A The Villager

Distributed Friday online at: thevillagesgcc.com

August 18, 2022

The News this Week

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Vol. XLVI No. 33

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- Proposed Changes to Club Policy CPo 208 (See articles on page 3)
- Fitness Center Committee seeks members (See article on page 3)
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Trips, Classes & Events See page 12



Community TV channel:

CHANNEL 26: Currently playing

- Coyote Town Hall
- Fitness Center
- Fire Safety
- Welcome to our Website
- Avoiding Senior Scams
- Fitness videos

(See page 6 for broadcast times on the above items and for other programming.)



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See Mary Wolleson's work at Home Studio Art Tour

By Michael Sunzeri

This Saturday, August 20, from 10 a.m. to 3 p.m. is the Home Studio Art Tour. The event is **free to all Villagers**. Pick up your maps in the Art Room from 10 a.m. to noon first and then make a must-see visit to view our Villages artists in their homes.

Where to begin featuring Mary Wollesen? Mary has a seamstress background which she turned into being a Fabric Quilting artist. Around 2007, after seeing another person's jacket, she challenged herself to improve on that concept, including making totes, and it was off to the quilting future. This art is by no means simple nor easy. Once you understand the basics of quilting, the appreciation factor quadruples of what it takes to make one. These are not your great grandmothers' quilts.

Mary has an array of unique, elegant, and intricate work from totes and runners to throws and bedspreads. Looking closely at her designs, one can see several types of patterns and techniques in Mary's work that make one question how any of it was accomplished. If you like geometric, print, pastel, theme, very colorful, or even holiday inspired work she has covered it. Mary has done hand stitch, pattern stitch, straight line stitch, outline stitch and uses

what is called long arm stitch. Without explaining these methods and techniques, believe it, per square inch, quilting is far and away complex and expensive. Then, add in the time from design to completion. The appreciation factor is now huge.

Using scraps early on morphed into using special dyed Batik cloth material and patterns which Mary is keen on finding. Three layers are comprised of backing, as important to her as the front, batting, the center, and chosen material for the feature eye catching design.

Give credence to her art. Go see it, marvel at the detail and precision work and then add your own appreciation view of what it took to create these beautiful pieces.

See Dorothy Douquet's Solo Art Exhibit

By Barbara Gottesman

You may have encountered Dorothy Douquet on the golf course, the bocce court or the pickleball court. But did you know that she is just as excellent in painting as she is in golf, bocce and pickleball? Visit her one-person art exhibit in Cribari Conference Room to view her exhibit. Her exhibit will be on display until October 21, when Arts & Crafts hangs its Annual Members Juried Art Show.



Dorothy grew up near Chicago and attended the prestigious Chicago Institute of Art.

She graduated from Stevens College in Missouri with a degree in art. She knew that most people could not make a living creating art. She married and created three wonderful children, but after a divorce knew that she would have to

make a living on her own. Like many women in the days before alimony and childcare payments, Dorothy worked at many careers: interior decorating, human resources and mortgage lending.

She never had time for art, but she kept up her interest and dabbled where she could.

When she retired and moved to The Villagers, sportswoman Dorothy found time to do more art. Her 3D sense of sculpture has stimulated her work in ceramics. Her double horse head sculpture is on display in Building A, and her owl sits on a shelf as part of the Arts and Crafts permanent

(Continued on page 16)

EPC Emergency Preparedness Fair: The clock is ticking...

By Arlene Versaw

It's almost here. The Emergency Preparedness Fair is just a week away. For three hours—between 1 p.m. and 4 p.m. on Saturday, August 27, Villagers will have a very rare opportunity to secure the all-important



information they need to prepare for the first 72 hours of an emergency, before community resources are likely—but not guaranteed—to respond.

These community resources are taking the time to be here on a weekend, because *they* know how important it is for us to be ready for the inevitable. While EPC has a structure and specialty teams to assist, the onus for response initially rests with the individual.

So here is where you can get preparation information from experts and trained personnel, learn about a major earthquake fault in our backyard, get training on how to stop bleeding and treat burns, get information on life-care planning and draft an Advance Health Directive, and perhaps most important—get your questions answered! Six Go-Bags will be raffled off, light snacks will be available and you can drop by any time between 1 p.m. and 4 p.m. at the Cribari Center. Bring a neighbor! Don't let this great opportunity pass you by!

COMMUNITY NEWS

PULSE

Dear Readers:

The Villager welcomes everyone's voice sharing ideas, opinions and accounts of life in The Villages in the Pulse column. Please follow the guidelines carefully.

Pulse deadline is 4 p.m. on Thursday of the week prior to publication. Pulse letters will be published in complete or abridged form at the discretion of the Publisher and in accordance with the editorial policies and rules established by the Club Board of Directors. (See VGCC Rule 1.30.) Opinions expressed by Pulse letter authors do not necessarily reflect the opinions of The Villager Publisher, staff, boards of directors or management.

All Pulse letters must be 200 words or fewer on a single topic relating to life in the Villages. Each letter must also include name, address, phone number, date and number of words. Typed or legibly written letters must include your signature and may be hand delivered to the Pulse mailbox in Administration Building B or by mailing to the Communications Advisory Committee, 5000 Cribari Lane, San Jose, CA 95135.

Letters may be submitted electronically through the Pulse Submission Form on the Resident Portal: resident. thevillagesgcc.com/pulse, or emailed to Villager Managing Editor S. Hinrichs: shinrichs@the-villages.com. E-mailed letters must include the text within the body of the e-mail and the subject line must read PULSE LETTER.

- 1 Pulse letters received this week.
- 1 Pulse letter withdrawn by author.
- 0 Pulse letters published this week.

Note: Pulse authors are solely responsible for the statements and opinions contained in the Pulse letters. The Villager does not verify the accuracy of any statements.

Note: Pulse letters are being accepted through the pandemic in digital form only. You may take a picture of your hand-written letter and e-mail it as a JPEG attachment to: shinrichs@the-villages.com.

All Pulse letters that are published are retained by the Communications Advisory Committee (CAC) for a period of 12 months. Rejected Pulse letters are not shared with anyone outside the CAC, management or Club Board and staff liaisons for the reason of confidentiality.

BOUQUETS

The Valley League wants to express its thanks to the following who help make hosting members from six other country clubs for team play on August 15 so very successful. Scott, Renee and staff in the Pro Shop, Albert, and Elizabeth along with other members of the Food & Beverage department, Public Safety and our golf course staff. Also, a special thanks to the bag boys, Bob, Hal and Dave and all the other volunteers. Many thanks! We couldn't have done it without your help.

-Kathy Apgar, Valley League Captain

ABOVE & BEYOND

Sincere thanks to all Villagers who donated paperback books to the Villages Library. Through the efforts of library volunteers and the direction of Cheryl Peterson, library manager, duplicate books are donated to the Martin Luther King Jr. Library and to Elmwood Prison. The gift of reading has been provided to many people by Villagers' generosity. Thank you.

-Maxine Amundson

The various ways to say 'Thank you!'

There are three types of articles available to readers of *The Villager* that allow you to thank an individual, a group, a club or organization.

A Villages club, organization or committee chair can thank an individual, another club or an employee with a **Bouquet**. Please limit the word count to between 50 and 100 words. Avoid long lists of names or the names of businesses.

An individual or family of a resident can thank other individuals, groups or organizations for help rendered in a death, injury, or other emergency through a **Thank You** item. Please keep word counts between 50 and 75 words.

Individual residents can thank other individuals, groups or organizations—not businesses or for-profit service providers—with an **Above & Beyond** item. This category is to thank others for acts of kindness, generosity and for jobs well done. Keep your Above & Beyond article as short as possible—from 50 to 150 words.

These three ways to thank individuals or groups are considered articles, and therefore are free of charge. They can be submitted directly to Associate Editor Kory Tran via email at: ktran@ the-villages.com or submitted through the Resident Portal on *The Villager* page. (Articles may be dropped at *The Villager* office in Building B but the preference is that you submit these articles in digital form.)

Those wishing to thank or submit a testimonial to businesses, service providers or other for-profit entities may purchase a Classified Ad at the rate of \$1.60 per word, minimum of 10 words. To place a Classified Ad, contact Adrienne Reed at 408-223-4657 or email: areed@the-villages.com.

IN MEMORIAM

In Memoriam notices are run free of charge.

Notices include name of deceased, date of birth and date of passing. Brief notices of memorial gatherings may be included with the notice, providing event is held in a Villages' facility.

Obituary notices may be placed in the Classified Advertising section for a fee. For more information, please call Kory Tran at ktran@the-villages.com or 408-754-1341 or Scott Hinrichs at shinrichs@the-villages.com or 408-223-4655.

DEADLINES

General Copy: All general copy, other than sports, is due by 4:30 p.m. Thursday, seven days prior to publication. For editorial information call 408-754-1341 or 408-223-4655 or email ktran@the-villages.com.

Sports: Sports copy is acceptable after deadline only by permission of the Managing Editor, 408-223-4655.

Classified Ads: Classified ads, renewals, cancellations and changes are due by 10 a.m. on the Monday before publication. Holiday deadlines differ. All classified ads must be in writing. You may fax classified ads to 408-274-2843 or e-mail to: areed@the-villages.com or ktran@the-villages.com. For more information, please call 408-223-4657, 408-754-1341 or 408-223-4655. Display Ads: Display ad rates and placement may be arranged by calling Adrienne at 408-223-4657. Display advertising information is available on The Villages web site at: www.thevillagesgcc.com.

Delivery: The Villager is published on Thursday and distributed to all residents Friday morning. Extra copies of the latest editions are usually available in *The Villager* office and in the Library.

Call 408-223-4655 to report missed deliveries.

POLICIES

Publication of advertising in *The Villager* does not constitute endorsement. Licensed real estate professionals advertising in *The Villager* are required to name themselves as agent or broker, or list the name of the brokerage for whom they work as part of their ad. This is in compliance with Real Estate Law Section 10140.6.

All copy is subject to editing and must be submitted with that understanding. The Villager reserves the right to reject or discontinue advertising or articles that are deemed unsuitable.

The Villages Communications Advisory Committee "To inform and connect Villagers" develops operational plans, reviews rules and policies, and advises the General Manager and Club Board on issues pertaining to The Villager, including Pulse letters, Channel 26, Fast Lane and the web site. Residents having relevant concerns may attend meetings or call committee members by phone: Chair Nick Yannaccone at 408-219-9296, Sue Callahan 408-238-2413, Jeanette Campa 408-661-0203, Debbie Champion at 408-960-6994, Barbara Clurman at 347-451-5309, Jac Fitzenz at 408-223-7749, Thomas Moore at 408-887-5322, and Patricia Reardon at 408-914-2432.

HOURS

The Villager editorial and classified advertising hours are Monday through Friday, 8:30 a.m. to to 4:30 p.m. The Villager display advertising office hours are by appointment. Call 408-223-4657 to schedule.

The Villager is the official and legal communication medium for The Villages, a Senior Community. Its mission is to provide residents with timely information about activities, facilities and services at The Villages, and to promote a sense of community by documenting and celebrating those common experiences highlighting life at The Villages.

THE WEEKLY VILLAGER is published every Thursday under policies established by the

Club Board of Directors:

Leslie Lambert
Judy Owen
Bob Krattli
Richard Zahner
Garry Ashby
Liz Kung
Bob Wilk
President
Secretary
Treasurer
Director
Director
Director
Director

Villager Personnel:

Mary Majerle-Tatum Director of Community Activities

Scott Hinrichs Managing Editor
Kory Tran Associate Editor
Jerry Marquez Design Editor

Adrienne Reed Advertising Customer Service

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Visit The Villages web site at: thevillagesgcc.com

BOARDS & COMMITTEES

Notice of Proposed Changes to Club Policy CPo 208 Emergency Preparedness Committee

At its July 26, 2022, monthly meeting, The Villages Golf and Country Club (VGCC) Board of Directors approved to publish for 30-day notice proposed changes to VGCC Policy CPo 208 Emergency Preparedness Committee (Charter) prior to formal approval consideration.

Response to the proposed revised charter may be made by one or more of the following methods: 1) Participation in the discussion of the change at the Club Board of Directors August 30 and September 27 monthly meetings, 2) via-email to jmeadows@the-villages.com with comments sent to the Club Board through the General Manager's office at least seven (7) days prior to the Club Board of Directors meetings, or 3) via written comments addressed to the Club Board and delivered to Building A at least seven (7) days prior to the Club Board of Directors meetings.

As noted, the Board will consider oral and written comments regarding the proposed policy at its August 30 and September 27, 2022, monthly meetings prior to formal approval consideration. Deletions are noted in strikethrough font, additions are underlined, and the purpose of the

The purpose of the proposed revisions is to coincide the policy/charter with the recently approved Villages Emergency Operation/Response Plan.

OBJECTIVE:

change is in italics.

Develop and implement those parts of The Villages Emergency <u>Operations/Response</u> Prepared-ness Plan assigned to the Committee, as defined in The Plan.

GOVERNING DOCUMENTS / LEGAL REQUIREMENTS: None. EMERGENCY PREPAREDNESS COMMITTEE (EPC) CHARTER

Organization: and Membership:

The EPC shall, in collaboration with management, advise and make recommendations to the CBOD regarding emergency-related issues such as preparing for and responding to different specific emergency events. The EPC shall be organized and shall incorporated the concepts and principles of the California Standardized Emergency Management System (SEMS), the National Incident Management System (NIMS), and the Incident Command System (ICS).

The EPC shall make use of publicity media inside and outside The Villages to educate and inform Villagers on important emergency-related preparedness and response issues.

Membership and Composition:

The Committee shall consist of no fewer than ten (10) and no more than twenty-one (21) members appointed by the Board of Directors of The Villages Golf and Country Club (VGCC). Members are appointed to serve three (3) year terms, from January 1 through December 31, on a staggered basis. There shall be no limit on the number of terms a member may serve.

A Board liaison, General Manager, and Director of Public Safety shall be non-voting ex-officio members.

The Committee shall elect a Chair, who shall be the primary contact with the Club Board, and one or more Co Chairs as needed.

Subcommittees:

The Committee may appoint subcommittees and otherwise organize residents when required to fulfill its purpose and responsibilities.

Meetings and Communication:

The Committee shall meet as often as needed to fulfill its responsibilities and to discharge such other tasks as may be assigned by the board, but shall meet at least quarterly. The Committee shall keep the Board informed of its activities through meeting minutes and submit an annual report, including the budget for the current fiscal year, submitted to the Board of Directors at the end of each calendar year.

Purpose:

The Committee's purpose is to prepare Villagers to respond to emergencies, and give direction and assistance to residents and guests during emergencies, in accordance with The Villages Emergency Preparedness Operations/Response Plan. The Committee shall also assist The Villages management in responding to extraordinary emergencies that may occur in the community.

Responsibilities:

- 1. To develop and implement The Villages Emergency <u>Operations/Response</u> Plan in coordination with Public Safety.
- 2. To hold emergency informational meetings and to carry out emergency planning drills.
- 3. To keep the Board of Directors informed of its activities, including submittal of an annual report at the end of the calendar year.
- 4. To develop an annual budget to support the Committee's emergency planning and programs.
- 5. To coordinate, train and support a network of resident volunteers to assist with its preparedness activities and response during an emergency.
- 6. To promote emergency preparedness and awareness through articles in The Villager, notices on the community television station(s), Fast Lane, mailings, emergency drills, and other presentations.

THE VILLAGES ASSOCIATION

Help Your Neighbors! Help Yourself! Vote!

On July 29, ballots went out for approval of the revised and updated Association CC&Rs, formally known as the "Declaration of Covenants, Conditions, and Restrictions and Power of Attorney of the Villages Association." If you haven't done so already, please follow the instructions on how to vote and return your ballot.

Why Vote?

The Declaration (CC&Rs) is one of the fundamental governance documents for the Villages Association and it defines the roles of the Association and Owners for use, restrictions, and maintenance of our Common Interest Development. The CC&Rs are tied to the land and apply to all current and future owners. Every owner is affected by the CC&Rs and changing them requires a majority of the Total Voting Power of the Association to vote in favor.

What is being changed and why should I care?

The CC&Rs are being updated to:

- conform with current state laws that have changed over the last eight years
- · improve and clean up the wording
- better define the responsibilities for our condo maintenance
- make it less burdensome for getting common area changes approved
- align earthquake recovery procedures with current repair costs

While there are no fundamental changes proposed, it is important to keep governance documents current and relevant to state law and inflation.

The Association Board unanimously approved these changes and recommends your YES vote. Every vote counts!

Please read and review the ballot materials and return your ballot prior to the August 31 deadline.

If you want additional information, please contact the Association Board via email to Maria Elizabeth Hernandez at ME-Hernandez@the-villages.com

Fitness Center Advisory Committee seeking members

The advisory committee for the Fitness Center is looking for new members because several members will term-out at year's end.

The committee is required to meet its responsibilities, but shall meet at least quarterly. The current and previous committee met once a month for one hour. The committee reports to the Club Board of Directors.

The responsibilities of the committee are to make recommendations and to advise the Board of Directors on: 1. Fitness Center rules; 2. Use of the Fitness Center; 3. Improvements and care of the Fitness Center equipment; 4. Coordinate security issues with Public Safety.

Volunteering for one hour a month is not a large commitment in which to be engaged, making decisions that directly affect one of the most popular amenities in The Villages.

Applications may be obtained by going to the Resident Portal and going to Resource Files, then to Forms and fill out the form by clicking on Club Advisory Committee Application.

More BOARDS & COMMITTEES,

MANAGEMENT and

COMMUNITY NOTICES on pages 4, 5, 7, 23 & 26

MANAGEMENT

New Comcast appointments available

Comcast representative Eddie Castaneda, The Villages interim Account Manager, is offering to host **Virtual Customer Events** to discuss your questions regarding your bills and Xfinity products from the comfort of your home. Select the date of your choice every Monday and Tuesday through October 31: August 22, 23; 29 and 30, and then choose the time for your one-on-one appointment between 11 a.m. and 3 p.m. from the scheduling page https://calendly.com/ruhullah-payendazadah/xfinity-virtual-q-a.

Then at the time of your appointment, Eddie will call to discuss your questions. Appointments ill quickly.

fill quickly.

2023 Telephone Directory Updates

It is time for input for the 2023 Villages Telephone Directory. If you want to update your information, please contact Public Safety Administration (Building C) at 408-239-5246, option 2, as soon as possible.

The deadline for any changes to the 2023 Telephone Directory is Friday, September 23, 2022.

Report Coyote Activity

Please report all coyote sightings to Public Safety and Vector Control at the email addresses listed below:

- Director of Public Safety Steve Norden at snorden@thevillages.com and include in email the location day and time of the sighting.
- Contact for Vector Control is Vector.sccgov.org/home . Residents can use this to report coyote / wildlife incidents directly to the county.

AHA Auxilio-HomeAide "When You Can't, Together We Can"

Our premier person-centered in-home caregiver and personal concierge services allow people of all ages to live with dignity in the comfort of their home while maintaining their independence.



With our people and our expertise, we know how to achieve a quality service around your schedule that works for you.

canans@ahaindeed.com Phone: 408.489.9674 www.ahaindeed.com

Leash rule for pets

Residents are reminded, as per Club Rule 1.51, that pets must be kept on a leash, under control, and attended to at all times. This also applies to the Hill Lands.

An increase in coyote aggression has created problems with small dogs, especially those that are unleashed. Please always leash your pets. And keep leases short; the Division of Wildlife recommends a leash no longer than 6 feet.

Furthermore, accompany your leashed pet at all times while outside. Do not let go of the leash or tie your animal to trees or other objects. An unattended leash not only attracts the attention of coyotes, but is also a tripping hazard to other walkers.



Estate Planning Attorneys

Establishing or updating your Estate Plan has never been more important than it is right now. At Del Ponte and Hirz, we offer comprehensive Estate Planning, Probate, and Trust Administration services.

Call us to schedule your Free Consultation!



Del Ponte & Hirz

Attorneys at Law

We have many family members, friends, and clients who call The Villages their home. We can accommodate COVID-19 concerns with telephonic or video consultations and social distanced or no-contact document execution.

(408) 294-4525

www.DelPonteandHirz.com info@delponteandhirz.com 75 E. Santa Clara Street, Suite 275, San Jose, CA 95113

PUBLIC SAFETY

Public Safety Report July 2022

CLASSIFICATION	Present	YTD	YTD
CLASSIFICATION	Month	2022	2021
ACCIDENTS	WOITH	2022	2021
1) PERSONAL INJURY	0	1	1
2) AUTO	1	4	10
3) HIT & RUN	0	2	1
4) GOLF CART	0	0	1
5) MISCELLANEOUS	0	0	1
AFTER HOURS REQUESTS			
1) LIGHTS	95	436	333
2) FACILITIES	7	52	39
3) SPRINKLERS	7	44	85
4) LANDSCAPE	5	10	9
5) ACTIVITIES	0	2	1
6) MISCELLANEOUS	0	0	0
7) GOLF MAINTENANCE	0	0	0
8) FOOD & BEVERAGE	0	0	0
9) BUSINESS OFFICE	0	0	0
10) PRO SHOP	0	0	0
11) WATER LEAKS (OUTSIDE)	8	20	25
12) ALARM ACTIVATION	0	1	3
ANIMAL			
1) COMPLAINTS	8	37	55
2) TRAP REQUEST	0	0	0
3) LOST	0	0	3
4) FOUND	0	1	2
5) COYOTE COMPLAINTS/SIGHTINGS	4	22	277
CITATIONS			
1) PARKING	1	19	0
2) SPEEDING	0	22	26
3) STOP SIGN - RESIDENTS	1	70	47
4) STOP SIGN - NON-RESIDENTS	1	83	263
STOP SIGN TOTALS	2	153	310
5) MISCELLANEOUS	0	4	25
6) ACC	0	0	0
DISTURBANCE	2	7	3
FIRE / SMOKE	1	5	1
HAZARDOUS CONDITION	0	2	2
MEDICAL EMERGENCY	52	390	284
MISCELLANEOUS	33	233	118
PROPERTY			
1) DAMAGED	7	29	24
2) LOST	0	1	2
3) FOUND	0	0	3
4) VANDALIZED	0	0	2
5) MISSING	2	7	5
PUBLIC SAFETY	0.0	400	450
1) COMPLAINT	28	163	153
2) REQUEST	0	0	64
DECIDENT ACCION	04	400	400
RESIDENT ASSIST	21	126	120
RESIDENT WELFARE CHECK	8	46	50 5
SUSPICIOUS CIRCUMSTANCES	0	0	5
TRESPASSING	0	0	0
1) AUTO 2) PERSON	0	1	2
Z) FEROUN	U	1	
UNLOCKS	25	147	109
UNSECURED AREA	1	2	5
	ı '		

GOVERNANCE MEETINGS

AC NOTICE

Association applications for Owner Alteration Requests for the month of September are due to the Architectural Committee on or before August 26, 2022. Call Elissa at the Corporation Yard office to obtain an application. Meeting date is scheduled for Thursday, September 8, 2022 at 9 a.m. at Foothill Center. Association AC Landscape meeting deadline date is August 26, 2022.

Deadline for editorial materials is the Thursday before the date of publication. If your notice is late, please call Kory at The Villager copy desk at 408-754-1341 to arrange for space to be available. You may e-mail your copy to: ktran@the-villages.com

Association

 The Villages Association Board of Directors Monthly Board Meeting is Tuesday, August 30, at 9:30 a.m. via Zoom

Meeting ID: 917 8108 3392; Passcode: 223468; Dial: 1-669-900-6833

Club

• The Villages Golf & Country Club Board of Directors Monthly Board Meeting is Tuesday, August 30, at 1:30 p.m. This is a hybrid meeting-both in person at Foothill Center and on Zoom

Meeting ID: 961 5036 4740; Passcode: 260616; Dial: 669-900-6833

Homeowners

BOARD MEETINGS

• The Villages Homeowners' Corporation Quarterly Meeting is Thursday, September 8, at 9 a.m. via Zoom

Meeting ID: 975 5873 6401; Passcode: 591400; Dial 1-669-900-6833

More COMMUNITY NOTICES

SRS SENIOR RESOURCE SERVICES

Medicare: Are you 65 and still working?

Question: It is my understanding that if you turn 65 and don't sign up for Medicare Part B, you will pay a penalty in the form of a higher premium when you enroll later. I turn 65 soon but plan to continue working another three years and will stay on the health-insurance plan provided by my employer. Can I avoid the penalty premium? If I can, how do I do it?

Answer: Indeed, the general rule is you pay a penalty if you do not sign up for Medicare Part B at age 65. This monthly penalty continues as long as you are on Medicare. However, yes, you can avoid the penalty but be careful. In fact, be very careful. Your employer's health plan might require that you sign up for Medicare when you reach 65. So, check with your employer 6 months or so before you turn 65.

If you are not required by your employer's insurance to sign up for Medicare at 65, then relax. You can enroll when you quit working—without paying a penalty. You enroll during what is called a "special enrollment period." You have an eight-month special enrollment period to sign up for Medicare Parts A and/or B that begins either the month after your employment ends or the month after your group health insurance based on your current employment ends, whichever happens first.

Under Medicare rules, COBRA and retiree health plans are not considered coverage based on your current employment. Again, be careful. Talk with your employer.

Also, consider making an appointment with a HICAP (Health Insurance Counseling and & Advocacy Program) counselor. While a HICAP counselor is not currently coming to The Villages, a HICAP volunteer is eager to connect with Villagers via a telephone appointment or via Microsoft Teams Video conferencing.

You first call HICAP at **408-383-6668**, tell them you are a Villager and would like to arrange a counseling session with HICAP counselor Douglas Campbell who is assigned to The Villages. HICAP staff will provide further instructions on the appointment process.

Note: The Senior Resource Services (SRS) office hours for drop-in assistance are Monday, Wednesday, and Friday from 10 a.m. to noon. The SRS office is in the Cribari Center across from the Post Office. You may also leave a message at 408-239-5253 or e-mail SRS at villagessrs@ sbcglobal.net. The purpose of SRS is to provide education and general business and financial information. All assistance is free and confidential. You should ask your professional adviser about your individual situation.

SRS Request:

Volunteer needed

SRS has a need for a volunteer to join the team that submits its weekly articles in The Villager. We believe it needs to be someone comfortable with business vocabulary. Sometimes it is as simple as updating a previously published article. Frequently it is working on a new submission. New articles are usually drafted from a newspaper article, a magazine article, or a web site. Examples are the Santa Clara County Assessor's web site or a Wall Street Journal article.

All articles are edited by another volunteer and, when needed, are also given technical review by a professional. For example, a reverse mortgage broker reviewed our articles on that subject.

If you are willing to consider joining this team, please call the SRS office at 408-239-5253 or send a note to villagessrs@sbcglobal.net. The SRS volunteer in charge of submitting articles will contact you.

ENCROACHMENTS

The following encroachments have been submitted to the Architectural Committee and the Board of Directors:

6160 Montgomery Place—Walkway

Owners in the area are invited to comment to the General Manager's office.

Hope Services donation pickups

Hope Services is coming to The Villages on Monday, October 3. Hope will be picking up donations throughout The Villages. To schedule pickup of your donated items at your residence, call 408-748-2874. To view the complete list of items that Hope accepts, please visit hopeservices.org/how-you-can-help/ donate-goods/

Cribari DAC seeks new members

The Cribari District Advisory Committee (DAC) is looking for resident owners in Cribari who are interested in becoming part of the DAC. We would like several new residents to join the Cribari DAC team. The general purpose of the DAC is to assist the Association Board of Directors by facilitating communication to and from district residents regarding Association business matters.

If you are interested in learning how the district operates, then consider joining the Cribari DAC. This is your opportunity to give back to your district. You may apply online by typing "DAC application" in the Search field of The Villages Resident Portal (resident.thevillagesgcc.com).

For questions, please contact Association Operations Manager Maria Hernandez at 408-239-5248 or email: mehernandez@ the-villages.com.

More COMMUNITY NOTICES on pages 7, 23 & 26



M.A., CLC, SRES

"YOUR-GO-TO-GAL" FOR ALL THINGS

408-772-8071 slassetter@intero.com www.your-go-to-gal.com

Intero Real Estate Services/ A Berkshire Hathaway Affiliate 12900 Saratoga Ave., Saratoga, CA 95070

endar of Events

8:30 a.m.	Catholic Mass	CR
8:30 a.m.	Jazzercise	Α
9 a.m.	Ceramics Open Studio	CER
9 a.m.	Chinese Morning Exercise	Р
9 a.m.	Game Day RED,	SEQ
9:30 a.m.	Open Studio	AR
10 a.m.	Line Dance Class	MMP
10 a.m.	Quilters	PR
1 p.m.	Bridge Club at Villages	RED
1 p.m.	Table Tennis	MMP
3 p.m.	Bocce Bash	GP
6 p.m.	Chinese Club Line Dance	FC
6:30 p.m.	Mexican Train Dominoes	MC
7 p.m.	VAT-Fall Show Rehearsal	Α

Saturday. August 20

	,0	
9 a.m.	Home Studio Art Tour	AR
9 a.m.	Table Tennis	MMP
10 a.m.	Ukulele Singing	SEQ
11 a.m.	Men's Golf Senior Lunch	GP
5 p.m.	Italian Club Dinner Dance	CH

Sunday. August 21

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7:15 a.m.	Catholic Choir	CR
8:15 a.m.	Catholic Mass	Α
9 a.m.	Ceramics	CER
9 a.m.	Episcopal Services	MC
9 a.m.	Chapel Choir	SEQ
9 a.m.	Table Tennis	MMP
10 a.m.	Comm. Chapel Services	Α
11 a.m.	Comm. Chapel Fellowship	CR
2 p.m.	Chinese Club Cook Demo	MC
4 p.m.	Verano Social	GP
5 p.m.	Fairweather Friend Potluck	VC
7 p.m.	Chinese Club Karaoke	RED
7 p.m.	VAT-Fall Show Rehearsal	Α

Monday, August 22

Auditorium

Bocce Courts

Voyage Room

Art Room

AR

BC

VR

	,,	
8:30 a.m.	Jazzercise	Α
8:30 a.m.	VMA Flu Clinic Registration	FC
9 a.m.	Chinese Morning Exercise	Р
9 a.m.	Game Day RED,	SEQ
9:30 a.m.	Association Rules Comm.	F
10 a.m.	Line Dance Class	MMP
10 a.m.	Search the Scriptures	VC

EVENT LOCATIONS

(Cribari)

(Cribari)

(Montgomery)

CER	Ceramics	(Cribari)
CH	Clubhouse	
CR	Conference Rm.	(Cribari)
F	Forum	(Cribari)
FC	Foothill Center	
FHP	Foothill Pool	
GP	Gazebo	
L	Lobby	(Cribari)
SEQ	Sequoia	(Cribari)
MC	Montgomery Center	
MMP	Montgomery MP Room	
RED	Redwood	(Cribari)
Р	Patio	(Cribari)
PC	Pickleball Courts	
PR	Patio Room	(Cribari)
TR	Terrace Room	(Cribari)
TS	Tennis Stand	
VC	Vineyard Center	

10 a.m.	VGC - Six Clubs	V	6:30 p
10 a.m.	Watercolor Class	AR	7 p.m.
10:30 a.m.	VMA Grief Support	CR	
12 p.m.	Ceramics Open Studio	CER	Thu
1 p.m.	Stitchery	PR	HIIU
1:30 p.m.	Table Tennis	MMP	8:30 a
2 p.m.	VAT-Fall Show Rehearsal	Α	9 a.m.
5:30 p.m.	Village Dancers	Α	9 a.m.
6:30 p.m.	Duplicate Bridge	RED	9:30 a
7 p.m.	VMS Concert Task Force	CR	9:30 a
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Tuesaa	y, August 23		12:30
9 a.m.	Game Day RED,	SEQ	1 p.m.
9:30 a.m.	Poetry in Art & Pastel	AR	1:30 p
10 a.m.	Ukulele Advanced	PR	3 p.m.
10 a.m.	High Twelve Lunch	MC	4 p.m.
10 a.m.	Line Dance	MMP	4 p.m.
11 a.m.	VMA Balance & Fall	CR	7 p.m.
11:30 a.m.	Live Longer Stronger	Α	7 p.m.
12 p.m.	Ceramics Open Studio	CER	
1:30 p.m.	Table Tenn	MMP	Frid
2 p.m.	VAT-Fall Show Rehearsal	CR	
2 p.m.	Piano Open Studio	Α	8:30 a
			9 a m

Wedne	sday, August 2 4	4
8:30 a.m.	Jazzercise	Α
9 a.m.	Ceramics Open Studio	CER
9 a.m.	Game Day RED,	SEQ
10 a.m.	Bocce Social	GP
10 a.m.	Critique & Open Studio	AR
10 a.m.	Israeli Folk Dance	MMP
10 a.m.	Ladies Bible Study	PR
1 p.m.	Table Tennis	MMP
2 p.m.	VAT-Fall Show Rehearsal	Α
6:30 p.m.	Duplicate Bridge	RED
6:30 p.m.	Mexican Train Dominoes	MC

6:30 p.m. Village Dancers Rehearsal A 7 p.m. Chinese Club Tech Talk FC

Thursday, August 25

	ij, nagaot 20	
8:30 a.m.	VMA Flu Clinic Registration	FC
9 a.m.	Ceramics Open Studio	CEF
9 a.m.	Game Day RED,	SEC
9:30 a.m.	Hiking Club Board Meet	F
9:30 a.m.	Drawing/Assemblage	AR
10 a.m.	Line Dance	MMI
10 a.m.	Live Longer Stronger	Α
12:30 p.m.	18 Hole Women Golf Lunch	СН
1 p.m.	Table Tennis	MMI
1:30 p.m.	Ukulele Club	VC
3 p.m.	Korean Club	PR
4 p.m.	Republican Club	GP
4 p.m.	Evergreen Foundation	CH
7 p.m.	VAT-Fall Show Rehearsal	Α
7 p.m.	Folksters	VC

Friday, August 26

8:30 a.m. 9 a.m.

9:30 a.m.

10 a.m. 10 a.m.

1 p.m. 1 p.m. 3 p.m.

6 p.m.

7 p.m.

6:30 p.m. 7 p.m.

9 a.m. 9 a.m.

, Auguəl Zv	
Jazzercise	Α
Ceramics Open Studio	CER
Chinese Morning Exercise	Ρ
Game Day RED,	SEQ
Friday Open Studio	AR
Line Dance	MMP
Quilters	PR
Bridge Club at Villages	RED
Table Tennis	MMP
Bocce Bash	GP
Chinese Club Line Dance	FC
Mexican Train Dominoes	MC
VAT – Fall Rehearsals	Α
Women's 9 Hole Golf Twilight	CH

Villages Medical Auxiliary-Since 1976

Office: 408-238-4230 Hours: Monday to Thursday, 9:30 a.m. to 2:30 p.m. **Service Coordinator:** 408-238-4029 www.vmavillages.org



Programs August

Balance and Fall Prevention - Chelsey Claassen from Silver Creek PT/OT will help identify risk factors and explain how to prevent falls. August 23 at 11 a.m. in Cribari Conference Room. Call Bonnie at 408-238-4029

Upcoming in September

Rehabilitation for Joint Replacements - brought to you by Silver Creek Physical Therapy. They will discuss what to expect after a joint replacement and how to heal more quickly. Wednesday, September 21 at 11 a.m.

Support Groups – August and September

Grief Support Group: Chaplain Dale Poland, M.Div, BCC - from Hospice of the Valley- Sutter Health will conduct a six-week series for this support group Mondays, August 22 - October 3 (no session September 5) in the Cribari Conference Room from 10:30 a.m. – noon. Please call 408-238-4029 with any questions.

Caregiver Support Group: Thursday, September 15 at 10:30 a.m.-12 p.m. in the Patio Room and via Zoom. Please contact Judy London Ph.D. for all meeting specifics at judithlondon@sbcglobal.net or call 408-784-3325.

Parkinson's Caregiver Support Group: Meet with other caregivers of those with Parkinson's. Thursday, September 15 from 10 a.m. to 11 a.m. in Montgomery Center.

Please check out vmavillages.org

CHANNEL

all times are a.m. and p.m.

Fitness Center

Daily 12:00 & 6:00

Fitness

1:00 & 7:00 Mon - Sat 15 Minute Exercise

1:15 & 7:15 Mon Wed Fri Sun **Chair Fitness** Tue Thu Sat

Cardio Fitness

Coyote Town Hall

Daily 2:00 & 8:00

Welcome to Our Website

Daily 3:30 & 9:30

Living with

Daily 4:30 & 10:30

Events & Notices

Daily

12:54 & 6:54 (6 min) 4:15 & 10:15 (15 min) 5:21 & 11:21 (9 min)

MWFSu 1:57 & 7:57 (3 min) Tu Th Sa 1:51 & 7:51 (9 min)



Public Password: villages

More information online at the Villages Resident Portal: resident.thevillagesgcc.com

FROM BRIGHTVIEW

Landscape Watering Update from BrightView

By Ryan Bolich, Branch Manager

As many of you may know, on June 10, 2022, the State Water Board adopted new water conservation regulations that are in effect for all of California. The new regulation bans irrigating turf at commercial, industrial, and institutional properties, such as grass in front of or next to large industrial or commercial buildings and other "non-functional" or ornamental turf. This ban does not include watering turf that is used for recreation or other community purposes, or water used at residences or water to maintain trees. In order to continue to be in compliance with the State Water Board's water conservation plan for California, we will begin to identify and turn off areas of turf considered "non-functional" or ornamental.

The State Water Board also moved all communities into the level 2 water shortage contingency plans. The City of San Jose has adopted the level 2 water shortage contingency plan as of late last year so this will not change the current restrictions in place:

- No unsupervised irrigating landscapes between 10 a.m. and 8 p.m.
- Pop-up spray sprinkler systems cannot run more than 15 minutes per station per day
- · No excessive water runoff is allowed.
- Leaking or broken water pipes, irrigation systems, and faucets must have repairs initiated within five working days and fixed as soon as possible.
- No cleaning of structures or paved surfaces with a hose without a positive shut-off nozzle.
- No cleaning of vehicles with a hose without a positive shut-off nozzle.
- Potable water cannot be used for irrigation purposes where a recycled water service is currently plumbed to the site.
- Limit landscape irrigation to two days per week per station.

The Villages is required to follow the Level 2 water shortage contingency plan set forth by the City of San Jose. This means we are limited to watering turf to two days a week and we are limited how long we can water each section. This will inevitably lead to a lot of yellow grass; however, yellow grass is not dead grass. Yellow grass will turn back to lush green when expanded watering is again allowed sometime in the future. The Villages turf is a valuable asset and BrightView is committed to protecting and maintaining The Villages landscape assets within the regulations and guidelines set forth by the State Water Board, Valley Water, the City of San Jose and San Jose Municipal Water.

Association/Homeowners documents available via e-mail

Per an amendment to California Civil Code, homeowner associations are permitted, with owner's written consent, to distribute annual disclosures, (like the pro forma budget summary) and other specified association documents to owners via electronic mail, facsimile, or other electronic means (such as posting on the association's website) instead of sending those documents out by regular mail or personal delivery. This has the potential to provide cost savings to The Villages. Delivery and postage costs for the Villages' annual distribution of the pro forma budget summary alone are close to \$1,000, not to mention the paper and printing costs.

In order to transmit association documents via e-mail or by posting on the homeowners association's website, 1) the homeowners association must first receive the owner's written consent, and 2) the homeowners association sends a separate notice to the owner that the documents have been posted and are available for viewing.

Consent forms for owners to request delivery of documents have been developed for both The Villages Association and Homeowners Corporations. These forms provide an owner's consent to electronic delivery of documents that are capable, under current laws, of being distributed electronically. Owners have the right to revoke this request and receive "hard copies" of the documents by sending a written revocation signed by the owner, to the applicable corporation.

Forms of owner's written consent are available in Business Administration Buildings A and B, and on The Villages web site, http://www.thevillagesgcc.com (Click on *Resident Info* and then Click on *Resource Files*.)

EPC SEZ...

Did you know that The Villages is divided into 25 Sectors, each with an EPC Aid Station, Sector Chiefs and Area Reps to assist you during a disaster? To join the EPC team contact: chair@thevillagesepc.org

-The Villages Emergency Preparedness Committee



LIBRARY USED BOOK SALE

The Villages Library Book Sale is open for business all year long on Wednesdays and Saturdays at 10 a.m. to noon.

During hot weather, take care to avoid heat stress

If you are 65 years of age or older, it becomes more important to avoid heat stress during periods of hot weather. Since elderly people do not adjust as well as young people to sudden changes in the weather, it is important to take precautions to avoid pushing the body past its stress limit.

Older, at-risk adults should be visited twice a day and monitored for signs of heat exhaustion. If they do not have air conditioning in their homes, then they should be taken to airconditioned locations—at the very least, they should have a fan.

To prevent heat stress or heat stroke, which occurs when the body becomes unable to regulate its own temperature: 1.) drink cool, nonalcoholic, non-caffeinated beverages (unless your water intake is being regulated by a doctor—if that is the case, follow the doctor's directions). 2.) make sure to rest during hot periods. 3.) cool off by taking a cool shower, bath or sponge bath. 4.) remain indoors during the hottest part of the day, if possible stay in an air-conditioned environment. 5.) wear lightweight clothing. 6.) do not engage in strenuous activities.

Heat exhaustion can develop over several days of exposure to hot weather if the body is unable to replace lost fluids.

The symptoms of heat exhaustion include heavy sweating, paleness, muscle cramps, tiredness, weakness, dizziness, headache, nausea or vomiting, fainting, moist or even cool skin, a fast and weak pulse rate and fast and shallow breathing.

Heat stroke, the most serious heat-related illness, may be the result of a long period of heat stress or may come quickly if the person is exposed to extreme temperatures. Heat stroke occurs when the body loses its ability to sweat and is unable to cool down. Body temperatures may rise to 106-degrees or higher within ten to 15 minutes. Untreated heat stroke is likely to result in death or permanent disability if not treated immediately.

The symptoms of heat stroke include a very high body temperature (above 103-degrees F), reddened, hot and dry skin (no sweating), a rapid and strong pulse, a throbbing headache, dizziness and nausea.

What do you do if you see someone with severe heat stress? Act quickly because you may be dealing with a life-threatening emergency. First call 911 for immediate medical assistance, then call Public Safety at 408-223-4665 while you begin cooling the person off

If you are outdoors get the person to a shady area. Cool the person rapidly, using whatever means you can—provide a cool bath or shower, spray the person with cool water from a hose or wrap the person in a cool, wet sheet and fan him or her vigorously. Monitor the person's body temperature and continue cooling efforts until body temperature drops below 101-degrees F. If emergency personnel are delayed, call a hospital emergency room for further instructions. Do not give the person any alcoholic beverages—water is best. Above all, get medical assistance as soon as possible.

Car registration reminder

If you have purchased a new vehicle, or have yet to register your vehicle with Public Safety, please contact Public Safety Administration (Building C) at 408-239-5246, option 2, as soon as possible. You may also email us at: hbalaoro@the-villages.com

As a friendly reminder, ALL Villages Residents are REQUIRED to register all vehicles with Public Safety and have a Resident Bar Code Sticker on their vehicle.

Golf cart registration reminder

If you have purchased a new golf cart, or have yet to register your golf cart with Public Safety, please contact Public Safety Administration (Building C) at 408-239-5246, option 2, as soon as possible. You may also email us at: hbalaoro@the-villages.com

As a friendly reminder, ALL Villages Residents are REQUIRED to register all golf carts with Public Safety and have a Villages Golf Cart Decal affixed to their cart.

THE CLUBHOUSE

For Information: **408-223-4687**

2800 Villages Fairway Drive, San Jose CA 95135

All Clubhouse & Bistro menus can be found at thevillagesgcc.com

WHAT'S COOKING?

theclubhouse@the-villages.com For Curbside Grab-and-Go Service, call in your order at 408-370-8553. Call again when you get to the Clubhouse curbside and we will bring it out to your vehicle.

To order Curbside Grab-and Go 408-370-8553

(Breakfast orders only Saturday & Sunday 7 to 11 a.m.)

The Clubhouse Curbside service charge has increased to 15% from 10%. The service charge for the Indoor and Patio Dining is still 18%.



CLUBHOUSE RESTAURANT & THE BISTRO & BAR AND GRAB & GO ORDERS AVAILABLE



Clubhouse is open for full service

The following details will be in effect at the Clubhouse:

Restaurant Main Dining Room: Reservations are strongly suggested by emailing, calling or making an online reservation. Email: theclubhouse@the-villages.com, Phone: 408-223-4687, Online: clubhousereservation.com

- Patio and Bistro Dining reservations for the patio are for 6 or more persons.
- The Bistro alcove can be reserved for parties of 8 to 10 people.
- The kitchen will still close at 8 p.m., last seating at the Bistro, Patio, curbside takeout and Restaurant main dining room is 7:30 p.m.
- · Bistro Bar closes at 9 p.m. Last call is at 8:30 p.m.
- Dress code for the main dining room will be enforced. During summer months, dress shorts and dress sandals will be allowed
- Restrictions on number of guests per table will be lifted.
- Masks are required for all employees indoors.
- · Seating capacity will be at 100 percent.
- · Visitors do not have to be accompanied by Villagers to use Clubhouse.
- Credit cards and house charges will be accepted.
- · Cash will not be accepted for payment but can be left as a tip.
- · Villagers will not have to sign in for indoor seating.

Hours of Operation will be as follows:

Breakfast/Brunch: Saturdays 7 a.m. to 11a.m. Sundays 7 a.m. to 2 p.m.

All-Day Menu: 7 Days 11 a.m. to 8 p.m.

Dinner Menu: Tuesdays through Sundays 5 p.m. to 8 p.m.

How does Curbside Grab-and-Go work?

First, call in your order at **408-370-8553.** Call us again when you get to the Clubhouse curbside and we will bring it out to your vehicle. **A 15% Service Charge and Tax will be added to the price**

Notice for our Curbside customers: Due to the increased volume of orders at dinner time, we are recommending that you call and place your order between the times of 3 p.m. and 4:30 p.m. We will take your order and coordinate a pick-up time later that evening. While this is not required, it should help alleviate any wait times during the peak dinner time hours of 5 p.m. to 7 p.m.



Soup of the Day

For the week of 8/22 to 8/28

Monday	August 22	Chicken Noodle
Tuesday	August 23	Cream of Broccoli
Wednesday	August 24	Egg Drop
Thursday	August 25	Chicken Tortilla
Friday	August 26	Billi Bi
Saturday	August 27	Chef's Choice
Sunday	August 28	Chef's Choice

Indoor and Patio dining or Curbside hours of Operation

Monday Tuesday to Friday Saturday and Sunday **Saturday Breakfast:** Lunch: Lunch: 11 a.m.—2 p.m. 11 a.m.—2 p.m. 7 a.m.—11 a.m. **Bistro Menu: Bistro Menu: Sunday Breakfast:** 2 p.m.—8 p.m. Last Seating 2 p.m.-8 p.m. Last Seating 7 a.m.—2 p.m. **Dinner Menu:** Lunch: 5 p.m.—8 p.m. Last Seating 11 a.m.—2 p.m. **Bistro Menu:** 2 p.m.—8 p.m. Last Seating **Dinner:** 5 p.m.—8 p.m. Last Seating

Breakfast, Lunch and Dinner indoor dining now available as well as Patio Dining and Curbside Grab-and-Go pickup.

Bistro Menu 2 p.m. - 8 p.m.

Starters

GF Potato Skins \$14.00

Cheddar, Tomatoes, Bacon, Scallions and Sour Cream

Wings 6Pc \$13 12Pc \$22

Celery and Carrots, Ranch Dressing with BBQ, Teriyaki

Avocado Toast with Smoked Salmon \$14.95 Toasted Sourdough will Dill Sprig

GF Curried Chicken Lettuce Cups \$13.95

Minced Chicken, Water chestnuts, Mushrooms and Green Onions on Butter Lettuce

Fried Green Beans \$8.50

Roasted Meatballs \$9.95

BBQ Sauce, Teriyaki or Buffalo Sauce

Angus Beef Sliders \$12.95

2 Angus Beef with Tomato Relish

Southern Crab Cakes \$13.95 2 Panko Crusted with Cayenne Remoulade

Calamari \$13.95 Lightly Dusted Rings, and Tentacles with Parmesan

Parsley

Soup of the Day Cup \$5.50 Bowl \$7.50

Main

Entrée Caesar Salad \$10.95

Romaine, Cherry Tomatoes, Parmesan, Croutons Add Chicken \$4 Salmon \$6 Prawns \$6

Cobb Salad \$14.25

Mixed Greens, Tomato, Cucumber, Hard boil Egg, Olives, Avocado Bacon and Feta Cheese Add chicken \$4 Prawns \$6

Asian Salad \$14.25

Cabbage, Carrots, Edamame, Peanuts, Fried Won Ton Skins, Bean Sprouts with Sesame Ginger Dressing Add Chicken \$4 or Prawns \$6

V Strawberry and Orange Spinach Salad \$14.95 Red Onions, Candied Walnuts with Raspberry Walnut Dressing Topped with Feta Cheese Add Grilled Chicken \$4

GF Gluten Free V Vegetarían

Weekly

Specials

For the week of

V Quesadilla \$13.95

Pico de Gallo, Sour Cream, Guacamole,

V. Asian Stir Fry Vegetables Over Rice \$12.95 Vegetables over Jasmine Rice with Ponzu Sauce Add Beef, Chicken or Bay Shrimp \$4

Fish and Chips \$14.95

Batter Dipped Cod, Tartar Sauce, Fries, Cole Slaw and Malted Vineaar

Street Tacos \$13.95

 ${\it Cod, Beefor Chicken with Cilantros, Onions, Cabbage}$ and Radish with Salsa on mini-Corn Tortillas

Sides: \$5.50

Potato Salad, Coleslaw, French Fries, Sweet Potato Fries, Garlic Fries, Onion Rings, Fresh Fruit, Small Salad, Cup of Soup

Sandwiches

Hot Dog with Side \$9.95

Toppings: Onions, Tomatoes & Red Onion Relish. Cheddar Add \$2

Burger with Side \$13.95 Or Impossible Burger with Side \$14.95 Angus Beef with LTO and Side Dish Or Plant Based Meat with Lettuce,

Add Avocado, Bacon or Cheese add \$2.50

Roast Beef French Dip Au Jus with Side \$14.95 Hoaaie Loaf with Provolone and Sauteed Onions

Shrimp Roll Sandwich with Side \$16.95 Bay Shrimp, Celery, Green Onions and Dill Aioli

Gluten Free Bread Substitute \$2

Naan Flatbread Pizzas

V Cheese Pizza \$11.95 Pepperoni Pizza \$12.95

V Margarita Pizza \$12.25

Red Sauce, Mozzarella and Tomatoes

Combination Pizza \$14.95 Sausage, Pepperoni, Mushrooms, Onions, & Peppers

Gluten Free Crust Add \$ 2.00

Breakfast Menu

Saturdays 7 a.m. to 11 a.m., Sundays 7 a.m. to 2 p.m.

V French Toast \$8.25

Whipped Butter, Maple Syrup, Seasonal Fruits

V Short Stack Pancakes \$8.25

Whipped Butter, Maple Syrup, Seasonal Fruits

V Belgium Waffles \$8.75

Whipped Butter, Maple Syrup, Seasonal Fruit

Bagel BLT and Egg \$9.75 Bacon, Lettuce and Tomato with Cream Cheese

Breakfast Burrito \$9.75

Scrambled Egg, Potatoes, Cheese, Salsa Choice of Bacon, or sausage

Montgomery Muffin \$9.25

Scrambled Eggs, Bacon or Sausage, Cheddar

Lox and Bagels \$13.95

Smoke Salmon, Cream Cheese, Red Onions, Egg Whites and Capers

Avocado Sourdough Toast \$12.95 Fried Egg, Bacon, and Tomato

Egg \$2.25, Breakfast Meats \$4, Hash Browns \$3, Toast \$2

Coffee \$1.95



Starbucks Espresso \$2.50 Extra Shot \$1.50

Starbucks Americano \$2.50

Starbucks Latte/Cappuccino \$3.25

Juice, Milk, or Hot Chocolate \$2.95

V Vegetarian GF Gluten Free

The Villager \$10.50

2 Eggs any style with Sausage, Ham or Bacon. With Hash Brown or Fruit, Choice of Toast Substitute Breakfast meat with NY Steak Add \$9

Three Egg Omelet \$10.95

Choice of Peppers, Mushrooms, Spinach or Tomatoes Ham, Bacon, Sausage, or Cheese, Add. \$2 each, Bay Shrimp \$3.00, Spanish Sauce Add \$.25 Served with Hash Brown or Fruit and Choice of

Skillet Scrambler \$10.95

Choice of Peppers, Mushrooms, Spinach or Tomatoes Ham, Bacon, Sausage, or Cheese, Add. \$2 each, Bay Shrimp \$3, Spanish Sauce Add \$.25 Served with Hash Brown or Fruit and Choice of Toast

Huevos Rancheros \$10.50

Fried Corn Tortillas Topped with Lettuce Tomatoes, Sour Cream, Blacked Beans, Fried Egg and Salsa, Topped with Cotija Cheese

Eggs Benedict \$11.95

2 Poached Eggs, Canadian Bacon over English Muffins with Hollandaise Sauce Served with Choice of Hash Browns or Fruit

Eggs Florentine Benedict \$11.75

Two Poached Eggs, & Spinach, Feta and Tomatoes over English Muffins with Hollandaise Sauce. Served with Choice of Hash Browns or Fruit

Corned Beef Hash and Eggs \$11.95

2 Eggs any style with House Made Seasoned Hash. Served with Hash Brown or Fruit and Choice of

GF Gluten Free Bread Available

Dinner Menu Tuesday - Sunday 5 p.m. to 8 p.m. Last Order

Starters

Soup of the Day Cup \$5.50 Bowl \$7.50

V Baby Lettuce Mix Salad \$6.75 With cucumbers, Cherry Tomatoes

Small Caesar Salad \$6.75

Lightly Dusted Rings and Tentacles with Parmesan Parsley

V Fried Breaded Green Beans \$8.50

Southern Crab Cakes \$13.95 Crusted with Cayenne Remoulade

Avocado Toast with Smoked Salmon \$14.95 Toasted sourdough will Dill Sprig

GF Curried Chicken Lettuce Cups \$13.95 Minced Chestnuts, Mushrooms and Green Onions Butter Lettuce Cups

The Lighter Side

Served à la carte

Linguini and Clams \$16.95

White Wine, Butter, Olive Oil, Lemon Juice Parsley

V Villages Penne Pasta \$14.95

Cream Gorgonzola Garlic Sauce, with Sundried Add Chicken or Bay Shrimp \$4,

V Eggplant Parmesan \$16.95 Eggplant breaded in Crispy Panko Crumbs, Layered in

Marinara Sauce, Parmesan and Provolone

Chicken Carbonara Over Linguini \$24.95 With Prosciutto and Peas In a Garlic Cream Sauce

V Vegetarian GF Gluten Free

Fridays, Saturdays and Sundays **Slow Roasted Prime Rib \$39.95** Aged to Perfection with Choice of Sides

Dinner Entrées

Accompanied by 2 Sides Mashed Potatoes, Wild Mix Rice Baked Potato with Sour Cream and Chives Or Daily Vegetables Sides

Soup or Salad \$3.95 with Entrees

Grilled New York Steak \$31.95

Grilled Balsamic Chimichurri Flat Iron Steak

Calf Liver and Onions \$26.95 Sautéed Onions and Crispy Bacon Bits

Chicken Cordon Blue \$25.95 Breaded and Stuffed with Ham and Cheese Topped with Dijon Cream Sauce

GF Grilled Pork Tenderloin \$25.95 With Pineapple Salsa

Filet of Sole Piccata \$26.75 Flour Dusted with Capers, White Wine, Lemon Butter Sauce

GF Honey Mustard Glazed Salmon \$27.95

Pan Seared Scallops \$29.95 Lemon Butter Sauce Wilton Scallions

Cajun Prawns & Andouille Sausage \$28.95

with Creole Sauce

8/22 to 8/28 **Lunch Specials:** Monday 8/22 to Sunday 8/28

Southwestern Chicken Salad: Iceberg Lettuce, Tomatoes, Onions, Avocado, Cheese, Black Beans and Tortilla Strips with a Chipotle

11 a.m. to 2 p.m.

Beef Taco Salad: Shredded Lettuce, Onions, Cheese, Guacamole, Sour Cream and Pico de Gallo in a Taco Shell \$16.95

Dinner Specials:

Ranch Dressing \$16.50

Tuesday 8/23 to Sunday 8/28 5 p.m. to 8 p.m. (Last Seating)

Chicken Cacciatore: Breast of Airline Chicken with Mushrooms, Peppers, Onions and Olives in a Tomato Basil Stew with Choice of Sides \$24.95

Steak Salad: Sirloin Strips,

Onions, Peppers and Roasted

Potatoes over Mixed Greens

with Balsamic Dressing \$28.95

Dessert Menu

\$6.50

Vanilla Crème Brule with Berries Creamy Custard Topped with Glazed Caramelized Sugar

Chocolate Salted Caramel Soufflé Cake (Warm) Chocolate cake with creamy salted caramel center

Tiramisu

Espresso-soaked lady fingers and Mascarpone cream, dusted with cocoa Powder

New Orleans Bourbon Bread Pudding (Warm)

Caramel Toffee Sauce

Apple Torte

Fresh Apples combined with cinnamon butter & brown sugar in a shortbread crust

\$4.95

Flavors of the Day

Sherbet, Ice Cream, Sorbet, Milk Shakes

New Menu!

Lunch Menu

11 a.m. to 2 p.m.

GF Potato Skins \$14.00

Cheddar, Tomatoes, Bacon, Scallions, and Sour Cream

Wings 6Pc \$13 12Pc \$22 With Carrots, Celery, Ranch Dressing With BBQ, Teriyaki or Buffalo Sauce

Breaded Chicken Tenders with Sauce \$9.95 Honey Mustard or Ranch

Fried Breaded Green Beans \$8.50

Avocado Toast with Smoked Salmon \$14.95 Toasted Sourdough with Dill Sprig

GF Curried Chicken Lettuce Cup \$13.95 Minced Chicken, Water chestnuts, Mushrooms and Green Onions on Butter Lettuce

Roasted Meatballs \$9.95 BBQ Sauce, Teriyaki or Buffalo Sauce

Angus Beef Sliders \$12.95 2 Angus Beef with Tomato Relish

Southern Crab Cakes \$13.95 2 Panko Crusted with Cayenne Remoulade

Calamari \$13.95 Lightly Dusted Rings and Tentacles with Parmesan

Soup of the Day Cup \$5.50 Bowl \$7.50

V Lunch 3 Egg Omelet with Fruit \$.10.95

Choice of Peppers, Mushrooms, Spinach or Tomatoes. Choice of Toast Ham, Bacon, or Cheese Add \$2.50, Bay Shrimp \$4

GF Entrée Caesar Salad \$10.95

Romaine, Cherry Tomatoes, Parmesan and Croutons Add Chicken \$4 Salmon \$6 Prawns \$6

V Asian Salad \$14.25

Chopped Cabbage, Carrots, Edamame, Peanuts, Fried Won Ton Skins, Bean Sprouts with a Sesame Ginger Dressing. Add Chicken \$4 Add Prawns \$6

Mixed Greens, Tomato, Cucumber, Hard boil Egg, Olives, Avocado Bacon and Feta Cheese Add chicken \$4, Prawns\$6 or Salmon \$6

Shrimp Louie \$16.25

Mixed Greens, with Avocados, Tomatoes, Cucumbers, and Hard Boiled Egg with 1,000 Island Dressing

V Strawberry and Orange Spinach Salad \$14.95 Red Onions, Candied Walnuts With Raspberry Walnut Dressing Topped with Feta Cheese Add Grilled Chicken \$4

Half Stuffed Avocado with Chicken Salad \$14.95 Tomato, Cucumber and Hard Boiled Egg

V Quesadilla \$13.95

Pico de Gallo, Sour Cream Guacamole, Add Chicken or Beef \$4

V Asian Stir Fry Vegetables Over Rice \$12.95 Vegetables over Rice with Ponzu Sauce, Add Chicken \$4 Salmon \$6 or Prawns \$6

V Egg Foo Yung over Rice \$12.95 Chinese Omelet with

Green Onions, Cabbage, Bean Sprouts Add Bay Shrimps or Minced Chicken or Both \$4

Fish and Chips \$14.95

Batter Dipped Cod, Tartar Sauce, Fries, Cole Slaw and Malted Vineaar

Street Tacos \$13.95

Cod, Beef or Chicken with Cilantros, Onions, Cabbage and Radish with Salsa on mini Corn Tortillas

V Ralph's Burritos or Bowl (No Tortilla) \$12.95 Cilantro Rice, Black Beans, Lettuce, Pico De Gallo, Cheddar, and Guacamole, Topped with Spanish Sauce, With Steak, or Chicken \$ 4

Sandwiches and Such with choice of Sides

Sides: \$5.50 Potato Salad, Coleslaw, French Fries, Sweet Potato Fries, Garlic Fries, Onion Rings, Fresh Fruit, Small Salad, Cup of Soup

Hot Dog \$9.95

Toppings: Onions, Tomatoes & Red Onion Relish. Cheddar add \$2.50

Burger \$13.95

Angus Beef with LTO and Side Dish

V Impossible Burger \$14.95

Plant Based Meat with Lettuce, Add Avocado, Bacon, or Cheese \$2.50

Bahn Mi Style Beef Sandwich \$14.95

Jalapenos, Bean Sprouts, Basil, Carrots, Cilantros Red Onions on Hoagie Loaf

Roast Beef French Dip Au Jus \$14.95

Hoagie Loaf with Provolone Cheese, and Sauteed Onions

Reuben \$14.95

Grilled Rye, Corned Beef, Sauerkraut, Swiss Cheese, 1000 Island

Croque Monsieur Ham & Cheese Sandwich13.95

Ham, Swiss Cheese, Dijon, and Bechamel Sauce Grilled Sourdough

Shrimp Roll on Hoagie with Side \$16.95 Bay Shrimp, Celery, Green onions and Dill Aioli

Villages BLT Sandwich with Side \$14.95 Bacon, Lettuce and Tomato, Turkey and Avocado Served on choice of Bread

Open Faced NY Steak Sandwich with Side

 $On\ Grilled\ Brioche,\ Topped\ with\ Buttermilk\ Onion$

Pesto Grilled Chicken Sandwich on Telera Roll with Side \$15.95

Provolone and Tomato with Arugula

Deli Sandwich LTO with Side \$13.50

Choice of Bread, Turkey, Ham, Chicken Salad or Tuna Salad

1/2 Deli and Soup or Salad \$12.95

V Veggie Melt with Side \$15.95

Herbed Garlic Aioli, Grilled Veggies, including Bell Pepper, Zucchini, Onions and Portabella packed into Hoagie Roll with Mozzarella Cheese

Gluten Free Bread Available \$2

Naan Flatbread Pizzas

V Cheese Pizza \$11.95 Pepperoni Pizza \$12.95 V Margarita Pizza \$12.25

Combination Pizza \$14.95

Sausage, Pepperoni, Mushrooms, Onions, & Peppers

Gluten Free Pizza Crust Available \$ 2.00

GF Gluten Free V Vegetarian

Single Diners' Night Let's Dine Together!

Every Wednesday at The Clubhouse



Shared Table

Bring your favorite wine to share with no corkage! Free Corkage will be applied with purchase from the Lighter Side and Dinner Entrees from the Dinner Menu.

Please make reservations and note: 'Single Diners' Reservation'

Every Wednesday at 6 p.m.



Wednesday

Dinner service Main Dining Room Only

Bring your favorite bottle of wine* and your friends any and every Wednesday at The Clubhouse. One-bottle limit per two guests.

*No Corkage will be charged with purchase from Dinner Menu, Lighter Side, and Entrée items. One-bottle limit per two guests. Standard size bottles only.

555

Bistro Happy Hour

\$5 House Cocktails

\$5 Draft Beers 16oz

\$5 House Wines

2 to 5 p.m. Tuesday to Sunday All day on Monday

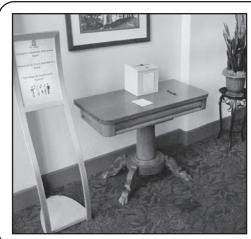
Prices subject to service charge and tax

Call 911 for medical emergencies

Public Safety would like to remind you, in the event of a medical emergency, please remember to dial 911 first.

Public Safety monitors all emergency calls through San Jose Fire Dispatch. We will respond at the exact same time as the Fire Department and Paramedics.

Calling the front gate can only delay response time by emergency personnel. It is always quicker to call 911. It is the only phone call you will need to make.



Attention diners: We want your opinion!

Have you seen the comment cards in the Bistro and Clubhouse? They are available in the main entrance or in your bill folder. The Food and Beverage staff use them to recognize excellence in their employees, to make adjustments to the menu, and to help patrons when things aren't perfect.

Thanks for taking the time to let us know what

Please deposit comments directly to the locked comment card box at the Clubhouse foyer.

Real Estate -

We are up, we are down, we are up again...Wholly smokes

A few weekends ago, it was just plain weird. 2 houses sitting on the market for weeks, one almost 2 months. It looked like the market had really stalled out. I put my listing on the market for the weekend and BOOM, all 3 homes sold over the weekend. It was like the buyers woke up and went house shopping all at once. It looks like things are starting to roll again.

Cribari is also starting to move again. We were up to 8-9 active listings a month ago and now back down to 4-5. That is good movement in the market.

My co-stager is a designer (retired until I put her to work again).

I have a friend of mine that is helping me stage. She is an artist, designer and is amazing. We have a lot of fun together and create some beautiful spaces. She told me not to paint with too much gray and slow down on the gray accents. She told me that the new grey is beige. I had to agree that it was about the time that gray would be going out of style. But just like the 2022 gray is not the same as the 80's gray, the new beige will not be the same as the Beige of the 90's. The world of design needs to change constantly, and it does. Every 10-15 years, the base color changes from gray to beige and back to gray. I laughed when I saw the cover of the design magazine in Lowe's that headlined "Beige is the new gray". She was right. She always is.

Well then, can't I just put out my 90's beige items?

You can, but I will guarantee you that it will not be the same beige you will see this coming winter.



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SOLD! Congrats Ken!

SOLD! Congrats Regina!









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COMMUNITY ACTIVITIES

The following events are sponsored by the Community Activities Department. Please telephone 408-223-4643 for additional information.

New Line Dance classes now available

Community Activities is currently accepting registration for the next session of line dancing with instructor Deana Megginson in the Montgomery Multi-Purpose Room. Please register in Building B, open Monday to Friday 8:30 a.m. – noon and from 1 p.m. to 4 p.m. Classes are designed for those who have had considerable line dance experience. For questions regarding specific dance levels, please contact Deana at 408-238-1180.



Class Schedule:

Advanced Beginners - Tuesdays 10 a.m. – 11 a.m. August 30 – October 4 (six classes) **Intermediate** – Mondays 10 a.m. – 11 a.m. September 12 – October 17 (six classes) **Improvers** – Thursdays 10 a.m. – 11 a.m. September 8 – October 13 (six classes)

Advanced - Fridays 10 a.m. - 11 a.m. September 23 - October 28 (six classes)

The cost is \$15 per person. Registration starts now. Registration Deadlines: Advanced Beginner – August 26, Intermediate – September 2, Improvers – September 2, Advanced – September 9.

Updates on Woodshop Access changes for existing users

Access to the woodshop is changing. Beginning in November 2022 access will require use of your Villages resident ID card much like the current access to the Fitness Center. Over the next few months, existing authorized woodshop users who wish to continue using the woodshop will be asked to take an online equipment safety review, take an in-person quiz, read, and sign new paperwork and provide proof of ownership of safety glasses, hearing protection, and a dust mask.

The online safety videos are located on The Villages resident portal. Please watch them carefully and review Club Rule 1.20 regarding the Woodshop. You may access them both at: the villages gcc.com/facilities/wood-shop-safety-videos

When finished, please make an appointment with Mary Tatum in Community Activities to complete processing. Appointments are available as follows; Thursdays September 1, 8, 15, 22 and 29 at 2 p.m. On your appointment day and time, please bring your PPE equipment with you—safety glasses (not reading or prescription glasses), ear protection and a dust mask. You will be given a quiz on the online content (equipment safety and Club Rule 1.20). A score of 80 percent is needed to pass. When you pass new paperwork will be given to you to read and sign. Activation of your resident ID card takes up to two business days.

Those who do not qualify can schedule a new appointment after further reviewing the videos and rule. *There is no fee for current authorized woodshop users.*

Woodshop Safety Orientation for new users

The Community Activities Department will be offering woodshop safety orientations to residents wishing to have access to use the woodshop. These long-awaited sessions will be offered three evenings per week for four weeks beginning Tuesday, August 16. The in-person orientation will include a basic review of the major woodshop equipment and tools, shop policies and procedures, and Club Rule 1.20. **Class dates are:**

Tuesdays - August 23, August 30, and September 6

Thursdays – August 25, September 1, and September 8

Fridays - August 26, September 2, and September 9

The classes will be held 6 p.m. to 8 p.m. in the Cribari Center Woodshop.

The total cost per person is \$140 and includes safety orientation and keys to power equipment. Registration for the in-person orientation must be completed in person at Building B—exceptions will be considered on a case-by-case basis. The registration deadline is one week prior to date of each class. No walk-ins will be admitted. Note: The original price of \$160 was lowered by \$20 after the initial published article. The price cut was due to reduced key prices.

Prior to attending the class, participants are required to review a series of online woodshop safety videos on the resident portal and review Club Rule 1.20. You may access this online content via this link: https://resident.thevillagesgcc.com/facilities/wood-shop-safety-videos

Upon registration a packet of materials will be provided to you. Please review your schedule carefully; any cancellations must be made by the above deadline. Any no-shows will still be billed for the cost of the class.

After you have completed the orientation, you will bring your signed forms and proof of PPE (safety glasses, hearing protection and dust mask) to Building B to obtain the machine keys and begin processing. Electronic processing for access by Resident ID card may take up to two business days to complete.

ARTS & CRAFTS CALENDAR

All Villagers are invited to participate in Arts and Crafts Activities. Visit villagesartsandcrafts.org

*Registration: Barbara Gottesman barb.gottesman@gmail.com

**Registration: Diane Finley dianefinley1@gmail.com

***Program Chair: Marcy Boyles marcyboyles@hotmail.com All classes and demos require a mask and proof of vaccination.

Ceramics Room has open studio for approved members only. See hours on Lab door or at villagesceramics.com**

August 20: Home Studio Art Tour. 10 a.m. – 3 p.m. Home Studios of individual artists. Contracts at villagesartsandcrafts. org or in Cribari Mailbox. **

August 29: Advisory Board Meeting. 3 p.m. Art Room

September 12: Monday. New Members Reception and Monthly Membership Meeting. 5:30 p.m. in Art Room. All members invited to display a recent artwork on the easels or tables.

September 26: Advisory Board Meeting, 3 p.m., Art Room **September 28:** Art Film with Roz Zinns: Chihuly Short Cuts II. Vineyard Center, 2:30 pm.

Stitchery Group on Mondays in Patio Room 1 – 3 p.m. Call Roberta 408-218-8372.

Open Studio: Fridays 10 a.m. – noon with Jane Hink. Mondays and Tuesdays 2 – 5 p.m. with Pat Andrade. Closed first Mondays each month for scheduled meetings.

HIKING CLUB SCHEDULE

Bring water, snacks, poles, and lunch, as necessary. Wear layer clothing appropriate to the current weather. In addition to scheduled hikes, the following hikes occur regularly: **Every Wednesday and Saturday** – Villages hill hike with Russ Glines at 8:45 a.m. from Foothill Center. **Every Monday** – at Clubhouse parking lot, meet at 8:20 a.m., leave at 8:30 a.m. to walk around golf course with Terri Vivoli and/or Cheryl Allmen.

Long Hike, Saturday August 20: Al Girolami (209-531-6553) will lead a hike in Mt. Madonna Park. This will be the fourth of the Santa Clara County Parks 2022 Magnificent 7 #PixInParks hikes. However, everyone is welcome, whether or not you are collecting the Magnificent 7. This almost 6 mile loop on Tie Camp and Ridge Trails which goes through many Redwoods is mostly shaded and cool. Bring water and an extra layer of clothing in case the fog lingers. Elevation is moderate, but poles are suggested. Don't be afraid of the Long Hiker rating as its mostly due to the mileage; and if Al's daughters can make the pre-hike, most Ramblers can also do it. Restrooms are available at the Trailhead. Following, there will be an optional lunch at Rosies at the Beach in Morgan Hill. Round-trip is 65 miles. There is a \$6 per car entry fee, but we will carpool by meeting at the Cribari Bell at 8:15 a.m. for an 8:30 a.m. departure.

Rambler Hike, August 24: Gary Lohr (408-912-5124) will lead a hike to Montgomery Hill Park adjacent to Evergreen College. We'll continue through the campus and on to the shopping center for coffee and return. Meet at Cribari at 8:45 for a 9 a.m. departure

Rambler Lite Hike August 24: Bonnie Preston will lead a hike in Glen Arden beginning at 9 a.m. Meet at Foothill Center at 8:50 a.m.

Rambler Lite Hike August 31: Ann Davenport will lead a hike in Olivas beginning at 9 a.m. Meet at The Vineyard at 8:50 a.m.

RESIDENT EXCURSION PARTICIPATION GUIDELINES

The Community Activities office offers a wide variety of activities for the enjoyment of the Villages residents. Please check your personal calendars prior to committing to an event, class or trip. Once registered for an activity, you are respon-

sible for the cost of the activity. **All sales are final.**

Registration is limited to residents only for the first two weeks.

Management assumes residents and guests are able to participate in our sponsored

activities independently. We reserve the right to evaluate the participant's ability to participate based on each individual's physical abilities and/or demonstrated behaviors. You may always take a caregiver with you to help with your needs.

Employees are not permitted to provide physical assistance to participants. If personal assistance or a wheelchair is needed, the participant must arrange for a caregiver with paid reservation to accompany him/her.

Employees, residents and their guests represent the Villages Golf and Country Club off site. It is expected that all participants will conduct themselves in a dignified, cooperative and congenial manner.

Clubs & Events

Last chance to sign up for Republican Club All-American Picnic

By Cathy Pope

Don't miss out! Make your reservations now for the Republican Club's All American Picnic at Gazebo Park on August 25 from 4 p.m. - 7 p.m.

Hamburgers, veggie burgers, potato salad, watermelon, dessert, lemonade and water provided. BYOB.

Candidates attending who are running in the upcoming November 8, 2022, General Election are: Matt Mahan, Mayor of San Jose; Kevin Jensen, Santa Clara County Sheriff; Johnny Khamis, Santa Clara County Board of Supervisors, District 1; Ted Stroll, California State Assembly, District 25; Peter Coe Verbica, State Board of Equalization, District 2; and Peter Hernandez,

United States Congress, District 18.



Music by Ed Knott; Bocce; Corn Hole; Dance if you dare!! Cost is \$15 per member, \$18 for non-members. Your house number will be billed.

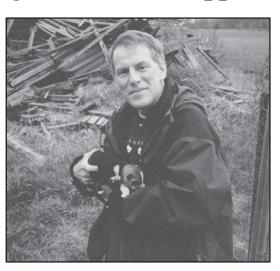
Reservations Required. Contact Jean Corrigan, 408-223-8676; email jeanmcorrigan36@gmail.com. Deadline for

reservations (and no refunds afterward) is August 20, 2022. Please, no walk ups.

Hiking Club: Winter Camping with Warm Puppies

Do you like winter and warm puppies? Then here is a chance to see both at the Hiking Club general meeting on Monday, August 29 at 7:30 p.m. in the Foothill Center. Dan Kato will speak on winter camping in the Minnesota Boundary Waters canoe area. In the summer, the Boundary Waters are a popular canoe and camping area where wilderness permits are required. However, in the winter, permits are not required and it transforms into a Northern Minnesota winter wonderland with frozen lakes, good ice fishing, dog sledding, no mosquitos and a few adventurous people.

Dan Kato has been a resident of the Villages for 12 years and a member of the Hiking Club for as many years and has served as President and Vice President of trails for that club. All are welcome and the talk is free.



Sustainable Villages Club to host 'How Not to Die: The Role of Diet' screening



Dr. Michael Greger

The Sustainable Villages Club's new Plant-based Lifestyle action group will be hosting a screening of Dr. Michael Greger's 2016 presentation, "How Not to Die: The Role of Diet in Preventing, Arresting, & Reversing Our Top 15 Killers."

This event will be held Sunday, August 21 from 2 p.m. to 3:30 p.m. via Zoom. Email mary@mary-mackey.com for Zoom link.

A description of the video: "Dr. Michael Greger, a physician, New York Times bestselling author, and internationally recognized speaker, outlines the best evidence-based diet based on the latest in peerreviewed science that can not only help improve overall health but can also reverse effects of common diseases such as heart disease, a number one killer among North Americans."

Inside the Gates' Villages Home Tour

The "Inside the Gates" Villages Home Tour is on schedule for Saturday, October 8. Be sure to save the date and include your family and friends.

There are seven stunning homes on the tour, and you will love seeing these beautiful and creative residential updates. A fabulous lunch is planned for you at the Clubhouse, and several boutiques are scheduled, bringing high quality items for your shopping pleasure.

All proceeds from the Home Tour benefit the Villages Medical Auxiliary (VMA).

For more information, contact Penny Barcellos at 408-531-9582 or Melinda Dobbs at 408-666-9713. Watch *The Villager* for future updates on this popular event.

LSAL: Learn to strengthen and relieve painful hands

Hand and finger exercises strengthen your hands and relieve them of pain. Older adults' hands comprise bones, joints, tendons, and ligaments that become stiff, weak and too painful to grip things, open doors, jars, etc. In our Walking/Chair Dancing for Wellness



class, we offer weekly highly effective hand exercise routines that can relieve pain and restore hand function. Even if you cannot stop the pain, you can still strengthen your hand and make it easier to perform daily tasks. Join LSAL Fitness Club, where fitness is fun. Tuesdays 11:30 a.m. - 12:30 p.m., and Thursdays 10 a.m. - 11 a.m., in the Cribari auditorium. Each one is encouraged to work at their own pace and sit down and rest as needed. Sign up, in class. First class is free!

Flu Shot signup next week!

We're looking forward to seeing you for your flu shot on

Thursday, September 15, in the Conference Room at Cribari or Friday, September 23 at Vineyard Center, both from 9 a.m. to 4 p.m. The Villages Medical Auxiliary and Walgreens will join together again to bring you our annual Flu Clinic. Walgreens pharmacists, supported



by VMA volunteers, will administer shots on two days, Thursday, September 15 and Thursday, September 23. Know that your safety remains our #1 priority and to that end, masks are highly encouraged.

To Register for your Flu Shot:

Registration will be held on Monday, August 22, and Thursday, August 25 at Foothill Center from 9 a.m. to 4 p.m. on both days. You must register for your flu shot prior to the Flu Shot Clinic.

Bring your Medicare card to register. If you are under 65, bring your insurance card with your ID number

The following vaccines will be available: influenza, standard; influenza, high dose (65+); Prevnar 20; and TDAP (tetanusdiphtheria-pertussis)

Call the VMA office (408-238-4230) if you have questions. We are excited to be able to bring flu shots to you once again.



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The Hard Truth about Recycling Part 3—What can be done?

By Dianne Doughy, Sustainable Villages Club

This is the third of a series by the Sustainable Villages Club's Sustainability Practices Group.

In the August 4 edition, we discussed the difficulties of recycling. This week we discuss what can be done. Many solutions are being tested. One idea is known as "extended producer responsibility." This idea places the responsibility on the producers of plastic. Maine and Oregon are two of dozens of states that have introduced this type of law. Producers of plastic would be charged a fee for the recycling programs. Regulations like these might give companies an incentive to redesign more recyclable products.

California has decided to restrict the "chasing arrow" symbol to be used for only truly recyclable products. This is a good step for tougher rules.



- · Buy fewer consumer goods.
- · Switch to different products or brands that use recyclable packaging.
- · Make few online purchases so as not to use bubble mailers.
- Get involved in local efforts to improve recycling.

These are small things, but we need to push back against this system that dumps cheap plastic into our environment!

(Statistics gathered from the April 21, 2022 NYTimes article by Winston Choi-Schagrin & Hiroko Tabuchi.)

San Jose to offer EV test drive event

By the Sustainable Villages Club

San Jose Clean Energy, a program of the City of San Jose, is hosting "Ride to the Future," a free event on Saturday, August 27 from 10 a.m. to 3 p.m. at Eastridge Mall where residents will be able to test drive various electric vehicles. To find out more about this event and to register, visit evevent.org/RidetotheFuture

This is a great opportunity to try out and compare electric vehicles. For more information call Peter Holmes of the Sustainable Villages Club at 408 841-9775.

Solar panels available for two-story condos

By Maxine Amundson, Sustainable Villages Club

If you share a roof with an upstairs or downstairs resident you can install solar. The install would be configured to allow for the other resident to have a fair share of the roof if they choose to install solar at another time.



The 26 percent federal

tax credit is good through 2022. The following year, 2023, the tax credit is reduced to 22 percent and thereafter is not known. With electric costs increasing, more electric vehicles and charging stations being available the return on investment in roof top solar makes sense. The benefits of reducing the carbon footprint are significant.

Consider your options and if you need assistance with the process to install call the Solar Energy Team with the Sustainable Villages Club. Maxine Amundson, drmaxa@comcast.net, 408-425-0614 or Margaret Spatafore, Margaretspatafore@yahoo.com 408-603-7544. For more information, log on to the Sustainable Villages Club. (sustainablevillagesclub.org)

Calling all Village birders!

By Marjorie Siegel

Are you interested in bird walks in The Villages and beyond, sitting still with your binoculars, maybe a Christmas Bird Count? If we have a critical mass, I would be happy to form a Club. I would love to find fellow birders for informal walks. All levels welcome. I am a beginner going on three decades. Fall migration is upon us! Please feel free to contact me at marjorieroses@gmail.com

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FROM THE VILLAGES LIBRARY

By Linda Schlageter

"Horse" by Geraldine Brooks: Kentucky 1850. An enslaved groom and a bay foal forge a bond of understanding that will carry the horse to record setting victories across the South. When the nation erupts in civil war, an itinerant artist who has made his name on paintings of the racehorse takes up arms for the Union. On a perilous night, he reunites with the stallion and his groom, very far from the glamour of any racetrack. New York City 1954. A gallery owner, celebrated for taking risks on edgy contemporary painters, becomes obsessed with a 19th-century equestrian oil painting of a mysterious provenance. Washington, DC 2019. A Smithsonian scientist from Australia and a Nigerian American art historian find themselves unexpectedly connected through their shared interest in the horse-one studying the stallion's bones for clues to his speed and endurance, the other uncovering the lost history of the unsung Black horsemen who were critical to his racing success. Inspired by a remarkable true story of the recordbreaking thoroughbred Lexington, "Horse" is a novel of art and science, love and obsession, and our unfinished reckoning with racism. Fiction 2022

"The Change" by Kirsten Miller: After Nessa James's husband dies and her twin daughters leave for college, she's left all alone in a trim white house near the ocean. In the quiet of her late 40s, the former nurse begins to hear voices. It doesn't take long for her to realize that the voices calling out to her belong to the dead—a gift she inherited from her grandmother. On the cusp of 50, suave advertising director Harriet Osborn has just witnessed the implosion of her lucrative career and her marriage. She hasn't left her house in months, and from the outside it appears as if she and her garden have gone to seed. But Harriet's life is far from over-in fact she is undergoing a stunning and very welcome metamorphosis. Ambitious former executive Jo Levison has spent thirty long years at war with her body. The free-floating rage and hot flashes that arrive with menopause feel like the very last straw-until she realizes she can channel them, and finally comes into her power. Guided by voices only Nessa can hear, the trio discovers a teenage girl whose body was abandoned beside a remote beach. The police have written the victim off, but the women refuse to buy into the official narrative. Their investigation leads to more bodies and to the town's most exclusive and isolated enclave, a world of stupendous wealth where the rules don't apply. With their newfound powers, Jo, Nessa and Harriet will take matters into their own hands. Fiction 2022

"The Founders" by Jimmy Soni: Today PayPal's founders and earliest employees are considered the technology industry's most powerful network. Since leaving PayPal, they have formed, funded, and advised the leading companies of our era, including Tesla, Facebook, You tube, SpaceX, Yelp, Palantir, and Linkedin, among many others. As a group they have driven 21st-century innovation and entrepreneurship. Their names stir passions. They are as controversial as they are admired. Yet for all their influence, the story of where they first started has gone largely untold. Before igniting the commercial space race or jumpstarting social media's rise, they were the unknown creators of a scrappy online payments startup called Pay Pal. In building one of the world's foremost companies, they faced bruising competition, internal strife, the emergence of widespread online fraud, and the devastation dot-com bust of the 2000s. Their success was anything but certain. In "The Founders: The Story of PayPal and the Entrepreneurs Who Shaped Silicon Valley," author Jimmy Soni explores PayPal's turbulent early days. He shows how the seeds of so much of what shaped our world today-fast scaled digital start-ups, cashless currency concepts, mobile money transfer-were planted two decades ago. 920 Musk, Elon 2022

"The Lioness" by Chris Bohjalian: Tanzania 1964. When Katie Barstow, A-list actress, and her new husband, David Hill, decide to bring their Hollywood friends to the Serengeti for their honeymoon, they envision giraffes gently eating leaves from the tall acacia trees, great swarms of wildebeests crossing the Mara River, and herds of zebra grazing on the sandy plains. Her glamorous guests include Katie's best friend Carmen Tedesco, and Terrance Dutton, the celebrated black actor who stars alongside Katie in the highly controversial film "Tender Madness." They expect to spend their days taking photos and their evenings drinking chilled gin and tonic back at camp. They look forward to sharing their stories over lunch back home on Rodeo Drive. What Katie and her entourage don't expect is a kidnapping gone wrong, their guides bleeding out in the dust, and a team of Russian mercenaries herding them into Land Rovers, guns at their heads. Fiction 2022

Do you enjoy playing the ukulele?

Do you have a ukulele that is just waiting for you to play it? If you want to pick it up, playing with new strum patterns and chord variations, you have a great opportunity! Come play with others who enjoy singing and playing old favorites, as well as being challenged with some ukulele techniques, such as picking, that are fun to learn.

If you would like to bring your ukulele and see if this little group of enthusiastic uke players sparks renewed love for your ukulele, please feel welcome to come to the Patio Room in the Cribari Center any Tuesday morning from 10 a.m. to noon. Join the fun!

If you would like to borrow a uke or want more information, call John Laws at 408-532-7954 or Gary Guiffre at 408-857-1497.



Save The Date!

Hermosa — Heights Fall Frolic Potluck

September 17 Gazebo Park 3 p.m. to 6 p.m.

Bocce, Cornhole, Ed Knott's Music and Dancing

Details to follow.

Don't feed the 'critters'

The Villages is known for its wide variety of wildlife. Many Villagers want to feed our four-legged or winged guests on a routine basis, which can be quite detrimental to our wild friends. Most wild animals naturally fear humans and keep their distance. When animals have access to food and garbage left out by residents they keep coming back for more. When this happens, they often lose their natural fear of humans and can become aggressive. To prevent that, residents should not leave out any food, including canned food, in a manner that may become accessible to our furry friends. Please comply with Villages Golf & County Club Rule 1.51.4, which states: "Feeding of waterfowl and other wild animals on a routine basis is prohibited for the protection of both residents and the animals."



Alcohol in Club Facilities Reminder

The Villages liquor license covers all Club Facilities, indoors and out of doors. If alcohol (wine, beer, spirits) will be part of the event/meeting such as BYOB, provided as part of the event or sold, a request to lift the liquor is required to be submitted to the Community Activities office no less than ten business days in advance. If the date of the meeting/event is changed, the location changes and or the time changes, a new request must be submitted ten business days in advance. The lifting of the liquor license is date, location, and time specific per the Alcoholic Beverage Control Board.

If there is no reservation for use and consequentially no request to lift the liquor license, then alcohol may not be consumed in or on the premises. There is not an option to just go to Gazebo Park, Tennis Review Stand, Bocce Courts, hill lands or the picnic tables by the Pickleball Courts and have alcoholic beverages with friends.

Please contact Mary Tatum in Community Activities with any questions you may have.

Douquet's Art Exhibit...

 $(Continued\ from\ front\ page)$

exhibit in the Art Room. She has been a member of Arts & Crafts for 16 years. She has sold her paintings at Art in the Park and Holiday Faire. She also volunteered to host last year's pre-holiday Gift Wrapping Party to help Villagers with gift wrapping large or unusual packages. She is a current member of the Poetry in Art group and teaches classes in beginning acrylics.

Dorothy's acrylic paintings will be on display for all Villagers to enjoy until October 21. When you visit the Conference Room for a meeting or any gathering, be sure to take time to enjoy Dorothy's wide variety of subject matter.

Stay in touch with essential developments on Fast Lane!

Because of the rapid and frequent developments in our world that directly affect our community during this crisis, keeping informed is essential. And now more than ever, it is important to be up on the latest developments in your community. Get those vital updates by signing up for Fast Lane, The Villages email newsletter. It is both quick and easy and you can do it online or over the phone. To sign up or get more information, contact Communications Coordinator Ken Patterson at 408-223-4681; kpatterson@the-villages.com, or on the Villages Resident Portal: resident.thevillagesgcc.com

There are currently six editions of The Fast Lane: Wednesday (general announcements and board-recognized events),



Friday (Board and Committee meeting information), Saturday (Maintenance Services), The Clubhouse & Bistro every Monday, The Pro Shop Tuesday, and Community Activities every Thursday.

RELIGION

St. Francis of Assisi Sunday Mass times:

Saturday 4 p.m. Chapel

5:30 p.m. Chapel (Vietnamese) Sunday 8 a.m. Chapel

Sunday 8:15 a.m. Villages
9 a.m. Gathering Hall

10 a.m. Chapel11 a.m. Gathering Hall12 p.m. Chapel

2 p.m. Chapel (Spanish) 4 p.m. Chapel (Vietnamese)

6 p.m. Chapel

COMMUNITY CHAPEL

'A Permanent Address'

By Gloria Hayden

After numerous trips to the Villages to visit one of my sisters and her husband we sold our home in the City of Fremont. Fremont was a wonderful community to raise our family.

When we first moved to our retirement home I was always confronted with the questions, "Do you live here? and in what village, or how long have you lived here?" I did feel somewhat uncomfortable and uneasy because of the frequency of the questions. I quickly learned to ask the inquirer the same line of questions and the inquisition would soon end or they would respond with their answers.

Moving to a senior community was a big adventure for my husband and me. We were 57 years old and he thought that we were too young to move into a senior community. He was having heart issues and felt that he would feel more secure with me living here if he should pass away.

Well, he is still here, as you are all aware, due to the wonderful miracle of a heart transplant. We have lived here for over 17 years now and feel more relaxed and secure as we have matured in God's grace. We know that this is the place that God has chosen for us to live.

Regardless of where we may live or the circumstance that exist, it has been a proven fact that Jesus is always with us. He loves us so much that He is preparing a permanent address for those who have personally received Him in their hearts.

Psalms 23 speaks to us about the Lord being our Shepard and leading us through many stations in life until we reach our permanent address... "the House of the Lord." Try reading this Psalm again and think about the many places that God has brought you through in life. Hopefully, in eternity we will have the same forwarding address, HEAVEN!

Psalms 23:6 NKJV Surely goodness and mercy shall follow me all the days of my life and I shall dwell in the house of the Lord forever.

Join us in the Cribari Auditorium at 10 a.m. when Pastor Bill will deliver his Sunday Morning Sermon Message to you, then enjoy fellowship afterwards with some coffee, cookies with friends. You can view sermons on YouTube: Villages Community Chapel San Jose.

Thank you.

SEARCH THE SCRIPTURES

Search the Scriptures is meeting at 10 a.m., August 22 at

Vineyard Center. We usually meet on the second and fourth Monday of each month. Any questions, contact Everett Jacobson at 408-629-7210 or Ron Speer at 408-223-2025.



CATHOLIC COMMUNITY

'The Narrow Gate (Luke 13:21-30) and Discipline (Hebrews 12:5-7, 11-13)'

By Sr. Patricia Galli, RSM

The narrow gate is a spiritual concept. The spiritual life is one that is lived and which has movement and progress. It is a journey to freedom, healing and safety (salvation). It is applied to a certain concrete experience. One experience that we all might understand is sometimes called "the aging process." If I approach this reality through the narrow gate then I am willing to do what is required to accept what is actually happening. All of who I am is slowing down and functioning in ways that require constant adjustment and discipline. This is the narrow gate.

Discipline comes from the Latin meaning, to learn. As I age I must learn new ways of thinking and doing almost everything. From using assistive devices for mobility, to hearing aids, to medical and dietary adjustments, everything is changing. I need to learn how to live with all of these changes. There are consequences for not learning which could result in falls, decreased communication, health challenges. It is a narrow gate.

Each time I accept the discipline (learning) I find a modicum of freedom because I am not trying to do or be someone I am not. Someone who does not have a hearing loss or diabetes or mobility impairment. This wisdom learning is found in many spiritual traditions and is expressed by asking for the grace to "accept the things I cannot change." It is discipline, i.e. learning that brings me to acceptance. This is the narrow gate to freedom and joy.

"So, strengthen your drooping hands and your weak knees. Make straight paths for your feet, that what is lame may not be disjointed but healed." Luke 12:13

Join us this Sunday for Mass! **Cribari: Sundays** - 8:15 a.m. **First three Fridays** each month; Rosary 8:30 a.m., Mass 9 a.m. **St. Francis of Assisi Masses:** 1-408-223-1770 or parish website (sfoasj.com) for times. **Communion for the homebound**, Marilyn Rodman 408-274-4521. **Mass intentions**, Jean Gillette 408-270-5723.

The gifts of the Holy Spirit given to the apostles at Pentecost and to ourselves at Confirmation make what is impossible, possible. For example: Jesus orders us to, "Pick up your cross and follow me," and "Be perfect even as your Heavenly Father is perfect." How are we expected to obey either? They clearly exceed our human potential. And after all, everybody knows that, "Nobody is perfect." The answer to this conundrum lies in divine graces that come directly from God that are not native to ourselves. They elevate our natural reason above its inborn capacities and strengthen our will to an heroic degree. These gifts are: wisdom, understanding, knowledge, counsel, piety, fortitude and fear of the Lord. They are the source of the heroism and wisdom of the saints. If you are a Catholic who hasn't received these gifts through Confirmation, consider doing so.

Join our Catholic choir on Sundays

"He who sings, prays twice!" (St. Augustine)

Catholic singers, don't be shy. We need your voices at the 8:15 a.m. Sunday Mass at The Villages.

Join our friendly choir and make a joyful noise unto the Lord.

Call Brigid Moreton, choir director, at 408-529-8124 for details.

EPISCOPAL

'Cleaning House & Heart'

By The Very Rev. Julia McCray-Goldsmith, Dean of Trinity Cathedral

Over at historic Trinity Cathedral in downtown San Jose, it's "cleanup week." Or at least cleanup Saturday! One of the challenges of being an historic church is that the artifacts of our history tend to accumulate in every corner and unused closet. Of course, all of us who've owned a house (or even a storage space) understand that dynamic! In our most recent cleanup effort, we found a vintage filmstrip projector dating back well over 75 years. And then there were the old printers and monitors which seem young by comparison... the Computer History Museum has got nothing on us!

Why do we keep all these things? In a church setting I know that it's partly because we're not sure who's actually responsible for them. But more generally, human beings hang on to stuff. Because we might use it again, or because it's symbolic or has deep memories attached to it. I'm certainly guilty of that! Marie Kondo, the contemporary guru of decluttering, asks us to consider what of our accumulation actually sparks joy. A reasonable question, but not actually a new one. Two millennia before her, Jesus asked us to consider what our real treasure is. Remembering his teachings makes it a bit easier to let go of the things I no longer need. And to genuinely treasure the ones—things, memories, people—that free me to love God and my neighbor wholeheartedly.

SPORTS NEWS

SHONIS

By Fran Schumaker



Betty Hall, Low Gross - Captain's Trophy winner for August

There were no special games last week for our regular Tuesday Play Day. It was strictly sweeps and handicap considerations. With so many Shonis traveling and visiting relatives, casual and relaxed play is the order of the day.

Congratulations to Nancy Canepa. She had her first **ever Birdie** since joining the Shonis last year. Besides being the sole winner of this week's birdie pool, she will get her first birdie pin at the next general meeting in October. Well done, Nancy.

Here are our sweeps results for the rest of the players. With only 12 players we had two

flights instead of our usual three.

Flight One: Betty Hall - net 22, Nanci Newell - net 23, Jini Kang - net 26

Flight Two: Nancy Canepa - net 26, Bonnie Preston - net 28, Tahera Khalil - net 29, Julianna Wahlgren - net 29

18-HOLE WOMEN

By Barbara Nilsen

The 11th of August was the first day of the two-day Member Member Tournament.

The flight leaders are: #1 Tied with net 64 Helen Varenkamp Mille Anne Schwerin, Sue Daughtrey and Janis Lecompte. #2 Mary Ann Diridon and Pam Schramm with net 65, #3 Gloria Landry and Kathy Apgar, with net 66, #4 Jane Smith and Marlee Puppo with net 66.

Chip ins: Janelle Salvatierra #11, Kathy Apgar #12, Helen Varenkamp #8 and #15, Monica Saneholtz #14

Birdies: Janelle Salvatierra #18, Helen Varenkamp # 11 and 315, Monica Saneholtz #14, Lyn Strong #2

The Member Member Tournament (M and M) finishes on the 18th. The teams are set, let the excitement begin!

Signups for the Championship are available now. Play is on September 8, 15 and 22.

Also, on **September 25** we have a guest day. Plan ahead and bring some friends to play here at the Villages.

Golf Tips: Our Pro Scott Steele has been publishing great Golf Tips in the Villager and in Pro Shop editions of the Fast Lane. Cut and save some of these. Another favorite of mine...

"Chip and Run"... Find it, read, and practice his tips, it will help improve your game.



PICKLEBALL

Etiquette For Pickleball

By Joyce Kludt

Since our membership has increased from 200 to 485 in the last three years, I've been asked to rewrite on topics from the past. Today I'll review etiquette again.

- 1. Good sportsmanship is the rule. Yes, we all love the game, but it is only a game. Respect all players.
 - 2. Acknowledge other players before play.
- 3. If the ball is "out," and it's on your side, call it out. If it's close, give the benefit of the doubt to your opponent. (This is an "official" rule.) This is hard to do when the game is close, but do it anyway. *Do not* call balls out or in if the ball is on your opponents' court.
- 4. If you or your partner step into the kitchen on a volley, call it. Don't call it on opponents. (Most of us are at an age where our vision is questionable)
- 5. Sometimes spectators comment on the plays, which is normal and fun. But, if their comments are loud, disruptive, argumentative, or hostile, ask them not to.
- 6. Don't play "keep away" from the best player on the other team during rec play just so you can win. They want to play, too.
- 7. If you are obviously the strongest person in your foursome, tone down the competitiveness and hit your opponent's balls so that they can return.
 - 8. Don't lob behind movement- restricted players during rec play.
 - 9. Call out the score *loudly* before you serve.
 - 10. Meet at the net after a game.
 - 11. Wait until everybody is ready before you serve.
- 12. Don't give people lessons on the court...unless they want nem!
- 13. Watch the outbursts! There's nothing worse than being partnered with someone who curses loudly or constantly smacks their paddle on their leg.

Keep on having fun, Village Pickleballers. See you on the courts with hopefully smiling faces.

In the kitchen?

MOI???

PINSEEKERS

By Jim White

August 12 saw 20 Pinseekers tee off from hole number 10. This time of year, the first three holes of the back nine play right into the morning sun. Some of us struggle to follow the ball flight. Fortunately, every foursome has at least one person who can still track the shots, even into the morning sun. With twenty players, eight finished "in the money:" Tied for first with a net score of 34, Leighton Horio and Lee Thompson, each earned 4 Champion points and \$4 in sweeps; alone, in second place at net 35 was Don Lee, with 3 Champion points and \$3 in sweeps; tied for third was Patrick McMordie and Martin Hoek, both carded net par, 36 and received 2 Champion points and \$2 in Sweeps; squeezing into a very crowded victory stand found three players tied for fourth, John Mueller, Mike Falarski, and Tom Carson, earning 1 Champion point and \$1 sweeps each. This week's putting champion was Jim White with 15 putts, no 3 putts for Jim.

Omitted from last week's report was that Jack Bindon had scored Net 36, par, for three consecutive weeks. Sadly, that streak, as all streaks, unless you're Joey Chestnut, San Jose's hot dog eating World Champion, has come to an end. Don't be too sure that Jack won't soon be chasing another streak.

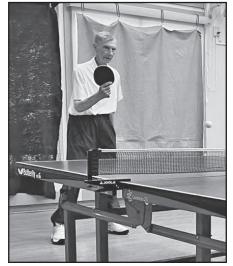
After the last putt on the 18th hole and all scorecards were given to the pro shop, the Pinseekers Board of Directors met to discuss the club calendar for the remainder of 2022 and for 2023 Also discussed was the need to verify our membership for referral to the VGCC management to allow for the confirming of our right to be a Club and to set the automatic annual dues collection for members. Also decided, effective 8/12/2022 for the rest of 2022, new members fees will be \$12.50, reverting to \$25 on January 1, 2023. Reinstatement of prior members will remain at \$25.

To conduct our membership confirmation, Vice President, Ron Speer, will be contacting each of our rostered members to verify your continued interest to being a part of the Pinseekers. Never forget, the most important rule in our group; quoting Tomas Hertel of the Sharks Hockey Club, "Must Have Fun, always."

Your board is also considering social activities for the current Fiscal Year: We have set September 9 as a tentative date for a Pinseekers "Cook Out" for members and significant others. Board members will be contacting you very soon to invite you and to confirm your desire to attend. Over the remaining months of this season, we will have six days of "no sweeps." We are considering having "special" playing conditions on some or all of those dates, such as playing from the 2/3 combination tees, or playing twosome or foursome best ball with teams made by balancing the different handicaps. Let your board members know how you feel about some alternate playing formats. Finally, we are exploring a return of the mixer we had earlier this year with the Swingers and reviving the mixer with the Ironmen. If you have any other ideas, please share them with any Lee, Ron, Jack, Dick, or Jim, and we will see what we can create.

TABLE TENNIS

By Kevin Prest



Art Lind

What is the age limit for playing table tennis here at The Villages? Of course, this is an unanswerable question. I would like to introduce one of our Villages Table Tennis Club members who is 95 years old. That would be Art Lind. Art is a long-time resident of The Villages and many residents already know him. Art has been a member of the Table Tennis Club for many years. He is very competitive and is always ready to take on all challengers. Over the years, he has been a common participant in our club tournaments. His eye/hand coordination is remarkable. Art is an inspiration to us younger players, encouraging us to maintain our own healthy and active lifestyles.

We also have several members in their 80s whose skill level has improved remarkably since they started playing table tennis on a regular basis. If you would like to give table tennis a try, come to one of our open sessions such as Wednesday at 3 p.m. or Saturday morning from 9 a.m. to 12 p.m. The club has spare paddles and balls to use. We do encourage you to wear good court or tennis shoes (no boots, sandals, street shoes, hiking shoes, etc). We

absolutely will not ask your age (except maybe in a friendly sort of way).

TENNIS TALK

Muscle Health

By Mary Ringel

I was playing tennis five days a week when my back warned me to back off a little, no pun intended. When I would run for a ball or use my backhand slice, I experienced a debilitating spasm in the left side of my low back, "ouch." I couldn't bring myself to let my partner down so I would "suck it up," put on my Velcro back brace and continue, but I proceeded with caution and made shots that were less fluid. This continued for months and got worse as days went by.

So, I took time off to rehabilitate my back and started a challenging weight training program to target the abdominal (core) muscles. The saying goes "strong core – strong back." I used an online program called "Hammer and Chisel" by Beachbody. At this writing, I'm happy to say I can play a game and also stand or sit for hours pain-free.

As a certified massage therapist, I can tell you that pain signals are the body's way to get your attention so that you can fix the problem. If you have pain and don't know how to do weight training correctly, first, hire a personal trainer. They will be able to determine which muscles are weak, and start you on a program to strengthen the weak muscles, which will also counter stretch the overused muscles. The trainer will demonstrate good form and teach you how to challenge the weaker muscles, which is critical to getting your body back in shape.

Muscles, however, get accustomed to the same demands every day so we need to challenge them by increasing the resistance and cross training, i.e., work different muscle groups. Swim, do Yoga, walk, dance, have fun in different ways. It is equally important to relax the muscles. A minimum of 10 minutes of stretching each day after playing will make a difference in how you feel throughout the day, how well you sleep at night, and even how you feel the next day. Let's do more for our bodies to experience the best years of our lives!

MEN'S GOLF CLUB

By Doug Moore, douglas.moore865@gmail.com

Upcoming Events: August 20 - Senior Net Championship is tomorrow. Play well, gentlemen. 2022 Men's Club 18 Hole Club Championship Match Play Tournament.

NCGA Rebate: The NCGA offers a Multi-Member Rebate Program for any members who belong to more than one club in Northern California. From July 15 - August 31, 2022, all multi-members will be able to apply for their rebate by logging into the Member Area at ncga.org. Multi-members have the opportunity to choose from: \$25 Poppy Hills or Poppy Ridge coupon, \$15 donation to Youth on Course, \$15 check. Rebates will be processed after the application closing date of August 31.

Elections: Wanted—A Few Good Men—Message by David "Baci" Bacigalupi, General Chairman: I have appointed a Nominating/ Election Committee for the upcoming elections to the Men's Golf Club Executive Committee, to start serving in 2023. I have "volunteered" former General Chairmen Gary Chappell, Rick Jiloty and George Olson to recruit candidates to fill the three positions for next year. If you are interested in being a candidate, contact any of the Nominating Committee.

Besides being nominated by the Nominating Committee, any member may become a candidate for election by written petition endorsed by at least 10 percent of the Membership. This petition must be submitted to the General Chairman no later than 5 p.m. Friday, September 16, 2022.

Please refer to the 2022 Men's Golf Club Handbook (pages 21 &22) for more details, and contact any of the Nominating Committee with any questions.

Golf Thoughts: "These greens are so fast I have to hold my putter over the ball and hit it with the shadow." - Sam Snead (He may have enjoyed playing ours too!)

Also, remember to visit our website at villagesgolfers.com for the latest Men's Golf Club information.

Modified Golf Course Walking Schedule for September 5 & 12

Due to the Labor Day Holiday on Monday, September 5, the golf course will be open for play at 7 a.m. until dusk. Walking on the golf course on Monday, September 5 will be limited to before 7 a.m. and after dusk only.

Due to an Outside Tournament scheduled for Monday, September 12, the golf course walking schedule will be modified from the norm. Walking on the golf course on Monday, September 12 will be limited to before 11 a.m. and after 4 p.m. only. Thank you for your cooperation and remember to always be safe!

IRONMEN

By Bill Travis

The Ironmen are in morning play, gathering every Thursday morning at 10 a.m. with a shotgun start, sweeps, birdie pool, and closest to the pin. This Thursday, August 11, 2022, the weather was just about perfect: it was sunny and warm, another great day for some golf. We had a great turnout. **The results of today's play are as follows:**

First place there was a four-way tie between Doug Herring, Patrick McMordie, Sang Nam, and Jim Schlosser each with a net score of 25.

Second place there was a two-way tie between Jerry Juracich and Bob Pritchard each with a net score of 27.

Third place there was a two-way tie between David Cook and Leighton Horio each with a net score of 28.

Lowest gross score for the day: Sang Nam with a gross score of 27.

There were six birdies today: Jerry Juracich and Sang Nam each birdied holes 2 and 8; David Cook birdied hole 7; and Doug Herring birdied hole 2.

Closest to the pin on hole 9: Doug Herring was closest to the pin on hole 9 at 8' 7".

Deep thoughts:

"I'm gambling that when we get into the next life, Saint Peter will look at us and ask, 'Golfer?' And when we nod, he will step aside and say, 'Go right in; you've suffered enough.' One warning, if you do go in and the first thing you see is a par 3 surrounded by water, it ain't heaven." - The Great Jim Murray, sportswriter

"Golf is the cruelest game, because eventually it will drag you out in front of the whole school, take your lunch money and slap you around." - Rick Reilly, author and sportswriter

Men's 18 Hole Golf Club Club Championship - Match Play



When: September 10 to 25, 2022

Round 1 Matches - Played on Saturday, Sept. 10 Only Round 2 Matches - Played on or before Saturday, Sept. 17 Round 3 Matches- Played on Sunday, Sept. 18 Only Round 4 Matches- Played on or before Saturday, Sept. 24 Championship Flights- Played on Sunday, Sept. 25 Only

What: Club Championship Format: Individual Match Play

Signup: Aug. 23 through Scp1. 3 • Signup with the Pro

Shop. The Pro Shop will make the pairings. **Handicaps:** 100 percent of Sept. 3 Handicap Index **Flights:** Flighted, Determined by Handicap Index

Tees: #5, #4, #413, #3, and #3/2 Tees. Determined by Handicap Index

Tee Times: Tee Times TBD

Cost: S20 plus Green Fees per Round

FROM THE PRO



By Scott Steele, PGA Head Golf Professional Upcoming Events

Friday, August 26 – Twilight Nine and Dine– 5 p.m. Shotgun – last available 18-hole starting time 12:30 p.m.

Friday, September 2nd – 8 a.m. Open Shotgun – 1 p.m. Charity Tournament – Course closed all day after 1 p.m.

Sunday, September 4 – Men's Guest Day – Men may bring up to 3 guests for \$60 each (\$10 discount)

Monday, September 5 – Labor Day – Holiday Schedule – Tee Times starting at 7 a.m.

Thursdays, September 8, 15, 22 – 18-Hole Women's 2022 Club Championship

September 10, 17, 18, 24, 25 - Men's Club 2022 Club Championship Match Play Tournament - 8am each day

Monday, September 12 - Outside Tournament 11am - Course closed all day

Friday, September 16 - Twilight Nine & Dine - 4:30 p.m. Shotgun

Friday, September 30 – 8 a.m. Open Shotgun – 1 p.m. Charity Tournament – Course closed all day after 1 p.m.

Pond & Stream Holes #9/#18—Now that we have completed our member-guest invitational showcase events for this season, we will commence with the repair of the pond and stream on Hole #9 and #18. The project scope will start with redirecting the water source to non-potable water using the pump station on Hole #18 and the source. Then on September 5 they will start the repairing and resurfacing of the leaking liner. This project will return this essential water feature to its full and functional state.

Golf Course Turf Reduction Beta Site—In early September we will commence with installation of a Turf Reduction beta site around the tee complexes on Hole #8. This will give the golfing residents a chance to see what a Turf Reduction initiative will look like. The long-term goal of the Turf Reduction Program is to replace non-essential irrigated turf grass with viable and aesthetically pleasing drought resistant landscaping that will require much less irrigation and ultimately save us money on golf course water use. More details and information will follow as we get closer to the initial stages of the project.

Golf Donation Update—Many of you are aware of the recent extremely generous and thoughtful donation from former Villages resident Dutch Johnson of over \$860,000. This is a fantastic opportunity for The Villages to make some needed improvements to the golf experience at The Villages. Please understand that Mr. Johnson's donation was specifically earmarked for golf at The Villages and placed in the very capable hands of the Evergreen Villages Foundation (EVF). The EVF, Club Board, VGC, and management will all work together to thoughtfully use these funds to better the long-term golf experience at The Villages. We are forming a 5-Year Planning Committee to work together with the EVF and the Club Board to prioritize projects and set a plan in place for all golf funding appropriations. These decisions will not be flippant, but rather will be well thought out and planned soliciting the feedback from golf course maintenance and construction experts based on the desires of the Villages resident golfers regarding improvements to their golfing experience. Remember this will be a long-term investment.

Pro Shop Merchandise – Villages Logo Golf Bag Promotion — Purchase a Villages Logo Golf Bag and receive a *free* round of golf!

Sale Items Available Now — Women's bottoms from SWING and sun top from SAN SOLEIL - 20% Off. Women's apparel from BERMUDA SANDS – 30% Off. Men's shirts from ADIDAS and ANTIGUA – 20% Off.







Pam Schramm REALTOR® Villages Resident

925.336.7535 pschramm@intero.com pamschramm.com

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In Stock Now – Skechers and Adidas golf shoes for men and women. Greg Norman men's and women's apparel. Sun Hats and Straw Hats for men & women – perfect for those hot summer days. Aloe Up Sunscreen products – Spray & Cream & Lip Balm – the best in UVF sun protection. Sundog Premium Sunglasses for men and women.

Cleveland CBX Zipcore Wedges— Why are you playing with forged wedges when you have cavity back irons? It's been proven that forged clubs are harder to hit with a smaller sweet spot and higher center of gravity. So it makes more sense to match your wedges to your irons and get a forgiving cavity back, perimeter weighted set of wedges and sand wedge? The Cleveland CBX Zipcore wedge is chunk proof with a wider sole, it easier to hit with a cavity back and perimeter weighting, and it looks and feels just as good as a traditional forged wedge...so it has the best of both worlds. The Cleveland CBX Zipcore wedge is now available in the golf Pro Shop in men's steel shafts and women's graphite shafts at a fabulous price. Add the Cleveland CBX Zipcore wedge to your set and change your short game forever. Click on the following link to see the true benefits of a Cleveland CBX wedge! https://youtu.be/eMGcKxCmpEs

Tips from the Pro— Tech support...Use today's technology to your advantage!

Are your golf clubs more than 5- 7 years old? If so, you may want to look at some new clubs with today's modern golf club technology, as it can and definitely will help your game, I guarantee it. The PGA Tour players all play equipment that is the latest technology, at the most 1-2 years old. Why? Because modern clubs perform better! It's a fact, and the numbers prove it. I recently watched a YouTube video on which they tested a PING-i driver from 2013 versus this year's PING G-425 driver. All constants in place, the variable being the driver head, today's modern driver went an average of 22 yards further. What this means is that today's driver simply performs better across the board, even at lower club-head speeds.

Here are some of the reasons modern equipment far exceeds that from a mere 5 years ago: **Driver:** Larger club-heads; lighter clubheads, faster ball speed, maximized COR, increased COR on heel and toe shots, center of gravity variables to improve launch and spin characteristics

Fairway Woods & Hybrids: faster balls speeds, higher COR, multiple profiles with shallow and deep clubheads for multiple swing types, higher loft options for those looking to expand their woods arsenal

Wedges: more grooves, more spin, full face grooves, high-toe options, cavity back options, many more sole options and variables for all swing types and skill levels, more versatile club design for all lies

Putters: higher MOI with center of gravity moved back away from the face, face balanced putters, grooves on the putter face to impart more true roll, larger grip options, increased sweet spot

So if your equipment is old, and you want to play better, make the investment in some new golf club technology...you won't be disappointed and you will play better.

Let us know if your ball striking improves. Let me know how these tips work. To sign up for a lesson, email ssteele@the-villages.com

SWINGERS

By Jeannie Omel

The first day of the Club Challenge had a chilly start with temperatures in the low 60s. The clouds and grey sky did not interfere with the fun and upbeat atmosphere around the Pro Shop. Fourteen of the 70 ladies playing today played the first round of three of the Club Challenge. The Club Champion will be invited to play in the Women's Nine Hole Golf Association (WNHGA) Tournament of Champions on September 29 in Discovery Bay.

Taking the center stage for chip ins this week were Sue Bacigalupi on #13, Josephine Chan on #5, Sheryl Driskell on #9 and Peggy James on #13. Congratulations, ladies!

Did you know? With the new golf rules, a golfer is able to declare their ball unplayable in a bunker, and be allowed to take relief outside of a bunker in exchange for a two-stroke penalty. The relief will be taken using the new drop procedure, with the relief spot determined by back-on-the-line relief. Back-on-the-line relief is determined as an area behind the ball on the line from the hole to where the ball is. The golfer is allowed to go as far back on that line as they wish.

Upcoming events:

August 26 - Twilight Golf and Dinner - Sign up two weeks prior

August 30 - Peninsula Golf and Country Club Exchange Day

September 16 – Twilight Golf and Dinner

September 29 – WNHGA Tournament of Champions, Discovery Bay

BOCCE NEWS

By Marcy Boyles

We are so pleased to have 545 Bocce Players. What a turnout it has been. We are a *fun* loving, social, talented, and competitive group. We need *your* help. If everyone would volunteer a little of their time and talents, it would help a lot! Please contact Barbara Orlando at orlmuh2@comcast. net. She will find a great fit for you. Remember, it takes *a village*. More in future columns.

A note that Skilz clinic and Ice Cream Social are *sold out*. Some upcoming activities include: Fall Round Robin September 12-October 20. Sign up at the Kiosk. There is a clipboard. Tonight is a themed bash: Hot August Nights. Please remember to bring a food item to share. No charge and open to all Villagers, Bocce members or not. Bill will have Bocce Logo hats and visors for sale: \$20 each at every bash or contact him at wmasching@outlook.com or 408-238-2755.

On October 26, we will have a Taco Taco Wednesday. More details in this column.

The Village Challenge is September 10. Be sure to get on a team in your village. We only have two villages represented at this time. Maybe, *you* could be the captain and recruit players for this one-day event. It's a fun way to meet people.

Your Bocce Board is working on the 2023 Calendar. Will let you know when it is on our website at villagesbocceclub.com. Be sure to check out the site for all current events. See you on the courts.



Bocce Bash is August 19

On August 19, the Bocce Club invites everyone to enjoy playing Casual Bocce with old and new friends. You needn't be a member

of the bocce club to attend. Bash Volunteers, Karen Carson and Sue Herfurth, will be there to help answer any questions and assist you in signing up for half-hour playing sessions. Your Bash Director, Bill Masching, suggests you bring along your favorite beverage and if you'd like to eat, please remember to bring along a snack to share. **Be fair and share!**

Bash is every Friday from 3 to 5 p.m., starting the first Friday in March and ends the last Friday in October. During bash season, Bill organizes at least four themed bash parties, which are always fun. After "Hot August Nights", there is one more themed party left this year, on October 28, and you guessed it, a Halloween themed bash (more info to come later).

Want to help occasionally at bash? Just talk to Bill! It's fun and a great way of meeting people.

Courts are located next to Gazebo Park, are ADA compliant and restrooms are adjacent to the courts.

Owners responsible for cleaning up after pets

The Villages Rules and CC&Rs state that it is the owner's/handler's responsibility for immediately cleaning and disposing of pet excrements in a sealed container. We are finding and hearing that some owners are not immediately cleaning up after their pets and assume that it is the responsibility of the landscaping crew, which it is not.

The pet poop should be picked up immediately and placed into the dumpsters in the trash enclosure near your home or in the designated pet poop stations in the center parking lots. Please do not place any pet poop in any restrooms or other containers at any of the various centers.

SCOREBOARD

SWINGERS

Tuesday, August 9

FRONT NINE

Low Gross: Mukuno Joyce 46 Flight One:

- 1) Coleman Sachiko Net 37
- 2) Driskell Sheryl Net 37
- 3) Macon Mitzi Net 38
- 4) Omel Jeannie Net 39

Flight Two:

- 1) Ruona Jane Net 37
- 2) Ratcliff Adele Net 38
- 3) Brown Emmy Net 38
- 4) Falarski Judy Net 40

BACK NINE

Low Gross: Amundson Maxine 52

Flight One:

- 1) Amundson Maxine Net 36
- 2) Bindon Gwen Net 38
- 3) Pritchard Marge Net 38
- 4) Glazer Alice Net 39

Flight Two:

- 1) O'Neil Maureen Net 34
- 2) Piersol Linda Net 37
- 3) Stowers Mary Net 38
- 4) Curyea Linda Net 38

RRINGF

Monday, August 8: 1. Art Lind - Stan Davies 2. Lorrie Scott 3. Maureen - Alan Waltho

Wednesday, August 10: 1. Sumi Minami - Jan Kiernan 2/3. Bonnie Taylor - Maureen Waltho 2/3. Art Lind - Roger Lasson

MEXICAN TRAIN DOMINOES

Wednesday, August 10

Shirley Bellavance	100
Tony Rivera	125
Earl Magoun	260
Aloma Lazetera	273

Friday, August 12

Sylvia Rozewicz	189
Maribeth Berlie	205
Shirley Bellavance	247

BRIDGE

All Guys & All Gals Tournament 2022 Week #5 Monday, August 8

10 a.m. In the Zone 8-2
Bocce Busters 6-4
3 p.m. Mama Mia 9-1

Girls Gone Wild 1-9
The Sunshine Gals 5-5
Madames of Mayhem 6-4

Gone With the Win 4-6 Boccissimo 1-9

Wednesday, August 10

10 a.m. Motley Crew 7-3 Bocce Dudes 4-6 12:30 p.m. Bocce Pals 2-8

12:30 p.m. Bocce Pals 2-8 Court Cougars 7-3

Court Cougars 7-3 3 p.m. Merry Bocce Band 6-4 The Bocce Stars 8-2

The Femme Fatales 7-3 Team Kombocce 2-8 Roll'n Roll'n Roll'n 7-3 Ladies of the Lane 4-6 Fun Club 3-7

Bocce Joy 3-7

Thursday, August 11

10 a.m. The Pink Ladies 4-6 Bocce Wizards 10-0 Bocce Gals 3-7 Bocce Kings 3-7 3 p.m. Wednesday Golfers 3-7 Killer Angels 9-1 Rolling Thunder 4-6 Friskies Better Half 4-6

Reminder: Articles are due by 4:30 p.m. Thursday, one week before publication

Remember your loved one with a memorial gift to EVF

Please remember the Evergreen Villages Foundation (EVF) when you are considering a memorial gift in honor of a loved one. The EVF sends a lovely acknowledgement from you. www. evfsj.org

Landscape & Maintenance

MAINTENANCE SCHEDULE

Cribari

5001-5076—Landscape maintenance and weed control in progress.

5077-5089, 5154-5209 and 5234-5249 — Landscape maintenance and weed control, 8/22-8/26.

Cribari Place—Dry rot repairs in progress.

5001-5058 Cribari Vale—Front door painting in progress.

5059-5089 Cribari Bluffs - Front door painting in progress.

5090-5129 Cribari Place—Painting project in progress.

5130-5153 Cribari Place—Power washing of buildings in progress and painting to start 8/22-9/23.

5309-5311 Cribari Glen — Water main replacement, awaiting city permits before backfilling dirt.

5154-5167—Power washing of buildings to start 8/24 and painting to start 8/25-10/14.

5066—Sewer line replacement scheduled to start 8/22.

Del Lago

3101-3134 and 3201-3243—Landscape maintenance and weed control in progress.

3301-3315—Landscape maintenance and weed control, 9/19-9/23

3120—Backflow replacement and relocation in progress.

E4 Lake—Dead tree removal in planning.

Estates

8809-8875—Landscape maintenance and weed control, 8/22-8/26. **Fairway**

4001-4024—Landscape maintenance and weed control, 9/19-9/23.

Glen Arden

7698-7752 and 7753-7787 (odd)—Landscape maintenance and weed control, 9/5-9/9.

7710, 7712, 7723, 7725 and 7727—Painting project in progress. 7746, 7748, 7753, 7755 and 7757—Dry rot repairs in progress.

Heights

8480-8505—Landscape maintenance and weed control, 8/29-9/2. 8481—Kitchen sewer repairs in progress.

Hermosa

8005-8032, 8100-8121 and around lower Chardonnay Lake area —Landscape maintenance and weed control, 8/29-9/2.

8075-8088—Painting project in progress.

8096-8109 - Painting project scheduled to start 8/22.

8370, 8377, 8381 and 8385-8387—Dry rot repairs in progress. 8110-8121—Pressure washing in planning.

Highland

7500-7573—Landscape maintenance and weed control in progress.

7600-7660, 7711-7715 and 7880-7889—Landscape maintenance and weed control, 8/22-8/26.

Helmsdale Dr. and Galloway Dr. — Pro chip jet mulch installation scheduled to start 8/29.

Morevern—Dead tree removal in planning.

Montgomery

6001-6068 and $6127\text{-}6136\text{--}Landscape}$ maintenance and weed control, 8/22--8/26.

Gerdts Drive—Pro chip jet mulch installation scheduled to start 8/29.

6347—Water leak repairs in progress.

6059 and 6304—Driveway repairs in progress.

Olivas

8600-8645, 8651-8664 and Vineyard Center—Landscape maintenance and weed control in progress.

8740-8752, 8769-8807 and Foothill Center—Landscape maintenance and weed control, 9/12-9/16.

Sonata

2000-2024 and 2032-2064—Landscape maintenance and weed control, 9/19-9/23.

Valle Vista

9037-9047 and 9067-9072—Landscape maintenance and weed control in progress.

Parks and Banks—Landscape maintenance and weed control, 8/22-8/26.

Dry rot repairs in planning.

Verano

7001-7060 and 7395-7404—Landscape maintenance and weed control, 9/19-9/23.

Association

Common Areas—Treatment for voles, moles, gophers and squirrels, ongoing.

Weed spraying at turf and shrub bed areas in progress throughout the Villages.

Fire fuel management weed/brush clearing and tree work in selected areas in progress around the property.

Irrigation repairs throughout the Villages in progress.

Club Centers

Building A-ADA handrail installation in progress.

Maintenance Project Notice:

All work scheduling is subject to weather, delays and availability of contractor labor and materials. Contractor may start several days ahead or behind plan schedule, pending field and weather conditions. As needed, we update schedules accordingly via FastLane. For your safety, please be aware of and stay clear of project and staging areas. Access is typically restricted in the work areas. Look out for cautionary signage and other measures. Parking facilities and street frontage may be in use on a temporary basis for vehicle, material and equipment staging. Debris, dust, noise, odor and visual inconveniences may result from a project. Thank you for your cooperation and understanding.

Pedestrian Safety Reminder:

Rain or shine pedestrians in The Villages should be aware of the traffic in their surroundings. Please walk on the correct side of the road when getting some fresh air, and walk toward oncoming traffic. The arrows are painted on the main roads. You should also remain in single file when in groups to keep within the white lines as well as social distancing. When walking pets, be sure they, too, remain within the white lines, on a short leash away from traffic.

Slice of Humor



Senior Breakfast Special

We went out to breakfast. The waitress told us the "Seniors' Special" was two eggs, bacon, hash browns and toast for \$3.99.

"Sounds good," my wife said. "But I don't want the eggs." "Then I'll have to charge you two dollars and forty-nine cents because you are ordering a la carte," the waitress warned her.

"You mean I'd have to pay for not taking the eggs?" My wife asked incredulously. "I'll take the special" she said.

"How do you want your eggs?" "Raw and in the shell," my wife replied. She took her two eggs home!

Maintenance Services

Customer Service Line: 408-223-4670

Maintenance Emergencies and/or Advice

The Maintenance Services Department's general work hours are Monday through Friday, 8 a.m. to 4:30 p.m. If you experience a maintenance emergency during those hours, please call the office right away at 408-223-4670. Even if you are certain the emergency is your responsibility, Maintenance Services can provide a list of contractors that are familiar with The Villages and may be helpful for the repair.

If a maintenance emergency occurs outside of the general work hours or during a holiday, please call Public Safety at 408-223-4665. The Public Safety Department will contact the Maintenance Area Supervisor and/or the appropriate contractor. Together, they will all help to resolve your maintenance emergency.



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Tips for preparing for power outages

Extended power outages may be the result of wildfires, earthquakes or other emergencies and may impact the whole community as well as the economy. In the event of such a power outage, you may be able to reduce some of the impact by being prepared. Review the following tips for ways you can ease potential difficulties.

Prepare NOW before the power goes out.

Take an inventory of items you need that run on electricity.

Talk to your medical provider about a power outage plan for medical devices powered by electricity and refrigerated medicines. Find out how long medication can be stored at higher temperatures and get specific guidance for any critical medications.

Have batteries and other alternatives to meet your needs when the power goes out.

Sign up for local alerts and warning systems. Monitor weather reports.

Install carbon monoxide detectors with battery backup in central locations on every level of your home.

Determine whether your home phone will work in a power outage and how long battery backup will last.

Review the supplies that are available in case of a power outage. Have flashlights with extra batteries for every household member. Have enough nonperishable food and water.

Put thermometers in the refrigerator and freezer so that you can know the temperature when the power is restored. Throw out food if the temperature is 40 degrees or higher.

Keep mobile phones and other electric equipment charged and gas tanks full.

Survive DURING the outage.

Keep freezers and refrigerators closed. The refrigerator will keep food cold for a few hours. A full freezer will keep the temperature for about 48 hours. Use coolers with ice if necessary. Monitor temperatures with a thermometer.

Maintain food supplies that do not require refrigeration.

Avoid carbon monoxide poisoning. Generators, camp

(Continued on page 26)

About the Ready! Set! Go! Wildfire Action Plan:

Successfully preparing for a wildfire requires you to take personal responsibility for protecting yourself, your family and your property. We hope to give you the tips and tools you need to prepare and be successful.

To find more information:

About Ready! Set! Go!: www.WildlandFireRSG.org
Contact the San Jose Fire Department—Local station 11.
Santa Clara County Fire Safe Council: www.SCCFireSafe.org
San Jose Office of Emergency Management: oes@SanJoseCa.gov

Get Ready!

Prepare your family

- Create a Family Disaster Plan that includes meeting locations and communication plans and rehearse it regularly. Include in your plan the evacuation of large animals such as horses.
- Have fire extinguishers on hand and train your family how to use them.
- Ensure that your family knows where your gas shut-off is and how to use it.
- · Plan several different evacuation routes.
- Designate an emergency meeting location outside the fire hazard area.
- Assemble an emergency supply kit as recommended by the American Red Cross.
- Appoint an out-of-area friend or relative as a point of contact so you can communicate with family members who have relocated.
- Maintain a list of emergency contact numbers posted near your phone and in your emergency supply kit.
- Keep an extra emergency supply kit in your car in case you can't get to your home because of fire.
- Have a portable radio or scanner so you can stay updated on the fire.

Get Set!

As Fire Approaches

- Evacuate as soon as you are set!
- Alert family and neighbors.
- Dress in long sleeves and pants. Have goggles and a dry bandana/particle mask handy.
- Ensure that you have your emergency supply kit on hand.

Inside Checklist

- · Close windows, unlock doors.
- Remove flammable window coverings.
- Move flammable furniture to center of room.
- Plan several different evacuation routes.
- · Shut off gas and pilot lights.
- Shut off air conditioner.
- · Leave your house lights on!

Outside Checklist

- Bring all flammables inside the house.
- Turn off propane tanks.
- Shut off sprinklers. Don't leave on!
- Back car into driveway, shut doors/windows.
- Have an outside ladder ready.
- Extinguish small outside fires until you leave.
- Seal off attic and ground vents, if able.

Tips—If You Are Trapped

- · Stay away from outside walls.
- · Bring garden hose inside house.
- Patrol inside home for spot fires—extinguish.
- · Wear long sleeved, cotton clothing.
- Stay hydrated—keep drinking water.
- · Ensure that it is safe to exit home if it catches fire.
- Fill sinks and tubs for emergency water.
- · Place wet towels under doors.
- · After the fire has passed, check roof for fire.
- Check inside attic space for embers.
- · Patrol your property for fire.
- Call 911 if you cannot put out fires with small amount of water.

GO! EARLY!

When to Leave

Do not wait to be told by authorities to evacuate. Leave early enough to avoid being caught in the fire, smoke or road congestion. If and when you are advised to leave—don't hesitate!

Where to Go

Leave to a predetermined location (it should be a low-risk area, such as a well-prepared neighbor's or relative's house, a Red Cross shelter or evacuation center, motel, etc.)

How to Get There

Have several travel routes in case one route is blocked by the fire or emergency vehicles and equipment. Choose an escape route away from the fire.

Emergency Supplies

- One gallon of water per person per day.
- Non-perishable food.
- First Aid kit, emergency blanket, multi-purpose tool.
- Flashlight, radio, extra batteries.
- Keys, cash, credit cards, travelers checks, cell phones and chargers.
- Map with evacuation routes.
- Family/emergency contact information.
- Sanitation supplies/personal hygiene items.
- Prescriptions and medications.
- Important numbers and documents.
- Photos/easily carried valuables.
- Hard drive information.

L'LASSIFIED ADVERTISING

To Place a Classified Ad

Adrienne Reed: 408-223-4657, areed@the-villages.com Kory Tran: 408-754-1341, ktran@the-villages.com

Ad copy is due Monday at 4 p.m.

The Villages does not endorse or guarantee any advertisement or insert using space in this paper to reach our readers. It is the responsibility of the users of these services to check references and claims made. Residents, please be aware California State law mandates any contractor bidding for a job more than \$500 in parts and labor must be licensed. The Contractors State License Board (1-800-321-2752) may be contacted regarding any questions or concerns about a contractor.

REAL ESTATE SERVICES

California Law limits the minimum age and maximum number of occupants in a unit. Details available at the Public Safety Administration Office. Licensed Real Estate professionals advertising in The Villager are required to name themselves as agent or broker, or list the name of the brokerage for whom they work as part of their ad. This is in compliance with Real Estate Law Section 10140.6.

Appliances

Appliance Repair Maintenance

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8/18

Custom Draperies, Blinds,

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10/13

2 BD.RM CONDO REMODEL WAS.DRY.N

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Housing **Wanted**

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8/18

9/1

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References Licensed 408-369-8595 **Truck Mount** Steam Cleaning

8/25

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Housecleaning (continued)

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9/8

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Tom 1-408-607-7142

12/29

1/5

Landscape

3S Gardening-Landscaping Lawn, Tree Maintenance

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Interior / Exterior Lic#877626 Popcorn Removal Free Estimates Color Consultation

8/18

Painting (continued)

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Painting (continued)

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Villages References

Plumbing

PLUMBING

55+ Senior Discount on plumbing services

Just for the month of August, Venture Plumbing Company is offering 20% off of any plumbing service for 55+ seniors at the Villages in San Jose!

Please give us a call to schedule your service experience today, we very much look forward to providing quality plumbing services to you and your community!

Senior discount offer cannot be combined with any other special offers

> Lic. #934775 Call us today! 1-866-483-6887

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friendly service. Bonded & Insured We also unclog drains. Lic#1038274 408-724-1531 10% senior discounts on labor

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SENIOR IN-HOME CARE

CAREGIVERS AVAILABLE ELDERLY MATTERS

HOURLY/LIVE-IN Insured, Experienced, References Free Assessment Contact: Beth elderlymatters@gmail.com 650-422-1713 408-622-8600 08/1

SENIOR IN-HOME CARE

OUTSTANDING AND EXCELLENT Vista Verde Home Services

Bonded, Licensed, Insured Hourly, Live-in, Transport **Great References** Free Assessment (408) 509-1257

SENIOR IN-HOME CARE

Caregivers CARE - ON - CALL

Bonded and Insured All Caregivers Certified, Experienced, Supervised Affordable Rates Hourly, Live-in Free Assessment References Available 408-857-1872

EssentialCare Caring Star Award 2020 Recipient

A+ Certified H.C.S.B, with BBB Quality, Affordable In-home Care Licensed, bonded, insured. Honest, reliable, certified caregivers Hourly/Live-in CALIC# 434700088

> Free consult. 408-368-6918

11/3

Senior In-Home Care (continued)

CAREGIVERS AVAILABLE LIVE-IN / HOURLY

AFFORDABLE RATES EXPERIENCED, **REFERENCES HONEST INSURED** MANAGED BY **VILLAGES RESIDENTS** 408-835-7355 650-207-2442

10/27

Caregivers 24/7 **Excellent Services**

Experienced, Reliable, Trustworthy Affordable Rate References Available Serving Villagers for 15 years 408-896-7405 408-896-7404 408-896-7403

11/3

9/8

11/24

6/29

Certified private care assistant/caregiver

17 years in The Villages, **Excellent Referrals** Live In/Hourly Mila 408-660-6459

Shoe Repair

Andy's Shoe Repair 2850 Quimby Road

Suite 100 408-270-0850

Transportation

SMART SENIOR RIDE SERVICE

AIRPORT, ERRANDS **DOCTORS APPOINTMENTS** Gene: 408-835-7355 408-966-7703 genemune@yahoo.com

> Remy: 650-776-8850 Joe: 650-279-7814 Villages Resident

Airports, Doctors Appointments, Dependable

Transportation (continued)

NANCY: 408-396-6603 Villages Resident

Airports, Appointments, Errands. 6/29

Window Cleaning

McKee Window Cleaning Experienced, Honest

Insured, Licensed Rick McKee: 408-761-4803

Gabe's Window Cleaning **Inside & Out Tracks**

Screens \$200 408-393-3177

ITEMS For Sale

Wicker LoveSeat \$200 **White Book Shelves \$35**

New Cafe Chair \$125 Art Canvases \$5 ea. Antique Dragon Chair \$100 FlairBack Wicker Chair \$100 408-313-5509

8/18

Black leather couch, loveseat and recliner,

in good condition \$100 or best offer. 650-759-2342

1995 Western M400 **Electric Golf Car**

Excellent condition. All new batteries. Charger included. \$3980 Call 408-238-7424

8/18

WANTED

I'm looking for Garage Space for use. 408-223-1919

8/18

Wanted Used Car: My grandson is looking

for a used car. Nothing fancy, reasonably priced. Please send pictures to: 408-912-4098 or Floridian007@Gmail.com

8/25

FREE STUFF

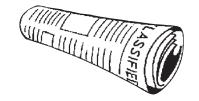
Large heavy Safe 25" X 42"

Come pick up 408-238-4990

8/18

Used Dishwasher, works excellent. 408-476-3949

8/18



To Place a Classified Ad

Adrienne Reed: 408-223-4657 areed@the-villages.com **Scott Hinrichs:** 408-223-4655 shinrichs@the-villages.com

Ad copy is due Monday at 4 p.m.

The Villages does not endorse or guarantee any advertisement or insert using space in this paper to reach our readers. It is the responsibility of the users of these services to check references and claims made. Residents, please be aware California State law mandates any contractor bidding for a iob more than \$500 in parts and labor must be licensed. The Contractors State License Board (1-800-321-2752) may be contacted regarding any questions or concerns about a contractor.

Missed your Villager?

If you missed delivery of your weekly copy of *The Villager*, please call 408-223-4655 after 11:30 a.m. to report it.

You may pick up a replacement copy of your paper at the newsstand at the entrance of Building B or go online to the Villages website—www.thevillagesgcc.com—and download the current and past editions to your computer.

EPC—we are making it easy... Attend the Fair next Saturday!

Being prepared for an emergency is an urgent reality, but knowing what to do for the **first critical 72 hours** and how to best prepare can be daunting. That is why we are going to make it easy for you. The Emergency Preparedness Committee (EPC) is bringing in significant community resources to help at a safety/emergency preparedness fair on **Saturday, August 27** from 1 p.m. to 4 p.m. **Save the date!** Help us help *you*!



Power outages...

(Continued from page 23)

stoves, or charcoal grills should always be used outdoors and at least 20 feet away from windows. Never use a gas stovetop or oven to heat your home.

Check on your neighbors. Older adults and young children are especially vulnerable to extreme temperatures.

Go to a community location with power if heat or cold is extreme. (Be aware that community shelters may not be available during the coronavirus emergency.)

Turn off or disconnect appliances, equipment, or electronics. Power may return with momentary "surges" or "spikes" that can cause damage.

Be Safe AFTER the outage.

When in doubt, throw it out! Throw away any food that has been exposed to temperatures 40 degrees or higher for two hours or more, or that has an unusual odor, color, or texture.

If the power is out for more than a day, discard any medication that should be refrigerated, unless the drug's label says otherwise. If a life depends on the refrigerated drugs, consult a doctor or pharmacist and use medicine only until a new supply is available. Information from: ready.gov/power-outages

Remember someone with a memorial gift to VMA

Honor the life of your friend or loved one by funding the services to extend the quality of life for other Villagers. A memorial gift to the Villages Medical Auxiliary (VMA) honors the loved one lost and promotes the work of the VMA. If you have any questions on how to give, call the VMA office at 408-238-4230. All donations to the VMA are tax deductible.



In Memoriam and Obituary Notices

In Memoriam notices are run free of charge.

Notices include name of deceased, date of birth and date of passing. Brief notices of memorial gatherings may be included with the notice, providing event is held in a Villages' facility.

Obituary notices may be placed in the Classified Advertising section for a fee.

For more information, please call Kory Tran at 408-754-1341 or email: ktran@ the-villages.com, or Scott Hinrichs at 408-223-4655 or email: shinrichs@the-villages.com.



Conveniently located right outside the gate at 2891 The Villages Parkway, San Jose, CA 95135

Classified advertising price change effective June 25, 2022

The Villager Classified Advertising Pricing

Category Cost **Real Estate** \$1.60 per word (minimum of 10 words) Services \$1.60 per word (minimum of 10 words) (See below for Services sub-categories.) \$1.60 per word (minimum of 10 words) Notices \$1.30 per word (minimum of 10 words) Personals \$1.60 per word (minimum of 10 words) **Cars & Carts** \$1.60 per word (minimum of 10 words) Help Wanted (Employment notices) Wanted \$1.60 per word (minimum of 10 words) **Items for Sale** Villagers: \$1.30 per word (minimum of 10 words) Non-residents: \$1.60 per word (minimum of 10 words) (Personal items only) Villagers: \$1.30 per word (minimum of 10 words) Free Stuff Non-residents: \$1.60 per word (minimum of 10 words) **Obituaries** \$1.30 per word Photo of the deceased \$25 Free flag for veterans **Villages Business Directory** \$10 per week (Business Directory available to Villages residents only. Listings must be compact enough to fit on two lines only.) **Lost & Found** First 15 words of first ad are free: after 15 words: \$1.30 per word (Subsequent ads after first week are billed at \$1.30 per word)

Specials (Additional add-ons to regular ad pricing)

Placement in box\$15 per week (boxes limited to one-column width)Premium placement\$20 per week, placement anywhere with special box

(Other suggested custom heading)

(Anywhere in Classified Ad section, not including first column or above section heading)
(Premium ads will have a bolder border. Placement space is on a first-come-first-served basis.)

CLASSIFIED ADVERTISING GUIDELINES

To submit ad copy, renew, cancel, or make changes to your ad: Contact Adrienne at 408-223-4657 areed@the-villages.com; or contact Scott at 408-223-4655; fax to 408-223-2843; or mail to:

Villager Classified Ads, Building B 5000 Cribari Lane, San Jose, CA 95135.

(Downloadable forms available on the Resident Portal at **thevillagesgc.com**. Ad copy is not taken over the telephone. Call Adrienne or Scott to verify receipt of fax.)

Payment:

All ads are to be paid in advance by cash, check or money order. Make checks/money orders payable to:

The Villager. Villages residents may charge ads to their Villages accounts. Take payments to the Villager office in Building B or mail to the address above.

Deadlines:

Ads are due Mondays by 4 p.m. for publication in Friday's paper. Deadline also applies to renewals, cancellations and changes. Exceptions are only for holiday deadlines, details of which will be published in advance.

The Villages does not endorse or guarantee any advertisement or insert using space in this paper to reach our readers. It is the responsibility of the users of these services to check references and claims made. Residents, please be aware California State law mandates any contractor bidding for a job more than \$500 in parts and labor must be licensed. The Contractors State License Board (1-800-321-2752) may be contacted regarding any questions or concerns about a contractor. The Villager reserves the right to refuse ads containing offensive or questionable content.

The Villager Classified Ad Form

		Fill out your ad here. Be sure to include contact information. Phone numbers, email addresses, websites, and symbols (&, +, @, etc.) are counted as one word. Hyphenated words are counted as two words. Please print clearly. See other side for pricing information and specific details for your ad. For more information, please contact Adrienne at Areed@the-villages.com or 408-223-4657.	
Phone:			
Select Category: REAL ESTATE NOTICES PERSONALS CARS & CARTS HELP WANTED	 □ OTHER CATEGORY (Please specify) □ VILLAGES BUSINESS DIRECTORY (Must fit in two lines) 		
☐ WANTED ☐ ITEMS FOR SALE ☐ FREE STUFF ☐ OBITUARIES ☐ LOST & FOUND ☐ SERVICES	Additional Options: Single Line Box (\$15 in addition to ad) Premium Box (\$20 in addition to ad)		
☐ Appliances ☐ Automotive Repair ☐ Senior Care Facilities ☐ Senior In-Home Care ☐ Computers ☐ Electrical ☐ Landscape ☐ Errands/Odd Jobs ☐ Health & Beauty ☐ Heating & A/C ☐ Flooring ☐ Remodeling	☐ Housecleaning ☐ Legal/Professional ☐ Plumbing ☐ Moving/Storage ☐ Painting ☐ Pet Care ☐ Repair/Handyperson ☐ Window Cleaning ☐ Tax/Finance/Insurance ☐ Transportation	Amount per week: \$ # of weeks: Issue Date(s):	
☐ Remodeling	~	Total Amount: \$ Bill:	

Uncertain times? Get the facts from an experienced Realtor

As your Villager neighbor with over 28 years of real estate experience, I have many very happy buyers and sellers from The Villages!



Full service offerings to ensure a successful outcome:





- Market Analysis
- Home Inspections
- Donation & hauling of unwanted items
- Certified interior designer staging
- Estate liquidation sales
- Engaging packing and moving companies
- Social media & Data base marketing
- Professional deep cleaning
- Real estate and asset buyout analysis and mortgage services
- Professional photography
- Repairs, Updates, Improvements

What's your home Really Worth?



Register on our website to receive market information and enter the "Monthly Villages Drawing" to win a FREE round of Golf, Bistro Gift Card and other prizes!

thevirgilioteam.com/villages



Quincy Virgilio • CalRe 01191797 • Broker / Associate
Email: Quincy@thevirgilioteam.com • Cell: (408) 832-2912
SRES: Senior Real Estate Specialist • CPRES: Certified Probate Real Estate Specialist