



The Villager

Distributed Friday

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February 23, 2023

The News this Week

- **Proposed Changes to Club Rule 1.14**
(See article on page 7)
- **Letter from GMS-golf course maintenance**
(See article on page 4)
- **Club Board Seeking Candidates**
(See articles on page 7)
- **Association Solicitation of Candidates**
(See articles on pages 3 & 5)
- **Homeowners Seeking Candidates**
(See articles on page 7)

Trips, Classes & Events

See page 12

Channels 26 & 27

Community TV channel:

CHANNEL 27: Currently playing

- Fitness Center
- Avoiding Senior Scams
- Welcome to our Website
- Living with Wildfires
- Fitness videos

(See page 6 for broadcast times on the above items and for other programming.)



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VMA: Ageless Wellness—Tips to Boost Health as You Age

Getting older involves changes in all realms of life. The challenge is to maximize the good parts of getting older while taking proactive steps to maintain your health and minimize the negative aspects.

Nita Bhatt, Occupational Therapist and Clinical Case Manager at Apex Health-care, Ergonomic Specialist at Microsoft SVC and Lifestyle Wellness Coach will share her clinical insights and offer suggestions on growing older while maintaining your health. She has been passionately helping seniors live their life to the fullest potential for the past 25+ years. She has successful clinical results in musculoskeletal pain management, safety and fall prevention. She has successfully helped seniors make lifestyle choices to live an active and healthy life.

Join us Tuesday, March 7 at 10:30 a.m. in the Sequoia Room. Topics for discussion include:

- What Do We Know About Healthy Aging?
- Choices Today for a Healthier Tomorrow
- Maintaining a Healthy Weight
- 5 Tips to Help You Stay Motivated to Exercise
- Four Types of Exercise Can Improve Your Health and Physical Ability

Registration is required to attend. Please register at 408-238-4029.



Nita Bhatt, OT

FYI about EPC's Damage Assessment Team (DAT)

By Arlene Versaw

A disaster hits. An emergency arises. We hold our collective breath as the moment passes, and then we spring into action. What's the first thing to do in an emergency? Evaluate our current status, assess the damage and determine next steps.

On a larger scale, in the Villages, your Emergency Preparedness Committee's Damage Assessment Team (DAT) does just that. It is responsible for evaluating the damage to residences, structures, streets and paths, and recommending appropriate response to the EPC organization through the Incident Commander. When safe to do so, the DAT may take action to ensure public safety, such as turning off electricity, gas and water to damaged structures and buildings. The DAT collaborates with The Villages Maintenance Department's response to ensure maximum coordination of activities.

As for next steps, the DAT recommends appropriate remedial actions or resources to management and residents. The team may also deploy emergency generators as needed. Communication within the team and between the team and the Incident Commander is through a rigorously maintained radio system.

Who are these boots-on-the-ground responders? Villagers just like you and me who have the kind of background in engineering or construction that is required to ensure that the EPC emergency response is right on target. Volunteers who care about this community and the people who live here. In other words, the men and women of the EPC who work year in and year out to make The Villages more prepared to handle the inevitable emergency. To volunteer, contact Vera Buescher at 408-531-9758.



Attention golfers: Daylight Saving Time to return March 12

Daylight Saving Time begins Sunday, March 12.

At that time, the Monday shotgun will shift to 1 p.m., the Driving Range will be open until 3 p.m. on Mondays, and the last tee time Tuesday through Sunday will move to 5 p.m. for the month of March. Because of the later sunrise, the first tee time on Wednesday, Friday, Saturday and Sunday will initially move to just after 7 a.m.

Save the Date: Art in the Park is April 22

The annual Art in the Park event, sponsored by the Villages Arts & Crafts Association, is scheduled for Saturday, April 22 at Gazebo Park from 10 a.m. to 2 p.m. Mark your calendars now so you won't miss out on all the fun.

Art in the Park is a very popular event with over 40 artists exhibiting their handmade works of art and offering them for sale. Neighbors, friends, and families gather to enjoy the fresh spring air, music, cookie sale and arts and crafts. All Villagers are invited to attend.

If you make things, you can sell your items at Art in the Park. It's a fun way to meet your fellow artists and get to know your neighbors. Artist Contracts to participate are now available on our website at villagesartsandcrafts.org. If you have any questions, contact Diane Finley at dianefinley1@gmail.com



COMMUNITY NEWS

PULSE

Dear Readers:
 The Villager welcomes everyone's voice sharing ideas, opinions and accounts of life in The Villages in the Pulse column. Please follow the guidelines carefully.
 Pulse deadline is 4 p.m. on Thursday of the week prior to publication. Pulse letters will be published in complete or abridged form at the discretion of the Publisher and in accordance with the editorial policies and rules established by the Club Board of Directors. (See VGCC Rule 1.30.) Opinions expressed by Pulse letter authors do not necessarily reflect the opinions of The Villager Publisher, staff, boards of directors or management.
 All Pulse letters must be 200 words or fewer on a single topic relating to life in the Villages. Letter authors are limited to one published Pulse letter per month. Each letter must also include name, address, phone number, date and number of words. Typed or legibly written letters must include your signature and may be hand delivered to the Pulse mailbox in Administration Building B or by mailing to the Communications Advisory Committee, 5000 Cribari Lane, San Jose, CA 95135.
 Letters may be submitted electronically through the Pulse Submission Form on the Resident Portal: resident.thevillagesgcc.com/pulse, or emailed to Villager Managing Editor S. Hinrichs: shinrichs@the-villages.com. E-mailed letters must include the text within the body of the e-mail and the subject line must read PULSE LETTER.

4 Pulse letters received this week.
 0 Pulse letters not meeting Pulse Letter Guidelines.
 3 Pulse letters published this week.

Note: Pulse authors are solely responsible for the statements and opinions contained in the Pulse letters. The Villager does not verify the accuracy of any statements.

All Pulse letters that are published are retained by the Communications Advisory Committee (CAC) for a period of 12 months. Rejected Pulse letters are not shared with anyone outside the CAC, management or Club Board and staff liaisons for the reason of confidentiality.

Landscaping Attention at Entrance to Villages Parkway
 I am not sure if Gary Richards (Mr. Roadshow) is the person to thank for action being taken, but recently the missing trees on the island at The Villages Parkway and San Felipe Road intersection were replaced. And the area between the sidewalk and the privacy wall for homes between Silver Estate and Ashley Way was cleared of debris, weeds, dead leaves, etc. What an improvement comes from both actions being taken!
 I had written to Mr. Roadshow in early December asking who to contact in local government to get attention paid to these eyesores, but did not hear back from him. His column is idle right now so maybe some issue is in play for him—but I bet he came through for us!
 The Villages needs to be more proactive about ensuring these two areas are kept presentable as they stand at the entrance to our great community, and we do not look good if they do not look good!

—Victor Clifford

I am frankly astonished by the recent Pulse letters regarding the Newt Gingrich book review, which was published in the January 12 edition of The Villager. Friends, we are so lucky to have a real library here, for real people with all sorts of interests and beliefs. And as for the reviews themselves, you can find them all—verbatim—by searching for the book title online at Goodreads. In the public domain.

—Sherle Frost

I agree completely with Richard Naftger's post last week. As an older Villager with a walking disability, it would be wonderful to have more benches throughout The Villages where one could sit. There are so many areas that are inaccessible at this time because they are too far to reach since they would require walking a long distance without having a place to rest. So many of us in this community would benefit. Thank you for your consideration.

—Roz Zinns

THANK YOU

I would like to reach out to all the people who helped me (golfers, Pro Shop staff, security, VMA, friends, etc.) and gave their get-well support. I am home now after leaving El Camino Rehab facility.
 I wish I could say I had a freak accident but it happened by not paying enough attention to driving the golf cart. Weeks ago, I was bound for the Pro Shop to sign in for my tee time, eating an apple and not paying attention to my driving. Just what? Yup, I ran the cart into the creek bordering the putting green. Unfortunately, the cart fell on my ankle and fractured it. But there were Villages golfers who came to my rescue, lifted the cart off me, called 911, and the paramedic and ambulance took me to Regional Emergency.
 I don't wish what happened to me on anyone. But I must say, Dr Murali, orthopedic surgeon, at Regional Emergency did a super job putting my ankle back together. The hospital staff took good care of me. I was later transferred to El Camino Rehab Center in Los Gatos. (I now know why it is rated high.) The therapists and nurses were "Outstanding!"
 Again thanks to my Villages rescue team and all the get-well supporters.

—Don Minami

IN MEMORIAM

In Memoriam notices are run free of charge.
 Notices include name of deceased, date of birth and date of passing. Brief notices of memorial gatherings may be included with the notice, providing event is held in a Villages' facility.
 Obituary notices may be placed in the Classified Advertising section for a fee. For more information, please call Kory Tran at ktran@the-villages.com or 408-754-1341 or Scott Hinrichs at shinrichs@the-villages.com or 408-223-4655.

DEADLINES

General Copy: All general copy, other than sports, is due by 4:30 p.m. Thursday, seven days prior to publication. For editorial information call 408-754-1341 or 408-223-4655 or email ktran@the-villages.com.
Sports: Sports copy is acceptable after deadline only by permission of the Managing Editor, 408-223-4655.
Classified Ads: Classified ads, renewals, cancellations and changes are due by 10 a.m. on the Monday before publication. Holiday deadlines differ. All classified ads must be in writing. You may fax classified ads to 408-274-2843 or e-mail to: areed@the-villages.com or ktran@the-villages.com. For more information, please call 408-223-4657, 408-754-1341 or 408-223-4655.
Display Ads: Display ad rates and placement may be arranged by calling Adrienne at 408-223-4657. Display advertising information is available on The Villages web site at: www.thevillagesgcc.com.
Delivery: The Villager is published on Thursday and distributed to all residents Friday morning. Extra copies of the latest editions are usually available in The Villager office and in the Library.
 Call 408-223-4655 to report missed deliveries.

POLICIES

Publication of advertising in The Villager does not constitute endorsement. Licensed real estate professionals advertising in The Villager are required to name themselves as agent or broker, or list the name of the brokerage for whom they work as part of their ad. This is in compliance with Real Estate Law Section 10140.6.
 All copy is subject to editing and must be submitted with that understanding. The Villager reserves the right to reject or discontinue advertising or articles that are deemed unsuitable.
The Villages Communications Advisory Committee "To inform and connect Villagers" develops operational plans, reviews rules and policies, and advises the General Manager and Club Board on issues pertaining to The Villager, including Pulse letters, Channel 26, Fast Lane and the web site. Residents having relevant concerns may attend meetings or call committee members by phone: Chair Nick Yannaccone at 408-219-9296, Sue Callahan 408-238-2413, Jeanette Campa 408-661-0203, Debbie Champion at 408-960-6994, Barbara Clurman at 347-451-5309, Jac Fitzenz at 408-223-7749, Thomas Moore at 408-887-5322, and Patricia Reardon at 408-914-2432.

HOURS

The Villager editorial and classified advertising hours are Monday through Friday, 8:30 a.m. to 4:30 p.m. The Villager display advertising office hours are by appointment. Call 408-223-4657 to schedule.
 The Villager is the official and legal communication medium for The Villages, a Senior Community. Its mission is to provide residents with timely information about activities, facilities and services at The Villages, and to promote a sense of community by documenting and celebrating those common experiences highlighting life at The Villages.

THE WEEKLY VILLAGER is published every Thursday under policies established by the

Club Board of Directors:

Leslie Lambert	President
Judy Owen	Vice President
Bob Krattli	Secretary
Richard Zahner	Treasurer
Garry Ashby	Director
Liz Kung	Director
Bob Wilk	Director

Villager Personnel:

Theresa M. Ostrander	Publisher
Mary Majerle-Tatum	Director of Community Activities
Scott Hinrichs	Managing Editor
Kory Tran	Associate Editor
Jerry Marquez	Design Editor
Adrienne Reed	Advertising Customer Service

THE WEEKLY VILLAGER is published by The Villages Golf and Country Club, 5000 Cribari Lane, San Jose, California 95135. Copyright 2023. All rights reserved.
 Visit The Villages web site at: thevillagesgcc.com

BOARDS & COMMITTEES

The Villages Association Solicitation of Candidates Form

The deadline for nominations for The Villages Association Board of Director candidates for this year's election is March 28, 2023, at 5 p.m.

Pursuant to California Civil Code §5105(a)(3), The Villages Association Bylaws Section 6.1.2, and The Villages Association Election Rules Section 3.2.1, any Member who satisfies the qualifications and is not otherwise prohibited from running for the Board may place their name in nomination by completing this "Solicitation of Candidates Form" and submitting this form to the President (David Cook) or Secretary (Richard Holmboe) of the Board before the above posted deadline.

STATEMENT OF CANDIDACY

2023 Election of Directors

I am interested in serving on the Board of Directors of The Villages Association.

Member's Name

Property Address(es) within The Villages Association.

Mailing Address, If Different

Daytime Telephone Number

E-mail Address

The attached statement explains my qualifications to serve as a director and, if elected, my goals for the community. Statements are limited to 250 words. Sample candidate statements and formatting guidelines are available in the General Manager's office or by contacting jmeadows@the-villages.com. Please attach your candidate statement to this form.

Qualified candidates' names and addresses will be included on the Candidate Registration List and statements will be published in the voting materials that accompany the ballots in the election of directors, as well as published in The Villager newspaper. Telephone numbers and email addresses are for internal use only and will not be published with the statements.

The deadline for nominations for The Villages Association Board of Director candidates for this year's election is March 28, 2023, at 5:00 p.m.

Candidates' statements must be received no later than April 28, 2023, in order to be included in the official voting materials. Candidates' statements may be sent to The Villages Association c/o Julia Meadows, Assistant General Manager, 5000 Cribari Lane, San Jose, CA 95135, or jmeadows@the-villages.com.

"Ask the ABOD"

The Association Board of Directors (ABOD) appreciates the need in having your questions answered. The ABOD has a column in The Villager so that all those interested can see the question and response. If you have any questions, please email them to Maria Elizabeth Hernandez at MEHernandez@the-villages.com or drop them in the drop-box in the parking lot of Building A.



The entire Board is interested in communicating the proper information for your understanding of issues and current events.

Questions for the Club Board?

The Club Board of Directors (CBOD) appreciates the need in having your questions answered. The CBOD has a column in *The Villager* so that all those interested can see the question and response.



If you have any questions, please email them to Julia Meadows at jmeadows@the-villages.com or you can put a written question in the drop-box in the parking lot of Building A.

The entire Board is interested in communicating the proper information for your understanding of issues and current events.

THE VILLAGES ASSOCIATION ELECTIONS RULES

ARTICLE 3: Candidates for the Board and Nomination Procedures

3.1 Qualification of Candidates.

Candidates for the Board must be Members at the time of their nomination and (i) must meet any other qualifications or restrictions set forth in these Election Rules and (ii) must meet any other qualifications or restrictions set forth in the Bylaws so long as they do not conflict with these Election Rules. In the case of a Member that is not a natural person (such as a corporation or other entity), the entity Member shall have the power to appoint a natural person as the "Member" for purposes of director elections. The Association shall disqualify a nominee for the Board for any of the following reasons:

3.1.1 The nominee is not a Member.

3.1.2 The nominee does not reside within The Villages condominium project.

3.1.3 If the nominee, if elected, would be serving on the Board at the same time as serving on the Board of The Villages Golf and Country Club.

3.1.4 If the nominee, if elected, would be serving on the Board at the same time as another owner of the same separate interest and the other person is either properly nominated for the current election or is an incumbent director.

3.1.5 If the nominee, at the time of nomination, is delinquent in the payment of regular and/or special assessments. A nominee shall not be considered "delinquent" if the delinquency relates to the payment of fines, fines renamed as assessments, collection charges, late charges, or costs levied by a third party and/or if the nominee: (a) has paid the regular or special assessment

(Continued on page 5)

NOTICE The Villages Association

The deadline for nominations for The Villages Association Board of Director candidates for this year's election is March 28, 2023, at 5:00 p.m.

Pursuant to California Civil Code §5105(a)(3), The Villages Association Bylaws Section 6.1.2, and The Villages Association Election Rules Section 3.2.1, any Member who satisfies the qualifications and is not otherwise prohibited from running for the Board may place their name in nomination by completing the "Solicitation of Candidates Form" and submitting the form to the President (David Cook) or Secretary (Richard Holmboe) of the Board before the above posted deadline.

More BOARDS & COMMITTEES,
MANAGEMENT and COMMUNITY
NOTICES on pages 4, 5, 7, 11 & 26

MANAGEMENT

POST OFFICE NOTICE

Find latest stamps at the Post Office

Come to the Villages Post Office in Cribari Center for the latest Forever Stamps such as:

- Love 2023 (Cats & Dogs with hearts)
- Snowy Beauty (Flower photos)
- Mountain Flora (Floral design)
- U.S. Flags

These Forever Stamps are all 63 cents in booklets of 20 stamps for \$12.60.

The U.S. Flags also come in a coil of 100 stamps for \$63.

The Villages Post Office is open Monday to Friday, 9 a.m. to 12 p.m.



Villages 2023 Telephone Directory distribution

The delivery of the Villages 2023 Telephone Directory has been completed.

Missed or damaged books may be replaced without charge for a month until Friday, March 3. Replacement directories may be picked up at the Community Resource Center in the Building B lobby. After that, Villages residents may purchase a telephone directory (or extra directories) for \$10 each.

To make changes to your directory listing, call the Public Safety Administration office in Building C. Telephone number is 408-239-5246, option 2.

Notify Public Safety after the death of a spouse or household member

As a friendly reminder, if you experience the passing of a household member or spouse, please add the Public Safety Administration to the list of places to notify of the passing. You may contact us at 408-239-5246 option 2, or you may email: vtennon@the-villages.com or hbalaoro@the-villages.com

A Message from our Golf Course Maintenance provider— Golf Maintenance Solutions (GMS)

Golf Cart Ridership Agronomics

It will be three years in March since the COVID-19 pandemic changed our world. While there have been many areas in our lives that have returned to “normal,” the reality is that no one could have predicted the changes that would occur in our daily activities and what these changes would impact.

Golf is certainly no exception. Since March of 2020, we have seen a much-welcomed resurgence in golf participation. The pandemic forced us to look for outdoor recreation activities, which was great for golf. With the implementation of “social distancing” the golf experience changed in various ways. Some things were good and some not so good. One of the main benefits of golf in the year 2020 was a decreased pace of play. We all understand that one of the major reasons people stopped playing golf prior to the pandemic was pace of play and not enough time. A principal factor of the decreased pace of play was the shift to individual cart ridership.

There are many things that golfers enjoy about individual cart ridership and as part of the golf course maintenance community, we understand and appreciate them all. From a pure agronomic perspective though, the practice of individual cart ridership is something that when continued over time has major negative inputs when trying to provide quality turf that is consistent throughout the golf course. It is no secret that golf cart traffic causes added compaction to soils and less healthy turf. I am often asked the question, “Well the private club down the road had kept individual ridership and they are in fine condition, why should our club go back to double ridership?”

The reality is that each golf course is different and various factors come in to play. One of the biggest is rounds. Is the private club down the road doing 20,000 or 30,000 rounds vs. the 54,000 rounds that The Villages had in 2022? Also consider with individual ridership there is double the amount of traffic and stress added to turf. Two examples of where we see more consistent traffic wear (even with double ridership) are:

- Tee complexes. Very seldom do golf carts (no matter how many are in a group) all keep all four tires on the cart path. Golfers like to park beside other carts or pull off to the side of cart paths when teeing off and it is not uncommon to see golf carts pulled off with at least two tires on turf.

- Greens complexes. Not everyone hits every fairway and approach shot onto the green. It’s human nature for golfers to want to drive up as close to the approach and then find the quickest exit point. Yes, the cart “gates” we have added help spread some of the wear, but the reality is that there are only so many areas on any given hole that you can place the entry and exit gates.

Many things need to be considered when deciding on whether to go back to double ridership as a course policy and we understand that the decision is not easy. We also understand that double course ridership has provided a very good golf experience in the past and that it can continue to be the best thing for golf course agronomics and more consistent turf quality.

As a leader of the Golf Maintenance Solutions team and based on our experience with golf courses throughout the country, we recommend having double cart ridership as a policy at The Villages. We know that not everyone agrees with this but with our goal of providing improved turf consistency, aesthetics, and a great golf experience, we appreciated everyone’s support in this recommendation.

Sincerely,
Steve Schendel, GMS, GCSAA

Estate Planning Attorneys

Establishing or updating your Estate Plan has never been more important than it is right now. At Del Ponte and Hirz, we offer comprehensive Estate Planning, Probate, and Trust Administration services.

Call us to schedule your [Free Consultation!](#)



Del Ponte & Hirz Attorneys at Law

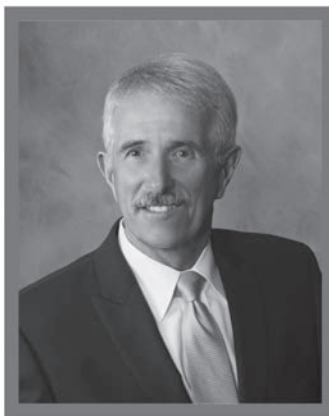
We have many family members, friends, and clients who call The Villages their home. We can accommodate COVID-19 concerns with telephonic or video consultations and social distanced or no-contact document execution.

(408) 294-4525

www.DelPonteandHirz.com

info@delponteandhirz.com

75 E. Santa Clara Street, Suite 275, San Jose, CA 95113



Vehicle Bar Code Reminder

Are all your vehicles registered and bar coded? Just a friendly reminder that all resident vehicles are required to be registered and must have a resident bar code sticker on them. Please contact the Public Safety Administration office at 408-239-5246 option 2, or you may email: vtennon@the-villages.com or hbalaoro@the-villages.com to register your vehicle.

If you registered a vehicle that had a temporary plate at the time of registration, but have not provided the permanent license plate number, please contact Public Safety Administration to update your registration with the current license plate number.



Sue Lassetter,
M.A., CLC, SRES

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12900 Saratoga Ave., Saratoga, CA 95070

GOVERNANCE MEETINGS

AC NOTICE

Association applications for Owner Alteration Requests for the month of March are due to the Architectural Committee on or before February 17, 2023. Call Elissa at the Corporation Yard office to obtain an application. **Meeting date is scheduled for Thursday, March 2, 2023 at 9 a.m. at Montgomery Center.**

Deadline for editorial materials is the Thursday before the date of publication. If your notice is late, please call Kory at The Villager copy desk at 408-754-1341 to arrange for space to be available. You may e-mail your copy to: ktran@the-villages.com

More COMMUNITY NOTICES

(SRS) SENIOR RESOURCE SERVICES

IRS Free File program

Do you always do your own taxes using the paper forms and mail them to the IRS?

If you do, remember there are many benefits to using a computer tax preparation program. The program doesn't make arithmetic mistakes, the completed return is legible, and you can electronically file and quickly know that the IRS has received your return. Also, if you have a refund, you will receive the refund much faster than from a mailed return. SRS recommends the following IRS program:

IRS Free File. The IRS partners with leading tax software providers to make their online products available for free to any person or family who earned \$73,000 or less in 2022. For us in California, this claim is only partially true. The Federal return preparation will be free, but you will be charged for the California return preparation. In some states, the state income tax return is a simple piggy-back to the Federal return so there is no charge. California, however, has its own tax code with many differences from Federal law.

Here's a step-by-step overview of how to find the right Free File product:

To find the right IRS Free File product taxpayers can:

1. Go to [IRS.gov/FreeFile](https://www.irs.gov/FreeFile)
2. Click on "File Your Taxes for Free". Then select "Use Free Guided Tax Preparation" and use the "Browse All Providers" tool to review each offer,
3. Select the best product for you, and
4. Follow the links to the provider's website to begin your tax return.

If you have total income of more than \$73,000, the IRS offers another possibility: **Free File Fillable Forms.** These are electronic federal tax forms you can fill out and then file online for free. You choose the tax forms you need, enter your tax information online, electronically sign and file your return, and print your return for record keeping.

If you choose Free File Fillable Forms as your Free File option, you must be comfortable doing your own taxes. Limitations with Free File Fillable Forms include:

- 1) there is no guidance about which form to use, 2) only basic calculations are performed, and 3) no California state tax return option is available. However, California has a similar program called CalFile at [FTB.CA.gov](https://ftb.ca.gov) so the state option is available there.

We suggest you consider the IRS Free File or the Fillable Forms approach if you normally prepare your returns by hand and mail them to the IRS and FTB.

Note: The Senior Resource Services (SRS) office hours for drop-in assistance are Monday, Wednesday, and Friday from 10 a.m. to noon. The SRS office is in the Cribari Center across from the Post Office. You may also leave a message at 408-239-5253 or e-mail SRS at villagesrs@sbglobal.net. The purpose of SRS is to provide education and general business and financial information. All assistance is free and confidential. You should ask your professional advisor about your individual situation.

SRS announcement:

Renew disabled person parking placard

A new DMV law became effective January 1, 2023. If you have a permanent disabled person parking placard, it must be renewed every six years. Placard holders who received their original permanent placard before January 2019 are required to provide a signature before June 30, 2023, to receive a new placard.

The DMV is making it easy for disabled persons to comply with this law. You can skip sending the paper notice back to the DMV by providing an electronic signature online. This is done by scanning the QR code on the notice or through the online option at dmv.da.gov/dpp.

This change only affects permanent parking placards.

BOARD MEETINGS

Three Boards

- Three-Board Meeting Re: General Liability and D & O Insurance Renewal is Friday, February 24, at 10 a.m. via Zoom Meeting
Meeting ID: 842 4054 5530; Passcode: 881265; Dial: 1-669-444-9171

Association

- The Villages Association Board of Directors Monthly Board hybrid meeting is Tuesday, February 28, at 9:30 a.m. at Foothill Center and on Zoom
Meeting ID: 917 8108 3392; Passcode: 223468; Dial: 1-669-900-6833

Club

- The Villages Golf & Country Club Board of Directors Monthly Board hybrid meeting is Tuesday, February 28, at 1:30 p.m. at Foothill Center and on Zoom
Meeting ID: 961 5036 4740; Passcode: 260616; Dial: 669-900-6833

Homeowners

- The Villages Homeowners' Corporation Board Quarterly Meeting is Thursday, March 9, at 9 a.m. at Montgomery Center.

Association Election Rules...

(Continued from page 3)

under protest; (b) has entered into a payment plan for repayment of the delinquent assessments and is not delinquent in payments due under the plan; or (c) the nominee has requested and has not been provide an opportunity to engage in internal dispute resolution.

3.1.6 If the nominee has been a member of the Association for less than one year.

3.1.7 If the nominee discloses, or if the Association is aware or becomes aware of, a past criminal conviction that would, if the Member was elected, either prevent the Association from purchasing the fidelity bond coverage required by Civil Code section 5806 or terminate the Association's existing fidelity bond coverage.

3.2 Nominations.

3.2.1 Solicitation of Candidates. At least thirty (30) days before the deadline for submitting a nomination, the Association shall provide general notice of the procedure and deadline for submitting a nomination for the Board. Any Member who satisfies the qualifications and is not otherwise prohibited from running for the Board may place their name in nomination for the Board by submitting the nomination before the published deadline for receiving nominations. In addition, the Board may recruit qualified candidates and/or may appoint a nominating committee to nominate qualified candidates.

3.2.2 No Write-Ins. No "write-in" candidates shall be permitted on the ballots in the election of directors.

More BOARDS & COMMITTEES,
and COMMUNITY NOTICES
on pages 7, 11 & 26



CARLA GRIFFIN

Broker Owner, CRS
Seniors Real Estate Specialist

Carla@BandARealtors.biz

www.BandARealtors.biz

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f: (408) 270-5502

CalBRE#00710852

CALENDAR OF EVENTS

Friday, February 24

8:30 a.m.	Jazzercise	A
9 a.m.	Chinese Morning Exercise	P
9 a.m.	Game Day	RED
9 a.m.	Income Tax Service	FC
9 a.m.	Table Tennis	MMP
9:30 a.m.	Ceramics Open Studio	CER
9:30 a.m.	Friday Open Studio	AR
10 a.m.	Quilters	PR
1 p.m.	Bridge Club at Villages	RED
1 p.m.	Bocce Captains Meeting	MC
3 p.m.	Hand Bells	CR
6 p.m.	Chinese Club Line Dance	FC
6:30 p.m.	Mexican Train Dominoes	MC
7 p.m.	Theater Rehearsal – Spring	A

5:30 p.m.	Village Dancers	A
6:30 p.m.	Italian Club	PR
7 p.m.	Duplicate Bridge	RED
7:30 p.m.	Hiking Club	FC

Tuesday, February 28

8:30 a.m.	Tai Chi	A
9 a.m.	Game Day	RED
9 a.m.	Table Tennis	MMP
9:30 a.m.	Assoc. Board Meeting	FC
9:30 a.m.	Ceramics Open Studio	CER
9:30 a.m.	Poetry in Art & Pastel	AR
10 a.m.	Ukulele Intermediate	PR
10 a.m.	High Twelve	MC
11 a.m.	Live Stronger Longer	CR
12 p.m.	Live Stronger Longer	CR
1:30 p.m.	Club Board Meeting	FC
2 p.m.	Piano Open Studio	A
6 p.m.	Concert Band	A
7 p.m.	Theater Rehearsal – Spring	MC

Saturday, February 25

9 a.m.	Ukulele Singing	SEQ
9 a.m.	Table Tennis	MMP
9:30 a.m.	Ceramic Open Studio	CER
10 a.m.	Quilters	PR

Sunday, February 26

6:30 a.m.	Catholic Choir	CR
8:15 a.m.	Catholic Mass	A
9 a.m.	Chapel Choir	SEQ
9 a.m.	Episcopal Services	MC
9 a.m.	Table Tennis	MMP
10 a.m.	Community Chapel Services	A
10 a.m.	Quilters	PR
11 a.m.	Chapel Fellowship	CR
7 p.m.	Chinese Club Line Dance	CR

Monday, February 27

8:30 a.m.	Jazzercise	A
9 a.m.	Chinese Morning Exercise	P
9 a.m.	Game Day	RED
9 a.m.	Table Tennis	MMP
9 a.m.	VGCC Six Clubs	V
9:30 a.m.	Assoc. Rules Committee	PR
9:30 a.m.	Ceramics Open Studio	CER
10 a.m.	Search the Scriptures	VC
10 a.m.	Drawing Class	AR
10 a.m.	Mat Pilates Class	A
10 a.m.	Republican Club Board	F
1 p.m.	Knitting and Stitchery	PR
2 p.m.	Theater Rehearsal – Spring	A
2:30 p.m.	Art Film	CR
5 p.m.	Arts & Crafts Board	AR

Thursday, March 2

8:30 a.m.	Tai Chi	P
9 a.m.	Assoc. Architectural Control	MC
9 a.m.	Game Day	RED
9 a.m.	Men's Golf /Member	V
9 a.m.	Table Tennis	MMP
9:30 a.m.	Acrylic Classes	AR
9:30 a.m.	Ceramics Open Studio	CER
10 a.m.	Live Stronger Longer	A
11:30 a.m.	18 Hole Women Golf Lunch	CH
1 p.m.	Chapel Small Group	SEQ
1:30 p.m.	Ukulele Club	VC
1:30 p.m.	Opera Lovers	FC
3 p.m.	Chapel Choir	CR
7 p.m.	Italian Club Board	PR
7 p.m.	Theater Rehearsal – Spring	A

Friday, March 3

8:30 a.m.	Jazzercise	A
9 a.m.	Catholic Mass	CR
9 a.m.	Chinese Morning Exercise	P
9 a.m.	Game Day	RED
9 a.m.	Income Tax Service	FC
9 a.m.	Table Tennis Practice	MMP
9:30 a.m.	Ceramics Open Studio	CER
9:30 a.m.	Open Studio	AR
10 a.m.	Quilters	PR
1 p.m.	Bridge Club at Villages	RED
3 p.m.	Bocce Bash	GP
3 p.m.	Handbells	CR
6 p.m.	Chinese Club Line Dance	FC
6:30 p.m.	Mexican Train Dominoes	MC
7 p.m.	Theater Rehearsal	A



all times are a.m. and p.m.

Fitness Center

Daily
12:00 & 6:00

Fitness

1:00 & 7:00
Mon – Sat
15 Minute Exercise

1:15 & 7:15
Mon Wed Fri & Sun
Chair Fitness

Tue Thu Sat
Cardio Fitness

Avoiding Senior Scams

Daily
2:00 & 8:00

Welcome to Our Website

Daily
3:45 & 9:45

Living with Wildfires in Santa Clara County

Daily
4:30 & 10:30



Club Events & Notices



Network: Villages Public
Password: villages

More information online at the Villages Resident Portal:
resident.thevillagesgc.com



Villages Medical Auxiliary-Since 1976

Office: 408-238-4230

Hours: Monday to Thursday, 9:30 a.m. to 2:30 p.m.

Service Coordinator:
408-238-4029

www.vmavillages.org



Programs March 2023

Ageless Wellness: Nita Bhatt from Balance Therapy will share her thoughts and offer suggestions on growing older while maintaining your health. Join us Tuesday, March 7 at 10:30 a.m. in the Sequoia Room. Please call 408-238-4029 to register.

Support Groups March 2023

Grief Support Group: Chaplain Dale Poland, M.Div, BCC - from Hospice of the Valley-Sutter Health will meet every Monday, March 6 through April 10 in the Sequoia Room from 10:30 a.m. to noon. Please call 408-238-4029 with any questions. **Please note:** There will be *no* session on February 27.

Caregiver Support Group: Judith London Ph.D. will conduct the monthly group on Thursday, March 16 at 10:30 a.m.-12 p.m. in the Patio Room and via Zoom. Please contact Judy London Ph.D. for all meeting specifics at judithlondon@sbcglobal.net or call 408-784-3325. **Note room change!**

Parkinson's Caregiver Support Group: Meet with other caregivers of those with Parkinson's on Thursday, March 16 from 10 a.m. to 11 a.m. in Forum Center.

Please check out vmavillages.org

EVENT LOCATIONS

A	Auditorium	(Cribari)
AR	Art Room	(Cribari)
BC	Bocce Courts	
CER	Ceramics	(Cribari)
CH	Clubhouse	
CR	Conference Rm.	(Cribari)
F	Forum	(Cribari)
FC	Foothill Center	
FHP	Foothill Pool	
GP	Gazebo	
L	Lobby	(Cribari)
SEQ	Sequoia	(Cribari)
MC	Montgomery Center	
MMP	Montgomery MP Room	
RED	Redwood	(Cribari)
P	Patio	(Cribari)
PC	Pickleball Courts	
PR	Patio Room	(Cribari)
TR	Terrace Room	(Cribari)
TS	Tennis Stand	
VC	Vineyard Center	
VR	Voyage Room	(Montgomery)

More BOARDS & COMMITTEES

Club Nominating Committee seeks candidates

The Villages Golf and Country Club Board Nominating Committee is actively seeking candidates for election to the Club Board of Directors. The Club governing documents provide that there shall be seven directors, and election will be held during May and June for two director positions to serve three-year terms.

The Club Board is responsible for the management of Club operations including, but not limited to all recreational, social, and cultural events in operation at The Villages, the community centers and adjoining swimming pools, the Clubhouse/Pro Shop complex, the two golf courses and tennis courts.

It's a rewarding experience to participate in the governance of this vibrant community. The Nominating Committee urges all Villages property owners to consider involvement in the community decisions through service on The Villages Golf and Country Club Board of Directors.

If you are interested in being a candidate, and/or need additional information please contact any of the Club Nominating Committee Members: Andrew Altman at 207-210-8210 or Andy@ASAltman.com ; John Laws at 408-532-7954; Vivian Brown at 408-274-5850 or vivianbrown1328@comcast.net ; Beverly Poellot at 408-300-1009 or bpoellot@gmail.com ; and Mohan Rao Aiyagari at 408-828-3709 or mvaiyagari@sbcglobal.net .

The Homeowners' Corporation needs you

Did you just move to The Villages and are looking for a way to meet people and be involved in the community? Are you recently retired and ready to join the many volunteers that help make The Villages the community we all enjoy? Have you lived in The Villages for some time, but haven't found a volunteer job that interests you?

The Homeowners' Corporation Board of Directors has a volunteer opportunity for you. The Architectural Control Committee (ACC) has openings for associate members. This committee is comprised of single-family homeowners and has the responsibility of reviewing homeowner applications to make changes to the exterior of their property. Serving on the committee is a great way to get to know all five Villages that contain single-family homes and to help your neighbors through the process of applying to the ACC.

The committee consists of three voting members and an unspecified number of associate members. The committee meets once a month on the first Thursday of the month at 3 p.m. in the Cribari Conference Room.

If you are interested in learning more, contact ACC Chair Morton Cordell, 408-622-4469, morton@sra-usa.com, CFO/ACC Liaison Rob Kirschbaum, 261-960-4820, newadventure@comcast.net, or Homeowners' Corporation Board President Teddy Morse, 408-394-5229, theodoramorse@outlook.com.

Call 911 for medical emergencies

Public Safety would like to remind you, in the event of a medical emergency, please remember to dial 911 first.

Public Safety monitors all emergency calls through San Jose Fire Dispatch. We will respond at the exact same time as the Fire Department and Paramedics.

Calling the front gate can only delay response time by emergency personnel. It is always quicker to call 911. It is the only phone call you will need to make.

Traffic Safety Reminder

Villagers please keep in mind that the maximum speed within the Villages is 25 MPH. Some streets are slower than that. Please remind your visitors as well.

We continue to find drivers traveling far too fast. It's for everyone's safety, especially in inclement weather. Please obey all stop signs as well.

The William Jefferies co.

Lisa Gault
 Phone: 408-202-1959
 Villager Real Estate agent

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Gaultlisa@gmail.com BRE #01194339

Stay in touch with essential developments on Fast Lane!

Because of the rapid and frequent developments in our world that directly affect our community, keeping informed is essential. And now more than ever, it is important to be up on the latest developments in your community. Get those vital updates by signing up for Fast Lane, The Villages email newsletter. It is both quick and easy and you can do it online or over the phone. To sign up or get more information, contact Communications Coordinator Ken Patterson at 408-223-4681; kpatterson@the-villages.com, or on the Villages Resident Portal: resident.thevillagesgcc.com

There are currently six editions of The Fast Lane: Wednesday (general announcements and board-recognized events), Friday (Board and Committee meeting information), Saturday (Maintenance Services), The Clubhouse & Bistro every Monday, The Pro Shop Tuesday, and Community Activities every Thursday.



Proposed Changes to Club Rule 1.14 Golf Facilities

At the January 31, 2023, monthly board meeting, the Board approved for 30-day member notice proposed changes to Rule 1.14 Golf Facilities prior to formal approval consideration at the March 28, 2023, board meeting.

Special note: Prior publications of these proposed changes indicated changes to 9.A, which should have been changes to 8.A. – the language and context of the changes were correct, the error was in the numbering. In addition, publication of the newly added Paragraph 14 to the rule was inadvertently omitted. Both of these errors have been corrected and are hereby published and meet the requirements of the rules changes process and comply with the Board's formal approval consideration date of March 28, 2023.

As earlier published, Rules Committee Chair Frank Langben reports, the purpose of changes to 6.I and 8.A of Rule 1.14 Golf Facilities is to require that two riders be in each golf cart which follows the recommendation of the Villages Golf Committee, the Club Board, and will reduce wear on the golf course and save on maintenance costs.

The second inserted sentence to 8.A gives the Director of Golf the authority to make exceptions, such as a group of three golfers playing in two carts. The third inserted sentence to 8.A allows the Director of Golf to mandate single riders in each cart, if necessary, in the future without changing the rule again.

The purpose of adding Paragraph 14 is at the request of the Club Board Ad Hoc Policy Committee to take the identical language on golf tournament green fees from VGCC Board Policy CPo 312 and add it, instead, to Rule 1.14.

~~Deleted text~~ is shown with strike-through text.

Inserted text is shown with underlined text.

The proposed changes are as follows:

6. Golf Course Rules and Etiquette

I. The Pace of Play guideline at The Villages is 4-hours for 18-Holes and 2-hours for 9-Holes. Golfers are asked to play Ready Golf at all times. ~~Golfers are asked to use individual carts to assist in maintaining pace.~~

8. Golf Carts

~~A. It is recommended, to maximize pace of play, and to maximize the enjoyment of all golfers, that residents play with one rider per cart whenever possible. Residents are permitted to ride together in one cart if they so choose, but must maintain the daily pace of play.~~

A. Residents must play with two riders in each cart. The Director of Golf may grant exceptions. The Director of Golf may require one rider per cart for pandemic or health concerns. Residents must maintain the daily pace of play.

14. Selected Tournament Fees

Resident green fees in effect on the date of the event shall be the authorized green fees charged for resident and guest participants in the following tournaments held in that calendar year.

- Men's Club, Women's 18-Hole Association, Swingers Invitational Tournaments
- Men's Club Home & Home Tournaments
- Team Play – Men's Club NCGA, Women's Valley League, Women's Mid Pen, Women's Silicon Valley League
- Swingers Exchange Day
- WGANC & WNHGA Open Days

Response to the proposed rule changes may be made by one or more of the following methods: 1) Participation in the discussion of the changes at the February 28, and March 28, 2023, board meetings, 2) via e-mail (jmeadows@the-villages.com) with comments sent to the General Manager's office at least seven days prior to the board meetings, or 3) via written comments to the General Manager's office (Business Administration Building A) delivered at least seven days prior to the aforementioned board meetings. Comments already submitted do not have to be resubmitted.

THE CLUBHOUSE

For Information:
408-223-4687

2800 Villages Fairway Drive, San Jose CA 95135

All Clubhouse & Bistro menus can be found at thevillagesgcc.com

WHAT'S COOKING?

theclubhouse@the-villages.com
For **Curbside Grab-and-Go Service**, call in your order at **408-370-8553**. Call again when you get to the Clubhouse curbside and we will bring it out to your vehicle.

To order Curbside Grab and Go, call 408-370-8553

The Clubhouse Curbside service charge is 15 percent. The service charge for the Indoor and Patio Dining is 18 percent.



CLUBHOUSE RESTAURANT & THE BISTRO & BAR AND GRAB & GO ORDERS AVAILABLE

Clubhouse is open for full service

The following details will be in effect at the Clubhouse:

Restaurant Main Dining Room: Reservations are strongly suggested by emailing, calling or making an online reservation. Email: theclubhouse@the-villages.com, Phone: 408-223-4687, Online: clubhouserreservation.com

- **Patio Dining** reservations for the patio are for 6 or more persons.
- **The Bistro alcove** can be reserved for parties of 8 to 10 people.
- **The kitchen will still close at 8 p.m.**, last seating at the Bistro, Patio, curbside takeout and Restaurant main dining room is 7:30 p.m.
- **Bistro Bar closes at 9 p.m. Last call is at 8:30 p.m.**
- Dress code for the main dining room will be enforced. During summer months, dress shorts and dress sandals will be allowed.
- Seating capacity will be at 100 percent.
- Visitors do not have to be accompanied by Villagers to use Clubhouse.
- Credit cards and house charges will be accepted.
- Cash will not be accepted for payment but can be left as a tip.
- Villagers will not have to sign in for indoor seating.

ATTENTION CURBSIDE CUSTOMERS: *New legislation prohibits "Take-out service" from providing any single-use foodware accessories or standard condiments to customers unless they are requested. This is in effect now. Our staff will ask if customers need condiments such as ketchup, etc. or plastic utensils such as forks, etc. when taking orders.*

How does Curbside Grab-and-Go work?

First, call in your order at **408-370-8553**. Call us again when you get to the Clubhouse curbside and we will bring it out to your vehicle. **A 15% Service Charge and Tax will be added to the price.**

Notice for our Curbside customers: *Due to the increased volume of orders at dinner time, we are recommending that you call and place your order between the times of 3 p.m. and 4:30 p.m. We will take your order and coordinate a pick-up time later that evening. While this is not required, it should help alleviate any wait times during the peak dinner time hours of 5 p.m. to 7 p.m.*



Soup of the Day

For the week of 2/27 to 3/5

Monday	February 27	Butternut Squash
Tuesday	February 28	Cream of Broccoli
Wednesday	March 1	Napa Cabbage and Potstickers
Thursday	March 2	French Onion
Friday	March 3	Manhattan Clam Chowder
Saturday	March 4	Chef's Choice
Sunday	March 5	Chef's Choice

Clubhouse Indoor, Patio Dining and Curbside Hours of Operation

STARTING
MARCH 1

Monday

Lunch:
11 a.m. to 2 p.m.
Bistro Menu
2 p.m. to 8 p.m. (last seating)

Tuesday to Friday

Breakfast:
8 a.m. to 11 a.m. (starting March 1)
Lunch:
11 a.m. to 2 p.m.
Bistro Menu:
2 p.m. to 8 p.m. (last seating)
Dinner Menu:
5 p.m. to 8 p.m. (last seating)

Saturday and Sunday

Saturday Breakfast:
7 a.m. to 11 a.m.
Sunday Breakfast:
7 a.m. to 2 p.m.
Lunch:
11 a.m. to 2 p.m.
Bistro Menu:
2 p.m. to 8 p.m. (last seating)
Dinner Menu:
5 p.m. to 8 p.m. (last seating)

Main Dining Room Reservations: Call **408-223-4687**
email theclubhouse@the-villages.com
or online clubhouserreservation.com

To order **Curbside Grab and Go:** Call **408-370-8553**

Bistro Menu 2p-8p

Appetizers

GF Potato Skins \$14.00
Cheddar, Tomatoes, Bacon, Scallions and Sour Cream

Wings 6Pc \$13.95
Celery and Carrots, Ranch Dressing with BBQ, Teriyaki or Buffalo Sauce

V Villages Nacho \$12.95
Tortilla Chips with Cheddar, Jalapenos, Sour Cream, Black Olives Black Beans and Tomatoes Topped with Green onions Add Beef or Chicken \$4

GF Curried Chicken Lettuce Cups \$13.95
Minced Chicken, Water chestnuts, Mushrooms and Green Onions on Butter Lettuce

Breaded Chicken Tenders with Sauce \$10.95
Honey Mustard or Ranch

Fried Green Beans \$8.95

Pacific Rim Chicken Skewers \$13.95
On Grilled Pineapple Wedge with Pineapple Lime Dipping Sauce

Angus Beef Sliders \$12.95
2 Angus Beef with Tomato Relish

Southern Crab Cakes \$13.95
2 Panko Crusted with Cayenne Remoulade

Calamari \$13.95
Lightly Dusted Rings, and Tentacles with Parmesan Parsley

Soup of the Day or Chili Cup \$5.50 Bowl \$7.50

Entrée Caesar Salad \$11.95
Romaine, Cherry Tomatoes, Parmesan, Croutons Add Grilled Tofu \$3, Chicken \$4, Salmon \$6, Prawns \$6

Cobb Salad \$14.25
Mixed Greens, Tomato, Cucumber, Hard boil Egg, Olives, Avocado Bacon and Feta Cheese Add Grilled Tofu \$3, Chicken \$4, Prawns or Salmon \$6

V Asian Salad \$14.25
Cabbage, Carrots, Edamame, Peanuts, Fried Won Ton Skins, Bean Sprouts with Sesame Ginger Dressing Add Grilled Tofu \$3, Chicken \$4, Prawns or Salmon \$6

V Arugula Pear Cranberries Salad \$14.75
with Feta and Candied Walnuts

V Quesadilla \$13.95
Pico de Gallo, Sour Cream, Guacamole, Add Chicken or Beef \$4

V. Asian Stir Fry Vegetables Over Rice \$12.95
Vegetables over Jasmine Rice with Ponzu Sauce Add Grilled Tofu \$3, Beef, Chicken or Bay Shrimp \$4

Fish and Chips \$14.95
Batter Dipped Cod, Tartar Sauce, Fries, Cole Slaw and Malted Vinegar

Street Tacos \$13.95
Tofu, Cod, Beef or Chicken with Cilantro, Onions, Cabbage and Radish with Salsa on mini-Corn Tortillas

Sides By Itself : \$5.50

Potato Salad, Coleslaw, French Fries, Sweet Potato Fries, Garlic Fries, Onion Rings, Fresh Fruit, Small Salad, Cup of Soup or Chili

Sandwiches

Gluten Free Breads Sub \$1.50

Hot Dog with Side \$9.95
Toppings: Onions, Tomatoes & Red Onion Relish. Cheddar Add \$2

Burger with Side \$13.95 Or Impossible Burger with Side \$14.95
Angus Beef with LTO and Side Dish Or Plant Based Meat

Add Avocado, Bacon \$2.50 or Cheese add \$2

Roast Beef French Dip Au Jus with Side \$14.95
Hoagie Loaf with Provolone and Sauteed Onions

Shrimp Roll Sandwich with Side \$16.95
Bay Shrimp, Celery, Green Onions and Dill Aioli

Naan Flatbread Pizzas Red Sauce and Mozzarella

Gluten Free Crust Sub \$2

V Cheese Pizza \$11.95 Pepperoni Pizza \$12.95

V Margarita Pizza \$12.25
Red Sauce, Mozzarella and Tomatoes

Combination Pizza \$14.95
Sausage, Pepperoni, Mushrooms, Onions, & Peppers

V Veggie Pizza \$14.95
Onions, Broccoli, Zucchini, Mushrooms, Peppers Arugula

GF Gluten Free V Vegetarian

Breakfast Menu

Tuesday to Friday 8am to 11am
Saturdays 7am to 11am, Sundays 7am to 2pm

V French Toast \$9.75
Whipped Butter, Maple Syrup, Seasonal Fruits Berries

V Short Stack Pancakes \$9.75
Whipped Butter, Maple Syrup, Seasonal Fruits Berries

V Belgium Waffles \$10.75
Whipped Butter, Maple Syrup, Seasonal Fruit Berries

Bagel BLT and Egg \$10.75
Bacon, Lettuce and Tomato with Cream Cheese

Breakfast Burrito \$10.75
Scrambled Egg, Potatoes, Cheese, Salsa Choice of Bacon or sausage

Montgomery Muffin \$10.25
Scrambled Eggs, Bacon or Sausage, Cheddar Cheese and Fruit

Lox and Bagels \$15.95
Smoke Salmon, Cream Cheese, Red Onions, Egg Whites and Capers

Avocado Sourdough Toast \$12.50
Fried Egg, Bacon, and Tomato

Sides
Egg \$2.75, Breakfast Meats \$4, Hash Browns \$3, Toast \$2

Coffee \$1.95



Starbucks Espresso \$2.50 Extra Shot \$1.50

Starbucks Americano \$2.50

Starbucks Latte/Cappuccino \$3.25

Juice, Milk, or Hot Chocolate \$2.95
Non-Dairy Creamer Available Upon Request

The Villager \$12.95
2 Eggs any style with Sausage, Ham or Bacon. With Hash Brown or Fruit, Choice of Toast Substitute Breakfast meat with NY Steak Add \$12

Three Egg Omelet \$12.95
Choice of Peppers, Mushrooms, Spinach or Tomatoes Ham, Bacon, Sausage, or Cheese, Add. \$3 each, Bay Shrimp \$4.00, Spanish Sauce Add \$.25 Served with Hash Brown or Fruit and Choice of Toast

Skillet Scrambler \$12.95
Choice of Peppers, Mushrooms, Spinach or Tomatoes Ham, Bacon, Sausage, or Cheese, Add. \$3 each, Bay Shrimp \$4, Spanish Sauce Add \$.25 Served with Hash Brown or Fruit and Choice of Toast

Huevos Rancheros \$12.50
Fried Corn Tortillas Topped with Lettuce Tomatoes, Sour Cream, Blacked Beans, Fried Egg and Salsa, Topped with Cotija Cheese

Eggs Benedict \$14.95
2 Poached Eggs, Canadian Bacon over English Muffins with Hollandaise Sauce Served with Choice of Hash Browns or Fruit

Eggs Florentine Benedict \$14.75
Two Poached Eggs, & Spinach, Feta and Tomatoes over English Muffins with Hollandaise Sauce. Served with Choice of Hash Browns or Fruit

Corned Beef Hash and Eggs \$14.95
2 Eggs any style with House Made Seasoned Hash. Served with Hash Brown or Fruit and Choice of Toast

GF Gluten Free Bread Available \$2 Extra

March 1, 2023

Dinner Menu

Tuesday - Sunday 5 p.m. to 8 p.m. Last Order

Starters

Soup of the Day or Chili Cup \$5.50 Bowl \$7.50

Small Caesar Salad \$6.75

Calamari \$13.95
Lightly Dusted Rings and Tentacles with Parmesan Parsley

V Fried Breaded Green Beans \$8.95

Southern Crab Cakes \$13.95
Crusted with Cayenne Remoulade

GF Curried Chicken Lettuce Cups \$13.95
Minced Chestnuts, Mushrooms and Green Onions Butter Lettuce Cups

Pacific Rim Chicken Skewers \$13.95
On Grilled Pineapple Wedge with Pineapple Lime Dipping Sauce

The Lighter Side

Served à la carte

Linguini and Clams \$16.95
White Wine, Butter, Olive Oil, Lemon Juice Parsley

V Cajun Alfredo Penne Pasta \$14.95
Cream Cajun Garlic Sauce, with Sundried tomatoes, Add Chicken or Bay Shrimp \$4,

V Eggplant Parmesan \$16.95
Eggplant breaded in Crispy Panko Crumbs, Layered in Marinara Sauce, Parmesan and Provolone

V Vegetarian GF Gluten Free

Fridays, Saturdays and Sundays Slow Roasted Prime Rib \$39.95
Aged to Perfection with Choice of Sides

Dinner Entrées

Accompanied by 2 Sides
Mashed Potatoes, Saffron Infused Rice Baked Potato with Sour Cream and Chives Or Daily Vegetables Sides

Soup or Salad \$3.95 with Entrees

Rotisserie Half Chicken and Gravy \$26.95

Rotisserie Spice Rubbed Tri Tips \$27.95

Rotisserie Pork Roast \$27.95
With Granny Smith Apple Salsa

Grilled New York Steak \$33.95
Center Cut with Peppercorn Sauce

Villager Meat Loaf \$24.95

Calf Liver and Onions \$26.95
Sautéed Onions and Crispy Bacon Bits

Bacon Wrapped Stuffed Chicken \$26.95
with Spinach, Sundried Tomatoes and Ricotta Topped with Marinara Sauce

Filet of Sole Piccata \$26.95
Flour Dusted with Capers, White Wine, Lemon Butter Sauce

GF Lemon Saffron Salmon \$27.95

Prawns Scampi \$29.95
Lemon Butter Sauce Wilton Scallions

Dessert Menu

\$6.50

Vanilla Crème Brulée with Berries
Creamy Custard Topped with Glazed Caramelized Sugar

Chocolate Salted Caramel Soufflé Cake (Warm)
Chocolate cake with creamy salted caramel center

Tiramisu
Espresso-soaked lady fingers and Mascarpone cream, dusted with cocoa Powder

New Orleans Bourbon Bread Pudding (Warm)
Caramel Toffee Sauce

Apple Torte
Fresh Apples combined with cinnamon butter & brown sugar in a shortbread crust

\$4.95

Flavors of the Day

Sherbet, Ice Cream, Sorbet, Milk Shakes

June 22

Weekly Specials

For the week of 2/27 to 3/5

Lunch Specials:

Monday 2/27 to Sunday 3/5 11 a.m. to 2 p.m.

Linguini Palermo: Linguini, Tomato, Basil and Bay Shrimp in a Garlic Cream Sauce **\$16.95**

Caribbean Chicken Salad: Spinach, Marinated Chicken, Apples, Strawberries, Mandarin Oranges and Candied Walnuts with Raspberry Vinaigrette **\$16.50**

Dinner Specials:

Tuesday 2/28 to Sunday 3/5 5 p.m. to 8 p.m. (Last Seating)

Filet Mignon: Center Cut 8-oz. Filet Mignon with a Bearnaise Sauce with Choice of Sides **Market Price**

Trout Amandine: 8-oz. Idaho Trout with a Lemon Butter Sauce and Toasted Almonds with the Choice of Sides **\$27.95**

Lunch Menu

11am to 2pm

GF Potato Skins \$14.00
Cheddar, Tomatoes, Bacon, Scallions, and Sour Cream

Wings 6Pc \$13.95
With Carrots, Celery, Ranch Dressing
With BBQ, Teriyaki or Buffalo Sauce

Breaded Chicken Tenders with Sauce \$10.95
Honey Mustard or Ranch

Fried Breaded Green Beans \$8.95

Pacific Rim Chicken Skewers \$13.95
On Grilled Pineapple Wedge with Pineapple Lime
Dipping Sauce

GF Curried Chicken Lettuce Cup \$13.95
Minced Chicken, Water chestnuts, Mushrooms and
Green Onions on Butter Lettuce

V Villages Nacho \$12.95
Tortilla Chips with Cheddar, Jalapenos, Sour
Cream, Black Olives Black Beans and Tomatoes
Topped with Green onions
Add Beef or Chicken \$4

Angus Beef Sliders \$12.95
2 Angus Beef with Tomato Relish

Southern Crab Cakes \$13.95
2 Panko Crusted with Cayenne Remoulade

Calamari \$13.95
Lightly Dusted Rings and Tentacles with Parmesan
Parsley

Soup of the Day or Chili Cup \$5.50 Bowl \$7.50

V Lunch 3 Egg Omelet with Fruit \$12.95
Choice of Peppers, Mushrooms, Spinach or Tomatoes.
Choice of Toast
Ham, Bacon, or Cheese Add \$2, Bay Shrimp \$4

GF Entrée Caesar Salad \$11.95
Romaine, Cherry Tomatoes, Parmesan and Croutons
Add Grilled Tofu \$3, Chicken \$4, Salmon \$6, Prawns \$6

V Asian Salad \$14.25
Chopped Cabbage, Carrots, Edamame, Peanuts, Fried
Won Ton Skins, Bean Sprouts with a Sesame Ginger
Dressing. Add Grilled Tofu \$3, Chicken \$4, Prawns \$6

Iceberg Wedge Salad \$12.95
Crisp Wedge with Cherry Tomatoes, Bacon Bits, Chives
and Blue Cheese and Dressing

V Arugula Pear Cranberries Salad \$14.75
with Feta and Candied Walnuts

Cobb Salad \$14.25
Mixed Greens, Tomato, Cucumber, Hard boil Egg,
Olives, Avocado Bacon and Feta Cheese
Add Grilled Tofu \$3, Chicken \$4, Prawns or Salmon \$6

Shrimp Louie \$16.25
Mixed Greens, with Avocados, Tomatoes, Cucumbers,
and Hard-Boiled Egg with 1,000 Island Dressing

Half Stuffed Avocado with Chicken Salad \$14.95
Tomato, Cucumber and Hard Boiled Egg

V Quesadilla \$13.95
Pico de Gallo, Sour Cream Guacamole,
Add Chicken or Beef \$4

Sweet and Sour Chicken Over Rice \$14.95
Pineapples, Red and Green Bell Peppers, Onions

V. Asian Stir Fry Vegetables Over Rice \$12.95
Vegetables over Jasmine Rice with Ponzu Sauce
Add Grilled Tofu \$3, Beef, Chicken or Bay Shrimp \$4

Fish and Chips \$14.95
Batter Dipped Cod, Tartar Sauce, Fries, Cole Slaw and
Malt Vinegar

Street Tacos \$13.95
Grilled Tofu, Cod, Beef or Chicken with Cilantros,
Onions, Cabbage and Radish with Salsa on mini-Corn
Tortillas

V Ralph's Burritos or Bowl (No Tortilla) \$12.95
Cilantro Rice, Black Beans, Lettuce, Pico De Gallo,
Cheddar, and Guacamole, Topped with Spanish Sauce,
and Sour Cream,
With Grilled Tofu \$3, Steak, or Chicken \$ 4

Sandwiches and Such with choice of Sides Included
Gluten Free Breads Sub \$1.50

Sides By Itself \$5.50
Potato Salad, Coleslaw, French Fries, Sweet Potato Fries,
Garlic Fries, Onion Rings, Fresh Fruit, Small Salad, Cup of Soup or Cup of Chili

Hot Dog \$9.95
Toppings: Onions, Tomatoes & Red Onion Relish.
Cheddar add \$2.50

Burger with Side \$13.95 Or
Impossible Burger with Side \$14.95
Angus Beef with LTO and Side Dish Or
Plant Based Meat
Add Avocado, Bacon \$2.50 or Cheese add \$2

Turkey Brie on Focaccia Bread \$15.95
With Cranberry Chutney and Alfalfa Sprouts

Roast Beef French Dip Au Jus \$14.95
Hoagie Loaf with Provolone Cheese, and Sauteed
Onions

Melts Tuna Salad or Patty \$14.95
Grilled Sourdough, Cheddar Cheese Caramelized
Onions

Reuben \$14.95
Grilled Rye, Corned Beef, Sauerkraut, Swiss Cheese,
1000 Island

Shrimp Roll on Hoagie \$16.95
Bay Shrimp, Celery, Green onions and Dill Aioli

Villages BLT Sandwich \$14.95
Bacon, Lettuce and Tomato, Turkey and Avocado
Served on choice of Bread

Open Faced NY Steak Sandwich \$19.50
On Grilled Brioche, Topped with Buttermilk Onion
Strings

Pesto Chicken Sandwich on Focaccia Bread \$15.95
Provolone and Tomato with Alfalfa and Arugula
Sub Grilled Tofu for Chicken \$14.95

Deli Sandwich LTO \$13.50
Choice of Bread, Turkey, Ham, Chicken Salad or
Tuna Salad

½ Deli and Soup or Salad \$12.95

V Veggie Melt \$15.95
Herbed Garlic Aioli, Grilled Veggies, including Bell
Pepper, Zucchini, Onions, and Portabella packed
into Hoagie Roll with Mozzarella Cheese

Naan Flatbread Pizzas All with Red Sauce and Mozzarella

V Cheese Pizza \$11.95 Pepperoni Pizza \$12.95 V Margarita Tomato Pizza \$12.25

Combination Pizza \$14.95
Sausage, Pepperoni, Mushrooms, Onions, & Peppers,

V Veggie Pizza \$14.95
Onions, Broccoli, Zucchini, Mushrooms, Peppers and Arugula

Gluten Free Pizza Crust Available \$ 2.00

GF Gluten Free V Vegetarian
Add or Sub Tofu to Menu Items as Marked

March 2023

Single Diners' Night

Let's Dine Together!

Every Wednesday at The Clubhouse



Shared Table

Bring your favorite wine to share with no corkage!
Free Corkage will be applied with purchase
from the Lighter Side and Dinner Entrees
from the Dinner Menu.

Please make reservations and note: 'Single Diners' Reservation'

Every Wednesday at 5 p.m.

no corkage will be charged...

Wednesdays & Thursdays

Dinner Service Only

Bring your favorite bottle of wine* and your
friends any and every Wednesday or
Thursday at the Clubhouse.
One-bottle limit per two guests

*No Corkage will be charged with purchase from Dinner Menu, Lighter
Side, and Entrée items. One-bottle limit per two guests. Standard size
bottles only.

555

Bistro Happy Hour

\$5 House Cocktails

\$5 House Wines

\$5 Draft Beers 16oz

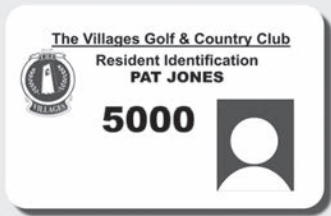
2 to 5 p.m. Tuesday to Sunday

All day on Monday

Prices subject to service charge and tax

ATTENTION CURBSIDE CUSTOMERS: New legislation prohibits "Take-out service" from providing any single-use foodware accessories or standard condiments to customers unless they are requested. This is in effect now. Our staff will ask if customers need condiments such as ketchup, etc. or plastic utensils such as forks, etc. when taking orders.

Please remember to bring your Villages ID Card with you whenever ordering services at the Clubhouse or Curbside Services. This will help us serve you faster and eliminate inaccurate charges. Thank you.



More COMMUNITY NOTICES

EVF's Annual Document Shredding is April 15



It's that time of the year again. Have you gone through all your papers and receipts to file your taxes and discover you have boxes of sensitive documents you now want to have shredded? Once again, the Evergreen Villages Foundation (EVF) is ready to help you out.

On Saturday morning, April 15, from 9 a.m. to 11:15 a.m., a professional shredding truck will be on-site in the Cribari East parking lot. Rather than throw your papers in the trash where prying eyes may see them on their way to the dump, bring them to the EVF event and you can watch them being shredded. You'll drive away confident that your sensitive information is safely destroyed.

The donation is \$10 per box or bag (about 20 pounds) payable on the spot by cash or check only. Please remove color paper, folders, and other heavy material.

Projects such as the shredding event generate funds that go to EVF's General Fund to enhance Village amenities for the benefit and comfort of residents. If you would like to work with the EVF and help to provide enhancements to the Villages lifestyle, go to its website, evfsj.org and become a Sustaining Member. You can do this for as little as \$5 per month. Single one-time donations to the EVF via the website are welcome at any time.

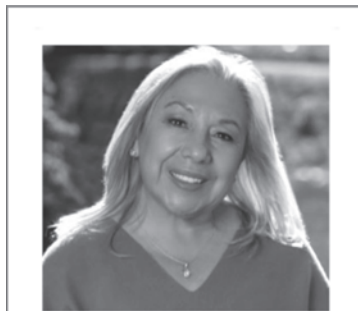
You can also bring by any flags you'd like to retire during the Villages Veteran's Club annual July Fourth flag retirement event at Gazebo Park.

**Attention diners:
We want your opinion!**

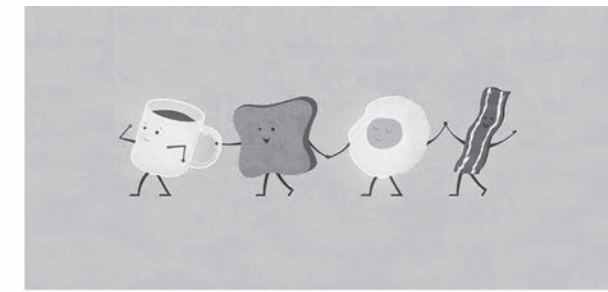
Have you seen the comment cards in the Bistro and Clubhouse? They are available in the main entrance or in your bill folder. The Food and Beverage staff use them to recognize excellence in their employees, to make adjustments to the menu, and to help patrons when things aren't perfect.

Thanks for taking the time to let us know what you think!

Please deposit comments directly to the locked comment card box at the Clubhouse foyer.



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Villages Clubhouse Breakfast
New hours starting
Wednesday March 1, 2023

Tuesday To Friday
8am to 11am

Saturday 7am to 11am

Sunday 7am to 2pm

The Clubhouse

**BUY ONE APPETIZER
 GET ONE FREE**



Appetizer Special!
2 p.m. to 5 p.m.

Monday through Friday

*For a limited time buy one appetizer and receive the second one for free!**

*Item must be of equal or lesser value.
 Service charge and taxes still applied to all items.
 For dine-in customers only.



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COMMUNITY ACTIVITIES

The following events are sponsored by the Community Activities Department. Please telephone 408-223-4643 for additional information.

Building B business hours

The Community Activities office in Building B is open for walk-ins Monday to Friday 8:30 a.m. – noon and from 1 p.m. to 4 p.m.

Survey results are in: Priority Registration

In the recent Community Activities Survey we asked participants to respond “Yes” or “No” to the following: “Currently there is a two-week resident-only priority registration period for all trips, classes, and on-site events sponsored by Community Activities. Based on feedback we are considering changing to a one-week resident-only priority registration period to allow non-resident guests to be registered earlier. Please let us know if you are in favor of this change.” Below you will find the breakdown of responses.

Total Respondents: 133 (119 online surveys and 14 paper surveys)

Respondents Who Skipped this Question: 2

Actual Responses for this Question: 131

Respondents Answering “Yes (the resident priority period would shorten)”: 52 (40%)

Respondents Answering “No (the resident priority period would remain the same)”: 79 (60%)

Based on these results the Community Activities department will not change the current two-week resident-only priority registration period. Please remember, if you choose to sponsor a non-resident guest, you must accompany them to the event or activity. Additionally, if the event or activity is on Villages property the non-resident guest may have to complete a waiver form. Please reach out to Community Activities with any questions. Thank you to all participants in the survey.

Sign up for trip to SF’s Chinatown!

Sign up for our trip to San Francisco’s Chinatown on Thursday, April 13! We will depart from the Cribari East Parking Lot at 7:30 a.m. with an estimated return time of 5:30 p.m. Activity Level: High (mostly walking, some inclines due to terrain).

2023 is the Year of the Rabbit, symbolic of longevity, peace, and prosperity, and hope. We hope you will join us in exploring and celebrating aspects of the Chinese culture. Starting with the iconic Pagoda Gate, Craig Smith will show you the monuments in St Mary’s Square and the cathedral. Next will be a tea tasting at a local tea house where you can discover different brews.

Lunch will be at the Far East Café in Chinatown (since 1920!) in their wonderfully decorated traditional building. The menu is served family-style and includes vegetarian spring rolls, egg fried rice, steak cubes with assorted vegetables, prawns with honey walnuts, vegetarian fried rice, oolong tea/ice water/soda/Perrier, and a fortune cookie for dessert. Residents with any allergies, please contact Community Activities before registering.

After lunch the journey continues through the colorful Street of Painted Balconies and a visit to the Golden Gate Fortune Cookie factory to learn about the cookie making process (and perhaps buy some to take home!). The next stops on the tour will be the Old Chinese Telephone Exchange, built in the style of a traditional temple, and artwork in Portsmouth Square, the “Heart of Chinatown.”

The cost per person is \$120 and includes round trip transportation, escort, guide, and restaurant. Gratuity for driver and guide is included in price, additional tipping is at your discretion.

Register in Building B during business hours. Registration ends Friday, March 10.

Woodshop access is keyless



Woodshop access is now only available by resident ID card, just like the Fitness Center. If you wish to use the woodshop, please make the necessary arrangements to take an online equipment safety review, take an in-person quiz, read, and sign new paperwork and provide proof of ownership of safety glasses, hearing protection, and a dust mask.

The online safety videos are located on The Villages resident portal. Please watch them carefully and review Club Rule 1.20 regarding the Woodshop. You may access them both at

<https://resident.thevillagesgcc.com/facilities/wood-shop-safety-videos>

When finished, please make an appointment with Mary Tatum in Community Activities to complete processing. She can be reached at 408 223-4643 or mtatum@the-villages.com.

Sign up for Beginning Line Dancing with Nanci!

Sign up for Beginning Line Dancing class with our new dance instructor Nanci Pritchard! This six-week class will take place Tuesdays 10 a.m. – 11 a.m. March 14 to April 25 (no class on April 4) in Cribari Auditorium. The fun line dances to traditional and more popular music will introduce you to basic moves and footwork.

The total cost for this six-week class is \$25.50 per resident. Register in Building B during business hours. Registration ends Friday, March 3.

Nanci has been dancing for over 30 years and has been teaching country line dance for the last 20 years. She teaches throughout the Bay Area including some of the largest country nightclub and winery venues. She has enjoyed working with all ages of dancers who have varying levels of experience.



Sign up for trip to see ‘Great Compositions’

Join us on **Wednesday, March 29** as we visit the Ira F. Brilliant Center for Beethoven Studies and the Martha Heasley Cox Center for Steinbeck Studies, which are part of the Dr. Martin Luther King, Jr. Library’s special collections. The former is an extensive library and museum founded in 1985 and devoted solely to the life, works, and accomplishments of Ludwig van Beethoven (1770-1827). The latter, founded in 1973, is a research center dedicated to the author John Steinbeck (1902-1968) and is now the largest archive committed to his work in the world.

We will depart from Cribari East Parking Lot at 12:30 p.m. and return at approximately 4:30 p.m.

Both centers have personal items, historical artifacts, print media and other materials curated from their extensive individual collections on display. In addition to their exhibit the Beethoven Center will provide a demonstration of the historical 18th and 19th century musical instruments– which include a harpsichord, a fortepiano, and a clavichord. Then a member of the Steinbeck Center staff will provide a tour of their exhibit and be available for questions.

Activity Level: Light to moderate activity (elevator to exhibits, seating may not be available).

The cost of \$33.50 per person includes round trip transportation and donation to venues. Space is limited, please register early! Donations to both centers are included in the price; additional donations may be made at your discretion. Gratuity for driver is included in price, additional tipping is at your discretion. Register in Building B during business hours. **Registration ends Friday, February 24.**

After the trip, participants will receive a 10 percent discount at the Clubhouse restaurant. You will need to make a reservation for the main dining room and show your registration receipt to your waiter to claim the discount. This discount does not apply to alcohol and cannot be used with other discounts.

RESIDENT EXCURSION PARTICIPATION GUIDELINES

The Community Activities office offers a wide variety of activities for the enjoyment of the Villages residents. *Please check your personal calendars prior to committing to an event, class or trip. Once registered for an activity, you are respon-*

sible for the cost of the activity. All sales are final.

Registration is limited to residents only for the first two weeks.

Management assumes residents and guests are able to participate in our sponsored

activities independently. We reserve the right to evaluate the participant’s ability to participate based on each individual’s physical abilities and/or demonstrated behaviors. You may always take a caregiver with you to help with your needs.

Employees are not permitted to provide physical assistance to participants. If personal assistance or a wheelchair is needed, the participant must arrange for a caregiver with paid reservation to accompany him/her.

Employees, residents and their guests represent the Villages Golf and Country Club off site. It is expected that all participants will conduct themselves in a dignified, cooperative and congenial manner.

CLUBS & EVENTS

February Art Film: 'At Eternity's Gate'

By Roz Zinns

On Monday, February 27 at 2:30 p.m. in the Cribari Conference

Room, The Villages Arts and Crafts Association will present "At Eternity's Gate." This is a visionary portrait of Vincent Van Gogh's final years. It is a journey inside the world and mind of



a person who, despite skepticism, ridicule and illness, created some of the world's most beloved and stunning works of art. Much of this is based on Van Gogh's letters, but some of this comes from the imagination of the producer, Julian Schnabel and actor, William Defoe.

Some is a jumble of events that present as facts, heresy and moments that are just plain invented. William Defoe is extraordinary in this role. This is like no other film you have seen about Van Gogh.

The run time is approximately two hours with a short break. This event is *free* to all Villagers and their guests.

Opera Lovers to present 'The Magic Flute'



On the first Thursday of the month—March 2 at 1:30 p.m. in **Foothill Center** (note change of venue for 2023)—Opera Lovers, a part of The Villages Music Society, Inc., will present "The Magic Flute" by Wolfgang Amadeus Mozart. This presentation is free and open to all Villagers. For information, call Mary Stradner at 408-887-3293.

Visit VillagesMusicSociety.org for more information.

Mozart's allegorical fairy tale of darkness and light, and finding your way in the world, has charmed audiences and inspired artists for more than 200 years. It takes the form of a "Sing-spiel," including spoken dialogue interspersed throughout. This Metropolitan Opera production features the colorful designs of acclaimed artist David Hockney. His bold colors and vivid images have enchanted audiences and inspired the cast, led by James Levine's conducting.

The story opens in the middle of the action. Tamino (Francisco Araiza), a prince lost in a foreign land, is being pursued by an enormous monster. He is rescued by three mysterious ladies, who kill the monster and give Tamino a picture of Pamina (Kathleen Battle), daughter of the Queen of the Night (Luciana Serra). He falls instantly in love and vows to rescue her from the powerful and evil Sarastro (Kurt Moll), who has captured her.

With the gift of a magic flute and the reluctant assistance of the bird-catcher Papageno (Manfred Hemm), Tamino sets off on his quest. However, he soon discovers that nothing (not even Day and Night) is quite as it first appears...

For your added comfort, you might want to bring a cushion, as this is another longer opera, running two hours and 45 mins. We look forward to seeing you on March 2.

Global Village: Learn benefits of Whole Foods Plant-Based diet

By Liz Adams

Join the Global Village Club in welcoming Mary Mackey, a Villager, who will speak to us about the value of adopting a 100 percent whole foods plant-based diet. We'll meet on March 1 in the Conference Room at Cribari from 7 p.m. to 8:30 p.m. There is no fee to attend and the meeting is in person only. Wearing a mask is encouraged.

Please read Mary's story here and then join us on March 1 for what could turn out to be your new way of taking care of yourself and your body.

My Story by Mary Mackey:

"Skinny doesn't mean healthy!"

I'll never forget my modeling agent saying to me, 'Galanos is coming to San Francisco to show his new collection. Don't eat!' After meeting with the designer in person, I was ecstatic to hear I booked the show. Guess what I couldn't wait to do after the show? *Eat!*

Years later, in Los Angeles when I transitioned into acting, I was so grateful to be a normal size 8 and get to eat again. Then I moved back to the Bay Area to help care for my mom. During that time, I witnessed so much ill health in eldercare centers. I hated seeing my mom suffer so much; I thought to myself, 'There must be a better way to live out our golden years. Could our dietary habits affect our health later in life?' I wanted to find out.

I studied a whole foods plant-based diet and compared it to the Standard American Diet (SAD). Stunningly, there is overwhelming scientific evidence that a whole foods plant-based diet is in fact the healthiest for longevity and for reducing the risk of chronic diseases. Today, there is an ever-growing roster of highly esteemed plant-based doctors leading the way to health and wellness, and they are my teachers.

I'm now on a 100 percent whole foods plant-based diet and feel healthier than I have in decades, and as a Certified Holistic Nutritionist, my goal is to stay healthy and avoid disease through diet and exercise, for myself and for you and your loved ones. Feel free to contact me at mary@mackey.com with questions and/or comments."



Book your tickets for Concert Band's 'Flights of Fancy'

By Pamela Pierson

Explore music evocative of travel and of visits to places rather foreign. On Sunday, March 12, the Villages Concert Band will present its concert, "Flights of Fancy," in Cribari Auditorium at 2:30 p.m. Suites, marches, folk and novelty songs will whisk you away to another place and time.

Buy your tickets in advance to claim your favorite seats as the doors open 30 minutes before the concert. Tickets go on sale in the Cribari Lobby from 10 a.m. to noon on the Saturdays of March 4 and 11 for \$20.

Under the direction of Melson Varsovia, the band's 30 members include 10 scholarship students.

The Villages Concert Band is different and unique. First, band member and alto saxophone player Christy Reid arranged the music for this afternoon's featured piece "La Sabre March" by David Baskerville. In the late 50s at 13 years old, she joined a

unique band that toured Europe in 1961 just before the closing of the Berlin Wall. Second, the band boasts a budding string section including Ken Cole, violin; Sunni Gibbons, cellist; and Mary Dee Dickerson, violin. Third, each musician has a unique story of past and present adventures. Ask Philip Renteria how The Villages Concert Band has brought musical excitement to his life.

This concert's music will take us to far away lands and fanciful fantasies. "The English Folk Song Suite," a concert band standard, is considered one of the great works of the medium, like a Beethoven symphony might be for an orchestra. Much of the music will feature solo passages in the brass section. For fantasy, listen to "Zeus: King of the Gods" by Rob Romeyn, and then smile to the tunes of "Oklahoma!" by Richard Rogers and then maybe onto "Chicago" by Fred Ebb and John Kander.

Interested in the band? Join them next month starting Tuesday, March 21, from 7-9 p.m. in Cribari Auditorium, Contact Philip Renteria at pwrax@comcast.net for information.



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More CLUBS

Technology Explorers to discuss 'The Bright and Dark Sides of ChatGPT: A Balancing Act'



If you want to know "what is ChatGPT?", here is its answer: ChatGPT is a computer program that can understand and respond to human language. It uses advanced technology called "artificial intelligence" to understand

what you say and generate appropriate responses. Think of it like a very advanced version of a search engine, but instead of just finding web pages, it can have a conversation with you.

Come to Senior Academy's Technology Explorers meeting, via Zoom, on Monday, March 6, at 1:30 p.m. to learn about this controversial tool that is already having a very significant impact after less than 3 months since its introduction. You may be able to have it answer one of your questions. Register for this event at VillagesSA.org.

How can older adults benefit by using ChatGPT? Older adults can benefit from using ChatGPT in several ways, including:

- Assistance with writing and communication: ChatGPT can assist with writing emails, letters, and other forms of communication, making it easier for an older individual to stay in touch with friends and family.
- Educational resources: ChatGPT can provide information and resources on a wide range of topics, making it a valuable tool for lifelong learning and personal growth.
- Reminiscence therapy: Using ChatGPT to generate stories and prompts can be a helpful tool for reminiscence therapy, which can improve cognitive function and overall well-being for older adults.
- Entertainment: ChatGPT can generate jokes, trivia, and other forms of entertainment, providing a fun and engaging way for an older individual to pass the time.
- Safety and security: ChatGPT can provide information on safety and security, such as emergency contacts, and can help older adults to stay informed about potential hazards and how to stay safe.

Hiking Club: Completing Santa Clara County's Magnificent 7 Hikes



PixInParks is a hiking experience created by the Santa Clara County Parks in order to get our residents to experience the varied terrain and spectacular vistas that our county has to offer. It started out six years ago through the selection of seven listed trails in seven different parks. Hence, the name, "The Magnificent 7." The incentive was the #PixInParks Challenge. The challenge is to hike all seven before the end of the year, take a "selfie" at a particular location at each park, and then claim the unique T-Shirt or Bandana for that particular year. This has taken place every year; but this year's is titled "The Magnificent 7 Grand Finale."

So if anyone is interested in completing the last of the Magnificent 7 hikes, now is the time to start. Those wanting more information may Google #PixInParks 2023. Al Girolami, a Villages Hiking Club Past President has done all six and intends to complete the final 7 before December 15, 2023. (See photo of his T-Shirt collection.) He would enjoy having any Villager accompanying him on his quest. If you are interested, please email him at alveragiro@yahoo.com and he will notify everyone on the list by email at least two weeks before each of his intended hikes. So as not to conflict with the current Hiking Club scheduled hikes, his hikes will be on Tuesdays or Thursdays starting at 9 a.m. at the Cribari Bell for possible carpooling. The first hike will likely take place in March.

This year's hikes are at the following parks: Almaden Quicksilver, Coyote Lake/ Harvey Bear, Grant, Sandborn, Santa Teresa, and Vasona. The hikes are rated easy to moderate with the longest at 6.1 miles; three are less than 2 miles, and three are under 4.4.

Enjoy our beautiful Santa Clara County Parks!

Please join us for a Jewish Group event

Mask-R-Ade: A Purim Party

Sunday, March 5 at 5 p.m. at Foothill Center

All Dairy Potluck

Last name A to K: Desserts or appetizers or bagels/bread

Last name L to Z: Dairy items such as salads (tuna fish, egg salad, whitefish salad, cheese platter, herring, etc.)

Bring a beverage, which can be wine. Decaf coffee will be provided.

Come in costume if you'd like. Or decorate your Covid mask or any mask.

(Decoration materials will be provided.)

Plus, much more!

In loving memory of Janet Truman and Joyce Mendel.

For more information, please call Judy London at 408-784-3325

Sierra Club's Lisa Barboza to speak at Hiking Club meeting

Since 1892, the Sierra Club has led the way in saving forests, rivers, prairie lands, lakes and other natural habitat—and the animals and plants that depend on these special places. "Explore, Enjoy, Protect the Planet" is their mission.

The Villages Hiking Club's February meeting program will feature a presentation about Sierra Club's Impact on the South Bay by Lisa Barboza. After a long career as a Silicon Valley executive, Lisa Barboza serves as the Outings Chair for the Sierra Club's Loma Prieta chapter. She has climbed thousands of mountains all over the world, in the Americas, Eurasia, Africa and Australasia. She also serves on the Executive Committee of the Loma Prieta Chapter. She is a naturalist with knowledge of wildlife, geology, botany, and ecology.

She brings a wealth of knowledge and passion and will share with us Sierra Club's past, current and future conservation efforts in the South Bay, activities of the chapter and a few pictures from her adventures. The program will follow a short business meeting and a break for socializing with snacks and beverages.

The meeting will be held at the Foothill Center on Monday, February 27 at 7:30 p.m. The meeting is free and all Villagers are welcome to attend.



Friends of San Jose State Luncheon Spring Fling Celebration
March 22, 2023
from 12 p.m. - 2 p.m.
Fairway Room



Lunch Selections Include:

Avocado and Turkey on Croissant,
Apple and Chicken Salad on Croissant,
Or Albacore Tuna on French Roll.

Selections include Fruit Cup, Coffee, Iced Tea and Lemonade, and Brownie Dessert

\$30 inclusive charged to your house number. Your outside guests should also be charged to your house number.

RSVP to Sally Dubbin with the number in your party and their menu selections to SallyDubbin@gmail.com or 408-531-9066



Tai Chi Club welcomes Spring

We are pleased to announce that Tai Chi will be moving back outside to the Cribari Patio on Thursday, March 2. Our regular meeting times will remain the same: Tuesdays and Thursdays from 8:30 a.m. to 9:30 a.m. Join us to improve your balance and coordination through mindful movements. If you have any questions, please text (408) 712-3470.

RSVP for Highland's Paddy Party!

If you're new to Village Highland or an old timer, mark your calendar for Monday, March 13. It's the first social event of the year for Highland Village and we're celebrating with a St. Patrick's Paddy Party. Lots of baked potatoes and toppings to make your potato just the way you like it. Toppings include chili, sour cream, butter, chives, bacon bits and add a salad and dessert to complete your meal.

It will be held at Foothill Center from 5 p.m. to 7:30 p.m. It's BYOB (Board approved) and water will be provided. The cost is \$17 per person, charged to your house number. Registration closes March 3. RSVP to either lindaeige@gmail.com or call Linda at 408-930-0771. Wear something green and share a "clean" limerick or a story of an adventure to the Emerald Isle. Remember it's March 13!



Colleen Mirassou to present at Arts & Crafts meeting

By Barbara Gottesman

Colleen Mirassou will display and discuss her 3-D art called "Assemblage" at the regular Monthly Membership Meeting of Arts & Crafts on Monday, March 6, in Cribari Conference Room at 1:45 pm.

Colleen's unusual approach to sculptural art includes materials she has found such as a bird's nest, hundreds of acorns stored by squirrels in her chimney piece and other unusual materials. She has a life-sized torso of Frida Kahlo mounted on chicken wire.

Colleen's roots are deep in San Jose where her family operated Mirassou Winery, but she moved to Los Angeles as an adult. Her Assemblage artwork blossomed there as part of a group which experimented with new materials. She moved back and now lives in The Villages where she is an active member of Arts & Crafts. She exhibits at Art Bias in San Carlos where she has her studio. A recognized collage master, she has also taught mask-making for Villagers and plans to do another class in the fall.

The order of business for the March 6 meeting includes short announcements by President Jan Alleman, Colleen's presentation, and, after the presentation, Art in the Park contracts by Diane Finley and her team.

You may also view the entries in our Annual Members Juried Show which will be mounted on two walls.



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More CLUBS

Afternoon Bingo is back!



March is coming in like a lion and with it blows in another VMA afternoon bingo! Be there on Wednesday, March 1 at 3 p.m. in Cribari Auditorium. Come for complimentary treats, coffee, and a chance to yell “Bingo”!

Cards cost \$1 each or 6 for \$5. All money is awarded to winners. The VMA offers Bingo as a free service to all Villagers. Don't miss your chance to be a winner, Join in on the fun! See you there.

It's time for VMA's Lunch Buddies!

Come meet some new friends, see those you've become friendly with over time. Share what you've been doing as we boldly march into 2023. Get out and about... Tell a joke... Smile... Life is good!



Join us in the Clubhouse on **Wednesday, March 15** at 11:30 a.m. for lunch—a half sandwich, a small salad or a cup of soup, lemonade, iced or hot tea or a cup of coffee, and a scoop of ice cream. Lunch is still \$11, which will be charged to your house account.

Make your reservation no later than March 13 by calling the VMA Office at 408 238-4230. Don't forget to let us know if you need transportation, and if so, a VMA volunteer will call you to arrange your ride to and from the Clubhouse.

See you on March 15 at 11:30 a.m. in the Clubhouse!

Republican Club Second Annual St. Patrick's Day

General Meeting Celebration

Save The Date—March 17, 2023

Clubhouse Fairway Room, 5:30 p.m. — 9 p.m.

Menu: Corned Beef & Cabbage with Potatoes and Carrots (\$40 inclusive)

Or **Eggplant Parmesan** (\$30 inclusive)

Butter Lettuce & Mandarin Orange Salad with Creamy Balsamic or Raspberry Vinaigrette • Clubhouse Rolls and Butter • Dessert Station • Coffee and Tea Station • No Host Bar

RSVP by March 12 to Jean Corrigan at 408-223-8676 or email jeanmcorrigan36@gmail.com. Be sure to specify your entrée. More details to follow.



Save date for Crafters Club Spring Boutique

By Diane Goodrich, Crafters Club Secretary

As we get ready to welcome the warmth of the spring sunshine in March, the Boutique crafters are creating new and exciting merchandise – just for you.

In a month—on Saturday, March 25 from 10 a.m. – 2 p.m., the Boutique will be holding its first Boutique event of the year. Once again coffee and cookies will be offered as you browse the beautiful treasures throughout the Cribari center. All of our vendors look forward to seeing you there!



Senior Academy: Great Decisions is back—share your views on foreign policy

Foreign policy decisions are made daily around the world. These decisions are the basis for global action that secure, change and challenge our world.

Join Senior Academy in its Great Decisions four-part program during weekly sessions to learn about and discuss some decisions on these current topics of intense interest on the following dates:

- Energy Geopolitics – March 21
- War Crimes – March 28
- Global Famine – April 3
- Iran at a Crossroads – April 17

These are evening sessions from 7 p.m. to 9 p.m. to ensure accessibility to the greatest number of residents. Registration is required and entitles you to all four sessions, and while we encourage participation in all sessions, attendance at all of them is not mandatory.

Great Decisions, a program of the Foreign Policy Association since 1954, is a catalyst for developing awareness, understanding and informed opinions on U.S. Policy and global issues. It's *not* a debate nor is it an opportunity to change political views. Rather, it is a forum to gain knowledge and awareness. It involves minimal background reading, a film, and discussion during two-hour meetings. There is a \$35 fee for materials.

The registration deadline is **March 7** to provide sufficient time for participants to get their reading materials and prepare for the class. Register at VillagesSA.org or by contacting Susan Dooley at 408-528-8881. If responding by phone, please provide the name and date of the event, your name and email address. Remember! Registration closes March 7. Sessions are facilitated by Senior Academy Board members. Further information on this program can be found at www.fpa.org/great_decisions.



Join the fun at Game Night!



Have fun! Greet old friends! Meet new friends! Play some games and enjoy some delicious snacks! Please join the Hiking Club on Thursday, March 9 for our fantastic Game Night at Foothill Center beginning at 6:30 p.m. Members and guests are asked to bring their favorite board or card game(s) to play with their tablemates.

Snacks and beverages will be provided. If you wish, bring an “adult” or other beverage of your choice. As always, to save the environment, bringing your own cup or glass from home is appreciated.

No RSVP necessary. Hope to see you there!

Cribari's '50s Sock Hop!

Saturday, March 11, 4 p.m.-8 p.m.

What: 1950s style SOCK HOP

When: Saturday, March 11

Where: Cribari Auditorium

Dress: '50s costumes are encouraged – poodle skirts, leather jackets?

Bring: A snack/dessert Potluck. Everyone coming needs to bring an appetizer, salad, or dessert with enough to share with 5-6 others.

Provided: The DAC will provide Costco Pizza, sodas and water.

Music: Ed Knott will play awesome music for dancing

Cost: \$8 per person, billed to home, no cash

RSVP by March 9: Email the Names/Address/Number of People Attending to cribaridac@gmail.com or leave a message with this information at **669-777-5859**.
Springtime is the time for fun and friendship – see you at the Sock Hop!



Bee Social at the Montgomery Ladies luncheon

Saturday, March 18, 2023, 11:30 a.m. - 2:30 p.m.

Clubhouse Fairway Room

\$32 per person. One guest welcome per Montgomery resident

Choice of:

Vegetarian Quiche and Fruit, or Chicken Crepes, Rice and Vegetables. Mixed Green Salad, Rolls, Dessert Complimentary Mimosa

Beekeeper Steve Demkowski will give a honey of a presentation on the world of bees. As the owner of a 217-acre bee sanctuary in Morgan Hill, Steve is not your typical beekeeper. You will be thoroughly captivated and impressed by this unique environmentalist as he shares his passion and knowledge of bees.

RSVP with entree choice by March 13 to Celia Schiffner at montgomeryvillagefun@gmail.com or 631-678-7109. Include names of all attendees, house number (for payment), and phone number. No refunds after March 13.



FROM THE VILLAGES LIBRARY

The Villages Library is open Monday through Friday, 9 a.m. to 3 p.m., and Saturday 9 a.m. to 1 p.m.

By Sherle Frost

“The Extraordinary Life of an Ordinary Man” by Stewart Stern: In 1986, Paul Newman and his closest friend, screenwriter Stewart Stern, began an extraordinary project. Stuart was to compile an oral history, to have Newman’s family and friends and those who worked closely with him, talk about the actor’s life. And then Newman would work with Stewart and give his side of the story. The only stipulation was that anyone who spoke on the record had to be completely honest. That same stipulation applied to Newman himself. The project lasted five years. The result is an extraordinary memoir, culled from thousands of pages of transcripts. Newman’s voice is powerful, sometimes funny, sometimes painful, always meeting that high standard of searing honesty. The additional voices—from childhood friends and Navy buddies, from family members and film and theater collaborators such as Tom Cruise, George Roy Hill, Martin Ritt, and John Huston—that run throughout add richness and color and context to the story Newman is telling. Newman’s often traumatic childhood is brilliantly detailed. He talks about his teenage insecurities, his early failures with women, his rise to stardom, his early rivals (Marlon Brando and James Dean), his first marriage, his drinking, his philanthropy, the death of his son Scott, his strong desire for his daughters to know and understand the truth about their father. Perhaps the most moving material in the book centers around his relationship with Joanne Woodward—their love for each other, his dependence on her, the way she shaped him intellectually, emotionally and sexually. The book is insightful, revealing, and surprising. 920 Biography, Paul Newman, 2022.

“Murder on Madison Square (Gaslight Mystery #25)” by Victoria Thompson: Former policeman Frank Malloy is frustrated when a woman requests his private detective services to implicate her wealthy husband in adultery, the only legal grounds for divorce in New York state. Although Mrs. Bing seems genuinely distressed about her marriage and desperate to end it, she refuses to tell Frank the reason she absolutely must divorce her husband and admits she has no legal grounds. Frank explains he won’t manufacture evidence for her and sends her on her way. The following week, Frank and Sarah happen to be attending the first ever auto show in Madison Square Garden when they meet the woman’s husband, Alfred Bing, who has invested in a company that produces one of the electric motorcars on display. A few days later, the newspapers report that millionaire Alvin Bing has been found dead, pinned beneath one of the wheels of his very own motorcar. But who was driving it? The obvious suspect is Mrs. Bing, but Frank and Sarah find that nothing is as it seems in their puzzling, dangerous search for truth. Mystery, 2022.

“An Extravagant Life: An Autobiography Incorporating Blue Water, Green Skipper” by Stuart Woods: Over the last 40 years, Stuart Woods has written more than 90 novels of suspense and intrigue, beginning with the award-winning “Chiefs.” Featuring iconic crime-fighting and jet-setting leads, the plots are masterfully conceived and wonderfully escapist. What many readers don’t know is that Woods’ very own life was filled with similar stories of adventure. Born in Georgia, Woods worked in advertising in New York, served in the US Air Force, and had a short stint as an advance man. At the age of 37, he found himself in a transatlantic sailing race, and pursued writing as a full-time career shortly thereafter. Along the way, Woods has lived all over the world, from New York to London, Santa Fe to Ireland. Incorporating his iconic sailing memoir “Blue Water, Green Skipper”, this is the story of a life well-lived, and a special inside look into the beloved author’s many exploits. 920 Autobiography, Stuart Woods, 2022

Soccer coach Jerry Smith to speak at VMSFC meeting

On Tuesday, March 7, coach Jerry Smith of the Santa Clara women’s soccer program will be the speaker at the Villages Men’s Fun Social Club.

In his 37th year of Santa Clara soccer, Jerry is one of three coaches in NCAA Division 1 history with more than 500 career wins. He has led the program to 32 NCAA Tournaments, 12 College Cups, and 13 West Coast Conference titles. He led Santa Clara to the 2001 and 2020 NCAA National Championships. Jerry has compiled a record of 534-174-70, coaching 47 players who earned All-America nods, and 16 competing on the U.S. National Team. He saw seven of his former student-athletes (Brandi Chastain ’91, Aly Wagner ’02, Leslie Osborne ’05, Marian Dalmy ’07, Chioma Igwe ’08, Brittany Klein ’08, Meagan McCray ’09) named to rosters in the 2008 inaugural season of Women’s Professional Soccer League.

The 2001 National Championship team led the nation in scoring offense and won the Championship by defeating perennial power North Carolina 1-0. The team included four-time All American Danielle Slaton and Honda Player of the year Aly Wagner. Both Danielle and Aly are from San Jose, and they started their outstanding soccer careers for the Presentation High School women’s soccer team.

Smith began his coaching career at his alma mater, Homestead High School in Sunnyvale. He resides in San Jose with his wife (former U.S. National Team member Brandi Chastain) and two sons.

Plan on attending this exciting presentation to hear more about Jerry’s fascinating soccer background. Lunch reservations are required per the computer system referenced in the monthly Social Club newsletter. Guests are invited to attend and should arrive at the Clubhouse at 12:30 p.m.

Join the Dog Club for spring events!

Join the Dog Club members on March 4 at Evergreen Park at 10 a.m. We’ll play Dog Trivia games and have prizes. Bring your own snacks and drinks. Parking available at Community Center.

Save the date of April 1, 2023, for our **Spring Fling Luncheon**. Tickets for luncheon and silent auction \$20. Contact Bonnie Taylor at 406-581-6122 or Taylorbonnie62@gmail.com



WHAT’S HAPPENING IN ARTS & CRAFTS

All Villagers are invited to participate in Arts and Crafts Activities. Visit villagesartsandcrafts.org **Ceramics Room** has open studio days for approved members only. For hours and ceramics class info, visit villagesceramics.com

February 23: Reception for Juried Show Artists and Friends, Thursday, 1:30 p.m. – 3:30 p.m., Cribari Conference Room. All Villagers are invited.

February 27: Free Art Film, Van Gogh “At Eternity’s Gate.” Monday, 2:30 p.m. in Cribari Conference Room. Host Roz Zinns.

March 6: Monthly Membership Meeting and Art Discussion. 1:45 p.m. in Cribari Conference Room. Colleen Mirassou will display and discuss her 3-D assemblage artwork.

March 16 – April 6: Beginning Drawing with Ciel Duke. Mondays, 10:30 a.m. – 12:30 p.m. \$110. All materials furnished. Register early at barb.gottesman@gmail.com or sign up for all four of her classes.

Ceramics Room has open studio days for approved members only. For Open Studio hours and new classes, go to villagesceramics.com

Stitchery Group on Mondays: Patio Room from 1 – 3 p.m. Call Roberta at 408-218-8372.

HIKING CLUB SCHEDULE

Bring water, snacks, poles, and lunch, as necessary. Wear layer clothing appropriate to the current weather. In addition to scheduled hikes, the following hikes occur regularly: **Every Wednesday and Saturday** – Villages hill hike with Russ Glines at 8:30 a.m. from Foothill Center. **Every Monday** – at Clubhouse parking lot, meet at 8:20 a.m., leave at 8:30 a.m. to walk around golf course with Terri Vivoli and/or Cheryl Allmen.

Rambler Hike March 1: Bob Bogdanoff (408-834-9657) and Gordon Carbonetti (425-442-7743) will lead a hike at Rancho Cañada del Oro Open Space Preserve. We’ll park in the parking lot at 4289 Casa Loma Road and then hike the Mayfair Ranch Trail. It is a moderately challenging 4.2 mile loop trail with a 731 ft. elevation change. We’ll see amazing views of nearby Loma Prieta, the highest peak in the Santa Cruz Mountains and follow trails that wind through native grasslands, oak woodlands, sage-chaparral scrub and creekside habitats. Drive time is 29 minutes with a roundtrip distance of 34 miles. Meet at Cribari at 9 a.m. and depart at 9:10.

Rambler Lite Hike March 1: Katy Peretti (408-531-0917) will lead a hike to Evergreen Community College. We’ll walk to the new additions to the college and around the lake. Meet at the parking lot next to the Villages security gate at 9:30.

Rambler Hike March 8: Johanna and Wate Bakker will lead a hike in Almaden Quicksilver Park. We will start at the Mockingbird entrance and take the New Almaden trail to Buena Vista trail, to the Randol trail to the picnic area and then back up on Hacienda trail. Total of 4 miles, with nice views and an elevation difference from 500 to 1000 feet. We’ll meet at Cribari at 8:45 a.m. for a 9 a.m. departure. Bring snacks/lunch, hiking poles, jacket and water. For more info call the Bakkers at 408-223-2190.

SPORTS NEWS

SWINGERS

By Nancy Carson

I was hoping to get some pictures of our golfers today, dressed in red, with hearts and valentines, but instead, I found 67 ladies all bundled up on one of the coldest days of the year. But they persevered. So congratulations to the winners of the Lovefest Cha Cha Cha!

Jane Smith had a birdie on #3! Chip in quarters will be divided between Mazie Rice, on #8, Diane Chasson, on #15 and Valerie Dimmick, #2. Worth going out in the cold.



Valerie Dimmick

Looking ahead, March 14 will be a fun Saint Patrick's Day tournament and our first general meeting and lunch.

Pictured is Valerie Dimmick, this year's Invitational Chairman. The date is June 13 and we will pay homage to the birthplace of the game we love so much. St Andrews Golf Course is believed to be the first golf course ever established, so the Swingers and their guests will celebrate golf, Gaelic music, bagpipes,

and a visit to the pub, in the Swingers "Plaids and Pars in the Highlands."

TENNIS TALK

'The Prescott'

By Mitzi Macon

I hope you all enjoyed Betty Olsen's recent articles on the Phil Prescott story, as I did...Can you imagine our club today, unifying in such an amazing way? As the past VP during the campaign, Phyllis Mueller, shared, "It was an exciting time!" Sharing knowledge and history is a great reminder of the important contributions, tennis members have made to this wonderful club.

It's a privilege to be part of the organization Phil supported and this year's Chair of "The Prescott." The Villages Medical Auxiliary (VMA) has been the recipient of funds raised through this tournament each year.

Current members get to carry on the tradition of honoring Phil, and supporting the VMA, by participating in the first club event of the year. March 18 should already be on your calendar, yes?

Jay Desai and I are still working on the format for the Prescott, but for sure, all levels of players are encouraged to participate. **Fun** will be the mantra of the day!

Traditions such as "The Prescott," help us honor the past, celebrate the present and create a remembrance for future Tennis Club members.

Let me hear your "yes, sign me up" via mitzimacon@yahoo.com or 408-605-8134.

18-HOLE WOMEN

18 Hole Sweethearts!

By Diana Hallock



Winning Teams (left to right) Inge, Jean, Joyce, Edie, Gloria, Emily, Marky and Helen (not pictured)

Landry, Emily Li, Marky Olsen and Helen Paris (Flight One, 130 net) and Edie Herbst, Inge McQuiddy, Joyce Mukuno and Jean Shimada (Flight Two, 126 net). Birdies were abundant! Janet Gonzales Hole 11, Kathleen Holt Hole 2, Vicki Krattli Holes 5, 11 & 15, Kathy Kyne Hole 18, Holly Magowan Hole 6, Inge McQuiddy Hole 15, Helen Paris Hole 2, Monica Saneholtz Holes 3, 4 & 15, Mayo Shigemoto Hole 15, Lyn Strong Hole 8, Helen Varenkamp Holes 2, 4 & 18, Geri Wilk, Hole 7, and Renee Woolard Hole 18. Chip-ins were earned by Phyllis Mueller, Lyn Strong and Dianne Doughty. The individual winners of the day were Debbie Moore with a low net 68 and Monica Saneholtz with low gross of 79. With tables covered in hearts and candy to greet us at lunch, it was a sweet, sweet day!

Upcoming events include our General Meeting on March 2 which will also be the day Patti Bell will reveal the Invitational Theme, and our St Patrick's Charity Event supporting the Alzheimer's Association on March 16. Corned beef and cabbage will be a featured lunch selection so be sure to sign up in advance if you want a corned beef and cabbage lunch.

Freezing cold temperatures couldn't keep our ladies away from the Valentines Cha-Cha-Cha tournament planned by Play Day directors, Mazie Rice and Kerry Besmehn. From the #2 tee boxes, teams of four had to get the best team score possible using 1, 2 or 3 shots on each hole. It was a really fun format with amazing results. Closest to the Hole on Hole 4 was Monica Saneholtz at 2'11" and Janet Gonzales on Hole 11 at 13"...and yes, they both sank the putts! The winning teams were Gloria



Play Day Directors Kerry Besmehn and Mazie Rice

BOCCE NEWS

By Barbara Orlando

A big thank you to Social Director, Wendy Ledamun and her team of volunteers, who made the Palentine Day Event at Cribari a very successful evening. A great time was had by all those who attended.

Boot Camp has come to completion. Congratulations to the winners of the Beginner's Tournament which was held on Monday, February 20, instead of the 22nd due to rain. Next week we will have photos and more information on the first and second place teams. A special thank you to Helen Paris for coordinating the camp this year. It took many volunteers to help with instruction, referee, check in and those who assisted in any way they were needed. Boot Camp ended with a lovely lunch, served by the Bocce Club's social team which culminates this year's Boot Camp.

Members are excited for the bocce season's Spring Mixer tournament to begin. There is a **Captains Meeting** today, Friday at Montgomery Center, on February 24 at 1 p.m. for captains to pick up your folders and receive details needed to begin the tournament. The Mixer starts on Monday, March 13 and continues for six weeks of play, on the seventh week the playoffs and Championship game will take place for those teams qualifying.

For those who are new to bocce, making all your practice time with your team is important and helpful. Starting anything new, is always a challenge, trying to remember instructions and rules. Everyone playing any sport has experienced this feeling but persevere, it does become second nature the more you play. It's fun, social and as competitive as you want it to be. So, get out there and have fun learning and playing the sport of bocce!

Reminder: Bash starts next Friday, March 3 from 3 to 5 p.m. All Villages residents are welcome, you needn't be a member to attend. When you arrive, sign up for casual bocce play. Please bring along a snack to share if you want to eat! Courts are ADA compliant, with bathrooms adjacent to Gazebo Park.

Did you know? The pallino is always put in the red ball bag, when finished playing.



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Golf Cart Yellow Lines Initiative

As part of the Villages continuing Culture of Care initiative for our 18-Hole golf course, in January of 2023 we began the installation of yellow ground paint lines in front of the green complexes to clearly define the 30-foot golf cart restriction area at each green as prescribed in Golf Rule 1.14 Section 8-J:

8-J. Carts are to be kept on the cart path around all green complexes and teeing grounds. Carts must be kept a minimum of 30-feet from the green apron and are not permitted within the perimeter of greenside bunkers.

The yellow lines will take the place of stakes and ropes and serve as a visual reference point defining where golf carts cannot advance any closer to the green apron according to the 30-foot perimeter mandate in Rule 1.14, Section 8-J.

The former use of stakes and ropes for this purpose proved to be a challenge due to the following factors: Visually and aesthetically unappealing - Unsightly

Physical hindrance to golf shots – Formed an obstruction for advancing golf balls
Labor intensive – stakes and ropes were constantly moved, removed, and knocked down
Expense – the cost of attaining enough stakes and rope for each hole is very high

The yellow ground lines will serve as a better option than stakes and roping for the following reasons: Less Obtrusive – yellow ground lines will not create an above ground obstruction to golf shots approaching the green

Aesthetically Subtle – yellow ground lines will be more visually appealing than above ground stakes and roping

Permanence – yellow ground lines cannot be moved, knocked over or completely removed

It is important for the condition of the green complexes and associated turf to keep cart traffic a minimum of 30-feet from each green apron and outside the perimeter of the greenside bunkers. Cart traffic allowed too close to the greens damages turf, creates unsightly tire ruts and results in unfavorable playing conditions as the turf becomes thin, compacted, compressed and, in some cases, permanently damaged.



The golf course yellow lines

MEN'S GOLF CLUB



By Doug Moore, douglas.moore865@gmail.com

Upcoming Events

2023 Men's 18 Hole Golf Club Member/ Member—The next tournament in the queue will be the 2023 Member /Member. This is scheduled for the 10th, 11th, and 12th of March. The Two Man Team signups are limited to the first 48 teams. If you want to participate in this event you must sign up in the Pro Shop in person. This always fills up and continues to be one of the favorite events of the year.

April 8 - Spring Open - Team Play, Stableford, 4-Man, 2BB, Flighted

May 13 - Memorial Day – Four-man teams, 2 BB net of 4; Flighted

2023 Evergreen Invitational: This year's Evergreen Invitational scheduled for July 13-14. This is a MGC Major; so plan accordingly to be there for the fun and festivities! Also, should you know a club member who may be interested in helping out,

please direct them to Bill Morefield The Evergreen Chairman at bill_morefield@yahoo.com. There are a number of holes still to be filled and new members are always welcome.

MGC E-mails—Are you receiving notification emails from the Men's 18 Hole Golf Club? If not, there is a simple fix. You may have accidentally unsubscribed from the scheduled emails. Please just let me know if you think you are one of those and I will send you an email to reconfirm you and get you back on track.

Remember if you record a Hole In One, an Eagle, or if you Shoot Your Age, please notify **Donald Chaisson** at dachaisson@comcast.net. We want to



make sure to get you posted in the Villager and on the Men's Club website.

Executive Committee Meeting: The Men's Golf Club Executive Committee meets the first Tuesday of the month at 8:30 a.m. in the **Montgomery Center**. The next meeting will be March 7, 2023.

Also, remember to visit our website at **villagesgolfers.com** for the latest Men's Golf Club information.

Adopt-A-Green Initiative

At The Villages we pride ourselves in maintaining excellent golf course playing conditions. And the greens are a major focus of course conditions.

Toward that end, in January we are starting an "Adopt a Green" initiative for all resident golfers as a part of our continuing Culture of Care initiative.

The premise is simple – each resident golfer will be assigned a green(s) according to the first letter of their surname. Whenever you play, you will be asked to repair as many ball marks as possible on the green(s) to which you are assigned.

And remember to always repair your personal ball marks on every green played as well.

We encourage you to start repairing your assigned green(s) as soon as possible.

We thank you for your efforts...This will make golf at The Villages more enjoyable for all!

Surname	Hole #	Surname	Hole #
A	1 & 4	L	12
B	2	M-Mc	9 & 17
C	3 & 15	N	8 & 11
D	1 & 4	O	8 & 11
E	2	P	12
F	5 & 6	Q	13 & 16
G	5 & 6	R	14
H	7	S	13 & 16
I	1 & 4	T	14
J	8 & 11	U	15
K	10	V,W,X,Y,Z	18

SHONIS

By Betty Hall

Valentine's Day golf was on a very blustery, cold Tuesday but 19 Shonis still showed up for the morning. We are really looking forward to warmer golfing weather.

Birdies galore last Tuesday. Five Shonis had five birdies on five different on holes. Congratulations to Joyce Baptiste on hole #3, Manoli Kelly on hole #1, Teddy Morse on hole #9, Jonna Robinson on hole #2 and Kacy Walden on hole #4. I believe this is a Shoni one-day birdie record.

We continue our pre-game putting contest awarding \$1 each to MaryAnn Haggerty, Sue Park and Karen Rooney. Helps those birdies.

Our seven new qualifiers are closer to getting those five games in and getting their handicaps.



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2001863



By Scott Steele, PGA Head Golf Professional

Two Riders Per Cart – Two Carts per Group—The COVID-19 Pandemic caused many courses to adopt a single rider golf cart policy to follow social distancing guidelines. The Villages was among those courses that instituted this parameter. Unfortunately, the increased cart traffic resulted in more wear and tear and cart damage to those golf courses, especially on courses with a clay soil base such as The Villages. The short-term effects of the increased cart traffic are thin lies and worn-out turf in high traffic areas; the long-term effects can be more significant such as large bare spots. While a single cart driving down a fairway might have minimal effects on the health of the turf, the cumulative effect of many carts inevitably takes a heavy toll on the turf health. Imagine a busy day at The Villages with 40-plus groups playing golf with single cart riders; that can add up to more than 160 golf carts each day driving on every hole—quite an amazing number when you think about it. The average weight of a golf cart with acid batteries, one set of clubs and a single rider is approximately 1,150 pounds. Traffic across a Villages fairway where let's say 50 percent of the golfers will drive their carts adds up to 92,000 pounds of weight on the turfgrass in that fairway each day. That is almost 46 tons daily. Over the course of one month that equates to the weight of six Statues of Liberty (225 tons) or 1,380 tons compacting the grass in the fairway. The astounding amount of weight, soil compaction and resultant turf damage can be incredible. In order to mitigate these negative effects on our turf health resultant from so many golf carts traversing our fairways, and potential high costs to remedy, the Villages Golf Committee (VGC) and the Club Board have approved for review a change to Golf Rule 1.14 returning to the pre-pandemic paradigm of two-riders per cart and two carts per group maximum. **This proposed rule change has been published in The Villager for all to review and provide feedback. All golfers are encouraged to review this proposed rule change and provide their feedback per the policies in place regarding any rules change at The Villages. (See updated Club Rule article on page 7.)**

Upcoming Golf Club Fitting & Demo Days

Callaway Fitting/Demo Day—Wednesday, March 1 from 10 a.m. – 2 p.m. Come and try the newest technology that Callaway has to offer – Callaway Paradym woods & irons provide a refined shape with high MOI and adjustable perimeter weighting. Engineered for players of all skill levels, these clubs promote high

launch and low spin characteristics along with a neutral ball flight. Callaway's best combination of distance, forgiveness, and adjustability to date! Call the Pro Shop to book an appointment – this will be the only way to guarantee that the Callaway fitter will work with you personally.

Cobra Fitting/Demo Day—Sunday, March 5 from 10 a.m. – 2 p.m. Come and try the newest Cobra Aerojet woods and irons Our most versatile clubs to date for Tour level as well as amateurs who seek fast, low spin heads with the added benefit of high launch and forgiveness. Featuring the new Power-Shell and Power-Bridge technology! Call the Pro Shop to book an appointment – this will be the only way to guarantee that the Cobra fitter will work with you personally.

Upcoming Events—Friday, March 10 through Sunday, March 12. Men's Club Member- Member. 8 a.m. Shotgun Each Day. 1:30 p.m. Open Play Shotgun each day

Spring Aerification

Monday, March 20 – Back Nine *closed* all day for greens aerification – Montgomery & Vineyard Chipping Greens *closed* all day for aerification – Front-9 Open for a 12 p.m. Shotgun – Putting Green Open

Tuesday, March 21 – All golf facilities *closed* all day for completion of aerification including the 18-Hole Course, the Par-3 Course, all practice greens, the Driving Range and the Pro Shop

Wednesday, March 22 – Par-3 Course *closed* all day for greens aerification

New in the Pro Shop – New Titleist ProV1 and ProV1x golf balls – new larger high gradient core for higher speeds, optimal trajectory & spin. Titleist ProV1x Left Dash golf balls – The in between ProV1 and ProV1x – firmer feel than ProV1x, high speed low spin. Titleist Q-Mark leather gloves for men and women featuring the removable Villages Logo Ball Mark. Cobra Golf Aerojet Woods with their new Power-Bridge technology providing faster ball speeds-Demos available. Taylor Made TP5 and TP5X balls now available in optic yellow. Women's lifestyle and golf apparel from Greg Norman Company – fashion for the active lifestyle. Men's and Women's logo rainsuits from Sun Mountain Sports – seam sealed and completely waterproof. Taylor Made Tour Response jar balls with their nex-gen colored stripe technology to help you aim your putts.

Tips from the Pro— The Claw grip is *not* a "Band-Aid"

If you look at a touring golf professional's arsenal, most of it looks the same. Even the golf swings look the same. But as other areas in golf start to merge, the one element of golf that has actually become less universal and more personal, is putting. Equipment first...Look at all the different styles of putters that are used: long shaft, short shaft, mallet head, blade head, center shaft, heel shaft; it goes on and on. We know that all their wood and iron grips look the same, but take a look at all the different types of putter grips out there: the standard pistol grip (Tiger Woods), the Super Stroke 2.0 (Jordan Spieth), the Super Stroke 3.0 fat grip (Phil Mickelson) and the extra log tapered grip (Matt Kuchar), just to name a few. All of these unique putters and putter grips match the unique style of putting used by the player. So where putting used to be the most universal of all of golf's techniques, now it has become the most varied. They used to say that the professional changed his putting style due to desperation, but now all styles of putting are accepted as viable, and not considered a "band-aid" anymore. So if you are having putting woes, I recommend that first you experiment with a different style of putting...here are some options: cross-handed grip, spilt grip, claw grip, try an open stance, try a closed stance, move the ball forward, move the ball back, tighten your grip, loosen your grip, crouch more, stand up taller, focus on left hand pull, focus on right hand push. Once you find a new style that works, we can tailor the proper handle for that style and maybe even a better putter for that style. Remember without experimentation, none of these touring pros would be putting with these unique styles they are using...so you need to experiment too, you might just find something that works. To sign up for a lesson with me, email ssteele@the-villages.com

PICKLEBALL

A Pickleball bag necessity!

By Joyce Kludt

"Oh no! Chris just fell on the court! Does anybody know his/her emergency contact information or medical conditions? Who should we call? Where does he/she live?"

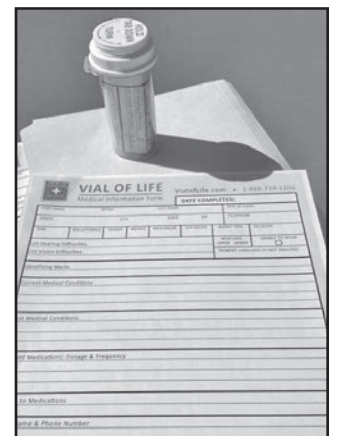
Unfortunately, these are words that many of us have heard while playing PB at The Villages. So, the Board has decided that **it is important that all PB members have easily-accessible emergency contact information** whenever they are playing. And what better place to keep that information? Inside our Pickleball bags!

Thank you to Michelle McQuay for placing two containers outside of Court One: one for empty pill bottles and one with pre-printed Vial of Life forms to put inside your bottle. We need to collect as many empty pill bottles as possible! Can you help us?

Please take only one vial and one form per person. Once you have filled it out, leave it in your PB bag for unforeseen emergencies. Thank you!

According to Vialoflife.com: "The Vial of Life is a smart way to have your medical information on hand just in case of emergency. Most seniors need this because of their medical changes and medications. It's the right thing to do. People find themselves in emergencies that make it difficult to think straight. At these times, all emergency personnel (and PB friends) who are trying to help you need to know information about you—especially if you have a complex medical history. The Vial of Life speaks for you when you can't speak or don't feel well."

Thank you and Happy Pickleballing, Friends!



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IRONMEN

By Bill Travis and Jerry Juracich

The Ironmen are now in afternoon play currently gathering every Thursday afternoon at 1 p.m. with a shotgun start, sweeps, birdie pool, and closest to the pin.

Thirteen Ironmen played with cold conditions and fast greens.

Doug Herring won First Place, Low Gross and had two birdies; way to go Doug.

Al Bruno scored a net 30 for **third place**.

Lee Thompson scored a net 26 for **second place**.

First place went to both Doug Herring and Bill Travis with net 25s.

No one won **closest to the flag** which was on hole 4. That green was just too fast.

We had **eight birdies** today, a modern day record: Al Bruno on hole 3; Doug Herring on holes 3 & 5; Mike Schwerin on hole 4; Lee Thompson on holes 2 & 9; and finally Bill Travis on holes 5 & 9. Low gross went to Doug Herring with a 3 over par 30.

Deep thoughts:

"...as all souls are equal before their Maker, a 2-inch putt counts the same as a 250 yard drive. There is a comedy in this and a certain unfairness even, which makes golf an even apter mirror of reality." - John Updike, American author

PINSEEKERS

By Jim White

The February 10th mini tournament was another day of questionable weather. Twenty Pinseekers had booked tee times, however, due to morning rains, six players had canceled by our noon starting time. The weather had cleared for a glorious afternoon, but it was quite questionable until we fired the first shot.

Results from February 10 were:

First place, Jack Bindon, Net 38, 4 Champion Points, \$4 sweeps.

Second place, Don Lee, Net 39, 3 Champion Points, \$3 sweeps.

Third place Tie, Martin Hoek, Richard Henderson, John Mueller, Lee Thompson, each with Net 40, earning 2 Champion points and \$2 sweeps.

Fourth place Tie, Larry Milligan and Will Ector, scoring Net 41 earning 1 Champion point and \$1 in sweeps.

Apologies for the late score posting for the 10th and again for the 17th, due to a communications *snafu*. Still working on the issue, but we will have the scores for the 17th and, hopefully, for the 24 in the next Villager.

A bit of fun from an unknown source: "The difference between a whiff and a practice swing, no one curses after a practice swing."

Play The Par 3 Course Wednesday, March 29

3 p.m. shotgun start

Contact Mary Wagle to sign up at marylwagle@gmail.com or call or text 408-829-4021

Play the Par 3 Course and **improve your short game!** Sign up individually or with a foursome by March 27.

This is open to all Villagers and their families and/or friends.

Cocktail time after golf in the bistro.



VGC: Villages planning more fun golf events

By Mary Wagle

Did you know that there are six golf clubs at The Villages? Most of these clubs have tournaments weekly. For the men, there is the 18 Hole Men's Club, Pinseekers (who play nine holes on the championship course), and the Ironmen (who play the par 3 course). For the women, we have the 18 Hole Ladies Club, Swingers (who play nine holes on the championship course), and the Shonis (who play the par 3 course).

In order to get all residents familiar with the members of these clubs, to grow the game of golf, and to increase golf revenue, we are planning some fun events. The first one was Play the Par 3, and it was on February 10 at 2:30 p.m. followed by all of the players gathering at The Bistro after golf for some libations/food. The February 10 event was sold out with 38 players. The next Play the Par 3 flyer is here. Sign up soon, as these events are very popular.

We are also planning some Just for Fun Tournaments (May through September) on the championship golf, both postable and non-postable, as the key word is "fun" for everybody. Please look for more information soon about some fun golf events. Everybody is welcome to join in these games!

SCOREBOARD

MEXICAN TRAIN DOMINOES

Wednesday, February 8

Maribeth Berlie 123
Beverly Wharton 170
Joan Maxwell 276

Friday, February 10

Kit Hultquist 175
Sylvia Rozewicz 195
Manoli Kelly 290

SHONIS

Tuesday, February 14

Flight One (Low net):

1. Jini Kang - 24
2. Sue Park - 26
3. Teddy - 27

Flight Two:

1. Joyce Baptiste - 20
2. Kathy Tanaka - 21
3. Kacy Walden - 22

Flight Three:

1. Leslie Ingham - 21
2. Rose Loy - 24
3. Tahera Khalil - 27

18-HOLE WOMEN

Thursday, February 16

Flight One:

1. Gloria Landry, Helen Paris, Marky Olsen & Emily Li - Total Net - 130
2. Kathleen Holt, Pam Schramm, Millie-Anne Schwerin & Betty Sharps - 131
3. Holly Magowan, Vicki Krattli, Patti Bell & Jan Kiernan - 132

Flight Two:

1. Edie Herbst, Jean Shimada, Inge McQuiddy & Joyce Mukuno - 126
2. Margaret Davies-White, Sylvia Rozewicz, Sachiko Coleman & Jean Beattie 127
3. Sue Daughtrey, Suzanne Fazzio, Linda Lutschan & Maziebelle Rice - 129

BRIDGE

Monday, February 13:

1. Jan Kiernan - Sumi Minami
2. Stan Davies - Art Lind
3. Alan Waltho - Maureen Waltho

Wednesday, February 15:

1. Jonna Robinson - Lorrie Scott
2. Alan Waltho - Maureen Waltho
3. Jan Kiernan - Sumi Minami

Friday, February 17:

1. Selma Chastaine - George Welch
2. Ed Logg - Jonna Robinson
3. Carol Reid - Bash Singh





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RELIGION

CATHOLIC COMMUNITY

‘Temptations of Jesus’ — First Sunday of Lent

By Jean Gillette

Sunday’s Gospel and other readings give us much to think about. For example, in the first reading, Gen 2:7 - 3:1-7, the serpent is the focal character. Likewise, in Matthew’s Gospel, Mt 4:1-11, the serpent again features prominently by tempting Jesus and arguing with Him. So, too, does the serpent enter our lives and tempt us.

What strikes me in these passages is that when we are tempted to break God’s commandments, we start doing so in small ways which can lead to greater offenses. To cite one example: I remember one of my friends who left Ireland to go to work in England. When I saw her years later, she told me she was no longer Catholic. I was shocked! Amongst our group of friends in Ireland she was considered “straight-laced.” She went to daily Mass, received the sacraments, and lived a clean life. When I asked her what happened, she said it started out with partying late on Saturday nights. When she was too tired on Sunday morning, she didn’t bother going to Mass. At first it was a rare occurrence, then became a habit. What started with one “sleep in” became a loss of her faith. I can think of many times during the Covid Pandemic when I was tempted to use that as an excuse to do likewise.

We need to remember that we can ask Jesus’ help when we need it, and know that He will not let us be tempted above what we are able to bear. A strong faith practiced diligently will keep our foundation strong and we will not succumb to Satan’s lies. He attacks by tempting us to question the word and character of Jesus.

“Temptation is the devil looking through the keyhole. Yielding is opening the door and inviting him in.” (Billy Sunday)

Cribari Masses: Sundays – 8:15 a.m. **First three Fridays** each month; Rosary 8:30 a.m., Mass 9 a.m. **St. Francis of Assisi Masses:** 1-408-223-1770 or parish website (sfoasj.com) for times. **Homebound communions:** Marilyn Rodman 408-274-4521. **Mass intentions:** Jean Gillette 408-270-5723.

Oldest written prayer to Mary: “We fly to your protection, O Holy Mother of God. Do not despise our petitions in our necessities, but deliver us always from all dangers, O Glorious and Blessed Virgin.” Titled, “*Sub tuum praesidium*” (Under your patronage), this prayer was discovered on a scrap of papyrus in Egypt, and dates to around 250 A.D.



SEARCH THE SCRIPTURES

We missed you! Search the Scriptures is meeting at **10 a.m., February 27 at Vineyard Center.**

We are meeting on the second and fourth Monday of each month.

Any questions, contact Everett Jacobson at 408-629-7210 or Ron Speer at 408-223-2025



EPISCOPAL

‘Leaning Into Lent’

By The Very Rev. Julia McCray-Goldsmith, Dean of Trinity Cathedral

It comes around with regularity, but there’s nothing repetitive about Lent. Every year, it’s our invitation to dive deeper into the profound courage and love that led Jesus into Jerusalem, the destination of his earthly journey. He’d been there before too, but each trip to the holy city brought him closer to his own truth and his mission.

The annual return of Lent can offer us the same clarity about ourselves; our identities and ministries. The Episcopal Book of Common Prayer invites us into a season of “self-examination and repentance; prayer, fasting, and self-denial; reading and meditating on God’s holy Word.” Old-school language, for sure! But when we commit ourselves to change our habits (repentance) and a renewed practice of prayer, for example, our interior landscape changes to more clearly reflect the love of our Lord. Almsgiving—charity towards the poor—gives us an opportunity to clean our spiritual clutter and free us for service to others, which might include giving food, money or care to people in need. Reducing or temporarily abstaining from food intake can be a powerful spiritual discipline. And so can eliminating other things that distract you from God: sweets, alcohol, social media, consumer goods. What clutters your calendar and life? What do you need to let go of or “fast” from in order to draw closer to God? Commit yourself to finding out, and God will be with you on your Lenten journey.

COMMUNITY CHAPEL

‘Can You Be Confident?’

By Pastor Bill Hayden

Can a person really live in confidence when there is so much confusion, conflict and distrust in the world? First, we must consider what it takes to build confidence within ourselves.

In my youthful days, I trained as a 400/800-meter distance runner and practiced every day after school with my teammates. During the weekends, I would run with a few close friends on the team who lived in the neighborhood. I soon realized the key to feeling confident in myself in order to compete was more than just practicing and competing against each other. It required a very good diet, proper nutrition, body muscle, strength, endurance, form, rest and a knowledgeable coach. These were essential in building physical ability and gaining confidence. There were three components which I fell short in... diet, nutrition and muscle which prevented me from achieving my full potential.

Secondly, had I been able to achieve all the physical conditions there were still the psychological aspect of competing. There were competitors who either ran too fast, too soon or others who held back too long before speeding up to overtake the leader or position themselves to make their final sprint. Sometimes a runner’s focus is diverted by outside influences and their heart is not fully engaged in the event.

Now that I’m older and hopefully wiser having the experience of living many years, under different conditions, I can say...Yes, I am confident. Even though I am weak in physical strength, I am confident in the one I trust, who I know will help me finish my race to victory.

There are many who have entered the race of life and achieved a great deal of accomplishments and are still going strong physically. While others have become sidelined by illnesses, disappointments and the lack of desire to be coached by the greatest coach of all times.

We can all live with confidence in looking to the author and finisher of the faith that has been bestowed upon us through God’s Son Jesus Christ. He has achieved our greatest victory over death, hell and the grave... when He rose from the grave. So, today I live with confidence that He is able to keep that which I have committed to Him throughout all eternity.

1 John 3:3 ESV “And everyone who thus hopes in Him purifies himself as he is pure.”

Let our love for others be motivated by a pure and sincere Heart.

If you need friendship, you can find it in our Chapel. Please join us at the Villages Community Chapel in Cribari Auditorium, every Sunday at 10 a.m. to be encouraged over the Word and enjoy a cup of coffee and cookies with friends. *The chapel is a place for needs to be met, faith to be affirmed and new friends to embrace.*

You can view our worship services on YouTube at Villages Community Chapel San Jose, CA.



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LANDSCAPE & MAINTENANCE

MAINTENANCE SCHEDULE

Cribari

5364-5383 and 5433-5488—Landscape maintenance, hand and mechanical weed control in progress.

5090-5153 and 5210-5233—Landscape maintenance, hand and mechanical weed control, 2/27-3/3.

Olive Fruit reduction treatment throughout the district (Product name—Maintain CF 125, Signal Word: Warning, EPA #69361-6), scheduled to start the week of 3/6.

5452—Dry rot repairs in progress.

Cribari Green—Dry rot repairs prior to painting project in progress.

Gutter cleaning throughout the district, scheduled to start the week of 2/27.

Del Lago

3301-3315—Landscape maintenance, hand and mechanical weed control, 3/13-3/17.

Common Areas—Treatment for voles, moles, gophers and ground squirrels (Rozol Vole Bait, Talpirid, Gopher Coetter Type 2 Bait, Rodent Bait Diphacinone .005% and .01%), scheduled for 2/27.

Meter Rooms—Cleaning, dry rot repairs and hardware replacement in planning.

Estates

8809-8875—Landscape maintenance, hand and mechanical weed control, 4/3-4/7.

Fairways

4001-4024—Landscape maintenance, hand and mechanical weed control, 3/6-3/10.

Glen Arden

7698-7752 and 7753-7787 (odd)—Landscape maintenance, hand and mechanical weed control in progress.

7754-7786 (even) and 7791-7867—Landscape maintenance, hand and mechanical weed control, 2/27-3/3.

7822, 7824, 7833, 7835 and 7837—Painting project in progress.

Heights

8464-8479 and 8506-8509—Landscape maintenance, hand and mechanical weed control in progress.

8448-8463 and 8510-8519—Landscape maintenance, hand and mechanical weed control, 2/27-3/3.

Turf, shrub beds, street cracks and weed herbicide spray throughout the district (Round Pro Max EPA.REG.N0.524-579 and Turflon Ester EPA.REG.N0.6219-566), in progress.

Mowing down ivy ground cover beds in progress throughout the district.

8493—Small stucco wall replacement in progress.

8503—Storm drain repairs, in planning.

Hermosa

8065-8088, 8096-8099, 8122-8125, 8334-8349, 8388-8399 and around Chardonay Lake area—Landscape maintenance, hand and mechanical weed control in progress.

8350-8387 and 8400-8446—Landscape maintenance, hand and mechanical weed control, 2/27-3/3.

Turf, shrub beds, street cracks and weed herbicide spray throughout the district (Round Pro Max EPA.REG.N0.524-579 and Turflon Ester EPA.REG.N0.6219-566), in progress.

Mowing down ivy ground cover beds in progress throughout the district.

8388-8399—Utility door repairs in progress.

8429—Sewer lateral offset in planning.

8376-8377—Wood repairs in progress.

Highland

7500-7573—Landscape maintenance, hand and mechanical weed control, 3/27-3/31.

Shrub beds, street cracks and weed herbicide spray throughout the district (Roundup Pro Max EPA.REG.N0.524-579), in progress.

Mowing down ivy ground cover beds in progress throughout the district.

Lighting replacement project in progress throughout the district, weather permitting.

Gutter cleaning in progress throughout the district.

Montgomery

6246-6336—Landscape maintenance, hand and mechanical weed control in progress.

6184-6245, 6337-6361 and Montgomery Center—Landscape maintenance, hand and mechanical weed control, 2/27-3/3.

Dead/dying tree removals at various locations, in planning.

Common Areas—Treatment for voles, moles, gophers and ground squirrels (Rozol Vole Bait, Talpirid, Gopher Coetter Type 2 Bait, Rodent Bait Diphacinone .005% and .01%), scheduled for 2/27.

6113 and 6114—Driveway replacements in progress.

Olivas

8740-8752, 8769-8807 and Foothill Center—Landscape maintenance, hand and mechanical weed control, 3/6-3/10.

Shrub beds, street crack weed herbicide spray throughout the district (Round Pro Max EPA.REG.N0.524-579), in progress.

Mowing down ivy ground cover beds in progress throughout the district.

8600-8692—Lighting replacement project in progress.

Sonata

2000-2024 and 2032-2064—Landscape maintenance, hand and mechanical weed control, 3/6-3/10.

Common Areas—Treatment for voles, moles, gophers and ground squirrels (Rozol Vole Bait, Talpirid, Gopher Coetter Type 2 Bait, Rodent Bait Diphacinone .005% and .01%), scheduled for 2/27.

Valle Vista

9001-9014 and 9034-9036—Landscape maintenance, hand and mechanical weed control, 3/6-3/10.

9013—Dry rot repairs in progress.

Verano

7001-7060 and 7395-7404—Landscape maintenance, hand and mechanical weed control, 3/6-3/10.

Dead/dying tree removals at various locations, in planning.

7008, 7010 and 7014—Gutter and siding repairs in progress.

Association

Common Areas—Treatment for voles, moles, gophers and squirrels (Rozol Vole Bait, Talpirid, Gopher Coetter Type 2 Bait, Rodent Bait Diphacinone .005% and .01%), every Monday.

Irrigation repairs in progress throughout the Villages.

General fallen tree debris cleanup in progress throughout the Villages.

Plum tree fruit spray reduction control at various districts (Floral Growth Regulator EPA.REG.N0.54705-8), scheduled to start 2/27.

Pear Fire blight and leaf spot injection treatment throughout the districts (ArborOTC-Signal Word: Warning EPA #74578-7 Phospho JET Caution EPA #74578-3), in progress.

Club Centers

Buildings A, B, C and D—Landscape maintenance, hand and mechanical weed control in progress.

Clubhouse, Tennis Courts and Driving Range—Landscape maintenance, hand and mechanical weed control, 2/27-3/3.

Cribari Center and Village Parkway Median Strip Areas—Olive Fruit reduction treatment, scheduled to start the week of 3/6.

Pear Fire blight and leaf spot injection treatment throughout Club Properties (ArborOTC-Signal Word: Warning EPA #74578-7 Phospho JET Caution EPA #74578-3), in progress.

Foothill, Montgomery and Cribari Pool—Closed for the winter.

Clubhouse—Tile installation in progress.

Public Safety Plaza—Shade door repairs, in planning.

For Pesticide information on pest control or landscape, please contact Customer Service at (408) 223-4670 or visit the Corporation Yard at 9201 The Village Fairway Drive, San Jose, CA 95135 or visit the Resident Portal and click on the Pesticides button for pest control or landscape.

For Pesticide information on pest control or landscape, please contact Customer Service at (408) 223-4670 or visit the Corporation Yard at 9201 The Village Fairway Drive, San Jose, CA 95135 or visit the Resident Portal and click on the Pesticides button for pest control or landscape.

Maintenance Project Notice:

All work scheduling is subject to weather, delays and availability of contractor labor and materials. Contractor may start several days ahead or behind plan schedule, pending field and weather conditions. As needed, we update schedules accordingly via FastLane. For your safety, please be aware of and stay clear of project and staging areas. Access is typically restricted in the work areas. Look out for cautionary signage and other measures. Parking facilities and street frontage may be in use on a temporary basis for vehicle, material and equipment staging. Debris, dust, noise, odor and visual inconveniences may result from a project. Thank you for your cooperation and understanding.

Rain Gutter Cleaning Schedule for 2023

Cribari: February 9 to February 11, February 27 to March 04, March 20 to March 25 — Completion (weather permitting)

Verano: March 06 to March 11—Completion (weather permitting)

Highland: February 20 to February 25, March 13 to March 18—Completion (weather permitting)

Club Buildings: March 27 to March 31—Completion (weather permitting)

Maintenance Emergencies and/or Advice

The Maintenance Services Department's general work hours are Monday through Friday, 8 a.m. to 4:30 p.m. If you experience a maintenance emergency during those hours, please call the office right away at 408-223-4670. Even if you are certain the emergency is your responsibility, Maintenance Services can provide a list of contractors that are familiar with The Villages and may be helpful for the repair.

If a maintenance emergency occurs outside of the general work hours or during a holiday, please call Public Safety at 408-223-4665. The Public Safety Department will contact the Maintenance Area Supervisor and/or the appropriate contractor. Together, they will all help to resolve your maintenance emergency.



Report Irrigation Issues

Please report broken sprinklers or other irrigation repair issues by calling Maintenance Customer Service at 408-223-4670 or online at: workorder@thevillages.com

For after hours or on holidays, contact Public Safety at 408-223-4665

CLASSIFIED ADVERTISING

To Place a Classified Ad

Adrienne Reed: 408-223-4657, areed@the-villages.com
Kory Tran: 408-754-1341, ktran@the-villages.com

Ad copy is due Monday at 4 p.m.

The Villages does not endorse or guarantee any advertisement or insert using space in this paper to reach our readers. It is the responsibility of the users of these services to check references and claims made. Residents, please be aware California State law mandates any contractor bidding for a job more than \$500 in parts and labor must be licensed. The Contractors State License Board (1-800-321-2752) may be contacted regarding any questions or concerns about a contractor.

Villages Business Directory

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 408-425-0614
 Maxine: drmaxa@comcast.net

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 www.armrepair.com

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3/16

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 Villagers References
 Villages Resident

7/6

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 Very Trustworthy
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 Yard clean ups
JUNK REMOVAL
 ———
Rick
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3/6

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 Joseph
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7/27

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6/29

Painting (continued)

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3/09

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Free Assessment
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elderlymatters@gmail.com
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408-622-8600

4/20

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REFERENCES
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1

**Senior In-Home
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**Caregivers
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12/21

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Reliable, Friendly
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**Senior In-Home
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4/27

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Experienced, Reliable,
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408-896-7404
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5/25

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Andy's Shoe Repair
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Suite 100
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5/25

Transportation

NANCY: 408-396-6603
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12/12

Joe/Remy: 650-776-8850
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Airports, Doctors
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6/22

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Experienced, Honest
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2/23

FOR SALE

Estate Sale
8403 Chenin Blanc Lane
Friday, February 24 and
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9AM—2PM

Furniture, Kitchen, Dining
Room, Living Room, Reclin-
ers, Motorized Beds, Wood
Cabinets, Patio and Much,
Much More.

2/23

Garage/Moving Sale
7700 Galloway
Saturday, February 25th
10:00-3:00

Dishes, Small Appliances,
Patio Table, Garden Stuff
Books, Book Shelves, Desk
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Art Work, Harp, Furniture
And Much More

2/23

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2/23

Winter Season Readiness

The winter season is here and bringing along cold air conditions, rain, and windstorms. (Winter officially began December 21 and will end March 20.)

Maintenance staff takes proactive measures before storms and responds to urgent needs during and after storms. Staff and licensed contractors clear storm drains in the common area and clear streets and gutters, downspouts, and roofs of debris. In addition, to minimize potential flood conditions, staff inspects and removes vegetation and clears drains at the three creek corridors. Furthermore, at Association and Club water features, staff inspects water fill levels and maintains overall conditions.

For safer conditions near your home, it is important to be prepared and to respond to winter related conditions. You can take the following precautions and action to keep your home in a safer condition:

How May I Prepare for the Winter Season?

1. Periodically inspect and service your heating mechanical system (using qualified contractor services).
2. Periodically inspect and service your fireplace (using qualified contractor services).
3. Periodically inspect and service your skylight, sun tunnels and sunrooms (using qualified contractor services).
4. As needed, replace weather stripping at entry doors, garage doors and patio doors.
5. Keep exterior windows and doors closed during wind and rain storms.
6. As applicable, secure shade umbrellas and retract all awnings during windy conditions.
7. Periodically inspect and service **owner-maintained** patio covers, gutters and downspouts (using qualified contractor services).
8. For Association condo homes, if there are areas near your home that experience water entry, please contact Maintenance Services at 408-223-4670 or workorder@the-villages.com. Staff will create a work order for inspection and, as needed, take corrective measures. Depending upon the incident, staff will provide and use sandbags.
9. For single-family homes and for Association condo homes, as desired, you may locate and stage sandbags ahead of time. Valley Water and the City of San Jose offer free filled sandbags for residents of Santa Clara County. Several pickup sites are open from late November through April each season. The nearest pickup sites in San Jose are at:
 - The City Central Service Yard, 1661 Senter Road at Phelan Ave., San Jose, CA 95122.
 - The Valley Water Winfield Warehouse, 5905 Winfield Blvd., between Blossom Hill Rd. and Coleman Ave. Sandbag pickup street access only.

How to Respond to Winter Weather Incidents?

1. For Association condo homes, if water enters your home through doors, walls, floors, ceilings or other ways, please contact Maintenance Services at 408-223-4670 or workorder@the-villages.com. After hours, contact Public Safety at 408-223-4665. We will do our best to respond in a timely manner and with appropriate resources.
2. If any significant tree branches or trees fall onto your home or other property, contact Maintenance Services at 408-223-4670. After hours, contact Public Safety at 408-223-4665. We will dispatch crews to safely remove the tree debris and, as needed, perform repairs.

—Maintenance Services

VMA offers free medical equipment

Did you know that The VMA lends medical equipment for *free* to any Villager in need?

We currently have a lot of useful equipment and appliances that you may never have thought about or even considered. They can help to reduce the stress associated with day-to-day routines and help to improve quality of life and most of all, raise your comfort level. And we all want that!

The VMA has many types of equipment, including walkers, wheelchairs, shower chairs and knee scooters. Some equipment that you may not realize we have include over-the-bed tables, ice therapy machines and hand/foot exercisers. Come on, you didn't know we had those, did you?

Wait no longer, call The VMA office at 408-238-4230 and one of our more than 50 trained drivers will deliver it to you. (Yes, delivered to your house.) You may keep the equipment as long as you need and when you are done with it, we'll pick it up—it's easy and there is no paperwork involved.

If you would like to pick out your own equipment, we can easily make arrangements for you to meet one of our volunteers at our storage shed in the RV lot. We'll get you loaded and on your way.

There are certain items that we have too many of—right now, we have too many two-wheel walkers. You are welcome to take any extra ones to give to friends and relatives who may need them.

Please check with the VMA desk for what is available and we will gladly deliver what you need.

We have way too many different items to list here, so to see a complete list of what is available for loan, check out the updated Equipment Catalog on the VMA website at vmavillages.org/services or visit the VMA Office to look at it.

Donate items for Turkey-Syria earthquake victims

By Toni Thunen

As residents here in The Villages, my husband and I are asking any Villagers who want to donate much-needed supplies for the desperate people in Turkey and Syria suffering the effects of the major earthquake, to drop off the items in our driveway at 8345 Riesling Way.

Donations will be accepted only until Saturday, March 4. We will take them to the appropriate drop-off locations.

Items that are being requested are the following: blankets, tents, sleeping bags, hand warmers/gloves, kids/babies warm clothing, warm jackets for anyone, over the counter pain/fever reducer, and feminine products. All items should be clean or in new condition.

You can access more information by visiting the Turkish American Association of California at taaca.org

VMA accepts old glasses, hearing aids, cell phones

Please remember...the VMA accepts old prescription glasses, hearing aids, and cell phones.

Your old or unused eyeglasses and hearing aids can be dropped off and collected at the VMA office (Monday -Thursday 9:30 a.m. to 2:30 p.m.) in Cribari Center.

They are then sent to a service organization for refurbishing and then delivered to the Lyon's Club for distribution to the people that need them the most.

Old cell phones that you are no longer using or need can be dropped off and collected at the VMA office also. They are then delivered to the Verizon Corporate office, where they are then repurposed for recycling or sold. The proceeds that are generated by this process go directly to help assist victims of domestic violence.

When you can, take some time to visit the VMA website at vmavillages.org. You'll be amazed at all of the helpful information that you possibly may not have been aware of.




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Lic #444121 Ph. 408-561-3198 408-569-6333

The Villager Classified Ad Form

Name: _____

Address: _____

Phone: _____

Fill out your ad here. Be sure to include contact information. Phone numbers, email addresses, websites, and symbols (&, +, @, etc.) are counted as one word. Hyphenated words are counted as two words. Please print clearly. See other side for pricing information and specific details for your ad. For more information, please contact Adrienne at Areed@the-villages.com or 408-223-4657.

Select Category:

- REAL ESTATE
- NOTICES
- PERSONALS
- CARS & CARTS
- HELP WANTED
- WANTED
- ITEMS FOR SALE
- FREE STUFF
- OBITUARIES
- LOST & FOUND
- SERVICES
 - Appliances
 - Automotive Repair
 - Senior Care Facilities
 - Senior In-Home Care
 - Computers
 - Electrical
 - Landscape
 - Errands/Odd Jobs
 - Health & Beauty
 - Heating & A/C
 - Flooring
 - Remodeling

- OTHER CATEGORY
(Please specify)
- VILLAGES BUSINESS DIRECTORY
(Must fit in two lines)

Additional Options:

- Single Line Box
(\$15 in addition to ad)
- Premium Box
(\$20 in addition to ad)

- Housecleaning
- Legal/Professional
- Plumbing
- Moving/Storage
- Painting
- Pet Care
- Repair/Handyperson
- Window Cleaning
- Tax/Finance/Insurance
- Transportation

x _____
(Other suggested custom heading)

Amount per week: \$ _____ # of weeks: _____
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 Total Amount: \$ _____ Bill: _____

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2 Bd + Den | 2.5 Ba | 2043 sf
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2 Bd + Den | 2.5 Ba | 1751 sf
Single Level End Unit. Highly sought after floor plan.
New windows, paint & flooring. Must See!
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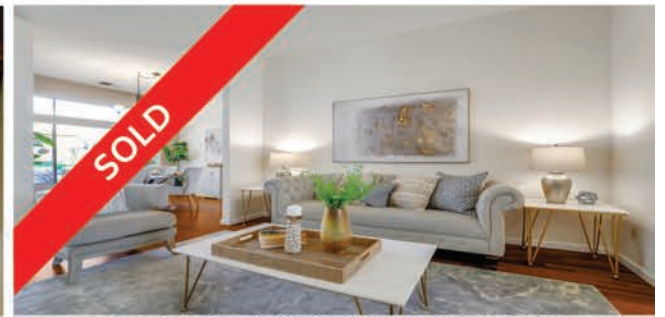
VILLAGE CRIBARI \$515,000

2 Bd | 2 Ba | 1223 sf
Nice End Unit with newer floors, baseboards, canned
lights & popcorn ceilings removed. Must See!
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VILLAGE CRIBARI \$525,000

2 Bd | 2 Ba | 1223 sf
Upstairs Unit with updates throughout. Must See!
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VILLAGE HIGHLANDS \$869,000

2 Bd + Den | 2.5 Ba | 1751 sf
Single Level Unit w/Den. Light/Bright open floorplan
with laminate flooring throughout most of home.
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Please give a warm welcome to our new Villagers!
REPRESENTED BUYER - RODDA REALTY TEAM



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2 Bd + Den | 2.5 Ba | 2224 sf
Beautiful Single Level Unit. Light, Bright & Open
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