and Radish with Salsa on Mini-Corn Tortillas With Grilled Tofu \$3, Steak, or Chicken \$4

Sandwiches and Such with choice of Sides Included

Reuben \$14.95 Grilled Rye, Corned Beef, Sauerkraut, Swiss Cheese, 1000 Island Dressing

Breaded Sole Hoagie \$15.95 Panko Breaded Sole with Tartar LTO

Chicken Club on Focaccia Bread \$15.95 Roasted Chicken, Bacon, Swiss Cheese and LTO Sub. Grilled Tofu

Deli Sandwich LTO \$13.50 Choice of Bread, Turkey, Ham, Chicken Salad or Tuna Salad

1/2 Deli and Soup or Salad \$12.95

V Veggie Melt \$15.95 Herbed Garlic Aioli, Grilled Veggies, including Bell Pepper, Zucchini, Onions, and Portabella packed into Hoagie Roll with Mozzarella Cheese

Naan Flatbread Pizzas All with Red Sauce and Mozzarella

V Cheese Pizza \$11.95 Pepperoni Pizza \$12.95 V Margherita Tomato Pizza \$12.25

Combination Pizza \$14.95



no corkage will be charged...

Wednesdays & Thursdays

Dinner Service Only

Bring your favorite bottle of wine* and your friends any and every Wednesday or Thursday at the Clubhouse. One-bottle limit per two guests

Sausage, Pepperoni, Mushrooms, Onions, & Peppers,

V Veggie Pizza \$14.95 Onions, Broccoli, Zucchini, Mushrooms, Peppers and Arugula

BBQ Chicken Pizza \$14.95 Sweet BBQ Sauce, Onions, Cheddar and Mozzarella

Gluten Free Pizza Crust Available \$ 2.00

GF Gluten Free V Vegetarian Add or Sub Tofu to Menu Items as Marked

*No Corkage will be charged with purchase from Dinner Menu, Lighter Side, and Entrée items. One-bottle limit per two guests. Standard size bottles only.

Stay in touch with essential developments on Fast Lane!

Because of rapid and frequent developments in our world that directly affect our community, keeping informed is essential. And now more than ever, it is important to be up on the latest developments in your community. Get those vital updates by signing up for Fast Lane, The Villages email newsletter. It is both quick and easy and you can do it online or over the phone. To sign up or get more information, contact Communications Coordinator Ken Patterson at 408-223-4681; kpatterson@the-villages.com, or on the Villages Resident Portal: resident.thevillagesgcc.com

There are currently six editions of The Fast Lane: Wednesday (general announcements and board-recognized events), Friday (Board and Committee meeting information), Saturday



(Maintenance Services), The Clubhouse & Bistro every Monday, The Pro Shop Tuesday, and Community Activities every Thursday.



Bistro Happy Hour

\$5 House Cocktails

\$5 House Wines

\$5 Draft Beers 16oz

2 to 5 p.m. Tuesday to Sunday All day on Monday

Prices subject to service charge and tax



Every Wednesday at The Clubhouse



Shared Table Bring your favorite wine to share with no corkage!

Pay it forward, VMA volunteer drivers needed

We're sure you have read this before, but volunteer drivers are a very important and critical component to the successful day-to-day operation of the VMA, and we could always use more of you.

Our own personal time is one of the most precious and valued commodities that we possess. When we have extra time that we can afford to spend and share with others, it becomes even more valuable.

The VMA is looking for ablebodied volunteers to assist residents who are no longer able to drive on their own, requiring transportation to and from scheduled medical appointments. Mileage is reimbursable if you so choose. All that is required is some of your extra time and kindness, usually no more than an hour or so at a time. If you're interested, please fill out an application; it is available on the VMA Website at vmavillages.org or in the office, which is open Monday through Thursday 9:30 a.m. -2:30 p.m. You choose which days of the week you're available and times. It's that simple. Or, if you have any questions, please contact the office at 408-238-4230.

If you can help out, you will be sincerely appreciated.

Attention diners: We want your opinion!



Have you seen the comment cards in the Bistro and Clubhouse? They are available in the main entrance or in your bill folder. The Food and Beverage staff use them recognize excellence in their employees, to make adjustments to the menu, and to help patrons when things aren't perfect. Thanks for taking the time to let us know what you think! Please deposit comments directly to the locked comment card box at the Clubhouse fover.

Contacting PG&E during a power outage

You can report or get more information about power outages during stormy weather (and under regular conditions, too) through some of the following ways:

PG&E's 24-hour Customer Service number 1-800-743-5000.

To report or get more information about an outage call PG&E's 24-hour Outage Information Center at 1-800-743-5002

You can report an outage, learn about future planned outages, get outage updates and take a look at the outage map for your locality on the PG&E website at: pge.com

For those who don't have computers, advanced phones or may be technologically challenged, PG&E customer service suggests calling the Customer Service number at 1-800-743-5000 to update your contact information so you can receive critical information when necessary. PG&E requests the following updates: Your primary home/landline number, your cell phone number, your email address and secondary contact information such as friends or family members who can receive alerts in the event contact cannot be made.

If you experience a power outage, do not be hesitant to contact PG&E and report it or to get more information about outages in your vicinity.

Special Offer for The Villages

Each year there are over 14,692 home dryer fires reported. The leading cause of dryer fires is a failure to clean the duct. A clogged duct wastes energy and puts you at risk. Save wear and tear on your clothes dryer and BE SAFE! About 30% of the dryer ducts we've serviced at The Villages, were at risk of fire when we got to them. Don't delay.

Take advantage of our Summer offer. Our normal price is \$239, now for The Villages it is \$199.

Call to reserve your appointment for this Summer.





License #678096





High PG&E Bills?

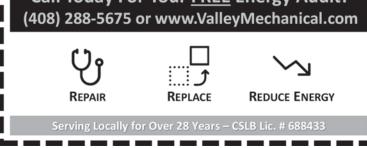
- Hot or Cold Rooms?
- Unit Running Too Long? **Excessive Dust in Home?**
- Health or Allergy Issues?



Free Corkage will be applied with purchase from the Lighter Side and Dinner Entrees from the Dinner Menu.

Please make reservations and note: "Single Diners' Reservation"

Every Wednesday at 6 p.m.



Page 12 The Villager July 13, 2023

IMUNITY ACTIVITIES

The following events are sponsored by the Community Activities Department. Please telephone 408-223-4643 for additional information.

Thank you to volunteers

After three years of pandemic restrictions, Villagers were able to return to celebrate July 4th as a community. It was heartwarming to see residents and guests enjoying the festivities. Behind every organized event there is an extraordinary volunteer team. Thank you to the following volunteers for a job well done; Anahid Gregg, Dick and Judy Frey, Linda Arbaugh, Katy Obringer, Katy Peretti, Leslie Lambert, Bernice Capitano, Kime Tiger, Kay Kundinger, Hilda Friedman, Mattie and Vic Alesi, Katherine Stoll, Judy Wessler, Barbara Brown, Madelaine and Nick Yannaccone, Barbara Koch, Teddy and Tom Morse, Pete Mills, and Roberta Wolfe.

Sign up for Beginning Yoga

Sign up for Beginning Yoga on Wednesdays, 10 a.m. - 11 a.m., August 9 to September 13 (six classes). This class will be taught

by Mariko Dugay in Cribari Auditorium. The cost is \$68.50 (equipment purchased independently as needed, see below.)

Register in Building B during business hours. Registration begins Monday, July 10 and ends Friday, July 28 or sooner if class is filled.

This class focuses on easy yoga poses for beginners to build strength, flexibility, and mental clarity. Poses are done standing

and on the floor. You will need to be physically able to get up and down from the floor unaided. The class requires a yoga mat to be purchased independently prior to the first class.

Mariko Dugay is a registered yoga teacher with Yoga Alliance. She completed her 200-hour training in 2017 and will soon finish up additional training to complete her 500-hour certification. She teaches Gentle Yoga, Mindful Flow Yoga and alignment base Hatha Yoga. Mariko seeks to inspire her students to meet where they are and unite body, mind, and soul in the present moment by creating a safe and non-judgmental space so that they will step off the mat feeling refreshed, nourished, and balanced.

Get ready to see 'Hadestown'

Join us for a hell-raising love story that takes you to the underworld and back! Hadestown intertwines two mythic tales, that of young dreamers Orpheus and Eurydice and that of Hades, King of the Underworld, and his wife Persephone. Be at the Orpheum Theater (named perfectly for this show) on September 13 to find out if a song can change your fate! More information will be contained in the Fast Lane and The Villager the week of July 21.

Save date for Club and Committee Expo

The Community Activities department will be hosting a Club and Committee Expo on Saturday, September 9. Board Recognized Organizations and Board Appointed Committees will be invited to promote their clubs/committees in an Expo environment at Cribari Center. More information will be forthcoming.

Attention all Boards, Committees, and Board Recognized Organizations (BROs), the time is coming! The Master Calendar process is the way that the above organizations reserve meetings and events for the upcoming year. Let's get ready:

2024 Master Calendar time is coming!

- The head of each organization will receive an email from Community Activities requesting that the email we have for them is current. If you have updated your contact information recently, please make sure we have it.

- Start thinking about what your facility needs will be during the upcoming year. Meet with your teams and determine any changes you want to make or what should stay the same. Please keep in mind that the calendar changes every year; even if your requests are the same, another group's may be different, and you could be affected. Come up with alternative options in case your first choice is not available.

- The Resident Portal's Master Calendar 2023 page will be hidden in preparation for the updated packets, but the Community Activities information and documents are still available in Building B if needed. We are happy to send them electronically.

The Master Calendar documents for Community Activities and the Clubhouse will be available at the beginning of August, please look for an email from Community Activities confirming that they are ready. Like last year, the Community Activities packets will be available on the Portal and in paper form in Building B. The Clubhouse packets will be available on the Portal and in paper form in Building D.

We encourage all organizations who have questions or need assistance, especially our newer clubs, to reach out to us for support. Please note the Master Calendar process is not for private resident reservations, that time will come later in the year.

Learn Intro to Line Dancing with Nanci

Nanci Pritchard will be teaching a six-week introductory line dance class. The fun line dances to traditional and more popular music will introduce you to basic moves and footwork.

Sign up for this class taking place Tuesdays 10 a.m. - 11 a.m. August 8 to September 26 (six classes, no class on August 22 or 29) in Cribari Auditorium.

The cost is \$25.50 per resident for this six-week class. Register in Building B during business hours beginning Monday, July 10 and ending Friday, July 28 or sooner if class fills up.

Nanci has been dancing for over 30 years and has been teaching country line dance for the last 20 years. She teaches throughout the Bay Area including some of the largest country nightclub and winery venues. She has enjoyed working with all ages of dancers who have varying levels of experience.

Addams Family Musical—last day to sign up

On Friday, August 18, join us for a musical evening with one of the most interesting families you could meet! Fans of the small and big screen will know how unconventional the Addams' are; but if you are unfamiliar, they are a macabre satire on the nuclear family who are blissfully unaware that others find them kooky and mysteriously spooky. We will depart from Cribari East Parking Lot at 3 p.m. with an estimated return time of 12 a.m.

Activity Level: Light Activity (mostly seated, must walk on incline to enter theater).

Before the performance we will dine at the Rio Grill, which serves fresh local Californian foods with a southwestern flair. All meals will come with a mixed green salad to start and a trio of sorbet with fresh berries to finish. We will cover all beverages up to \$5, drinks that cost more will be charged to the participant. You will need to choose one of these entrees at registration:

- Wild Mushroom Spinach Risotto (romesco sauce, earthbound farm spinach, Manchego cheese, topped with a truffle oil drizzle)

- New Zealand Volcano Lamb Shank (zinfandel demi reduction, honey carrots, asiago mashed and crispy leeks)

The performance will take place at the outdoor Forest Theater in beautiful Carmel-by-the Sea, CA. The theater consists of hard benches, so it is recommended to bring a cushion to sit on. Concessions will be available for purchase. Audio amplification headsets are available for those with hearing difficulties. Summer temperatures on the coast vary, please dress in layers, and be prepared for being outside in the evening. The cost per person is \$210 and includes admission, meal, escort, and round-trip transportation. Gratuity for driver is included in price, additional tipping is at your discretion. Register in Building B by 4 p.m., Friday, July 14.



The Community Activities office offers a wide variety of activities for the enjoyment of the Villages residents. Please check your personal calendars prior to committing to an event, class or trip. Once registered for an activity, you are respon-

sible for the cost of the activity. All sales are final.

Registration is limited to residents only for the first two weeks.

Management assumes residents and guests are able to participate in our sponsored activities independently. We reserve the right to evaluate the participant's ability to participate based on each individual's physical abilities and/or demonstrated behaviors. You may always take a caregiver with you to help with your needs.

Employees are not permitted to provide physical assistance to participants. If personal assistance or a wheelchair is needed, the participant must arrange for a caregiver with paid reservation to accompany him/her.

Employees, residents and their guests represent the Villages Golf and Country Club off site. It is expected that all participants will conduct themselves in a dignified, cooperative and congenial manner.



Mac Users Group to meet July 19



Villages Macintosh Users Group (VMUG) will have a hybrid meeting on Wednesday, July 19 at 3 p.m. by Zoom and at the Cribari Conference Room. If you are not on our mailing list and you wish to attend, contact our treasurer, Larry Roben and he will send you the link when our presenter gives it to him. Contact Larry with your address, phone number and email address. His phone number is 408-218-0851 and email is larryroben21@gmail.com.

Join Global Village's meditation sessions

The Global Village Club invites all Villagers to attend its group meditation sessions on Wednesdays from 7 to 8 p.m. on Zoom. These meditation sessions are held every Wednesday other than the first Wednesday of each month. The next sessions will be held July 19 and 26. Meditation may significantly reduce stress and anxiety and bring peace of mind. Novice or experts can benefit from this practice and there is no joining fee. Call 650-336-3310 for more information.

The Global Village Club's mission is to promote spirituality, wellness, cultural diversity and health benefits of plant-based diet, amongst our residents.

Democratic Club: Santa Clara County D.A. Jeff Rosen to speak on guns in America

The Democratic Club is hosting Santa Clara County District Attorney Jeff Rosen on Thursday,



July 20, at 7 p.m. in the Cribari Conference Room to share his work on addressing the issue of gun control. Jeff Rosen is a nationally recognized leader in criminal justice reform and has run one of the largest prosecutorial offices in the country since 2011.

Guns and gun ownership are a unique American phenomenon, involving issues that don't exist in most other developed countries. There are more guns in the United States than there are people.

Gun violence has become a frequent headline but the dynamics in Washington D.C. may make it difficult to see progress. But locally, more is being done. Rosen will share his plans and achievements with us in his presentation about this challenging and emotional area.

Join us to find out how, meet DA Rosen and other club members and enjoy snacks, beverages and wine with us on Thursday, July 20, at 7 p.m. in the Cribari Conference Room.

Try VMA's new online program registration!

By Diane Nelson

You shared, and we listened...the VMA is designing an online registration form for its many programs. This option will be easy and efficient. The objective is a format that will offer you a brief description of the program, including date, time, location and provide an email confirmation received immediately after hitting the "Submit" button.

The new form is available and may be found on the VMA website at VMAVillages.org under the "Register for Programs" tab. Then you can click on the desired program. Oh, and by the way, this reminds me that you may also learn about VMA Services, view the VMA Event Calendar, discover Volunteer information and so much more at the VMA website. Stop by and get acquainted with one of The Villages' biggest, little secrets.

The Villages Medical Auxiliary says "Sign up today, the technology way!" Visit VMAVillages.org

Get your free reflective safety vest from VMA

The weather is becoming more enjoyable, and the evenings are getting longer... what a great time for a walk! And if you are going to be strolling after sunset, do yourself and oncoming drivers a big favor... wear a brightly reflective yellow vest.

We hear stories all the time; "I didn't see that person until the very last second. Their clothes

Join the Villages Tai Chi Club



Always wanted to learn Tai Chi? Or did you practice Tai Chi in the past and would like to continue and improve your form? Tai Chi helps balance the body's energy force and when done with friends and neighbors you add the element of fun and the result is exercise, smiles and joy all around. With the gentle, slow, circular movements that help relax and stretch muscles, Tai Chi is appropriate for seniors looking to improve energy, balance, strength and flexibility. The Tai Chi Club is open to both experienced practitioners and beginners. Our leaders provide guidance and support to help those new to Tai Chi gain mastery. Even beginners will quickly experience meaningful improvements.

The Tai Chi Club gathers on the Cribari Patio every Tuesday and Thursday morning at 8:30 a.m. for approximately an hour. Club participants currently perform Yang 8, 16 and 24 style forms after a gentle warmup. Come and join us any time to see if the Tai Chi Club is for you.

Sustainable Villages Club's lessons on recycling

The Sustainability Club hosted Linden Skjeie, from the City of San Jose Environmental Services Department, on June 15 in an effort to shed light on best practices for recycling.

Skjeie offered some very helpful information for all of us on how best to manage the cast-offs we contribute to the dumpsters in our various residential areas.

You can get great information by going to sanjoserecyles.org to easily find what can be recycled and how one can recycle it. Typing in the item on the site will produce the information needed on the best way to recycle it. Not everything that is currently going into the white recycling dumpster should be there!

San Jose Recycling relies on technology-assisted machinery to sort what comes in each day and not people. Determining what is inside a big bag of "stuff" is impossible. Instead of placing items in a bag to be recycled, it is preferred that the contents be dumped into the dumpster and the plastic bag (now emptied) be placed into the garbage dumpster. Plastic bags are a hazard

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for the machinery and stops the whole recycling process.

Most of the dumpster locations have information about what can and cannot be recycled. If yours does not, please look at the site referenced above.

Our planet is in big trouble with the amount of garbage that is produced worldwide







were so dark, I just missed them." Please don't let this be you.

When walking at night, make sure you're visible to oncoming drivers so you don't become a statistic. Wearing your own bright or reflective clothing (like that glow-in-the-dark Backstreet Boys "Backstreet's Back Tour 1997" t-shirt that you picked up in Vegas) will help tremendously, or you could go to the VMA office and pick up a reflective Safety Vest. We can arrange to have a supply on hand during office hour's 9:30 a.m. - 2:30 p.m. Monday to Thursday.

One size fits all, and there is no charge. (Please one vest per household member.) Go get a vest!

with seemingly few solutions that can make a difference. The Sustainability Club hopes that in some small way, the community of the several Villages here can do their part in participating as stewards of "our" smaller world.



Page 14 The Villager July 13, 2023 <u>More CLUBS</u> *Chinese Club celebrates Dragon Boat Festival*



Dancers left to right, Michelle Prest, Lin Zhang, Luisa Zhang, Elysia Ng, Shirley Deng and Guangwei

dance performance which was followed by a violin performance, a name-that-tune game and then a fun-filled singing contest. A good time was had by all!

The Dragon boat festival is a traditional Chinese holiday, which has taken place in China for more than 2,000 years. It occurs on the fifth day of the fifth month of the Chinese calendar, which corresponds to late May or June in the Gregorian calendar. As the name indicates, dragon boat racing is an essential part of the celebration. It is meant to drive away evil energy and invite clean energy into your body. In addition to this, the races also commemorate the ancient hero Qu Yuan, a poet and minister during the Warring States Period (C. 340-278 BC).

The Villages Chinese club sponsors a wide variety of activities—from morning exercise sessions to cooking demonstrations, and from tech talks to sumptuous banquets throughout the year. A relatively new activity is ballroom dancing. If you're interested in more information or joining, please go to https://sites.google.com/site/villageschineseclub/home



Liiwan Ma, Liz Kung and Judy London helped serve the large crowd



Two hundred Chinese Club members and their guests enjoyed another

tasty banquet as they celebrated the

traditional Dragon Boat Festival in Cribari Auditorium. Thanks to many

hard-working club volunteers the attendees dined on roasted pig,

chicken, broccoli with oyster sauce and zongzi, a traditional Chinese rice dumpling that is most always included

in a Dragon Boat Festival meal, and

gram of entertainment. The "ladies in

Following dinner was a full pro-

desserts.

Happy guests (left to right): Steve Kang, Jinhee Kang, Schinae Ogihara, Isao Ogihara, Al Rubin, Diane Rubin, Bonnie Evans

Save the Date for Home Studio Art Tour!



On Saturday, August 19, the Arts & Crafts Association presents the Home Studio Art Tour for Villagers to visit the home studio displays of the many talented artists and artisans who are our neighbors. Each home studio will be open 10 a.m. to 3 p.m. Contracts are available in the Art Room and in the Ceramics Room. Details are on our website at villagesartsandcrafts.org

Join Walking/Chair Dancing and improve cardiovascular health



A c cording to the American Heart Association, walking improves your heart health and your cholesterol, blood pressure,

and energy levels. Become a member of the LSAL Fitness Club, and learn a great exercise to improve the cardiovascular system, which includes heart, arteries, and vein health. Join us every Tuesday and Thursday in the Cribari Auditorium! Our Tuesday class is from 11:30 a.m. – 12:30 p.m., and Thursday class is from 10 a.m. – 11 a.m. First class is **free!** Sign up in class! LSAL Fitness Club's mission is to help each person live stronger as they age, and thus, participants of all fitness levels are encouraged to come and work at their own pace. So, bring a friend and join us; you will look, feel, and function better and enjoy life more. **Visitors are always welcome.**

Arts & Crafts hosts Art Room for the kids







The Arts & Crafts Open House in the Cribari Art Room and the Ceramics Room had an additional attraction this July 4. We hosted a "Kids' Art Table" in the Art Room where kids could draw

Arts and Crafts Exhibit coming August 11

On Friday, August 11 Arts and Crafts will be taking down our current Cribari Conference Room exhibit featuring Karen Ami-

carelli—and we hope you had a chance to see her fine work. Our next exhibit will be hung on that very day. We are exhibiting two artists in that show. These two artists are Francesca Pulis and Sharman Watkins. Over the next few weeks, they will be introduced to you with detailed bios. The delight is that one artist is steeped in watercolor and the



other is steeped in calligraphy. Both artists complement each other as you will see with their light and airy work.

Once we hang this exhibit on August 11 you will have several opportunities over the next months to see these works when

their own art and use chalk, pastels, oil pastels, markers, gel pens and colored pencils to create their masterpieces. We also had blank masks with elastic bands so that they could color their own masks for July 4. Retired teachers interacted with the kids so they would not become frustrated with their art. Children— and some adults alike enjoyed this pastime along with the display of paintings, wreaths, jewelry, photographs of our hills, and money leis. The Ceramics Room was decked out in patriotic colors to invite visitors to see ceramic artists at work and to view their creations. Several signed up for an upcoming beginners' class in ceramics.

The purpose of the Open House during the July 4 Celebration was to show Villagers two of the many amenities that are available to residents.

different events take place in that space. It will be showing until October 20 for your viewing pleasure.

On a second note, start getting your framed or sculpted work ready for our second Annual Members Juried Show on October 20. Your work will be juried by an outside artist known to many of us. She is Julie Cline. We will get back on track for this exhibit, which was moved from October 2022 to early this year. More to follow on this second Arts & Crafts members juried show later this year.



On behalf of The Evergreen Villages Foundation (EVF) we wish to thank all our donors who have given generously to support us this fiscal year (May 1, 2022 - April 30, 2023). Your contributions will help provide our community with new amenities that will benefit Villagers for years to come.

With Gratitude S Thanks!

Visit our website at evfsj.org.

Nalini & Mohan-Rao Aiyagari Cheryl Allmen Margaret Allvey Richard & Shirlee Alpers Maxine Amundson & Larry Martinson Kathryn Apgar Robert Applebaum Dana & Linda Arbaugh Garry & Kathleen (d) Ashby Dale & Leslie Bailey Dennis & Charlene Balanesi Terry & Carolyn Barnhart Jean Beattie Ken & Carol Begley Pam & Paul Belknap Sherry Benz & Dennis Cullen Ira & Jackie Berman Kerry Besmehn & Loanne Rubé Robert Bianchi Phyllis Bigelow Barbara & Jerry Block Howie & Rita Blumstein Robert Bogdanoff & Lucy McProud Marcy (d) & Rob Boyles **Reta Boyles** Ken & Jean Brady Jim & Margaret Brady Judi & Jim Brigham Vivian Brown Marion Burry Jim & Hope Campbell Lanette Carey & Helen Varenkamp Jane Carnoy Rick Casey Mary Chaboya Debbie & Jan Champion Alvin Cho Carm & Aurelie Citrigno Joe & Maria Civello Victor & Beverly Clifford Carol Cole Aurelia Contento Morton & Susan Cordell Darleen & Larry Cormier Wilhelmena & Richard Crosslin Martin & Anka Hoek Bellaflor Cryer Linda Curyea Bob Dando Harry Davis Susan De Martini Bharati & Jay Desai Charlotte Dickson Valerie Dimmick Melinda & George (d) Dobbs

Brian Dombrowski & Katharine (d) Dianne Doughty Cynthia & George Drew Peter du Fosse Jeanne & Richard Duce Paulette Dudley (d) & Walter Hlavacek Marie Dwyre Susan & James (d) Dyer Phyllis Ebersole Linda Elliott John Epperheimer & Patti Holderman Robert Evans & Rosemary Keith Mike & Judi Falarski Don & Harriet Fernandez Laura & Jac Fitzenz Philip Fouts & Ned Hernandez Judy & Dick Frey Mary Fullerton Betty & Frank Garcia Judy Gergurich Liz & Bob Giarratana Mignon Gibson Mike Gilbert Camille Giuliodibari Alice Glazer Martin Gonzales Garry & Kay Gray Bert Greenberg (d) Anahid & Mark Gregg Ron Gridley Carla Griffin Connie & Michael Guttadauria Diana & Hal Hallock Joanne Hardy (d) Marilyn Hasler Mike & Carol Haupt Susie & Richard Henderson James Henderson & Diemmy-Ly Robert & Edith Herbst Anna Hewitt Claire Marie Hintergardt & **Bill Santos** Jane Hoff Michelle Hogan Teresa (Terry) Homand Frances Horton Bob Iacopi Michael & Janet Jablon Don & Ann Jackson Ron & Bertha (d) James **Richard & Peggy James** Pat Janes

Bill & Vera Johnston Kate Johnston Frances K. Julien Elfriede & Alan Kamrar Rita Karlsten Yvette Katz & Scott Furman Nancy & Jim Keane Suzy & Choo Myung Kim Gayle Kludt Patricia Kopas James & Linda Koski Vicki & Bob Krattli Rita & Atul Lall Leslie Lambert Noel & Betty Lanctot Gloria Landry & Herbert Thompson Frank Langben John Laws Jay & Ki Lee Francis Leili Lee & Pam Leonard Susan & Paul Lewis Peter & Mary Ligeti Alan Lipton Daphne Luht Stephen & Pam Lyons Annette Mach Susan Mackenzie Bob & Barbara Mandell Jane Marashian Gary & Nadine Margoles Marge McCandless Pam & Jack McCarthy Jim & Sally McClure Tom & Elsa McLaughlin Tim & Michelle McQuay Barbara Miller **Brigid Moreton Eleanor Morris** Teddy & Tom Morse Phyllis & John Mueller Kathy & Ed Munoz Bev Murphy Richard & Madeline Naftzger Jerry Neece Libby & Richard Nelson Myron Nessan Willy & Ana Nowotny Maureen O'Neil Carlos & Alice Oliveira Betty Olsen Lynn & Marquinna Olsen Jeannie Omel Gabriele Ondine Judith Owen Margot Paoli Priscilla & Jack Parks Stephanie Petrossi

Linda Piersol Arnold & Debra Pinck Dorman Pitzer & Bonnie Hagen Laura Lee Pixton Mike & Bev Poellot Lucy Pousho Donna Quartaro David Raskin Adele Ratcliff Pat Reardon & Barry Sardis **Beverly Rees** Rheta Carol Reid George Ringer Donna Roberson Don (d) & Shirley Roberts Dave & Judy Roberts Robert & Vicki Robles Judy & Julien Rodriguez Judy & Michael Rogers Peggy Romanow Joy Romero Shel & Sandi Rosenblum Jeff & Linda Schlageter Fred Schmae & Gertrud Cory Richard Schonka & Susan Matthews Pam Schramm Michael & Millie-Anne Schwerin Lydia Scott Lorrie & Monte Scott Lou Ann Scott Peggy & Glen Seidel Betty & Paul Sharps Pam & Tim Short Mario & Pat (d) Silva Kim Silverman Pi (Robert) & Cathy Silverstein Jerry & Priscilla Simms Adrian & Cynthia Simpkins Michael & Charlene Singleton Ginger Smith Jane Smith Jack & Lovina Smith **Ginny Spencer** Alice & Sandy Stepovich Jay & Marcia (d) Sternin Greg & Lynn Stewart Tom Stoiber Candy Stonehouse Jim & Paula Stoner Mary Stradner John Stratakos Lyn Strong Shanwei David & Hui-Shun Sun Laura & Gary Swenson

Hassanali Tafarrodi **Diane** Taylor Shirley Terry Barbara Travis John Trudeau Laurie Truman Janet Trusso Doug Turner (d) & **Reine Fedor** Ed Updegraff Sudha & Rajeswari Valluru Eliud (Lou) & Vicki Villarreal Ben & Bernice Vitcov Steve & Judy Volm David Voytek Mary & Mickey Wagle **Rosemarie Waining** James Waldron Wayne & Barbara Weiler Gerald Weltzin Beverly Wharton Benton & Mary Lou White Jim & Peggy White Bob & Geri Wilk Wayne Williams Del & Ling Yamaki Madelaine & Nick Yannaccone Barbara Young Marshall Ziock

Planned Giving Gift Received

Estate of William (Dutch) Johnson

Corporate & Organizations

Amazon Smile Atel Capital Equipment Fund **Benevity Community Impact** Fund Ed de Jong, CPA Villages Stitchery Group

Circle of Friends

Jeanette Campa, (Jabez Realty) Bob & Mikki Fillhouer, (State Farm Insurance) Dee Ramirez, (Ramirez Realty Team) U.S. Bank

(d) = deceased

Page 16 The Villager July 13, 2023 More CLUBS

Learn options for switching from gas to electric appliances at Sustainable Villages Community meeting

The Sustainable Villages Community Club will be hosting a company that specializes in helping



homeowners convert from natural gas-powered appliances to electric at its next monthly meeting on July 20, at 4 p.m. via Zoom. Learn about how to upgrade to smarter, healthier, more comfortable, all-electric homes. Get information about Energy Star rated heat-pump systems that offer precise, room-by-room temperature control and built-in air purification. Also, learn how we can get energy bill savings, government incentives, healthier indoor air and higher property values. So, if you are interested in replacing your natural gas (Methane) appliances, like HVAC system, water heater, gas dryer, gas stove top, and gas fireplace, please come to

this very informative meeting and learn how a business can facilitate this for you. You don't have to vet the contractors, find all the incentives and rebates, get the building permits, and manage the projects yourself. Learn about leasing options with \$0/down that can include maintenance of your equipment for the life of the lease, without putting a lien on your property. Non-SVC members can attend by emailing billdevincenzi@me.com for the Zoom link.

Explore Whole Food Plant Based Diet with Global Village Community Club

Join The Global Village Community Club on Tuesday, July 25 at Montgomery Center from 7 p.m.

to 8:30 p.m. to continue our exploration of the Whole Food Plant Based Diet. We will watch the second half of the video, "Forks Over Knives," that continues to explain the rationale for leaving the Standard American Diet in favor of a Whole Food Plant Based Diet. There will be time to share your comments and ask questions.

The rest of the evening will be devoted to sharing plant-based recipes, talking about our successes (and even our failures), and looking at ways to begin the process of implementing a whole food plant based regimen. Please bring a recipe to share, and if

you've already tried this recipe, your thoughts on how it turned out, how you and any guests for dinner enjoyed what you presented, and what you think worked or simply wasn't up to par. This will be, perhaps, the beginnings of recipe demonstrations.

We will, if your recipes are on your computer and you can send them to Pradeep Sonowala at spson@hotmail.com, be sure that everyone on our mailing list has a copy of what was sent. This could be the impetus for your own foray into plant based cooking. You'll have a stack of recipes from which to choose your next (or first) whole food plant based meal.

New things, or new ways of doing something, can be so intimidating. Changing how you've been preparing meals for so many years can be difficult. Even though one might believe it's the best thing for our bodies and our planet, it can be a scary bridge to cross. Let's work together to make that journey easier to accomplish. Here's to a healthier you and a sustainable world!

See you on Tuesday, July 25 at 7 p.m. at Montgomery Center. Don't forget to bring a whole food plant based recipe to share.

Save dates for VMA's August Bingo events

Our next Bingo Night will be held on August 16...so plan accordingly because you're going to want to be there! Bingo is one of many services offered by the VMA to the Villages residents. All money collected for the cards is returned to winning players.

The VMA makes all of its "charitable dollars" from the Evening Bingo raffles (themed baskets). Sometimes the baskets can generate as much as \$700 to \$900! Villager Mary Loebig gathers her friends and neighbors before each Evening Bingo to put together the themed raffle baskets. They do an absolutely wonderful job! We sincerely appreciate all of the donations and effort so far, but more baskets are needed. If you can, please consider donating a basket, or just some items and the VMA volunteers will put the baskets together. Every little bit helps! And we would like to thank you in advance. And as a side note, please remember that no one under the age of 21 is allowed to attend and participate in the Bingo festivities. Wait a minute, there is even more fun and winning to be had... Afternoon Bingo is held the first Wednesday of every month. All money paid to purchase cards is returned to the players. Cards are \$1 each or 6 for \$5. (Now that's a deal!) Daytime bingo is one of the many free services provided to residents by the VMA. The fun, the festivities and the winning will commence at 3:30 p.m. on August 2 at the Cribari Center Auditorium. Doors open at 3 p.m. with free coffee, tea, and treats.



FROM THE VILLAGES LIBRARY

The Villages Library is open Monday through Friday, 9 a.m. to 3 p.m., and Saturday 9 a.m. to 1 p.m.

"The Overnight Guest" by Heather Gudenkauf. True crime writer Wylie Lark doesn't mind being snowed in at the isolated farmhouse where she's retreated to write her new book. A cozy fire, complete silence. It would be perfect, if not for the fact that decades earlier, at this very house, two people were murdered in cold blood and a girl disappeared without a trace. As the storm worsens, Wylie finds herself trapped inside the house, haunted by the secrets contained within its walls-haunted by secrets of her own. Then she discovers a small child in the snow just outside. After bringing the child inside for warmth and safety, she begins to search for answers. But soon it becomes clear that the farmhouse isn't as isolated as she thought, and someone is willing to do anything to find them. Mystery, 2022.

"Fly Boy Heroes" by James H. Hallas. On the morning of December 7, 1941, Chief Aviation Ordnanceman John W. Finn, though suffering multiple wounds, continued to man his machine gun against waves of Japanese aircraft attacking the Kaneohe Bay Naval Station during the infamous Pearl Harbor raid. Just over three years later, as World War II struggled into its final months, a B-29 radioman named Red Erwin lingered near death after suffering horrific burns to save his air crew in the skies of Japan. They were the first and last of 30 U.S. Navy, Army, and Marine Corps aviation personnel awarded the Medal of Honor for their actions against the Japanese during World War II. They included pilots and crewmen manning fighters and dive bombers and flying boats and bombers. One was a general. Another was a sergeant. Some shot down large numbers of enemy aircraft in aerial combat. Others sacrificed themselves for their friends or risked everything for complete strangers. Who were these now largely forgotten men? Where did they come from? What inspired them to rise "above and beyond"? What, if anything, made them different? Virtually all had one thing in common: they always wanted to fly. They came from a generation that revered the aces of World War I, like Eddie Rickenbacker, the civilian flyer Charles Lindbergh, and the lost aviator Amelia Earhart-and then they blazed their own trail during World War II. 940.53 World War II, 1939-1945, 2022

"Exiles" (Aaron Falk #3) by Jane Harper. At a busy festival site on a warm spring night, a baby lies alone in her pram, her mother vanishing into the crowds. A year on, Kim Gillespie's absence casts a long shadow as her friends and loved ones gather deep in the heart of South Australian wine country to welcome a new addition to the family. Joining the celebrations is federal investigator Aaron Falk. But as he soaks up life in the lush valley, he begins to suspect this tight-knit group may be more fractured than it seems. Between Falk's closest friend, a missing mother, and a woman he's drawn to, dark questions linger as long-ago truths begin to emerge. Mystery, 2022.

"The House of Eve" by Sadeqa Johnson. 1950s Philadelphia: 15-year-old Ruby Pearsall is on track to becoming the first in her family to attend college, in spite of having a mother more interested in keeping a man than raising a daughter. But a taboo love affair threatens to pull her back down into the poverty and desperation that has been passed on to her like a birthright. Eleanor Quarles arrives in Washington, DC, with ambition and secrets. When she meets the handsome William Pride at Howard University, they fall madly in love. But William hails from one of DC's elite wealthy Black families, and his parents don't let just anyone into their fold. Eleanor hopes that a baby will make her finally feel at home in William's family and grant her the life she's



been searching for. But having a baby-and fitting in-is easier said than done. With their stories colliding in the most unexpected of ways, Ruby and Eleanor will both make decisions that shape the trajectory of their lives. Fiction, 2023.

Reminder: Articles are due by 4:30 p.m. Thursday, one week before publication

Religion

Villages Religious Services

Weekly:

Sunday	8:15 a.m. Catholic Mass	Cribari
	Contact: Linda Schlageter	408-528-7494
Sunday	9 a.m. Episcopal Service	Montgomery
	Contact: Leslie Bailey	408-270-9022
Sunday	10 a.m. Community Chapel	Cribari
-	Contact: Del Herfurth	408-440-4649
Regularly	Scheduled:	
Friday	9 a.m. Catholic Mass	Cribari
	First three Fridays of each mor	nth
	Contact: Linda Schlageter	408-528-7494
Friday	7:15 p.m. Jewish Shabbat	Foothill
-	Next date: August 18	
	Contact: Marilyn Goldsmith	732-672-8601
Evervone	is welcome! Please call for mo	re information!

Everyone is welcome! Please call for more information

VILLAGES JEWISH COMMUNITY Jewish Community Membership Brunch

Come to the Villages Jewish Community Membership Brunch to be held Sunday, July 16 at 10 a.m. in Foothill Center. There is no charge for this event, but a reservation is a must.

We want to thank and celebrate our members with a bountiful brunch. Come and get to know new and current members.

To reserve contact Michelle Selincourt as soon as possible at: michelle@selincourt.com.

COMMUNITY CHAPEL

'Time To Take Inventory'

Enough of the complaining and discontent with the way things are happening around you. I have learned that much of life is about our ability to adapt with change... after all we are growing older gracefully, right? Just the other day, I came across an article from August 2019 in The Villager from Gary Hill, "Miracles Do Happen!" It was concerning my heart transplant in July of that year at Stanford Hospital and a heart made available within days from a young man. God willing, I will celebrate four years on July 8 with this sacrificial gift of another man's heart! I am profoundly grateful to God and the many prayers of His people. In all my days without fail, the Lord has always made a way in my life. I have shared with you many stories from childhood to the present day concerning how God has ordered my steps. In recent weeks, we lost our former Pastor Peter Unruh and my previous Pastor Tim Wood is afflicted with a frontal tumor on the brain. These men have been pillars in their respective areas of ministry and communities. I am thankful to God for the impact they have had on my life, as I live with eternity in view! You and I are here because of the grace of God, nothing more and nothing less. Think about it! Have you made mistakes... with some of them being substantial? Yet, my friends, you and I are still here with the scars to prove it! In all our brokenness and imperfection, we have been loved, accepted and forgiven by God and others, especially when acknowledging our failures to Him. As I have stated many times, "When we are willing to acknowledge and accept our own brokenness, it should allow each of us to see and accept the imperfection of others. After all, we shouldn't demand from others that which we fail to achieve within ourselves." Right? Every person has a desire to be accepted and most of us want to fit in. Since we are imperfect people, we are prone to

Come to Villages Chapel Hymn Sing

If you enjoy singing Christian hymns, you are invited to attend the Villages Community Chapel Hymn Sing on Sunday evening, July 23 at 7 p.m in the Cribari Conference Room.

Hymnals will be provided, and you are encouraged to select your favorite hymns for others to sing and enjoy. Plan to stay for pie and coffee which will be served at 8 p.m. All are welcome.

CATHOLIC COMMUNITY 'A Letter to my Loved Ones'

By Barbara Zahner, BCC

Barbara Zahner is a board-certified chaplain whose experience includes Valley Medical Center, El

Camino Hospital, and Hospice work. Barbara offers a weekly communion service for residents of nearby Oakmont Assisted Living. Based on her experience, Barbara recognizes the need to prepare loved ones to arrange for the Sacrament of the Anointing of the Sick if one is unable to do so for oneself. Barbara shares with readers a letter she is writing for her own family. In it she summarizes the importance of the sacrament and how to arrange for her to receive



it. Her letter offers a model for writing instructions to your own loved ones, that you can file with your papers or hang on the fridge.

My Dear Ones,

When I am ill, frail, failing, facing major surgery, and/or unable to speak for myself: I beg you "Call the priest." I deeply desire the Sacrament of the Anointing of the Sick. This life-giving sacrament offers strength, courage, and peace, both for the one who is ill and for the family and friends who are present.

Long ago, this sacrament was called Extreme Unction with the understanding one received the Sacrament only once. In 1972, this Sacrament was restored to align with its Scriptural roots. Recall Jesus' healing style. "They brought the sick with various diseases to him; he laid hands on every one of them and healed them.' (Lk 4:40) The Sacrament has three parts: Prayer of Faith, Laying on of Hands, and Anointing with Oil. The priest prays, "Through this holy anointing may the Lord in His Love and Mercy help you with the grace of the Holy Spirit. May the Lord who frees you from sin save you and raise you up." Another prayer may follow. Usually, all present then pray the Our Father.

Yes, one may receive the Anointing of the Sick more than once. The setting can be home, hospital, facility, or church. If my healing occurs, give thanks to the Divine Physician.

My Dear Ones, thank you for calling the priest and praying me home to God. I love you. Keep the Faith. Xoxox- Mom.

How to request Anointing of the Sick:

• Call my parish, St. Francis of Assisi (408-223-1562). If you call after business hours 9 a.m. to 4 p.m. weekdays, follow prompts to contact a priest.

• If I am in the hospital, ask the unit nurse to contact a priest and/or call the hospital's Spiritual Care office.

• If I am living in Assisted Living/Memory Care, contact the Director of Nursing, Activities Director and/or Executive Director.

• If I am on hospice, let the Chaplain, Social Worker, or Nurse know that I desire the sacrament. Homebound communions: Marilyn Rodman 408-274-4521. Mass intentions: Jean Gillette 408-270-5723. Sunday's Gospel: Mt. 13:1-26, Parable of the Wheat and the Chaff. Come to Mass, bring a friend and stay for Donut Sunday after the 8:15 a.m. Mass in Cribari.

EPISCOPAL 'The Blessing of Home'

By The Very Rev. Julia McCray-Goldsmith, Dean of Trinity Cathedral

There's no place like home. And there's also no place like The Villages to say that with conviction! Your community is nothing if not a place of warmth and welcome in a beautiful setting. But as we pray our thanksgiving for the blessing of home, we might take the opportunity to dig a little deeper into the spiritual meaning thereof. What makes a place home for you? Familiar landscapes or people? A place to cook or garden or host friends and family? A place to rest? The latter is no small aspect of home, since we likely spend half or more of our home time sleeping! Over the summer I've been visiting the homes of Trinity Cathedral members to offer blessings of their houses. It's an ancient tradition with a modern twist: we can bless both our bedrooms and our bathrooms; our kitchens and our computers! All of the space and the furnishing of our homes serve holy purposes, if we intend for them to. We know this because God has always sought to bless the places that people live. From the first chapter of John's Gospel we learn that God himself dwelt among us in Jesus, and in the 14th Chapter Jesus promised many dwelling places to his followers. What if your home were itself a preview of God's welcoming kingdom? Whom would you invite? Myself, I'll come to visit your home with a blessing if you'll only say the word!

(Continued on page 22)

Page 18 The Villager July 13, 2023

SPORTS NEWS

IRONMEN

By Bill Travis and Jerry Juracich

The Ironmen are currently in morning play, gathering every Thursday morning at 10 a.m. with a shotgun start, sweeps, birdie pool, and closest to the pin.

Thursday, July 6 was partly cloudy/partly sunny and mild. Just right for some golf. The results are as follows:

Fourteen Ironmen played. **First Place:** There was a four-way tie between Chuck Benjamin, Al Bruno, David Hathaway, and Victor Hong, each with a net score of 29. **Second Place:** there was a three-way tie between Walter Lucas, Sang Nam, and Roger Pyle, each with a net score of 31. **Third Place:** there was a three-way tie between David Cook, Prakash Deshmukh, and Jim White, each with a net score of 32.

Birdies: there was one birdie by David Hathaway on hole 5. **Closest to the Flag:** Doug Herring on hole 2 at 13 feet 1 inch. **Low Gross:** Al Bruno won low gross with a score of 30.

Golfer of the Day recognition was shared by Al Bruno with a first-place finish and low gross, and David Hathaway also with a first-place finish and the only birdie.

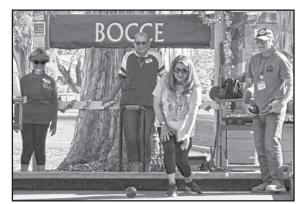
The Ironmen 9 hole, par 3 group would love to add new members. We are a very sociable group and play basically pressurefree golf. And the first round is on us. Just call Jerry Juracich at 408-440–8283.

Deep Thoughts:

"It is nothing new or original to say that golf is played one stroke at a time. But it took me many years to realize it." - Bobby Jones, winner of four US Opens, five US Amateur Championships, three British Opens, and founder of the Masters

"Sometimes the game of golf is just too difficult to endure with a golf club in your hands." - Bobby Jones

BOCCE NEWS



By Barbara Orlando

On Monday, July 10, the All Guys vs. All Gals twilight tournament starts. This year the club is trying something different. We will be playing our summer tournament, four days a week, Monday through Thursdays at either 4 p.m. or 6 p.m. for six weeks. We may have enough players for one more league, that would be great!

Questions can be directed to Andy Altman, your Tournament Coordinator, by texting 207-210-8201 or calling George Paris, Tournament Director at 510-396-2925.

Summer is a busy time for usage at the bocce courts. All bocce equipment is provided courtesy of the Bocce Club membership. We ask that individuals and large groups who reserve the courts, please be considerate and put back all balls in their bags, cover the scoreboards and return the umbrellas as you found them.

Did You Know?

Be polite and courteous to your teammates and opponents. When it is your turn to throw, be ready and do not delay. Always practice good sportsmanship.





Mini Boot Camp attendees learn how to play bocce.

TENNIS TALK



Linda Dumont, Gail Tuft, Lucinda Havart-Simpkin, Lolivic Shaw and Betty Olsen



Grill masters Brian Dombrowski and Glen Seidel



Don Clarke and Lolivic Shaw serenading the crowd with a duet.

By Betty Olsen and Nancy Domingo

On Saturday, July 1, the tennis club held its annual Bocce/BBQ meeting. Nancy Domingo, chairperson, and her committee did an outstanding job organizing this event. Peggy Seidel, Sherry Benz, Judy Falarski, Betty Olsen manned the check-in desk where folks picked up their name tags and raffle tickets as well as their Bocce times.

Approximately 91 members and guests filled the shady spots at the umbrella tables. Don Clarke and Lolivic Shaw entertained us with two songs, "Shallow" and

"Don't Fall in Love with a Dreamer." Randy held a short meeting with Roy Pennington announcing fall League Tennis.

Volunteer chefs cooked steak, salmon fillets, veggie burgers served with Costco chili, potato salad, green salad and ice cream bars for dessert. Yum! Nancy Domingo's guest, professional jazz singer Yvonne Flores entertained us with a song on her album "Sheer Bliss." She will be performing on August 12 at the San Jose Jazz Festival in the PG&E Hammer Theater Stage at 3 p.m.

Nancy handed out the many door prizes totaling \$400 to conclude the day's festivities. We were happy to see many new members attend as well as some of our older folks no longer playing but still tennis enthusiasts.

Our next event is our "Fun Mixer" Friday, July 21 chaired by Sonia and Harry Soin. Please go to "Your Courts" and on the right side click on "coming Events" to sign-up. Following the tennis there will be a barbecue at the viewing stand.

More SPORTS SHONIS

Shoni secretary Teddy Morse, Karen Rooney, Sharon Lingofelter, past Captain Fran Schumaker, Treasurer Peggy White, Barb Karayn and Leslie Ingham

Last Tuesday we started our July Fourth celebration by attending the community breakfast as a group. What a nice spread and all the balloon decorations were so patriotic.

After breakfast, we had our usual Tuesday shotgun golf. And as it was the first Tuesday of the month, Captain's Trophy Day. Our July low net winners were Meg Rogers and Joyce Baptiste with a net of 25. Joyce also had the lowest gross at 38. One of our new Shonis, Karen Rooney, got our newcomers trophy for her low net of 21. Congratulations, ladies.

Shoni Captain Betty Hall, Manoli Kelly, Sue Park, Co-Captain Joyce **Baptiste, Nanci Newell**



Meg Rogers and Jovce Baptiste.

SWINGERS

By Mary Wagle

July 4 dawned as a beautiful Independence Day. The only Swingers on the course were the ones who made tee times with the rest of the field, as that holiday resulted in a no-play Tuesday. The previous week, though, our Swingers, Gisele Barber and Pat Smith, organized a wonderful Nine and Dine called Yankee Doodle Dandy. This was a two-score game of the foursome, and one of the scores had to be from the player using the patriotic ball (Mary Wagle pictured here with one of the balls) and one of the scores the lowest of the foursome. Most of the 116 players wore their patriotic attire in red, white and blue. The winners, pictured here left to right, were: Front Nine - Brooks and Cindy Fuller and Judi and Mike Falarski; Back Nine - Camille Guiliodibari, Millie Ann Schwerin, Donna Quartaro, and Sue Daughtrey. Congratulations to the winners, and also to Gisele and Pat, who always do a fabulous job with these tournaments. All attendees had so much fun! The



Mary Wagle showing one of the Patriot Balls.

next Nine and Dine will be on Friday, July 28, so mark your calendars now to make your tee time with the Pro Shop two weeks prior (July 14). Our mixer this year is being hosted by the 18 Hole Ladies, and they have arranged a simple step aside scramble for 18 holes from the #1/#2 combo tees. Sign up now for the July 20 mixer by contacting Mary Wagle, marylwagle@gmail.com, or 408-829-4021 text or talk.





Page 19 The Villager July 13, 2023 **18-HOLE WOMEN**



July Winners: Jean Shimada, with Sachiko Coleman and **Cindy Fuller** accepting the July Captains **Trophy from** our Villages Pro, James Rogers.

By Phyllis Mueller

Captains Trophy Thursday turned into a great day for sharing. Two ladies shared the trophy for July (two weeks each) and two ladies shared the lowest putts! Let's keep that sharing idea for a full month and move it into the other aspects of our lives! Congrats to Sachiko Coleman and Cindy Fuller for the July Trophy and Jean Shimada and Sheryl Driskell for low putts!

In the midst of all this excitement, our annual meeting was held with reports from all the officers. We now have 120 members with seven new members added this year to date. Our group is solvent and running smoothly. Captain Gloria Landy concluded the annual meeting and opened our regular meeting.

Our 9 Hole/18 Hole Mixer will be held July 20. Mary Wagle will chair this event and match you up with a partner.

On July 27, we will play to benefit the Silver High School Golf Team. They have gone from six members to 17 members. Donations of new equipment and balls will be accepted along with money. They have to pay all their costs. Diana Hallock hopes to get a player or two to play with us that day and will chair this event.

Judy Rodriguez announced the Member-Member tournament on August 10 and 17. This will be played from the number 2 tees and a payment of \$10 will be charged.

Birdies: Pam Schramm #6. Suzanne Fazzio #4. Donna Quartaro #6.

Chip-Ins: Kerry Besmehn #14. Cindy Fuller #15. Chris Leisy # 10. Barbara Weisend #1. Laurie Gallegos #10. Jean Shimada #17. Suzanne Fazzio #4.

Keep swinging!





Front-nine winners: (pictured from left to right) Brooks and Cindy Fuller and Judy and Mike Falarski.

Camille Guiliodibari, Millie Ann Schwerin, Donna Quartaro and Sue Daughtrey.

Page 20 The Villager July 13, 2023 **PINSEEKERS**

By Jim White

In the game of golf, "Your next shot is a new experience. It might be the best shot you ever hit in your life," said Harvey Penick, World Golf Hall of Fame, Head Coach, University of Texas, 1931-1966.

June 7 welcomed 16 Pinseekers to the first tee. At the end of the day, several of our players had managed to beat or equal a Net Par nine holes. Chuck Benjamin and Jim White tied for first place with two under par Net 34. In second place, John Mueller, Mike Falarski, Don Lee, and Martin Hoek tied with a score of Net Par 36. Tom Carson finished his round with a Net 38, grabbing a third-place finish. In a tie for the fourth spot on the "podium," Leighton Horio and Jack Bindon each carded Net 40. In the 12 months since I started as the Pinseekers reporter, this is the largest group of members to earn sweeps points in one week. A "shout out" to Chuck and Jim for knocking a combined 17 strokes off their finish from June 30.

A reminder to all: No Pinseekers on Friday, July 14. The Evergreen Invitational has the championship course in use for the entire day. This could be a good chance to get out on the par three course and work on our short game, However, do not forget to book your tee time for the next two Fridays, July 21 and 28 by the Wednesday preceding the play date.

"I play golf in the high 80s. If it's any warmer than that, I won't play." - unknown

PICKLEBALL

By Anahid Gregg

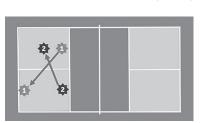
There are two very avoidable reasons most pickleball injuries occur:

1. Not wearing court shoes (see website story for more info).

2. Running backwards. Take a tip from Nike – Just don't do it! One of the best tips for successful pickleball play is partner communication. Do not hog the ball by running onto your partner's side of the court unless they call "Yours" or "Switch," and never, ever, run backward! Get into the habit of calling your balls even when it's obvious, it will only make your partnership stronger.

Having said that, what about lobs??? First rule? **Never, ever,**

run backward (see a trend here?)! Running backward can lead to a very bad fall by hitting your head. See our website version of this story for a short but excellent video demonstrating how to handle switching lob balls.



This is the process to followed:

A lob is hit to Player #2. If 2 can hit the ball by raising their paddle, that's fine. But if the ball is going over their head, they should call *"yours."* The following should occur:

• Never run backward!

• Player #1 pivots, turns sideways, then runs to the back of the court to return the lob – *facing* the baseline.

• Player #2 pivots and goes mid-court.

• After returning the ball, Player #1 begins to return to the novolley line, with both players moving back into position together.

No matter what – *never run backward!* If you (or your partner) cannot get the ball, simply say "Great shot!." It's never worth an injury to make a shot.

Note: It's OK to let it go too, 60 to 70 percent of attempted lobs either will go too long or too short.

If it goes in, say "Great shot!"



Pam Schramm REALTOR® Villages Resident

FROM THE PRO

By Scott Steele, PGA Head Golf Professional June/July Golf Scheduled Events

Friday, July 14 – Men's Evergreen Invitational Day 1 – 18-Hole Course Closed All Day – Putting Green Closed All Day - Driving Range Closed Before 9 a.m. and after 2 p.m.

Saturday, July 15 – Men's Evergreen Invitational Day 1 – 18-Hole Course Closed Until 4 p.m. – Putting Green and Driving Range Closed until 9 a.m.

Friday, July 28 – Twilight Nine & Dine – 5pm Full Course Shotgun – Last Tee Time 12 p.m. **New Golf Rates as of July 1, 2023**—The following is a list of newly implemented golf rates...all rates not listed will remain the same:

Resident 18-Hole Green Fee - \$34, Resident 9-Hole Green Fee - \$22

Weekday 18-Hole Guest Fee - \$60, Weekend 18-Hole Guest Fee - \$80

Weekday Unaccompanied Guest - \$65, Weekend Unaccompanied Guest - \$85

Weekday Reciprocal Guest - \$65, Weekend Reciprocal Guest - \$85

Weekday Guest Day - \$55, Weekend Guest Day - \$70

Warm Up Driving Range Basket - \$3.50

Regular Driving Range Basket - \$7

Fitting/Demo Days Upcoming

Sunday, July 30 – Date Change - XXIO golf - experience the difference. easier distance, easier accuracy, easier golf. A whole new light. Lightweight clubs perfect for our demographic. As played by PGA Tour Hall of Famer and Senior PGA Tour multiple winner Ernie Els, one of the best ever!

Friday, August 4 - Taylor Made - Introducing the all-new Taylor made Stealth 2 HD, combining the elements of speed and forgiveness to unlock *fargiveness*. It was already fast. Now, they made it even more forgiving. Building on the speed producing success of the original 60X Carbon Twist Face, the new design features an enhanced version of Inverted Cone Technology to help maintain ball speed on off-center strikes and increase forgiveness. Compared to the original Carbonwood, Stealth 2 HD utilizes more of the lightweight material than any driver in TaylorMade history. Their advanced application of carbon allows for the redistribution of mass for more forgiveness and stability. As played by PGA Tour Stars – John Rahm, Colin Morikawa, Tiger Woods, Rory McIlroy, Scottie Scheffler, Nelly Korda and Brooke Henderson.

New in the Pro Shop— Black Clover Live Lucky Golf Caps for men and women. Dorfman Pacific Women's Sun Hats in Summer colors – protect yourself from the UV Rays with a wide brim hat. Orlimar Pitch n Putt Golf Bag – Perfect for our Par-3 Course – available in multiple colors for men and women. Power Bilt Beginner Box Sets – Includes 9 clubs and a bag – Only \$299! Women's Sport Haley Apparel – New women's golf fashions for spring and summer. Skechers Golf Shoes – New 2023 Men's and Women's styles available now! Wilson Duo Golf Balls – the lowest compression golf balls in the World – 40 compression perfect for low swing speeds.

Pro Shop Sale Items—50% off table and clothing rack – assorted items 50% off and more! Located outside of the Pro Shop front door. Villages logo golf bags – Buy a logo bag and receive one free round of golf. Srixon Golf Balls 3 for the Price of 2.

Let's All Get Together Now—Be a part of our "Culture of Care." We can all participate in keeping our golf course beautiful by observing these eight simple acts of care:

1. Follow the 90-degree rule (longer hitters) or the Entrance gates (shorter hitters) when entering the fairway

2. Do not drive within 10 yards of the forward tees
 3. Respect any roping and cart directional signs and

please exit every hole through the exit gates

4. Sand fill all fairway divots

5. Repair any/all pitch marks on the greens

6. Avoid driving on the mounds surrounding our greens

7. Smooth out the sand in the bunkers with the rake

8. Knock the sand off your shoes before walking on the green from a sand bunker Let's all make it a goal to leave our golf course in better shape than we found it, *every* time we play.

Tips from the Pro – First Things First. Visit https://www.golftipsmag.com/instruction/ faults-and-fixes/7-faults-most-amateurs-make/7/. This is a great visual image of the proper



925.336.7535 pschramm@intero.com pamschramm.com



LIC.#02134984

set up technique for a full shot. We call this "building your stance around the clubface." This is referring to the proper sequence of your golf set up routine. First stand behind your ball and pick your target. Second, set the clubface behind the ball aimed at your target. Third, build your grip and stance. Lastly, once comfortable after a couple of club waggles...let it go! The key here is to always start from behind your ball, always have a target in mind, and always align the clubface first and your body second. Remember the clubface dictates where the ball goes! Try the tips and let me know how they work... To sign up for a lesson with me, email ssteele@the-villages.com

MEN'S GOLF CLUB

Upcoming Events

By Doug Moore douglas.moore865@gmail.com

We hope everyone had the best 4th of July ever!

The 53rd Evergreen Invitational Tournament July 13-15: The Evergreen Invitational is finally

Save the Date - August 12: Senior Net Championship (See poster). The event will feature:

This is just a heads-up reminder: We want to make sure that all of you who are planning to

This will be held September 16 through September 24. The event will feature: Play to be con-

Correctly Mark Your Ball: "Gentleman I am getting too many complaints about people not

Rule 14 USGA— marking the ball on the green: Before lifting your ball under a Rule requiring it to be replaced on its original spot, you must mark the spot, which means to: Place a ball-marker

participate in this year's event have enough advanced notice so that you may mark your calendars

ducted over two consecutive weekends. Tee times will be assigned by the Pro Shop. Rescheduling

of tee times will not be permitted. This is always considered to be an "MGC Major." See you there!

right behind or right next to your ball, or hold a club on the ground right behind or right next to

vour ball. If you lift your ball without marking its spot, mark its spot in a wrong way or make a

Identifying the ball while it is in play: What complicates the matter is Rule 6-3a, which, as

*Simply stated you should mark your ball on both sides so that it is easily identifiable. At the

Executive Committee Meeting: The Men's Golf Club Executive Committee usually meets

Also, remember to visit our website at villagesgolfers.com for the latest Men's Golf Club information.

Golf Thoughts: There are three ways to improve your golf game: take lessons, practice con-

Why do golf announcers whisper? Because they don't want to wake up the people watching.

the first Tuesday of the month at 8:30 a.m. in the Montgomery Center. The next meeting will be

stated in the Rules of Equipment, "encourages the player to put an identification mark on his or

her ball to help ensure that he or she plays their own ball throughout the round. There are no

regulations to limit what or how many markings can be applied to the ball by the player, provided

VGCC because the rough is a max of two inches you should never have to lift your ball for iden-

Anyone in the foursome may call for a penalty if the ball is inappropriately touched.

For more information, email George Welch at nancygeorgewelch@gmail.com

here and underway! All of the Evergreen committee members and all of the Evergreen volunteers, which unselfishly give of their time to make sure this event is more spectacular than the previous

year, hope you and your guests sincerely have the best time ever! Play well gentlemen!

Individual Play, Flighted by Age, Catered Lunch at Gazebo Park and Coffee and Donuts.

accordingly. Men's 18 Hole Golf Club "Club Championship - Match Play"

marking their ball correctly and identifying their ball while the ball is in play."

stroke with a ball-marker left in place, you get one penalty stroke.

its original markings can be discerned."

stantly... or start cheating.

tification when it comes to rest in the ruff or fairway.

MEN'S 18 HOLE GOLF CLUB Senior Net Championship

Tuesday, August 1. MGC Members are encouraged to attend.

*Anyone playing in the foursome may call for the penalty stroke



Page 21 The Villager July 13, 2023

COREBOAR

18-HOLE WOMEN

Captain's Trophy Thursday, July 6

Captain's Trophy Winners:

Cindy Fuller and Sachiko Coleman tied with Net 71 Low Putts:

Jean Shimada and Sheryl Driskell tied with 29 putts

First Flight

Low Gross: Susie-Q Conklin 92 Low Net: Cindy Fuller 71 2nd Low Net: Marky Olsen 72

Second Flight

Low Gross: Joyce Mukuno 98 Low Net: Renee Woolard 72 2nd Low Net: Beverly Poellet 74 3rd Low Net: Valerie Dimmick 74

Third Flight

Low Gross: Suzanne Fazzio 101 Low Net: Jeanne Duce 72 2nd Low Net: Maziebelle Rice 73 3rd Low Net: Kitty Ohtaka 73

2 Tees First Flight

Low Gross: Sachiko Coleman 96 Low Net: Sheryl Driskell 75 2nd Low Net: Barbara Nilsen 76

2 Tees Second Flight

Low Gross: Sue Park 106 2nd Low Net: Edie Herbst 79

Low Net: Barbara Weisend 77

Tuesday, July 4 Flight One: 1. Jini Kang 23 2. (tie) Joyce Baptiste, Sue Park, Meg Rogers 25

Flight Two:

- 1. Karen Rooney 21
- 2. Barb Sunseri 25
- 3. Tahera Khalil 26





N. Jeanette Campa JABEZ REALTY Est 2009 **BROKER/OWNER Realtor® Notary Public, Villager** 408.661.0203 jeanette@jabez-realty.com DRE # 01327014

When: Saturday, August 12 What: Individual Low Net Tournament (Catered lunch at the Gazebo for tournament players only. Sorry, no guests or spouses) Format: Individual Low Net Competition Sign up: July 29 through August 10-Sign up in the Pro Shop either as a team or individually, and the Pro Shop will pair you with other players to form a team. 100 percent of August 10th Handicap Handicaps: Flights: Flighted by age, vg upon the number of players. TBD Tee times: 8 a.m. Shotgun.

\$47-this includes green fees and sweeps. Cost:

Get in the Fast Lane!

Tees:



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Wednesday, July 5	
Beverly Wharton	221
Kit Hultquist	266
Sylvia Rozewicz	310
Remy Pessah	363
Friday, July 7	
Friday, July 7 Remy Pessah	183
•••	183 188
Remy Pessah	
Remy Pessah Shirley Bellavance	188





Fast Lane is the Villages e-mail information blast. To sign up or get more information, contact Communications Coordinator Ken Patterson at 408-223-4681; kpatterson@ the-villages.com, or go to Building B to sign up in person.

Sue Lassetter. M.A., CLC, SRES

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LANDSCAPE & MAINTENANCE

MAINTENANCE SCHEDULE

Cribari

5500-5576-Landscape maintenance, hand and mechanical weed control in progress.

5001-5076-Landscape maintenance, hand and mechanical weed control, 7/17-7/21.

5518-5553—Painting project in progress.

5554-5576-Power washing scheduled to start 7/21, with painting to follow.

Cribari Circle-Dry rot repairs in progress.

5022-5027-Sewer line repairs in progress.

Del Lago

3316-3366 and 3401-3431 -- Landscape maintenance, hand and mechanical weed control in progress.

3101-3134 and 3201-3243-Landscape maintenance, hand and mechanical weed control, 7/17-7/21.

Dead/dying tree removals at various locations, in planning. Shrub beds, cement cracks, spot weed herbicide spray throughout the district (Roundup Pro Max EPA.524-579), ongoing. Estates

8809-8875-Landscape maintenance, hand and mechanical weed control. 7/24-7/28.

Fairways

4001-4024-Landscape maintenance, hand and mechanical weed control, 8/21-8/25.

Glen Arden

7698-7752 and 7753-7787 (odd)-Landscape maintenance, hand and mechanical weed control, 8/7-8/11.

Heights

8480-8505-Landscape maintenance, hand and mechanical weed control, 7/31-8/4.

Common Areas - Treatment for voles, moles, gophers and squirrels (Rozol Vole Bait, Talpirid, Gopher Coetter Type 2 Bait, Rodent Bait Diphacinone .005% and .01%), scheduled for 7/17.

Hermosa

8005-8032, 8100-8121 and lower Chardonay Lake area-Landscape maintenance, hand and mechanical weed control, 7/31-8/4. Dead/dying tree removals at various locations, in planning. Common Areas - Treatment for voles, moles, gophers and squir-

rels (Rozol Vole Bait, Talpirid, Gopher Coetter Type 2 Bait, Rodent Bait Diphacinone .005% and .01%), scheduled for 7/17. 8350-Carport repairs in planning.

8429-Sewer lateral repairs in planning.

Highland

7500-7573-Landscape maintenance, hand and mechanical weed control, 7/17-7/21.

Shrub beds, cement cracks, spot weed herbicide spray throughout the district (Roundup Pro Max EPA.524-579), ongoing.

7628-Reconstruction in progress.

Montgomery

6001-6068 and 6127-6136-Landscape maintenance, hand and mechanical weed control, 7/24-7/28.

Dead/dying tree removals at various locations throughout the district, in planning.

6237-Re-piping in progress.

Sonata

2000-2024 and 2032-2064 - Landscape maintenance, hand and mechanical weed control, 8/21-8/25.

Shrub beds, cement cracks, spot weed herbicide spray throughout the district (Roundup Pro Max EPA.524-579), ongoing. Valle Vista

9048-9066-Landscape maintenance, hand and mechanical

weed control in progress. 9037-9047 and 9067-9072-Landscape maintenance, hand and

mechanical weed control, 7/17-7/21.

Verano

7200-7251 and 7300-7313-Landscape maintenance, hand and mechanical weed control in progress.

7001-7060 and 7395-7404-Landscape maintenance, hand and mechanical weed control, 8/21-8/25.

Dead/dying tree removals at various locations, in progress. 7368-Roof repairs in progress.

Association

Common Areas-Treatment for voles, moles, gophers and squirrels (Rozol Vole Bait, Talpirid, Gopher Coetter Type 2 Bait, Rodent Bait Diphacinone .005% and .01%), every Monday. Irrigation repairs in progress throughout the Villages.

Turf Merit White Grub Treatment throughout all the districts (Merit 0.5G-EPA.REG#432-1328), in progress. Anticipate a short manual

watering cycle during the day time, following the treatment. Shrub beds, cement cracks, random (Roundup Pro Max EPA-524-579), spot weed herbicide spray throughout the districts, ongoing.

Turf herbicide broad leave (Turflon Ester EPA #62719-566), spot weed herbicide spray throughout the districts, ongoing.

Club Centers

Shrub beds, cement cracks, (Roundup Pro Max EPA-524-579), spot weed herbicide spray throughout Club Centers, ongoing.

For Pesticide information on pest control or landscape, please contact Customer Service at (408) 223-4670 or visit the Corporation Yard at 3401 The Villages Fairway Drive. San Jose, CA 95135 or visit the Resident Portal and click on the Pesticides button for pest control or landscape.

Maintenance Project Notice:

All work scheduling is subject to weather, delays and availability of contractor labor and materials. Contractor may start several days ahead or behind plan schedule, pending field and weather conditions. As needed, we update schedules accordingly via FastLane. For your safety, please be aware of and stay clear of project and staging areas. Access is typically restricted in the work areas. Look out for cautionary signage and other measures. Parking facilities and street frontage may be in use on a temporary basis for vehicle, material and equipment staging. Debris, dust, noise, odor and visual inconveniences may result from a project. Thank you for your cooperation and understanding.

Chapel...

(Continued from page 17)

failure; it is Godly to impart grace and forgiveness to each other. "Let's be better, do better and live better to make our world a better place." Are you willing? Psalms 139:23-24 TLB 23 Search me, O God, and know my heart; test my thoughts. 24 Point out anything you find in me that makes you sad and lead me along the path of everlasting life. Celebrate with us at the Villages Community Chapel in Cribari Auditorium, every Sunday at 10 a.m. to be encouraged over the Word of Life, enjoy a cup of coffee and cookies with friends. The Chapel is a place for needs to be met, faith to be affirmed and new friends to embrace. You can view our worship services on YouTube at Villages Community Chapel San Jose, CA.

Maintenance Services

Customer Service Line: 408-223-4670

Maintenance **Emergencies** and/or Advice

The Maintenance Services Department's general work hours are Monday through Friday, 8 a.m. to 4:30 p.m. If you experience a maintenance emergency during those hours, please call the office right away at 408-223-4670. Even if you are certain the emergency is your responsibility, Maintenance Services can provide a list of contractors that are familiar with The Villages and may be helpful for the repair.

If a maintenance emergency occurs outside of the general work hours or during a holiday, please call Public Safety at 408-223-4665. The Public Safety Department will contact the Maintenance Area Supervisor and/or the appropriate contractor. Together, they will all help to resolve your maintenance emergency.



Ulivas

8646-8650 and 8665-8712-Landscape maintenance, hand and mechanical weed control in progress.

8600-8645, 8651-8664 and Vineyard Center - Landscape maintenance, hand and mechanical weed control, 7/17-7/21. Common Areas - Treatment for voles, moles, gophers and squirrels (Rozol Vole Bait, Talpirid, Gopher Coetter Type 2 Bait, Rodent Bait Diphacinone .005% and .01%), scheduled for 7/17. 8736-Slab leak repairs in progress.

sprinklers or other irrigation repair issues by calling Maintenance Customer Service at 408-223-4670 or online at: workorder@thevillages.com

For after hours or on holidays, contact Public Safety at 408-223-4665

Owners responsible for cleaning up after pets

The Villages Rules and CC&Rs state that it is the owner's/ handler's responsibility for immediately cleaning and disposing of pet excrement in a sealed container. We are finding and hearing that some owners are not immediately cleaning up after their pets and assume that it is the responsibility of the landscaping crew, which it is not.

The pet poop should be picked up immediately and placed into the dumpsters in the trash enclosure near your home or in the designated pet poop stations in the center parking lots. Please do not place any pet poop in any restrooms or other containers at any of the various centers.



Whenever I try to eat healthy, a chocolate bar looks at me and snickers.

Your Weekly Words of Wisdom

Little by little whatever the weather, Friends and flowers grow together.

Leash rule for pets



Residents are reminded, as per Club Rule 1.51, that pets must be kept on a leash, under control, and attended to at all times. This also applies to the Hill Lands.

An increase in coyote aggression has created problems with small dogs, especially those that are unleashed. *Please always leash your pets. And keep leases short; the Division of Wildlife recommends a leash no longer than 6 feet.*

Furthermore, accompany your leashed pet at all times while outside. Do not let go of the leash or tie your animal to trees or other objects. An unattended leash not only attracts the attention of coyotes, but is also a tripping hazard to other walkers.

Page 23 The Villager July 13, 2023 Remember someone with a memorial gift to VMA

Honor the life of your friend or loved one by funding the services to extend the quality of life for other Villagers. A memorial gift to the Villages Medical Auxiliary (VMA) honors the loved one lost and promotes the work of the VMA. If you have any questions on how to give, call the VMA office at 408-238-4230. All donations to the VMA are tax deductible.

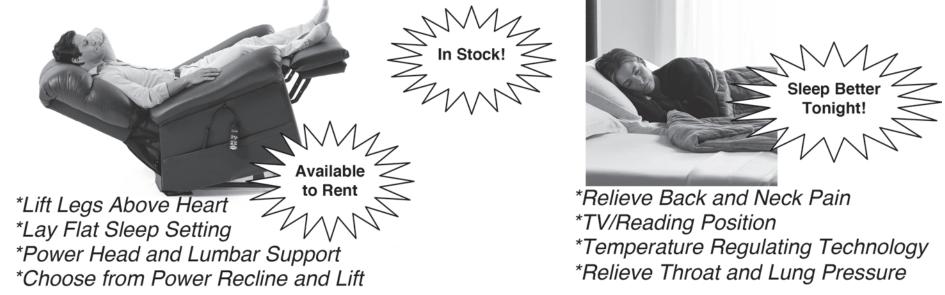
Remember your loved one with a memorial gift to EVF

Please remember the Evergreen Villages Foundation (EVF) when you are considering a memorial gift in honor of a loved one. The EVF sends a lovely acknowledgement from you. www. evfsj.org



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Page 24 The Villager July 13, 2023

CLASSIFIED ADVERTISING

To Place a Classified Ad

Adrienne Reed: 408-223-4657, areed@the-villages.com

Kory Tran: 408-754-1341, ktran@the-villages.com

Ad copy is due Monday at 4 p.m.

The Villages does not endorse or guarantee any advertisement or insert using space in this paper to reach our readers. It is the responsibility of the users of these services to check references and claims made. Residents, please be aware California State law mandates any contractor bidding for a job more than \$500 in parts and labor must be licensed. The Contractors State License Board (1-800-321-2752) may be contacted regarding any questions or concerns about a contractor.

Villages	Carpet Cleaning	Heating & A/C	Landscape	Painting (continued)
Business Directory	CARPET CLEANING	Master Maintenance Air Conditioning / Heating /		
Traveling Notary 408-425-0614 Maxine: drmaxa@comcast.net	SUP-R-KLEEN Carpet Cleaning Tile & Grout Furniture Wood Floors Carpet Stretching Licensed - Insured 408-449-6185	Water Heaters Installations, Repairs Preventative Maintenance Phone 408-242-3082 Lic.#767008 Villagers References Villages Resident 1/11 Housecleaning	Rick's Lawn Care & Property Maintenance Gardening Yard clean ups JUNK REMOVAL Rick 408-439-9706	FAITH PAINTING www.faithpainting.com 408-281-7500 7 Min From The Villages SPRING SPECIALS! FREE ESTIMATES! FREE WINDOW WASHING W/ EXTERIOR PAINTING! FREE COLOR CONSULTATION!
Appliances E&J Appliance Repair Servicing all major kitchen appliances, Including Laundry Ricky 408-431-0545 408-753-6273	Ferguson Carpet / Tile / Upholstery Cleaning 408-369-8595 Truck Mount Steam Cleaning 9/28	Pink Ladies House Cleaning 408-375-1760 408-717-2327 Weekly, Biweekly, Monthly Free Estimates Licensed, insured 12/14	3S Gardening-Landscaping Lawn, Tree Maintenance Plants, Flowers. Joseph 408-209-8206 7/27	RESIDENTAL INTERIOR PAINITNG SPECIALEST DRYWALL REPAIRS COMPETITIVE PRICE MATCHING! 30+ YEARS EXPERIENCE INSURED & BONDED LIC. NO. 651686 GREAT REFERENCES!
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			D	
Plumbing (continued)	Repair/Handyperson (continued)	Senior In-Home Care (continued)	Page 25 Transportation (continued)	The Villager July 13, 2023
A.L. Plumbing Honest, reliable & friendly service. Bonded & Insured We also unclog drains. Lic#1038274 408-724-1531 10% senior discounts on labor 8/24	Eric James Handyman No Job too small Call now! Free Estimates 559-408-0988 7/27	SENIOR IN-HOME CARE CAREGIVERS AVAILABLE ELDERLY MATTERS HOURLY/LIVE-IN Insured, Experienced, References Free Assessment Contact: Beth elderlymatters@gmail.com 650-422-1713	Joe/Remy: 650-776-8850 Villages Resident Airports, Doctors Appointments, Dependable 12/21 Window Cleaning Experienced, Honest	CCONT.J Estate Sales Online Auctions and Clean Outs. Call Annette @ 510.378.0290 NorCal Estate Liquidations 1/4
Remodeling	SENIOR IN-HOME CARE	408-622-8600 8/10	Insured, Licensed Rick McKee: 408-761-4803 7/13	WANTED
Revamp your Home with Posey Design and Construction Proudly serving the Village for 20+ years Offering painting, remodeling, design services and more Contact us for a free estimate P: 408-315-6998 E:michelle@poseydc.com	DUTSTANDING AND EXCELLENT Vista Verde Home Services Bonded, Licensed, Insured Hourly, Live-in, Transport Great References Free Assessment (408) 509-1257	EssentialCare Quality, Affordable In-home Care Licensed, bonded, insured. Honest, reliable, certified. Hourly/Live-in A+ ratings CALIC# 434700088 Free consult. 408-368-6918	Gabe's Window Cleaning Inside & Out Tracks Screens \$200 408-393-3177 8/3	Sports Cards & Collectibles - Baseball, Football, Basketball, Hockey, Soccer, Hot Wheels, Action Figures, Barbie, Comic Books, Toy's & Video Gamesetc. Cash for small & large collections. Call or Text - 831-801-2113
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Home Trouble?	Housesitter Service Affordable Rates Caregiver Service Hourly/Live-in Full/Part-Time Experienced	Transportation	10AM—2PM Saturday, July 15, 10AM—12 NOON Living, Bedroom, Dining, Office, Furniture & Accessories; Fine China;	Timid, very docile 408-532-1185 7/13

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Airport, Appointments Reliable with references

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Need a hospital bed? Call Sterling, 408-274-3457, for details. 7/20

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Page 26 The Villager July 13, 2023 <u>More COMMUNITY NOTICES</u> **During hot weather, take care to avoid heat stress**

If you are 65 years of age or older, it becomes more important to avoid heat stress during periods of hot weather. Since elderly people do not adjust as well as young people to sudden changes in the weather, it is important to take precautions to avoid pushing the body past its stress limit.

Older, at-risk adults should be visited twice a day and monitored for signs of heat exhaustion. If they do not have air conditioning in their homes, then they should be taken to air-conditioned locations—at the very least, they should have a fan.

To prevent heat stress or heat stroke, which occurs when the body becomes unable to regulate its own temperature: 1.) drink cool, nonalcoholic, non-caffeinated beverages (unless your water intake is being regulated by a doctor—if that is the case, follow the doctor's directions). 2.) make sure to rest during hot periods. 3.) cool off by taking a cool shower, bath or sponge bath. 4.) remain indoors during the hottest part of the day, if possible stay in an air-conditioned environment. 5.) wear lightweight clothing. 6.) do not engage in strenuous activities.

Heat exhaustion can develop over several days of exposure to hot weather if the body is unable to replace lost fluids.

The symptoms of heat exhaustion include heavy sweating, paleness, muscle cramps, tiredness, weakness, dizziness, headache, nausea or vomiting, fainting, moist or even cool skin, a fast and weak pulse rate and fast and shallow breathing.



Real Estate -

The break in interest rates was short lived.

2 weeks later, the Fed has again decided to raise the interest rates. Let's hope the mortgage interest rates stay under 7%. One analysts opinion stated how we are getting used to the 6% range as we see that more mortgage application were started this last month. If rates jump above 7%, My guess is that there will be another pause in mortgage applications. If it comes back down below 7%, that will spur buyers on once again. I think the analyst is correct. We will get used to the higher interest rates.

It is all about supply and demand. Prices come down if the buyers are not buying due to high interest rates. If the home prices go down, the buyers can afford more and will start buying again.

Why not start high with your listing price? You can always lower it later.

Some agents pick up listings this way. "Yes, I will sell your home for that high price" knowing that they will just work the seller down in price later on. This is doing no favors for the property owner. We all know the California market has been super-hot in recent years. Buyers that are currently in the market, looking for your type of property will be out to look at it in the first two weeks. If it is everything that they have been looking for, they will jump on it right away. If they see your home but it is listed too high, they will continue to shop. The correctly priced home will sell. The over priced home will sit and sell the correctly priced home for them. Most of the time the home that is priced to high will be stigmatized as an "unrealistic sellers". There were several examples of this last year. Homes priced in the 1.1-1.2 million range, eventually selling 6 months+ later for 850,000-990,000.

Staging can get costly if your home sits on the market too long. Staging costs \$2,000-3,500 per mo. If your paying for staging and your home is over priced, well...



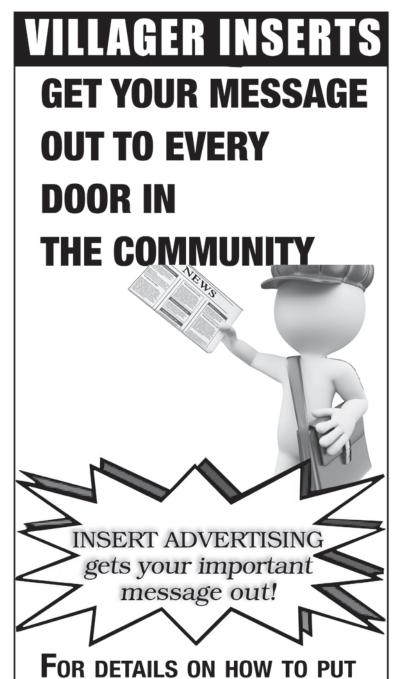
Heat stroke, the most serious heat-related illness, may be the result of a long period of heat stress or may come quickly if the person is exposed to extreme temperatures. Heat stroke occurs when the body loses its ability to sweat and is unable to cool down. Body temperatures may rise to 106-degrees or higher within ten to 15 minutes. Untreated heat stroke is likely to result in death or permanent disability if not treated immediately.

The symptoms of heat stroke include a very high body temperature (above 103-degrees F), reddened, hot and dry skin (no sweating), a rapid and strong pulse, a throbbing headache, dizziness and nausea.

What do you do if you see someone with severe heat stress?

Act quickly because you may be dealing with a life-threatening emergency. First call 911 for immediate medical assistance, then call Public Safety at 408-223-4665 while you begin cooling the person off.

If you are outdoors get the person to a shady area. Cool the person rapidly, using whatever means you can—provide a cool bath or shower, spray the person with cool water from a hose or wrap the person in a cool, wet sheet and fan him or her vigor-ously. Monitor the person's body temperature and continue cooling efforts until body temperature drops below 101-degrees F. If emergency personnel are delayed, call a hospital emergency room for further instructions. Do not give the person any alcoholic beverages—water is best. Above all, get medical assistance as soon as possible.



• Management of Prep Work and Relocation

Staging of the Exterior & Interior

• Available to you 24/7 (I live in Highland Village)

Lisa Gault—Realtor 408-202-1959 Gaultlisa@gmail.com www.FindHomesAndLoans.net



DRE #01194339

AN INSERT INTO THE VILLAGER CALL 408-223-4657

The Villager Classified Advertising Pricing

Category	Cost
Real Estate	\$1.60 per word (minimum of 10 words)
Services	\$1.60 per word (minimum of 10 words)
(See below for Services sub-categorie	s.)
Notices	\$1.60 per word (minimum of 10 words)
Personals	\$1.30 per word (minimum of 10 words)
Cars & Carts	\$1.60 per word (minimum of 10 words)
Help Wanted	\$1.60 per word (minimum of 10 words)
(Employment notices)	
Wanted	\$1.60 per word (minimum of 10 words)
Items for Sale	Villagers: \$1.30 per word (minimum of 10 words)
(Personal items only)	Non-residents: \$1.60 per word (minimum of 10 words)
Free Stuff	Villagers: \$1.30 per word (minimum of 10 words)
	Non-residents: \$1.60 per word (minimum of 10 words)
Obituaries	\$1.30 per word
	Photo of the deceased \$25
	Free flag for veterans
Villages Business Directory	\$10 per week
	s residents only. Listings must be compact enough to fit on two lines only.)
Lost & Found	First 15 words of first ad are free;
	after 15 words: \$1.30 per word
	(Subsequent ads after first week are billed at \$1.30 per word)

Specials (Additional add-ons to regular ad pricing)

Placement in box\$15 per week (boxes limited to one-column width)Premium placement\$20 per week, placement anywhere with special box(Anywhere in Classified Ad section, not including first column or above section heading)(Premium ads will have a bolder border. Placement space is on a first-come-first-served basis.)

CLASSIFIED ADVERTISING GUIDELINES

To submit ad copy, renew, cancel, or make changes to your ad: **Contact Adrienne at 408-223-4657 areed@the-villages.com; or contact Scott at 408-223-4655; fax to 408-223-2843;** or mail to:

Villager Classified Ads, Building B

5000 Cribari Lane, San Jose, CA 95135. (Downloadable forms available on the Resident Portal at **thevillagesgcc.com**. Ad copy is not taken over the telephone. Call Adrienne or Scott to verify receipt of fax.)

Payment:

All ads are to be paid in advance by cash, check or money order. Make checks/money orders payable to:

The Villager. Villages residents may charge ads to their Villages accounts. Take payments to the Villager office in Building B or mail to the address above.

Deadlines:

Ads are due Mondays by 4 p.m. for publication in Friday's paper. Deadline also applies to renewals, cancellations and changes. Exceptions are only for holiday deadlines, details of which will be published in advance.

The Villages does not endorse or guarantee any advertisement or insert using space in this paper to reach our readers. It is the responsibility of the users of these services to check references and claims made. Residents, please be aware California State law mandates any contractor bidding for a job more than \$500 in parts and labor must be licensed. The Contractors State License Board (1-800-321-2752) may be contacted regarding any questions or concerns about a contractor. The Villager reserves the right to refuse ads containing offensive or questionable content. Rev. 6/22

Classified ad copy is due by Monday by 4 p.m.

The Villager Classified Ad Form

Name:

Address: ___

Fill out your ad here. Be sure to include contact information. Phone numbers, email addresses, websites, and symbols (&, +, @, etc.) are counted as one word. Hyphenated words are counted as two words. Please print clearly. See other side for pricing information and specific details for your ad. For more information, please contact Adrienne at Areed@the-villages.com or 408-223-4657.

Phone: _

Select Category:

- □ REAL ESTATE
- □ PERSONALS □ CARS & CARTS

- □ ITEMS FOR SALE
- FREE STUFF
- OBITUARIES
- □ LOST & FOUND
- □ SERVICES □ Appliances

□ Automotive Repair □ Senior Care Facilities □ Senior In-Home Care □ OTHER CATEGORY

- (Please specify)
- VILLAGES BUSINESS DIRECTORY
 - (Must fit in two lines)

Additional Options:

Single Line Box (\$15 in addition to ad) Premium Box (\$20 in addition to ad)

□ Housecleaning □ Legal/Professional □ Plumbing

Computers
Electrical
Landscape
Errands/Odd Jobs
Health & Beauty
Heating & A/C
Flooring
Remodeling

Moving/Storage
Painting
Pet Care
Repair/Handyperson
Window Cleaning
Tax/Finance/Insurance
Transportation

Amount per week: \$	# of weeks:
Issue Date(s):	
Total Amount: \$	Bill:

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(Other suggested custom heading)

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