

Distributed Friday online at: thevillagesgcc.com

October 6, 2022

The News this Week

 Guest Room reservations to open (See article on page 1)

Vol. XLVI No. 40

- EPC Emergency Drill is October 17 (See item on page 1)
- Your vote needed for CC&Rs Amendment (See article on page 3)
- Assoc. annual Statement of Compliance (See article on page 7)
- MOTUS Elective Earthquake Insurance (See article on page 7)
- Message from the Silver Creek Board (See article on page 3)

Trips, Classes & Events See page 12









Community TV channel:

CHANNEL 26: Currently playing

- Coyote Town Hall
- Fitness Center
- Fire Safety
- Welcome to our Website
- Avoiding Senior Scams
- Fitness videos

(See page 6 for broadcast times on the above items and for other programming.)



Inside The Villager

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Many treasures at Inside the Gates Home Tour this Saturday!

By Sherry Benz

It is not too late to get your tickets for the 2022 Inside the Gates Home Tour. We have six gorgeous homes for you to visit and you will be sorely disappointed if you miss this special event. The Home Tour is this Saturday, October 8 from 10 a.m-4 p.m. Bring a friend, neighbor or relative. To register, visit vmavillages.org or go directly to the form located at rebrand.ly/ VMA_Home_Tour or stop by the VMA office in Cribari Center. The price for tour tickets is \$30 (\$40 the day of the event). Lunch in the Clubhouse features a scrumptious three-salad sampler with warm bread rolls and apple crisp with whipped cream. Tickets for lunch are \$30 (\$35 the day of the event). If you decide to purchase the day of the event, ticket sales will be conducted in the round-about at the Clubhouse.

The boutique at the Clubhouse offers many high-quality items for your shopping pleasure. CC Kelly will be there with their incredible accessories. Everything to make your fall wardrobe come together from sandals to sunglasses to a wide array of purses. John Whittier of Turning Hands offers beautiful wooden cutting boards, bowls, pens and wine stoppers. In addition, the VMA has donated two bountiful baskets worth \$300 (with \$100 cash tucked (Continued on page 23)

EPC's Annual Emergency Drill is October 17

By Arlene Versaw

The rumble of an earthquake. The glow of a wildfire. The shutdown of a police action. We'd rather deny our exposure to these emergencies is realistic. We know—it is easier that way. Easier, but not a good idea. Because if it does happen, you need to be ready.

So each October, the Emergency Preparedness Committee conducts its annual drill so that it will be ready. So that all EPC

volunteers know what is expected of them and how to fulfill their responsibilities. And you have a very small, but very important role in these drills. Just display your OK sign in a prominent place that can be seen from the street or sidewalk in front of your home. EPC volunteers will be inspecting



every residence for the OK sign and responding to specific health and building scenarios as they would in an actual emergency.

This year's drill is Monday, October 17. Your sign must be up at 4 p.m.

If you cannot locate your OK sign, pick one up in Building B Monday through Friday between 8:30 a.m. and 4 p.m. (It is closed from noon to 1 p.m. for lunch.) Or you can print one from the EPC website at thevillagesepc.com. You can also help by alerting Public Safety of your absences from home on the day of the drill (and always a good idea anyway), and by letting your Area Representative know if your neighbor is away during the drill.

Thanks in advance for doing your part, and please remember to take down your OK sign after the drill-and put it in a safe place! To volunteer with EPC, contact Vera Buescher at 408-531-9758.

Guest Room reservations to reopen soon

After a long wait the Guest Rooms will again be available for reservation beginning on Monday, October 17, 2022, just in time for the holiday season. You can make a reservation through the Community Resource Center (CRC) beginning that day at 9 a.m. Please see below for more information:

What are the Guest Rooms?

The Guest Rooms are four motel-like non-smoking rooms available for rent by residents for themselves or their guests. Two of the rooms have one queen bed and two of the rooms have two queen beds. Each room includes a coffeepot, TV, hairdryer, and compact refrigerator.

Pictures of the rooms can be found on the Resident Portal under the Amenities menu option.

Where are the Guest Rooms?

The Guest Rooms are in Cribari Center above the Library. There are two stairways to reach them, one from the main hallway in Cribari Center by the Post Office, and one near the entrance to the Fitness Center.

How much does it cost to rent a room?

The rooms with one queen bed are available for \$115 per night. The rooms with two queen beds are available for \$126 per night. Payment is acceptable via cash, check, or billing to your home.

How can I make a reservation?

Reservations will be taken starting on Monday, October 17 at 9 a.m. and can be made up to six months in advance. We encourage reservations to be made via phone at 408-754-1336 or emailing rdreitlein@the-villages. com when possible. In-person reservations can be made in Building B during business hours.

As you might expect, the Guest Rooms are very popular so keep that in mind and reserve early. Due to the expected volume of requests, it may take more than one business day for us to get back to you. We hope you enjoy your stay with us!

COMMUNITY NEWS

PULSE

Dear Readers:

The Villager welcomes everyone's voice sharing ideas, opinions and accounts of life in The Villages in the Pulse column. Please follow the guidelines carefully.

Pulse deadline is 4 p.m. on Thursday of the week prior to publication. Pulse letters will be published in complete or abridged form at the discretion of the Publisher and in accordance with the editorial policies and rules established by the Club Board of Directors. (See VGCC Rule 1.30.) Opinions expressed by Pulse letter authors do not necessarily reflect the opinions of The Villager Publisher, staff, boards of directors or management.

All Pulse letters must be 200 words or fewer on a single topic relating to life in the Villages. Letter authors are limited to one published Pulse letter per month. Each letter must also include name, address, phone number, date and number of words. Typed or legibly written letters must include your signature and may be hand delivered to the Pulse mailbox in Administration Building B or by mailing to the Communications Advisory Committee, 5000 Cribari Lane, San Jose, CA 95135.

Letters may be submitted electronically through the Pulse Submission Form on the Resident Portal: resident. thevillagesgcc.com/pulse, or emailed to Villager Managing Editor S. Hinrichs: shinrichs@the-villages.com. E-mailed letters must include the text within the body of the e-mail and the subject line must read PULSE

LETTER.

- 2 Pulse letters received this week.
- 2 Pulse letters withdrawn by authors.
- 0 Pulse letters published this week.

Note: Pulse authors are solely responsible for the statements and opinions contained in the Pulse letters. The Villager does not verify the accuracy of any statements.

All Pulse letters that are published are retained by the Communications Advisory Committee (CAC) for a period of 12 months. Rejected Pulse letters are not shared with anyone outside the CAC, management or Club Board and staff liaisons for the reason of confidentiality.

The What I Love About The Villages column is a place where you can share your positive comments about The Villages community. (To be in compliance with VGCC Rule 1.30, please do not name businesses or other commercial, religious or political entities.)

If you have an uplifting comment to share about some aspect of life at The Villages, please email your contribution to Villager Associate Editor Kory Tran: ktran@the-villages.com, Villager Managing Editor Scott Hinrichs: shinrichs@the-villages.com or submit it in the Villager Article Submission area on the Resident Portal: resident.thevillagesgcc.com/villager/artsub/

WHAT I LOVE ABOUT THE VILLAGES

Villages Post Office is open and ready for your mail!



The Villages Post Office in Cribari Center is open Monday through Friday from 9 a.m. to noon.

We'd like to remind old and new customers of its convenient location in Cribari Center. You can get most services available at the regular post office right here in our own Villages' substation.

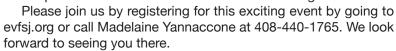
Hope to see you soon!

Get your stamps for the upcoming holidays—an array of specialty and holiday stamps are available now!

EVF invites you to a complimentary wine reception

Join the EVF and your Villager neighbors at a wine reception and learn about EVF's ongoing evolution that will guide its next 10 years. All Villagers are invited to "Sustaining the Future" on Tuesday, October 25 at 4 p.m. in the Clubhouse. At this reception we'll celebrate the amazing accomplishments the members of the EVF have enabled over the years and announce new ideas on how all Villagers can work together to benefit the future of our community.

For over 13 years, The Evergreen Villages Foundation (EVF) has played a major role in enhancing the quality of life here at The Villages. Through the contributions of members who are Villagers, just like you, the EVF has been involved in over 34 community improvement projects. These projects include assisting with the Clubhouse renovation, the Bistro patio extension, Fitness Center equipment, the Bistro tent, and the Pickleball Courts among many others. They are just a few of the many projects that the EVF has participated in that improved our facilities for the benefit of all Villagers.





IN MEMORIAM

In Memoriam notices are run free of charge.

Notices include name of deceased, date of birth and date of passing. Brief notices of memorial gatherings may be included with the notice, providing event is held in a Villages' facility.

Obituary notices may be placed in the Classified Advertising section for a fee. For more information, please call Kory Tran at ktran@the-villages.com or 408-754-1341 or Scott Hinrichs at shinrichs@the-villages.com or 408-223-4655.

DEADLINES

General Copy: All general copy, other than sports, is due by 4:30 p.m. Thursday, seven days prior to publication. For editorial information call 408-754-1341 or 408-223-4655 or email ktran@the-villages.com.

Sports: Sports copy is acceptable after deadline only by permission of the Managing Editor, 408-223-4655.

Classified Ads: Classified ads, renewals, cancellations and changes are due by 10 a.m. on the Monday before publication. Holiday deadlines differ. All classified ads must be in writing. You may fax classified ads to 408-274-2843 or e-mail to: areed@the-villages.com or ktran@the-villages.com. For more information, please call 408-223-4657, 408-754-1341 or 408-223-4655. Display Ads: Display ad rates and placement may be arranged by calling Adrienne at 408-223-4657. Display advertising information is available on The Villages web site at: www.thevillagesgcc.com.

Delivery: The Villager is published on Thursday and distributed to all residents Friday morning. Extra copies of the latest editions are usually available in *The Villager* office and in the Library.

Call 408-223-4655 to report missed deliveries.

POLICIES

Publication of advertising in *The Villager* does not constitute endorsement. Licensed real estate professionals advertising in *The Villager* are required to name themselves as agent or broker, or list the name of the brokerage for whom they work as part of their ad. This is in compliance with Real Estate Law Section 10140.6.

All copy is subject to editing and must be submitted with that understanding. The Villager reserves the right to reject or discontinue advertising or articles that are deemed unsuitable.

The Villages Communications Advisory Committee "To inform and connect Villagers" develops operational plans, reviews rules and policies, and advises the General Manager and Club Board on issues pertaining to The Villager, including Pulse letters, Channel 26, Fast Lane and the web site. Residents having relevant concerns may attend meetings or call committee members by phone: Chair Nick Yannaccone at 408-219-9296, Sue Callahan 408-238-2413, Jeanette Campa 408-661-0203, Debbie Champion at 408-960-6994, Barbara Clurman at 347-451-5309, Jac Fitzenz at 408-223-7749, Thomas Moore at 408-887-5322, and Patricia Reardon at 408-914-2432.

HOURS

The Villager editorial and classified advertising hours are Monday through Friday, 8:30 a.m. to to 4:30 p.m. The Villager display advertising office hours are by appointment. Call 408-223-4657 to schedule.

The Villager is the official and legal communication medium for The Villages, a Senior Community. Its mission is to provide residents with timely information about activities, facilities and services at The Villages, and to promote a sense of community by documenting and celebrating those common experiences highlighting life at The Villages.

THE WEEKLY VILLAGER is published every Thursday under policies established by the

Club Board of Directors:

Leslie Lambert
Judy Owen
Bob Krattli
Richard Zahner
Garry Ashby
Liz Kung
Bob Wilk

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Secretary
Treasurer
Director
Director
Director
Director

Villager Personnel:

Mary Majerle-Tatum Director of Community Activities

Scott Hinrichs Managing Editor
Kory Tran Associate Editor
Jerry Marquez Design Editor

Adrienne Reed Advertising Customer Service

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Visit The Villages web site at: thevillagesgcc.com

Boards & Committees

From the Silver Creek Valley Country Club Board of Directors

Dear Residents of the Villages,

To ensure safety and security of the Silver Creek Valley community, starting October 1, 2022, the Silver Creek Valley Homeowner Association (HOA) is strengthening its security procedures on gate access. This will impact any guests visiting Silver Creek Valley Country Club for dining, golf, tennis, or any other purposes. If their procedures are not followed, our guests such as the residents of The Villages will be turned away.

Please read and follow the procedures below to ensure a great experience:

Reciprocal Dining Before December 31, 2022

Residents of The Villages must make a reservation with SCVCC Food & Beverage by dialing 408-239-5888 at least 24 hours ahead. If tables are available and a reservation is made, SCVCC will submit you and your guests' names to the gate security. The gate security will verify all guests' names at the gate before allowing entrance, or they will be turned away.

Increased security measures are imperative due to an uptick in unauthorized individuals gaining access to the community by stating that they are coming to the Club. Our objective is to keep the community within the gates as safe as possible for the members and our neighbors.

Thank you for your ongoing support and patience while we navigate through this new procedure.

Reciprocal Dining Privilege Status

Effective January 1, 2023, reciprocal dining privilege with neighboring clubs such as that of The Villages will discontinue for SCVCC due to many factors. SCVCC appreciates residents of the Villages who have been wonderful customers. We hope that residents of the Villages would consider our Club's dining membership. Please contact Melisa. Yousef@SCVCC.com who could share more information on the membership or our website at scvcc.com/membership.

AC NOTICE

Association applications for Owner Alteration Requests for the month of November are due to the Architectural Committee on or before October 21, 2022. Call Elissa at the Corporation Yard office to obtain an application. **Meeting date is scheduled for Thursday, November 3, 2022 at 9 a.m. at Foothill Center.**

Association AC Landscape meeting deadline date is **October 21, 2022.**

'Ask the ABOD'

The Association Board of Directors (ABOD) appreciates the need in having your questions answered. The ABOD has a column in The Villager so that all those interested can see the question and response. If you have any ques-



tions, please email them to Maria Elizabeth Hernandez at MEHernandez@the-villages.com or drop them in the drop-box in the parking lot of Building A.

The entire Board is interested in communicating the proper information for your understanding of issues and current events.

More BOARDS & COMMITTEES, MANAGEMENT and COMMUNITY NOTICES on pages 4, 5, 7, 23, 27 & 28

THE ASSOCIATION

Why Your Vote is Needed to Ratify the CC&Rs Amendment

According to state law, any amendment to the CC&Rs must be ratified by you, the members. A majority of households must vote in favor of approving an amendment. That means, to approve the CC&R amendment we need 1155 yes votes (a simple majority of the 2309 households in the Association). As of September 27, we had received only 1146 ballots back from villa owners. The Board decided to extend the election for another month, ending October 31, 2022, at 8:00 a.m. and to make extra efforts to get out the vote.

Please vote. If you have not voted yet, please do so.

If you don't vote, it is the same as voting no.

If you misplaced your ballot, please contact Susan Schubert to acquire a new ballot. (Susan Schubert: 408-223-4430, sschubert@ the-villages.com)

You need the CC&R amendment ratified. The amendment eliminates inconsistencies between state law and the CC&Rs; it eliminates confusion due to inconsistencies within the CC&Rs, and it changes some insurance threshold values to ones that are realistic in today's economy.

Additionally, if we are unable to ratify the CC&R amendment with your vote, we will have to repeat the election. It has already cost you over \$10,000 and 60+ hours of Staff time. A new election will cost an

additional \$10,000 and additional Staff time. The dollars come out of your pocket, and the Staff time applied to the election is Staff time that is not working for your other needs.



There has been a lot of misinformation written on social media about this amendment. In truth, the CC&R amendment will not increase your assessments; it will not make you responsible for sewer lines: it will not make you responsible for doorjambs, and it will not change the power of attorney that already exists. (Note: You signed an acknowledgement during your escrow or rental process that grants the Association Board power of attorney to carry out the provisions of the CC&Rs. This does not change in the CC&R amendment. The words, "Power of Attorney", are simply part of the title of the CC&Rs, and, consequently, part of the title of the amendment.)

Association CC&Rs Vote **EVERY VOTE COUNTS! VOTE NOW!**

Call 408-223-4430 or visit Bldg. A for replacement ballot package.

Villages Golf Committee to meet October 13

The next VGC meeting will be held Thursday, October 13 at 3 p.m. at the Montgomery Center. All Villages residents are invited and welcome to attend.

SNAPSHOT OF THE VILLAGES REAL ESTATE MARKET COMPARISON 2021 TO 2022 This snapshot covers both condominiums and single-family homes for the period

This snapshot covers both condominiums and single-family homes for the period 9/1/2022 to 9/30/2022 and the period of 9/1/2021 to 9/30/2021

PROPERTY TYPE	ACTIVE	IN CONTRACT	SOLD 2022	SOLD 2021
CONDOMINIUM	18	5	15	9
Average \$	\$852,878	\$762,263	\$658,833	\$669,778
	ACTIVE	IN CONTRACT	SOLD 2022	SOLD 2021
SINGLE FAMILY	1	1	1	0
Average \$	\$1,100,000	\$1,100,000	\$1,215,000	\$0

For complimentary specific information please contact Jeanette at 408-661-0203. www.jabez-realty.com jeanette@jabez-realty.com





MANAGEMENT

New Comcast appointments available Coyote reminder and tips

Comcast representative Ruhullah is again offering to host Virtual Customer Events to discuss your questions regarding Xfinity products from the comfort of your home. Select the date of your choice every Monday and Tuesday through October 31, and then choose the time for your one-on-one appointment between 11 a.m. and 3 p.m. from the scheduling page https:// calendly.com/ruhullah-payendazadah/xfinity-virtual-q-a.

Then at the time of your appointment, Ruhullah will call to discuss your questions. Appointments fill quickly.

PUBLIC SAFETY

Public Safety Administration office now open for walk-ins

The Public Safety Administration office in Building C reopened to walk-in traffic on October 3. We are now available to assist you from 8:30 a.m. to 11:30 a.m. Monday through Friday. Golf cart and vehicle registrations, RV parking, barcodes, questions, forms, or anything else you may need, feel free to drop in. The office is closed from 11:30 a.m. to 1 p.m. for clerical duties and lunch. From 1 p.m. to 4 p.m. we will continue to be by appointment only. This will be to conduct new resident registrations or any other appointments you may need to make. For appointments call 408-239-5246 and select option 2.

"When You Can't, Together We Can" AHA Auxilio-HomeAide

Our premier person-centered in-home caregiver and personal concierge services allow people of all ages to live with dignity in the comfort of their home while maintaining their independence.



With our people and our expertise, we know how to achieve a quality service around your schedule that works for you.

canans@ahaindeed.com Phone: 408.489.9674 www.ahaindeed.com

Coyotes may try to escort walkers out of an area to protect their pups or food sources when encountered on a trail or street. Humans may perceive this behavior as stalking, which is usually not the case. They may also view your pet as prey. To allow coyotes to be wild while keeping yourself and pets safe, please follow these pointers:

- Never feed coyotes—it is illegal to feed coyotes in most places. Feeding endangers your family and neighbors because it lures coyotes into neighborhoods.
- Keep unattended cats and dogs indoors or in completely enclosed runs, especially at night, and do not assume that a fence will keep a coyote out of your backyard.
- · Accompany your leashed pet outside. Make sure you turn on lights if it is dark to check your backyard for unexpected wildlife.
- Keep dogs on short leashes while walking outside; the Division of Wildlife recommends a leash no longer than 6 feet.
- · Keep noisemakers on hand to scare away coyotes that may enter your yard. Some examples of noise makers are whistles, horns or metal cans with small rocks or coins that rattle.
 - Never run away or turn your back on a coyote.
 - Do not allow a coyote to get between you and your pet or child—keep children close to you.
- Yell, clap hands, blow a whistle or rattle a can and try to make yourself look larger if you have a close encounter with a coyote.

 An empty soda can with pennies sealed with duct tape makes a very good noise maker when shaken. Reminder to all small pet owners: A recent rise in coyote aggression has been seen with small dogs, most unleashed. Please always leash your pets. Keep leashes short. Coyotes will try to get between you and your pet if the leash is extended far enough. Coyotes are known to attack leashed dogs when the owner gets distracted. Please stay cautious and aware of your surroundings when cleaning up after your pet, talking to a neighbor, checking the mail, etc. Coyotes are opportunists and may make their attacks when you are not paying attention.

Carry a noise maker and always be alert. Use caution when walking past wooded areas, hiding spots between homes, and the golf course. They are widespread in The Villages and can truly

There is no way to completely eliminate coyotes from The Villages, so always use caution when walking, especially with pets. Also, coyotes tend to be most active around sunrise and sunset. Pick different times for walks.

Please report all coyote sightings to Public Safety and Vector Control at the email addresses listed below.

Report Coyote Activity

Please report all coyote sightings to Public Safety and Vector Control at the email addresses listed below:

- Director of Public Safety Steve Norden at snorden@the-villages.com and include in email the location day and time of the sighting.
- Contact for Vector Control is Vector.sccgov.org/home. Residents can use this to report coyote / wildlife incidents directly to the county.

Estate Planning Attorneys

Establishing or updating your Estate Plan has never been more important than it is right now. At Del Ponte and Hirz, we offer comprehensive Estate Planning, Probate, and Trust Administration services.

Call us to schedule your Free Consultation!



Del Ponte & Hirz

Attorneys at Law

We have many family members, friends, and clients who call The Villages their home. We can accommodate COVID-19 concerns with telephonic or video consultations and social distanced or no-contact document execution.

(408) 294-4525

www.DelPonteandHirz.com info@delponteandhirz.com

75 E. Santa Clara Street, Suite 275, San Jose, CA 95113

VMA: Volunteer drivers needed

If you like to drive, like the open road, the wind in your hair, your favorite podcast coming through all 12 speakers, but most importantly the satisfaction of helping others...we really need you.

If you could spend some of your extra time to offer fellow Villagers rides to their scheduled medical appointments, or just to get them from point A to B, you would be greatly appreciated

Please fill out an application; it is available on the VMA Website, or in the office. Once completed, please drop it off in the office. And thank you in advance.

When you can, take some time to visit the VMA website at vmavillages.org. You'll be amazed at all of the helpful information that you possibly may not have been aware of.

VMA offers free incontinent supplies

The VMA has graciously received a huge number of incontinent supplies, and we would like to let anyone know who is in need of these, that they may come into the office and take anything they can use. We have so many of these items that we are running out of room and have to store them offsite in the storage sheds.

We are open Monday through Thursday, 9:30 a.m. – 2:30 p.m. to assist in any way we can. So come see us.

When you can, take some time to visit the VMA website at vmavillages.org. You'll be amazed at all of the helpful information that you possibly may not have been aware of.

GOVERNANCE MEETINGS

THE DACs

Highland DAC to meet October 12

Highland Village will hold a quarterly DAC meeting on Wednesday, October 12 from 3 to 5 p.m. at Foothill Center. All Highland residents are encouraged to attend to get the latest information on the Lighting Project Status, FY23/24 Budget Projects, landscape situation and water conservation plans.

Hermosa DAC to meet October 27

On Thursday, October 27, Hermosa will hold a DAC and social meeting at Vineyard Center. The social meeting starts at 5 p.m. and the DAC meeting starts at 6 p.m.

Association Ad Hoc Water Conservation Committee meeting cancelled

The remaining Association Ad Hoc Water Conservation Committee meeting scheduled for October 13 has been cancelled.

More COMMUNITY NOTICES

SRS SENIOR RESOURCE SERVICES

Medicare open enrollment October 15 to December 7

Are you on "automatic pay" when it comes to your Medicare decisions? Do you automatically continue with the same Medigap plan, Medicare D drug plan or Medicare Advantage plan?

This is the time of year when your mailbox starts filling up with Medicare insurance provider information. Each provider has the best plan for you, right?

The more flyers, email and TV ads that come your way, the more you want to say... "Oh I'll just stick with what I have!" Well don't do that...we have a Medicare counselor assigned to The Villages who can help you make sense of it all. From a counselor in a one-on-one session via telephone or via Microsoft Teams Video conferencing, you will learn about the available plan options and receive guidance and answers to questions specific to your Medicare needs. And the icing on the cake: it's free.

Our counselor has been trained by Sourcewise and is not affiliated with an insurance provider. Sourcewise is Santa Clara County's local resource for Medicare health insurance information. The Health Insurance Counseling and Advocacy Program (HICAP) strives to ensure residents are well-informed on Medicare issues.

You first call HICAP at **408-350-3254**, tell them you are a Villager and would like to arrange a counseling session with HICAP counselor Douglas Campbell who is assigned to The Villages. HICAP staff will provide further instructions on the appointment process. You may also call the general number for Sourcewise, 408-350-3200 and select option 2.

Why not say today is the day I'm going to call and make an appointment to review my Medicare options?

Note: The Senior Resource Services (SRS) office hours for drop-in assistance are Monday, Wednesday, and Friday from 10 a.m. to noon. The SRS office is in the Cribari Center across from the Post Office. You may also leave a message at 408-239-5253 or e-mail SRS at villagessrs@ sbcglobal.net. The purpose of SRS is to provide education and general business and financial information. All assistance is free and confidential. You should ask your professional advisor about your individual situation.

SRS Announcement:

New attorney list for estates and trusts

We have added two female attorneys to our current attorney handout. Because of withdrawals and retirements, our last published list contained only male attorneys. If this changed list is of interest to you, please stop by the office for the new handout. Or you may call and leave your e-mail and phone number for an email copy. This list is frequently requested by Villagers who are creating or amending a Living Trust.

The new handout is dated 10/2022. Please do not use any attorney list older than 07/2022. Please note that each attorney sets his/her own fee structure.

> More BOARDS & COMMITTEES, and COMMUNITY NOTICES on pages 7, 23, 27 & 28

BOARD MEETINGS

Three Boards

- The Villages Three-Board Meeting re: Audit Presentation is Tuesday, October 18, at 3 p.m. via Zoom Meeting
 - Meeting ID: 842 4054 5530; Passcode: 881265; Dial: 1-669-900-6833

- The Villages Association Board of Directors Executive Session Re: Personnel Matters is Monday, October 10, at 1 p.m. via Zoom Teleconference.
- The Villages Association Board of Directors Monthly Board Meeting is Tuesday, October 25, at 9:30 a.m. via Zoom Meeting ID: 917 8108 3392; Passcode: 223468; Dial: 1-669-900-6833

Club

• The Villages Golf & Country Club Board of Directors Monthly Board Meeting is Tuesday, October 25, at 1:30 p.m. This is a hybrid meeting—both in person at Foothill Center and on Zoom

Meeting ID: 961 5036 4740; Passcode: 260616; Dial: 669-900-6833

Deadline for editorial materials is the Thursday before the date of publication. If your notice is late, please call Kory at The Villager copy desk at 408-754-1341 to arrange for space to be available. You may e-mail your copy to: ktran@the-









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ENDAR OF EVENT

Friday, October 7

iiiuuy, t	JULUNUI 1	
8:30 a.m.	Catholic Mass	CR
8:30 a.m.	Jazzercise	Α
9 a.m.	Ceramics Open Studio	CER
9 a.m.	Chinese Morning Exercise	Р
9 a.m.	Game Day RED,	SEQ
9:30 a.m.	Open Studio	AR
9:30 a.m.	Chapel Music Comm.	F
10 a.m.	Line Dance Class	MMP
10 a.m.	Quilters	PR
1 p.m.	Bridge Club at Villages	RED
1 p.m.	Table Tennis	MMP
2:30 p.m.	Handbells	CR
3 p.m.	Bocce Bash	GP
6 p.m.	Chinese Club Line Dance	FC
6:30 p.m.	Mexican Train	MC
7 p.m.	Theater Rehearsal Show	Α

Saturday October 8

outui au	iji ootonoi o	
9 a.m.	Open Sewing	PR
9 a.m.	Table Tennis	MMP
9 a.m.	VMA Home Tour	CH
10 a.m.	Card Making Workshop	
10 a.m.	Fall Show Ticket Sales	RED
10 a.m.	Ukulele Singing	SEQ
2 p.m.	Ceramics Open Studio	CER

Sunday October 9

Juliuuy	, UULUBUI U	
7:15 a.m.	Catholic Choir	CR
8:15 a.m.	Catholic Mass	Α
9 a.m.	Ceramics	CER
9 a.m.	Episcopal Services	MC
9 a.m.	Chapel Choir	SEQ
9 a.m.	Table Tennis	MMP
10 a.m.	Open Sewing	PR
10 a.m.	Comm. Chapel Services	Α
11 a.m.	Chapel Fellowship	CR
5 p.m.	Italian Club Dinner	CH
7 p.m.	Theater Rehearsal Show	Α

Monday. October 10

	,,	
8:30 a.m.	Jazzercise	Α
9 a.m.	Chinese Morning Exercise	Р
9 a.m.	Game Day RED,	SEQ
9 a.m.	VMA	VC
9:30 a.m.	EPC Directors	FC
10 a.m.	Jewish Group Board	MC
10 a.m.	Line Dance	MMP
10 a.m.	Search the Scriptures	CR
10 a.m.	Total Body Fitness	Α

EVENT LOCATIONS

(Cribari)

Auditorium

Α

^	Additoriani	(Oribari)
AR	Art Room	(Cribari)
BC	Bocce Courts	
CER	Ceramics	(Cribari)
CH	Clubhouse	
CR	Conference Rm.	(Cribari)
F	Forum	(Cribari)
FC	Foothill Center	
FHP	Foothill Pool	
GP	Gazebo	
L	Lobby	(Cribari)
SEQ	Sequoia	(Cribari)
MC	Montgomery Center	
MMP	Montgomery MP Ro	om
RED	Redwood	(Cribari)
Р	Patio	(Cribari)
PC	Pickleball Courts	
PR	Patio Room	(Cribari)
TR	Terrace Room	(Cribari)
TS	Tennis Stand	
VC	Vineyard Center	
VR	Voyage Room	(Montgomery)

10 a.m. 12 p.m. 1 p.m. 1:30 p.m. 2 p.m. 4:30 p.m. 5:30 p.m. 6 p.m.	Watercolor Class Ceramics Open Studio Stitchery Table Tennis Theater Rehearsal Show Martin Luther King Society Village Dancers Democratic Mayoral Forum	PR MMP A MC A CH	2 p.m. 2 p.m. 3 p.m. 6:30 p.m. 6:30 p.m. 6:30 p.m. 7 p.m.
6:30 p.m.	Duplicate Bridge	RED	Thurs

Tuesua	y, uctober 11	
8:30 a.m.	Men's Golf Invit. Meeting	MC
9 a.m.	Game Day RED,	SEQ
9:30 a.m.	Senior Academy-CA History	
9:30 a.m.	Poetry in Art & Pastel Class	AR
10 a.m.	Ukulele Advanced	CR
10 a.m.	Line Dance Class	MMP
11:30 a.m.	Live Longer Stronger	Α
12 p.m.	Brandeis Picnic	GP
12 p.m.	Ceramics Open Studio	CER
1 p.m.	Bocce Board	PR
1 p.m.	Mayoral Forum	CH
1:30 p.m.	Table Tennis	MMP
2 p.m.	Crafters Club	VC
2 p.m.	Theater Rehearsal Show	MC
2 p.m.	Piano Open Studio	Α
2:30 p.m.	Chapel Choir	CR
3:30 p.m.	Village Voices Board	PR
5 p.m.	Music Society Board	PR
6 p.m.	Concert Band	Α

Wadnaaday Ootahar 19

Wtullt3	9:30 a.i		
8:30 a.m.	Jazzercise	Α	10 a.m.
9 a.m.	Ceramics Open Studio	CER	1 p.m.
9 a.m.	Game Day RED, SE	ΞQ	1 p.m.
10 a.m.	Critique + Open Studio	AR	2:30 p.i
10 a.m.	Israeli Folk Dance	MMP	3 p.m.
10 a.m.	VMA General Meeting	CR	6 p.m.
12 p.m.	Brandeis Luncheon	CH	6:30 p.i
1 p.m.	Table Tennis	MMP	7 p.m.
			-

9 a.m. 9:30 a.m. 10 a.m. 10 a.m. 10 a.m. 11 a.m.

9 a.m.

12:30 p.m. 1 p.m. 1:30 p.m. 3 p.m. 3:30 p.m. 4 p.m. 7 p.m. 7 p.m.

8:30 a.m.

8:30 a.m.

9:30 a.m. 10 a.m.

9 a.m. 9 a.m.

9 a.m.

1 p.m. 2:30 p.m.

6:30 p.m. 7 p.m.

Veterans Club VC Highland DAC FC Duplicate Bridge **RED** Mexican Train MC Village Dancers Rehearsal A Village Voices FC

Theater Rehearsal Show A

Thursday. October 13

iay, volubbi iv	
Ceramics Open Studio	CER
Game Day RED,	SEQ
Drawing/Assemblage	AR
Communications Comm.	CR
Line Dance	MMP
Live Longer Stronger	Α
Ironmen Golf Lunch	CH
18 Hole Women Golf Lunch	CH
Table Tennis	MMP
Ukulele Club	FC
Villages Golf Committee	MC
EPC Pre Drill Meeting	VC
Pickleball Club	PR
Theater Rehearsal Show	Α
Folksters	VC

Friday

,	UULUUUT 14	
•	Catholic Mass	CR
	Jazzercise	Α
	Ceramics Open Studi	o CER
	Chinese Morning Exercis	e P
	Game Day REI	D, SEQ
	Open Studio	AR
	Line Dance	MMP
	Bridge Club at Village	s RED
	Table Tennis	MMP
	Handbells	CR
	Bocce Bash	GP
	Chinese Club Line Dance	e FC
	Mexican Train	MC
	Theater Rehearsal Show	νA

Villages Medical Auxiliary-Since 1976 Office: 408-238-4230

Hours: Monday to Thursday, 9:30 a.m. to 2:30 p.m. Service Coordinator: 408-238-4029 www.vmavillages.org



October Programs

High Intensity Interval Training for Seniors: Coach Andy Le from Project Strength can help you learn to improve your cardiovascular functions, balance, coordination, mobility and tone your body with his HIIT fitness program. Monday, October 17 at 10:30 a.m. in Cribari conference room. Please call 408-238-4029 to register.

Hospice vs. Palliative Care: Learn the differences and benefits of both options, presented by With Grace Hospice Wednesday, October 19 at 10:30 a.m. in Cribari conference room. To register please call 408-238-4029.

Stroke 101: What are the warning signs and how you could prevent stroke. Brought to you by the Pacific Stroke Association. Thursday, October 27 at 10:30 a.m. at Vineyard Center. Please call 408-238-4029 for more information.

Support Groups

Grief Support Group: Chaplain Dale Poland, M.Div, BCC - from Hospice of the Valley- Sutter Health is conducting a six-week series for this support group on Mondays. Another eight-week session begins October 24 - December 12 in the Cribari Conference Room from 10:30 a.m. to noon. Please call 408-238-4029 with any questions.

Caregiver Support Group: Thursday, October 20 at 10:30 a.m.-12 p.m. in the Patio Room and via Zoom. Please contact Judy London Ph.D. for all meeting specifics at judithlondon@sbcglobal.net or call 408-784-3325.

Parkinson's Caregiver Support Group: Meet with other caregivers of those with Parkinson's. Thursday, October 20 from 10 a.m. to 11 a.m. in Montgomery Center.

CHANNEL

all times are a.m. and p.m.

Fitness Center

Daily 12:00 & 6:00

Fitness

1:00 & 7:00 Mon - Sat 15 Minute Exercise

1:15 & 7:15 Mon Wed Fri Sun **Chair Fitness**

Tue Thu Sat

Cardio Fitness

Coyote Town Hall

Daily 2:00 & 8:00

Welcome to Our Website

Daily 3:30 & 9:30

Living with Wildfires

Daily 4:30 & 10:30

Events & Notices

Daily

12:54 & 6:54 (6 min) 4:15 & 10:15 (15 min) 5:21 & 11:21 (9 min)

MWFSu 1:57 & 7:57 (3 min) Tu Th Sa 1:51 & 7:51 (9 min)



Public Password: villages

More information online at the Villages Resident Portal: resident.thevillagesgcc.com

Leash rule for pets

Residents are reminded, as per Club Rule 1.51, that pets must be kept on a leash, under control, and attended to at all times. This also applies to the Hill Lands.

An increase in coyote aggression has created problems with small dogs, especially those that are unleashed. *Please always*

leash your pets. And keep leashes short; the Division of Wildlife recommends a leash no longer than 6 feet.

Furthermore, accompany your leashed pet at all times while outside. Do not let go of the leash or tie your animal to trees or other objects. An unattended leash not only attracts the



attention of coyotes, but is also a tripping hazard to other walkers.



Welcome to another edition of Hi Neighbors. This week we introduce you to more Villagers who moved here in the past year.

Help us say hi to **Walter Lucas**, who moved to Hermosa Village from Ohio last October. Originally from the Philippines, Walter is a retired board-certified pediatrician. In his spare time, he enjoys hiking and competitive ballroom dancing.

Give a warm greeting to **David Pham**, who moved to Cribari Village last October from elsewhere in San Jose. Born in Vietnam, David is an engineer who holds a B.S. in Computer Science. His interests include computers, cars and woodshop. David also became a grandfather this past November.

Say "hello neighbor" to **Rajendra Prasad Kotikela**, who moved to Cribari Village last October. Originally from Hyderabad, South India, he holds a Master of Science degree and is an Associate Member of the Insurance Institute in India. He has worked as the chief regional manager of the New India Assurance company and as VP of Medi Assist India. His interests and hobbies include Bible education, social service, gardening, babysitting, teaching children, and providing care to elders.

Help us greet Marjorie Crockett, who moved to the Highlands last winter from San Francisco. Born in Connecticut, her education has spanned the globe including a B.A. from Muskingum in Chicago, an M.A. from Howard University in D.C., and a teaching degree in the UK. She married Andrew, a British citizen and they lived in London for many years. Together the pair went off on many global adventures, as Andrew worked at the Bank of England, the International Monetary Fund, and the Bank of International Settlements in Switzerland and J.P. Morgan in New York. One of their most memorable experiences was Andrew being knighted by Queen Elizabeth for his services to the British nation at Buckingham Palace, and afterward the pair became Sir Andrew Crockett and Lady Marjorie Crockett. Marjorie is the sister of fellow Villager Walter Hlavacek.

Give a wave to **Bao Vu**, who became a Cribari resident this past June. Originally from Vietnam, Bao obtained a Bachelor of Science in Electrical Engineering from Cal State Long Beach in 1984 and works as a senior manufacturing engineer. In his free time, he enjoys exploring photography, painting, art, history and music.

Say hello to **Amanda (Mandy) Book**, who moved to Village Highland this past March. Originally from Illinois, Mandy holds a B.A. and teaching credential, and has worked as an elementary school teacher and private tutor. Her interests include dogs, crafting—cards and scrapbooks, hiking, travel, theater, movies, books, computers and writing. She is also a former dog trainer who has competed in a variety of events.

Association Annual Statements of Compliance

Arriving in October for residents of The Villages Association (condos) are the annual Association Smoke, CO Detectors and Insurance Statements of Compliance.

Association (Condos Only) Smoke, CO Detectors, and Insurance Statements of Compliance: In order to fulfill the requirements of The Villages Association Policies APo 408 Smoke Detectors Installation, Maintenance, Repair and Replacement, and APo 410 Carbon Monoxide (CO) Detectors, each owner is required to inspect (or have inspected by a third party) his/her villa on an annual basis to ensure their detector(s) are in working order and in addition, all Association residents (renters and owners) must provide a certification of insurance that complies with the Association CC&Rs and Association Policy APo 409 Home Owner & Resident Insurance Requirements and Verification.

State and local laws require a smoke detector in each sleeping room and in the hallway and a carbon monoxide detector be installed outside of each separate dwelling unit sleeping area. Per the policies, the replacement of smoke detectors is required every ten years and replacement of CO detectors is required every five years. In addition, a statement of compliance shall be demonstrated annually.

All Association condo owners must maintain property and liability coverage (commonly referred to as HO6) plus loss assessment coverage. Renters must maintain liability coverage (commonly referred to as HO4) and property coverage in an amount deemed appropriate by the renter. Both parties are required to provide a certificate of insurance that complies with the CC&Rs.

The policies listed above and the specifics on The Villages insurance guidelines and requirements are available on The Villages website at the following address links:

Insurance Guidelines: https://resident.thevillagesgcc.com/private/insurance

Policies: APo 408 Smoke Detectors https://resident.thevillagesgcc.com/private/apo408

APo 409 Insurance https://resident.thevillagesgcc.com/private/apo409

APo 410 CO Detectors https://resident.thevillagesgcc.com/private/apo410

The deadline to complete and return the Smoke, CO Detectors, and Insurance Compliance forms (for condo residents) is on or before November 4, 2022. You may either drop it in the deposit box located in the parking lot just outside of Building A or mail the completed document and any attachments back to us at:

The Villages Association Attention: Association Compliance 5000 Cribari Lane San Jose, CA 95135

We appreciate you taking the time to complete and return these important forms. Please be assured that the information that you provide is used strictly for the Corporation's records and to document compliance with the Association's governing documents.

Thank you for assistance with this very important matter.

To Villages Owners October 3, 2022

Introducing the MOTUS Elective Earthquake Insurance Program

Both the Villages Association and the Villages Homeowners' boards have decided to introduce our members to a unique earthquake insurance program offered by MOTUS Insurance Services. The MOTUS earthquake insurance program is an optional insurance policy that Villages owners can purchase to protect themselves in the case of earthquake damage to their own property, the cost of temporary living off-site, and from potential special assessments. It is an interesting alternative with some unique features compared to other individual earthquake insurance programs such as those offered by the State of California's CEA program, or some private insurance companies.

A MOTUS policy is NOT earthquake insurance purchased by, or for, any of the Villages corporations—it is available only to individual homeowners.

As our members well know, the cost of all kinds of insurance has almost quadrupled in recent years. In the past, The Villages purchased some small amounts of earthquake insurance. This year, in view of the costs and the limited coverage, the boards decided not to purchase any earthquake insurance. With the MOTUS program, each owner of a condo/villa or single-family home can decide for themselves whether they want to buy earthquake insurance and the type and amount of coverage. Two policy versions will be offered—one version for condo/villa owners, and another version tailored for single-family homeowners.

Since The Villages does not have Earthquake insurance coverage, all repair expenses that cannot be paid from available funds (operating, reserves, and loans) will be charged equally among all The Villages' owners as special assessments. Single-family homeowners could be facing a Club special assessment for damages to Club property, and Association condo/villa owners could be facing both Club and Association special assessments. The Villages currently purchases \$890M in Property coverage for all condos/villages and common area structures on a replacement cost basis. The Villages has 2,309 condo/villas and 227 single family homes. Estimates of potential actual damages and the risk/rewards of buying insurance are very personal decisions, so having as much information available and having options is a good thing.

Sent via email to Villagers who have signed up for electronic distribution, and via first class mail to Villagers that have not, is information on the MOTUS program, which includes webinar access information and enrollment form. MOTUS Insurance Services will be visiting the Villages to present its program at Town Hall meetings in the Cribari Auditorium on Thursday, October 20, at 10 a.m. and on Thursday, October 27, at 6 p.m.

The Boards are pleased to be able to introduce an additional option for residents who are considering earthquake insurance.

Disclaimer: Purchasing a MOTUS insurance policy is strictly an individual resident's choice. Neither the Villages Association, nor the Golf and Country Club, nor the Homeowners' corporations make any recommendations for or against purchasing a MOTUS policy.

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For Information: 408-223-4687

2800 Villages Fairway Drive, San Jose CA 95135

All Clubhouse & Bistro menus can be found at the villagesgcc.com

WHAT'S COOKING?

theclubhouse@the-villages.com For Curbside Grab-and-Go Service, call in your order at 408-370-8553. Call again when you get to the Clubhouse curbside and we will bring it out to your vehicle.

To order **Curbside Grab-and Go** 408-370-8553

(Breakfast orders only Saturday & Sunday 7 to 11 a.m.)

The Clubhouse Curbside service charge is 15 percent. The service charge for the Indoor and Patio Dining is 18 percent.



CLUBHOUSE RESTAURANT & THE BISTRO & BAR AND GRAB & GO ORDERS AVAILABLE

Des.

Clubhouse is open for full service

The following details will be in effect at the Clubhouse:

Restaurant Main Dining Room: Reservations are strongly suggested by emailing, calling or making an online reservation. Email: theclubhouse@the-villages.com, Phone: 408-223-4687, Online: clubhousereservation.com

- Patio and Bistro Dining reservations for the patio are for 6 or more persons.
- The Bistro alcove can be reserved for parties of 8 to 10 people.
- The kitchen will still close at 8 p.m., last seating at the Bistro, Patio, curbside takeout and Restaurant main dining
- · Bistro Bar closes at 9 p.m. Last call is at 8:30 p.m.
- · Dress code for the main dining room will be enforced. During summer months, dress shorts and dress sandals will be
- Seating capacity will be at 100 percent.
- · Visitors do not have to be accompanied by Villagers to use Clubhouse.
- Credit cards and house charges will be accepted.
- · Cash will not be accepted for payment but can be left as a tip.
- · Villagers will not have to sign in for indoor seating.

Hours of Operation will be as follows:

Breakfast/Brunch: Saturdays 7 a.m. to 11a.m. Sundays 7 a.m. to 2 p.m.

All-Day Menu: 7 Days 11 a.m. to 8 p.m.

Dinner Menu: Tuesdays through Sundays 5 p.m. to 8 p.m.

How does Curbside Grab-and-Go work?

First, call in your order at 408-370-8553. Call us again when you get to the Clubhouse curbside and we will bring it out to your vehicle. A 15% Service Charge and Tax will be added to the price

Notice for our Curbside customers: Due to the increased volume of orders at dinner time, we are recommending that you call and place your order between the times of 3 p.m. and 4:30 p.m. We will take your order and coordinate a pick-up time later that evening. While this is not required, it should help alleviate any wait times during the peak dinner time hours of 5 p.m. to 7 p.m.

Soup of the Day

For the week of 10/10 to 10/16

Monday October 10 Chicken and Rice Tuesday October 11 Cream of Mushroom

October 12 Potsticker

Wednesday

Thursday October 13 Navy Bean

Friday Clam Chowder October 14

Saturday October 15 Chef's Choice

Sunday October 16 Chef's Choice

Indoor and Patio dining or Curbside hours of Operation

Tuesday to Friday **Monday**

Lunch: 11 a.m.—2 p.m.

Bistro Menu:

2 p.m.—8 p.m. Last Seating

Lunch:

11 a.m.—2 p.m. **Bistro Menu:**

2 p.m.—8 p.m. Last Seating

Dinner Menu: 5 p.m.—8 p.m. Last Seating

Saturday and Sunday

Saturday Breakfast: 7 a.m.—11 a.m.

Sunday Breakfast:

7 a.m.—2 p.m.

Lunch:

11 a.m.—2 p.m.

Bistro Menu: 2 p.m.—8 p.m. Last Seating

Dinner:

5 p.m.—8 p.m. Last Seating

Breakfast, Lunch and Dinner indoor dining now available as well as Patio Dining and Curbside Grab-and-Go pickup.

Bistro Menu 2p-8p

Appetizers

GF Potato Skins \$14.00

Cheddar, Tomatoes, Bacon, Scallions and Sour Cream

Wings 6Pc \$13 12Pc \$22

Celery and Carrots, Ranch Dressing with BBQ, Teriyaki or Buffalo Sauce

Avocado Toast with Smoke Salmon \$14.95 Toasted Sourdough will Dill Sprig

GF Curried Chicken Lettuce Cups \$13.95 Minced Chicken, Water chestnuts, Mushrooms and

Green Onions on Butter Lettuce
Fried Green Beans \$8.50

Roasted Meatballs \$9.95 BBQ Sauce, Teriyaki or Buffalo Sauce

Angus Beef Sliders \$12.95

2 Angus Beef with Tomato Relish

Southern Crab Cakes \$13.95 2 Panko Crusted with Cayenne Remoulade

Calamari \$13.95

Lightly Dusted Rings, and Tentacles with Parmesan Parsley

Soup of the Day

Cup \$5.50 Bowl \$7.50

Entrée Caesar Salad \$11.95

Romaine, Cherry Tomatoes, Parmesan, Croutons Add Grilled Tofu \$3, Chicken \$4, Salmon \$6, Prawns \$6

Cobb Salad \$14.25

Mixed Greens, Tomato, Cucumber, Hard boil Egg, Olives, Avocado Bacon and Feta Cheese Add Grilled Tofu \$3, Chicken \$4, Prawns or Salmon \$6

V.Asian Salad \$14.25

Cabbage, Carrots, Edamame, Peanuts, Fried Won Ton Skins, Bean Sprouts with Sesame Ginger Dressing Add Grilled Tofu \$3, Chicken \$4, Prawns or Salmon \$6

V Strawberry and Orange Spinach Salad \$14.95 Red Onions, Candied Walnuts with Raspberry Walnut Dressing Topped with Feta Cheese Add Grilled Tofu \$3, Chicken \$4

Add or Sub Tofu to Menu Items as Marked

Weekly

Specials

For the week of

10/10 to 10/16

Monday 10/10 to Sunday 10/16

11 a.m. to 2 p.m.

Beef Fajitas: Beef Strips with

Sautéed Peppers and Onions.

Served with Spanish Rice

Prawn Tempura: Batter

Dipped Prawns served with

Steamed Rice and Broccoli

with a Pineapple Sauce \$16.95

Tuesday 10/11 to Sunday 10/16

5 p.m. to 8 p.m. (Last Seating)

Chicken Parmesan:

Parmesan Crusted Chiken

Breast with Marinara Sauce

Blackened Tilapia: Cajun

Seasoned Filet of Tilapia with

Tomato, Onion, Cilantro and Avocado Salsa with Choice of

Dinner Specials:

over Linguini \$22.95

Sides **\$22.95**

Lunch Specials:

GF Gluten Free V Vegetarían

V Quesadilla \$13.95

Pico de Gallo, Sour Cream, Guacamole, Add Chicken or Beef \$4

V. Asian Stir Fry Vegetables Over Rice \$12.95 Vegetables over Jasmine Rice with Ponzu Sauce Add Grilled Tofu \$3, Beef, Chicken or Bay Shrimp \$4

Fish and Chips \$14.95

Batter Dipped Cod, Tartar Sauce, Fries, Cole Slaw and Malted Vinegar

Street Tacos \$13.95

Tofu, Cod, Beef or Chicken with Cilantros, Onions, Cabbage and Radish with Salsa on mini–Corn Tortillas

Sides: \$5.50

Potato Salad, Coleslaw, French Fries, Sweet Potato Fries, Garlic Fries, Onion Rings, Fresh Fruit, Small Salad, Cup of Soup

Sandwiches

Hot Dog with Side \$9.95

Toppings: Onions, Tomatoes & Red Onion Relish. Cheddar Add \$2

Burger with Side \$13.95 Or Impossible Burger with Side \$14.95 Angus Beef with LTO and Side Dish Or Plant Based Meat with Lettuce, Add Avocado, Bacon or Cheese add \$2.50

Roast Beef French Dip Au Jus with Side \$14.95 Hoagie Loaf with Provolone and Sauteed Onions

Shrimp Roll Sandwich with Side \$16.95

Bay Shrimp, Celery, Green Onions and Dill Aioli

Gluten Free Bread Substitute \$2

Naan Flatbread Pizzas Red Sauce and Mozzarella

Add Arugula Topping \$2, Gluten Free Crust \$2

V Cheese Pizza \$11.95 Pepperoni Pizza \$12.95

V Margarita Pizza \$12.25

Red Sauce, Mozzarella and Tomatoes

Combination Pizza \$14.95

Sausage, Pepperoni, Mushrooms, Onions, & Peppers

V Veggi Pizza \$14.95

Onions, Broccoli, Zucchini, Mushrooms, Peppers Arugula

\$6.50

Dessert Menu

Vanilla Crème Brulée with Berries

Creamy Custard Topped with Glazed Caramelized Sugar

Chocolate Salted Caramel Soufflé Cake (Warm)

Chocolate cake with creamy salted caramel center

Tiramisu

Espresso-soaked lady fingers and Mascarpone cream, dusted with cocoa Powder

New Orleans Bourbon Bread Pudding (Warm)

Caramel Toffee Sauce

Apple Torte

Fresh Apples combined with cinnamon butter & brown sugar in a shortbread crust

\$4.95

Flavors of the Day

Sherbet, Ice Cream, Sorbet, Milk Shakes

June 22

Breakfast Menu

Saturdays 7 a.m. to 11 a.m., Sundays 7 a.m. to 2 p.m.

V French Toast \$8.25

Whipped Butter, Maple Syrup, Seasonal Fruits

V Short Stack Pancakes \$8.25

Whipped Butter, Maple Syrup, Seasonal Fruits Berries

V Belgium Waffles \$8.75

Whipped Butter, Maple Syrup, Seasonal Fruit Berries

Bagel BLT and Egg \$9.75

Bacon, Lettuce and Tomato with Cream Cheese

Breakfast Burrito \$9.75

Scrambled Egg, Potatoes, Cheese, Salsa Choice of Bacon, or sausage

Montgomery Muffin \$9.25

Scrambled Eggs, Bacon or Sausage, Cheddar Cheese and Fruit

Lox and Bagels \$13.95

Smoke Salmon, Cream Cheese, Red Onions, Egg Whites and Capers

Avocado Sourdough Toast \$12.95

Fried Egg, Bacon, and Tomato

Egg \$2.25, Breakfast Meats \$4, Hash Browns \$3, Toast \$2

Coffee \$1.95



Starbucks Espresso \$2.50 Extra Shot \$1.50

Starbucks Americano \$2.50

Starbucks Latte/Cappuccino \$3.25

Juice, Milk, or Hot Chocolate \$2.95

V Vegetarian GF Gluten Free

The Villager \$10.50

2 Eggs any style with Sausage, Ham or Bacon. With Hash Brown or Fruit, Choice of Toast Substitute Breakfast meat with NY Steak Add \$9

Three Egg Omelet \$10.95

Choice of Peppers, Mushrooms, Spinach or Tomatoes Ham, Bacon, Sausage, or Cheese, Add. \$2 each, Bay Shrimp \$3.00, Spanish Sauce Add \$.25 Served with Hash Brown or Fruit and Choice of

Skillet Scrambler \$10.95

Choice of Peppers, Mushrooms, Spinach or Tomatoes Ham, Bacon, Sausage, or Cheese, Add. \$2 each, Bay Shrimp \$3, Spanish Sauce Add \$.25 Served with Hash Brown or Fruit and Choice of Toast

Huevos Rancheros \$10.50

Fried Corn Tortillas Topped with Lettuce Tomatoes, Sour Cream, Blacked Beans, Fried Egg and Salsa, Topped with Cotija Cheese

Eggs Benedict \$11.95

2 Poached Eggs, Canadian Bacon over English Muffins with Hollandaise Sauce Served with Choice of Hash Browns or Fruit

Eggs Florentine Benedict \$11.75

Two Poached Eggs, & Spinach, Feta and Tomatoes over English Muffins with Hollandaise Sauce. Served with Choice of Hash Browns or Fruit

Corned Beef Hash and Eggs \$11.95

2 Eggs any style with House Made Seasoned Hash. Served with Hash Brown or Fruit and Choice of Toast

GF Gluten Free Bread Available

Dinner Menu

Tuesday - Sunday 5pm to 8pm Last Order

Starters

Soup of the Day *Cup* \$5.50 Bowl \$7.50

V Baby Lettuce Mix Salad \$6.75 With cucumbers, Cherry Tomatoes

Small Caesar Salad \$6.75

Calamari \$13.95

Lightly Dusted Rings and Tentacles with Parmesan Parsley

V Fried Breaded Green Beans \$8.50

Southern Crab Cakes \$13.95 *Crusted with Cayenne Remoulade*

Avocado Toast with Smoked Salmon \$14.95 Toasted sourdough will Dill Sprig

GF Curried Chicken Lettuce Cups \$13.95 Minced Chestnuts, Mushrooms and Green Onions Butter Lettuce Cups

The Lighter Side

Served à la carte

Linguini and Clams \$16.95White Wine, Butter, Olive Oil, Lemon Juice Parsley

V Villages Penne Pasta \$14.95 Cream Gorgonzola Garlic Sauce, with Sundried

tomatoes, Seedless Grapes Add Chicken or Bay Shrimp \$4,

V Eggplant Parmesan \$16.95 Eggplant breaded in Crispy Panko Crumbs, Layered in

Eggphant breaded in Crispy Panko Cramos, Layered ii Marinara Sauce, Parmesan and Provolone

Chicken Carbonara Over Linguini \$24.95With Prosciutto and Peas In a Garlic Cream Sauce

V Vegetarian GF Gluten Free

Fridays, Saturdays and Sundays Slow Roasted Prime Rib \$39.95

Aged to Perfection with Choice of Sides

Dinner Entrées

Accompanied by 2 Sides Mashed Potatoes, Wild Mix Rice Baked Potato with Sour Cream and Chives Or Daily Vegetables Sides

Soup or Salad \$3.95 with Entrees

Grilled New York Steak \$31.95
Center Cut with Peppercorn Sauce

Grilled Balsamic Chimichurri Flat Iron Steak

Calf Liver and Onions \$26.95 Sautéed Onions and Crispy Bacon Bits

Chicken Cordon Blue \$25.95 Breaded and Stuffed with Ham and Cheese Topped with Dijon Cream Sauce

GF Grilled Pork Tenderloin \$25.95 With Pineapple Salsa

Filet of Sole Piccata \$26.75 Flour Dusted with Capers, White Wine, Lemon Butter Sauce

GF Honey Mustard Glazed Salmon \$27.95

Pan Seared Scallops \$29.95 Lemon Butter Sauce Wilton Scallions

Cajun Prawns & Andouille Sausage \$28.95
with Creole Sauce

V Sesame Balsamic Grilled Tofu Steak \$21.95

Lunch Menu

11am to 2pm

GF Potato Skins \$14.00

Cheddar, Tomatoes, Bacon, Scallions, and Sour Cream

Wings 6Pc \$13 12Pc \$22 With Carrots, Celery, Ranch Dressing With BBQ, Teriyaki or Buffalo Sauce

Breaded Chicken Tenders with Sauce \$9.95 Honey Mustard or Ranch

Fried Breaded Green Beans \$8.50

Avocado Toast with Smoked Salmon \$14.95 Toasted Sourdough with Dill Sprig

GF Curried Chicken Lettuce Cup \$13.95 Minced Chicken, Water chestnuts, Mushrooms and Green Onions on Butter Lettuce

Roasted Meatballs \$9.95 BBQ Sauce, Teriyaki or Buffalo Sauce

Angus Beef Sliders \$12.95

2 Angus Beef with Tomato Relish

Southern Crab Cakes \$13.95 2 Panko Crusted with Cayenne Remoulade

Lightly Dusted Rings and Tentacles with Parmesan

Soup of the Day Cup \$5.50 Bowl \$7.50

V Lunch 3 Egg Omelet with Fruit \$.10.95Choice of Peppers, Mushrooms, Spinach or Tomatoes. Choice of Toast

Ham, Bacon, or Cheese Add \$2.50, Bay Shrimp \$4

GF Entrée Caesar Salad \$11.95

Romaine, Cherry Tomatoes, Parmesan and Croutons Add Grilled Tofu \$3, Chicken \$4, Salmon \$6, Prawns \$6

V Asian Salad \$14.25

Chopped Cabbage, Carrots, Edamame, Peanuts, Fried Won Ton Skins, Bean Sprouts with a Sesame Ginger Dressing. Add Grilled Tofu \$3, Chicken \$4, Prawns \$6 Cobb Salad \$14.25

Mixed Greens, Tomato, Cucumber, Hard boil Eag. Olives, Avocado Bacon and Feta Cheese Add Grilled Tofu \$3, Chicken \$4, Prawns or Salmon \$6

Mixed Greens, with Avocados, Tomatoes, Cucumbers, and Hard-Boiled Egg with 1,000 Island Dressing

V Strawberry and Orange Spinach Salad \$14.95 Red Onions. Candied Walnuts with Raspberry Walnut Dressing Topped with Feta Cheese Add Grilled Tofu \$3, Chicken \$4

Half Stuffed Avocado with Chicken Salad \$14.95 Tomato, Cucumber and Hard Boiled Egg

Pico de Gallo, Sour Cream Guacamole, Add Chicken or Beef \$4

V Asian Stir Fry Vegetables Over Rice \$12.95 Vegetables over Rice with Ponzu Sauce, Add Grilled Tofu \$3, Chicken \$4 Salmon or Prawns \$6

V Egg Foo Yung over Rice \$12.95 Chinese Omelet with Green Onions, Cabbage, Bean Sprouts

Add Bay Shrimps or Chicken or Both \$4 Fish and Chips \$14.95

Batter Dipped Cod, Tartar Sauce, Fries, Cole Slaw and Malted Vinegar

Grilled Tofu, Cod, Beef or Chicken with Cilantros, Onions, Cabbage and Radish with Salsa on mini-Corn

V Ralph's Burritos or Bowl (No Tortilla) \$12.95 Cilantro Rice, Black Beans, Lettuce, Pico De Gallo, Cheddar, and Guacamole, Topped with Spanish Sauce, With Grilled Tofu \$3, Steak, or Chicken \$4

Add or Sub Tofu to Menu Items as Marked.

Sandwiches and Such with choice of Sides Included

Sides: \$5.50

Potato Salad, Coleslaw, French Fries, Sweet Potato Fries, Garlic Fries, Onion Rings, Fresh Fruit, Small Salad, Cup of Soup

Hot Dog \$9.95

Toppings: Onions, Tomatoes & Red Onion Relish. Cheddar add \$2.50

Angus Beef with LTO and Side Dish

V Impossible Burger \$14.95

Plant Based Meat with Lettuce, Add Avocado, Bacon, or Cheese \$2.50

Bahn Mi Style Beef Sandwich \$15.95 Jalapenos, Bean Sprouts, Basil, Carrots, Cilantros Red Onions on Hoagie Loaf Sub Grilled Tofu for Beef \$14.95

Roast Beef French Dip Au Jus \$14.95 Hoagie Loaf with Provolone Cheese, and Sauteed

Reuben \$14.95

Grilled Rye, Corned Beef, Sauerkraut, Swiss Cheese,

Croque Monsieur Ham & Cheese Sandwich 13.95

Ham, Swiss Cheese, Dijon, and Bechamel Sauce Grilled Sourdough

Shrimp Roll on Hoagie \$16.95 Bay Shrimp, Celery, Green onions and Dill Aioli

Villages BLT Sandwich \$14.95

Bacon, Lettuce and Tomato, Turkey and Avocado Served on choice of Bread

Open Faced NY Steak Sandwich \$17.95 On Grilled Brioche, Topped with Buttermilk Onion

Pesto Chicken Sandwich on Telera Roll \$15.95 Provolone and Tomato with Arugula Sub Grilled Tofu for Chicken \$14.95

Deli Sandwich LTO \$13.50

Choice of Bread, Turkey, Ham, Chicken Salad or Tuna Salad

1/2 Deli and Soup or Salad \$12.95

V Veggie Melt \$15.95

Herbed Garlic Aioli, Grilled Veggies, including Bell Pepper, Zucchini, Onions, and Portabella packed into Hoagie Roll with Mozzarella Cheese

Naan Flatbread Pizzas All with Red Sauce and Mozzarella

Gluten Free Bread Available \$2

Add Arugula Topping \$2

 $\it V$ Cheese Pizza \$11.95 Pepperoni Pizza \$12.95 $\it V$ Margarita Tomato Pizza \$12.25

Combination Pizza \$14.95

Sausage, Pepperoni, Mushrooms, Onions, & Peppers,

V Veggi Pizza \$14.95

Onions, Broccoli, Zucchini, Mushrooms, Peppers and Arugula

Gluten Free Pizza Crust Available \$ 2.00

GF Gluten Free V Vegetarian

Single Diners' Night Let's Dine Together!

Every Wednesday at The Clubhouse



Shared Table

Bring your favorite wine to share with no corkage! Free Corkage will be applied with purchase from the Lighter Side and Dinner Entrees from the Dinner Menu.

Please make reservations and note: 'Single Diners' Reservation'

Every Wednesday at 5 p.m.

no corkage will be charged...

Wednesdays & Thursdays

Dinner Service Only

Bring your favorite bottle of wine* and your friends any and every Wednesday or Thursday at the Clubhouse. One-bottle limit per two guests

*No Corkage will be charged with purchase from Dinner Menu, Lighter Side, and Entrée items. One-bottle limit per two guests. Standard size bottles only.

555

Bistro Happy Hour

\$5 House Cocktails

\$5 House Wines

\$5 Draft Beers 16oz

2 to 5 p.m. Tuesday to Sunday All day on Monday

Prices subject to service charge and tax



Wine Maker Dinner Wednesday October 26th 2022

Please join us as we welcome DeRose Winery Cienega Valley, Hollister

5pm Reception

Wine and Cheese Reception with Prosecco Borgo Molino

6pm Dinner and Wine Pairing

Seared Scallops in Citrus Mint Sauce on Bed of Greens Paired with 2018 Chardonnay Cienega Valley

Red Wine Braised Lamb Shanks Over Garlic Risotto, Roasted Asparagus and Baby Carrots Paired with 2019 Cabernet Franc Cienega Valley

Raspberry Chocolate Ganache

Paired with 2019 Zinfandel Cienega Valley

Email or Call Reservation to: theclubhouse@the-villages.com or 408 754 1337 \$64 plus service charge and tax

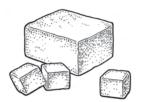
What is Tofu?

Tofu, sometimes called bean curd or soybean curd, is a creamy, high-protein, low-fat soy product typically sold in blocks. Tofu is also high in calcium and iron. It's made from soybeans, and absorbs flavors through spices, sauces, and marinades.

Due to its versatility and nutritional value, this staple of Asian cuisines for hundreds of years has more recently become popular in Western vegetarian and vegan cooking. Tofu is a plant-based protein great for your diet replacing, beef, chicken, or fish.

You may not even notice the mild flavor of tofu on its own. Rather, tofu takes on the flavor of whatever it's seasoned or cooked with, adding substance, nutrition, and texture to the dish as a whole.

It is great as an addition to salads, sandwiches and other dishes. Look for it on our menu.



Available now!



Clubhouse Whole Rotisserie Chicken is Here!

Call Curbside: 408-370-8553 Or Website: www.clubhousereservation.com

Orders Need to Be Placed Early for Evening Pickup

Orders Taken from 11 a.m. to 2 p.m.

Orders are Picked Up from 5 p.m. to 7:30 p.m.

\$14 Plus Service Charge and Tax



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COMMUNITY ACTIVITIES

The following events are sponsored by the Community Activities Department. Please telephone 408-223-4643 for additional information.

Register for events in Building B

For all Community Activities events, please register in Building B, open Monday to Friday 8:30 a.m. – noon and from 1 p.m. to 4 p.m.

Sign up for Line Dance classes



Community Activities is accepting registration for the next ses-

sion of line dancing with instructor Deana Megginson in the Montgomery Multi-Purpose Room. Classes are designed for those who have had considerable line dance experience. For questions regarding specific dance levels, please contact Deana at 408-238-1180.

Class Schedule:

Advanced Beginners - Tuesdays 10 a.m. – 11 a.m. October 11 – November 15 (six classes)

Intermediate – Mondays 10 a.m. – 11 a.m. October 24 – November 28 (six classes)

Improvers – Thursdays 10 a.m. – 11 a.m. October 20 – December 1 (no class November 24) (six classes)

Advanced – Fridays 10 a.m. – 11 a.m. November 4 – December 16 (no class November 25) (six classes)

The cost is \$15 per person. Registration starts Friday, September 30.

Registration Deadlines: Advanced Beginner – October 7, Intermediate – October 14, Improvers – October 14, Advanced – October 21.

Woodshop access to be keyless in November

Woodshop users will no longer be able to access the woodshop with their key beginning November 1. Access will be by resident ID card, just like the Fitness Center. If you wish to continue to use the woodshop, please make the necessary arrangements to take an online equipment safety review, take an in-person quiz, read, and sign new paperwork and provide proof of ownership of safety glasses, hearing protection, and a dust mask.

The online safety videos are located on The Villages resident portal. Please watch them carefully and review Club Rule 1.20 regarding the Woodshop. You may access them both at resident. the villagesgcc.com/facilities/wood-shop-safety-videos

Afterward, please make an appointment with Mary Tatum in Community Activities to complete processing. She can be reached at 408 223-4643 or mtatum@the-villages.com. Appointments are available as follows: Thursdays, October 6, 13, 20, and 27 at 2 p.m. On your appointment day and time, please bring your PPE equipment with you – safety glasses (not reading or prescription glasses), ear protection and a dust mask. You will be given a quiz on the online content (equipment safety and Club Rule 1.20) . A score of 80 percent is needed to pass. When you pass, new paperwork will be given to you to read and sign. Activation of your resident ID card takes up to two business days.

Those who do not qualify can schedule a new appointment after further reviewing the videos and rule. There is no fee for current authorized woodshop users.

Three pools to close at end of October

October 31 will be the last day to swim and use the spa at Cribari, Montgomery and Foothill pools. The closure is part of the annual swimming season calendar. Vineyard pool and spa will remain open through the cooler weather months. Children's hours remain active from 2 p.m. to 4 p.m. daily at Vineyard pool year-round.

HIKING CLUB SCHEDULE



Bring water, snacks, poles, and lunch, as necessary. Wear layer clothing appropriate to the current weather. In addition to scheduled hikes, the following hikes occur regularly: **Every Wednesday and Saturday** – Villages hill hike with Russ Glines at 8:30 a.m. from Foothill Center. **Every Monday** – at Clubhouse parking lot, meet at 8:20 a.m., leave at 8:30 a.m. to walk around golf course with Terri Vivoli and/or Cheryl Allmen.

Rambler Hike, October 12: Pam Thompson (408-531-9521) will lead a hike to Bentley Ridge area to the shopping center on San

Felipe. Meet up at Cribari center at 9 a.m.

Rambler Lite Hike, October 12: Evergreen College. Meet at the parking lot next to our entry gate at 9 a.m.

Rambler Hike, October 19: Gary Lohr (408-912-5124) will lead a hike to Evergreen College/Montgomery Hill park. We will continue through the campus and on to the shopping center for coffee and return to The Villages. Meet at Cribari at 8:50 for a 9 a.m. departure.

Rambler Lite Hike, October 19: Glen Arden Meet at Foothill Center at 9 a.m.

October 25-27: Three Day Hiking Club Hike in Cambria. Cars will drive at their own pace to meet at location. No scheduled hikes at The Villages.

What's Happening in ARTS & CRAFTS?

All Villagers are invited to participate in Arts and Crafts Activities. Visit villagesartsandcrafts.org

Saturday, October 8: Card Making Workshop with Mandy Book.10 am – 11:30 pm. Register at barb.gottesman@gmail.com

October 19 – November 16: Wednesday Critique Studio with Sunni Gibbons, Roz Zinns, Colleen Mirassou and others. 10 a.m. – 12 noon. Art Room. Register at barb.gottesman@gmail.com

Friday, October 21: Annual Juried Show and Reception. 1:30 p.m., Cribari Conference Room.

Saturday, November 5: Holiday Faire if a volunteer leader steps up.

Monday, December 5: "It's A Wrap!" Gift Wrapping Party with Dorothy Douquet. Light Refreshments. 4:30 p.m. – 6:30 p.m. Art Room

Open Studio in Art Room: Fridays, beginning at 10 a.m. with Jane Hink.

Ceramics Room has open studio days for approved members only. Hours posted at villagesceramics.com

Stitchery Group on Mondays, Patio Room. 1 – 3 p.m. Call Roberta at 408-218-8372

RESIDENT EXCURSION PARTICIPATION GUIDELINES

The Community Activities office offers a wide variety of activities for the enjoyment of the Villages residents. Please check your personal calendars prior to committing to an event, class or trip. Once registered for an activity, you are respon-

sible for the cost of the activity. **All sales are final.**

Registration is limited to residents only for the first two weeks.

Management assumes residents and guests are able to participate in our sponsored

activities independently. We reserve the right to evaluate the participant's ability to participate based on each individual's physical abilities and/or demonstrated behaviors. You may always take a caregiver with you to help with your needs.

Employees are not permitted to provide physical assistance to participants. If personal assistance or a wheelchair is needed, the participant must arrange for a caregiver with paid reservation to accompany him/her.

Employees, residents and their guests represent the Villages Golf and Country Club off site. It is expected that all participants will conduct themselves in a dignified, cooperative and congenial manner.

Clubs & Events

The art of black and white photography on smartphones

Teacher and photographer Rad Drew will explore the art of black and white photography working with both the iPhone and Android on Monday, October 10, from 6-9 p.m. for the Villages

Camera Club and guests. To join the free webinar, contact Ray Blinde at 408-406-6054 or rwblinde@ earthlink.net.

An important part of Rad's exploration is the conceptual side of composition and awareness of the elements of pattern, tex-



ture, line, contrast, shadow, and silhouette, which are not smart-phone-specific. For processing, some apps including SnapSeed and Dramatic Black & White, work on both iPhone and Android. For iPhone users Rad will demonstrate how to use the iPhone's native camera app, the portrait mode camera, and other camera apps for recording images. Then he will share how he processes images, recording them in (or converting them to) black and white images with the iPhone.

Rad captures creative images that have been recognized internationally and exhibited in galleries around the world. A teacher and tour guide, he serves as an associate editor for PhotoPXL.com and the mobile art network, TheAppWhisperer. Check out Rad A. Drew's website at raddrewphotography.com for information on his popular webinar as well as helpful tools and tours exploring the world.

Villages Medical Auxiliary (VMA) is looking for a few good people

The VMA is looking for residents to join our team to provide transportation services to Villages residents for medical appointments. We are currently looking to replenish our ranks. Many of our Villagers are not able to drive to medical appointments for one reason or another and we provide that service at no cost to our residents. That's where the VMA comes into play. Our goal is to provide services that will allow many of our residents the ability to continue to enjoy the benefits of living in this wonderful place for as long as they can. All that it takes is a minimal amount of time on your part, maybe an hour or two, to ensure this happens You choose which day of the week you are available, and we'll do the rest. If you are interested, please stop by the VMA office Monday through Thursday between 9:30 a.m. and 2:30 p.m. to pick up an application or go to our website at vmavillages.org to fill out an application. Our website also has a wealth of information about who we are and what we do. The VMA is a 501(c) (3) charitable organization that is funded by your donations and various events. Thank you!

Meet San Jose mayoral finalists this Monday

By Howie Blumstein

Mayor Sam Liccardo's two terms as mayor of San Jose will come to a close at the end of this year. Who will succeed him is up for debate between final candidates Cindy Chavez (Santa Clara County Supervisor) and Matt Mahan (San Jose Councilmember). The election on November 8 will tell the tale, but meanwhile, here's another opportunity to meet the two candidates, one of whom will be mayor of our city.

The Villages Democratic Club is sponsoring Mayoral Forum II on **Monday, October 10**, from 7 p.m. – 8 p.m. in the Clubhouse Fairway Room.

There are many issues facing our community including homelessness, public transport and safety to highlight a few. Please plan to join us on October 10 to hear Cindy and Matt share their visions for San Jose and to answer your questions.

Calling all artists—Holiday Faire is November 5



The Villages Arts & Crafts Association is excited to host our annual pre-holiday sale on Saturday November 5. If you are an artist and want to sell your pieces, this is the perfect opportunity as Holiday Faire is Arts & Crafts largest, most popular event. Table selection has just begun, so get your

application in so you can join in this exciting event held in the Cribari Auditorium. Download from our website: villagesartsandcrafts.org or you can pick up an application in the Cribari Arts & Crafts mail slot located directly across from the VMA office. Need one emailed to you? Contact Diane Finley at dianefinley1@gmail.com Join in the fun and sell your crafts at Holiday Faire, November 5.

Village Readers: Do you want to join a book group?

A meeting of The Village Readers Club will be held at 2 p.m. on Wednesday, October 19, 2022, at Montgomery Center. Any Villager who would like to join an existing group or to form a new group is invited to attend. There are currently 13 book groups, each with eight to 10 members. Each book group is managed independently and functions differently, from the genre of books read to the snacks provided. Groups usually meet once a month in members' homes. If you love to read, want to make new friends, and enjoy interesting book discussions, please attend. Please contact Trudy Nicholls (trudy_nicholls@hotmail.com) with any questions.

Senior Academy: 'California History— The Final Chapter'

By Bob Senkewicz

unusual start time.

Senior Academy's Professor Emeritus" Bob Senkewicz, who has presented his informative lectures in The Villages over 20 times, will resume with his final session on California history. Focusing on the period from World War II to the present, Senkewicz will expound on the emergence of contemporary California during this period. The manufacturing and logistical requirement of the Pacific theater gave birth to a series of new California industries. That led to a population increase, which begot suburbanization, and, with it, a host of emerging social issues.

During this period, the rise of television increased the power of Hollywood. The Immigration Reform act of 1965 opened the door to a growing diverse population, and, along with the impacts over time of other development such as the rise of Silicon Valley, framed the state of the State in which we live.

Join us on October 11 at the Vineyard Center and on October 18 at the Foothill Center, both at 9:30 a.m. Please note the

To register, go to the Senior academy website at VillagesSA. org or call Diane Taylor at 408-912-5594 or Kathi Ashby at 408-225-1651. If you leave a message, please be sure to leave your name and house number and whether or not you are a Senior Academy member. The fee for this two-session course is \$10 for Senior Academy members and \$20 for non-members.



Nalini Aiyagari, MBA BRE#01248710

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Meet and greet Jimmy Panetta

By Howie Blumstein

On Tuesday, October 11 from 2 p.m. – 4 p.m. in the Clubhouse Fairway Room, Jimmy Panetta will share his perspectives and answer your questions. Because of nonpartisan redistricting, Jimmy, if elected, will replace Zoe Lofgren as The Villages representative in Congress. Jimmy is currently serving his third term in Congress. Immigration reform, affordable housing, healthcare are some of the issues he has fought for. This event is spon-



sored by the Villages Democratic Club.

Meet more actors appearing in 'Office Hours'



Walt Hlavacek, Connie Hendrickson, Claude Ashen

Once again we bring you another set of actors from the fall play. These three actors are portraying a nice little family of mother Rhoda (Connie Hendrickson), father Lloyd (Claude Ashen) and son Richard (Walt Hlavacek). Mom and Dad have come to son Richard's law office to see his new place with a little lunch for the three of

them. Richard isn't really expecting them or happy to have them. As the visit continues, we find out many things about this three-some. You'll have a good laugh or two as you enjoy this scene.

Mark your calendar for one of the three performances in October. Friday night October 21 at 7:30 p.m., Saturday afternoon, October 22 at 2:30 p.m. or Sunday afternoon the 23rd at 2:30 p.m. Tickets at \$20 each go on sale in the Terrace/Redwood Rooms on October 8 and 15 from 10 a.m. to noon. Ticket prices include a 10 percent discount at the Clubhouse for dinner entrees. Clubhouse reservations are required. There is a limit of purchasing six tickets per performance but customers can go back in line to buy more.

Callout to Cribarians!

Please come and meet neighbors and help decorate the Cribari Lane Strip for Halloween! Saturday, October 8 at 9 a.m. For more information, please call Janelle Marines at 408-440-8858 or Jeanette Campa at 408-661-0203.

News Junkies: Let's talk!

By Arlene Versaw

Not everyone likes to spend time with peers discussing news of the day. There is always so much to do, why take an hour to exchange views, swap stories, or just listen in and observe? Because it is entertaining, enlightening, and enjoyable! So give yourself



a break and consider Zooming in to the next News Junkies session on Monday, October 17, at 1:30 p.m.

Because news breaks all the time, current topics may be added at the 11th hour. But some potential discussion items include the morality of gene-editing (cure disease, but...), whether Diablo Canyon should remain open and operating, and whether it is time for the British Monarchy to be abolished. Join us. Register at SA.org

Free Card Making workshop

Amanda Book is offering a card making workshop for Villagers on Saturday, October 8, 2022, from 10 a.m. until 11:30 a.m. in the Cribari Center Art Room. She will provide materials for making two cards in that time that can be used as patterns for making future cards at home.

Participants should bring a fine tip black marker and a permanent glue stick. If they have a small personal paper cutter, they should bring that also, but Amanda will have some available. Bringing watercolors, colored pencils or markers in pink, orange and green will be useful for decoration or participants may use these materials from the Arts & Crafts collections.

Register by emailing barb.gottesman@gmail.com. There is no fee for the workshop, but the maximum number Amanda can accommodate is 10, so register early. Proof of vaccine is required.



Join Village Dancers for 'Monster Mash'!

With Halloween just around the corner, the Village Dancers will be learning a jazz routine to the song "Monster Mash" in October. Join the Village Dancers on Monday nights from 5:30-6:30 p.m. in the Cribari Auditorium. No session on October 17. Questions? Email Bernice Toy at Bernice.

Toy@gmail.com.



"Follow my lead, as I direct you in choreographed routines so you are exercising your body and mind at the same time," said choreographer Bernice Toy. "When something good happens, dance to celebrate. When something bad happens, dance to forget. When nothing happens, dance to make something happen!" The Village Dancers, a part of The Villages Music Society, Inc., includes a performing group and a just-for-fun Monday dancing group.

For more information, check the Village Dancers page on the Music Society website: VillagesMusicSociety.org/Village-Dancers. There's no fee to join the Village Dancers in 2022. Beginning in 2023, there will be a \$20 annual membership fee. Donations to the Dancers and to the Villages Music Society are welcomed.

Walking/Chair Dancing to boost your mood!

So many things in our lives compete for our attention, so we often find ourselves stressed out.

What do you do to elevate your mood and keep your attitude positive? Attending the LSAL Fitness Club's Walking/Chair Dancing class two days a week is a great foundation for maintaining a healthy, happy lifestyle. If you have regular bouts of depression, sadness, anxiety, or chronic stress, it would be best to discuss this with your health care professional. The LSAL Fitness Club mission is to help you stay focused on nurturing your physical, emotional and mental well-being. The class is open to everyone, so bring friends and join us. We meet Tuesdays



from 11:30 a.m. – 12:30 p.m. and Thursdays from 10 a.m. – 11 a.m. in the Cribari Auditorium. The first class is free. Sign up in class.

Montgomery Halloween Party

Sunday, October 30, Foothill Center Witching Hour: 5 to 9 p.m. \$20 per person, costumes encouraged



Pick your Poison:

Lasagna with Sausage and Ricotta *or* Eggplant Parmigiana (Meatless) Caesar Salad, Rolls, Dessert Bring Your Own (Non-Alcoholic) Spirits

Dance to the Spooky Tunes of Ed Knott

Bring your Best Voice for Creepy Karaoke (Get your fiends together for a group karaoke or get your broom and fly solo)

RSVP by October 25 to Celia Schiffner at montgomeryvillagefun@gmail.com or 631-678-7109.

Include names of all attendees, choice of entrée, house number (for payment) and phone number. No refunds after October 25.

VMA: Learn about High Intensity Interval Training Senior Academy: 'Summer

By Barbara F. Zahner

VMA will host a presentation on High Intensity Interval Training (HIIT) with Coach Andy Le Monday, October 17 in the Cribari Conference Room in Cribari Center at 10:30 a.m.

Andy Le, a trainer certified by the American Council of Exercise, believes that strengthening the body also strengthens our mind and spirit. Coach Andy observes from professional and personal experience that exercise brings "physical benefits, boosts emotional well-being, and improves cognitive health." Coach Andy draws upon his expertise in HIRT (High Intensity Resistance Training) in working with clients.

Studies in 2022 supports Coach Andy's belief. Japanese researchers linked "muscle-



Andy Le

strengthening activities to a 15 percent lower risk of dying during the timeframe the studies were carried out." Moreover, resistance exercise was also linked to lower cardiovascular disease (17 percent), cancer (12 percent), and diabetes (17 percent)" Tufts University professor Roger Fielding PhD who studies the role of exercise and the aging process adds, "With aging, we see clear deficits in muscle function and bone health, Fielding says, "That can be slowed, attenuated, or reversed with appropriate exercise."

Question: what is appropriate? Surprisingly and happily: less is more in strength training. The maximum longevity benefit comes from one or two resistance exercise a week, totaling 30-60 minutes according to Fielding.

Founder and owner of Project Strength, and an ordained pastor, Coach Andy Le sees his life's purpose is to build upon each individual's innate gifts for a "vibrant and happy life, regardless of age. Coach Andy observed his dad's physical and cognitive decline from "many physical limitations, including hypertension and diabetes", which prevented

Coach Andy's father from "living his life as he wanted to." The death of his father, spurred Andy to complete his certification as a fitness personal trainer, so he could "help as many people as possible, especially the aging community, take back control and improve the quality of their lives."

In his presentation, Coach Andy will cover how to improve: Cardiovascular/Cardiorespiratory functions; posture, balance, and coordination; strength and energy; Mobility and flexibility; weight goals and body toning.

In Coach Andy's experience, an exercise program such as HIRT offers many benefits including lower heart disease risk, lower blood pressure, and reduces stress and anxiety.

To learn more about HIRT, join VMA's presentation from Coach Andy Le on Monday, October 17 at 10:30 a.m. For more info contact Bonnie Grim at bgrim@sequoialiving.org or 408-238-4029.

Cribari Halloween Potluck Party Saturday, October 29, 3 p.m.-6 p.m. Cribari Auditorium, Costumes Encouraged!

Bring food to share for 8-10: A-K Main Dish, L-U Salad or Appetizer, V-Z Dessert Bring your own table service and beverage. Note: BYOB can include Alcoholic beverages



Email cribaridac@gmail.com with names and house number or leave a message at 669-777-5859 to reserve.

Music by Ed Knott, fun and dancing, too!

Join the Red Cup Brigade (A Club of Gentlemen) for Villages Whiskey Tasting

By Doug Moore, villagesrcb@gmail.com

A new golfing and social club in The Villages is the "Red Cup Brigade." "The RCB" is getting ready to kick off its first of many future fundraising events.

Our first epic event will be a "VWT" (Villages Whiskey Tasting)
Please bring your own favorite bourbon, scotch or whiskey (for you to consume) and to share your thoughts and tasting notes with others.

Ted Briscoe, Kyle Finley, Mike Tuft, Doug Moore and Mickey Wagle will host the "VWT."

We will have extra red cups just in case you don't have one. We look forward to seeing you all at our inaugural event on **Friday**, **October 28** at the Gazebo with the kickoff at 5 p.m. to sunset.



Senior Academy: 'Summer of Soul' presentation

Ah, the Summer of 1969. Those days of Woodstock, the Apollo 11 moon landing, the Stonewall riots—and the emerging popularity of soul, blues and jazz. Ray Charles, Sly Stone, Gladys Knight, Stevie Wonder, James Brown and Nina Simone—names from our past who brought us the best of soul music – will be featured in a Senior Academy presentation thanks to Richie Unterberger, a widely recognized authority on rock music. View and then discuss toe-



Ritchie Unterberger

tapping film clips of the best soul-dominated festivals from the Newport Jazz Festival to the Los Angeles' Wattstax.

Unterberger is an author of 13 books and several documentaries on 1960s music. He is a teacher at the Fromm Institute of the University and the San Francisco Conservatory of Music and a lecturer on rock history at events around the country.

Zoom in to "A Summer of Soul" at 3 p.m. on Friday, October 14. It is open to all Villagers at no cost. Pre-registration is required. You can register at the Senior Academy website at VillagesSA.org.

Villages Macintosh Users Group (VMUG) to meet

If you are an Apple or PC user, you may want to join us for a Zoom meeting on Wednesday, October 19 at 3 pm. Contact our treasurer, Larry Roben, with your email address. His phone number is 408-218-0851 and his email is larryroben21@gmail.com.







More CLUBS

FROM THE VILLAGES LIBRARY

The Villages Library is open Monday through Friday, 9 a.m. to 3 p.m., and Saturday 9 a.m. to 1 p.m.

By Sherle Frost

"Reckoning: An FBI Thriller" by Catherine Coulter: Agents Savich and Sherlock are back in the latest installment in Catherine Coulter's FBI Thriller series, and this time both are enlisted to help women with traumatic pasts who are in mortal danger. When she was 12 years old, Kirra Mandarian's parents were murdered and she barely escaped with her life. Fourteen years later Kirra is a commonwealth attorney back home in Porte Franklin, Virginia, and her goal is to find out who killed her parents and why. She assumes the identity of E.N.-Eliot Ness-and gathers proof to bring down the man she believes was behind her parents' deaths. She quickly learns that big-time criminals are very dangerous indeed and realizes she needs Dillon Savich's help. Savich brings in Special Agent Griffin Hammersmith to work with Lieutenant Jeter Thorpe, the young detective who'd saved Kirra years before. Emma Hunt, a piano prodigy and the granddaughter of powerful crime boss Mason Lord, was only 6 years old when she was abducted. Then, she was saved by her adoptive father, San Francisco federal judge Ramsey Hunt. Now a 12-year-old with a black belt in Tae Kwon Do, she narrowly saves herself from a would-be kidnapper at Davies Hall in San Francisco. Worried for her safety, Emma's entire family joins her for her next performance, at the Kennedy Center in Washington, D.C. Sherlock and officers from METRO are assigned to protect her, but things don't turn out as planned...Mystery, 2022

"Things We Do in the Dark" by Jennifer Hillier: When Paris Peralta is arrested in her own bathroom—covered in blood, holding a straight razor, her celebrity husband dead in the bathtub behind her-she knows she'll be charged with murder. But as bad as this looks, it's not what worries her the most. With the unwanted media attention now surrounding her, it's only a matter of time before someone from her long-hidden past recognizes her and destroys the new life she's worked so hard to build, along with any chance of a future. Twenty-five years earlier, Ruby Reyes, known as the Ice Queen, was convicted of a similar murder in a trial that riveted Canada in the early '90s. Reyes knows who Paris really is, and when she's unexpectedly released from prison, she threatens to expose all of Paris's secrets. Left with no other choice, Paris must finally confront the dark past she escaped, once and for all. Because the only thing worse than a murder charge are two murder charges. Mystery, 2022

"The Family Remains" by Lisa Jewell: Early one morning on the shore of the Thames, DCI Samuel Owusu is called to the scene of a gruesome discovery. When Owusu sends the evidence for examination, he learns the bones are connected to a cold case that left three people dead on the kitchen floor in a Chelsea mansion 30 years ago. Rachel Rimmer has also received a shock-news that her husband, Michael, has been found dead in the cellar of his house in France. All signs point to an intruder, and the French police need her to come urgently to answer questions about Michael and his past that she very much doesn't want to answer. After fleeing London 30 years ago in the wake of a horrific tragedy, Lucy Lamb is finally coming home. While she settles in with her children and is just about to purchase their first-ever house, her brother takes off to find the boy from their shared past whose memory haunts their present. As they all race to discover answers to these convoluted mysteries, they will come to find that they're connected in ways they could have never imagined. Mystery, 2022

VMA: Palliative Care & Hospice Care— What to choose when?

By Barbara F. Zahner

My phone rang. To my surprise, my son-in-law in Virginia sounded on guard. In a few words he related physical changes he observed in his 90-year-old mother in Pennsylvania. "I'm wondering," Tom asked, "does Mom need Palliative Care? Is Palliative Care the same as Hospice Care? What's the best course for mom at this time in her life? She is clear she wants to stay at home—even though it seems isolating and lonely to me."

First, I affirmed Tom as a loving son who wants to ensure his mother's dwindling days are spent as she desires. Then drawing upon experience as a palliative care and hospice chaplain, I outlined the differences between Palliative Care and Hospice Care. Palliative Care is actually an umbrella under which Hospice Care falls. There are criteria and individual desires in choosing Palliative Care or Hospice Care or both, as time continues. The life-giving value is to understand the differences as well as the connection between Palliative Care and Hospice Care. Preferably, you understand the differences *before* you stand at the bedside of a loved one at a hospital or a hurried doctor gives you a paper to sign.

Colby Perez RN and Camille Costanzo, both part of With Grace Hospice are experts in teaching individuals and families about end-of-life care. On **Wednesday, October 19** from 10:30 a.m.-11:30 a.m., Colby and Camille will present "**Palliative Care & Hospice Care—What to Choose When?**" Colby has 30 years nursing experience and Camille has personal and professional experience in navigating care for a loved one. In their hour-long talk, they with cover:

- Eligibility differences between Palliative Care and Hospice care
- Difference in goals between Palliative Care and Hospice Care
- Variation of Treatment Plans with Palliative Care and Hospice Care.

The presenters will answer questions and also provide a hand-out to all participants.

Many of us shy away from thoughtful consideration of our own end-of-life care. We also resist having difficult conversations with our family members about our desires. Join us October 19 in a calm and known environment to learn from Colby and Camille. I speak from lived experience in saying that your spouse, children, and others will thank you for your prudence in letting them know your understanding of these important issues.

For more info, contact Bonnie Grim, VMA Service Coordinator at bgrim@sequoialiving.org or (408) 238-4029. Also see the VMA website at vmavillages.org.

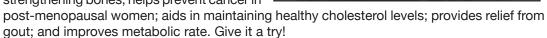
Fun Facts about Tofu

By the Sustainable Villages Club

Extra! Extra! Tofu is now being served at the Clubhouse!

In an effort to eat healthier and reduce our carbon footprint, tofu is now being served at the Clubhouse. Our club's Plant-Based Lifestyle Action Team tried the Sesame Balsamic Tofu Steak on the dinner menu and it was delicious! The lunch menu offers tofu as a protein side.

Fun facts about tofu (according to Organic Facts): Tofu is a great source of protein, iron and calcium; reduces risk of anemia; aids in strengthening bones; helps prevent cancer in





Sign up for the Evergreen Blood Drive

The next Evergreen Blood Drive, sponsored by St. Francis of Assisi of Evergreen and the Stanford Blood Center, will be held on Saturday, October 22 from 8 a.m. to 2 p.m. at the St. Francis Community Center on 5111 San Felipe Rd, Evergreen, San Jose, CA 95135. The event is open



to the public and any and all eligible donors are encouraged to come by that Saturday and become a blood donor. Due to the large number of companies shut down, there is a big shortage of blood types, so your donation will be impactful.

We encourage folks to sign up in advance, to minimize waiting times for all. Go to sbcdonor. org/donor/schedules/drive_schedule/10048 to sign up or learn more.

Thank you for your support and don't forget to wear a mask.

RELIGION

COMMUNITY CHAPEL

'If You Will... I Will'

By Pastor Bill Hayden

When people find themselves between a rock and a hard place, they are willing to do just about anything to change their situation. Human nature is the same for most people suffering from a major calamity in their lives. From the soldier on the battlefield under fire to the person suffering a sudden traumatic affliction; they will call upon God! Some will even make a commitment or bargain with God... "If you will deliver me from this, I will... etc."

Sometimes, God in His mercy will extend His grace and after a while relief comes and they recover. Some will follow through with the commitment because they truly believe that God intervened in their life. While others, who received the same grace, go back to doing those things that led to their troubles. They justify it by living as though the trouble was minimal and that they had a lapse in judgement even to ask for God's help.

It is amazing to see the undeserved mercy and care that God extends to us, often without bringing us into judgement. He is giving us time and grace to fulfill our purpose in being transformed to serve a greater purpose for Him and others.

After all, we were created in God's image and likeness to bear His character in an eternal relationship with Him. In the Garden of Eden that relationship was broken because Adam and Eve, with their free will, chose death over life.

We thank God for Jesus Christ, who fulfilled His purpose which includes all of us having a restored relationship with God our Heavenly Father. He patiently waits for us as we go through life making needless mistakes, learning lessons and looking for our purpose. Each event that happens to us is designed as a tool to transform our thinking and bring us closer to God.

It is His tender willingness to give you time for His grace to work in transforming you into the image of His Son. I pray that while you have time you will fulfill your commitment to God because the window of opportunity can close at the blink of an eye!

2 Peter 3:8-9 ESV 8 But, beloved, do not forget this one thing, that with the Lord one day is as a thousand years, and a thousand years as one day. **9** The Lord is not slack concerning His promise, as some count slackness, but is long suffering toward us, not willing that any should perish but that all should come to repentance.

God is allowing us to live to fulfill our destiny that He designed for us. Let's not wait for a better day... than today.

Join us in the Cribari Auditorium at 10 a.m. when Pastor Bill will deliver his Sunday Morning Sermon Message to you, then enjoy fellowship afterward with some coffee, cookies and other delectables with friends. You can view sermons on **YouTube:** Villages Community Chapel San Jose.

SEARCH THE SCRIPTURES

Search the Scriptures is meeting at 10 a.m., October 10, at Cribari Conference Room. We usually meet on the second and fourth Monday of each month. Any questions,



contact Everett Jacobson at 408-629-7210 or Ron Speer at 408-223-2025.

Reminder: Articles are due by 4:30 p.m. Thursday, one week before publication

CATHOLIC COMMUNITY

'Reward of the Tenth Leper' (Luke 17:11-19)

By Margaret Lam

Through his encounter with 10 lepers, Jesus shows the way to true healing. Luke writes: "On his way to Jerusalem, Jesus met 10 men who had leprosy. They stood at a distance and called out in a loud voice, 'Jesus, Master, have pity on us!"

In biblical times, leprosy was the most horrid of diseases, not only in pain and suffering, but ravaged by the disease, lepers were banished due to their physical deformities. Jesus was moved with mercy when he heard their cries; and sent them to priests acting as health officials. Moved by faith, the lepers immediately ran towards the priests, and were healed upon Jesus's command.

But wait, this is where the story makes a pivotal turn: "One of them, when he saw he was healed, came back, praising God in a loud voice. He threw himself at Jesus' feet and thanked him—and he was a Samaritan. Jesus asked, 'Were not all ten cleansed? Where are the other nine? Has no one returned to give praise to God except this foreigner?'"

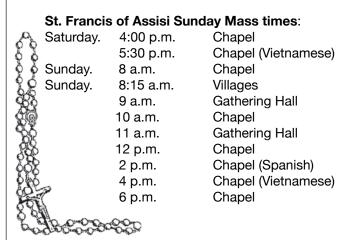
Very often, when we fall ill and are plagued by bodily pain, we pray to God asking him to end our suffering. Once we recover, we are so excited to get back on our feet. Ten lepers were healed from their terrible disease, but only one, the Samaritan, returned to Jesus with an outpouring of gratitude seeking redemption of his soul. He was rewarded with the gift of spiritual healing.

We are all lepers in our own brokenness. As children of God, we need both physical and spiritual healing to be whole. We seek physical healing to save our weak bodies from sufferings, but more importantly, we need deep spiritual healing for the cleansing of our souls. For salvation. For the forgiveness of sins. For resurrection and rebirth in Christ. For life everlasting. Like the returning Tenth Leper, giving praise and thanks to God enhances our spiritual well-being. As Jesus said to the grateful Samaritan, "Rise and go; your faith has made you well."

Cribari Masses: Sundays - 8:15 a.m. **First three Fridays** each month; Rosary 8:30 a.m., Mass 9 a.m. **St. Francis of Assisi Masses:** 1-408-223-1770 or parish website (sfoasj.com) for times.

Homebound communions: Marilyn Rodman 408-274-4521. **Mass intentions**, Jean Gillette 408-270-5723.

Respect Life Month: Responding to Bishop Cantu's words, "It is not enough to claim we are for life; we must be the hands and feet of Christ working to make it a reality," please participate in our Baby Bottle Fundraiser. Take home a baby bottle from the 8:15 Mass, fill with loose coins, bills or check. Return before October 25. Proceeds support Real Options, an organization dedicated to assisting women in crisis and unexpected pregnancies by offering counseling, support and alternatives.



EPISCOPAL

'A Saint for a Serious Time'

By The Very Rev. Julia McCray-Goldsmith, Dean of Trinity Cathedral

"Don't call me a saint: I don't want to be dismissed that easily." These words were famously said by Dorothy Day, the 20th century founder of the Catholic Worker Movement. But they might just as well have been said in the 13th century by Francis of Assisi. I find myself wondering what he would think of his image, in contemporary times sculpted into backyard birdbaths and painted among gentle-looking animals. We tame our saints at our own risk: theirs is a serious business!

As we in the Episcopal Church celebrate the Feast of St. Francis this week, I remember his radical witness in renouncing his father's home and lucrative family business. Francis had been a carefree youth, but an illness gave him pause to re-evaluate his life and choose a path of gentle habitation on God's earth. Unclothed, owning nothing and making friends with birds and beasts, as the legends have it. Of course his family thought he was crazy; we probably would too. But as our earth warms as a result of our excess consumption, I wonder if Francis has yet more to teach us about living lightly and reverently amidst God's creation.

St. Francis' Feast marks the end of what our church calls "creation season," when we are invited to pray with and appreciate the gifts of creation with greater intentionality. But Francis' witness can't be dismissed that easily! I invite you to listen to the life of this most serious saint, and let it inform your own choices in this and every season.

Please join us on Sunday mornings at 9 a.m. at Montgomery Center. All are welcome at God's table.

Sports News

18-HOLE WOMEN



By Barbara Travis

What a strange beginning to a "fun" Guest Day! Even a bit eerie! Just as play was to begin, a cold, damp fog began moving in, obscuring the Pin placements on several holes. Then, like magic, the sky cleared to a beautiful deep blue, the sun began to shine, and the remainder of the day was lovely and warm. The two flights, Member-Guest and Member-Member, played a two-best ball net game. Easy, fun, friendly!

Winners of the Member-Guest flight: First Place: Leisy, Oleson, Pagoris, Poellot; Second Place: Diridon, Fazzio, Heuser, Plette; Third Place: Bell, Krattli, Masegian, Sugimoto.

Winners of the Member-Member flight: First Place: Dimmick, Herbst, Lee, Li; Second Place: Carson, Frey, Keane, Miller; Third Place: Apgar, Besmehn, Hallock, Owen. Closest to the Pin on Hole #4 was Carol Zaccheo, Member, 3 feet, 5 inches. There was no Guest winner. On Hole #11, Betsy Plette was the Guest winner 22 Feet, 5 inches, ond Edie Herbst was the Member winner, 5 feet, 5 inches!

Our Birdies: Diana Hallock, #5, Helen Varenkamp, #9, #11, Millie Ann Schwerin, #8, Kerry Besmehn, #4, Edie Herbst, #11, Vicki Krattli #7, Carol Zaccheo, #4, Willie Crosslin, #18, Nancy Keane, #6. Our Chip-Ins: Diana Hallock, #4 and #10, Kitty Ohtaka, #13, and Nancy Keane #6. Congratulations to all of our winners for a super round of golf!

Walking into the dining room today, it was very evident that it had been a fun day. Several members had played with the same friends for years, many meeting through golf events. I was curious about what cements these relationships and asked several members. Different responses from different folks: Not taking the game too seriously, not showing anger in various ways, not complaining or making excuses for poor shots, etc. The answer most given was: "She was fun to play golf with from the very beginning, friendly, kind and encouraging."

Gives us cause for pause. Are we fun to play golf with?" P.S. The photo of the four Gnomes says it all! They even agree

on what they wear! Delightful!



Men's 18 Hole Golf Club Fall Classic & Annual Meeting

When: Saturday, October 15, 2022

What: Fall Classic Tournament and Annual Meeting.

Lunch and Open Bar provided by the MGC in the Fairway Room (All Men's Golf Club Members may attend, whether playing in the Tournament or not. Members *only*. Sorry, *no* Guest/Spouses)

Format: 2-Man Teams, BB-Net, Flighted

Signup: Sat. Oct. 1 through Thurs. Oct. 13 – Sign up with the Pro Shop either as a team, or individually, and the Pro Shop will pair you with other players to form a team.

Handicaps: 100 percent of Oct. 13 Handicap Index **Flights:** Flighted, depending on the number of players

Tees: 3 Tees • **Tee Times:** 8 a.m. Shotgun. **Cost:** \$46 – This includes green fees and sweeps

Coffee and Donuts from 6:45 to 8 a.m.

PINSEEKERS

By Jim White

A high fog lifted just in time for our 8 a.m. shotgun start with 19 Pinseekers starting from four different tee boxes. While it may seem repetitive, the weather was again marvelous and we have come to expect nothing less—this is a big reason why we all have chosen to live and play in The Villages.

Since we did not all compete on the same nine holes, no championship points and no sweeps money were contested or awarded for this day. Just a great opportunity for camaraderie while banging a little white ball.

As mentioned last week, the September 23rd putting contest resulted in a three-way tie between David Hathaway, Leighton Horio, and Ron Speer, each having just 15 putts. The first tie breaker, the most difficult hole, #12, with Stroke Index 2, was tied between David and Ron – five strokes, 1 putt. Moving to tie breaker number two, hole 18, David birdied being on the green in two with a one putt. David Hathaway is declared winner of the wooden putter and custodian until October 7. Great putting for the entire crew. With 13 of our 21 players recording 18 or less.

Noted in an email from President, Lee Thompson, members have been having difficulty making reservation on the Chelsea site from their mobile phone.

The "work around" to make this function is to open the site at the villages.chelse are servations. com . Log in with member number and password. On the MENU page, click on "View full Web Site." You will now be on the "home" page, click on the circle/index button at the top right of your screen... Then click on "BOOKING." Then click on "ADD A BOOKING," You are now on the Booking Page: on the pull-down menu, select your play date...then select the "Long" course... under "Selection" choose "Men's 9 Hole," next, enter member number, scroll, down and click on "Display Times;" now, click on the available tee time you desire." Click "Submit" and you will be taken to the confirmation notification page.

One final reminder: in November we have two "No Sweeps, days." Lee has floated some ideas for format changes on those days. Please let Lee or another board member know your opinion on those ideas or if you have another suggestion, fire away.

Taco Taco Taco

Please join the Bocce Club on Wednesday, October 26, 2022 for Tacos from 3-7 p.m.

at Gazebo Park

To attend, please contact Barbara at 408-300-1230 or orlmuh2@comcast.net and reserve your spot for the price of \$20 for members and \$25 for non-members.

price of \$20 for members and \$25 for non-members.

You will be sent a confirmation by email and your house number will be billed.

Menu: 3 Taco Meat choices: Chicken, Beef and Tilapia (fish) with grilled onion, peppers.

Chipotle sauce, mild green and red salsa, chopped cilantro, onions and radish. Rice and Refried Beans • Cantaloupe or Watermelon drink • Churros

Music by Ed Knott

Jو

Complimentary drinks or bring your favorite non-alcoholic beverage and enjoy the late afternoon with teammates and friends!

Signups begin Monday, October 3 and end Thursday, October 20. **No refunds** after October 20.



MEN'S CLUB



By Doug Moore douglas.moore865@gmail.com Upcoming Events

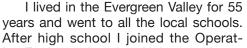
October 15 - Fall Classic & Annual Meeting: 2-Man Teams, BB-Net Format. Don't forget to sign up for this one.

Novenber 12 - Veterans Day Tournament

December 3 - Holiday Tournament

Men's Golf Club Executive Committee—Back in the middle of August the Nominating/Election Committee, consisting of Gary Chappell, Rick Jiloty and George Olson, began their quest in search of a few good men to fill the three positions for next year. Here are the three Candidates they secured for the election process.

Clayton Krinard: "I moved to The Villages in 2018 and joined the Men's Club that year. Like a lot of us, one of my better decisions that I have made in life. I enjoy playing golf, tennis and pickleball, along with everything else that comes from being a resident of The Villages.





Clayton Krinard

ing Engineers Local #3 Union as a heavy equipment operator. I chose to retire at 55. My post retirement jobs have been Outside Service Manager of San Jose Country Club, for two years, and also The Villages Golf & Country Club Pro Shop staff. I am quite familiar with how a board of directors functions. I have served on a non-profit organization board for several years as general member / activities coordinator.

It would be a privilege to serve alongside the board members who I admire and respect for giving their time to the Men's 18 Hole Golf Club."

Donald Chaisson: "By any measure, my wife Diane and I are 'new' to The Villages (moved into Village Glen Arden just this May). While still getting acquainted with all things 'Villages,' I am enjoying playing our course and learning its greens! I have a long history of "golf," playing since a teen, later club competitions, and more recently serving as Rules and Handicap Chair for Greenhorn Creek (GHC) for more than 15 years, volunteering as a 'rules certified'



Donald Chaisson

NCGA Tournament Official for over 10 years and even publishing an educational 'rules blog' for GHC. While on the GHC board, I participated in its full range of decisions and learned that we need to provide an enjoyable golfing experience for members ranging from social golf, 'friendly' group play and more formal 'tournament' competition. Other volunteering included serving on the Calaveras County Mental Health Board, various board/ chair positions for the Yosemite and now Loma Prieta regions of Porsche Club of America. I am a proud Santa Clara (BS '69, MBA '74) and UC Santa Barbara (Masters Chemistry '72) alum; enjoy bicycling and now being close to family. I look forward to helping the club in any way."

Bill Morefield: "Since moving to The Villages almost a year ago I have been extremely pleased with the Men's Golf Club Program. The men have been very welcoming, and I golf almost five days a week. In 1984 I started my own business as a painting contractor. I managed the 49ers Foundation for six years. During that time I organized golf tournaments and participated in fundraising. I'm excited to become a larger part of the Villages Men's Golf Club."



Bill Morefield

Golf Thoughts: No matter what causes a golfer to muff a shot, all his playing partners must solemnly chant, "You looked up," or invoke the wrath of the universe.

The higher a golfer's handicap, the more qualified he deems himself as an instructor. (You know that guy)

Executive Committee Meeting: The Men's Golf Club Executive Committee meets the first Tuesday of the month at 8:30 a.m. in the Montgomery Center. The meetings are open to all members.

Also, remember to visit our website at villagesgolfers.com for the latest Men's Golf Club information.

TENNIS TALK

Self Talk

By Sherry Benz

Have you ever struggled on the court? Said things like "I can't hit a backhand today!", Where did my first serve go?", "My feet are like Velcro"? I have!

Self-talk is a running monologue and consists of the things we say to ourselves both consciously and unconsciously. You might not be aware that you are doing it, by you almost certainly are. Sometimes, it works to talk through something step-by-step and other times we say things that are more hurtful than helpful.

Studies have found that positive self-talk can help immensely with performance and learning.



Men's B Division Winners Tim Keys and Abe Chen (second place) and Rick Tedeski and Gerhard Ringel (first place)

For athletes and people who engage in sports, positive self-talk can help them stay engaged and have fun. Positive thinkers have better coping strategies when faced with challenges and it boosts self-confidence because it helps us to believe we are capable of success. Our brains are hardwired to remember negative experiences over those that are positive. Practicing effective strategies to turn negative self-talk into positive self-talk has proven successful. Here are some tips to help:

Negative self-talk/Positive self-talk

- It's too radical a change? / Let's take a chance
- I'm not going to get any better at this. / I'll give it another try.
- I've never done this before. / It's an opportunity to learn something new.
- It's too complicated. / I'll tackle it from another angle.
- I'm don't have time for this. / I wasn't able to fit it into my schedule, but I can re-examine my priorities.

Remember this rule: Don't say anything to yourself that you wouldn't say to someone else!

Men's/Women's rainout results: The Men's B round robin draw was a nail biter! Results were not certain until the last match was played.

- First Place: Rick Tedeski/Gerhard Ringel, Second place Tim Keys/Abe Chen, Third place Marty Funcell/Don Clark, Fourth place Randy Shaw/Sheng Chen.
 - · Women's B: Third place winner: Tad Pierce/Nancy Domingo
 - Men's 80+ First place: Martin Hoek/Jay Desai, Second place: Bob Semple/Chuck Moss

PICKLEBALL

By Anahid Gregg

It's been an exciting year in the Pickleball world, and we are wrapping up the summer season with a bang!

Calling all Pickleball Club Members! Our last Dink & Drink is being held on Friday, October 14, beginning at 3 p.m. Not only can you play with all your friends and meet new players, but we're having a taco truck to celebrate the end of the 2022 Dink & Drink season. Sign up to attend on YourCourts.com, and if you aren't a member yet, join or upgrade your membership!

We've also rescheduled our Battle of the Paddles! Prepare for a frightfully good time – it's scheduled for October 29 and 30 – who knows, maybe we can talk Sheryl into having prizes for those who show up in costume! We are hoping for a lot of signups, and plan to have a compass format—a return to the standard format. The Battle of the Paddle is a lot of fun, and will have four levels to participate in. The Novice and Intermediate levels are a lot of fun, and a great way to introduce yourself to a tournament format without being too competitive. Signups will open in the next week; keep an eye out for an email!

BOCCE NEWS



By Marcy Boyles

Fall Round Robin is in full swing. Come on down to see the action. Some of the names of the teams are hilarious.

Taco, Taco, Taco is Wednesday, October 26 at 3 p.m. (See poster on page 18.) Ed Knott will be playing his fantastic music. Members: \$20. Non-members: \$25. Call 408-300-1230 or email at orlmuhz@comcast.net.

Elections for new board member replacements are coming in November. If any members are interested in being on the board (and we *really* need you), please contact Wayne Weiler at wweiler6@gmail.com. Many of the board members have been in their position for years or rotated to other positions. It really does take a Village to operate so *please* consider stepping up.

The last themed bash of the season is October 28 from 3-5 p.m. (See page 21.) Costume contest with prizes. Bring a spooky treat to share and BYOB. See you on the courts.



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SWINGERS

By Mary Wagle

For those 62 of us who played golf on Tuesday, September 27, the day was beautiful. Congratulations to Song Cho who birdied hole 6, and Jane Smith who chipped in on hole 6. That hole was not as nice to me as it was to them!

Thanks to the 54 of you who came to the General Meeting, as we finally did get our quorum to vote in our 2023 Officers: Jeannie Omel - Captain, Gisele Barber - Co-Captain, Sally Nichols - Secretary, and Delma Juarez - Treasurer. On behalf of the Swingers, our thanks and appreciation to Sheryl Driskell, Pam Short, and Teddy Morse for serving on the Nominating Committee, and for bringing these fine candidates in front of us for a vote.

Mark your calendars for the Holiday Party on December 13 immediately after golf, or approximately 11:30 a.m. We're hoping that out of 156 members, we get at least half attending, which is 76. Once again, we'll need a quorum at the Holiday Party, as we will vote on the changes to the By-Laws and Standing Rules (renamed Standard Operating Policies).

Our appreciation to Beth Williams from the Charity of Choice, Next Door Solutions, and to Scott Steele for his rules presentation. As soon as we get a final count of money donated to Next Door Solutions, we'll let all of you know.

Coming Events:

Final Captain's Trophy Play Day – October 11 Halloween Golf and Lunch at Vineyard Center– October 25 Captain's Trophy Playoff – November 1 Return to 9 a.m. shotgun – November 8



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support@parikhhealth.com

Parikh**Health**

FROM THE PRO



By Scott Steele, PGA Head Golf Professional

Sunday, October 9 – Italian Club Golf Tournament – 11:30 a.m.-1:45 p.m. Tee Times Saturday, October 15 – Men's Club Tournament 8 a.m. Shotgun – 1 p.m. Open Shotgun Taylor Made Fitting Day—We are excited to announce that we have booked an exclusive Taylor Made fitting experience on Tuesday, October 11 at The Villages starting at 11 a.m., where all members will have the opportunity to go through a Tour-level custom club fitting. You will have the opportunity to experience the latest Taylor Made technologies under the watchful eye of an expert club fitter, who will help you optimize your equipment and ultimately perform better on the golf course. This is *not* a drop-in demo day but rather a fitting day, so you will need to reserve a time and schedule an appointment to be fit by a Taylor Made professional club fitter for the club(s) of your choice. To sign up for a fitting session, please phone the Pro Shop at 408-274-3220 extension #1.

Fall Aeration & Inter-seeding – October/November Wednesday, October 12 – Par-3 Course *closed* all day Tees Aeration - Monday 10/17/22 and Tuesday 10/18/22 Fairway Aeration - Friday 10/28/22 - Friday 11/18/22 Fairway Inter-seed - Monday 10/31/22 - Wednesday 11/23/22

Daylight – Sundown – Tee Times in October - Due to a later sunrise and an earlier sunset in October, daily first and last tee times will be adjusted accordingly. In early October the first tee time on Wednesday, Friday and weekends will be 7 a.m.; and the last tee time will be 5 p.m. As the month of October progresses the first tee time on Wednesday, Friday and weekends will move to 7:09, then 7:18, then 7:27 at the end of the month. Daylight Savings ends on Sunday, November 6. On November 6 we will set our clocks back one hour so the first tee times will be earlier again as we move into the winter months. Chelsea will be adjusted accordingly.

Golf Cart Charging Stations – This project is approximately one week behind schedule. They are working on final electrical installation before they will install the charger stations. Once the charger stations are installed they will be connected to the new electrical source. At that time the City of San Jose will inspect the final product before we go live sometime in the second or third week of October. Once the install of the golf cart charger stations is completed, we will start working on new landscaping to beautify this area.

Pond & Stream on Hole #18 – This project is moving along on schedule. On October 3rd, they will start spraying in the granite shotcrete which is the upper most layer of the new liner. After that the liner will tested for structural integrity. Then the stream on #18, around the putting green and on #9 will be power washed and cleaned of all debris and algae. At the same time the water source will be transitioned to the re-cycled water source. Once all of this is completed, the water feature will be refilled and re-opened. If all goes well this project should be completed by the end of October.

CORRECTION Re: Donated Golf Funds – My comments in the October 3, 2022 FastLane Pro Shop editon, on the potential use of some of the funds donated to the Evergreen Villages Foundation (EVF) by Dutch Johnson were premature. There has been no decision made regarding the appropriation of the donated funds. I apologize profusely for this error. As earlier reported, the EVF and Club Board are working together in partnership to determine the projects that will make the best use of this incredivle donation.

Tee It Forward — Golf is a game that is meant to be fun and played at a reasonable pace for the enjoyment of all. Tee it Forward is a joint initiative between the USGA, NCGA and the PGA of America that encourages players to play from a set of tees best suited to their actual driving distance. In addition to providing more enjoyment for golfers, teeing it forward can also be one of the most important steps that golfers can take to improve pace of play. A recent survey of Tee It Forward participants found that: 56% Played Faster / 56% are likely to play golf more often / 83% hit more lofted clubs into green / 85% had more fun / 93% will Tee It Forward again This is a guideline to help golfers align their average driving distance with the course length

best suited to their abilities:

Drive Distance

Recommended 18-Hole Yardage

275	6,700-6,900
250	6,200-6,400
225	5,800-6,000
200	5,200-5,400
175	4,400-4,600
150	3,500-3,700
125	2,800-3,000
100	2,100-2,300

We hope you give Tee It Forward a try! You will have more fun and your rounds will take less time to play!

Tips from the Pro - It's Not All Turn, Turn, Turn

Small muscles can supply power too...As we age, we all lose strength and flexibility. So our ability to turn and extend diminishes. Here are some tips to help you swing longer...

Narrow your stance, flare your toes out a minimum of 45 degrees, stand a bit taller at the waist. If you cannot swing with your left arm straight (few of us can), then go ahead and let it bend, just limit the bend...you never want your right hand too close to your right shoulder on the backswing...push it away as far as you can, given your degree of flexibility.

Another tip is to use your hands and wrists more. When big muscles and joints become less elastic, a good thought is to try to hinge your wrists more on the backswing (ala Phil Mickelson) and to make sure that your swing arc is narrower on the downswing than on the backswing (ala Sergio Garcia).

Lastly, try swinging with the club more in front of your body, like Inbee Park and Shanshan Feng and Henrik Stenson; so the arms do not turn behind your shoulders, but rather swing above them in a steeper position...this allows for maximum club swing with minimal turn. Try these tips and let me know how they work.

More SPORTS

IRONMEN

By Bill Travis

The Ironmen are in morning play, gathering every Thursday morning at 10 a.m. with a shotgun start, sweeps, birdie pool, and closest to the pin. This Thursday, September 29, 2022, was partly cloudy and warm, another great day for some golf. It was the last day of our championship year. We had a good turnout and the results are listed below.

First place went to Walter Lucas with a net score of 21! Great score Walter!

Second place went to Bob Pritchard with a net score of 26. Third place there was a four-way tie among Prakash Deshmukh, Michael Schwerin, Dave Hathaway, and Bill Travis, each with a net score of 28.

Lowest Gross Score: Al Bruno with a gross score of 30.

There were four birdies: Walter Lucas on hole 7; Mike Schwerin on hole 7; Bob Pritchard on hole 2; and Dave Hathaway on hole 8.

Closest to the Pin on Hole 7: Walter Lucas 11'1" from the pin. Final Championship Standings for the year:

First Place and Club Chanpion Dave Hathaway with 171 points. Second Place Roger Pyle with 161 points.

Third Place Al Bruno with 160 points.

Trophies for Club Champion and the two winners of the Annual Tournament flights will be awarded at our luncheon after play on Thursday, October 13.

Deep thoughts:

"A physicist can describe the perfect golf swing and write it down in scientific language, but the smart golfer doesn't read it. The smart golfer gives it to his opponent to contemplate." - Dr, Fran Pirozzollo, Sports Psychologist

"Swing hard in case you hit it." - Dan Marino, Hall of Fame quarterback

SHONIS

By Fran Schumaker

Last Tuesday the Shonis completed the last game of their three game Club Championship play. Congratulations to Jini Kang. She is our new champion for 2022. She had the low gross score of 110.

Our low net winners for first, second and third place were Marty Blinde, Sue Park and Betty Hall. Congratulations are in order all the way around. We began and ended the tournament with the same 10 players.

Awards will be given out at our October 18th General Bag Lunch Meeting.

General play continued as well last Tuesday. Marty Blinde and Jini Kang, who played together, each had a birdie on hole #2. They got to split the birdie pot. With only 13 players we had two flights.

Flight One: Jini Kang - net 26, Marty Blinde - net 26

Flight Two: Meg Rogers - net 26, Jonna Robinson - net 27, Nanci Newell - net 27, Fran Schumaker - net 27

SCOREBOA

BOCCE

Fall Round Robin Tournament 2022 Week #3

Monday, September 26

10 a.m. Agitators 5-1 Goobahs 3-3 Pallino Pranksters 2-2 Bocce Loopies 2-4 Bloodbath & Beyond 3-3 3 p.m.

Sharpshooters 2-4 Silent Assassins 5-1 Blew By You 2-4

Wednesday, September 28

10 a.m. La Bocce Vita 2-2 We Bring Heat 2-4 A Stones Throw Away 5-1 Otto Amici 1-3 **12:30 p.m.** Bocce Busters 3-3 Bocce Pals 5-1 Fun Club 2-4 Baabooloos 2-4 Fireballs 6-0 3 p.m. New Beginnings 2-4

Thursday, September 29

Ladybugs & Bullfrogs 0-2 10 a.m.

Pallino Pals 2-4

Happy Friends 5-1 Friskies 4-2 3 p.m.

Take the One 3-3

Merry Bocce Band 2-2 Bocce Wizardry 1-5 Bocce Queens Bill 2-4 Roll Baby Roll 3-3

Bocce Cruisers 2-4

BRIDGE

Monday, September 26:

- 1. Jane Michaels Kathy McKenzie
- 2. Louann Partridge Pietr Polet
- 3. Jonna Robinson Roy Tsai

Wednesday, September 28: No game

Friday, September 29:

- 1. Ed Logg Jonna Robinson
- 2. Jan Kiernan Sumi Minami
- 3. Ray and Cathy Struck



MEXICAN TRAIN DOMINOS

Wednesday, September 28

Sylvia Rozewicz 156

Maribeth Berlie 186 Joanne Cooke 223

Friday, September 30

Shirley Bellavance 196 Sylvia Rozewicz 234 Maribeth Berlie 241

SWINGERS

Tuesday, September 27

FRONT NINE

Low Gross: Apgar Kathy 46 Woolard Renee 46

Flight One:

- 1. Apgar Kathy Net 34
- 2. Cho Song Net 34
- 3. Gray Kay Net 35
- 4. Pritchard Marge Net 36

Flight Two:

- 1. Ratcliff Adele Net 38
- 2. Leonard Pam Net 40
- 3. Alvarez Andrea Net 41
- 4. Southland Flo Net 41

BACK NINE

Low Gross: Coleman Sachiko 47

Flight One:

- 1. Ohtaka Kitty Net 36
- 2. Coleman Sachiko Net 37
- 3. Barber Gisele Net 39
- 4. Moore Debbie Net 39

Flight Two:

- 1. Nichols Sally Net 35
- 2. Brown Emmy Net 37
- 3. Ehrhardt Jan Net 40
- 4. Schlageter Linda Net 40

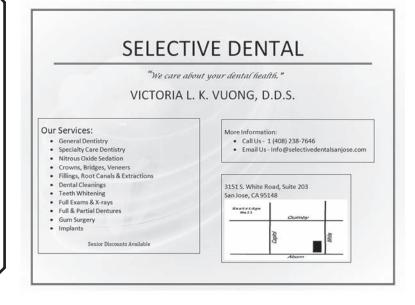
Villages Golf Committee to meet Thursday

The next VGC meeting will be held Thursday, October 13 at 3 p.m. at the Montgomery Center. All Villages residents are invited and welcome to attend.



Bocce "Halloween" Bash **Last Bash of the Season**

- Come join us on Friday, October 28 from 3 to 5 p.m.
- · Everyone is welcome, you needn't be a Bocce Club member to participate.
- · We are planning a costume contest with prizes.
- Bring along your favorite drink and a spooky Halloween snack to share.
- · Meet old and new friends and enjoy the afternoon.
- · Courts are ADA accessible and bathrooms are located adjacent to courts.



Landscape & Maintenance

MAINTENANCE SCHEDULE

Cribari

5500-5576-Landscape maintenance and weed control in progress.

5001-5076—Landscape maintenance and weed control, 10/10-10/14.

5001-5058, 5059-5089, 5090-5129, 5130-5153 and 5185-5209 Front door painting in progress.

Cribari Heights and Cribari Glen - Dry rot repairs in progress with painting to follow.

5210-5233, 5234-5249 and 5250-5257-Painting project in progress with front door painting to follow.

5258-5270 - Painting scheduled to start 10/10.

Del Lago

3316-3366 and 3401-3431 - Landscape maintenance and weed control in progress.

3101-3134 and 3201-3243 - Landscape maintenance and weed control. 10/10-10/14.

E4 Lake—Dead tree removal in planning.

8809-8875 - Landscape maintenance and weed control, 10/17-10/21.

Fairway

4001-4024—Landscape maintenance and weed control, 11/14-11/18. Glen Arden

7698-7752 and 7753-7787 (odd) - Landscape maintenance and weed control, 10/31-11/4.

7742, 7744, 7759, 7761 and 7763—Painting project in progress. 7792, 7794, 7863, 7865 and 7867-Dry rot repairs scheduled to start next week.

Heights

8480-8505 - Landscape maintenance and weed control, 10/24-10/28.

Hermosa

8005-8032, 8100-8121 and Chardonnay Lake area - Landscape maintenance and weed control, 10/24-10/28

8416-8418, 8421 and 8430-Dry rot repairs in progress.

8366-8383 - Painting project in progress.

8384-8397—Pressure washing scheduled to start 10/7.

8073—Re-plumb scheduled to start 10/10.

8429—Carport small stucco wall replacement in progress.

Highland

7500-7573 - Landscape maintenance and weed control, 10/10-

Morevern Cir. - Dead tree removal in planning.

Portree Drive-Replacing three street light poles in progress. Lighting replacement project in progress throughout the district. Montgomery

6001-6068 and 6127-6136—Landscape maintenance and weed control, 10/17-10/21.

Olivas

8646-8650 and 8665-8712—Landscape maintenance and weed control in progress.

8600-8645, 8651-8664 and Vineyard Center-Landscape maintenance and weed control, 10/10-10/14.

8600-86923 - Lighting replacement project in progress.

2000-2024 and 2032-2064 — Landscape maintenance and weed control, 11/14-11/18.

Valle Vista

9048-9066-Landscape maintenance and weed control in

9037-9047 and 9067-9072—Landscape maintenance and weed control, 10/10-10/14.

Verano

7200-7251 and 7300-7313—Landscape maintenance and weed control, in progress.

Association

Common Areas-Treatment for voles, moles, gophers and squirrels, ongoing.

Weed spraying at turf and shrub bed areas in progress throughout the Villages.

Fire fuel management weed/brush clearing and tree work in selected areas in progress around the property.

Irrigation repairs throughout the Villages in progress.

Supplemental deep root watering injections to stressed trees in progress throughout the Villages. Turf white grub spot treatment in progress throughout the Villages.

Club Centers Pro Shop—Golf cart charging station installation in progress.

Golf course lake renovation near the 18th tee in progress. Cribari Center—Water reconstruction in progress.

Maintenance Project Notice:

All work scheduling is subject to weather, delays and availability of contractor labor and materials. Contractor may start several days ahead or behind plan schedule, pending field and weather conditions. As needed, we update schedules accordingly via FastLane. For your safety, please be aware of and stay clear of project and staging areas. Access is typically restricted in the work areas. Look out for cautionary signage and other measures. Parking facilities and street frontage may be in use on a temporary basis for vehicle, material and equipment staging. Debris, dust, noise, odor and visual inconveniences may result from a project. Thank you for your cooperation and understanding.

The various ways to say 'Thank you!'

There are three types of articles available to readers of The Villager that allow you to thank an individual, a group, a club or organization.

A Villages club, organization or committee chair can thank an individual, another club or an employee with a **Bouquet**. Please limit the word count to between 50 and 100 words. Avoid long lists of names or the names of businesses.

An individual or family of a resident can thank other individuals, groups or organizations for help rendered in a death, injury, or other emergency through a Thank You item. Please keep word counts between 50 and 75 words.

Individual residents can thank other individuals, groups or organizations - not businesses or for-profit service providers - with an **Above & Beyond** item. This category is to thank others for acts of kindness, generosity and for jobs well done. Keep your Above & Beyond article as short as possible—from 50 to 150 words.

These three ways to thank individuals or groups are considered articles, and therefore are free of charge. They can be submitted directly to Associate Editor Kory Tran via email at: ktran@thevillages.com or submitted through the Resident Portal on *The* Villager page. (Articles may be dropped at The Villager office in Building B but the preference is that you submit these articles in digital form.)

Those wishing to thank or submit a testimonial to businesses, service providers or other for-profit entities may purchase a Classified Ad at the rate of \$1.60 per word, minimum of 10 words. To place a Classified Ad, contact Adrienne Reed at 408-223-4657 or email: areed@the-villages.com.

Maintenance Services

Customer Service Line: 408-223-4670

Maintenance **Emergencies** and/or Advice

The Maintenance Services Department's general work hours are Monday through Friday, 8 a.m. to 4:30 p.m. If you experience a maintenance emergency during those hours, please call the office right away at 408-223-4670. Even if you are certain the emergency is your responsibility, Maintenance Services can provide a list of contractors that are familiar with The Villages and may be helpful for the repair.

If a maintenance emergency occurs outside of the general work hours or during a holiday, please call Public Safety at 408-223-4665. The Public Safety Department will contact the Maintenance Area Supervisor and/or the appropriate contractor. Together, they will all help to resolve your maintenance emergency.

Report **Irrigation** Issues

Please report broken sprinklers or other irrigation repair issues by calling Maintenance Customer Service at 408-223-4670 or online at: workorder@thevillages.com

For after hours or on holidays, contact Public Safety at 408-223-4665

Inside the Gates Home Tour...

(Continued from front page)



Wooden bowl from applewood, one of the many featured arts and crafts items on the home tour.

inside!) that you have a chance to win just for stopping at the boutique, open 10 a.m. - 4 p.m. One drawing opportunity comes with your tour ticket, but additional chances may be purchased at the boutique for \$1.

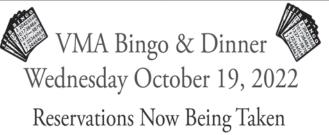
All proceeds from the Home Tour benefit VMA (Villages Medical Auxiliary) which provides much needed support for our Villages residents. For information, contact Penny Barcellos, 408-531-9582 or Melinda Dobbs, 408-666-9713.

Your Weekly Words of Wisdom



We need others. We need others to love, and we need to be loved by them.

There is no doubt that without that love for the other, we, too, like an infant left alone, would cease to grow and cease to develop.



No Host Cocktails at 5:30pm
Two Course Served Dinner:
Assorted Rolls & Butter
Chicken Lemonada
Mashed Potatoes & Seasonal Vegetables
Dessert:
Brownie ala Mode
\$24.94 Plus Service Charge & Tax per guest
An Additional \$1 is Then Added for VMA

Come join us for Bingo & Dinner at the Clubhouse on Wednesday October 19. Room will be limited to 24 tables with a a cap of 8 guests per table.

Reservations can be made by calling The Clubhouse Special Event Line at 408-754-1339 or e-mail at the clubhouse the-villages.com. Reservations for all size parties are accepted with a maximum of 8 guests per table. If you wish to organize a table of friends, only one person needs to call but must furnish the guest names and house numbers for all players. Bingo cards will be sold (three for \$5 or \$2 each) in the reception area

Did You Know?

Villager Michael Sunzeri selected to exhibit works at Mission SJ Museum

By Barbara Gottesman

Congratulations to Michael Sunzeri for being chosen to have his Assemblage artworks exhibited by the Olive-Hyde Gallery in Fremont! Michael's 24 unique Assemblage pieces will be displayed on pedestals in the gallery attached to the Mission San Jose Museum in Fremont as part of their Holiday for the Arts Gala. The reception is **Friday, October 21, 5:30 – 9 p.m.** and the exhibit of Michael's work takes place on **Saturday and Sunday, October 22 and 23.**

Michael began his work in Assemblage as a child when he built model cars, tore them apart and then assembled them back together. He earned his B.A. in studio and industrial art at SJSU, but he is self-taught when it comes to Assemblage. He uses metal, wood, plastic, glass and natural objects and assembles them in artistic patterns with industrial fasteners and E6000 glue. One of his artworks, Assemblage #2, is part of the Arts & Crafts permanent collection on display in the Art Room.

Michael admits that Dali is his chief influence with a little Picasso thrown in. Locally David Ogle of Los Gatos has influenced his work with his huge metal and wood sculptures. Michael has taken classes in ceramics and other arts at local colleges. He has also taught several Assemblage classes for Villagers.



Michael cordially invites Villagers to this first large exhibit of his works at on outside gallery. He learned of this exhibit from a Call for Artists notice which Barb Gottesman frequently forwards to Villages artists. The next exhibit at the Olive-Hyde Gallery features the work of sculptor Kristin Lindseth who also lives in The Villages.

Remember someone with a memorial gift to VMA

Honor the life of your friend or loved one by funding the services to extend the quality of life for other Villagers. A memorial gift to the Villages Medical Auxiliary (VMA) honors the loved one lost and promotes the work of the VMA. If you have any questions on how to give, call the VMA office at 408-238-4230. All donations to the VMA are tax deductible.

Missed your Villager?

If you missed delivery of your weekly copy of *The Villager*, please call 408-223-4655 after 11:30 a.m. to report it.

You may pick up a replacement copy of your paper at the newsstand at the entrance of Building B or go online to the Villages website—www.thevillagesgcc.com—and download the current and past editions to your computer.

Slice of Humor



Operator: 911, what's your emergency?

Man: A guy just got hit by a car, he needs an ambulance!

Operator: What's your location? **Man:** I'm on Eucalyptus Street. **Operator:** Can you spell that for me? **Man:** (Long, awkward pause.)

Operator: Sir? Are you there?

Man: I'm gonna drag him over to Pine Street and call right back.



Sue Lassetter, M.A., CLC, SRES

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L'LASSIFIED ADVERTISING

To Place a Classified Ad

Adrienne Reed: 408-223-4657, areed@the-villages.com Kory Tran: 408-754-1341, ktran@the-villages.com

Ad copy is due Monday at 4 p.m.

The Villages does not endorse or guarantee any advertisement or insert using space in this paper to reach our readers. It is the responsibility of the users of these services to check references and claims made. Residents, please be aware California State law mandates any contractor bidding for a job more than \$500 in parts and labor must be licensed. The Contractors State License Board (1-800-321-2752) may be contacted regarding any questions or concerns about a contractor.

Villages **Business Directory**

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10/13

Housecleaning (continued)

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12/29

1/5

Painting (continued)

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California Law limits the minimum age and maximum number of occupants in a unit. Details available at the Public Safety Administration Office. Licensed Real Estate professionals advertising in The Villager are required to name themselves as agent or broker, or list the name of the brokerage for whom they work as part of their ad. This is in compliance with Real Estate Law Section 10140.6.

Great Room/bath for Rent, -Professional-

\$1,300 Month Utilities included 408-561-5099

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Truck Mount

3/16

408-369-8595

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COMPUTER SERVICE All Problems Solved

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Master Maintenance Air Conditioning / Heating /

Water Heaters Installations, Repairs Preventative Maintenance Phone 408-242-3082 Lic.#767008 Villagers References Villages Resident 1/5

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3S Gardening-Landscaping Lawn, Tree Maintenance

Plants, Flowers. Joseph 408-209-8206

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10/13

Plumbing (continued)

Senior In-Home Care (continued)

Senior In-Home Care (continued)

Senior In-Home Care (continued)

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Screens \$200

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ESE ESTATE SALE

7012 Via Valverde in

Village Verano

Friday October 7,

10 AM to 2 PM

Saturday, October 8,

10 AM to 12 Noon

Our first Fall 2022 Estate

Sale featuring the Debbie

Dean Clay Rabbit & Cordon

Bleu Pottery collection; an

antique French provincial

dining table, fine furniture:

bedroom, office, patio; and

household accessories,

kitchenware, glassware,

crystal, wall art, two smart

TV sets, electronics, plants,

tools, beautiful holiday items,

garage things

and much more.

10/13

10/13

PLUMBING

We love our community in The Villages

and one of the ways we show it is by offering a discount to seniors.

All Villages residents will receive an extra 10% off our usual 10% senior discount.

For the month of September, call to schedule a full 20% off all plumbing services we provide in your home!

Please give us a call to schedule your service experience today, we very much look forward to providing quality plumbing services to you and your community!

Call us today!

1-866-483-6887

Lic. #934775

Senior discount offer cannot be combined with any other special offers

9/29

SENIOR IN-HOME CARE

CAREGIVERS AVAILABLE ELDERLY MATTERS

HOURLY/LIVE-IN Insured, Experienced, References Free Assessment Contact: Beth elderlymatters@gmail.com 650-422-1713 408-622-8600

SENIOR In-Home Care

Caregivers CARE - ON - CALL

Bonded and Insured All Caregivers Certified, Experienced, Supervised Affordable Rates Hourly, Live-in Free Assessment References Available 408-857-1872

SENIOR IN-HOME CARE

Looking for caregivers? Our caregivers are elite

and we offer above and beyond service.

True Home Senior Care

is Licensed. Bonded and Insured. Call now for free assessment:

> (408)333-5605 (408)333-5609

We'll earn your trust! Real people. Remarkable Care. 10/27

Caregiver

408-991-4150

408-380-9358

Hourly/Live-in/Overnight

Reliable

Bathe/Shower, Drives, Cooks

408-854-1883 **Motherhealth Caregivers**

Well loved, licensed and bonded

ITEMS For Sale

11/3

www.clubalthea.com

3/9

Remodeling

Revamp your Home with Posey Design and Construction

Proudly serving the Village for 20+ years Offering painting, remodeling, design services and more Contact us for a free estimate P: 408-315-6998 E:michelle@poseydc.com

> Licensed and Insured Lic#10332242 10/27

SENIOR IN-HOME CARE

OUTSTANDING AND EXCELLENT Vista Verde Home Services

Bonded, Licensed, Insured Hourly, Live-in, Transport **Great References** Free Assessment (408) 509-1257

Certified private care assistant/caregiver

17 years in The Villages, **Excellent Referrals** Live In/Hourly Mila 408-660-6459 10/6

Shoe Repair

Andy's Shoe Repair 2850 Quimby Road Suite 100

408-270-0850

11/24

Transportation

NANCY: 408-396-6603 Villages Resident

Airports, Appointments, Errands.

10/6

Senior In-Home Care

Certified Nurse Assistant / Caregiver

15 years experience Live-in/Hourly Villages References Jocelyn: 408-781-4336 10/13

REFERENCES HONEST **INSURED** MANAGED BY VILLAGES RESIDENTS 408-835-7355

650-207-2442

CAREGIVERS AVAILABLE

LIVE-IN / HOURLY

AFFORDABLE RATES

EXPERIENCED,

10/27

Caregivers 24/7 **Excellent Services**

Experienced, Reliable, Trustworthy Affordable Rate References Available Serving Villagers for 15 years

> 408-896-7405 408-896-7404 408-896-7403

11/3

Remv: 650-776-8850 Joe: 650-279-7814 Villages Resident

Airports, Doctors Appointments, Dependable

6/29

Seeking dogsitter for daughter's dog when

she travels. Needs daily walk. Wonderful companion. 801-361-5591

10/6

The Villager Classified Advertising Pricing

Category Cost \$1.60 per word (minimum of 10 words) **Real Estate** \$1.60 per word (minimum of 10 words) Services (See below for Services sub-categories.) Notices \$1.60 per word (minimum of 10 words) \$1.30 per word (minimum of 10 words) **Personals** \$1.60 per word (minimum of 10 words) **Cars & Carts** \$1.60 per word (minimum of 10 words) **Help Wanted** (Employment notices) \$1.60 per word (minimum of 10 words) Wanted Villagers: \$1.30 per word (minimum of 10 words) Items for Sale Non-residents: \$1.60 per word (minimum of 10 words) (Personal items only) Free Stuff Villagers: \$1.30 per word (minimum of 10 words) Non-residents: \$1.60 per word (minimum of 10 words) **Obituaries** \$1.30 per word Photo of the deceased \$25 Free flag for veterans **Villages Business Directory** \$10 per week (Business Directory available to Villages residents only. Listings must be compact enough to fit on two lines only.) Lost & Found First 15 words of first ad are free; after 15 words: \$1.30 per word

Specials (Additional add-ons to regular ad pricing)

(Subsequent ads after first week are billed at \$1.30 per word)

Placement in box\$15 per week (boxes limited to one-column width)Premium placement\$20 per week, placement anywhere with special box

(Other suggested custom heading)

(Anywhere in Classified Ad section, not including first column or above section heading)
(Premium ads will have a bolder border. Placement space is on a first-come-first-served basis.)

CLASSIFIED ADVERTISING GUIDELINES

To submit ad copy, renew, cancel, or make changes to your ad: Contact Adrienne at 408-223-4657 areed@the-villages.com; or contact Scott at 408-223-4655; fax to 408-223-2843; or mail to:

Villager Classified Ads, Building B 5000 Cribari Lane, San Jose, CA 95135.

(Downloadable forms available on the Resident Portal at **thevillagesgcc.com**. Ad copy is not taken over the telephone. Call Adrienne or Scott to verify receipt of fax.)

Payment:

All ads are to be paid in advance by cash, check or money order. Make checks/money orders payable to:

The Villager. Villages residents may charge ads to their Villages accounts. Take payments to the Villager office in Building B or mail to the address above.

Deadlines:

Ads are due Mondays by 4 p.m. for publication in Friday's paper. Deadline also applies to renewals, cancellations and changes. Exceptions are only for holiday deadlines, details of which will be published in advance.

The Villages does not endorse or guarantee any advertisement or insert using space in this paper to reach our readers. It is the responsibility of the users of these services to check references and claims made. Residents, please be aware California State law mandates any contractor bidding for a job more than \$500 in parts and labor must be licensed. The Contractors State License Board (1-800-321-2752) may be contacted regarding any questions or concerns about a contractor. The Villager reserves the right to refuse ads containing offensive or questionable content.

Classified ad copy is due by Monday by 4 p.m.

The Villager Classified Ad Form

Name:		websites, and symbols (&, +, @, etc.) are counted as one word. Hyphenated words are counted a two words. Please print clearly. See other side for pricing information and specific details for you	
Address:	□ OTHER CATEGORY (Please specify) □ VILLAGES BUSINESS DIRECTORY (Must fit in two lines) Additional Options: □ Single Line Box (\$15 in addition to ad) □ Premium Box (\$20 in addition to ad) □ Housecleaning □ Legal/Professional □ Plumbing □ Moving/Storage □ Painting □ Pet Care	websites, and symbols (&, +, @, etc.) are counted as one word. Hyphenated words are counted a	
☐ Errands/Odd Jobs ☐ Health & Beauty ☐ Heating & A/C ☐ Flooring ☐ Remodeling	☐ Repair/Handyperson ☐ Window Cleaning ☐ Tax/Finance/Insurance ☐ Transportation	Amount per week: \$ # of weeks: Issue Date(s): Total Amount: \$ Bill:	

Tips for preparing for power outages

Extended power outages may be the result of wildfires, earthquakes or other emergencies and may impact the whole community as well as the economy. In the event of such a power outage, you may be able to reduce some of the impact by being prepared. Review the following tips for ways you can ease potential difficulties.

Prepare NOW before the power goes out.

Take an inventory of items you need that run on electricity.

Talk to your medical provider about a power outage plan for medical devices powered by electricity and refrigerated medicines. Find out how long medication can be stored at higher temperatures and get specific guidance for any critical medications.

Have batteries and other alternatives to meet your needs when the power goes out.

Sign up for local alerts and warning systems. Monitor weather reports.

Install carbon monoxide detectors with battery backup in central locations on every level of your home.

Determine whether your home phone will work in a power outage and how long battery backup will last.

Review the supplies that are available in case of a power outage. Have flashlights with extra batteries for every household member. Have enough nonperishable food and water.

Put thermometers in the refrigerator and freezer so that you can know the temperature when the power is restored. Throw out food if the temperature is 40 degrees or higher.

Keep mobile phones and other electric equipment charged and gas tanks full.

Survive DURING the outage.

Keep freezers and refrigerators closed. The refrigerator will keep food cold for a few hours. A full freezer will keep the temperature for about 48 hours. Use coolers with ice if necessary. Monitor temperatures with a thermometer.

Maintain food supplies that do not require refrigeration.

Avoid carbon monoxide poisoning. Generators, camp

(Continued on page 28)

About the Ready! Set! Go! Wildfire Action Plan:

Successfully preparing for a wildfire requires you to take personal responsibility for protecting yourself, your family and your property. We hope to give you the tips and tools you need to prepare and be successful.

To find more information:

About Ready! Set! Go!: www.WildlandFireRSG.org Contact the San Jose Fire Department—Local station 11. Santa Clara County Fire Safe Council: www.SCCFireSafe.org San Jose Office of Emergency Management: oes@SanJoseCa.gov

Get Ready!

Prepare your family

- · Create a Family Disaster Plan that includes meeting locations and communication plans and rehearse it regularly. Include in your plan the evacuation of large animals such as horses.
- Have fire extinguishers on hand and train your family how to use them.
- · Ensure that your family knows where your gas shut-off is and how to use it.
- Plan several different evacuation routes.
- Designate an emergency meeting location outside the fire hazard area.
- Assemble an emergency supply kit as recommended by the American Red Cross.
- Appoint an out-of-area friend or relative as a point of contact so you can communicate with family members who have
- Maintain a list of emergency contact numbers posted near your phone and in your emergency supply kit.
- Keep an extra emergency supply kit in your car in case you can't get to your home because of fire.
- Have a portable radio or scanner so you can stay updated on the fire.

Get Set!

As Fire Approaches

- · Evacuate as soon as you are set!
- · Alert family and neighbors.
- · Dress in long sleeves and pants. Have goggles and a dry bandana/particle mask handy.
- · Ensure that you have your emergency supply kit on hand.

Inside Checklist

- · Close windows, unlock doors.
- · Remove flammable window coverings.
- Move flammable furniture to center of room.
- · Plan several different evacuation routes.
- · Shut off gas and pilot lights.
- · Shut off air conditioner.
- · Leave your house lights on!

Outside Checklist

- · Bring all flammables inside the house.
- Turn off propane tanks.
- · Shut off sprinklers. Don't leave on!
- Back car into driveway, shut doors/windows.
- · Have an outside ladder ready.
- Extinguish small outside fires until you leave.
- · Seal off attic and ground vents, if able.

Tips—If You Are Trapped

- · Stay away from outside walls.
- Bring garden hose inside house.
- Patrol inside home for spot fires—extinguish.
- Wear long sleeved, cotton clothing.
- Stay hydrated—keep drinking water.
- Ensure that it is safe to exit home if it catches fire.
- Fill sinks and tubs for emergency water.
- Place wet towels under doors.
- After the fire has passed, check roof for fire.
- · Check inside attic space for embers.
- Patrol your property for fire.
- · Call 911 if you cannot put out fires with small amount of

GO! **EARLY!**

When to Leave

Do not wait to be told by authorities to evacuate. Leave early enough to avoid being caught in the fire, smoke or road congestion. If and when you are advised to leave-don't hesitate!

Where to Go

Leave to a predetermined location (it should be a low-risk area, such as a well-prepared neighbor's or relative's house, a Red Cross shelter or evacuation center, motel, etc.)

How to Get There

Have several travel routes in case one route is blocked by the fire or emergency vehicles and equipment. Choose an escape route away from the fire.

Emergency Supplies

- · One gallon of water per person per day.
- · Non-perishable food.
- First Aid kit, emergency blanket, multi-purpose tool.
- Flashlight, radio, extra batteries.
- · Keys, cash, credit cards, travelers checks, cell phones and
- Map with evacuation routes.
- Family/emergency contact information.
- Sanitation supplies/personal hygiene items.
- · Prescriptions and medications.
- Important numbers and documents. · Photos/easily carried valuables.
- · Hard drive information.

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Power outages...

(Continued from page 27)

stoves, or charcoal grills should always be used outdoors and

at least 20 feet away from windows. Never use a gas stovetop or oven to heat your home.

Check on your neighbors. Older adults and young chil-



Right coverage. Right price. Right here in town.

Bob Fillhouer, Agent Insurance Lic#: 0786250 2899 The Villages Parkway San Jose, CA 95135 Bus: 408-558-7771

Here's the deal. The right insurance should help you feel confident and comfortable. I'm the right good neighbor for that. Call me today.

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State Farm Bloomington, IL 2001290



dren are especially vulnerable to extreme temperatures.

Go to a community location with power if heat or cold is extreme. (Be aware that community shelters may not be available during the coronavirus emergency.)

Turn off or disconnect appliances, equipment, or electronics. Power may return with momentary "surges" or "spikes" that can cause damage.

Be Safe AFTER the outage.

When in doubt, throw it out! Throw away any food that has been exposed to temperatures 40 degrees or higher for two hours or more, or that has an unusual odor, color, or texture.

If the power is out for more than a day, discard any medication that should be refrigerated, unless the drug's label says otherwise. If a life depends on the refrigerated drugs, consult a doctor or pharmacist and use medicine only until a new supply is available.

Information from: ready.gov/power-outages

EPC Nixle: this is a very big deal—and it is free!

Emergency response at The Villages has taken a giant leap forward. We now have a sophisticated community information and notification system in place that will connect residents to critical information when an emergency affects part or all of The Villages. (An added advantage: The system can also be used to send out information of general community interest.)



Thanks to recent action by the Club Board of Directors, the long-sought-after notification and communication system Nixle has been activated and will be used for water/power outages, road closures, fire, or oth-

er emergencies/disaster that impact us. The introduction of Nixle closes a major loophole in the Emergency Preparedness Committee's ability to communicate when it is most important to do so.

When needed, the Public Safety Department will activate Nixle and residents will receive alerts by text, voice message (landline or cell phones) or a combination of these. However, to receive alerts, residents must "opt into" the system. It's easy. Simply text Villages to 333111 or register on The Villages Resident Portal, or at the villagesepc.com (EPC website) or at nixle.com

For more information, contact Director of Public Safety Steve Norden at SNorden@the-villages.com.

This is a very big deal! Register now!

Remember your loved one with a memorial gift to EVF

Please remember the Evergreen Villages Foundation (EVF) when you are considering a memorial gift in honor of a loved one. The EVF sends a lovely acknowledgement from you. www.evfsj.org

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San Jose, CA 95135

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Call to reserve your luxury apartment home today!