a The Villager

Distributed Friday online at: thevillagesgcc.com

July 7, 2022

Vol. XLVI No. 27

The News this Week

- Master Calendar time! (See article on page 1)
- Ready! Set! Go! wildfire action plan (See articles on pages 16 & 23)
- · Annual Street Maintenance Project (See item on page 22)
- · Fourth of July Fun (See article on pages 3, 15, 21 & 28)

Trips, Classes & Events

See page 12

Channels 26 & 27

Community TV channel:

CHANNEL 26: Currently playing

- Covote Town Hall
- Fitness Center
- Fire Safety
- Welcome to our Website
- Avoiding Senior Scams
- Fitness videos

(See page 6 for broadcast times on the above items and for other programming.)



Inside The Villager

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Sonata/Del Lago residents celebrate the Fourth



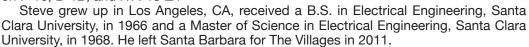
Villages Sonata and Del Lago celebrated Independence Day with an 18-golf cart parade—a sequel to the caravan they held last year. (See pages 4, 21 and 28 for related article and more pictures.) Photo by Kathleen Benz

VMFC: Steve Mori to speak on 40-year tech career

During the Villages Men's Fun Club luncheon meeting in the Clubhouse on Tuesday, July 19, fellow VMFC member and Villages resident Steve Mori will speak about his 40 Years in engineering in

the California tech industry.

He will present highlights of his career with two companies, Link Flight Simulation (Sunnyvale) – 15 years and Raytheon Electronic Warfare (Goleta) – 25 years. This includes technological advances in integrated circuits, transition from analog to digital as applied to flight simulators and electronic warfare. Flight simulators for commercial airliners, space shuttle, and weapons systems trainers for military aircraft. Stealth Fighter Deployment for Electronic Countermeasures Pod, (AN/ALQ-184). Over 800 delivered, first used in Desert Storm. The technology transition analog to digital, (AN/ALQ-119 to AN/ALQ-184). Development and deployment of Towed Decoys (ALE-50) used in Kosovo and installed on F-16, B-1B, and F/A-18 E/F



VMFC members should use our online reservation system at http://reserve.vmfc.org and then show proof of Covid vaccinations at Clubhouse entry. (Members checked for proof in March need not show proof again.)
Non-VMFC members wishing to attend Steve Mori's presentation should arrive at 12:30 p.m. and show proof

of Covid vaccinations at Clubhouse entry.

Hospice Myth Busters and Stories of Life

By Barbara F. Zahner

"You matter because you are you, and you matter until the end of your life." - Dame Cicely Saunders, Founder of the Modern Hospice Movement.

On July 20 from 10:30 a.m.-11:30 a.m. in the Cribrari Conference Room, the Villages Medical Auxiliary (VMA) will offer a one-hour workshop with Camille Costanzo CNA, Community Liaison for With Grace Hospice. Camille

(Continued on page 13)

Master Calendar time

The annual Master Calendar process will begin soon. The Master Calendar process is the way that Board Recognized Organizations and Board Appointed Committees reserve their meeting and event spaces for the following calendar year. Forms will be available the week of August 1.

Board Recognized Organizations and Board Appointed Committees can submit their date requests for use of Club Facilities for 2023 in August.

Please contact the Community Activities office with your organization's or committee's primary contact person and contact information. We need current contact information to send the appropriate person the electronic Master Calendar packet.

Please call us with any concerns at 408-223-4643 or email Mary Tatum at mtatum@the-villages.com

COMMUNITY NEWS

PULSE

Dear Readers:

The Villager welcomes everyone's voice sharing ideas, opinions and accounts of life in The Villages in the Pulse column. Please follow the guidelines carefully.

Pulse deadline is 4 p.m. on Thursday of the week prior to publication. Pulse letters will be published in complete or abridged form at the discretion of the Publisher and in accordance with the editorial policies and rules established by the Club Board of Directors. (See VGCC Rule 1.30.) Opinions expressed by Pulse letter authors do not necessarily reflect the opinions of The Villager Publisher, staff, boards of directors or management.

All Pulse letters must be 200 words or fewer on a single topic relating to life in the Villages. Each letter must also include name, address, phone number, date and number of words. Typed or legibly written letters must include your signature and may be hand delivered to the Pulse mailbox in Administration Building B or by mailing to the Communications Advisory Committee, 5000 Cribari Lane, San Jose, CA 95135.

Letters may be submitted electronically through the Pulse Submission Form on the Resident Portal: resident. thevillagesgcc.com/pulse, or emailed to Villager Managing Editor S. Hinrichs: shinrichs@the-villages.com. E-mailed letters must include the text within the body of the e-mail and the subject line must read PULSE I FITER.

- 2 Pulse letters received this week.
- 0 Pulse letters not meeting Pulse Letter Guidelines.
- 2 Pulse letters published this week.

Note: Pulse authors are solely responsible for the statements and opinions contained in the Pulse letters. The Villager does not verify the accuracy of any statements.

Note: Pulse letters are being accepted through the pandemic in digital form only. You may take a picture of your hand-written letter and e-mail it as a JPEG attachment to: shinrichs@ the-villages.com.

All Pulse letters that are published are retained by the Communications Advisory Committee (CAC) for a period of 12 months. Rejected Pulse letters are not shared with anyone outside the CAC, management or Club Board and staff liaisons for the reason of confidentiality.

The Redwood Room and Terrace Room are multifunctional rooms used for the handicapped and when rented out because of no stairs.

The handicapped use the bathrooms and water that is available when they play cards, or have meetings and parties. The church and renters use the kitchen and other facilities when there are gatherings for the same reasons. The bridge people use the Terrace Room for storing their heavy equipment

We were not consulted about any changes.

-Joanne Cooke

What a grand surprise to find that the summer wreath my wife made had a nest with four, lightly specked eggs. We watched expectantly for our new neighbors to enter the world. Days passing, the beautiful babies appeared, fluffy, beaks opened wide in anticipation of mama bringing nourishment. A few weeks passed and these delicate creatures were ready to start their new life. Nearly fledged, they were most likely to fall to the ground, gather themselves and, in a day or two fly away. As I watched in excitement I painfully realized that my neighbors were (again) allowing their cats out to roam our street and very possibly kill these defenseless, vulnerable beauties struggling to survive our heavy human impact. We have our rules, but for some, consideration for our defenseless wild creatures is of little importance. How very sad for our wonderful natural world here and for our humanity as well.

-Adrian Simpkins

THANK YOU

While it is most unpleasant to fall and get hurt resulting in a hospital stay, returning home to The Villages has made my rehab most pleasant and filled with love. My heart is overflowing with gratitude for the care that has been expressed in the form of notes, prayers, visits, errands run, meals and even the most delightful serenade by the Sing Along group. A warm and loving thank-you to all of you who have been so kind to me while I am regaining my strength.

-Janet Mize

Missed your Villager?

If you missed delivery of your weekly copy of *The Villager*, please call 408-223-4655 after 11:30 a.m. to report it.

You may pick up a replacement copy of your paper at the newsstand at the entrance of Building B or go online to the Villages website—www.thevillagesgcc.com—and download the current and past editions to your computer.

More BOARDS & COMMITTEES, MANAGEMENT and COMMUNITY NOTICES on pages 4, 5, 7, 16, 23 & 27

IN MEMORIAM

Pat Silva January 2, 1945—July 2, 2022

In Memoriam notices are run free of charge.

Notices include name of deceased, date of birth and date of passing. Brief notices of memorial gatherings may be included with the notice, providing event is held in a Villages' facility.

Obituary notices may be placed in the Classified Advertising section for a fee. For more information, please call Kory Tran at ktran@the-villages.com or 408-754-1341 or Scott Hinrichs at shinrichs@the-villages.com or 408-223-4655.

DEADLINES

General Copy: All general copy, other than sports, is due by 4:30 p.m. Thursday, seven days prior to publication. For editorial information call 408-754-1341 or 408-223-4655 or email ktran@the-villages.com.

Sports: Sports copy is acceptable after deadline only by permission of the Managing Editor, 408-223-4655.

Classified Ads: Classified ads, renewals, cancellations and changes are due by 10 a.m. on the Monday before publication. Holiday deadlines differ. All classified ads must be in writing. You may fax classified ads to 408-274-2843 or e-mail to: areed@the-villages.com or ktran@the-villages.com. For more information, please call 408-223-4657, 408-754-1341 or 408-223-4655. Display Ads: Display ad rates and placement may be arranged by calling Adrienne at 408-223-4657. Display advertising information is available on The Villages web site at: www.thevillagesgcc.com.

Delivery: The Villager is published on Thursday and distributed to all residents Friday morning. Extra copies of the latest editions are usually available in The Villager office and in the Library.

Call 408-223-4655 to report missed deliveries.

POLICIES

Publication of advertising in *The Villager* does not constitute endorsement. Licensed real estate professionals advertising in *The Villager* are required to name themselves as agent or broker, or list the name of the brokerage for whom they work as part of their ad. This is in compliance with Real Estate Law Section 10140.6.

All copy is subject to editing and must be submitted with that understanding. The Villager reserves the right to reject or discontinue advertising or articles that are deemed unsuitable.

The Villages Communications Advisory Committee "To inform and connect Villagers" develops operational plans, reviews rules and policies, and advises the General Manager and Club Board on issues pertaining to The Villager, including Pulse letters, Channel 26, Fast Lane and the web site. Residents having relevant concerns may attend meetings or call committee members by phone: Chair Nick Yannaccone at 408-219-9296, Sue Callahan 408-238-2413, Jeanette Campa 408-661-0203, Debbie Champion at 408-960-6994, Barbara Clurman at 347-451-5309, Jac Fitzenz at 408-223-7749, Thomas Moore at 408-887-5322, and Patricia Reardon at 408-914-2432.

HOURS

The Villager editorial and classified advertising hours are Monday through Friday, 8:30 a.m. to to 4:30 p.m. The Villager display advertising office hours are by appointment. Call 408-223-4657 to schedule.

The Villager is the official and legal communication medium for The Villages, a Senior Community. Its mission is to provide residents with timely information about activities, facilities and services at The Villages, and to promote a sense of community by documenting and celebrating those common experiences highlighting life at The Villages.

THE WEEKLY VILLAGER is published every Thursday under policies established by the

Club Board of Directors:

Leslie Lambert President
Judy Owen Vice President
Bob Krattli Secretary
Richard Zahner Treasurer
Garry Ashby Director
Liz Kung Director
Bob Wilk Director

Villager Personnel:

Mary Majerle-Tatum Director of Community Activities

Scott Hinrichs Managing Editor
Kory Tran Associate Editor
Jerry Marquez Design Editor

Adrienne Reed Advertising Customer Service

THE WEEKLY VILLAGER is published by The Villages Golf and Country Club, 5000 Cribari Lane, San Jose, California 95135. Copyright 2022. All rights reserved.

Visit The Villages web site at: thevillagesgcc.com

Boards & Committees

Stay in touch with essential developments on Fast Lane!

Because of the rapid and frequent developments in our world that directly affect our community during this crisis, keeping informed is essential. And now more than ever, it is important to be up on the latest developments in your community. Get those vital updates by signing up for Fast Lane, The Villages email newsletter. It is both quick and easy and you can do it online or over the phone. To sign up or get more information, contact Communications Coordinator Ken Patterson at 408-223-4681; kpatterson@the-villages.com, or on the Villages Resident Portal: resident.thevillagesgcc.com

There are currently six editions of The Fast Lane: Wednesday (general announcements and board-recognized events),



Friday (Board and Committee meeting information), Saturday (Maintenance Services), The Clubhouse & Bistro every Monday, The Pro Shop Tuesday, and Community Activities every Thursday.

Reminder: Articles are due by 4:30 p.m. Thursday, one week before publication



Robert W. Diaz
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Villages Resident
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Association/Homeowners documents available via e-mail

Per an amendment to California Civil Code, homeowner associations are permitted, with owner's written consent, to distribute annual disclosures, (like the pro forma budget summary) and other specified association documents to owners via electronic mail, facsimile, or other electronic means (such as posting on the association's website) instead of sending those documents out by regular mail or personal delivery. This has the potential to provide cost savings to The Villages. Delivery and postage costs for the Villages' annual distribution of the pro forma budget summary alone are close to \$1,000, not to mention the paper and printing costs.

In order to transmit association documents via e-mail or by posting on the homeowners association's website, 1) the homeowners association must first receive the owner's written consent, and 2) the homeowners association sends a separate notice to the owner that the documents have been posted and are available for viewing.

Consent forms for owners to request delivery of documents have been developed for both The Villages Association and Homeowners Corporations. These forms provide an owner's consent to electronic delivery of documents that are capable, under current laws, of being distributed electronically. Owners have the right to revoke this request and receive "hard copies" of the documents by sending a written revocation signed by the owner, to the applicable corporation.

Forms of owner's written consent are available in Business Administration Buildings A and B, and on The Villages web site, http://www.thevillagesgcc.com (Click on *Resident Info* and then Click on *Resource Files*.)

EPC SEZ...

Keep a portable radio, flashlight and spare batteries with your emergency supplies. Electrical power, including phone service may not be available.

- The Villages Emergency Preparedness Committee



The What I Love About The Villages column is a place where you can share your positive comments about The Villages community. (To be in compliance with VGCC Rule 1.30, please do not name businesses or other commercial, religious or political entities.)

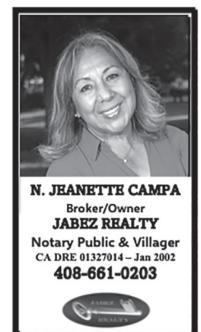
If you have an uplifting comment to share about some aspect of life at The Villages, please email your contribution to Villager Associate Editor Kory Tran: ktran@the-villages.com, Villager Managing Editor Scott Hinrichs: shinrichs@the-villages.com or submit it in the Villager Article Submission area on the Resident Portal: resident.thevillagesgcc.com/villager/artsub/

WHAT I LOVE ABOUT THE VILLAGES

EPC—we are making it easy...

Being prepared for an emergency is an urgent reality, but knowing what to do for the **first critical 72 hours** and how to best prepare can be daunting. That is why we are going to make it easy for you. The Emergency Preparedness Committee (EPC) is bringing in significant community resources to help at a safety/emergency preparedness fair on **August 27** from 1 p.m. to 4 p.m. **Save the date!** Help us help *you*!





MANAGEMENT

BOUQUETS

To celebrate the Fourth of July, residents of Sonata and Del Lago villages participated in their second annual patriotic golf cart parade! And this year's event was even bigger—18 carts long!

Once again, Bill Rodman treated us to a beautiful acapella version of the National Anthem and provided big band music for the parade goers to enjoy. The parade drove through Sonata, then del Lago, up Villages Parkway, down Fairway Drive ending at the Clubhouse to take advantage of the July 4th music and food event.

Thanks to the participants of the parade: Roger and Kathleen Benz, Bill and Marilyn Rodman, Roger and Cindy Hector, Jay Campbell and Jo Thornton, Barbara Travis and Irene Estelle, Jean Marsden and Rina McCord, Danny and Ellen Hwang, Bobby Moyer and Robin Machon, Lloyd Parrish and Katy Peretti, Krissy and Jim Whatley, Lynn and Jayme Dickson, Joyce Ross and Audrey Osuna, Flo Southland, Valerie and Dave Dimmick, Kyu and Chi Lee, Anahid and Mark Gregg, Dave and Eve Lanker, and Liz and Larry Dietz. A big thanks to all the residents of Sonata and del Lago who came out to cheer on the parade! And thanks to all passerbys for their waves and smiles. Without an audience the parade would not be a success, so thank you all!

-Kathleen Benz, Sonata DAC Chair and parade organizer

On behalf of the Villages Amateur and Matinee Theatre, I would like to thank the cast, crew and audience of "Tea for Three" on June 25. It was an amazingly interested, electric audience of two hundred people who cheered on the three actresses and our pianist. Thank you to all who attended and supported the theatre's efforts!

Hope to see you in August!

— Susan Pastorini, Executive Producer, Matinee Theatre

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Coyote reminder and tips

Coyotes may try to escort walkers out of an area to protect their pups or food sources when encountered on a trail or street. Humans may perceive this behavior as stalking, which is usually not the case. They may also view your pet as prey. To allow coyotes to be wild while keeping yourself and pets safe, please follow these pointers:

- Never feed coyotes—it is illegal to feed coyotes in most places. Feeding endangers your family and neighbors because it lures coyotes into neighborhoods.
- Keep unattended cats and dogs indoors or in completely enclosed runs, especially at night, and do not assume that a fence will keep a coyote out of your backyard.
- Accompany your leashed pet outside. Make sure you turn on lights if it is dark to check your backyard for unexpected wildlife.
- Keep dogs on short leashes while walking outside; the Division of Wildlife recommends a leash no longer than 6 feet.
- Keep noisemakers on hand to scare away coyotes that may enter your yard. Some examples of noise makers are whistles, horns or metal cans with small rocks or coins that rattle.
 - Never run away or turn your back on a coyote.
 - Do not allow a coyote to get between you and your pet or child—keep children close to you.
- · Yell, clap hands, blow a whistle or rattle a can and try to make yourself look larger if you have a close encounter with a coyote.

 An empty soda can with pennies sealed with duct tape makes a very good noise maker when shaken. Reminder to all small pet owners: A recent rise in coyote aggression has been seen with small dogs, most unleashed. Please always leash your pets. Keep leases short. Coyotes will try to get between you and your pet if the leash is extended far enough. Coyotes are known to attack leashed dogs when the owner gets distracted. Please stay cautious and aware of your surroundings when cleaning up after your pet, talking to a neighbor, checking the mail, etc. Coyotes are opportunists and may make their attacks when you are not paying attention.

Carry a noise maker and always be alert. Use caution when walking past wooded areas, hiding spots between homes, and the golf course. They are widespread in The Villages and can truly be anywhere.

There is no way to completely eliminate coyotes from The Villages so always use caution when walking, especially with pets. Also, coyotes tend to be most active around sunrise and sunset. Pick different times for walks.

Please report all coyote sightings to Public Safety and Vector Control at the email addresses listed below.

Report Coyote Activity

Please report all coyote sightings to Public Safety and Vector Control at the email addresses listed below.

- Director of Public Safety Steve Norden at snorden@the-villages.com and include in email the location day and time of the sighting.
- Contact for Vector Control is Vector.sccgov.org/home. Residents can use this to report coyote / wildlife incidents directly to the county.

Estate Planning Attorneys

Establishing or updating your Estate Plan has never been more important than it is right now. At Del Ponte and Hirz, we offer comprehensive Estate Planning, Probate, and Trust Administration services.

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Del Ponte & Hirz Attorneys at Law

We have many family members, friends, and clients who call The Villages their home. We can accommodate COVID-19 concerns with telephonic or video consultations and social distanced or no-contact document execution.

(408) 294-4525

www.DelPonteandHirz.com info@delponteandhirz.com 75 E. Santa Clara Street, Suite 275, San Jose, CA 95113

New Comcast appointments available

Comcast representative Eddie Castaneda, The Villages interim Account Manager, is offering to host Virtual Customer Events to discuss your questions regarding your bills and Xfinity products from the comfort of your home. Select the Monday or Tuesday of your choice: July 11, 12, 18, 19, 25 and 26. and then choose the time for your one-on-one appointment between 11 a.m. and 3 p.m. from the scheduling page https://calendly.com/ruhullahpayendazadah/xfinity-virtual-q-a.

Then at the time of your appointment, Eddie will call to discuss your questions. Appointments fill quickly.

Pedestrian Safety Reminder:

Rain or shine pedestrians in The Villages should be aware of the traffic in their surroundings. Please walk on the correct side of the road when getting some fresh air, and walk toward oncoming traffic. The arrows are painted on the main roads. You should also remain in single file when in groups to keep within the white lines as well as social distancing. When walking pets, be sure they, too, remain within the white lines, on a short leash out of traffic.

GOVERNANCE MEETINGS

THE DACs

Sonata DAC seeks members

The Sonata District Advisory Committee (DAC) is looking for resident owners in Sonata who are interested in becoming part of the DAC team. We currently have five open positions on the Sonata DAC. If you are interested in learning how the district operates, are curious how decisions are made and who makes them, and want a chance to provide information that could affect those decisions, then consider joining us on the Sonata DAC. This is your opportunity to give back to your district. You may apply online by typing "DAC application" in The Villages Resident Portal search field.

For questions, contact Kathleen Benz at 217-352-1698.

— Kathleen Benz, Sonata DAC Chair

Cribari DAC meeting postponed

The Cribari DAC meeting originally scheduled for July 11 has been postponed and will be rescheduled soon.

Verano DAC to meet August 1

The Verano District Advisory Committee (DAC) will meet Monday, August 1, at 4 p.m. in the Vineyard Center.

Montgomery DAC to meet August 1

Please join us for our first Montgomery DAC meeting on Monday, August 1, at 10 a.m. in the Montgomery Center.

BOARD MEETINGS

 Association and Club Combined Executive Session Re: Contract is Tuesday, July 12, at 9 a.m. via Zoom.

Association

- The Villages Association Board of Directors Orientation/Objectives Setting Meeting is Tuesday, July 19, at 9 a.m. via Zoom Meeting
- Meeting ID: 917 8108 3392; Passcode: 223468; Dial: 1-669-900-6833 The Villages Association Board of Directors Executive Session Re: Contract
- Review to immediately follow the Orientation/Objectives Setting Meeting via Zoom.

 The Villages Association Board of Directors Monthly Board Meeting is Tuesday,
- July 26, at 9:30 a.m. via Zoom Meeting

Meeting ID: 917 8108 3392; Passcode: 223468; Dial: 1-669-900-6833

- Club
 The Villages Golf & Country Club Board of Directors Special Meeting Re: VGC Recommendations for Golf Course Maintenance is Tuesday, July 12, at 1:30 p.m. via Zoom Meeting
 - Meeting ID: 961 5036 4740; Passcode: 260616; Dial: 669-900-6833
- The Villages Golf & Country Club Board of Directors Monthly Board Meeting is Tuesday, July 26, at 1:30 p.m. This is a hybrid meeting—both in person at Foothill Center and on Zoom

Meeting ID: 961 5036 4740; Passcode: 260616; Dial: 669-900-6833

AC NOTICE

Association applications for Owner Alteration Requests for the month of August are due to the Architectural Committee on or before July 18, 2022. Call Elissa at the Corporation Yard office to obtain an application. **Meeting date is scheduled for Thursday, August 4, at 9 a.m. at Foothill Center.**

Association AC Landscape meeting deadline date is July 18, 2022.



DAR OF EVENTS

Friday, July 8

8:30 a.m.	Catholic Mass	CR
8:30 a.m.	Jazzercise	Α
9 a.m.	Ceramics Open Studio	CER
9 a.m.	Chinese Morning Exercise	Ρ
9 a.m.	Game Day RED,	SEQ
9:30 a.m.	Open Studio	AR
9:30 a.m.	Chapel Music Comm.	F
10 a.m.	Line Dance Class	MMP
10 a.m.	Quilters	PR
1 p.m.	Bridge Club at Villages	RED
1 p.m.	Table Tennis	MMP
2:30 p.m.	Handbells	CR
3 p.m.	Bocce Bash	GP
6 p.m.	Chinese Club Line Dance	FC
6:30 p.m.	Mexican Train Dominoes	MC
7 p.m.	Brandeis World Today	CR

Saturday, July 9

9 a.m.	Table Tennis	MMP
10 a.m.	Piano Singer Ticket Sale	L
10 a.m.	Ukulele Singing	SEQ
2 p.m.	Ceramics Open Studio	CER
5:30 p.m.	Hiking Club BBQ	GP

Sunday. July 10

	,	
7:15 a.m.	Catholic Choir	CR
8:15 a.m.	Catholic Mass	Α
9 a.m.	Ceramics	CER
9 a.m.	Episcopal Services	MC
9 a.m.	Chapel Choir	SEQ
9 a.m.	Table Tennis	MMP
10 a.m.	Comm. Chapel Services	Α
11 a.m.	Chapel Fellowship	CR
11:30 a.m.	Chapel Picnic	GP
7 p.m.	Chinese Club Karaoke	RED

Monday July 11

Auditorium

monuay, July 11				
8:30 a.m.	Jazzercise	Α		
9 a.m.	Chinese Morning Exercise	Р		
9 a.m.	Game Day RED,			
9 a.m.	Women's Long 9 Board	VC		
9:30 a.m.	EPC Direct/Sector Chiefs	FC		
10 a.m.	Jewish Group Board	MC		
10 a.m.	Line Dance	MMP		
10 a.m.	Watercolor Classes	AR		

EVENT LOCATIONS

(Cribari)

AR	Art Room	(Cribari)
BC	Bocce Courts	
CER	Ceramics	(Cribari)
CH	Clubhouse	
CR	Conference Rm.	(Cribari)
F	Forum	(Cribari)
FC	Foothill Center	
FHP	Foothill Pool	
GP	Gazebo	
L	Lobby	(Cribari)
SEQ	Sequoia	(Cribari)
MC Montgomery Center		
MMP	Montgomery MP Ro	om
RED	Redwood	(Cribari)
Р	Patio	(Cribari)
PC	Pickleball Courts	
PR	Patio Room	(Cribari)
TR	Terrace Room	(Cribari)
TS	Tennis Stand	
VC	Vineyard Center	
VR	Voyage Room	(Montgomery)

10:30 a.m.	Fitness Center Comm.	V
12 p.m.	Ceramics Open Studio	CER
l p.m.	Stitchery	PR
1:30 p.m.	Table Tennis	MMP
5:30 p.m.	Village Dancers	Α
6 p.m.	Del Lago Ice Cream Social	GP
6:30 p.m.	Duplicate Bridge	RED
⁷ p.m.	Cribari DAC	CR

Tuesda

8:30 a.m.

9:30 a.m.

10 a.m.

10 a.m.

10 a.m.

10 a.m.

12 p.m.

1:30 p.m.

2:30 p.m.

7:30 p.m.

1 p.m.

2 p.m.

2 p.m.

11:30 a.m.

9 a.m.

ay, July 12 Men's Golf Ever. Meeting Game Day RED,	
Poetry In Art & Pastel	AR
Ukulele Advanced	CR
Men's Social Club BBQ	GP
Club Rules Committee	PR
Line Dance Class	MMF
Live Longer Stronger	Α
Ceramics Open Studio	CER
Bocce Board Meeting	PR
Table Tennis Play	MMF
Crafters Club	VC
Open Studio	Α
Chapel Choir	CR
Chinese Club Leadership	V

			9 a.iii.
Wodno	sday, June 13		9:30 a
			10 a.m
8:30 a.m.	Jazzercise	A	10 a.m
9 a.m.	Ceramics Open Studio		1 p.m.
9 a.m.	Game Day RED,	SEQ	1 p.m.
10 a.m.	Critique & Open Studio	AR	2:30 p
10 a.m.	Israeli Folk Dance	MMP	3 p.m.
10 a.m.	Ladies Bible Study I	PR	4 p.m.
10 a.m.	VMA General Meeting	CR	6 p.m.
1 p.m.	Table Tennis	MMP	6:30 p
3 p.m.	New Resident Orientation	CH	7:15 p
3:30 p.m.	EVF Board Meeting I	PR	7ор

6:30 p.m. R 6:30 p.m. 7 p.m.

Duplicate Bridge Mexican Train Dominoes MC Global Villages Comm. CR

Thursday, July 14

HILLIUM	uy, sury r -	
9 a.m.	Ceramics Open Studio	CER
9 a.m.	Game Day RED	, SEQ
9:30 a.m.	Drawing/Assem. Class	AR
10 a.m.	Communications Comm.	F
10 a.m.	Line Dance Class	MMP
10 a.m.	Live Longer Stronger	Α
12:30 p.m.	18 Hole Women Lunch	n CH
1 p.m.	Men's Ever. Invitationa	l GP
1 p.m.	Table Tennis	MMP
1:30 p.m.	Ukulele Club	VC
2:30 p.m.	SRS Meeting	F
4 p.m.	Pickleball Meeting	PR
7 p.m.	Folksters	VC
•		

P Friday luly 15

'	rriuay, J	uly IJ	
	8:30 a.m.	Catholic Mass	CR
	8:30 a.m.	Jazzercise	Α
	9 a.m.	Ceramics Open Studio	CEF
	9 a.m.	Chinese Morning Exercise	Р
	9 a.m.	Game Day RED,	SEC
	9:30 a.m.	Open Studio	AR
	10 a.m.	Line Dance	MMF
	10 a.m.	Quilters	PR
	1 p.m.	Bridge Club at Villages	RED
	1 p.m.	Table Tennis	MMF
	2:30 p.m.	Handbells	CR
'	3 p.m.	Dink & Drink	PΒ
	4 p.m.		TRS
	6 p.m.	Chinese Club Line Dance	VC
'	6:30 p.m.	Mexican Train Dominoes	MC
	7:15 p.m.	Jewish Group Services	FC

Villages Medical Auxiliary-Since 1976

Office: 408-238-4230 Hours: Monday to Thursday, 9:30 a.m. to 2:30 p.m. **Service Coordinator:** 408-238-4029 www.vmavillages.org



Programs July 2022

Hearing Aid Clean & Check - brought to you by Hearing Life on Tuesday July 19 from 10 a.m. -noon in Cribari Conference Room. To schedule a time please call 408-238-4230.

Top 10 Hospice Myths - presented by Camille Costanzo from With Grace Hospice. Camille will help break the myths surrounding hospice care and help explain the benefits of it. Wednesday, July 20 at 10:30 a.m. in the Cribari Conference Room. Please call 408-238-4029 to register.

Medications - Organizational Tips & Workshop - presented by Amy Wang, RN founder/owner of Ready 2 Nurse. Amy will give suggestions on managing your prescriptions and supplements for compliance and safety on Wednesday, July 27 at 10:30 a.m. in Cribari Conference Room. Please call 408-238-4029 to register.

Support Groups—July 2022

vmavillages.org

Caregiver Support Group: Thursday, July 21 at 10:30 a.m.-12 p.m. in the Patio Room and via Zoom. Please contact Judy London Ph.D. for all meeting specifics at judithlondon@sbcglobal.net or call 408-784-3325.

Parkinson's Caregiver Support Group: Meet with other caregivers of those with Parkinson's. Thursday, July 21 from 10 a.m. to 11 a.m. in Montgomery Center. If you have any questions or need information regarding our upcoming programs or the services we provide, please contact the VMA Service Coordinator, Bonnie

Grim at bgrim@sequoialiving.org or 408-238-4029. Please visit our website at

(Continued on next page)

CHANNEL

all times are a.m. and p.m.

Fitness Center

Daily 12:00 & 6:00

Fitness

1:00 & 7:00 Mon - Sat 15 Minute Exercise

1:15 & 7:15 Mon Wed Fri Sun **Chair Fitness** Tue Thu Sat

Cardio Fitness

Coyote Town Hall

Daily 2:00 & 8:00

Welcome to Our Website

Daily 3:30 & 9:30

Living with Wildfires

Daily 4:30 & 10:30

Events & Notices

Daily

12:54 & 6:54 (6 min) 4:15 & 10:15 (15 min) 5:21 & 11:21 (9 min)

M W F Su 1:57 & 7:57 (3 min) Tu Th Sa 1:51 & 7:51 (9 min)



Public Password: villages

More information online at the Villages Resident Portal: resident.thevillagesgcc.com

Club Calendars

VILLAGES MEN'S FUN CLUB

July 19 – Men's Fun Club Luncheon in Clubhouse at 11 a.m. – 1:30 p.m. Speaker: Steve Mori

August 9 – Men's Fun Club Dinner & Murder Mystery Party in the Clubhouse from 5 p.m.

September 20 – Men's Fun Club Fall Picnic & Bocce Match in Gazebo Park, 11 a.m. to 1:30 p.m.



We want your opinion!

Have you seen the comment cards in the Bistro and Clubhouse? They are available in the main entrance or in your bill folder. The Food and Beverage staff use them to recognize excellence in their employees, to make adjustments to the menu, and to help patrons when things aren't perfect.

Thanks for taking the time to let us know what you think! Please deposit comments directly to the locked comment card box at the Clubhouse foyer.

Don't feed the 'critters'

The Villages is known for its wide variety of wildlife. Many Villagers want to feed our four-legged or winged guests on a routine basis, which can be quite detrimental to our wild friends.

Most wild animals naturally fear humans and keep their distance. When animals have access to food and garbage left out by residents they keep coming back for more. When this happens, they often lose their natural fear of humans and can become aggressive. To prevent that, residents should not leave out any food, including canned food, in a manner that



may become accessible to our furry friends. Please comply with Villages Golf & County Club Rule 1.51.4, which states: "Feeding of waterfowl and other wild animals on a routine basis is prohibited for the protection of both residents and the animals."

Call 911 for medical emergencies

The Public Safety Department would like to remind you, in the event of a medical emergency, please remember to dial 911 first.

Public Safety monitors all emergency calls through San Jose Fire Dispatch. We will respond at the exact same time as the Fire Department and Paramedics.

Calling the front gate can only delay response time by emergency personnel. It is always quicker to call 911. It is the only phone call you will need to make.

What's Happening in ARTS & CRAFTS?

All Villagers are invited to participate in Arts and Crafts Activities. Visit villagesartsandcrafts.org *Registration: Barbara Gottesman barb.gottesman@gmail.com

**Registration: Diane Finley dianefinley1@gmail.com

***Program Chair: Marcy Boyles marcyboyles@hotmail.com

All classes/demos require mask and proof of vaccination.

Ceramics Room has open studio for approved members only. See hours on Lab door or at villagesceramics.com**

July 11 – August 1: Oil and Acrylic Painting with Jane Hink. Four Mondays from 10 a.m. – 12:30 p.m. in the Art Room. \$75. *

July 13 – Aug. 17: "Summer of Color" with Jeff Bramschreiber. Wednesdays from noon – 2 p.m. Online via Zoom. Colored pencil, watercolor, felt pen, pastel pencil, acrylic, palette knife, pastels and oil paste. \$60. *

July 16: Oil Painting Workshop with Thong Le. Saturday 10 a.m. – 1 p.m. \$45. Materials list will be sent to all who register. *

July 20 – Aug. 10: Ceramics with Diane Finley. Wednesdays 1 p.m. For information go to www. villagesceramics.com **

July 22: Painting Exhibit in Cribari Conference Room. Hanging at 11 a.m.

August 20: Home Studio Art Tour. 10 a.m. - 3 p.m. Home Studios of individual artists. **

August 29: Advisory Board Meeting. 3 p.m. Art Room

Stitchery Group on Mondays in Patio Room 1 – 3 p.m. Call Roberta 408-218-8372.

Open Studio: Fridays 10 a.m. – noon with Jane Hink. Mondays and Tuesdays 2 – 5 p.m. with Pat Andrade. Closed first Mondays each month for scheduled meetings.

HIKING CLUB SCHEDULE

Bring water, snacks, poles, and lunch, as necessary. Wear layer clothing appropriate to the current weather. In addition to scheduled hikes, the following hikes occur regularly: **Every Wednesday and Saturday** – Villages hill hike with Russ Glines at 8:45 a.m. from Foothill Center. **Every Monday** – at Clubhouse parking lot at 8:30 a.m. walk around golf course with Terri Vivoli and/or Cheryl Allmen.

Rambler Hike, July 13: Al Girolami (209-531-6553) will lead a hike in Ed Levin County Park. This will be the second of the 2022 Magnificent 7 #PixInParks challenge in qualification for a commemorative T-Shirt. On a prior hike at Coyote Creek – Harvey Bear Park, 14 Ramblers qualified for the first; but it's not too late for others to start the series. This hike is short (less than 2 miles) but rated moderate due to a couple of 100-ft. rises. The route will be on a loop just west of Sandy Wool Lake on the Calaveras Ridge and Tularcitos Trails. Besides water and poles, bring sunscreen as 2/3 of the trail is lacking shade, but it's worth the view overlooking San Francisco Bay. Depending on time, an additional easy walk around the adjacent lake can be done before the optional lunch at the Clubhouse of the nearby Spring Valley Golf Course where they serve reasonably priced hamburgers and cold beer. Round Trip to the Sandy Wool Entrance pay station is 30 miles. Without a yearly Senior Pass costing \$48 for all county parks, the daily fee is \$6. For carpooling and further information, we will meet at the Cribari Bell at 8:45 for a 9 a.m. departure.

Rambler Lite hike, July 13: Bonnie Preston (408-531-1513) will lead a hike to Del Lego to walk around the five lakes. We'll meet at the restaurant at 8:50 a.m. and leave at 9 a.m. Be sure to bring water.

Rambler Hike, July 20: Coastside Trail – Half Moon Bay. Rich and Wendy (408 499-1789) will lead an out and back hike on the Coastside Trail, a winding, flat, paved trail that goes in and out from the edge of the Pacific Coast. At mid-hike, Ramblers may enjoy a leisurely lunch at The Barn or at the Asian Kings Kitchen, neighboring, reasonably priced restaurants. Round trip hike distance is approximately 5 miles. Round trip driving distance to the Coastside Trail is about 100 miles. To avoid excessive traffic, we will meet at 9:15 a.m. at Cribari for a 9:30 departure.

Rambler Lite hike, July 20: Bonnie Preston (408-531-1513) will lead a hike to San Jose Community College. We'll walk along the new southern portion part which has excellent sports facilities and also excellent graphics. We'll meet at the parking lot next to the Villages entry gate at 8:50 a.m. and leave at 9 a.m.. Be sure to bring water.

Rambler Hike, July 27: Sandy & John Petrin will lead a 4-mile rambler hike from the parking lot on Silver Creek Valley Rd (on the right just before HWY 101). We will hike north to the picnic area by Cottonwood Lake and take a break. Bring water and a snack. The R/T hike is about 4 miles and is mostly shaded. There are restrooms at the parking lot and by the picnic tables near Cottonwood Lake where we take a break. We will meet at Cribari Center at 8:30 and depart at 8:45. R/T mileage is 9 miles. For those interested we will stop for coffee on the way back at New Seasons on Silver Creek Rd.

VMA Spotlight... (Continued from page 6) Coming in August

Grief Support Group: Chaplain Dale Poland, M.Div, BCC - from Hospice of the Valley- Sutter Health will conduct the next six-week series for this support group Mondays, August 22- October 3 in the Cribari Conference Room from 10:30 a.m. – noon. Please call 408-238-4029 with any questions.

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For Information: 408-223-4687

2800 Villages Fairway Drive, San Jose CA 95135

All Clubhouse & Bistro menus can be found at the villagesgcc.com

WHAT'S COOKING?

theclubhouse@the-villages.com For Curbside Grab-and-Go Service, call in your order at **408-370-8553**. Call again when you get to the Clubhouse curbside and we will bring it out to your vehicle.

To order **Curbside Grab-and Go** 408-370-8553

(Breakfast orders only Saturday & Sunday 7 to 11 a.m.)

The Clubhouse Curbside service charge has increased to 15% from 10%. The service charge for the Indoor and Patio Dining is still 18%.



CLUBHOUSE RESTAURANT & THE BISTRO & BAR AND GRAB & GO ORDERS AVAILABLE

Des.

Clubhouse is open for full service

The following details will be in effect at the Clubhouse:

Restaurant Main Dining Room: Reservations are strongly suggested by emailing, calling or making an online reservation. Email: theclubhouse@the-villages.com, Phone: 408-223-4687, Online: clubhousereservation.com

- · Patio and Bistro Dining will be on a first-come, first-served basis and is strictly for walk-in guests.
- The Bistro alcove can be reserved for parties of 8 to 10 people.
- The kitchen will still close at 8 p.m., last seating at the Bistro, Patio, curbside takeout and Restaurant main dining room is 7:30 p.m.
- · Bistro Bar closes at 9 p.m. Last call is at 8:30 p.m.
- Dress code for the main dining room will be enforced. During summer months, dress shorts and dress sandals will be
- · Restrictions on number of guests per table will be lifted.
- Masks are required for all employees indoors.
- · Seating capacity will be at 100 percent.
- Visitors do not have to be accompanied by Villagers to use Clubhouse.
- Credit cards and house charges will be accepted.
- · Cash will not be accepted for payment but can be left as a tip.
- · Villagers will not have to sign in for indoor seating.

Hours of Operation will be as follows:

Breakfast/Brunch: Saturdays 7 a.m. to 11a.m. Sundays 7a.m. to 2 p.m.

All-Day Menu: 7 Days 11a.m. to 8 p.m.

Dinner Menu: Tuesdays through Sundays 5 p.m. to 8 p.m.

How does Curbside Grab-and-Go work?

First, call in your order at 408-370-8553. Call us again when you get to the Clubhouse curbside and we will bring it out to your vehicle. A 15% Service Charge and Tax will be added to the price

Notice for our Curbside customers: Due to the increased volume of orders at dinner time, we are recommending that you call and place your order between the times of 3 p.m. and 4:30 p.m. We will take your order and coordinate a pick-up time later that evening. While this is not required, it should help alleviate any wait times during the peak dinner time hours of 5 p.m. to 7 p.m.



Soup of the Day

For the week of 7/11 to 7/17

Monday	July 11	Chicken Vegetable Rice
Tuesday	July 12	Cream of Carrot with Ginger
Wednesday	July 13	White Bean with Kale and Sausage
Thursday	July 14	Cream of Mushroom
Friday	July 15	Clam Chowder
Saturday	July 16	Chef's Choice
Sunday	July 17	Chef's Choice

Indoor and Patio dining or Curbside hours of Operation

Tuesday to Friday Monday Lunch: Lunch: 11 a.m.—2 p.m. 11 a.m.—2 p.m.

Bistro Menu: Bistro Menu:

2 p.m.—8 p.m. Last Seating 2 p.m.—8 p.m. Last Seating **Dinner Menu:**

5 p.m.—8 p.m. Last Seating

Saturday and Sunday

Saturday Breakfast: 7 a.m.—11 a.m.

Sunday Breakfast:

7 a.m.—2 p.m. Lunch:

11 a.m.—2 p.m. Ristro Menu:

2 p.m.—8 p.m. Last Seating

Dinner: 5 p.m.—8 p.m. Last Seating

Breakfast, Lunch and Dinner indoor dining now available as well as Patio Dining and Curbside Grab-and-Go pickup.

New Menu!

Bistro Menu 2 p.m. – 8 p.m.

Starters

GF Potato Skins \$14.00

Cheddar, Tomatoes, Bacon, Scallions and Sour Cream

Wings 6Pc \$13 12Pc \$22

Celery and Carrots, Ranch Dressing with BBQ, Teriyaki or Buffalo Sauce

Avocado Toast with Smoked Salmon \$14.95 Toasted Sourdough will Dill Sprig

GF Curried Chicken Lettuce Cups \$13.95

Minced Chicken, Water chestnuts, Mushrooms and Green Onions on Butter Lettuce

Fried Green Beans \$8.50

Roasted Meatballs \$9.95

BBQ Sauce, Teriyaki or Buffalo Sauce

Angus Beef Sliders \$12.95 2 Angus Beef with Tomato Relish

Southern Crab Cakes \$13.95 2 Panko Crusted with Cayenne Remoulade

Calamari \$13.95

Lightly Dusted Rings, and Tentacles with Parmesan

Soup of the Day
Cup \$5.50 Bowl \$7.50

Main

Entrée Caesar Salad \$10.95

Romaine, Cherry Tomatoes, Parmesan, Croutons Add Chicken \$4 Salmon \$6 Prawns \$6

Cobb Salad \$14.25

Mixed Greens, Tomato, Cucumber, Hard boil Egg, Olives, Avocado Bacon and Feta Cheese Add chicken \$4 Prawns \$6 Salmon \$6

Asian Salad \$14.25

Cabbage, Carrots, Edamame, Peanuts, Fried Won Ton Skins, Bean Sprouts with Sesame Ginger Dressing Add Chicken \$4 or Prawns \$6

V **Strawberry and Orange Spinach Salad** \$14.95 Red Onions, Candied Walnuts with Raspberry Walnut Dressing Topped with Feta Cheese Add Grilled Chicken \$4

GF Gluten Free V Vegetarían

V Quesadilla \$13.95

Pico de Gallo, Sour Cream, Guacamole, Add Chicken or Beef \$4

V. Asian Stir Fry Vegetables Over Rice \$12.95 Vegetables over Jasmine Rice with Ponzu Sauce Add Beef, Chicken or Bay Shrimp \$4

Fish and Chips \$14.95

Batter Dipped Cod, Tartar Sauce, Fries, Cole Slaw and Malted Vinegar

Street Tacos \$13.95

Cod, Beef or Chicken with Cilantros, Onions, Cabbage and Radish with Salsa on mini-Corn Tortillas

Potato Salad, Coleslaw, French Fries, Sweet Potato Fries, Garlic Fries, Onion Rings, Fresh Fruit, Small Salad, Cup of Soup

Sandwiches

Hot Dog with Side \$9.95

Toppings: Onions, Tomatoes & Red Onion Relish. Cheddar Add \$2

Burger with Side \$13.95 OrImpossible Burger with Side \$14.95 Angus Beef with LTO and Side Dish Or Plant Based Meat with Lettuce, Add Avocado, Bacon or Cheese add \$2.50

Roast Beef French Dip Au Jus with Side \$14.95 Hoagie Loaf with Provolone and Sauteed Onions

Shrimp Roll Sandwich with Side \$16.95

Bay Shrimp, Celery, Green Onions and Dill Aioli Gluten Free Bread Substitute \$2

Naan Flatbread Pizzas

V Cheese Pizza \$11.95 Pepperoni Pizza \$12.95

V Margarita Pizza \$12.25

Red Sauce, Mozzarella and Tomatoes

Combination Pizza \$14.95 Sausage, Pepperoni, Mushrooms, Onions, & Peppers

Gluten Free Crust Add \$ 2.00

New Menu!

Breakfast Menu

Saturdays 7 a.m. to 11 a.m., Sundays 7 a.m. to 2 p.m.

V French Toast \$8.25

Whipped Butter, Maple Syrup, Seasonal Fruits Berries

V Short Stack Pancakes \$8.25

Whipped Butter, Maple Syrup, Seasonal Fruits

V Belgium Waffles \$8.75

Whipped Butter, Maple Syrup, Seasonal Fruit

Bagel BLT and Egg \$9.75

Bacon, Lettuce and Tomato with Cream Cheese

Breakfast Burrito \$9.75

Scrambled Egg, Potatoes, Cheese, Salsa Choice of Bacon, or sausage

Montgomery Muffin \$9.25 Scrambled Eggs, Bacon or Sausage, Cheddar Cheese and Fruit

Lox and Bagels \$13.95

Smoke Salmon, Cream Cheese, Red Onions, Egg Whites and Capers

Avocado Sourdough Toast \$12.95

Fried Egg, Bacon, and Tomato

Egg \$2.25, Breakfast Meats \$4, Hash Browns \$3, Toast \$2

Coffee \$1.95



Starbucks Espresso \$2.50 Extra Shot \$1.50

Starbucks Americano \$2.50

Starbucks Latte/Cappuccino \$3.25

Juice, Milk, or Hot Chocolate \$2.95

V Vegetarian GF Gluten Free

2 Eggs any style with Sausage, Ham or Bacon. With Hash Brown or Fruit, Choice of Toast Substitute Breakfast meat with NY Steak Add \$9

Three Egg Omelet \$10.95

Choice of Peppers, Mushrooms, Spinach or Tomatoes Ham, Bacon, Sausage, or Cheese, Add. \$2 each, Bay Shrimp \$3.00, Spanish Sauce Add \$.25 Served with Hash Brown or Fruit and Choice of

Skillet Scrambler \$10.95

Choice of Peppers, Mushrooms, Spinach or Tomatoes Ham, Bacon, Sausage, or Cheese, Add. \$2 each, Bay Shrimp \$3, Spanish Sauce Add \$.25 Served with Hash Brown or Fruit and Choice of

Huevos Rancheros \$10.50

Fried Corn Tortillas Topped with Lettuce Tomatoes, Sour Cream, Blacked Beans, Fried Egg and Salsa, Topped with Cotija Cheese

Eggs Benedict \$11.95

2 Poached Eggs, Canadian Bacon over English Muffins with Hollandaise Sauce Served with Choice of Hash Browns or Fruit

Eggs Florentine Benedict \$11.75

Two Poached Eggs, & Spinach, Feta and Tomatoes over English Muffins with Hollandaise Sauce. Served with Choice of Hash Browns or Fruit

Corned Beef Hash and Eggs \$11.95

2 Eggs any style with House Made Seasoned Hash. Served with Hash Brown or Fruit and Choice of

GF Gluten Free Bread Available

Dinner Menu

New Menu!

Tuesday - Sunday 5 p.m. to 8 p.m. Last Order

Starters

Soup of the Day Cup \$5.50 Bowl \$7.50

V Baby Lettuce Mix Salad \$6.75 With cucumbers, Cherry Tomatoes

Small Caesar Salad \$6.75

Lightly Dusted Rings and Tentacles with Parmesan Parsley

V Fried Breaded Green Beans \$8.50

Southern Crab Cakes \$13.95

Avocado Toast with Smoked Salmon \$14.95 Toasted sourdough will Dill Sprig

GF Curried Chicken Lettuce Cups \$13.95 Minced Chestnuts, Mushrooms and Green Onions

Butter Lettuce Cups The Lighter Side

Served à la carte

Linguini and Clams \$16.95 White Wine, Butter, Olive Oil, Lemon Juice Parsley

V Villages Penne Pasta \$14.95 Cream Gorgonzola Garlic Sauce, with Sundried tomatoes, Seedless Grapes

V Eggplant Parmesan \$16.95

Add Chicken or Bay Shrimp \$4,

Eggplant breaded in Crispy Panko Crumbs, Layered in Marinara Sauce, Parmesan and Provolone

Chicken Carbonara Over Linguini \$24.95 With Prosciutto and Peas In a Garlic Cream Sauce

V Vegetarian GF Gluten Free

Fridays, Saturdays and Sundays Slow Roasted Prime Rib \$39.95

Aged to Perfection with Choice of Sides

Dinner Entrées

Accompanied by 2 Sides Mashed Potatoes, Wild Mix Rice Baked Potato with Sour Cream and Chives Or Daily Vegetables Sides

Soup or Salad \$3.95 with Entrees

Grilled New York Steak \$31.95 Center Cut with Peppercorn Sauce

Grilled Balsamic Chimichurri Flat Iron Steak

Calf Liver and Onions \$26.95 Sautéed Onions and Crispy Bacon Bits

Chicken Cordon Blue \$25.95 Breaded and Stuffed with Ham and Cheese Topped with Dijon Cream Sauce

GF Grilled Pork Tenderloin \$25.95

Filet of Sole Piccata \$26.75 Flour Dusted with Capers, White Wine, Lemon Butter Sauce

GF Honey Mustard Glazed Salmon \$27.95

Pan Seared Scallops \$29.95 Lemon Butter Sauce Wilton Scallions

Cajun Prawns & Andouille Sausage \$28.95

with Creole Sauce

Specials For the week of 7/10 to 7/17

Weekly

Stuffed Tomato with Tuna Salad: Tomato with Tuna Salad, Carrots, Cucumber, Egg and Red Onions over Greens with Choice of Dressing \$15.50

Coleslaw **\$29.50**

Lunch Specials: Monday 7/10 to Sunday 7/17 11 a.m. to 2 p.m.

Sole Dore: Filet of Sole with a Lemon Butter Sauce served with Rice Pilaf and Vegetables \$16.50

Tuesday 7/11 to Sunday 7/17

Half Slab Barbecued St. Louis Style Ribs: Served with French Fries and

Dinner Specials:

5 p.m. to 8 p.m. (Last Seating)

Fettuccine with Salmon, Mussels and Asparagus: Salmon, Asparagus and Mussels in a Garlic Cream

Sauce **\$27.50**

Dessert Menu

\$6.50

Vanilla Crème Brule with Berries

Creamy Custard Topped with Glazed Caramelized Sugar Chocolate Salted Caramel Soufflé Cake (Warm)

Chocolate cake with creamy salted caramel center

Tiramisu Espresso-soaked lady fingers and Mascarpone cream, dusted with cocoa Powder

New Orleans Bourbon Bread Pudding (Warm)

Caramel Toffee Sauce

Apple Torte

Fresh Apples combined with cinnamon butter & brown sugar in a shortbread crust

\$4.95

Flavors of the Day Sherbet, Ice Cream, Sorbet, Milk Shakes

New Menu!

Lunch Menu

11 a.m. to 2 p.m.

GF Potato Skins \$14.00

Cheddar, Tomatoes, Bacon, Scallions, and Sour Cream

Wings 6Pc \$13 12Pc \$22 With Carrots, Celery, Ranch Dressing With BBQ, Teriyaki or Buffalo Sauce

Breaded Chicken Tenders with Sauce \$9.95 Honey Mustard or Ranch

Fried Breaded Green Beans \$8.50

Avocado Toast with Smoked Salmon \$14.95 Toasted Sourdough with Dill Sprig

GF Curried Chicken Lettuce Cup \$13.95 Minced Chicken, Water chestnuts, Mushrooms and Green Onions on Butter Lettuce

Roasted Meatballs \$9.95 BBQ Sauce, Teriyaki or Buffalo Sauce

Angus Beef Sliders \$12.95 2 Angus Beef with Tomato Relish

Southern Crab Cakes \$13.95

2 Panko Crusted with Cayenne Remoulade

Calamari \$13.95

Lightly Dusted Rings and Tentacles with Parmesan

Soup of the Day Cup \$5.50 Bowl \$7.50

V Lunch 3 Egg Omelet with Fruit \$.10.95

Choice of Peppers, Mushrooms, Spinach or Tomatoes. Choice of Toast Ham, Bacon, or Cheese Add \$2.50, Bay Shrimp \$4

GF Entrée Caesar Salad \$10.95 Romaine, Cherry Tomatoes, Parmesan and Croutons

Add Chicken \$4 Salmon \$6 Prawns \$6 V Asian Salad \$14.25

Chopped Cabbage, Carrots, Edamame, Peanuts, Fried Won Ton Skins, Bean Sprouts with a Sesame Ginger Dressing. Add Chicken \$4 Add Prawns \$6

Cobb Salad \$14.25

Mixed Greens, Tomato, Cucumber, Hard boil Egg, Olives, Avocado Bacon and Feta Cheese Add chicken \$4, Prawns\$6 or Salmon \$6

Shrimp Louie \$16.25

Mixed Greens, with Avocados, Tomatoes, Cucumbers. and Hard Boiled Egg with 1,000 Island Dressing

V Strawberry and Orange Spinach Salad \$14.95Red Onions, Candied Walnuts With Raspberry Walnut Dressing Topped with Feta Cheese Add Grilled Chicken \$4

Half Stuffed Avocado with Chicken Salad \$14.95 Tomato, Cucumber and Hard Boiled Egg

V Quesadilla \$13.95

Pico de Gallo, Sour Cream Guacamole, Add Chicken or Beef \$4

V Asian Stir Fry Vegetables Over Rice \$12.95 Vegetables over Rice with Ponzu Sauce, Add Chicken \$4 Salmon \$6 or Prawns \$6

V Egg Foo Yung over Rice \$12.95

Chinese Omelet with Green Onions, Cabbage, Bean Sprouts Add Bay Shrimps or Minced Chicken or Both \$4

Fish and Chips \$14.95

Batter Dipped Cod, Tartar Sauce, Fries, Cole Slaw and Malted Vinegar

Street Tacos \$13.95

Cod, Beef or Chicken with Cilantros, Onions, Cabbage and Radish with Salsa on mini Corn Tortillas

V Ralph's Burritos or Bowl (No Tortilla) \$12.95 Cilantro Rice, Black Beans, Lettuce, Pico De Gallo, Cheddar, and Guacamole, Topped with Spanish Sauce, and Sour Cream, With Steak, or Chicken \$ 4

Sandwiches and Such with choice of Sides

Sides: \$5.50

Potato Salad, Coleslaw, French Fries, Sweet Potato Fries, Garlic Fries, Onion Rings, Fresh Fruit, Small Salad, Cup of Soup

Hot Dog \$9.95

Toppings: Onions, Tomatoes & Red Onion Relish.

Cheddar add \$2.50

Burger \$13.95 Angus Beef with LTO and Side Dish

V Impossible Burger \$14.95 Plant Based Meat with Lettuce, Add Avocado,

Bacon, or Cheese \$2.50

Bahn Mi Style Beef Sandwich \$14.95

Jalapenos, Bean Sprouts, Basil, Carrots, Cilantros Red Onions on Hoagie Loaf

Roast Beef French Dip Au Jus \$14.95

Hoagie Loaf with Provolone Cheese, and Sauteed Onions

Grilled Rye, Corned Beef, Sauerkraut, Swiss Cheese, 1000 Island

Croque Monsieur Ham & Cheese

Ham, Swiss Cheese, Dijon, and Bechamel Sauce Grilled Sourdough

Shrimp Roll on Hoagie with Side \$16.95 Bay Shrimp, Celery, Green onions and Dill Aioli

Villages BLT Sandwich with Side \$14.95 Bacon, Lettuce and Tomato, Turkey and Avocado Served on choice of Bread

Open Faced NY Steak Sandwich with Side

On Grilled Brioche, Topped with Buttermilk Onion

Pesto Grilled Chicken Sandwich on Telera Roll

with Side \$15.95 Provolone and Tomato with Arugula

Deli Sandwich LTO with Side \$13.50 Choice of Bread, Turkey, Ham, Chicken Salad or

1/2 Deli and Soup or Salad \$12.95

V Veggie Melt with Side \$15.95

Herbed Garlic Aioli, Grilled Veggies, including Bell Pepper, Zucchini, Onions and Portabella packed into Hoaaie Roll with Mozzarella Cheese

Gluten Free Bread Available \$2

Naan Flatbread Pizzas

V Cheese Pizza \$11.95 Pepperoni Pizza \$12.95 V Margarita Pizza \$12.25

Combination Pizza \$14.95

Sausage, Pepperoni, Mushrooms, Onions, & Peppers

Gluten Free Pizza Crust Available \$ 2.00 GF Gluten Free V Vegetarian

Every Wednesday at The Clubhouse

Single Diners' Night



Shared Table

Bring your favorite wine to share with no corkage! Free Corkage will be applied with purchase from the Lighter Side and Dinner Entrees from the Dinner Menu.

Please make reservations and note: 'Single Diners' Reservation'

Every Wednesday at 6 p.m.



Wednesday

Dinner service

Main Dining Room Only

Bring your favorite bottle of wine* and your friends any and every Wednesday at The Clubhouse. One-bottle limit per two guests.

*No Corkage will be charged with purchase from Dinner Menu, Lighter Side, and Entrée items. One-bottle limit per two guests. Standard size bottles only.

555

Bistro Happy Hour

\$5 House Cocktails

\$5 House Wines

\$5 Draft Beers 16oz

2 to 5 p.m. Tuesday to Sunday All day on Monday

Prices subject to service charge and tax



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COMMUNITY ACTIVITIES

The following events are sponsored by the Community Activities Department. Please telephone 408-223-4643 for additional information.

Registration for events in Building B

For all Community Activities events, please register in Building B, open Monday to Friday 8:30 a.m. - noon and from 1 p.m. to 4 p.m.

Join us for a day of baseball!

By popular demand, baseball is back for Villagers. Join your friends and neighbors at Oracle Park for an afternoon of great baseball with the San Francisco Giants with the games below. Trip fee includes entry ticket and round-trip transportation.



SF Giants vs. Pittsburgh Pirates

Day: Sunday, August 14
Seating Location: Uppers
- Section VR314, Row 6,
Row 7, Row 8
Cost: \$70/person
Registration Deadline:
July 11 to July 29

SF Giants vs. Philadelphia Phillies Day: Sunday, September 4

Seating Location: Uppers
- Section VR314, Row 6,
Row 7, Row 8
Cost: \$70/person
Registration Deadline:
July 11 to July 29

SF Giants vs. AZ Diamondbacks

Day: Sunday, October 2
Seating Location: Uppers Section VR311, Row 5,
Row 6, Row 7, Row 8
Cost: \$75/person
Registration Deadline:
July 11 to July 29

Departure Time: 10 a.m. from Cribari Center's East Parking Lot (next to hobby rooms) Register in Building B, Monday through Friday, 8:30 a.m. to noon, or in the afternoon by appointment. Masks are encouraged on the bus. Please dress in layers as the ballpark can be breezy and cool. All ballpark entrants will be required to go through a metal detector.

Outside food and beverage are permitted. No alcohol, glass, aluminum or hard-sided coolers. Beverages must be in sealed containers. All bags will be thoroughly inspected before they are permitted into the ballpark.

Sign up for San Francisco Movie Tour

On Wednesday, September 7, join Craig Smith and your fellow Villagers on a comprehensive and fun tour of the movies made in and about San Francisco, including a list of all the movie clips shown with actors and dates.

The tour begins with the first talkie, "The Jazz Singer." San Francisco has

"The Jazz Singer." San Francisco has always had a love affair with the movies, and it began when they were silent. Buster Keaton created films here. He is seen in "Daydreams," in 1922, flying off the back of a cable car. In the opening scenes of "The Birds," Tipi Hedrin walks into a pet store off Union Square as Hitchcock passes her with his two small dogs. Some of the movie locations include scenes from "Dirty Harry," "Foul Play," "Mrs., Doubtfire," "The Maltese Falcon," "Pal Joy" and more. After lunch, the west side of San Francisco is featured for more movie clips and a stop at Mel's Drive In ("American Graffiti") for an ice cream treat (included in trip price). We will depart from Cribari Center East parking Lot

at 8:15 a.m., with an estimated return time of 5 p.m.

Cost: \$113.00 includes round trip transportation, lunch, ice cream at Mel's Drive In, and Craig Smith tour.

Registration begins Monday, July 11 and ends August 5, July 22 in Building B.

Lunch is at Swiss Louis. Lunch includes a garden salad, entrée, sourdough bread, coffee or tea, and Tiramisu for dessert. **Lunch entrée choices:**

Chicken Marsala – A breast of chicken sauteed with mushrooms and Marsala wine sauce, served with pasta

Fettuccine Napoletana – Fettuccine, fresh diced tomato, garlic, and onions

Pan Sauteed Basa – A white fish fillet pan sauteed with sweet chili sauce, served with sauteed vegetables.

Sign up for our Follow the Seagull Tour

On Wednesday, August 10, join Craig Smith and your fellow Villagers on an informative tour of San Francisco and the 49-Mile Drive. The bus tour will begin at City Hall and continue to Union Square, Chinatown, Little Italy, The Crooked Street, Fisherman's Wharf, Ghirardelli Square, Presidio National Park, Golden Gate Bridge, Sea Cliff, and palace Legion of Honor. After the citatre with the Contablishment.



lunch, sights will include the Great Highway, San Francisco Zoo, Golden Gate Park, and Laguna Honda.

We will depart from Cribari Center East parking Lot at 8:15 a.m., with an estimated return time of 5 p.m.

Cost: \$107 per person includes round trip transportation, lunch and Craig Smith tour.

Registration begins Monday, July 5 and ends Friday, July 22 in Building B. The office is open Monday through Friday, 8:30 a.m. to noon, and 1 p.m. to 4 p.m.

Lunch is at Beach Chalet and includes entrée, salad, dessert and soft drinks/non-alcoholic beverages, coffee, tea. Lunch entrée choices:

Park Burger – Oak-Grilled Chuck Brisket Blend, Horseradish Aioli, Little Gem Slaw, French Fries

Oak Grilled Fresh Catch – White Fish with New Bay Spice, Avocado Relish, Lemon Aioli, Artisan Roll, Green Salad

Fried Chicken Sandwich – Buttermilk Brined Crispy Chicken Breast, Jalapeno Slaw, Spicy Aioli, French Fries

Sign up for Line Dance classes

Community Activities is accepting registration for the next session of line dancing with instructor Deana Megginson in the

Montgomery Multi-Purpose Room. Classes are designed for those who have had considerable line dance experience. For questions regarding specific dance levels, please contact Deana at 408-238-1180.

Class Schedule: Each class is from 10 & a.m. - 11 a.m.

Advanced Beginners - Tuesdays, July 19 - August 23 (six classes)

Intermediate - Mondays, August 1 - September 5 (six classes)

Improvers – Thursdays, July 28 – September 1 (six classes)
Advanced – Fridays, August 12 – September 16 (six classes)
The cost is \$15 per person. Register in Building B. Registration
Deadlines: Advanced Beginner – July 15, Intermediate – July 22,
Improvers – July 22, Advanced – July 29.

RESIDENT EXCURSION PARTICIPATION GUIDELINES

The Community Activities office offers a wide variety of activities for the enjoyment of the Villages residents. Please check your personal calendars prior to committing to an event, class or trip. Once registered for an activity, you are respon-

sible for the cost of the activity. **All sales are final.**

Registration is limited to residents only for the first two weeks.

Management assumes residents and guests are able to participate in our sponsored

activities independently. We reserve the right to evaluate the participant's ability to participate based on each individual's physical abilities and/or demonstrated behaviors. You may always take a caregiver with you to help with your needs.

Employees are not permitted to provide physical assistance to participants. If personal assistance or a wheelchair is needed, the participant must arrange for a caregiver with paid reservation to accompany him/her.

Employees, residents and their guests represent the Villages Golf and Country Club off site. It is expected that all participants will conduct themselves in a dignified, cooperative and congenial manner.

CLUBS & EVENTS

Join Walking/Chair Dancing for Wellness

Join the LSAL Fitness Club, where fitness is fun. We meet Tuesdays 11:30 a.m. to 12:30 p.m. and Thursdays 10 a.m. to 11 a.m., in the Cribari Auditorium. Come Walk, Chair Dance and train to improve your balance, flexibility, strength and overallwellbeing and prevent falls.

The class is open to all fitness levels and is ideal for chronic health problems, mobility issues, and those recovering from health challenges. Each one is encouraged to work at their own pace and sit down and rest as needed. Sign up in class. First class is free!

Hospice Myth Busters...

(Continued from front page)

will discuss some Hospice Myths many people have. Myths such as: hospice is a place only for old people, or I need to wait for my physician to tell me when I can go on hospice.

Living and dying belong to the human condition. I know from my lived experience that family members and individuals shirk from considering hospice because they are under pressure. Fears of "giving up", financial worries, and being penalized if one chooses to withdraw from hospice, plague the decision. Yet, like purchasing insurance or a warranty, it is best to have time to decide without pressure.

Camille Costanzo CNA first engaged with hospice as a daughter-in-law helping to care for her father-in-law. That surprisingly positive experience led Camille to join With Grace Hospice. Camille also has background in private caregiving, med-tech, and insurance verification. She said, "I enjoy the work I do because of the education I am able to provide to many families seeking hospice care." Bring your family members and make a difficult conversation easier with Hospice MythBusters.

To register for this workshop, call Bonnie Grim at 408-238-4029.

Come learn about plantbased lifestyle

The Sustainable Villages Club invites you to their first plantbased lifestyle group meeting. What is a plant-based lifestyle?



We will be watching the acclaimed documentary, "Forks Over Knives." Learn how to improve your health and the health of our planet.

Mark your calendars: Sunday, July 24 from 2 p.m. to 4 p.m. at Montgomery Center. RSVP by Friday, July 8 to Mary at mary@

mary-mackey.com. Don't miss out! Bring your questions. See you there!

New Thong Le painting workshop

Thong Le, a Vietnamese-born painter, wowed the audience at the Arts & Crafts demonstration at the June monthly membership meeting. Thong is now offering a Saturday workshop to all Villagers, showing his rapid style of painting in portraits and still life paint-



Thong's workshop will be Saturday, July 16, in the Cribari Center Art Room, from 10 a.m. to 1:30 p.m. The cost is

\$45. Thong uses oil paints, but participants may use either oils or acrylics. Register by emailing barb.gottesman@gmail.com. A materials list will be sent to all who register. Minimum is six for class to happen. The registration deadline is July 11.

Join in the singing with Dave Coldren

By Pamela Pierson

Request a song and we'll all sing along! Dave Coldren entertains us Saturday, July 16, by leading the singing of our favorite songs while playing the piano. The two-hour concert begins 7 p.m. in the Cribari Auditorium. Singing together popular songs of the past can be fun!

For early seating on the day of the concert, buy your \$15 ticket in advance in the Cribari Lobby on Saturday July 2 or 9, from 10 a.m.-12 p.m. The concert "Dave Coldren Entertains" is sponsored by the Villages Music Society, Inc. "It's much more fun if the songs that I play are the ones that the audience asks for!" said Dave. At the concert you can fill out a request form for Dave, attach a tip, and drop it in his tip jar, or just leave him a tip. We'll sing songs that most people in the audience would know-especially fun-to-sing songs.

Dave Coldren currently performs at dueling piano gigs in San Francisco, San Mateo, Vacaville, Gilroy, and San Jose from time to time. He also plays every weekend at a local Catholic church and a Unitarian Universalist Church. A full-time musician since 2004, Dave knows a lot of music from the '60s, '70s, '80s. He also has a relatively large repertoire from the '40s

and '50s. From "Leaving on a Jet Plane" to "Bridge Over Troubled Water" to "Super Trooper" Dave's got your playlist covered. If you enjoy singing songs from a wide variety of eras, join your Villager neighbors and friends for a spirited night of song.

Simple desserts will be available during the concert. The newest of the VMS clubs—the Village Dancers—will staff the refreshment table. All donations go to VMS to support music, concerts, and performances in the Villages. For information about VMS, visit villagesmusicsociety.org. Your skills and talents help keep music alive in The Villages.

Message from The VMA: Don't kick the can down the road—Recycle!

The Villages Medical Auxiliary (VMA) took over the responsibility of the aluminum can recycling program from The Villages High 12 Club back in 2021 and appreciates all of you who contributed to this endeavor.

We currently have cans that are labeled for this purpose in most all trash enclosures and a team of volunteers that do pickups. For those of our neighbors that have curbside trash pickup, your aluminum cans are going to California Waste Solutions through The City of San Jose. Thank you for recycling. You also have the option of depositing your aluminum cans in one of The Villages trash enclosures near you where our cans are located. Because we are considered a "Community Services Provider" by CalRecycle, we are only allowed to have receptacles for depositing aluminum cans in the trash enclosure and are not allowed to make collections. We are not licensed to recycle plastic, glass or tin cans. So, please separate those from your deposits. This program directly benefits The Villages because the recycle funds the VMA receives go directly back into our community. We provide many services such as:

- A professional onsite services coordinator
- Medical appointment transportation
- Grocery shopping trips and meal delivery
- Blood pressure checks
- Medical equipment for loan and donated incontinent products - Recycling of unused prescription products
 - Annual flu shots
- Educational health and wellness programs
- So, please give back by either recycling your aluminum with us, financial donations or volunteering. Please contact the VMA office (408-238-4230) or visit our website at vmavillages.org for more information. Thanks for recycling!

Variety of medical equipment available from VMA

By Barbara Tommaney

How long have you lived in The Villages? In that time have you ever borrowed medical equipment from the VMA? If you are unfamiliar with this service, permit me to educate you.

We've got: Ice Machines, shower stools, and tub safety rails. Walkers with two wheels, three wheels, and four. Ramps to assist you to roll up to your door. We have knee scooters and wheelchairs for transport and home. There are bed rails and bed trays and bedside commodes. If you ed a cane of any description or height, or crutches to help you stand upright.

A complete catalogue of available equipment can be viewed at the VMA office located in Cribari Center, next to the Post Office. The VMA provides a valuable service to all Villagers. And you can borrow any of these items at absolutely no cost. Just call the VMA office at 408-238-4230 and a VMA volunteer will deliver the requested item to your home.

Villages Macintalkers Users Group reminder

Reminder to all Villages Macintosh Users (VMUG) that there will be no meeting during July.



On behalf of The Evergreen Villages Foundation (EVF) we wish to thank all our donors who have given generously to support us during this challenging fiscal year. We also want to recognize all our long-time members who offer their continuous support of our mission. With all your contributions, we are able to provide our community with new amenities that will benefit Villagers for years to come.

With Gratitude L Thanks!

Visit our website at evfsj.org.

Elfriede & Alan Kamrar

Members (10+ Years)

Maxine Amundson & Larry Martinson Vivian Brown Jim & Hope Campbell Bellaflor & Rodger (d) Cryer Peter Du Fosse David (d) & Mary Fullerton Alice Glazer Pat Janes Tom & Elsa McLaughlin Jeff & Linda Schlageter Jerry & Priscilla Simms John Stratakos

Members (5-9 Years) Margaret Allvey Robert Applebaum Leslie & David Bailey Dennis & Charlene Balanesi Ken & Carol Begley Sherry Benz & Dennis Cullen Ira & Jackie Berman Phyllis Bigelow Howie & Rita Blumstein Ken & Jean Brady Jim & Margaret Brady Marion Burry Rick Casey Debbie & Jan Champion Victor & Beverly Clifford Carol Cole William & Caroline Cooper Morton & Susan Cordell Charlotte Dickson Valerie & David Dimmick Dianne & Eric (d) Doughty James & Susan Dyer Linda & Carter Elliott Nancy & Betty (d) Elam Don & Harriet Fernandez Martin Gonzales Garry & Kay Gray Anahid & Mark Gregg Ron Gridley Diana & Hal Hallock Mike & Carol Haupt James & Diemmy Le Henderson Anna Hewitt Claire Marie Hintergardt & Jim Santos Martin & Anka Hoek Michael & Janet Jablon Don & Ann Jackson Ron & Bertha James Rita Karlsten Nancy & Jim Keane Ed Klein Gayle Kludt Leslie Lambert Francis Leili Lee & Pam Leonard Susan Mackenzie Marge & Jim (d) McCandless

Jim & Sally McClure

Eleanor Morris

David Raskin

Beverly Murphy

Tom & Theodora Morse

Maureen & John (d) O'Neil

Lynn & Marquinna Olsen

Betty & Lon (d) Olsen

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Mike & Millie-Anne Schwerin Lorrie & Monte Scott Betty & Paul Sharps Mario & Pat Silva Adrian & Cynthia Simpkins Ginger Smith Jack & Lovina Smith Alex Stepovich Jim & Paula Stoner Lynn Strong Diana & Tony (d) Taylor Ed Updegraff Steve & Judy Volm Rosemarie & Everett (d) Waining Wayne & Barbara Weiler Benton & Mary Lou White

Bob & Geri Wilk Members (1-4 Years) Cheryl Allmen Richard & Shirlee Alpers Garry & Kathleen Ashby Terry & Carolyn Barnhart Pam & Paul Belknap Kerry Besmehn and Loanne Rubé Robert Bianchi Jerry & Barbara Block Robert Bogdanoff & Lucy McProud Reta Boyles Rob & Marcy Boyles Jim & Margaret Brady Judi & Jim Brigham Lanette Carey & Helen Varenkamp Jane Carnoy Mary Chaboya Carm & Auralie Citrigno Joe & Maria Civello Aurelia Contento David & Evonne Cook Darleen & Larry Cormier Wilhelmena & Richard Crosslin Linda Curyea **Bob Dando** Harry Davis Susan De Martini Bharati & Jay Desai Melinda & George Dobbs Katharine & Brian Dombrowski Cynthia & George Drew Paulette Dudley & Walter Hlavacek Phyllis Ebersole Robert Evans & Rosemary Keith Mike & Judi Falarski Philip Fouts & Ned Hernandez Judy & Dick Frey Judy Gergurich Liz & Bob Giarratana Mignon Gibson

Camille Giuliodibari

Connie & Michael Guttadauria

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Martin & Anka Hoek

Herb & Wanda Holt

Richard & Peggy James

Bill & Elvira Johnston

Bert Greenberg

Carla Griffin

Joanne Hardy

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Bob Iacopi

Frances Julien

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(d) = deceased

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FROM THE VILLAGES LIBRARY

By Sherle Frost

"Foul Play" (Stone Barrington #59) by Stuart Woods: Stone Barrington is nearing his New York City abode when he stumbles into trouble. As it turns out, a new client is in danger, and with both business and the safety of the city at stake, Stone has no choice but to get involved. It's soon clear that a complicated scheme is being hatched, and the source remains enigmatic, but it's only a matter of time before he and Stone must each show their hands. From ritzy Manhattan high-rises to the lush serenity of the Connecticut countryside, the game of cat-and-mouse can end with only one victor? Mystery, 2021

"To Paradise" by Hanya Yanagihara: In an alternate version of 1893 America, New York is part of the Free States, where people may live and love whomever they please (or so it seems). In a 1993 Manhattan besieged by the AIDS epidemic, a young Hawaiian man lives with his much older, wealthier partner, hiding his troubled childhood. And in 2093, in a world riven by plagues and governed by totalitarian rule, a powerful scientist's damaged granddaughter tries to navigate life without him. These three sections join in an ingenious symphony: A townhouse in Greenwich Village; illness and treatments that come at a terrible cost; wealth and squalor; the weak and the strong; race; the definition of family, and of nationhood; the dangerous righteousness of the powerful, and of revolutionaries; the longing to find a place in an earthly paradise, and the gradual realization that it can't exist. What unites not just the characters, but these Americas, are their reckonings with the qualities that make us human: Fear. Love. Shame. Need. Loneliness. Fiction, 2022

"Monster in the Middle" by Tiphanie Yanique: When Fly and Stela meet in 21st Century New York City, it seems like fate. He's a Black American musician from a mixed-religious background who knows all about heartbreak. She's a Catholic science teacher from the Caribbean, looking for lasting love. But are they meant to be? The answer goes back decades—all the way to their parents' earliest loves. Vibrant and emotionally riveting, the story moves across decades, from the U.S. to the Virgin Islands to Ghana and back again, to show how one couple's romance is intrinsically influenced by the family lore. What challenges and traumas must this new couple inherit, what hopes and ambitions will keep them moving forward? Exploring desire and identity, religion and class, passion and obligation, the novel posits that in order to answer the question "who are we meant to be with?" we must first understand who we are and how we came to be. Large Print Fiction, 2021

"Abandoned in Death" (In Death #54) by J.D. Robb.: The woman's body was found on a bench in a New York City playground. She was clean, her hair neatly arranged, her makeup carefully applied. But other things were very wrong-like the tattoo and piercings, clearly new. The clothes, decades out of date. The fatal wound hidden beneath a ribbon around her neck. And the note: Bad Mommy, written in crayon as if by a child. The clues point to a perpetrator who'd be around sixty, and there are no records of old crimes with a similar MO. What was the trigger that apparently reopened such an old wound and sent someone over the edge? When Eve learns that other young women have recently vanished, the case grows even more urgent. To solve it she'll need to find her way into a hidden place of dim light and concrete, the distant past, and the depths of a shattered mind. Mystery, 2022

Dog Club to meet Saturday, September 17

The Villages Dog Club is cancelling its July and August events. The next event will be September 17, 2022 at William Street Park. "Bark In The Park" is the largest family friendly dog festival, with all day outdoor fun.



More than 100 attend Cribari Patriots Barbecue

By Deb Gordon

On Saturday, June 25, Cribari held a Patriots Barbecue in the Gazebo Park. It is a beautiful venue for a picnic and worked well for all involved. They had 107 attendees eating in the shade, playing bocce ball and cornhole, dancing to Ed Knott's music and chatting with friends. The menu was fully provided (no potluck!) with hamburgers, hotdogs, and veggie burgers with all the fixings plus potato salad, beans, chips and dessert.

Cribari's Social Committee outdid themselves. It was a lovely day at The Villages!





Burgers and dogs sizzle on the grill at the Cribari barbecue.

Owners responsible for cleaning up after pets

The Villages Rules and CC&Rs state that it is the owner's/handler's responsibility for immediately cleaning and disposing of pet excrements in a sealed container. We are finding and hearing that some owners are not immediately cleaning up after their pets and assume that it is the responsibility of the landscaping crew, which it is not.

The pet poop should be picked up immediately and placed into the dumpsters in the trash enclosure near your home or in the designated pet poop stations in the center parking lots. Please do not place any pet poop in any restrooms or other containers at any of the various centers.





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Tips for preparing for power outages

Extended power outages may be the result of wildfires, earthquakes or other emergencies and may impact the whole community as well as the economy. In the event of such a power outage, you may be able to reduce some of the impact by being prepared. Review the following tips for ways you can ease potential difficulties.

Prepare NOW before the power goes out.

Take an inventory of items you need that run on electricity.

Talk to your medical provider about a power outage plan for medical devices powered by electricity and refrigerated medicines. Find out how long medication can be stored at higher temperatures and get specific guidance for any critical medications.

Have batteries and other alternatives to meet your needs when the power goes out.

Sign up for local alerts and warning systems. Monitor weather reports.

Install carbon monoxide detectors with battery backup in central locations on every level of your home.

Determine whether your home phone will work in a power outage and how long battery backup will last.

Review the supplies that are available in case of a power outage. Have flashlights with extra batteries for every household member. Have enough nonperishable food and water.

Put thermometers in the refrigerator and freezer so that you can know the temperature when the power is restored. Throw out food if the temperature is 40 degrees or higher.

Keep mobile phones and other electric equipment charged and gas tanks full.

Survive DURING the outage.

Keep freezers and refrigerators closed. The refrigerator will keep food cold for a few hours. A full freezer will keep the temperature for about 48 hours. Use coolers with ice if necessary. Monitor temperatures with a thermometer.

Maintain food supplies that do not require refrigeration.

Avoid carbon monoxide poisoning. Generators, camp

(Continued on page 23)

About the Ready! Set! Go! Wildfire Action Plan:

Successfully preparing for a wildfire requires you to take personal responsibility for protecting yourself, your family and your property. We hope to give you the tips and tools you need to prepare and be successful.

To find more information:

About Ready! Set! Go!: www.WildlandFireRSG.org
Contact the San Jose Fire Department—Local station 11.
Santa Clara County Fire Safe Council: www.SCCFireSafe.org
San Jose Office of Emergency Management: oes@SanJoseCa.gov

Get Ready!

Prepare your family

- Create a Family Disaster Plan that includes meeting locations and communication plans and rehearse it regularly. Include in your plan the evacuation of large animals such as horses.
- Have fire extinguishers on hand and train your family how to use them.
- Ensure that your family knows where your gas shut-off is and how to use it.
- · Plan several different evacuation routes.
- Designate an emergency meeting location outside the fire hazard area.
- Assemble an emergency supply kit as recommended by the American Red Cross.
- Appoint an out-of-area friend or relative as a point of contact so you can communicate with family members who have relocated.
- Maintain a list of emergency contact numbers posted near your phone and in your emergency supply kit.
- Keep an extra emergency supply kit in your car in case you can't get to your home because of fire.
- Have a portable radio or scanner so you can stay updated on the fire.

Get Set!

As Fire Approaches

- Evacuate as soon as you are set!
- Alert family and neighbors.
- Dress in long sleeves and pants. Have goggles and a dry bandana/particle mask handy.
- Ensure that you have your emergency supply kit on hand.

Inside Checklist

- · Close windows, unlock doors.
- Remove flammable window coverings.
- Move flammable furniture to center of room.
- Plan several different evacuation routes.
- Shut off gas and pilot lights.
- Shut off air conditioner.
- · Leave your house lights on!

Outside Checklist

- Bring all flammables inside the house.
- Turn off propane tanks.
- Shut off sprinklers. Don't leave on!
- Back car into driveway, shut doors/windows.
- Have an outside ladder ready.
- Extinguish small outside fires until you leave.
- Seal off attic and ground vents, if able.

Tips—If You Are Trapped

- · Stay away from outside walls.
- · Bring garden hose inside house.
- Patrol inside home for spot fires—extinguish.
- Wear long sleeved, cotton clothing.
- · Stay hydrated—keep drinking water.
- Ensure that it is safe to exit home if it catches fire.
- Fill sinks and tubs for emergency water.
- · Place wet towels under doors.
- · After the fire has passed, check roof for fire.
- · Check inside attic space for embers.
- · Patrol your property for fire.
- Call 911 if you cannot put out fires with small amount of water

GO! EARLY!

When to Leave

Do not wait to be told by authorities to evacuate. Leave early enough to avoid being caught in the fire, smoke or road congestion. If and when you are advised to leave—don't hesitate!

Where to Go

Leave to a predetermined location (it should be a low-risk area, such as a well-prepared neighbor's or relative's house, a Red Cross shelter or evacuation center, motel, etc.)

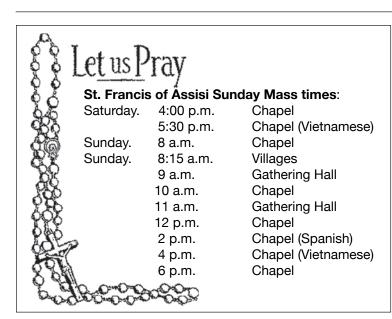
How to Get There

Have several travel routes in case one route is blocked by the fire or emergency vehicles and equipment. Choose an escape route away from the fire.

Emergency Supplies

- One gallon of water per person per day.
- Non-perishable food.
- First Aid kit, emergency blanket, multi-purpose tool.
- Flashlight, radio, extra batteries.
- Keys, cash, credit cards, travelers checks, cell phones and chargers.
- Map with evacuation routes.
- Family/emergency contact information.
- Sanitation supplies/personal hygiene items.
- Prescriptions and medications.
- Important numbers and documents.
- Photos/easily carried valuables.
- Hard drive information.

RELIGION



SEARCH THE SCRIPTURES

Search the Scriptures is meeting at 10 a.m., July 25 at Foothill Center. We usually meet on the second and each month. Any questions, contact Everett Jacobson at 408-629-7210 or Ron Speer at 408-223-2025.

EPISCOPAL

'Saint of Steadiness'

By The Very Rev. Julia McCray-Goldsmith

Many years ago, I went on a retreat with a Benedictine nun. Having had relatively little experience with Roman Catholic Religion at the time (you can tell I didn't go to Catholic schools) I was curious about a saint I'd never really heard much about. My retreat director pointed out that Benedict of Nursia really wasn't a Roman Catholic saint (or at least not exclusively so), because his life (480-548 CE) and ministry predated all subsequent schisms in the church. His witness is my inheritance (and yours as well, regardless of which branch of Christianity you call your own).

St. Benedict founded monasteries throughout what is now known as central Italy, bringing a loving order and discipline to somewhat disorderly communities of passionate monks. The "Rule of St. Benedict," guided the common life of his communities, and continues to be the foundational document for thousands of religious communities. Pope Benedict XVI said that "with his life and work St. Benedict exercised a fundamental influence on the development of European civilization and culture" and helped Europe to emerge from the "dark night of history" that followed the fall of the Roman Empire.

The Episcopal Church remembers St. Benedict this week, recalling that his saintly life is an example we can all aspire to, whether we are vowed Religious or not. When we choose to follow a personal "rule of life," committed to steadiness and balance in prayer and work and recreation, we are continuing in his faithful example.

Please join us for worship at Montgomery Center on Sundays at 9 a.m. All are welcome in the Episcopal Church.

Business Card Ads Call Adrienne at 408-223-4657

CATHOLIC COMMUNITY

'Go and Do Likewise—With God's Compassion & Mercy'

By Barbara F. Zahner

As teenagers, our four cagey kids loved to test Rich and me. "Gotcha!" could be the middle name of teens. I imagine the lawyer in today's Good Samaritan Gospel (Luke 10:25-37) relished debates. Or perhaps, he was a genuine spiritual seeker. Whether wily or sincere, his question, "Who is my neighbor?" stirred mercy from Jesus. First, Jesus sets up the story by having two religiously rigid clerics pass by an injured traveler. Then Jesus stuns his listeners by commending a Samaritan, a hated enemy of the Jews of time, for first tending the wounds of the robbery victim. Then the Samaritan places the man on his donkey and walks to an inn. Here he pays for a room for the man to rest and heal. Simply stated, the Samarian went more than the extra mile. Jesus instructs the lawyer, "Go and do likewise."

Commenting on this Gospel, Walther Burghardt S.J., wrote, "If to be a Christian is to put on Christ; then to be a Christian is to clothe yourself with His compassion." Burkhardt adds," For all of its quiet joys and occasional ecstasies, human life can tear you apart. To feel hurt is to be human; to link that hurt to others is to be Christ like." Burkhardt stresses that our compassion reflects God's compassion. "It is a sharing there-in, a sharing in the compassion of God. God makes it possible....'Go and do likewise' is not addressed to your native... powers. The command is... a gift. The gift is the compassionate God deep within you. God alone who can change you."

Next time your teenage grandchildren – or spouse, friends, or the news – drive you to rigid judgement, picture Jesus mercifully smiling. Instead of "Gotcha," pray: "Got mercy!"

Come to Mass this Sunday: Cribari: 8:15 a.m. First three Fridays each month: Rosary 8:30 a.m., Mass 9 a.m. St. Francis of Assisi Masses: 1-408-223-1770 or parish website (sfoasj.com) for times. Homebound Communions, Marilyn Rodman 408-274-4521. Mass intentions, Jean Gillette 408-270-5723.

Simple Joy over Breakfast: Join the Catholic Women of Faith Prayer Group on Aug. 21, in the Fairway Room at the Club, following 8:15 Mass at Cribrari. Mini-Breakfast buffet: \$17 + tax/service. Reserve now. Contact: Margaret Lam, 408.580.6140; margaretlllam@gmail.com (Note 3 I's in Margaret's email.)

Preview and pray Sunday's Scriptures: Dt 30:10-14, Ps 69:14-37, Col 1:15-20, Lk 10:25-37 "Remember that when you leave this earth, you can take with you nothing that you have received – only what you have given: a full heart, enriched by honest service, love, sacrifice and courage." St. Francis of Assisi

COMMUNITY CHAPEL

'In The Absence of Fear'

By Pastor Bill Hayden

These days, it's hard to imagine living in a world where people are not fearful of something or someone. The spirit of fear that sweeps across the land has tormented many. Fear causes individuals to panic over the least little things from small insects to the wind blowing.

I became aware of the origin of fear found in Genesis chapter 3 of the Holy Bible when beginning my spiritual journey. It was after Adam and Eve had disobeyed (sinned) God's instructions and ate from the tree of the knowledge of good and evil. They heard God walking in the Garden of Eden and for the first time they were afraid. They foolishly thought that they could hide from Him. God desired to have an open and intimate relationship with humanity—but they chose otherwise.

Fear of failure or rejection can cause a person to lie and conceal things. As a third grader, I was bullied by another student and I would hurry home after school. One day during class, I was talking to a certain girl that he was fond of and I glanced at him making a fist while closing one eye. After school, I ran to my oldest brother's house and told him that some boys were chasing me. He went to the door to see; it was only my adversary standing outside. He made me face my fears, and I had to fight, which ended the cross country run to get home from school.

As believers, we should not forget that God is sovereign and full of grace. If we have temporary amnesia, we can allow fear to rule our heart. Living in fear of the "what if's" ...is terrifying and unsettling which affects your entire relationship with God and man. As we grow older in this fallen world we realize that there are many trials, temptations, dangers and enemies to encounter. Let us put our trust in the Lord and not fear as the sun begins to set, and those feelings of insecurity, accompanied by restless sleep, try to overwhelm us.

Remember... Christ loves us perfectly and completely, which cast out all fears. Then we can sleep closing out the world by meditating on His words, "Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid." {John 14:27 NKJV}

Join us in the Cribari Auditorium at 10 a.m. when Pastor Bill will deliver his Sunday Morning Sermon Message to you, then enjoy fellowship afterwards with some coffee, cookies with friends. Please visit our Villages Community Website: Villagescommunitychapel.org or YouTube.

Sports News

MEN'S GOLF CLUB



BOCCE NEWS



By Doug Moore douglas.moore865@gmail.com **Upcoming Events:**

Evergreen Invitational is next week July 14-16. It's finally here! August 20-Senior Net Championship.

Saturday NGCA Match Play-On Saturday July 2, The Villages Men's Team competed against Silver Creek CC hosted at The Villages in a match play format. There were 12 individual matches and 6 team matches for a total of 36 possible points. The Villages won 8 individual matches, with 2 individual ties, and 4 team matches and 1 tie. When all was tallied up, The Villages were victorious with a 24-14 win. This is two wins for the Villages team, in the early stages of the season. Off to play the Olympic club this Saturday. Good luck, guys!

Golf Thoughts: from Mike Bailey's book, "I Wish I Could Play my Normal Game — Just Once":

The wind is always against you on 16 of the 18 holes.

The lowest number in your bag is impossible to hit.

If you are going to limp the entire round, try to remember to limp on the same leg.

Executive Committee Meeting: The Men's Golf Club Executive Committee meets the first Tuesday of the month at 8:30 a.m. in the Montgomery Center. Our next meeting will be on Tuesday, August 2. The meetings are open to all members. Also, remember to visit our website at villagesgolfers.com for the latest Men's Golf Club information.

PINSEEKERS

By Jim White

We're back! Following last Friday's day off from golf, the Pinseekers returned to the course for our weekly nine-hole mini tournament. The morning temperature, when our first groups teed up, was in the high fifties. The overcast soon lifted and, when our last foursome came off the 18th green, the temperature had risen to a quite comfortable 80 degrees. A reminder to all, on days when we do not have sweeps cards printed by James, in the pro shop, we need to remember to print our name clearly on the card, sign the card, and have a playing partner "attest"

July 1 began a new year for the Pinseekers. Let the ball fly and we'll see who becomes our Club Champion at the end of June 2023. Sixteen Pinseekers teed up on hole 10. As the sand settled, and the last ball dropped in the cup we saw our first week results: Doug Canepa with a net 35, good for 4 championship points, emerged as the leader; close behind with a net 36 tie, each earning 3 points, were Tom Carson and Evan Marks. In a third-place tie, Patrick McMordie and Don Minami with net 37, good for 2 points each. Finally, in a day loaded with tie scores, Jack Bindon and Richard Henderson each posted a net 39 tying for fourth and 1 point each. Our putting winner for this week is Will Ector; Will's 15 putts earned custody of the Wooden Putter Trophy until next week's winner takes possession. Good job, Will.

July 8, we play our regular foursomes from tee number three with first tee time at 7:54 a.m.

On Friday, July 15 we will not play, stepping aside for the 54th Annual Evergreen Invitational. Regular play will resume on July 22.

Just a parting thought, a couple of board members had a chat during the last week regarding days that we are not playing due to a tournament. How many members would be interested in travel to a reasonably inexpensive golf course in the Silicon Valley or even as far as Monterey or Livermore. Many courses have excellent Senior and/or veteran discounts that would allow for a day of fellowship while experiencing a new golf venue. If you're interested talk with Jim White, Ron Speer, or Lee Thompson. Currently not a plan, but a thought to broaden our golfing camaraderie. As we said in the Air Force, "let's run it up the flagpole and see if anybody salutes."

By Marcy Boyles

What a turnout for our Round Robin Championship Picnic! 169 folks who played or cheered on their favorite players. Thanks especially to Grill Master, Vince Sunseri, who barbecued burgers with all the fixings. Also, thanks to the planning committee of Robert Bianchi, Paul Andersen, Bill Masching, and Barbara Orlando. A lot of volunteers from the Bocce club ran the set up, registration, food distribution, selling of wine glasses and clothing, and clean up. It takes a Village to have a Village event and we are ever grateful for those folks who step up and make a difference. By the time you

read this, you will have attended the Bocce Red, White, and Blue themed Bash. Another fun event chaired by Bill Masching. He is everywhere. Next up, for tournaments, will be the Gals and Guys. See you on the courts.

At right: Second Place Winners-Happy Friends Team Members (left to right): Maureen Lewis, Judy Volm, Bob Lapidus, Reta Boyles, Captain Mariyln Gingerelli and Doreen Senior. Below: More photos from the Bocce Bash.







Spring RR First Place Winners - Fireballs (left to right): Referee Kerry Besmehn, Team members, Rich Bainbridge, Wendy Ledamun, Richard Tolber, Renee Tolber, Captain Helen Paris, George Paris, Rene Macias and Rose.



PICKLEBALL

How to use Find a Match in YourCourts

By Anahid Grega

Have you ever had a group planned for Pickleball, and someone had to back out? Most people jump on the phone and start calling around. Guess what - YourCourts has a solution for you! The Find a Match feature!

Find a Match allows you to do two things - look for members to play with you, and allow others to contact you when they need players. Invitation recipients have the option to accept or decline the request.

With Find a Match, users set the criteria to search for, then select players to invite. Invitations can be customized to your specification. After players respond, they can be added to your group. This is a great way to get to know new players, as search parameters can be set for level, date or time of day. The results will show everyone fitting the criteria who has registered.

The catch? You both need to turn on **Find a Match** in YourCourts, which takes less than two minutes. But no worries - full details on using Find a Match are linked to this story on our website, https://villagespickleball.org. Sign yourself up and expand the Pickleball Club database, and Find a Match!



IRONMEN

By Bill Travis

The Ironmen are in morning play, gathering every Thursday morning at 10 a.m. with a shotgun start, sweeps, birdie pool, and closest to the pin. This Thursday, June 30, it was sunny and warm and we had another great turnout. The results are listed below.

The results of today's play are as follows:

First place there was a three-way tie between Dave Hathaway, Victor Hong, and Mike Schwerin each with a net score of 27.

Second place went to Prakash Deshmukh with a net score of 28.

Third Place there was a two-way tie between Lee Thompson and Walter Lucas each with a net

Lowest gross score for the day: Mike Schwerin with a gross score of 30.

There were two birdies today: Sang Nam hole 7; and Dave Hathaway on hole 8.

Closest to the pin on hole 5: Sang Nam was closest to the pin on hole 5 at 12' 2"

Deep thoughts: "Men (and women) trifle with their business and their politics; but they never trifle with their games. Golf gives them at least a weekend of earnest concentration. It brings truth home to them. They cannot pretend that they have won when they have lost, nor that they made a magnificent drive when they foozled it." - George Bernard Shaw, Irish playwright and social critic (1856 - 1950)

SHONIS

By Fran Schumaker

Congratulations to Marty Blinde. She had a birdie on hole #5, her favorite hole. The last Tuesday of the month is our Birthday Game. Happy Birthday month to Bonnie Rose Preston, Peggy White, and Fran Schumaker. The game is where the birthday lady at the end of her round gets to star out her worst hole, total the remaining 8 holes and net them out. The birthday ladies always end up in the money. Usually though, they don't all end up in the same flight. However, this month was an exception. With only two flights for our overall play, the three birthday ladies congregated in the second flight.

Flight One: Bonnie Evans - net 21, Jan Ehrhardt - net 22, Marty Blinde - net 24, Nanci Newell - net 24

Flight Two: Fran Schumaker - net 15, Peggy White - net 22, Kathy Tanaka - net 22, Bonnie Preston - net 23

TENNIS TALK

Be mindful of the dangers of heatstroke

By Sherry Benz

Boy, it is hot out there! As we enter the summer months, we can be susceptible to heatstroke. This is a condition caused by our body overheating, usually as a result of prolonged exposure to or physical exertion in high temperatures. A week ago, I felt on the verge of a heatstroke while on the court and think it is something we should all watch for in ourselves and understand so we might help a friend. (See details below.)

Phyllis Seeger's 4.0W USTA team finished in third place. The first playoff game is scheduled for Wednesday, July 13 at AVAC at 11 a.m. Come cheer the team on!

Correction: New member Steve Holland's name was incorrectly printed in previous edition. Heatstroke is a life-threatening condition which may include: Confusion, agitation, alteration in sweating, nausea/vomiting, flushed skin, rapid breathing, racing heart rate. Heatstroke requires emergency treatment! Untreated heatstroke can quickly damage your brain, heart, kidneys and muscles. Call 911 and take immediate action to cool the overheated person while waiting for

Other than the obvious, these risk factors can contribute to heatstroke.

Age. Our ability to cope with extreme heat depends on the strength of our central nervous system and over 65, the central nervous system begins to deteriorate, diminishing our ability to cope with changes in body temperature.

Certain medications. Some medications affect your body's ability to stay hydrated and respond to heat. Be especially careful if you take medications that narrow your blood vessels (vasoconstrictors), regulate your blood pressure by blocking adrenaline (beta blockers), rid your body of sodium and water (diuretics), or reduce psychiatric symptoms (antidepressants or antipsychotics).

Certain health conditions. Certain chronic illnesses, such as heart or lung disease, might increase your risk of heatstroke. So can being sedentary.

Heatstroke is predictable and preventable. Take these steps to prevent heatstroke during hot

Wear loose-fitting, lightweight clothing. Wearing excess clothing or clothing that fits tightly won't allow your body to cool properly.

Protect against sunburn. Sunburn affects your body's ability to cool itself, so protect yourself with a hat/visor and sunglasses and use a broad-spectrum sunscreen.

Drink plenty of fluids. Staying hydrated will help your body sweat and maintain a normal body Take extra precautions with certain medications. Watch for heat-related problems if you take

medications that can affect your body's ability to stay hydrated and dissipate heat.

Take it easy during the hottest parts of the day. Schedule exercise for cooler parts of the day.

SWINGERS

By Beverly Murphy

Fifty-one Swingers teed off on a beautiful Tuesday morning. It was a good day for birdies and chip-ins. Congratulations for birdies goes to Joyce Mukuno #8, Emily Li #11, and Sheryl Driskell #11. Congratulations for chip-ins go to Linda Curyea #15, Nikki Noce #18, and Sue Daughtrey #2.

We have extra inventory of gloves and ball markers left over from Mulligan's Island. Please see Carleen Corsello at golf for the next few Tuesdays, or email her, if you would like to purchase:

Gloves: \$10 each. Left hand (for right hand players) 9 small and 2 medium. Right hand (for left hand players) 2 small, 1 medium and 1 large.

Ball markers \$5 each. 8 ball markers with clips for hat.

Upcoming Swingers' Events

July 21, 4 p.m., Foothill Center - Hole-in-One Party for Pam Leonard. Remember to RSVP to Debbie Moore, honbun865@ gmail.com or 408-768-8306. Everybody is welcome to attend, but we just need to know who's coming to have enough food.

July 27 - Twilight Golf (Red, White and Blue patriotic theme)

Away Games/Exchanges

July 7 - Almaden GCC Exchange

July 13 - TPC Stonebrae Country Club's 9-Hole Invitational July 14 - WNHGA Open Day at Stanford University Golf Club

There is still space available for the Swingers/18 Hole Ladies Mixer on July 19. Contact Mary Wagle, marylwagle@gmail.com,

The VMA wants your used golf cart!

Do you have a golf cart sitting around that you don't use? The VMA takes donations of gas and electric golf carts (working or not). These carts are sold and the proceeds are used to support the VMA's mission to assist residents and help them lead active, independent, and healthy lives.

Your golf cart donation qualifies as a charitable contribution under Internal Revenue Code 501(c)(3). You will receive a receipt that you can use when you are completing your taxes.

The donated carts are available for Villagers to purchase. Contact the VMA office (408-238-4230) to donate your old cart or put your name on the waiting list to buy a cart.

The VMA also accepts donations of cars.

Donate a car to E

Have an old car that you no longer need? It is easy to donate it to the Evergreen Villages Foundation (EVF). It only takes a phone call or an email. The EVF and the dona-



tion company do all the rest. More information can be found at www.evfsj.org

Support the advertisers who support our publications!

When you choose to use the services and/or purchase the goods of an advertiser in The Villager, Villages Telephone Directory or Resource Guide, tell them that you saw their advertisement in one of our publications.

The William Jefferies co. Lisa Gault Phone: 408-202-1959 Villager Real Estate agent



18-HOLE WOMEN

By Phyllis Mueller

Back to normal activity after a busy Invitational! Nice cold and foggy morning to wake up to. The ball still does not seem to do what it is supposed to do. Must be us.

Surprise visit by Patti Hayes who has been ailing and looks and sounds great. Glad to have our "joke lady" back even if it came via Laura Gallegos. Patti looking forward to getting back on the course soon!

The Swingers have invited the 18 Hole Ladies to a "Mixer" on Tuesday, July 19. Nine holes, followed by lunch. Get a team together or call Mary Wagle, who will arrange a foursome for you. This will be a Cha, Cha, Cha format with sweeps and closest to the pin. If you do not want to order your lunch, you may bring your own. Deadline is July 11.





Mary Wagle

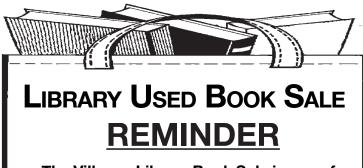
Reminder that the Men's Invitational is during our July 14th playday Thursday, and our players may play on that Wednesday, July 13, but not on Thursday!

Any member who had a Birdie on Thursday, at the June 23rd Invitational, may e-mail Phyllis Mueller or Brigid Moreton who will credit you. The Birdie-Chip In book also has a page you may record your Birdie on for that date.

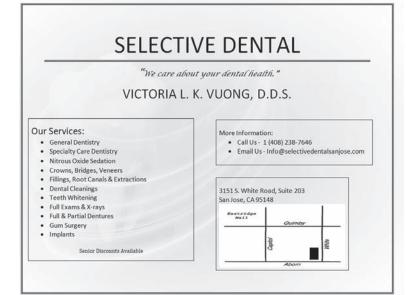
Birdies: Kerry Besmehn #4 & #6. Janelle Salvatierra #11. Jungwha Kim #9. Beverly Rees #18

Chip Ins: Kerry Besmehn #6. Janelle Salvatierra #11. Helen Varenkamp #8.

Time to spend your Invitational winnings. Check out the Pro Shop's new merchandise!



The Villages Library Book Sale is open for business all year long on Wednesdays and Saturdays at 10 a.m. to noon.



FROM THE PRO



By Scott Steele, PGA Head Golf Professional

Golf Course Conditions—Recently we received some golfer feedback regarding the overall conditions of the golf course being too dry with many spots of bare or thin turf. In response to these valid points, the VGC held a meeting to discuss some solutions to improve overall playing conditions on our golf course. The meeting was attended by me, the VGC, our GMS Director of Course Maintenance, Mark Wilson, several members of the Club Board including Club Board President Leslie Lambert, our acting General Manager, Julia Meadows, and numerous members at large. Several initiatives were discussed, and the meeting was very productive.

Here are some of the short-term and long-term initiatives that were discussed:

- 1. Returning to the pre-Covid rule of a maximum of two golf carts per group to reduce compaction and wear and tear on the turf caused by doubling the number of carts on the golf course.
- 2. Continuing to stress the importance of golf carts using the cart enter and cart exit gates and remaining on the cart paths around all tees and greens.
- 3. Raising the mow height of the fairways from 1/2 inch to 5/8 of an inch and raising the rough mow height from 1-3/4 inches to 2 inches to create a thicker upper layer of grass that will improve our lies and reduce the number of bare lies.
- 4. Returning to the practice of top dressing the golf course two to three times annually with a half-inch layer of sand and a gypsum (calcium) application. The sand helps to create a less dense upper layer of turf to allow better water, air and nutrient permeation. The gypsum aids water penetration and increases nutrient and water holding capacity as well as reducing the harmful effects of soil salts and improving soil tilth (the ability of soil to receive seed and promote growth).
- 5. The use of a new Board-approved piece of equipment called a deep-tine aerator. This aerating machine will spike a tine up to 10-inches into the soil breaking through the semi-impermeable hard layer that sits four to six inches under our turf, which leads to the tendency for our turf to either be overly wet or overly dry. Thanks to the Club Board for approving the purchase of this new equipment, which will greatly aid GMS in improving turf conditions.

In the meantime, GMS is dedicated to improving our turf conditions and is taking the following measures immediately: Seeding areas where turf has thinned. Aerification in select areas. Additional wetting agent (surfactant) applications to help improve water holding. Supplemental fertilizer applications. Mowing height adjustments (i.e., raising fairway mowing heights slightly for improved turf health)—while the adjustments are minor, there are benefits to slight increases in mowing heights. Continued consistent movement/rotation of cart traffic control to help spread wear patterns. Continue daily monitoring of irrigation and adjustments as needed—please note that as GMS seeds and fertilizes select areas there is a need to keep the seed moist and not let it dry out—You may see an occasional sprinkler head running during the day in areas that have been seeded. We also appreciate the golfer's patience and understanding during this time.

2022 Men's Evergreen Invitational – July 14-16. The 54th annual Men's Evergreen Member-Guest Invitational is July 14, 15 and 16. This three-day event promises to be the highlight of the Men's Club annual golf calendar! Because Thursday, July 14 is a modified day, the Women's 18-Hole Association will have their play day on Wednesday, July 13.

Evergreen Week: Wednesday, July 13 -18-Hole Women's Association 8:30 a.m. Shotgun—Open Play at 11:30 a.m.

Thursday, July 14-Men's Club only tee times—Evergreen practice rounds—Horserace 3 p.m.—18-HOLE COURSE CLOSED

Friday, July 15-Evergreen Invitational Day 1 – Both courses and Driving Range CLOSED ALL DAY. Saturday, July 16-Evergreen Invitational Day 2 – Courses CLOSED UNTIL 4 p.m. – RANGE OPEN 10 a.m. to DUSK

2022 Couples' Invitational—Join us on Sunday, August 28 for the inaugural Villages Couples Invitational! This promises to be a fabulous day of golf and a great way to finish the memberguest invitational season with class. Invite a "couple" of guests and enjoy what will be a great new event at The Villages.

Event Details: 1 p.m. Shotgun/2 Nest Best Ball Format—every participant must have a valid USGA Handicap Index, no exceptions. Dinner and awards after golf. Fabulous tee prizes for all participants plus purse money for winning teams. Entry Fee TBD. Signups begin Tuesday, July 5

Tips from the Pro

Balance the Scales—When I give short game lessons, I often see similar issues from one golfer to the next. It is common to see that the backswing is too short for the shot at hand. For instance, I will see the golfer use the same length backstroke for a 5-foot putt and a 25-foot putt—changing the force applied instead of the length of the stroke. Same with chipping and pitching, as I often see the golfer use the same short one-lever backswing for a 15-yard chip as they use for a 35-yard pitch. We must all understand that the length of the backswing controls the length of the shot. The premise is simple—short shot, short backswing—long shot, long backswing. Think of a pendulum...the longer the pendulum swings, the more speed it generates. This takes pressure off the hands and arms to force the necessary added speed for longer shots, which can lend to excess body movement and flipping at impact and resultant poor contact. Here are a few tips:

- 1. For short game shots—putting, chipping, pitching—try to keep the pace of the swing a constant and vary the length of the swing with the length of the shot.
- 2. Putting—on short putts (inside 10 feet) think about swinging the putter back short of you right foot—on longer putts (over 20 feet) think about swinging the putter back past your right foot
- 3. Chipping/Pitching—on short chips swing the clubhead back under your knees with minimal wrist hinge keeping the shaft pointed to the ground—on longer pitches swing the clubhead back past your hips and let the wrists hinge to point the shaft up to the sky.
- 4. Greenside Sand Bunkers—Swing the clubhead back nice and long like a full 8-iron swing and feel the club drop into the sand behind the ball—a short backswing will lead to a forced lunge or flip at the ball which creates thin and fat bunker shots that either sail over the green or stay in the bunker.

Let me know how these tips work. To sign up for a lesson, email ssteele@the-villages.com

SCOREBOARD

18-HOLE WOMEN SWINGERS

75

74

Thursday, June 30 First flight

Low gross: Janelle Salvatierra 80 Low net: Jungwha Kim 71

Second flight

Low gross: Nancy Keane 95 Low net: 1. Renee Woolard 72 2. Kerry Besmehn 72

3. Gail Tuft

Third flight
Low gross: Elsa McLaughlin 100
Low net

Low net
1. Laurie Gallegos 75
2. Jean Shimada 76
3. Donna Quartaro 76

2 Tees first flight

2. Debbie Moore

Low Gross: Valarie Dimmick 91 Low net: 1. Mary Wagle 71

2 Tees second flight

Low gross: Jean Beattie 99 Low net: Barbara Travis 73

MEXICAN TRAIN DOMINOES

Wednesday, June 29		
Tony Rivera	93	
Kit Hultquist	137	
Mary Delaney	230	
Sylvia Rozewicz	254	

Friday, July 1
Jennifer Biskind 171
Maribeth Berlie 201
Kit Hultquist 223
Sandy Gardiner 246

Tuesday, June 28

Front Nine Low Gross: Sue Daughtry Gross 45

Flight One

Sue Daughtry	Net 33
2) Bev Murphy	Net 36
3) Joyce Mukuno	Net 37
4) Marcy Boyles	Net 38

Flight Two

1) Song Cho	Net 28
2) Flo Southland	Net 33
3) Kathy Warren	Net 36
4) Betty Garcia	Net 36

Back Nine

Low Gross: JoAnn Bundgard Gross 46

Flight One

1) Kathleen Pennington

Net 32 2) Nikki Nocce Net 32

3) JoAnn Bundgard Net 334) Sue Bacigalupi Net 36

Flight Two

i) Sally Nichols	เทษเ งว
2) Delma Juarez	Net 36
3) Selma Chastaine	Net 36
4) Victoria Nourian	Net 38

BRIDGE

Monday, June 29: 1. Stan Davies - Art Lind 2/4. Margaret McNelly - Sylvia Rozewicz, Prakash Deshmukh - Roger Lasson, Joe Henry - Lorrie Scott

Friday, July 1: 1. Steve Bosma - Jonna Robinson 2. Joe Henry

- Bonnie Taylor 3. Dede Huffman - Lorrie Scott

Men's 18 Hole Golf Club Senior Net Championship

When: Saturday, August 20, 2022

What: Individual Low Net Tournament and lunch at the Gazebo catered by High 5. (Lunch is for Tournament.

Players *only*. Sorry, *no* Guests/Spouses) **Format:** Individual Low Net Competition

Signup: August 6 through 18. Sign up with the Pro Shop either as a team, or individually, and the Pro Shop will pair you with other players to form a team.

Handicaps: 100 percent of August 18 Handicap
Flights: Flighted by *Age*, depending on the number

of players **Tee Times:** 8 a.m. Shotgun. Coffee and Donuts from 6:45 to 8 a.m.

Cost: \$46 - This includes green fees and sweeps

Sonata/Del Lago Fourth of July festivities



Bill Rodman sings the Star Spangled Banner.



Cart parade participants Ellen and Danny Hwang with their granddaughters at the Clubhouse.

Photos by Kathleen Benz

Meanwhile, up at Olivas...



Vineyard Ridge residents in Village Olivas held a 4th of July barbecue. Front Row: John Mueller, Phyllis Mueller, Bobbie Lloyd, Merrilee Claverie, Asako Nakamura, Becky Nakamura, Dennis Davenport. Back Row: Lyn Arneson, Margaret Arneson, Lee Thompson, Pam Thompson, Steve Kang, Jeni Kang, Eilish Perry, John Perry, Lesley Chen, John Wang, Linda Koski, Michele Bosakowski, Jim Koski, Mary Horio, Anne Davenport, Leighton Horio.

Photo by Jim Koski

LANDSCAPE & MAINTENANCE

MAINTENANCE SCHEDULE

Cribari

5250-5319 and 5384-5399—Landscape maintenance and weed control, in progress.

5364-5383 and 5433-5488 — Landscape maintenance and weed control, 7/11-7/15.

Pine trees—Bark beetle treatment throughout the district in progress. 5067-5072 — Tree removals in progress due to dead/safety hazard. 5001-5027 - Painting project in progress.

Cribari Bluffs—Dry rot repairs in progress.

Cribari Crest—Rerouting water main in progress.

Del Lago

3301-3315—Landscape maintenance and weed control, 8/1-8/5. Turf clover weed spray in progress throughout the district.

8876-8897 — Landscape maintenance and weed control in progress. 8809-8875—Landscape maintenance and weed control, 8/22-8/26.

Fairways 4001-4024—Landscape maintenance and weed control, 7/25-7/29.

Glen Arden 7698-7752, 7753-7787 (odd)-Landscape maintenance and

weed control, 7/11-7/15. 7769,7767,7765,7763,7761 and 7759 - Dry rot repairs in progress.

8480-8505-Landscape maintenance and weed control in progress.

8464-8479 and 8506-8509—Landscape maintenance and weed control, 7/11-7/15.

Pine trees—Bark beetle treatment throughout the district in progress. Asphalt street maintenance district wide scheduled to start 7/11.

8005-8032, 8100-8121 and around lower Chardonnay Lake area—Landscape maintenance and weed control in progress. 8065-8088, and around Chardonnay Lake area, 8096-8099, 8122-8125, 8334-8349 and 8388-8399—Landscape maintenance and

weed control, 7/11-7/15. Pine trees—Bark beetle treatment in progress throughout the district. 8342 rear—Dead tree removal in progress.

Riesling Way—Dry rot repairs in planning.

Asphalt street maintenance district wide scheduled to start 7/12. Colombard Ct. – Utility door repairs in progress.

Highland

7574-7598, 7661-7701 and Findhorn Ct.-Landscape maintenance and weed control, in progress.

7500-7573—Landscape maintenance and weed control, 8/15-8/19. Pine trees—Bark beetle treatment throughout the district in progress.

Montgomery

6079-6126 and 6137-6183—Landscape maintenance and weed control in progress.

6246-6336—Landscape maintenance and weed control, 7/11-7/15. Pine trees—Bark beetle treatment throughout the district in progress. 6222 creek side—Dead tree removal in progress.

M. Lane Lake-Dead tree removal in progress.

6246-6271 — Preventative roof maintenance scheduled to start 7/11.

8740-8752, 8769-8807 and Foothill Center-Landscape maintenance and weed control, 7/25-7/29.

Sonata

2000-2024 and 2032-2064 - Landscape maintenance and weed control, 7/25-7/29.

2005 - Concrete walkway repairs in progress.

Valle Vista

9001-9014 and 9034-9036 - Landscape maintenance and weed control, 7/25-729.

Verano

7001-7060 and 7395-7404—Landscape maintenance and weed

Asphalt street maintenance throughout the district in progress.

Association

Common Areas-Treatment for voles, moles, gophers and squirrels, ongoing.

Weed spraying at turf and shrub bed areas in progress throughout the Villages.

Fire fuel management weed/brush clearing and tree work in selected areas in progress around the property.

Irrigation repairs throughout the Villages in progress.

Supplemental deep watering injections to stressed Redwood trees and others in progress throughout the districts.

Annual turf merit grub control treatment application in progress throughout the Villages.

Flower Beds—Pro chip mulch installation throughout the Villages in progress.

Club Centers

Buildings A, B, C and D-Landscape maintenance and weed control, 7/11-7/15.

Redwood trees supplemental deep root watering injections in progress throughout Club properties.

Annual turf merit grub treatment application in progress throughout Club properties.

Flower Beds—Pro chip mulch installation in progress throughout the Villages.

Pine trees—Bark beetle treatment in progress throughout the Club centers.

Montgomery Center—Dead tree removal in progress. Driving range parking lot—Dead tree removal in progress.

Tennis Courts - Installation of two drinking fountains in progress. Buildings A, B, C and D—Concrete walkway replacement in progress.

Maintenance Project Notice:

All work scheduling is subject to weather, delays and availability of contractor labor and materials. Contractor may start several days ahead or behind plan schedule, pending field and weather conditions. As needed, we update schedules accordingly via FastLane. For your safety, please be aware of and stay clear of project and staging areas. Access is typically restricted in the work areas. Look out for cautionary signage and other measures. Parking facilities and street frontage may be in use on a temporary basis for vehicle, material and equipment staging. Debris, dust, noise, odor and visual inconveniences may result from a project. Thank you for your cooperation and understanding.

FY23 Annual Street Maintenance Project for July 2022

This project provides for the repair and maintenance at select road segments at The Villages. This includes asphalt roadways and parking facilities. Designated areas undergo repairs and surface treatment processes on a six-year rotating schedule. For FY23 (this summer 2022), the six-year rotating schedule is targeted at Village The Heights, Village Hermosa and Village Verano. The planned scope of work and work areas and tentative schedule are as follows:

For July, American Asphalt will be on-site for the Streets Maintenance Project. The work will occur primarily at The Heights, Village Hermosa and Village Verano. Additional repairs may be completed at other locations. Access will be restricted in work area. Parking facilities and/or street frontage may be in use for vehicle, material and equipment staging. The general schedule is as follows (subject to change and weather permitting):

Asphalt Sealcoat

Weeks of July 11 and July 18

July 11 - Traminer Court, Grenache Court, Fume Blanc Court The Heights **RV** Lot July 11 and July 12

Hermosa

July 12 - Colombard Court, Pinotage Court, Reisling Way, Charbono Court, Chenin Blanc Lane, Sauvignon Court, Beaujolais Court, Hermosa Lane (northbound, exiting)

July 13 - Pinot Noir Court, Chardonnay Court, Cabernet Court, Claret Court, Chanti Court, Hermosa Lane (southbound, entering) July 14 - Via Granja, Via Piedra, Via Laguna, Via Montecitos, Norte

Verano (southbound, exiting)

July 15 - Via Valverde, Via Cielo, Via Belmonte, Via Portada, Via Solano, Via Amparo, Via Carrizo, Via Sendero, Via Mimosa, Via Laguna (existing side from Via Cantares to Villages Parkway), Sur Verano, (northbound, exiting and southbound, entering), Norte Verano

(northbound, entering)

Striping

Weeks of July 18 and July 25

Please note the following:

Verano

· For concrete repairs, expect limited restricted access, following contractor traffic control. We anticipate vehicles will be able to pass through construction areas.

· For asphalt repairs, expect limited restricted access, following contractor traffic control. We anticipate vehicles will be able to pass through construction areas.

- For asphalt repaving processes, streets will be closed between 7 a.m. and 6 p.m. Access is restricted due to contractor equipment processes. Before work commences, you may park along adjacent streets for access. We plan to open streets up at 6 p.m.
- For seal coat processes, streets will be closed between 7 a.m. and 6 p.m. Access is restricted due to contractor equipment processes. Before work commences, you may park along adjacent streets for access. Weather and drying conditions permitting, we plan to open streets up at 6 p.m.

Please be aware of detour and construction signage, restrictions, and closures.

- · Work hours are planned between 7 a.m. and 6 p.m. Please be prepared for
- inconveniences. Saturday work may be authorized. (Continued on next page)
- Debris, dust, noise, odor and sight inconveniences may result from this project.

(Continued from page 16)

stoves, or charcoal grills should always be used outdoors and at least 20 feet away from windows. Never use a gas stovetop or oven to heat your home.

Check on your neighbors. Older adults and young children are especially vulnerable to extreme temperatures.

Go to a community location with power if heat or cold is extreme. (Be aware that community shelters may not be available during the coronavirus emergency.)

Turn off or disconnect appliances, equipment, or electronics. Power may return with momentary "surges" or "spikes" that can cause damage.

Be Safe AFTER the outage.

When in doubt, throw it out! Throw away any food that has been exposed to temperatures 40 degrees or higher for two hours or more, or that has an unusual odor, color, or texture.

If the power is out for more than a day, discard any medication that should be refrigerated, unless the drug's label says otherwise. If a life depends on the refrigerated drugs, consult a doctor or pharmacist and use medicine only until a new supply is available.

Information from: ready.gov/power-outages

Maintenance Emergencies and/or Advice

The Maintenance Services Department's general work hours are Monday through Friday, 8 a.m. to 4:30 p.m. If you have a maintenance emergency during those hours, please call the office right away at 408-223-4670. Even if the emergency is your responsibility, Maintenance Services can provide a list of contractors that are familiar with The Villages and may be helpful for the repair.

If a maintenance emergency occurs outside of general work hours or on a holiday, please call Public Safety at 408-223-4665. Public Safety will contact the Maintenance Area Supervisor or the appropriate contractor to help resolve your maintenance emergency.

Street Maintenance...

(Continued from page 22)

There will be inconveniences to neighboring districts (Village Montgomery).

- Contractors will use electrical power and water from common utilities, as needed.
- Use of parking facilities and roadways may be used on a temporary basis.
- Debris will be removed on each workday. We will do our best to minimize damages.
- For safety reasons and work crew needs, parking may be restricted along streets.
- · We ask for your assistance with protecting your personal property (including vehicles, golf carts, etc.).
- · Please ensure that all pets are secured.
- Updates will be posted in the Villager and Fast Lane and/or delivered to specific sets of

homes. For unforeseen reasons, the schedule may be subject to change.

- · We are alerting the US Postal Service and City of San Jose Fire Department of planned work.
- We are coordinating work and emergency access with Public Safety.

Thank you for your cooperation and support as we complete this important work for The Villages community.



SRS SENIOR RESOURCE SERVICES

Running low on funds

"I thought I had planned ahead, but I'm now concerned about money. What can I do?" A Villager occasionally asks SRS this question. This week we address the question, "How can I use my real estate investment for living expenses?" To keep it simple, we will presume that the homeowner is single, has no mortgage, and will not have a gain on a sale because of the income tax exclusion. See last week's Villager on how to calculate the possible gain on a sale.

There are too many possibilities with using your real estate to list them all, but here are some suggestions to get you thinking.

Rent your guest room and bath: Many condos and houses have two bedrooms and two baths. Perhaps you should rent your extra bedroom and bath. In reviewing Craig's List, we found rooms in Evergreen rented for \$850 to \$1,500 a month. The rent appears to vary depending on the size of the room, private or shared bath, laundry facilities, and availability of a carport or garage. This monthly rental income will cover the monthly assessment for many Villagers.

Get cash from a reverse mortgage: In May, SRS published two articles about reverse mortgages. The articles explained how you could obtain cash, a line of credit, a monthly payment for as long as you continue to live in your home, or a combination of the choices. These articles can be printed for you at the SRS office. Because of the upfront costs of a reverse mortgage, most financial advisors suggest reverse mortgages don't make sense if you suspect you will not remain in your home at least another five years.

Sell and buy smaller: One Villager sold her large condo in Verano for \$1,100,000 and purchased in Cribari for \$520,000. After paying selling expenses and moving expenses, she still had \$470,000 to use for earnings and the principal as needed for her living.

Sell and move: A Villager sold his condo in Montgomery for \$800,000. He toured retirement apartments and was amazed at the beautiful apartments available. He selected one with transportation and dining rather than with amenities like a golf course and tennis courts which he didn't use. After selling and moving expenses, he has a little over \$700,000 to add to his Social Security. He's optimistic about his economic future.

Sell and rent: A Villager sold her condo in Olivas for \$900,000 and rented a unit in Montgomery for \$3,000 a month. After selling and moving expenses, she invested \$800,000 in a conservative income fund. She no longer has property taxes and association fees to pay.

Many Villagers are resistant to change. SRS stresses the importance of consulting members of your family and professional advisors before you make major decisions. You once saved for your future; you are now in that future. Start using your savings. As our name implies, Senior Resource Services wants you to understand you have resources. SRS wants to help you understand the beneficial uses available to you in these resources.

Next week we will consider assets other than one's owned residence if you are low on funds.

Note: The Senior Resource Services (SRS) office hours for drop-in assistance are Monday, Wednesday, and Friday from 10 a.m. to noon. The SRS office is in the Cribari Center across from the Post Office. You may also leave a message at 408-239-5253 or e-mail SRS at villagessrs@ sbcglobal.net. The purpose of SRS is to provide education and general business and financial information. All assistance is free and confidential. You should ask your professional advisor about your individual situation.

Ways to say 'Thank you!'

There are three types of articles available to readers of The Villager that allow you to thank an individual, a group, a club or organization.

A Villages club, organization or committee chair can thank an individual, another club or an employee with a **Bouquet**. Please limit the word count to between 50 and 100 words. Avoid long lists of names or the names of businesses.

An individual or family of a resident can thank other individuals, groups or organizations for help rendered in a death, injury, or other emergency through a Thank You item. Please keep word counts between 50 and 75 words.

Individual residents can thank other individuals, groups or organizations - not businesses or for-profit service providers - with an Above & Beyond item. This category is to thank others for acts of kindness, generosity and for jobs well done. Keep your Above & Beyond article as short as possible—from 50 to 150 words.

These three ways to thank individuals or groups are considered articles, and therefore are free of charge. They can be submitted directly to Associate Editor Kory Tran via email at: ktran@the-villages.com or submitted through the Resident Portal on The Villager page. (Articles may be dropped at The Villager office in Building B but the preference is that you submit these articles in digital form.)

Those wishing to thank or submit a testimonial to businesses, service providers or other for-profit entities may purchase a Classified Ad at the rate of \$1.30 per word, minimum of 10 words. To place a Classified Ad, contact Adrienne Reed at 408-223-4657 or email: areed@the-villages.com.

SRS Request:

Are you an attorney?

SRS is updating its list of attorneys who specialize in estates and trusts. Are you a Villager who would like to be added to the list? Or are you an extremely satisfied client of an attorney who lives close to The Villages and whom you could ask about inclusion on the list? Villagers would appreciate an estate attorney who would be willing to make house calls.

Please leave a message at the SRS office at 408-239-5253.

Slice of Humor



Four men are in a hospital waiting room because their wives are having babies. A nurse goes up to the first guy and says, "Congratulations! You're the father of twins!"

'That's odd," answers the man. "I work for the Minnesota

A nurse comes in and says to the second guy, "Congratulations! You're the father of triplets!

"That's weird," answers the second man. "I work for the 3M company!"

Another nurse tells the third man, "Congratulations! You're the father of quadruplets!"

"That's strange," he answers. "I work for the Four Seasons The last man is groaning and banging his head against the

wall. "What's wrong?" the others ask. "I work for 21st Century Fox!"

LASSIFIED ADVERTISING

To Place a Classified Ad

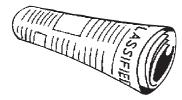
Adrienne Reed: 408-223-4657, areed@the-villages.com Kory Tran: 408-754-1341, ktran@the-villages.com

Ad copy is due Monday at 4 p.m.

The Villages does not endorse or guarantee any advertisement or insert using space in this paper to reach our readers. It is the responsibility of the users of these services to check references and claims made. Residents, please be aware California State law mandates any contractor bidding for a job more than \$500 in parts and labor must be licensed. The Contractors State License Board (1-800-321-2752) may be contacted regarding any questions or concerns about a contractor.

REAL ESTATE

California Law limits the minimum age and maximum number of occupants in a unit. Details available at the Public Safety Administration Office. Licensed Real Estate professionals advertising in The Villager are required to name themselves as agent or broker, or list the name of the brokerage for whom they work as part of their ad. This is in compliance with Real Estate Law Section 10140.6.



Olivas Home For Sale 8623 Vineyard Ridge Pl 2BR / 2BA 1,415 SQFT Single Story, Corner Lot

2 Car Garage, In-House Laundry South Facing Private Patio Call Brian for Info: 408-499-9561 DRE#014267785

7/21

Short term Rental Available from **September 7 for 6 Months**

1 bed 1 bath fully furnished with separate dining, kitchen, den, carport, living room and patio facing beautiful view of lake with fountains. Call 408-345-1238

> For Lease in Cribari **Ground Floor**

2 bedroom 2 BATH 310-292-9443

Real Estate (Continued)

FOR SALE **BY OWNER**

8123 Cabernet Court at The Villages \$859,000 2 BR/2BA + Den Townhouse

in a Gracious setting, with patio surrounded by lawn.

Extra large double garage with built-in storage, **Excellent condition** with new carpets. For more information, Please call Raydean: 650-400-7198 Principals only please Do not disturb tenants

Housing Wanted

An amicable professional in her late 60s

(Recently retired from high tech) seeks to rent a room in The Villages. 925-864-0300

7/7

Rental wanted ASAP 2 bedrooms, Ground floor.

Current Villager Resident, non-smoker. Call or Text: Sue 408-533-3487

7/7

Appliances

Appliance Repair Maintenance

Trained, Licensed Insured Repair Specialist All Major Brand Appliances Richard: 408-439-9645 armrepair@gmail.com www.armrepair.com

Awnings

ABBY'S AWNING SERVICES Awning cleaning, repair,

recover and new Serving Villagers for 25+ years Barry: 408-264-0807 Contractor's License#1045290

9/22

Carpet Cleaning

CARPET **CLEANING**

SUP-R-KLEEN Carpet Cleaning

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Ferguson Carpet / Tile / **Upholstery Cleaning**

References Licensed 408-369-8595 **Truck Mount** Steam Cleaning

8/25

Computers

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10/13

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CASH PAID Gold/Costume Jewelry,

Sterling, Diamonds, Coins, Stamps

Tom 1-408-607-7142

7/7

Estate Planning

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Water Heaters Installations, Repairs Preventative Maintenance Phone 408-242-3082 Lic.#767008 Villagers References Villages Resident

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Lucy's House Cleaning **Professional Work**

Very Trustworthy 24 years of experience (Villagers' references available) Licensed, Free Estimates 408-315-0469

7/14

Landscape

3S Gardening-Landscaping Lawn, Tree Maintenance

Plants, Flowers. Joseph 408-209-8206

1/5

Moving/Storage

ZORN MOVING & STORAGE

408-227-1744 jameslzorn@yahoo.com Agents for National Van Lines

Painting

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Lic.No.500613,C33 408-210-0859 jamespainting7@comcast.net Villages References

6/29

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Interior/Exterior Drywall Repair Acoustic (Popcorn) Removal Wallpaper Removal Crown Moulding Installation Texturing Handyman Services

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Popcorn Removal

Free Estimates

Color Consultation

Plumbing

A.L. Plumbing

8/18

Plumbing (continued)

PLUMBING

55+ Senior Discount on quality plumbing service

Venture Plumbing Company is offering 10% off of any plumbing service for 55+ seniors at the Villages in San Jose, we look forward to providing quality plumbing services to your community!

Senior discount offer cannot be combined with any other special offers

> Lic. #934775 Call us today! 1-866-483-6887

> > 7/28

Senior In-Home Care (continued)

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10/27

Lic#10332242 7/7

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AFFORDABLE RATES EXPERIENCED, **REFERENCES HONEST INSURED** MANAGED BY **VILLAGES RESIDENTS** 408-835-7355 650-207-2442

Honest, reliable & **CNA Male Caregiver** friendly service. **Available** Bonded & Insured

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12/29

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7/7

Senior In-Home Care (continued)

SENIOR IN-HOME CARE

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08/1

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A+ Certified H.C.S.B, with BBB Quality, Affordable In-home Care Licensed, bonded, insured. Honest, reliable, certified caregivers Hourly/Live-in CALIC# 434700088 Free consult. 408-368-6918

11/3

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7/28

Private Personal care assistant/caregiver

15 years in The Villages, **Excellent Referrals** Stay In/Hourly Mila 408-660-6459

7/7

Shoe Repair

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11/24

Transportation

SMART SENIOR RIDE SERVICE

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NANCY: 408-396-6603 Villages Resident

Airports, Appointments, Errands. 6/29

Remy: 650-776-8850 Joe: 650-279-7814

Villages Resident Airports, Doctors Appointments. Dependable

6/29

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McKee Window Cleaning Experienced, Honest

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Gabe's Window Cleaning Inside & Out Tracks

Screens \$200 408-393-3177

7/21

ITEMS For Sale

30X80 inch Wood Desk, Three file drawers. Large Desk Chair

\$100 Janet: 408-499-7853

7/7

Ads continued on next page.

Items For Sale Cont.

ESE ESTATE SALE 7713 Galloway Drive in Highland Village

Friday, July 8, 10AM to 2PM Saturday, July 9, 10AM to 2PM

We are offering a Yamaha Golf Cart, an English Hopper Touring Bike, Gold's Gym Exercise Trainer, a full house of Furniture, Patio Furniture, Art Works, Fine China, Crystal, Small Appliances (Keurig Coffee Maker, Cuisinart Air Fryer, etc.), Kitchenware, Glassware, Flatware, Office Supplies, Collectables, Electronic Devices, Flat Screen TVs, DVDs, CDs, Vinyl Records, Books, Men's Clothing, a full Garage of Paraphernalia, Tools, and much more.

Brand New Bat-Caddy \$150 below dealer price

Top-of-the-line models 917-225-5500

Generously Large Slipcovered Creamy White Loveseat Sofa 6'x3'x3'

\$400.00 Marjorie: 415-742-0528

Schwinn Journey 4.5 Elliptical Machine -

Good Condition \$100

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Roger: 408-239-3547

Cars, RVs, Golf Carts

2013 Toyota Corolla LE, 73K, Excellent Condition

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7/7

Price Reduction! 2018 30ft Keystone

Cougar 5th Wheel, Model 268RLSWE—Loaded! 2017 Ford F-150 XLT SuperCab with hitch to tow trailer. Loaded!

\$36,000 each, or both \$70K Paul: 408-532-3033 prminer@comcast.net

LOST & FOUND

Last chance to claim these items from the Lost and Found in Building B:

credit cards, Fitbit, flip phone, Kindle, hearing aids, medical battery, jewelry (earrings/rings/bracelets), air pod, dentures, and key fobs (Mercedes/Lexus/Changan/Honda/Subaru/Ford/Toyota). A description of your lost item will be required when claiming.

Call 408-754-1336 for more information.

7/14



Remember someone with a memorial gift to VMA

Honor the life of your friend or loved one by funding the services to extend the quality of life for other Villagers. A memorial gift to the Villages Medical Auxiliary (VMA) honors the loved one lost and promotes the work of the VMA. If you have any questions on how to give, call the VMA office at 408-238-4230. All donations to the VMA are tax deductible.

Remember your loved one with a memorial gift to EVF

Please remember the Evergreen Villages Foundation (EVF) when you are considering a memorial gift in honor of a loved one. The EVF sends a lovely acknowledgement from you. www.evfsj.org

Leash rule for pets

Residents are reminded, as per Club Rule 1.51, that pets must be kept on a leash, under control, and attended to at all times. This also applies to the Hill Lands.

An increase in coyote aggression has created problems with small dogs, especially those that

small dogs, especially those that are unleashed. *Please always leash your pets. And keep leases short, the Division of Wildlife recommends a leash no longer than 6 feet.*

Furthermore, accompany your leashed pet at all times while outside. Do not let go of the leash or

tie your animal to trees or other objects. An unattended leash not only attracts the attention of coyotes, but is also a tripping hazard to other walkers.



Residents, or those working on the behalf of residents, are advised to call the Public Safety Administration office at 239-5246 before planning or opening a sale at the Villages. All sales on Villages property are subject to Association Rule 2.02 Residence Use and Occupancy Restrictions.

Homeowner Rule 3.2.10, Estate and Garage Sales states: 3.2.10 Estate and garage sales are permitted subject to the

following:

A. A permit for the sale shall be obtained from the Public Safety Office prior to holding the sale and placement of advertising.

Also, effective July 1, 2012, all estate and garage sales in the Association will require a permit. The owner of the property must request the permit from Public Safety Administration in Building C.

The Villages Association Rule 2.02. 5., Residence Use and Occupancy Restrictions applies:

- 5. Estate and garage sales are permitted subject to the following:
- A. Public Safety will not allow entry to anyone who is not authorized by name in advance (Club Rule 1.01, Access to the Villages).
- B. All sales activity and sale items must be contained within the residence or garage.
 - C. Sales maybe held only between 9 a.m. and 4 p.m.
 - D. Sales period may not exceed two days.
- E. Only one sale per resident household per year will be permitted. In the event of the death of a resident of the unit, a subsequent estate sale will be permitted. A permit is required and can be obtained from Public Safety.

F. Residents may not use public media to invite members of the general public to attend estate or garage sales at The Villages.

In this context, "public media" includes the internet, social media such as Facebook and Twitter which will be seen by non-residents, and publications which circulate outside The Villages such as the Evergreen Times and Spotlight. Residents may post activities and notices on Next Door but must use the "Choose Neighbors: The Villages [only]" option.



In Memoriam and Obituary Notices

In Memoriam notices are run free of charge.

Notices include name of deceased, date of birth and date of passing. Brief notices of memorial gatherings may be included with the notice, providing event is held in a Villages' facility.

Obituary notices may be placed in the Classified Advertising section for a fee.

For more information, please call Kory Tran at 408-754-1341 or email: ktran@ the-villages.com, or Scott Hinrichs at 408-223-4655 or email: shinrichs@the-villages.com.

Ten Tips for choosing a contractor

Ten tips to make sure your contractor measures up

Provided by the California State License Board

- Hire only state-licensed contractors.
- Check a contractor's license number on line at: www. cslb.ca.gov or by calling 800-321-SCLB (2752).
 - Get at least three bids
- Get three references from each bidder and review past work in person.
- Make sure all project expectations are in writing and only sign the contract if you completely understand the terms.
- Confirm that the contractor has workers' compensation insurance for employees.
- Never pay more than 10 percent down or \$1,000, whichever is less. Don't pay in cash.
- Don't let payments get ahead of the work.
- Keep a job file of all papers relating to your project, including all payments.
- Don't make the final payment until you are satisfied with the job.

Classified advertising price change effective June 25, 2022

The Villager Classified Advertising Pricing

Category Cost **Real Estate** \$1.60 per word (minimum of 10 words) Services \$1.60 per word (minimum of 10 words) (See below for Services sub-categories.) \$1.60 per word (minimum of 10 words) Notices **Personals** \$1.30 per word (minimum of 10 words) \$1.60 per word (minimum of 10 words) **Cars & Carts** \$1.60 per word (minimum of 10 words) Help Wanted (Employment notices) \$1.60 per word (minimum of 10 words) Wanted **Items for Sale** Villagers: \$1.30 per word (minimum of 10 words) Non-residents: \$1.60 per word (minimum of 10 words) (Personal items only) Villagers: \$1.30 per word (minimum of 10 words) Free Stuff Non-residents: \$1.60 per word (minimum of 10 words) **Obituaries** \$1.30 per word Photo of the deceased \$25 Free flag for veterans **Villages Business Directory** \$10 per week (Business Directory available to Villages residents only. Listings must be compact enough to fit on two lines only.) **Lost & Found** First 15 words of first ad are free: after 15 words: \$1.30 per word (Subsequent ads after first week are billed at \$1.30 per word)

Specials (Additional add-ons to regular ad pricing)

Placement in box\$15 per week (boxes limited to one-column width)Premium placement\$20 per week, placement anywhere with special box

(Other suggested custom heading)

(Anywhere in Classified Ad section, not including first column or above section heading)
(Premium ads will have a bolder border. Placement space is on a first-come-first-served basis.)

CLASSIFIED ADVERTISING GUIDELINES

To submit ad copy, renew, cancel, or make changes to your ad: Contact Adrienne at 408-223-4657 areed@the-villages.com; or contact Scott at 408-223-4655; fax to 408-223-2843; or mail to:

Villager Classified Ads, Building B 5000 Cribari Lane, San Jose, CA 95135.

(Downloadable forms available on the Resident Portal at **thevillagesgc.com**. Ad copy is not taken over the telephone. Call Adrienne or Scott to verify receipt of fax.)

Payment:

All ads are to be paid in advance by cash, check or money order. Make checks/money orders payable to:

The Villager. Villages residents may charge ads to their Villages accounts. Take payments to the Villager office in Building B or mail to the address above.

Deadlines:

Ads are due Mondays by 4 p.m. for publication in Friday's paper. Deadline also applies to renewals, cancellations and changes. Exceptions are only for holiday deadlines, details of which will be published in advance.

The Villages does not endorse or guarantee any advertisement or insert using space in this paper to reach our readers. It is the responsibility of the users of these services to check references and claims made. Residents, please be aware California State law mandates any contractor bidding for a job more than \$500 in parts and labor must be licensed. The Contractors State License Board (1-800-321-2752) may be contacted regarding any questions or concerns about a contractor. The Villager reserves the right to refuse ads containing offensive or questionable content.

The Villager Classified Ad Form

		Fill out your ad here. Be sure to include contact information. Phone numbers, email addresses, websites, and symbols (&, +, @, etc.) are counted as one word. Hyphenated words are counted as two words. Please print clearly. See other side for pricing information and specific details for your
Address:	□ OTHER CATEGORY (Please specify) □ VILLAGES BUSINESS DIRECTORY	
HELP WANTED WANTED ITEMS FOR SALE FREE STUFF OBITUARIES LOST & FOUND SERVICES	(Must fit in two lines) Additional Options: Single Line Box (\$15 in addition to ad) Premium Box (\$20 in addition to ad)	
☐ Appliances ☐ Automotive Repair ☐ Senior Care Facilities ☐ Senior In-Home Care ☐ Computers ☐ Electrical ☐ Landscape ☐ Errands/Odd Jobs ☐ Health & Beauty ☐ Heating & A/C ☐ Flooring ☐ Remodeling	☐ Housecleaning ☐ Legal/Professional ☐ Plumbing ☐ Moving/Storage ☐ Painting ☐ Pet Care ☐ Repair/Handyperson ☐ Window Cleaning ☐ Tax/Finance/Insurance ☐ Transportation	Amount per week: \$ # of weeks: Issue Date(s):
☐ hemodeling		Total Amount: \$ Bill:







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