

Distributed Friday online at: thevillagesgcc.com

March 4, 2021

The News this Week

• Clubhouse Indoor dining resumes (See article on page 1)

Vol. XLV No. 9

- From BrightView—lawn aeration (See article on page 19)
- From BrightView—fruit suppression (See article on page 19)
- Boards seeks director candidates (See articles on pages 3 & 10)
- Club Policy proposed changes (See article on page 3)
- Association Policy proposed changes
 (See article on page 4)

Hot Tickets

Cancelled until further notice



Community TV channels:

CHANNEL 26: Club & Event notices CHANNEL 27: Currently playing

- ABOD Policy Based Reserves
 Planning, with David Cook
- Keep Fit with Mwezo
- Keep Fit with Hartmut

(See page 9 for broadcast times on the above items and for other programming.)



Inside The Villager

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His master's short game



Laser focused on his task of guarding the golf cart (and being on the lookout for other dogs) Riley Dimmick takes a vigilant stand while his humans, David and Valerie, practice their short games on the Montgomery chipping green.

Show that you care. Wear!



Wear a mask any time you go out and especially if you come in contact with others. To be safe, stay at least six feet away from others.

Wear your mask so it comes all the way up, close to the bridge of your nose, and all the way down under your chin. Keep it snug to your face.

Although Santa Clara County has moved into the less restrictive Red Tier, continue wearing masks, sanitizing hands and social distancing as before.

Clubhouse Indoor Dining resumes March 6

The State of Califonia announced this week that Santa Clara County will be moved into the less restrictive Red Tier, allowing indoor dining at 20-percent occupancy, or 80 persons, whichever is less.

The state allows for one household per table, and for those who want to be seated together. Until the state clarifies this with their Dining Checklist, it indicates only one household per table. We will allow those Villagers who want to be seated together not to exceed three households. This is subject to change once the state provides clarity on their document and health order discrepancies.

Social distancing, mask requirements, signing in and temperature checks before entering will be in effect.

The Clubhouse will begin serving breakfast on Saturday, March 6, beginning at 7 a.m., while indoor hours will remain the same as patio dining with the exception of closing at 8 p.m. instead of 7 p.m.

Indoor Dining COVID-19 Protocol

Requirements Before Entering Clubhouse Restaurant:

- Diners confirm they are COVID-19 symptom free
 Overfirm they are COVID-19 symptom free
- Confirm they did not test COVID-19 positive in the last 14 days
 Verify they have not been in close contact with anyone who tested positive for 14 days
- Are required to wear face masks
- Maintain social distancing protocol of 6 feet
- Once seated at the table, masks must be on until the food and drinks are served
- Must put on masks whenever a server approaches the table
- Wear masks whenever they leave the table
- Wash or sanitize their hands often
- Each table is restricted to no more than three Villages households
- A point person will sign in with Full Name, Email, Phone Number and confirm that all individuals seated together reside in Villages households.

COMMUNITY NEWS

PULSE

Dear Readers:

The Villager welcomes everyone's voice sharing ideas, opinions and accounts of life in The Villages in the Pulse column. Please follow the guidelines carefully.

Pulse deadline is 4 p.m. on Thursday of the week prior to publication. Pulse letters will be published in complete or abridged form at the discretion of the Publisher and in accordance with the editorial policies and rules established by the Club Board of Directors. (See VGCC Rule 1.30.) Opinions expressed by Pulse letter authors do not necessarily reflect the opinions of The Villager Publisher, staff, boards of directors or

All Pulse letters must be 200 words or fewer on a single topic relating to life in the Villages. Each letter must also include name, address, phone number, date and number of words. Typed or legibly written letters must include your signature and may be hand delivered to the Pulse mailbox in Administration Building B or by mailing to the Communications Advisory Committee, 5000 Cribari Lane, San Jose, CA 95135.

Letters may be submitted electronically through the Pulse Submission Form on the Resident Portal: resident. thevillagesgcc.com/pulse, or emailed to Villager Managing Editor S. Hinrichs: shinrichs@the-villages.com. E-mailed letters must include the text within the body of the e-mail and the subject line must read PULSE

0 Pulse letters received this week.

0 Pulse letters not meeting Pulse Letter Guidelines.

1 Deferred Pulse letters published this week.

Note: Pulse authors are solely responsible for the statements and opinions contained in the Pulse letters. The Villager does not verify the accuracy of any statements.

Note: Pulse letters are still being accepted through the "Shelter-In-Place" order in digital form only. You may take a picture of your hand-written letter and e-mail it as a JPEG attachment to: shinrichs@the-villages.com.

All Pulse letters that are published are retained by the Communications Advisory Committee (CAC) for a period of 12 months. Rejected Pulse letters are not shared with anyone outside the CAC, management or Club Board and staff liaisons for the reason of confidentiality.

Regarding the new "Golf Three-Household Protocols" it seems ludicrous to me that these rules, which obviously are intended to limit group exposure to the COVID virus, should apply to golf. Players on the golf course are already limited to single golf-cart occupancy unless a twosome is from the same household. Since the Three Household Protocol permits three unrelated groups of two, i.e. six persons, to assemble, what is the justification for limiting the number of unrelated golfers, in individual carts or walking, to three rather than four? A golf cart with a single rider, as well as a walker, should be deemed a Half-Household.

The effort at limiting our exposure to the virus is appreciated, but perhaps over-done when applied without modification to golf.

—Harvey Wolfe

ABOVE & BEYOND

Kudos to John Yu for a special Valentine's Day dinner.

Our dinner was perfect! The steaks were done just right, the salad was delectable, and the dessert was delightful. Thank you for adding to our special day.

-Meg Rogers

To Barbara Gottesman, coordinator and participant of the Arts and Crafts Virtual Art Challenges, a "Thank you!" for encouraging all Villagers to participate. After some help getting to the site, I was able to sit, enjoy and appreciate all the variety and interpretations of "Love is in the Air," February's theme, and look forward to this month's "Spring has come again"!

Art is alive and well in The Villages! Just click on...

Louise Connors

Pulse letter deadline to change; this week's deadline is Thursday by 4 p.m.

Your Pulse letters are important to The Villager and Village residents. To facilitate our ability to get your letters published in a timely manner we are making a change in the Pulse letter submission deadline. This change will provide reviewers and letter authors more time if changes are needed because the letter is not compliant with Club Rule 1.30.

Beginning this week, the deadline for Pulse letters will change to 4 p.m. on Thursday of the week prior to publication. We hope that this will result in more Pulse letters printed quickly. Any letters received after the deadline will be reviewed for inclusion in the next edition of *The Villager*. Thank you for your cooperation with this change.

-Communications Advisory Committee

IN MEMORIAM

In Memoriam notices are run free of charge.

Notices include name of deceased, date of birth and date of passing. Brief notices of memorial gatherings may be included with the notice, providing event is held in a Villages' facility.

Obituary notices may be placed in the Classified Advertising section for a fee. For more information, please call Kory Tran at ktran@the-villages.com or 408-754-1341 or Scott Hinrichs at shinrichs@the-villages.com or 408-223-4655.

DEADLINES

General Copy: All general copy, other than sports, is due by 4:30 p.m. Thursday, seven days prior to publication. For editorial information call 408-754-1341 or 408-223-4655 or email ktran@the-villages.com.

Sports: Sports copy is acceptable after deadline only by permission of the Managing Editor, 408-223-4655.

Classified Ads: Classified ads, renewals, cancellations and changes are due by 10 a.m. on the Monday before publication. Holiday deadlines differ. All classified ads must be in writing. You may fax classified ads to 408-274-2843 or e-mail to: ktran@the-villages.com. For more information, please call 408-754-1341 or 408-223-4655.

Display Ads: Display ad rates and placement may be arranged by calling Mario at 408-223-4657. Display advertising information is available on The Villages web site at: www.thevillagesgcc.com.

Delivery: The Villager is published on Thursday and distributed to all residents Friday morning. Extra copies of the latest editions are usually available in The Villager office and in the Library.
Call 408-223-4655 to report missed deliveries.

POLICIES

Publication of advertising in The Villager does not constitute endorsement. Licensed real estate professionals advertising in The Villager are required to name themselves as agent or broker, or list the name of the brokerage for whom they work as part of their ad. This is in compliance with Real Estate Law Section 10140.6.

All copy is subject to editing and must be submitted with that understanding. The Villager reserves the right to reject or discontinue advertising or articles that are deemed unsuitable.

The Villages Communications Advisory Committee "To inform and connect Villagers" develops operational plans, reviews rules and policies, and advises the General Manager and Club Board on issues pertaining to The Villager, including Pulse letters, Channel 26, Fast Lane and the web site. Residents having relevant concerns may attend meetings or call committee members by phone: Chair Barbara Clurman at 347-451-5309, Sue Callahan 408-238-2413, Jeanette Campa 408-661-0203, Debbie Champion at 408-960-6994, Jane Derow 408-440-0665, Patricia Reardon at 408-914-2432, and Nick Yannaccone at 408-219-9296

HOURS

The Villager editorial and classified advertising hours are Monday through Friday, 8:30 a.m. to to 4:30 p.m. The Villager display advertising office hours are by appointment. Call 408-223-4657 to schedule.

The Villager is the official and legal communication medium for The Villages, a Senior Community. Its mission is to provide residents with timely information about activities, facilities and services at The Villages, and to promote a sense of community by documenting and celebrating those common experiences highlighting life at The Villages.

THE WEEKLY VILLAGER is published every Thursday under policies established by the

Club Board of Directors:

Mike Falarski President Howie Blumstein Vice President Mike Poellot Secretary Bob Wilk Treasurer Bob Krattli Director Director Lee Thompson

Villager Personnel:

General Manager/Publisher Mary Majerle-Tatum Director of Community Activities Scott Hinrichs Managing Editor Joanne Guillen Design/Layout Editor Kory Tran

Associate Editor Advertising Customer Service Adrienne Reed

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Visit The Villages web site at: thevillagesgcc.com

Boards & Committees

Homeowners' Corporation Directors Election 2021

Want to make a difference in your community? The Homeowners' Corporation Board (HBOD) of Directors is looking for you. Serving on the HBOD is a rewarding and interesting activity that makes you feel a vital part of the community. You get to know your neighbors and you can make a difference in their enjoyment of Villages life.

The Villages Homeowners' Corporation Board of Directors' mission statement reads "The Homeowners' Board of Directors manages and regulates the use and enjoyment of the Homeowner Development in accordance with the governing documents and the law, and in a manner that preserves, protects, and enhances homeowner property." The bylaws of the Homeowners' Corporation provide that there will be five directors serving on the board. There will be three vacancies on the Board for 2021 with Greg Stewart's and Brooks Fuller's terms expiring, and the pending departure of Mary McBride due to an upcoming move to be with family.

If you would like to find out more about serving on the Homeowners' Corporation Board of Directors, please contact any current board member, President Mary McBride, 408-718-5790; Vice President Rob Kirschbaum, 201-960-4820; Secretary Brooks Fuller, 630-740-5542; CFO (Treasurer) Greg Stewart 408-531-1029; and Director at Large and ACC Liaison Richard Zahner, 408-717-0462.

- NOTICE -From The Villages Association

The deadline for nominations for The Villages Association Board of Director candidates for this year's election is March 30, 2021, at 5:00 p.m.

Pursuant to California Civil Code §5105(a)(3), The Villages Association Bylaws Section 6.1.2, and The Villages Association Election Rules Section 3.2.1, any Member who satisfies the qualifications and is not otherwise prohibited from running for the Board may place their name in nomination by completing the "Solicitation of Candidates Form" and submitting the form to the President (David Cook) or Secretary (Richard Holmboe) of the Board before the above posted deadline.

(See Solicitation of Candidates Form on page 10)

Notice of Proposed Changes to Club Policy CPo 208 Emergency Preparedness Committee Charter

At its February 23, 2021, monthly meeting, The Villages Golf and Country Club (VGCC) Board of Directors approved to publish for 30-day notice proposed change to VGCC Policy CPo 208 Emergency Preparedness Committee (EPC) Charter prior to formal approval consideration at the March 30, 2021, board meeting.

Response to the proposed revised charter may be made by one or more of the following methods: 1) Participation in the discussion of the change at the Club Board of Directors March 30 monthly meeting, 2) via-email (jmeadows@the-villages.com), with comments sent to the Club Board through the General Manager's office at least seven (7) days prior to the Club Board of Directors March 30 meeting, or 3) via written comments addressed to the Club Board and delivered to Building A at least seven (7) days prior to the Club Board of Directors March 30 meeting.

The Board will consider oral and written comments regarding the proposed revised charter at the March 30, 2021, monthly meeting (1:30 p.m. via Zoom teleconference) prior to formal approval consideration.

Deletions are noted in strikethrough font, additions are underlined, and the purpose of the change is in italics.

The purpose of the proposed change is to increase the maximum number of committee members from 14 to 20 to include all EPC Directors as committee members.

CPo 208 Emergency Preparedness Committee Charter

Organization and Membership:

The Committee shall consist of no fewer than ten (10) and no more than fourteen twenty (14 20) members appointed by the Board of Directors of The Villages Golf and Country Club (VGCC). Members are appointed to serve three (3) year terms, from January 1 through December 31, on a staggered basis. There shall be no limit on the number of terms a member may serve.

A Board liaison, General Manager, and Director of Public Safety shall be non-voting ex-officio members.

The Committee shall elect a Chair, who shall be the primary contact with the Club Board, and one or more Co Chairs as needed.

Club Nominating Committee seeks candidates

The Villages Golf and Country Club Board Nominating Committee is actively seeking candidates for election to the Club Board of Directors. The Club governing documents provide that there shall be seven directors, and election will be held during May and June for six director positons, three to serve three-year terms, one to serve a two-year term and two to serve a term of one year. The Club Board is responsible for the management of Club operations including, but not limited to all recreational, social, and cultural events in operation at The Villages, the community centers and adjoining swimming pools, the Clubhouse/ Pro Shop complex, the two golf courses and tennis courts.

It's a rewarding experience to participate in the governance of this vibrant community. The Nominating Committee urges all Villages property owners to consider involvement in the community decisions through service on The Villages Golf and Country Club Board of Directors.

If you are interested in being a candidate, and/or need additional information please contact any of the Club Nominating Committee Members: Bill Devincenzi at 408-531-1031, Nick Yannaccone at 408-440-1765 and Jerry Neece at 408-270-2503.

Telephone Directory delivered

The 2021 Villages Telephone Directory has been delivered last week

Missed or damaged books may be replaced without charge until March 19. After that, Villages residents may purchase a telephone directory (or extra directories) for \$10 each.

Missed your Villager?

If you missed delivery of your weekly copy of *The Villager*, please call 408-223-4655 to report it. (Please do not call before 11:30 a.m.)

You may pick up a replacement copy of your paper at the newsstand at the entrance of Building B or go online to the Villages website—www.thevillagesgcc.com—and download the current and past editions to your computer.

More BOARDS & COMMITTEES and COMMUNITY NOTICES on pages 4, 5, 10, 14 & 23

HENRY S. CHANG, D.D.S. GENERAL DENTISTRY

- Cosmetic Dentistry Implant / T.M.J. Disorder
 - Emergency Care Senior Discount

3151 S. White Rd. (at Aborn) Suite 203 238-7646

\$25 00 off

Towards Initial Appointment New patients only with coupon.

Notice of Additional Proposed Changes to Association Policy APo 304 Replacement Reserves Policy

At the January 26, 2021 meeting, the Association Board provisionally approved proposed changes to The Villages Association Policy APo 304 Replacement Reserves Policy and to publish proposed changes for the required 30-day member comment prior to formal approval consideration at the March 30, 2021, monthly meeting. The proposed changes were published in the February 4 and 11 editions of The Villagers newspaper.

At the February 23, 2021 meeting, the Association Board provisionally approved additional changes to Policy APo 304 and to publish these additional proposed changed prior to formal approval consideration at the March 30, 2021, monthly meeting.

The Board will consider oral and written comments regarding the proposed changes at the March 30, 2021 board meeting. Response to the proposed policy changes may be made by one or more of the following methods: 1) Participation in the discussion of the proposed changes at the Association Board of Directors monthly meetings noted above, 2) via written comments delivered to the Board through Maria Hernandez in the General Manager's office at mehernandez@ the-villages.com.

Deletions are noted in strikethrough font, additions are underlined, and the purpose of the change is in italics.

The purpose of the proposed changes is to improve the useful information provided in the Annual Reserves Plan reports; the 30-Year Reserve Spending Plans will be updated to add (beginning with the FY21/22 budgets).

Title: Replacement Reserves Policy **APo 304**

OBJECTIVE:

Provide guidelines for managing Association's Reserves Funds, and to protect against the need for special assessments.

GOVERNING DOCUMENTS / LEGAL REQUIREMENTS:

Association Bylaws, California Civil Code 4000-4765, 5510-5560, 5600(a)-(b), 5605(a)-(c), 56105(a)-(c), 5620, 5615, 5650(c), 4210 5625

POLICY:

The Board collects funds for the Association's Reserves Fund to ensure that monies are available as required to maintain, repair, replace, or restore Association property components in a safe condition and good appearance. The Board will determine the contribution required from the owners each fiscal year based upon Reserve Study information and other factors the Board considers relevant.

LIMITATIONS:

- 1. Reserves monies collected are to be used only for the purpose of maintenance, restoration, repair or replacement, or litigation involving such items for which the Association is responsible. Reserve funds set aside for a particular line item in a reserve study need not be restricted to expenditure on that line item alone, but rather the aggregate of all reserve funds may be used for the aggregate of all reserve expenses without reference to a particular component. The Association shall maintain one amalgamated reserves fund account; but each district's financial balance will be recorded in a separate sub-account. Each district's annual funding requirements shall be collected
- area (AFA). 3. The Board shall review the Reserves Study annually and at least once every three years, the Board shall cause to be conducted a reasonably thorough visual inspection of property components to update the Study. The Board may, at its sole discretion, submit the Study to independent review by a Reserves Study specialist.

from owners within the district on the basis of assigned villa adjusted floor

4. Reserves Study detailed and summary reports shall be available to the District Advisory Committees (DACs) for their review and recommendations. The Board's objective is to maintain adequate reserve funds for each district to accomplish all planned repairs and replacements in accordance with the Reserves Study schedule while providing sufficient contingency for emergency repairs. To meet this objective, the reserve balance for a given district at the beginning of the fiscal year, plus the proposed assessment, should be sufficient to meet the estimated expenditures for that fiscal year. If a district has insufficient funds to meet its estimated expenditures for that fiscal year, the Board may, at its sole discretion, authorize a loan to that district from the Association Reserve Fund, or levy a special assessment against the owners in that district. Funds borrowed by a district shall be subject to repayment with interest within one (1) calendar year.

5. a. General

- The Board's objective is to maintain adequate reserve funds for each district to accomplish all planned repairs and replacements in accordance with the Reserves Study schedule while providing reasonable contingency for emergency repairs.
- · If a district has insufficient funds to meet its estimated expenditures for that fiscal year, the Board may, at its sole discretion, authorize a loan

to that district from the Association Reserve Fund, or levy a special assessment against the owners in that district. Funds borrowed by a district shall be subject to repayment with interest within one (1) calendar year.

- Elements of this process can be waived by the Board. Such a waiver will be made in writing, describing the waiver and its reasons. The written waiver will be included in the Financial Disclosure statement for that year's plan.
- A constant assessment %-Increase will be used for all years in the plan except as noted in the rules to avoid upward "spikes" in HOA rates. The goal is to achieve the lowest constant %-Increase (or largest %-Decrease change in the case of Rule 4) in tenths of a percent while satisfying the
- Rules must be satisfied in order. That is, Rule 1 must be satisfied before applying Rule 2, and so forth through the four rules.

b. Rules

- If the next planned replacement date for roofing does not occur during the 30-year plan, then a placeholder cost for the next roof replacement expense will be added to the thirtieth year. The placeholder cost will be the present value of the estimated cost of the roof replacement (using the construction cost inflation rate(s) and number of years from plan-year 30 until the year of replacement. Rule 2.
- For every year in the plan, the sum of (a) estimated beginning balance, (b) assessments, (c) investment income, and (d) carryovers will be sufficient to pay that year's expenses.
- The Ending Cash Balance of any year will be greater than the Target Minimum in all of the first 10 years of the plan, and at least 18 of the remaining 20 years.

NOTE: If the Ending Cash Balance before the first year is less than the Target Minimum, then assessment rates must be set to bring the Ending Cash Balance above the Target Minimum within two years.

NOTE: If the Ending Cash Balance before the first year is less than the Target Minimum, then assessment rates must be set to bring the Ending Cash Balance above the Target Minimum within two years.

Rule 4.

 The Ending Cash Balance in any year will be less than the sum of (a) the Total Expenses of that year and (b) the Total Expenses of the next year. Otherwise, the Ending Cash Balance will be reduced by no more than 5% per year until Rule 4 is satisfied.

NOTE: If applying Rule 4 would violate Rules 2 or 3, then Rule 4 shall not be applied.

- 5 6. In addition to the above objective, a year-end reserve amount has been established for each district which is a reserve balance amount that, as a goal, should not be less than the Annual Provision Amount (APA). APA is the sum of the replacement cost for all reserve components, after each has been divided by its useful life. It is recalculated each year and maybe adjusted as needed by the Board.
- 67. As part of the annual Association Financial Disclosures the 30-Year Reserves Spending Plan reports will include for each of the thirty years:
 - The "Target Minimum"/Annual Provision Amount for that year (District
 - The Construction Cost Inflation Factor used for that year (District Re-
 - The % Funded value as defined in Civil Code § 5550 for that year (District Reports and the Consolidated Association Report)
- 8. It is suggested that an outside reserve plan company be employed every five (5) years to do an independent reserve study, the purpose of which is to get an outside opinion to compare with our own internal reserve study.
- 9. The following paragraph or its equivalent will be used in the Associations Annual Budget Report in every case where "% Funded" or straight-line funding policy references are made:

The numbers shown [in paragraph 6] are based on the straight-line method for determining reserve assessments. The Villages Association, however, uses an alternate, generally accepted, board approved cash flow method using a threshold funding goal. This method produces adequate reserve funds for a district to meet projected expenses in each of the next thirty years as well as contingency funds for unexpected expenses.

10. Staff will disclose in the Annual Budget Reports the sources they used for deriving Construction Cost inflation and an explanation of how they settled on the Construction Cost Inflation factor used.

IMPLEMENTATION PROCEDURES:

None

GOVERNANCE MEETINGS

AC NOTICE

Association applications for Owner Alteration Requests for the month of April are due to the Architectural Committee on or before March 19, 2021. Call Elissa at the Corporation Yard office to obtain an application. **Meeting date is scheduled for April 1, 2021.**

Association AC Landscape meeting deadline date is March 19, 2021.

Correction: On page 4 of The Villages 2021 Telephone Directory, the email address of Association Board Secretary Richard Holmboe is incorrect. His correct email is: **rholmboe@hotmail.com**. Please make note of the correction in your directory.

Stay in touch with essential developments on Fast Lane!



Because of the rapid and frequent developments in our world that directly affect our community during this crisis, keeping informed is essential. And now more than ever, it is important to be up on the latest developments in your community. Get those vital updates by signing up for Fast Lane, The Villages email newsletter. It is both quick and easy and you can do it online or over the phone. To sign up or get more information, contact Communications Coordinator Ken Patterson at 408-223-4681; kpatterson@the-villages.com, or on the Villages Resident Portal: resident.thevillagesgcc.com

There are currently six editions of The Fast Lane: Wednesday (general announcements and board-recognized events), Friday (Board and Committee meeting information), Saturday (Maintenance Services), The Clubhouse & Bistro every Monday, The Pro Shop Tuesday, and Community Activities every Thursday.

BOARD MEETINGS

Association

 The Villages Association Board of Directors Monthly Board Meeting is Tuesday, March 30 at 9:30 a.m. via Zoom Meeting

Meeting ID: 917 8108 3392 Passcode: 223468 Dial: 1-669-900-6833

Club

 The Villages Golf and Country Club Board of Directors Meeting to Appoint Villages Golf Committee Members is Tuesday, March 9 at 1:30 p.m. via Zoom Meeting

> Meeting ID: 913 0476 0322 Passcode: 185615 Dial: 1-669-900-6833

 The Villages Golf and Country Club Monthly Board Meeting is Tuesday, March 30 at 1:30 p.m. via Zoom Meeting

Meeting ID: 961 5036 4740 Passcode: 260616 Dial: 1-669-900-6833

Homeowners

 The Estates Town Hall Meeting is Thursday, March 11 at 3 p.m. via Zoom Meeting

> Meeting ID: 974 7246 4219 Passcode:109975 Dial: 1-669-900-6833

The Villages Homewoners' Quarterly Meeting Thursday, March 18, at 9 a.m.
 Zoom Meeting

Meeting ID: 929 3079 4514 Passcode: 567509 Dial: 1-669-900-6833

Coyote reminder and tips

Coyotes may try to escort walkers out of an area to protect their pups or food sources when encountered on a trail or street. Humans may perceive this behavior as stalking, which is usually not the case. They may also view your pet as prey. To allow coyotes to be wild while keeping yourself and pets safe, please follow these pointers:

- Never feed coyotes—it is illegal to feed coyotes in most places. Feeding endangers your family and neighbors because it lures coyotes into neighborhoods.
- Keep unattended cats and dogs indoors or in completely enclosed runs, especially at night, and do not assume that a fence will keep a coyote out of your backyard.
- Accompany your leashed pet outside. Make sure you turn on lights if it is dark to check your backyard for unexpected wildlife.
- Keep dogs on short leashes while walking outside; the Division of Wildlife recommends a leash no longer than 6 feet.
- Keep noisemakers on hand to scare away coyotes that may enter your yard. Some examples of noise makers are whistles, horns or metal cans with small rocks or coins that rattle.
 - Never run away or turn your back on a coyote.
 - Do not allow a coyote to get between you and your pet or child—keep children close to you.
- Yell, clap hands, blow a whistle or rattle a can and try to make yourself look larger if you have a close encounter with a coyote.

• An empty soda can with pennies sealed with duct tape makes a very good noise maker when shaken. Reminder to all small pet owners: A recent rise in coyote aggression has been seen with small dogs, most unleashed. *Please always leash your pets. Keep leases short.* Coyotes will try to get between you and your pet if the leash is extended far enough. Carry a noise maker and always be alert. Use caution when walking past wooded areas, hiding spots between homes, and the golf course. They are widespread in The Villages and can truly be anywhere.

There is no way to completely eliminate coyotes from The Villages so always use caution when walking, especially with pets. Also, coyotes tend to be most active around sunrise and sunset. Pick different times for walks.

Report any sightings or aggressive behavior to Public Safety at 408-223-4665.

Report Coyotes

Villagers are advised to report coyote sightings to Director of Public Safety Steve Norden. To report coyotes, please email location day and time to: snorden@the-villages.com

More BOARDS & COMMITTEES, and COMMUNITY NOTICES on pages 10, 14 & 23



Combine and get in on the surprise.

Bob Fillhouer, Agent Insurance Lic#: 0786250 2899 The Villages Parkway San Jose, CA 95135 Bus: 408-558-7771

Here's the deal, our Home and Auto rates are already great. But when you combine with State Farm®, you can save even more. Call me to discover your surprisingly great rates on Home and Auto today.

State Farm Mutual Automobile Insurance Compar State Farm Indemnity Company State Farm General Insurance Company State Farm General Insurance Company Bloomington. II.

State Farm County Mutual Insurance Company of Texas State Farm Lloyds Richardson, TX

State Farm Florida Insurance Company Winter Haven, FL 2001863 Like a good neighbor, State Farm is there.®

 $Individual\ premiums\ will\ vary\ by\ customer.\ All\ applicants\ subject\ to\ State\ Farm\ underwriting\ requirements.$



THE CLUBHOUSE

For Information: **408-223-4687**

2800 Villages Fairway Drive, San Jose CA 95135

Des.

All Clubhouse & Bistro menus can be found at thevillagesgcc.com

WHAT'S COOKING?

theclubhouse@the-villages.com Clubhouse Restaurant opens Indoor and Patio dining—Reservations suggested: Indoor dining in the Restaurant begins Saturday, March 6 for breakfast. Both indoor and outdoor dining is allowed, according to the state and county health orders. The Clubhouse suggests that you please make dining reservations. The Clubhouse still offers To-Go Grab & Go, Curbside Grab-and-Go service.

Online ordering: now available at: clubhousereservation. com

For Curbside Service: Call in your order to 408-370-8553 and call us again when you get to the Clubhouse curbside and we'll bring it out to your vehicle.

Curbside Grab-and-Go Menu has expanded: The Curbside Service is now using the expanded Clubhouse menu. (See menus on pages 7-9.)

Notice: No entry into foyer without facemask.



CLUBHOUSE RESTAURANT & THE BISTRO & BAR HOME DELIVERY AND GRAB & GO ORDERS AVAILABLE





Dining Indoors or on the Bistro Patio; reservation not required, but suggested

There are three ways to make reservation: Call 223 4687 for auto reservation recording, or go to: Clubhousereservation. com click "Book a Reservation," or go to: the website, the villgesgcc.com for the link. Limited seating available.



How does Curbside Grab-and-Go work?

First, call in your order at **408-370-8553.** Call us again when you get to the Clubhouse curbside and we will bring it out to your vehicle. **A 10% Service Charge and Tax will be added to the price**

Notice for our Curbside customers: Due to the increased volume of orders at dinner time, we are recommending that you call and place your order between the times of 3 p.m. and 4:30 p.m. We will take your order and coordinate a pick-up time later that evening. While this is not required, it should help alleviate any wait times during the peak dinner time hours of 5 p.m. to 7 p.m.

Soup of the Day



For the week of 3/8 to 3/14

Monday 3/8 Lentil

Tuesday 3/9 Chicken Noodle with Mint

Wednesday 3/10 Butternut Squash

Thursday 3/11 Lima Bean, Kale and Sausage

Friday 3/12 Seafood Chowder

Saturday 3/13 Chef's Choice

Sunday 3/14 Chef's Choice

Indoor and Patio dining or Curbside hours of Operation

Monday

All-Day Menu: 11 a.m. to 7 p.m. Last serving at 8 p.m.

Tuesday to Friday

All-Day Menu: 11 a.m. to 7 p.m. Dinner Menu: 5 p.m. to 7 p.m. Last serving at 8 p.m.

Saturday and Sunday

Breakfast Menu:
7 a.m. to 11 a.m.
All-Day Menu:
11 a.m. to 7 p.m.
Dinner Menu:
5 p.m. to 7 p.m.
Last serving at 8 p.m.

Note about indoor and outdoor dining:

Because of a revision to the Santa Clara County Public Health Department's COVID-19 restrictions, indoor dining at the Clubhouse begins Saturday, March 6 for Breakfast.

This does not affect the Curbside Grab-and-Go pickup, or Patio Dining.

Indoor and Patio dining allowed by county order; reservations

suggested

Santa Clara County, the Bay Area's first epicenter of the coronavirus pandemic, issued a health order that shut down indoor and outdoor dining after the State of California downgraded the county into the purple tier in December. In response, the Clubhouse Restaurant ceased indoor and outdoor dining out of an abundance of caution and concern for Villages residents.

Recent adjustments to the order now allow for outdoor dining as well as indoor dining, beginning Saturday, March 6.

Dining on the Patio will still take place under the new tent, provided by a generous donation from the Evergreen Villages Foundation (EVF).

Thank you for your understanding while we continue our efforts to keep Villagers and staff safe.



NOTICE:

Due to the recent spike in COVID-19 cases and the county's move to a more restrictive tier, alcoholic beverages are now only available for purchase with a food order from the curbside pickup service.

Golfer's Delight Lunch Box

Jumbo Hot Dog with choice of beverage

\$10.95 plus 10% service charge and tax

More CLUBHOUSE on pages 8, 9, 13 & 18

New Menus for Curbside Grab-&-Go pickup, Indoor & Patio dining

To order Curbside Grab-and Go 408-370-8553

All-Day Menu

11 a.m. to 8 p.m. Last Order

GF Potato Skins \$12.00

Cheddar, Tomatoes, Bacon, Scallions and Sour Cream

Wings with Carrots, Celery, 6Pc \$8.25 12Pc \$16.00 Ranch Dressing with BBQ, Teriyaki or Buffalo Sauce

GF Loaded Nachos \$12

Black Beans, Ground Chuck, Corn, Guacamole, Pico de Gallo, Sour Cream, Cilantro and Cheese

V Sub w/ Impossible Plant Based Meat \$13.50

Soup of the Day

Cup \$4.95 Bowl\$6.95

Entrée Caesar Salad \$10.50

Romaine, Cherry Tomatoes, Parmesan and Croutons Add Chicken \$2 Salmon \$3 Prawns \$4.00

V Chinese Salad \$11.95

Chopped Cabbage, Carrots, Edamame, Peanuts, Fried Noodles with a Sesame Ginger Dressing Add Chicken \$2.00 Add Prawns \$4.00

Cobb Salad \$14.25

Mixed Greens, Tomato, Cucumber, Hard boil Egg, Olives, Avocado Bacon and Feta Cheese Add chicken \$2, Prawns\$4 or Salmon \$3

Hermosa Wedge Salad \$9.25

Crisp Iceberg Wedge with Bacon, *Tomatoes* Crumbled Maytag Blue Cheese

V Italian Chop Salad \$13.25

Romaine and Iceberg Tossed with Pepperoncini, Tomatoes, Olives and Cucumbers Topped with Feta Cheese, Italian Vinaigrette Add Salami \$2

Shrimp Louie \$15.25

Mixed Greens, with Avocados, Tomatoes, Cucumbers, and Hard Boiled Egg with 1,000 Island Dressing

Fish and Chips \$11.95

Batter Dipped Cod, Tartar Sauce, Fries, Cole Slaw and Malted Vinegar

Baja Fish Tacos \$11.95

2 Corn Tortillas with Batter Dipped Cod, Cilantro, Onions and Radish Coleslaw with Salsa

V Quesadilla \$11.25

Pico de Gallo, Sour Cream Guacamole Add Chicken or Steak \$2.00

V Asian Stir Fry Vegetables Over Rice \$11.25

Vegetables over Rice with Ponzu Sauce Add Chicken or Beef \$2, Salmon \$3 or Prawns \$4.00

Shanghai Stir Fry Vegetable Chow Mein \$11.95 *Add, Beef, Chicken or Bay Shrimp* \$2

V = Vegetarian GF = Gluten Free

1. Served raw or undercooked, or contain raw or undercooked ingredients

2. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical condition

Sandwiches served with Choice of Sides Gluten Free Bread Available Upon Request

Sides: \$4.95

Potato Salad, Coleslaw, French Fries, Sweet Potato Fries, Garlic Fries, Onion Rings, Fresh Fruit, Small Salad, Cup of Soup

Hot Dog with Side \$8.95

Toppings: Onions, Tomatoes & Red Onion Relish. Cheddar add \$1.50

Burger with Side 2. \$10.95 Angus Beef with LTO and Side Dish Add Avocado, Bacon add \$2 Cheese add \$1.50

V Impossible Burger with Side \$12.50

Plant Based Meat with Lettuce Tomatoes and Onions with Side Dish Add Avocado \$2 Cheese \$1.50

BLT Sandwich with Side \$9.25

Bacon, Lettuce and Tomato Served on Sourdough or Wheat Bread Add Turkey \$2.00 Add Avocado \$2.00

Brie Turkey Sandwich with Side \$10.95 Cranberry Compote and Arugula on Telera Roll

Deli Sandwich \$10.50 Choice of Bread, Turkey, Ham, or Tuna

Half Deli Sandwich and Soup \$8.50

Grilled Sourdough, Ham & Swiss \$9.95

V Grilled Portabella and Pepper Sandwich \$10.50 With Mozzarella and Basil on a Brioche Bun

Melts:

Grilled Beef Patty 2 or Tuna Swiss Cheese \$10.95 V Impossible Plant Base Meat Melt \$11.95

Hot Sub Pastrami \$11.25

With Provolone and mile high Pastrami

Grilled Pesto Chicken Sandwich \$10.95 LTO and Monterey Cheese on Telera Roll

Fisherman Sandwich \$10.95

Panko Breaded Sole, Lettuce, Tomato, Onions and Tartar Sauce on a Telera Roll

Blue New York Steak Sandwich 2. \$16.95 Grilled Onions Crumbled Blue Cheese Mustard Aioli Hoagie Roll

Naan Flatbread Pizzas

V Cheese Pizza \$10.25 Pepperoni Pizza \$11.00

V Margarita Pizza \$10.50

Combination Pizza \$12.95

 $Sausage, Pepperoni, \, Mushrooms, \, Onions, \, \& \, Peppers$

Cobb Pizza *\$12.95*

Bacon, Chicken, Black Olives, Avocadoes on Alfredo Sauce

Gluten Free Crust Add \$ 1.50

Jan 20

For Curbside Grab-and-Go Service, call in your order at 408-370-8553.

Call again when you get to the Clubhouse curbside and we will bring it out to your vehicle.

Breakfast Menu

Saturday - Sunday 7am to 11am

Short Stack Pancakes \$6.95

With Berries

Belgium Waffles \$8.25

Seasonal Fruit and Berries

Bagel BLT and Egg 2. \$8.25

Bacon, Lettuce and Tomato with Cream Cheese

Breakfast Burritos 2. \$8.25

Scrambled Egg, Potatoes, Cheese, Choice of Bacon, or sausage

Montgomery Muffin 2. \$8.00

Scrambled Eggs, Bacon or Sausage, Cheddar Cheese and Fruit

Sides

Egg 2. \$1.75, Breakfast Meats \$3, Hash Browns \$2, Toast \$1.50



Coffee \$1.95



Starbucks Espresso \$2.50 Extra Shot \$1.50

Starbucks Americano \$2.50







The Villager 2. \$8.50

2 Eggs any style with Sausage, Ham or Bacon. With Hash Brown or Fruit, Choice of Toast

Three Egg Omelet or Frittata 2. \$9.75

Choice of Peppers, Mushrooms, Spinach or Tomatoes Ham, Bacon, Sausage, or Cheese, Add. \$1.00 each, Bay Shrimp \$2.00, Spanish Sauce Add \$.25 Served with Hash Brown or Fruit and Choice of Toast

Eggs Benedict 2 \$9.95

2 Poached Eggs, Canadian Bacon over English Muffins with Hollandaise Sauce

Served with Choice of Hash Browns or Fruit



To order Curbside Grab-and Go

(Breakfast orders only Saturday & Sunday 7 to 11 a.m.)

408-370-8553

^{1.} Served raw or undercooked, or contain raw or undercooked ingredients

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

For Curbside Grab-and-Go Service, call in your order at 408-370-8553. Call again when you get to the Clubhouse curbside and we will bring it out to your vehicle.

Dinner Menu

Tuesday - Sunday 5 p.m. to 8 p.m. Last Order

Starters

V Baby Lettuce Mix Salad \$5.25

Small Caesar Salad \$6.95

The Lighter Side

Served à la carte

Spaghetti and Meatballs \$17.25

Chef's Marinara Sauce with Meatballs

V Eggplant Parmesan \$14.95

Eggplant breaded in Crispy Panko Crumbs, Layered in Marinara Sauce, Parmesan and Provolone

V = *Vegetarian* GF = Gluten Free

- 1. Served raw or undercooked, or contain raw or **Undercooked** ingredients
- 2. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical condition

To order Curbside Grab-and Go 408-370-8553

Dinner Entrées

Served with Soup or Mixed Green Salad And Choice of Sides Mashed Potatoes, or Rice Pilaf Daily Vegetables Sides

Fridays & Saturdays Only Grilled Rib Eye Steak 2. \$32.95

21 Days Aged, Hand Selected, Corned Fed

Grilled Filet Mignon 2. \$32.95

Center Cut with Béarnaise Sauce

Chicken Fried Steak 2. \$22.95

Pounded Sirloin Steak Battered, Breaded and Pan *Fried with Country Gravy*

Calf Liver and Onions 2. \$20.95

Sautéed Onions and Crispy Bacon Bits

Braised Lamb Shank \$27.95

Slow Cooked in Red Wine Sauce

Chicken Marsala \$22.95

Breast Cutlets with mushrooms and Marsala Wine Sauce

Villages Honey Stung Fried Chicken \$20.95 Country Gravy

Filet of Sole Picatta \$24.75

Flour Dusted with Capers, White Wine, Lemon Butter Sauce

Grilled Salmon \$25.95

Tarragon Beurre Blanc

GF Scampi Garlic Prawns \$26.95 With Basil and Cherry Tomatoes

Next CHANNEL Week

12:00 & 6:00 a/p Fitness with Mwezo

:00 Chair Aerobics :24 Bollywood

:00 Tai-Chi 8-Form :24 Dynamic Balance Wednesday :00 Chair Yoga Sunday :26 Breathing E :26 Breathing Exercises

Thursday :00 Aerobics Workout :21 Breathing & Meditation

1:00 & 7:00 a/p Fitness with Hartmut

Mon, Wed :00 Strength Training & Fri :13 Chair Fitness :00 Strength Training :13 Cardio Fitness

Sunday :00 How to Stay Motivated

2:00 & 8:00 a/p

ABOD Policy Based Reserves Planning, with David Cook

3:30 & 9:30 a/p Classic Television

MON Dragnet TUE The Lucy Show

WED Sherlock Holmes THU Burns & Allen Show FRI Robin Hood SAT The Beverly Hillbillies

SUN You Bet Your Life

3:30 & 9:30 a/p Movies+

The Jackie Robinson Story + Tall, Tan & Terrific

Death Rides a Horse

Penny Serenade

Friday the Thirteenth + The Ginger Rogers Show

+ The Bogus Green

SAT

Jamaica Inn + The Gay Nighties

SUNDAY VARIET

4:00/10:00 AM/PM

Colgate Comedy Hour 5:00/11:00 AM/PM

The Dinah Shore Chevy Show



Events villages & Notices

Villaaes Public Password:

Complimentary

More information online at the Villages Resident Portal: resident.thevillagesgcc.com



The Villages Association Solicitation of Candidates Form

The deadline for nominations for The Villages Association Board of Director candidates for this year's election is March 30, 2021, at 5 p.m.

Pursuant to California Civil Code §5105(a)(3), The Villages Association Bylaws Section 6.1.2, and The Villages Association Election Rules Section 3.2.1, any Member who satisfies the qualifications and is not otherwise prohibited from running for the Board may place their name in nomination by completing this "Solicitation of Candidates Form" and submitting this form to the President (David Cook—dc@argus.mx) or Secretary (Richard Holmboe—rholmboe@hotmail.com) of the Board before the above posted deadline.

STATEMENT OF CANDIDACY 2021 Election of Directors

I am interested in serving on the Board of Directors of The Villages Association.

Member's Name		
Property Address(es) within The Villages Association.		
Mailing Address, If Different		
Daytime Telephone Number	F-mail Address	

The attached statement explains my qualifications to serve as a director and, if elected, my goals for the community. Statements are limited to 250 words. Sample candidate statements and formatting guidelines are available in the General Manager's office or by contacting jmeadows@the-villages.com. Please attach your candidate statement to this form.

Qualified candidates' names will be included on the Candidate Registration List and statements will be published in the voting materials that accompany the ballots in the election of directors, as well as published in *The Villager* newspaper. Telephone numbers and email addresses are for internal use only and will not be published with the statements.

Candidates' statements must be <u>received</u> no later than April 23, 2021, in order to be included in the official voting materials. Candidates' statements may be sent to The Villages Association c/o Julia Meadows, Assistant General Manager, 5000 Cribari Lane, San Jose, CA 95135, or jmeadows@the-villages.com. *This form is also available on The Villages Resident Portal and in Building A*



The Villages Association Election Rules

-NOTICE-

From The Villages Association

The deadline for nominations for The Villages Association Board of Director candidates for this year's election is March 30, 2021, at 5 p.m.

Pursuant to California Civil Code §5105(a)(3), The Villages Association Bylaws Section 6.1.2, and The Villages Association Election Rules Section 3.2.1, any Member who satisfies the qualifications and is not otherwise prohibited from running for the Board may place their name in nomination by completing the "Solicitation of Candidates Form" and submitting the form to the President (David Cook—dc@ argus.mx) or Secretary (Richard Holmboe—rholmboe@hotmail.com) of the Board before the above posted deadline.

ARTICLE 3: Candidates for the Board and Nomination Procedures

3.1 Qualification of Candidates.

Candidates for the Board must be Members at the time of their nomination and (i) must meet any other qualifications or restrictions set forth in these Election Rules and (ii) must meet any other qualifications or restrictions set forth in the Bylaws so long as they do not conflict with these Election Rules. In the case of a Member that is not a natural person (such as a corporation or other entity), the entity Member shall have the power to appoint a natural person as the "Member" for purposes of director elections. The Association shall disqualify a nominee for the Board for any of the following reasons:

- 3.1.1 The nominee is not a Member.
- 3.1.2 The nominee does not reside within The Villages condominium project.
- 3.1.3 If the nominee, if elected, would be serving on the Board at the same time as serving on the Board of The Villages Golf and Country

- 3.1.4 If the nominee, if elected, would be serving on the Board at the same time as another owner of the same separate interest and the other person is either properly nominated for the current election or is an incumbent director.
- 3.1.5 If the nominee, at the time of nomination, is delinquent in the payment of regular and/or special assessments. A nominee shall not be considered "delinquent" if the delinquency relates to the payment of fines, fines renamed as assessments, collection charges, late charges, or costs levied by a third party and/or if the nominee: (a) has paid the regular or special assessment under protest; (b) has entered into a payment plan for repayment of the delinquent assessments and is not delinquent in payments due under the plan; or (c) the nominee has requested and has not been provide an opportunity to engage in internal dispute resolution.
- 3.1.6 If the nominee has been a member of the Association for less than one year.
- 3.1.7 If the nominee discloses, or if the Association is aware or be comes aware of, a past criminal conviction that would, if the Member was elected, either prevent the Association from purchasing the fidelity bond coverage required by Civil Code section 5806 or terminate the Association's existing fidelity bond coverage.

3.2 Nominations.

- 3.2.1 Solicitation of Candidates. At least thirty (30) days before the deadline for submitting a nomination, the Association shall provide general notice of the procedure and deadline for submitting a nomination for the Board. Any Member who satisfies the qualifications and is not otherwise prohibited from running for the Board may place their name in nomination for the Board by submitting the nomination before the published deadline for receiving nominations. In addition, the Board may recruit qualified candidates and/or may appoint a nominating committee to nominate qualified candidates.
- 3.2.2 No Write-Ins. No "write-in" candidates shall be permitted on the ballots in the election of directors.

Clubs & Events

News from the Democratic Club

By Tony Berg

On a Tuesday afternoon, February 23, in honor of Black History Month, the Rev. Jethroe Moore, President of the Silicon Valley NAACP gave us an insight into how and why our history has been skewed by those who write it and the ongoing impact it continues to have on Black people in the USA

He highlighted in particular how the current system is forcing our Black neighbors to leave the Bay Area to find better opportunities for them and their families. It was a moving and disturbing look at our community through the eyes of one of our foremost Black leaders. A recording is available. Contact Tony Berg (anthonydberg@gmail.com) for a link.

Security Notice—Security has become more critical in our online lives and Google has tightened up their system to protect us. The Democratic Club has moved to a commercial email system (MailChimp) as simply mailing to our members was being stopped by Google.

Mailings are now coming out from - thevillagesdemocraticclub@gmail.com.

I hear from many of you that your mail security system is identifying these messages as spam and filing them in your spam or junk folder. To keep up with our mailings (very few) and not miss information on future events, please let your system know that these messages are not spam!

Join News Junkies for lively discussion

News Junkies is a *hit* and continues to be a favorite of those who like to exchange views about politics and other topics that make the headlines. News Junkies will continue meeting monthly. Drop in on Monday, March 15 to join this lively discussion group.

Local, state, national and worldwide events and issues are among the topics. The format provides an opportunity for everyone to express their opinion, listen to the viewpoints of others and evaluate ideas in an informal and respectful setting. As a part of the format, guest speakers, special programs and suggested topics are also presented.

Bert Greenberg and co-host Bob Lapidus will continue to moderate this interesting and lively group.

Registration Information: go to the Senior Academy website at **VillagesSA.org** and click on News Junkies Registration tab. Click on the link to Zoom Registration form. Fill in the form, click Register. A confirmation email will be sent to you and contains a link for you to join the next monthly meeting. News Junkies meet on the third Monday every month at 1:30 p.m.

SIR 38: 'Let The Peacock Sing'

By Al Lumas

During the SIR 38 general meeting on Tuesday, March 16 at 12 p.m.—noon, author Michael Barrington will speak on Zoom about the historical WWII French Resistance background to his book "Let the Peacock Sing."

Michael Barrington is the Past Big Sir of Branch 116. Born in Manchester, England he lived in France and joined a French Order of Missionary priests, spending 10 years in West Africa, several of them during a civil war when he was stood up to be shot. On his return to the UK, he spent a year living as a hermit in Northern Ireland. After teaching in Madrid, Spain, he later was part of the British "brain drain" and taught in Puerto Rico. As the owner and President of MJB Consultants, he flies all over the world monitoring and evaluating humanitarian projects and has worked in more than 30 countries. He is completely fluent



Michael Barrington

in several languages, an avid golfer and academically considers himself to be over-engineered having three Masters' Degrees and a Ph.D. Michael lives with his French wife and a Tibetan terrier in Clayton, CA.

The Zoom meeting info: Meeting ID is **884** 5654 9268 and passcode is **189674**. If you cannot join Zoom via computer, you can join via phone by calling 1-669-900-6833.

Non-SIR members wishing to hear Michael's presentation should log into Zoom at 12:15 p.m. or telephone the San Jose number listed above.

Do you need medical equipment? Call VMA

The VMA has medical equipment that can be loaned to you if you need it after surgery, or if you are ill. Among the things available are shower seats, transfer benches, two and four wheeled walkers, canes, crutches, wheel chairs, bedside and over the toilet commodes, and over the bed tables.

Villager Gary Walden and his fleet of Villager volunteers maintain the equipment, and they deliver and pick up equipment at your doorstep. If you have any questions or want to schedule a drop off or pickup, call the VMA office at 408-238-4230 Monday through Thursday from 9:30 a.m. to 2:30 p.m. If you are returning equipment, please do not drop it off at the VMA office.

New Abstract Acrylics online class

By popular demand, Jeff Bramschreiber is offering another Abstract Acrylics class online for Villagers. This class of six sessions is entitled "Exploring Concepts through Color."

The online class is Tuesdays, 12 p.m. to 2:30 p.m., March 16 to April 20. The cost is \$60. Register at barb.gottesman@ gmail.com and pay. Then you will receive the meeting ID and password for Jeff's Zoom account. Missed sessions will



Jeff Bramschreiber

be recorded and available online for one week via Zoom.

The schedule includes one painting every two weeks—Weeks 1 and 2: Wildflower Wanderings; Weeks 3 and 4: Inner Self; Weeks 5 and 6: Linear Thinking. Each week Jeff demonstrates the techniques and offers critiques as students work. You can work at your own pace during the online session and in between sessions. You might be surprised at the interesting abstracts you produce with acrylics.

The materials for this class include whatever acrylic tube paints you have at home, a canvas or heavy watercolor paper and brushes of various sizes. A more detailed materials list is on our website (villagesartsandcrafts.org) on the page "Painting Abstract Acrylics." Checks, made out to Jeff, are due to Barb by March 13.

VMA: Learn how to navigate senior care options

The VMA works to help Villagers maintain their independence and stay in their homes. We call it "aging in place." At some point in our lives, however, health conditions may require that we look at other options. We have many care options available to us as we age, and it is important that we know the pros and cons of each option, including costs and payment options. Roxana Dumitrescu, owner of Care Patrol of San



Roxana Dumitrescu

Jose, will present a Zoom workshop on Wednesday, March 17 at 10:30 a.m. on senior care.

Care Patrol is a free senior housing placement service that helps families find independent living, assisted living, memory care, and in-home care options. The organization is dedicated to being a comprehensive personal service and valuable resource for families during the placement of a loved one. Ms. Dumitrescu knows how emotional, stressful, and confusing the task of finding a safe place for a loved one can be. Care Patrol is there for seniors who are making these difficult decisions. If you are interested in this workshop, please contact Bonnie Grim at 408-238-4029 or e-mail her at bgrim@sequoialiving.org

More CLUBS on pages 12 & 13

More CLUBS

Arts & Crafts Profile: Marcy Boyles

By Michael Sunzeri

Many Villagers know five-year residents Marcy Boyles and her husband Rob. Married almost 30 years, Marcy met Rob at Willow Glen Parent Club. You may have missed them at times due to their extensive travel. At 19, Marcy, bit by the travel bug, spent six months traveling and living in Europe. Having visited all seven Continents (some many times), her favorite adventure was Africa and her favorite big city is Paris. She's not an artist but she collects pieces on their travels. Since Marcy does not create art she appreciates some of Rob's work (pictured here). He is the ceramics nut. Marcy has a daughter, Michelle, and three wonderful grandchildren. She was a K-6 teacher for 31 years and continues to substitute, test and teach newcomers. Her myriad interests include golf, note a hole in one on #11 November 10, swim aerobics,





hiking with the

Wednesday morning group, bocce, and walking Bella, her 2-year-old Jack Russell rescue. There is more. Marcy is the Bocce Publicist and recently joined our Arts and Crafts as Program Director. She rounds out those extra hours she has left over as a member of EPC, the Sustainability Club and Senior Academy as well as High 12 duties every couple of weeks. With her vibrancy you might mistake her for an east coaster. Not so. She is a California native, her formative years in Paso Robles. So, there's a lot to absorb. Want to know where to travel in this world or just say hi? Marcy is your gal.

Senior Academy: Pandemic: The 1918-20 Flu

The Senior Academy will be hosting a short course that deals with the social and political impacts of 1918-20 flu pandemic on March 9 and 16 at 2 p.m. Fifty to 100 million people—3 percent of the world's population—died. The course will look at: How was it linked to World War I and troop movement? How did individuals and communities react to and deal with the crisis? What mistakes were made and lessons learned? How did it affect government, the economy, the health care industry, women's work and suffrage, and the end of World War I? How did forgetting/ignoring our experiences with the flu pandemic affect our responses to the current coronavirus pandemic?



Susan McGough holds a Master's degree in American Studies from the University of Hawai'i. Susan taught American history and literature at the college level and teaches for a number of community learning in retirement programs and for Osher Lifelong Learning Institutes. She has visited The Villages Senior Academy several times and has presented lively interesting lectures.

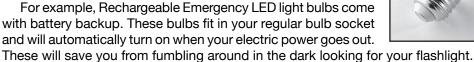
Pre-registration with Zoom is required for this event, and can be done at the Senior Academy website at VillagesSA.org. Separate registration is required for Part 1 and Part 2.

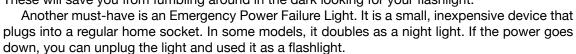
Take advantage of emergency use LED Bulbs

By Tom Stoiber, Sustainable Villages Club

In California we must always be ready for a power outage. When the power goes out, you can take advantage of some new LED bulb technology to keep you from harm. Here are a few home safety suggestions.

Be sure to replace your incandescent bulbs with LED bulbs, both interior and exterior. LED bulbs run cooler than incandescent bulbs and will save you money on your power bill. They also offer lighting features and safety options that may come in handy during a power outage.





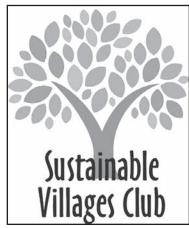
Always, have your flashlights or candles readily available, just in case.

Further information, on related items, is available on the Sustainable Villages Club's website at sustainablevillagesclub.org

Sustainable Villages Club provides online resource

By Rita Marcojohn, Sustainable Villages Club

The recent unusual weather that put much of the U.S. in a deep freeze last week may be a glimpse of future life on earth with global warming and climate change. The Sustainable Villages Website (Sustainablevillagesclub.org) is a wealth of information on climate change. The club introduced this site as a Villager's resource for easy access to information on issues and opportunities to address the climate crisis.



When you visit the site, start on the Home page. Take 10 minutes to view the "Truth in 10" video. This is a great introduction to climate change and the many issues, symptoms, and solutions to global warming. If the video piques your interest, click on the topic images to drill down for more information on Climate and Weather or Food Supply, Sustainable Living, Alternative Energy and more. Check out the right sidebar. Here you will find links to more resources, for example, links to external resources like the Elders Climate Action Group or links to both federal and state legislative officials. Each SVC Action Team has a dedicated page for Villages related actions and activities.

Lastly, if you have an interest or talent with website management or communications, please join our SVC communications team. The Sustainable Villages Club invites you to watch for upcoming club events and seminars. Visit the site or call me for more information.

Contributors' Notice: The Villager staff will be reviewing content to make sure it complies with the state public health order. Please avoid describing or depicting activities that violate the public health order.

Villages Medical Auxiliary-Since 1976 Office: 408-238-4230

Hours: Monday to Thursday, 9:30 a.m. to 2:30 p.m. **Service Coordinator:** 408-238-4029 www.vmavillages.org



Please note, ALL presentations are via Zoom until further notice

In March

Caregiver Support Group: a group designed to provide emotional, educational, and social support for all caregivers facilitated by Judy London Ph.D. Thursday, March 11 at 10:30 a.m. If interested in attending via Zoom please contact Judy at judithlondon@sbcglobal.net or call 408-784-3325.

Senior Care Consulting: Certified Senior Advisor and owner, Roxana Dumitrescu will present "Senior Living Communities and Covid-19." Wednesday March 17 at 10:30 a.m. To register email Bonnie at bgrim@sequoialiving.org or call 408-238-4029 and leave your email address.

With Grace Hospice: Meds Matter presented by Sabine Haas RN. Wednesday March 24 at 10:30 a.m. To register email Bonnie at bgrim@sequoialiving.org or call 408-238-4029 and leave your email address.

Questions for Comcast/Xfinity?

Comcast/Xfinity will resume its customer service appointments to Villages residents on Tuesdays in February and going through April 27 from 11 a.m. to 2 p.m.

This is Comcast driven and at no cost to the Villages. This is your chance to ask your questions about your existing service or, if you want to upgrade your service, they are there to help.

To schedule a 30-minute appointment, visit https://bit. ly/2NjWp2e and select a date and time on the calendar.

Remember your loved one with a memorial gift to EVF

Please remember the Evergreen Villages Foundation (EVF) when you are considering a memorial gift in honor of a loved one. The EVF sends a lovely acknowledgement from you. www.evfsj.org

VMA: 'Medications Matter' presentation March 24

Thank heaven for modern science! Many of us are living with health issues that, thankfully, can be controlled by medication. If you are someone who is taking a number of different medications it is important for you to understand how to take these medications. The VMA is sponsoring a Zoom workshop on Wednesday,

March 24 at 10:30 a.m. called "Medications Matter."

The seminar will be led by Sabine Hass, NPH, from Grace Hospice. Sabine has 20 years' experience in the health care field, and she will discuss

why it is important to stay on top of your medications. She will help you understand how important it is to take the right dose at the right time. She will discuss what to do if you feel the medication is not working for you and when you should consult your doctor about it. She will also talk about why using one pharmacy is best, and how to properly store and dispose of medication. If you are interested, please contact Bonnie Grim at 408-238-4029 or bgrim@sequoialiving.org

EVF-funded trail signs are a fit for man and beast



Carrie Woods rides Willow on the hill trails.

One of the few amenities that hasn't been negatively impacted by COVID-19 restrictions over the last year is hiking on the 12.2 miles of well-maintained trails above The Villages. If you haven't been up there recently, then you haven't seen the new trail signs, made possible by a generous donation from the Evergreen Villages Foundation (EVF) working closely with the hiking club.

lages trail trail and for new more new to The No. The equestry said how

"The trail signs are a really helpful aid for hikers new to the Villages trails," said resident Wesley Tanaka. "In addition to marking the trail, the signs also provide information on the difficulty of the trail and distances to the next intersecting trail." This assistance for new hikers is particularly important. Over the last seven years, more new residents reported hiking as the amenity that drew them to The Villages than tennis, bocce, pickleball or the fitness center.

The new signs benefit not only hikers, but also our Villages equestrians. "They look great, they're beautiful, and very sturdy" said horse owner Carrie Woods. "They're spectacular for navigation, distance and elevation, and they keep people from getting lost. They'll be a big help for our new riders."

As the Club Board works diligently to minimize increases in assessments, one of the best ways a project like new enhanced trail signs or the Bistro patio tent and heaters could be accomplished is through funding from the EVF

If you would like to contribute to the EVF General Fund go to its website, evfsj.org, and become a Sustaining Member for as little as \$5 per month.

The What I Love About The Villages column is a place where you can share your positive comments about The Villages community. (To be in compliance with VGCC Rule 1.30, please do not name businesses or other commercial, religious or political entities.)

If you have an uplifting comment to share about some aspect of life at The Villages, please amail your contribution to Villager Associate Editor Kopy Trap, ktrap@the.villages.com, Villager

If you have an uplifting comment to share about some aspect of life at The Villages, please email your contribution to Villager Associate Editor Kory Tran: ktran@the-villages.com, Villager Managing Editor Scott Hinrichs: shinrichs@the-villages.com or submit it in the Villager Article Submission area on the Resident Portal: resident.thevillagesgcc.com/villager/artsub/

WHAT I LOVE ABOUT THE VILLAGES

Dear Villagers, how we all long to be out and about!

On this gorgeous warm spring evening "Jam and Pack" enjoyed two icy cold Gin Martinis with three scrumptious olives each. It was our 53rd "Annual-versity"! Dining in the very welcoming Evergreen Villages Foundation "Party Tent" on the Bistro Patio—complemented by the ceiling surround of festive Italian yard lights—completed the perfect environment for our little celebration! As we delighted in our savory Sole Piccata entrees, the memories of February 23, 1968 were not so distant; reminiscing grows more special every year. A big "Thank you!" to our gracious staff who helped us enjoy our evening together in this very special and fun place...our extraordinary community. Venture out, be alive, be the social creatures we were created to be! Enjoy our delightful Villages.

-Best Regards, Pam and Jack McCarthy

Remember someone with a memorial gift to VMA

Honor the life of your friend or loved one by funding the services to extend the quality of life for other Villagers. A memorial gift to the Villages Medical Auxiliary (VMA) honors the loved one lost and promotes the work of the VMA. If you have any questions on how to give, call the VMA office at 408-238-4230. All donations to the VMA are tax deductible.



SRS SENIOR RESOURCE SERVICES

Free tax service appointments still available

There are still some tax service appointments available for our limited free tax preparation service. Because of the pandemic, we are using a Drop Off service. Taxpayers will drop off their tax documents to our Local Coordinator at 6292 Blauer Lane and pick them up later when the returns are completed. We will start on Thursday, March 4 and continue every Thursday until the end of the tax season.

Drop off and pickup will be **by appointment only**. Appointments will be scheduled one taxpayer at the time for 10 minutes' duration. Do not come early as there is limited parking.

To make an appointment, email Alan Waltho at aewaltho@comcast.net and you will receive a reply with an appointment time with an attached intake form, which you will print and complete and bring with you to the appointment. If you are unable to use email, call 408-238-3435, but only on Thursday mornings.

Don't forget to bring the completed intake form to your appointment along with all of your 2020 tax documents, a list of any estimated payments with their dates, last year's tax return, a voided check if you want direct deposit, your social security number and photo ID. Because the appointment is for only 10 minutes, it is important that you have your data organized.

If you prefer to hire a paid tax preparer, SRS has a list of CPAs and EAs. Leave a message on the SRS phone, and we will email the list to you or drop it in your mail tube. Please also leave your phone number as well as your e-address in case we are not sure of your address.

Note: The Senior Resource Services (SRS) office is currently closed for drop-in assistance. You may still leave messages at 408-239-5253 as we monitor phone messages every day and can still answer questions by phone. Please note that the return phone call will be from a volunteer calling from their home and your phone identification will not read SRS. We can also e-mail handouts. The purpose of SRS is to provide education and general business and financial information. All assistance is free and confidential. You should ask your professional adviser about your individual situation.

Leash rule for pets

Residents are reminded, as per Club Rule 1.51, that pets must be kept on a leash, under control, and attended to at all times. This also applies to the Hill Lands.

SRS Reminder:

Evergreen parcel tax exemption

Are you a new Villages resident? Or are you turning age 65 soon? As a senior you likely qualify for an exemption from the annual \$125 Evergreen School District parcel tax. The details on how to file for the exemption are in the SRS article in the February 11 Villager. *The Villager* is available online if you can't find your paper copy.

If you had the exemption last year, there is nothing you need to do to continue your exemption.

Call Senior Resource Services at 408-239-5253 if you have questions.

Don't feed the 'critters'

The Villages is known for its wide variety of wildlife. Many Villagers feel that being a good host necessitates feeding our four-legged or winged guests on a routine basis, which can be quite detrimental to our wild friends. Most wild animals naturally fear humans and keep their distance. When animals have access to food and garbage left out by residents they keep coming back for more. When this happens, they often lose their natural fear of humans and can become aggressive. To prevent that, residents should not leave out any food, including canned food, in a manner that may become accessible to our fury friends. Please comply with Villages Golf & County Club Rule 1.51.4, which states: "Feeding of waterfowl and other wild animals on a routine basis is prohibited for the protection of both residents and the animals."



RELIGION

CATHOLIC COMMUNITY

The Woman Left her Water Jar (John 4:28) -Barbara Zahner, BCC.

The Samaritan woman labored at the well. Alone. Shunned. Shamed. Fr. Thomas Keating notes she-like us- clung to three instinctive human drives: 1) Security & Survival, 2) Affection & Esteem, 3) Power & Control. Suddenly, at noon at a still and silent well with the wind barely stirring, she encountered a Stranger. Not knowing His identity, she fully knew hers: Beloved Child of God. The Stranger—a prophet?-enfolded her spirit with Infinite Love. Shockingly. Amazingly. Amazing Grace? The woman leaves her water jar, that one thing which she felt she could not live without.

Commenting on this story, Keating notes we are called to "alert receptivity," that is opening and consenting to God's presence and action within us. Keating warns that "no amount of **spiritual yakking**" substitutes for allowing God into our private room. Like the beleaguered woman at the well, to be refreshed, we must open to the **Divine Indwelling**. Surrender and trust in your deepest being that "The Spirit of God has made a home in you." (Rom. 8:9) Finally, just as the woman encountered God in the here and now, so too, we need to enter the present moment with alert receptivity. We need to cast aside our spiritual yakking. To experience Infinite Love, the Stream of the Living Water, we need to relinquish our false self and know we are Beloved of God.

Friday Lenten Soup Suppers & Stations of the Cross: Every Friday, during Lent, at 6 p.m., via Zoom, the evening with prayer and conversation, will be accompanied by a simple meal of meatless soup and bread that you prepare for yourself, at home. This will be followed with live-streamed Stations of the Cross. On March 19 and 26, there will be an outdoor procession of the Stations. (Check the parish website for links to the Zoom meeting and live streaming.)

Tuesday Evening Devotions: Every Tuesday during Lent, there will be livestreamed devotions at 7 p.m. Check parish website for more information.

Saturday Vigil and Sunday Masses: As long as there is no rain, Sunday Masses in the Memorial Garden have resumed. Please make your reservation. Masses will be on Saturday at 4:30 p.m.; Sunday at 8 am, 10 am and 12 p.m. Mass in Vietnamese will be on Saturday at 3 p.m. and Sunday at 4 p.m. Indoor Masses will be held at 9 and 11 a.m. on Sundays. Check the parish website for possible changes in the location of the Masses.

Daily Mass will continue to be live streamed each morning at 8:30 a.m. Monday through Friday.

Mass Intentions: If you would like to offer a Mass for someone, contact Jean Gillette at 408-270-5723.

Home Communion: Contact Marilyn Rodman at 408-274-452. Please leave a message

Staying up to date: St. Francis of Assisi (SFOA) website at sfoasj.com and daily emails from SFOA. Call SFOA at 408-223-1562, or email rolivas@dsj.org for information.

Questions? Comments? Contact Marion Burry at 408-528-8231 or marion93940@aol.com.

EPISCOPAL

'Lent is for Life'

By The Rev. Julia McCray-Goldsmith

Much of the Lenten season is framed by remembrances of death: we move with Jesus from the ashes of Wednesday to the cross of Good Friday. Reminders of our mortality are not a bad thing; they teach us that life is precious. So one way to look at the 40 days between Wednesday and Friday is as a time to live especially well! Yes, the Lenten tradition—historically a season for preparation for Baptism--invites us to deny ourselves and take up our cross: to fast, give alms and pray. But what if these practices were not so much about contemplating death, as about living life with heightened awareness and intentionality?

I don't know about you, but I find that when I come to a meal hungry, I appreciate it more. When I give more generously, I am more deeply connected to the people and programs I am blessed to contribute to. When I pray more, well... I'm doing nothing more than returning to the heart of God who first loved me. These practices of "self-denial" actually teach me how to live more freely and more joyfully. They are life, and life abundant.

We could think of Lent as a cyclical event: our annual spiritual tune-up. And that would be no bad thing! But we could also choose to embrace it as a season of transformation that enables us to live lives ever more resembling the self-giving pattern of our Lord. Who came to teach us not about death, but about how to live eternally—right here and now, even (or perhaps especially) during Lent.

JEWISH GROUP

By Arnold Pinck

Last week was Purim. This is one of the few times kids can make noise in Shul. You know the drill. Every time the villain's name is mentioned, groggers, booing, foot stomping begins. This is so we can drown out Haman's (boo-hiss even) name. The short version is Haman (boo-hiss) convinced King Ahashuerus to kill all Jews. Queen Esther came and told the King, if he killed all the Jews, he would have to kill her, since she was a Jew. Queen Esther then convinced the King not to do this dastardly thing. As a result, Haman (Boo-Hiss even) was killed instead.

As the story goes (in the Maggilah), King Ahashuerus gave a banquet for his subjects. Queen Vashti refused to entertain the guests. As a result, she lost her crown. The King then held a beauty contest to find a successor to Vashti. Mordechai, Esther's uncle, convinced her to enter the contest. Her Jewish name was Hadassah her Persian name translates to Esther. About this time. King Ahashuerus made Haman (Boo-Hiss even) his prime minister. This was a powerful position and Haman (Boo-Hiss even) expected everyone to bow down, in his presence. Well guess what folks, Mordechai did not bow down, since Jews only pay homage to God. This ticked Haman (Boo-Hiss even) off. He then decided to do away with all Jews. He drew lots (purim) to fix the date. Mordechai heard about the plot and told Queen Esther. You know how the rest of it goes.

In the adult version, King Ahashuerus found Haman (boo-hiss even) in Esther's bed. This ticked the king off and had him executed.

It is not clear if this happened. The book of Esther is unique in that G-d is never mentioned. Purim, like Chanukah is viewed as a minor holiday.

My Hebrew birthday is on the Fast of Esther, the day before Purim. As a result, I have been fascinated by it. This why I'm writing this article.

As a result of COVID-19, a lot of people have lost jobs and homes. There is a great need of funds to help these people with food and lodging. I you are able, please donate. For information about Jewish Family Service (JFS), contact Dee Garfinkle, 954-806-5493 and for the Second Harvest Food Bank, Joyce Mendel 408-238-7316.

If you would like more information about the Villages Jewish Group, contact Joyce Mendel at emendel2@gmail.com. When you donate put The Village Jewish in the memo portion of the check.

Information will follow. Stay healthy and remember our next Shabbat Service is March 19.

COMMUNITY CHAPEL

'Choosing to be Content'

By Suzi Hathaway, Chapel Member

We all like to hang around with positive, contented people. God tells us to "Learn to be content in whatever circumstances you are in." (Philippians 4:11) That is a tall order during this strange time with a global pandemic and terrible unrest in our government. Yet, it is vitally important that we do just that. Our life bears witness of the God who directs our steps.

I thank God each day that I am grounded in his love and my complete trust in His control of my life. I wouldn't want to live any other way.

Some of you may know the trials I have experienced with the health of my husband, John. For more than 20 years he has lived through so many health challenges. Many people call him "the cat with nine lives." At present time, he is extremely dependent on the caregiver who comes five days a week or me for just about everything. He has a hundred reasons not to be content. Amazingly, he never complains and he enjoys his life. That is a God story.

I love being around people and love all our outdoor activities. Aren't we so blessed to live in The Villages where we can be outside safely all we want? Lots of people have shared that they don't know how I do "it." They say I truly have the right to get down. My life's verse is "To let your light shine before men that they may see your good deeds and praise your Father in heaven." (Matthew 5:16) I do not have the right to be down in the dumps. I need my light to shine so people see something different in me.

Do you feel as I do that we must be seen as people who are different? Our witness is dependent on that. To help me achieve that goal, I choose to be content in whatever circumstances and I choose to let my light shine. Am I perfect in that goal? Oh, my gosh, no! John can attest that I have my moments of frustration, but then, I am embarrassed that God saw me do or say that and try to do better the next time.

Good news! Join us each week at 10 a.m. or anytime thereafter, Pastor Bill will deliver his Sunday Morning Sermon Message on video. You can experience his sermon via our Villages Community Website at Villagescommunitychapel.org

Sports News

SWINGERS

By Karen Kosmala

Our Captain Wendy Ledamun had a personal best during play on February 23. She shot a 46. Wow, great going.

Susan Sunzeri had a chip in on hole 15 for a Birdie. Congratulations, Susan!

I will be writing next week also so let me know if there were any personal bests, birdies, chip ins. Always want to write about good news.

On Tuesday, March 9, please be sure to join us for our general meeting and social hour on Zoom at 4 p.m. Look for the poster in today's paper for all the necessary info to join us.

Does slow play get you down? Not much you can do about it. So you need to make the best of it. Staring at the group in front of you and seething does not help the situation and will hurt your game and enjoyment of the day. It may be that the whole course is backed up and not just the group in front of you playing slow. Try chipping on the tee, stretching or making light conversation. I mean we are all women, certainly we can come up with light conversation. Look at the flora and fauna and try to feel calm. I know it's hard not to get upset when you also see all the geese. Look instead for that eagle that frequents hole 7 sitting high in the trees. Make slow swings and do some stretches to keep your body loose. You are in charge of how you deal with the pace of play. Make the most of it. And remember, play ready golf so you aren't part of the problem that is causing the backup.

Pun of the week: What do you call a laughing golf cart? A Yamahahaha.

Swingers' Happy Hour Happening

Hey, come on, get happy, "putt" all your cares away, tee up your favorite libation and Zoom in for the Swingers' spring general meeting and social hour.

Tuesday, March 9 at 4 p.m.

Zoom Meeting ID: 8570110355, Password: PCPW3p

To dial in by telephone, call 1-669-900-6833 then 8570110355#, 068148#

SHONIS

By Fran Schumaker

Tuesday, February 23, was our February Star Birthday game. Lil Yamada and Kacy Walden were our playing birthday Shonis today. They got to star out their worst hole and net up the rest for their game total. This birthday treat was sweet indeed. Lil came in a co-first with Betty Hall for a net of 21 in the first flight. Kacy Walden came in second with a net of 20 in the third flight.

The nice thing about this game is that every Shoni gets a chance on the last Tuesday of their birthday month to star out their worst hole.

Other winners included Marty Blinde with a net 23 and Nanci Newell with a net of 24 in the first flight. The second flight included Julianna Wahlgren with a net of 24, followed by Delma Juarez and Lorrie Scott, each with a net of 26 followed by Meg Rogers and Johanna Bakker each with a net of 28. In the third flight, Carol Littleton led the third flight with a net of 18 and Nancy Canepa came in with a net of 23. Congratulations to all the winners.

Our March agenda for golf is already full with several fun things in the works. If you are interested in learning more about us and meeting a group of warm and welcoming ladies, give Fran Schumaker a call at 408-355-3270.

Have a great week. Take care and stay safe.

18-HOLE WOMEN

By Chris Leisy

March 25 was a beautiful day for golf. It was an exciting day for many, as you can see. Kerry Besmehn won the putting contest with 28 putts. There were two ladies who tied for high putts at 43. Some of the other ladies who had fun out there were the Birdie ladies, Mary Jo O'Neill on #2,

Nancy Keane on #4, Sue Daughtrey on #6 and Lyn Strong with 2 birdies, #9 and #11.

There were also 4 chip-ins: Kerry Resmehn on #4, Judy Rodriguez on #15. Helen Varenka

There were also 4 chip-ins: Kerry Besmehn on #4, Judy Rodriquez on #15, Helen Varenkamp on #12. Mary Jo O'Neill on #2 from 60 yards out. Yes, she had a chip-in Birdie. Way to go, Mary Jo! If you had a birdie or chip in, and your name isn't here, it's a reminder to make sure you turn that information in to Vicki when you give her your scores!

Next week will be the second Captain's Trophy, so stay tuned for the results. Our next event after that will be the Beat the Pro tournament on March 25. Get your threesome and sign up after 9 p.m. on Wednesday night, one week in advance. If you are a single, you will need to call the Pro Shop to sign up. Hope to see everyone out on the course having fun!

PICKLEBALL

So you want to play pickleball?

By Anahid Gregg

We hear this a lot these days—"Wow, the Pickleball Courts are beautiful! How can I learn how to play?"

The Villages is extremely lucky to have Mike and Julie Walias living here. For several years, Mike has been introducing new players to the game. He focuses on the basics, providing a great foundation for players to build on. You do not have to be a member to attend, although membership is required for more than three sessions.

You'll learn drills you can build on, learn what zero-zero-one means, why you want to stay out of the kitchen (unless you are making dinner), and what the double bounce rule is. Does that sound confusing? Not when Mike explains it! You can contact Mike at mjw0275@yahoo.com.

Many of our top players have benefitted by Mike's tutelage, and we're all extremely grateful to him. Mike can also assist with paddle selection, ensuring players only purchase approved paddles. Approved pickleballs can be purchased through the club, with members receiving a discounted price.

Pickleball is the fastest growing sport in the country—come and join us!

MEN'S GOLF CLUB



By Doug Moore douglas.moore865@gmail.com, website villagesgolfers.com

Upcoming Events: Sadly there are no upcoming events to post as of this week. As soon as we receive a positive confirmation, we will let you all know.

USGA Handicap Rules of Handicapping:

"This Handicap has a **Soft Cap** applied." (or Hard Cap). What does this mean? A few members have received this message when posting or noticed a "C" score type instead of 'H" or "A".

The new World Handicap System includes a rule for "capping" index change rates.

It is designed to limit how fast a player's handicap can increase.

A player's Index is meant to reflect their "potential score" in any given round. The rule compares your LOW Index within the last 365 days to your Current Index calculation.

There are two trigger points within the cap procedure:

(i) **The soft cap**. The soft cap is triggered when the difference between a player's newly calculated Handicap Index and their Low Handicap Index is **greater than 3.0 strokes.**

When a calculated Handicap Index increase is greater than 3.0 strokes, the value above 3.0 strokes is restricted to 50 percent of the increase.

- Current = 20.0, LOW = 16.0, difference = 4.0, 4.0 3.0 = 1.0, 50 percent = 0.5, 20.0 0.5 = "Adjusted" 19.5.
- (ii) **The hard cap**. The hard cap triggers to restrict the amount by which a player's Handicap Index can increase, after application of the soft cap, to **no more than 5.0 strokes** above their Low Handicap Index.
 - Current = 20.0, LOW = 14.0, difference = 6.0, 14.0 + 5.0 Max = "Adjusted" 19.0.

Question? Contact Handicap Chairman: Jim Seymour, j1mseymour@sbcglobal.net, 408-930-8299.

Golf Thoughts: "Actually the only time I ever took out a #1-iron, was to kill a tarantula. And I took a seven to do that." - Jim Murray

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TENNIS TALK

By Betty Olsen

It occurred to me last night that no one has ever experienced this global pandemic before because it last happened over 100 years ago. Therefore, individuals, villages, towns, cities, states, countries are all trying to figure it out! We have the history of the 1918 pandemic to use as a guide, but life is so different in 2020 than in 1918, that humanity is basically starting over.

The pandemic brought the world to a standstill. Without all of our usual daily distractions, our lives became focused on fundaments as we were sheltered in our homes. What became important was daily meals and connecting with family and friends. We became avid readers again, enjoying the friendship of our favorite authors plus learning of new authors to read.

This pandemic emphasized our love of tennis and its friendships because it was taken away and not permitted. Tennis players have told me that even more than missing the exercise of tennis, they miss the socialization and friendships. With that in mind, Pat Hubbard wrote and sent me the following poem and gave me permission to print it. It has been said* "that friends know you better than you know yourself – that they 'mirror back' at an elevated level."

Friendship - February 2021

Their laughter, their sympathy, their challenge, their knowledge, their faith:

Expand our horizon

Open our heart

Lighten our load

Beckon us to embrace new ideas

Urge us to 'Up our Game'

Invite us to a quiet place where we can fully share, and love, and be loved

And so we become our best self, not merely through self-knowledge, but through the Mirror of Friendship.

*Quote from Kristin Hannah in "The Nightingale"

BOCCE NEWS

By Marcy Boyles



With interest in our "mature, experienced" players growing, each month I will highlight the birthdays of those over 90 still playing Bocce. Wow, have we got some fabulous folks for you.

The month of March, there is only one: **Carmen Ackmann**, who turns 94 today, March 5. Following is her story, as told by her daughter, Diane. Can't wait to have this Covid over, so we

can personally meet these amazing men and women.

"Carmen purchased her Villages Condo brand new in 1978. After years of enjoying playing golf at The Villages, she began playing Bocce at The Villages. She gained some knowledge of

the game of Bocce, as well as some skill in the game, while playing on her son's Bocce court. Carmen liked the competitive nature of Bocce and enjoyed challenging herself to better her own game. She also liked that the game required quite a bit of skill to put the ball right where it belongs. Carmen loved getting a good score and she especially loved winning. She responded energetically to the last-minute team calls to fill in for an absentee player. The game must go on! Carmen enjoyed many Bocce Club social gatherings as well. She is looking forward to coming down to the Bocce courts to watch some plays!"

IRONMEN

By Bill Travis

The Ironmen are currently playing every Thursday afternoon beginning at 1 p.m. and every fifteen minutes thereafter until all that wish to play have reserved a tee time. No sweeps as yet, but championship points are being awarded. As always, we're paying attention to the new COVID rules regarding masks and social gathering.

This Thursday, February 25, was sunny and mild, and 16 Ironmen braved the clement weather to play golf on the short course. The results are as follows:

First place went to Prakash Deshmukh with a net score of 24.

Second place went to Patrick McMordie with a net score of 26.

Third place went to Rob Boyles with a net score of 28.

The six of us with net 29s needed one less stroke on the course.

There was one birdie today: John Eige on hole 2, Bob Mandell on hole 7, and Lee Thompson on hole 9.

Deep thoughts: "I love golf as much for its frankness as for those rare occasions when it rewards a wink with a smile. It is pure, honest, and immune to sweet talk. Neither can it be bum-rushed. You must court it slowly and patiently. Any other strategy will be met with a rebuff that for centuries has made grown men and women cry." - Tiger Woods, winner of 15 major championships, on "How I Play Golf"

PINSEEKERS

By Jack Bindon

The weather Gods are still shining on us, so no rain and some sunshine. We had 11 players on Friday, the 26th so there will be another hit on the treasury. We had some ties again this week.

First place we had a tie between Richard Petroski and Don Lee, both with net 34.

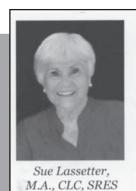
Second place we had another tie between Lee Thompson and Leighton Horio, both with net 35.

Third place went to Martin Hoek with a net 36.

I always wait until Sunday to prepare the article for the Villager to allow everyone to get their scores to me. This avoids having to make corrections and perhaps a second missile to Kory, our patient editor. The total money earned during February amounted to \$130. W-2s will be in the mail soon.







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Expanded Golf Hours

Starting Tuesday, March 2, we will remain open until 4 p.m. Tuesday-Sunday.

The golf courses, driving range and Pro Shop will be open from 7 a.m. to 4 p.m. through the spring and summer. This will allow for 9-hole play, replays or range practice later in the day. Mondays will remain 11 a.m. to 1 p.m. with the range and Pro Shop closing at 2 p.m. until Daylight Savings starts March 14. We hope you enjoy this extra hour of golfing!

Golf Instruction Is Back!

Both instructor and student wear face coverings and

maintain a safe social distance throughout the lesson.

Golf Lesson Contact Information:

Call or email **PGA Instructor Tim Flanagan** at flanagolf@ aol.com or 408-209-4653

Call or email **PGA Director of Golf Scott Steele** at ssteele@the-villages.com or 408-274-3220

Couples Special—two for the price of one 45-minute couples lesson with Tim or Scott for \$50!

New Golf Rules & Protocol

We understand and sympathize with anyone having difficulty with the new protocols. Please phone the Pro Shop if you need any assistance interpreting the new rules for golf play & practice at 408-274-3220.

Here is a brief summary of the new golf protocols per the most recent State Health Orders:

Maximum of 3 households per golf group – not 3 people but 3 households.

You can form a 4-some cohort, but can only play with that 4-some for three weeks minimum – Call Scott Steele.

You must wear your mask when golfing with others.

You must maintain 6-feet of social distancing when golfing with others.

No group gathering before or after the golf round.

Chelsea is available one week ahead for tee time reservations.

Temporarily any single golfer must phone the Pro Shop to reserve a tee time.

Walk in play will not be accepted, all golfers must have a reservation in order to play golf.

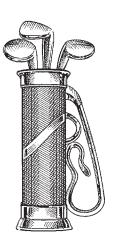
Same day golfers must phone the Pro Shop for a tee time reservation.

FROM THE PRO



By Scott Steele, PGA Head Golf Professional Everything Old is New Again – A Brief History Lesson

Singles—In 2018 and before, singles were not able to reserve tee times on Chelsea. We changed that rule in 2019 to permit singles the privilege of booking on-line. The rationale for controlling single play is numerous...Firstly, we want four-somes in each time slot as much as possible, that maximizes revenue; so if a single occupies an entire 4-some slot, we have a hard time filling that time with other golfers. Secondly some Villagers prefer to play alone, so controlling single play avoids uncomfortable situations and having to move people around. And now, with the 3-household cohort rules, we feel it necessary to control single play for the time being so that a single does not book with a 3-household group which is currently not permitted. Once we feel everyone knows the rules intimately, we will again permit singles to reserve on-line. Until then, please phone the Pro Shop. We appreciate your patience with this temporary inconvenience.



Two Weeks Ahead Reservations—A number of years ago to help create more golf play and resultant revenue, The Villages created the Preferred Unaccompanied Guest Program, which allowed non-resident guests who were registered for the program to reserve tee times just like a resident. To separate that group from the residents and allow the residents the opportunity to reserve tee times before these unaccompanied guests, a new rule was made that residents could book two weeks in advance while the Unaccompanied Guests could only book one week in advance. That was the beginning of the two-week booking window. At this time we are members only, no guests, so there is no external competition for tee time reservations, hence we are permitting reservations one week out henceforth and until further notice, as there is no real need to open Chelsea two weeks ahead. We will re-visit this policy when and if we start to allow unaccompanied guests access to our tee sheets, that is to be determined.

Please understand that most of the current changes in policy are temporary and due solely to the pandemic and resultant State and Country Health Orders; things will return to the new normal sometime. We appreciate your patience and understanding in the meantime! Remember one year ago we could not play golf at all. We have come a long way.

Tips from the Pro-A Helpful Hand

There is so much written about golf and how to play golf, that it can become confusing and overwhelming. In this day of information overload, golf has not taken a back seat as all you need to do is watch You Tube or the Golf Channel for a seemingly endless supply of golf tips. Some are good, some are bad, and some are totally irrelevant...but how does one decipher between a good tip and a bad tip? I would say this...none of the tips that you see or read are specific to you, so be careful; and the best thing to do is have a professional instructor watch you play golf, then the discussion will be relevant to your game, and not just generic golf information. Personally I like to keep it simple. I like to bring out the inner athlete that we all have inside. And it starts in your hands and fingers. So many people I work with have studied the game and are bound up with large muscle body thoughts like, "I have to turn my hips faster" or "I start the swing with my shoulders"...to me those are terrible thoughts and not athletic at all. I personally have never ever thought about my hips or my shoulders in the golf swing, and that's no lie. I play golf with my hands. I hold the club with my hands, I start the swing with my hands, I maneuver the club with my hands, and my hands lead the way through the entire swing. My body simply follows what my hands and the club are doing. If I start to think about my big muscles, or try to attain positions, I am done! There is a reason we call it "hand-eye coordination" and not "shoulder-eye coordination." It's all in the hands. I like to think about things like grip pressure which is a definite variable from driving all the way down to putting...how many of you are even cognizant of your grip pressure? That is one of the first things I think about. For instance if I am hitting an 8-iron from deep wet rough, I will grip the club much tighter than if I am hitting an 8-iron from a dry fairway lie; if I am hitting a downhill putt on Hole #7 I will grip the putter much more loosely than when I have a long uphill putt on Hole #8. It's all in my hands and fingers. If I want to change my swing path, it's my hands that have to move the club-head in a different manner. When you play, you should feel the club-head as you swing, in your hands and fingers, and this club-head awareness will help you perform better. I would never ask anyone to quiet their hands in a golf swing, but rather activate their hands as that's where the feel lies, and golf is a game of feel. So the next time you play or practice, forget about all of those body thoughts, and play golf with your hands, like a natural athlete does.

Let us know if these drills help.

To sign up for a lesson with PGA Head Professional Scott Steele, call the Pro Shop at 408-274-3220 or email him at ssteele@the-villages.com.

See you at the course!

LANDSCAPE & MAINTENANCE

MAINTENANCE SCHEDULE

Cribari

5090-5153 and 5210-5233 - Landscape maintenance and weed control in progress.

Cribari Center-Landscape maintenance and weed control, 3/8-3/12.

5551 - Utility room repairs in progress.

Del Lago

3301-3315—Landscape maintenance and weed control, 3/15-3/19. **Estates**

8809-8875—Landscape maintenance and weed control, 4/5-4/9. **Fairways** 4001-4024—Landscape maintenance and weed control, 3/8-3/12.

Glen Arden

7754-7786 (even) and 7791-7867 - Landscape maintenance and weed control in progress.

7698-7752, 7753-7787 (odd)-Landscape maintenance and

weed control, 4/19-4/23.

Heights

8448-8463 and 8510-8519—Landscape maintenance and weed control in progress.

8480-8505—Landscape maintenance and weed control, 4/12-4/16. 8496, 8498 and 8499 - Dry rot repairs in progress.

Hermosa

8350-8387 and 8400-8446—Landscape maintenance and weed control in progress.

8005-8032, 8100-8121 and around lower Chardonay Lake-Landscape maintenance and weed control, 4/12-4/16.

Dead/missing plant replacement in progress throughout the district. 8395 and 8397 - Dry rot repairs in progress.

Winery Court—Utility door repairs in progress.

Highland

7500-7573—Landscape maintenance and weed control, 3/29-4/2. Lantana pruning rejuvenation/reshaping in progress throughout the district.

Montgomery

6184-6245, 6337-6361 and Montgomery Center-Landscape maintenance and weed control in progress.

6001-6068 and 6127-6136—Landscape maintenance and weed control, 4/5-4/9

6204—Dead/dying tree removal in progress.

Olivas

8740-8752, 8769-8807 and Foothill Center-Landscape maintenance and weed control, 3/8-3/12.

Dead/Missing plant replacement at various locations, in progress. French Oak and Lomas Azules - Jet mulch installation scheduled to start next week.

Sonata

2000-2024 and 2032-2064—Landscape maintenance and weed

control, 3/8-3/12. Valle Vista

9001-9014 and 9034-9036 - Landscape maintenance and weed control, 3/8-3/12.

Dead/Missing plant replacement in progress at various locations. Verano

7001-7060 and 7395-7404 - Landscape maintenance and weed control, 3/8-3/12.

Association

Common Areas-Treatment for voles, moles, gophers and squirrels in progress. Weed spraying at turf and shrub bed areas in progress throughout

the Villages. Tree/shrub and ground cover fertilization in progress throughout

the districts.

Plum tree fruit spaying control in progress.

progress throughout the districts.

Crape Myrtle annual tree pruning in progress throughout the districts. Spring turf aeration program in progress throughout the districts.

Clubhouse, Tennis Courts and Driving Range-Landscape maintenance and weed control in progress.

Weed spraying in progress throughout the Villages. Plum tree fruit spaying control in progress.

Foothill, Cribari and Montgomery pool and spa-Closed.

Club buildings—Gutter cleaning scheduled for 3/1-3/6.

FROM BRIGHTVIEW

Springtime Lawn Aeration

By Ryan C. Bolich, BrightView Landscape Services

In order to achieve and maintain a beautiful lawn it is important to ensure that nutrients can reach the soil beneath your grass. Aeration of the grass is an extremely vital element to a healthy lawn because it allows air and water to penetrate built-up grass or lawn thatch.

Aeration involves perforating the soil with small holes to allow air, water and nutrients to penetrate the grass roots. This helps the roots grow deeply and produce a stronger, more vigorous lawn.

The main reason for aerating is to alleviate soil compaction. Compacted soils prevent proper circulation of air, water and nutrients within the soil. Excess lawn thatch or heavy organic debris buried under the grass surface can also starve the roots from these essential elements.

The best time for aeration is during the growing season, when the grass can heal and fill in any open areas after soil plugs are removed. Ideally, aerate the lawn with cool season grass in the early spring and those with warm season grass in the late spring. Here at The Villages, aeration will begin early this month and continue throughout April.



Plum Fruit Suppression and Liquid Ambar/Olive Control

By Ryan C. Bolich, Senior Account Manager, BrightView Landscape Services

Many trees and shrubs produce a fruit, not just edible fruits, but ornamental. These fruits are also the seed pod of the tree or shrub and can be bothersome, messy and unwanted. Trees and shrubs like liquid ambar, sweet gum, flowering plum and even olive produce fruit that may not be desired by a homeowner.

Over the next two months much of the fruit suppression and olive fruit control spraying will be taking place at The Villages. Most of this spraying takes place from 2 a.m. to 5 a.m. for a couple of reasons. First, there is usually very little wind at these times; little to no wind is needed in order to apply the fruit control properly, and secondly, by doing the work early in the morning it allows us to do the spraying without interfering in the normal activities of residents.

Plum trees at the Villages are the first to need a fruit control treatment. This usually occurs in late February to early March depending on temperature and yearly rainfall. Over the next week our expert team will be out evaluating the plum trees to determine the optimum time to begin the fruit control treatment. We anticipate this treatment starting in the next two weeks.

Liquid Ambar trees are also set for spraying over the next several weeks. Sweetgums (Liquidambar styraciflua) are great shade trees but they produce round seed pods covered with sharp points. In autumn, the pods dry and fall from the tree making sidewalks and lawns treacherous to walk on, especially in bare feet! By spraying these trees when they start to flower we can greatly reduce the number of dried seed pods we see on the street and sidewalk later this year.

Olives bloom in March to early April with the exact time depending on olive variety, winter temperatures and microclimate. Control application must take place before the olives develop.

Olives are a very messy fruit; they stain pavement, and when tracked inside, they stain carpet and other flooring. Olives on pavement are also a slip hazard and olive pits act like ball bearings under bicycle tires. Olive fruit can be reduced or prevented by bark banding or spraying the trees with growth regulators. This fruit suppression spraying will continue through early to mid-April.

Our expert plant health care spray technicians are trained specially for this work. We take all safety precautions to limit any inconvenience or exposure to residents; ideally you won't even notice we have been there.

Plum tree fruit spaying control in progress. Irrigation system checks and clearing up sprinkler heads in Maintenance Emergencies and/or Advice

The Maintenance Services Department's general work hours are Monday through Friday, 8 a.m. to 4:30 p.m. If you experience a maintenance emergency during those hours, please call the office right away at 408-223-4670. Even if you are certain the emergency is your responsibility, Maintenance Services can provide a list of contractors that are familiar with The Villages and may be helpful for the repair.

If a maintenance emergency occurs outside of the general work hours or during a holiday, please call Public Safety at 408-223-4665. The Public Safety Department will contact the Maintenance Area Supervisor and/or the appropriate contractor. Together, they will all help to resolve your maintenance emergency.

BRIDGE HAND

By J.M.K.

NORTH

- AQ95
- 3

98642 **WEST**

- 987
- J874

EAST

- K J 10 1032

SOUTH

- K632 AK 1095
- A 6 5 4

Dealer: North

10

J762

KQJ

AQ753

Vulnerability: East/West

South Bidding: North East West Pass Pass 1 Heart 2 Diamonds Pass Pass 2 Spades Pass 3 Spades All Pass

Contract: 3 Spades by South Opening lead: King of Clubs

Dealer has a loser in Spades, at least 2 in Hearts, and 3 Club losers.

Strategy: Try to get in the lead, sluff a Club on the board with a Heart, and get a cross ruff going with Diamonds, Clubs and Hearts.

West leads the King of Clubs, South, the Ace, switches to the Ace of Hearts, continues with the King, sluffs a Club from the board and then leads the 10 of Hearts; West, the Jack and South doesn't trump but sluffs the last Club from the board. West now plays the Ace of Diamonds, South trumps, follows with a Club and trumps it on the board. He then leads a Diamond, East the Jack, plays the 3 of Spades from his hand, continues with another Club, and wins with the 9 of Spades from the board. He continues with a Diamond, East, the King, trumps it with the 6 of Spades, follows with a Heart; takes the trick with the Queen of Spades, then leads a Diamond, wins with the King of Spades, follows with a Club, takes the trick with the Ace on the board, and finally plays his last card, a Diamond, and East wins with his last card, the Jack of Spades. Well done. The contact is made with two extra tricks. However, after West took his first trick with Jack of Hearts and then switches to a trump rather than a Club or Diamond, he would have prevented all the extra tricks. After the fourth round of Hearts it would seem that South is not going to pull trumps but set up cross ruffing with some of the suits.

Didja Know?

Wine drinkers, are you familiar with these terms?

A large-format bottle holding 15 liters of Champagneequivalent to 20 fifths (750 ml. bottles) - is called a Nebuchadnezzar.

The straw-covered, bulbous flask often filled with Chianti is called a fiasco.

The cage that covers the cork on bottles of sparkling wine, in French, is habillage; it is also referred to as an agraffe or muselet. (You can also find an agraffe in a piano.)

P.S. The PUZ-LER will return next week to challenge you!

Mindful Drawing

By Wendy Fitzgerald

Drawing is the best way for me to calm my mind and relax. This drawing lesson is designed to help your mind stay focused and bring peacefulness during the process. You would need few simple dry media such as graphite or/and colored pencils, ball point pens, crayons or pastels and a sketch pad or some paper of any kind. Of course, your favorite beverages within reach. This lesson can be repeated by applying different shapes and colors.

- Turn on some music you love, tell anyone in the house you'd like to be left alone.
- · Lay out all art materials next to the paper.
- Stay present and as detached as possible from the result
- · Your attention is totally on every single stroke you put on the paper
- 1) Start with any shape that comes to your mind, then continue repeat it with varied size and colors, one next to another, let it grow as large as you hold your attention. Then start another one by switching to another shape. Ready to move on?
 - · Go to the next project: lines.
- 2) Draw lines that curve and flow. Think only of variation of lines flowing together, side by side. 3) Draw a tree with one continuous line (start with one side of tree trunk and end it on the other
- 4) Start a random colored background with colored pencil or/and soft pastels, then apply combo of shapes and lines over the background color.

To see examples of Wendy Fitzgerald's Mindful Drawing in color, go to the Villages Arts & Crafts website: www.villagesartsandcrafts.org and click on the webpage Mindful Drawing.

VMA: Do you need equipment?

Did you know that if you are ill or have had surgery the VMA has equipment to loan that you might need? Always available are items such as wheelchairs, walkers, commodes, canes, disposable bed pads and rails, to name a few. These can be delivered to your house. Just call the VMA office at 408-238-4230, leave your request with your name, phone number, and a volunteer will call you back to arrange for delivery. Occasionally, the VMA receives large donations from residents, such as electric wheelchairs and hospital beds. Although the VMA cannot deliver these items they are available to Villagers if they can arrange to get the items from point A to point B. So before you buy or rent a large item, call Bonnie Grim at 408-238-4029 to see what might be available.

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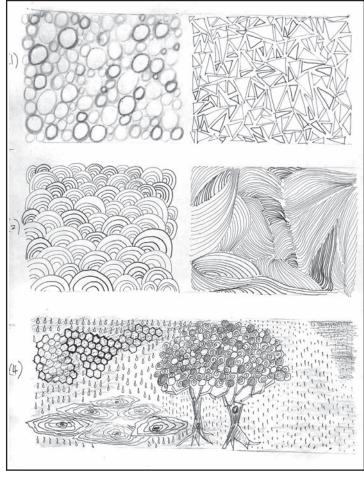
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We have many family members, friends, and clients who call The Villages their home. We can accommodate COVID-19 concerns with telephonic or video consultations and social distanced or no-contact document execution.

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Ad copy is due Monday at 4 p.m.

The Villages does not endorse or guarantee any advertisement or insert using space in this paper to reach our readers. It is the responsibility of the users of these services to check references and claims made. Residents, please be aware California State law mandates any contractor bidding for a job more than \$500 in parts and labor must be licensed. The Contractors State License Board (1-800-321-2752) may be contacted regarding any questions or concerns about a contractor.

California Law limits the minimum age and maximum number of occupants in a unit. Details available at the Public Safety Administration Office. Licensed Real Estate professionals advertising in The Villager are required to name themselves as agent or broker, or list the name of the brokerage for whom they work as part of their ad. This is in compliance with Real Estate Law Section 10140.6.

Villages Business Directory



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louanne@yearmanproperties. com

> Reverse Mortgages Charles McKain: 408-823-1915

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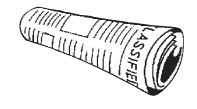
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3/4



Hi-Neighbor!

Welcome to another edition of socially-distanced Hi Neighbors!

This week we introduce you to more residents who moved to The Villages in 2020.

Say hi to **Lynn Peffer**, who moved to Cribari Village last summer. Lynn grew up in Sunnyvale and attended De Anza and West Valley Colleges. She worked as a freelance tech writer and journalist, then transitioned to being an events/catering sales director and opened her own deli/catering business. She later also worked as a sale manager for Le Boulanger. Lynn's interests include music (especially the blues, and R&B), reading, exercising and collecting postcards.

Help us greet **Eric Chai**, who moved to Village del Lago last July from Houston, TX. Born in Taiwan, Eric graduated from UC Berkeley and worked for Shell Oil for three decades before retiring. In his free time, Eric enjoys golf, economics/finance, reading, classical music and travel.

Give a warm welcome to **Angela Cadile**, a Village Montgomery resident since last September when she moved from Scotts Valley. Originally from Jamestown, NY, Angela attended San Jose High and San Jose State and worked as a corporate and convention sales manager for Hilton and Double Tree. She currently works for Team San Jose as a certified caregiver. In her free time, she enjoys being "a gym rat," ballroom dancing, bocce, pickleball, gardening, hiking and Scriptures/Bible study.

Help us say hi to **Alfred Gavenas**, who moved to Village Highlands last July with his daughter. Born in Kingston, Pennsylvania, Alfred is an Eagle Scout and holds a B.S. in electrical engineering from Penn State. He is retired from a career as a senior research engineer at Lockheed-Martin. His interests include science and watching wildlife, and in his free time he also is a ham (amateur radio) operator.

Say hi to **Deborah Jeanne Fortney**, a Highlands Villager since last July when she moved from West San Jose/Cupertino. Born and raised in San Jose, she attended Lynbrook High and studied medical assisting at De Anza College. She then lived in places around the country like Washington and Connecticut as her husband was stationed in the Navy, before becoming a storekeeper. In her free time, she enjoys gardening, walking, cooking, reading, and helping others.

Wave hi to **Kimberly Whitaker**, who moved to Montgomery Village last May from Long Beach, CA. A Santa Cruz native, she attended San Jose State and is an actress, chef and caterer. She currently lives in The Villages caring for her grandmother. Kimberly's interests include golf, tennis, biking and dog walking.

Say hello to **Beverly Rees**, a resident of Village Highland since October. Originally from Phoenixville, Pennsylvania, Beverly graduated from San Francisco State with a business degree. She worked at Sequoia Hospital in Redwood City before retiring in 2005. Her interests include golf, hiking, swimming and pool.

Give a greeting to **Mary Dee Dickerson**, one of Montgomery Village's newest residents, who moved here last October. Born in Kansas, Mary Dee holds a B.S. and M.S. from Kansas State University and a Ph.D. from Oklahoma State University. She is Faculty Emeritus from San Diego State University and has worked in the financial planning and tax preparation business for over 20 years. Her interests include travel, sailing, bridge, music, performing arts, basketball, golf and her favorite sports teams are Kansas State and the Kansas City Chiefs.

Stroke is an emergency!

If you or a loved one is showing any of these signs, call 911 or go to the hospital immediately.

The signs of a stroke:

Face—does one side of the face drop or look uneven? Ask the person to smile.

Speech—Is speech slurred or unrecognizable? Ask the person to repeat a phrase.

Eyes—Is there a sudden loss of vision in one or both eyes? **Arm**—Is one arm or leg weak or numb and does it drift down? Ask the person to raise both arms.

Balance—Is there a sudden loss of balance.

Headache—Is there a sudden and pounding headache?

If something looks or seems unusual, trust your instincts. Call 911 or go to the hospital immediately if you or a love one is showing any of these signs. Every second counts—know the signs and save a life!

This message provided by the Stroke Awareness Foundation. For more information visit strokeinfo.org.



Wi-Fi hotspots for SJ Public Library members

As part of the SJ Access initiative, you can now check out a Wi-Fi hotspot device with your San Jose Public Library membership. The service is free and available to adults 18 and over.

To reserve a hotspot device, call one of the following library locations. Hotspots must be picked up and returned during Express pickup hours.

The two libraries offering this service closest to The Villages are:

Evergreen Branch Library (408-238-0221) and Village Square Branch Library (408-531-9464). Please call them directly to reserve your hotspot. You can also visit www.sjpl. org/hotspot-members for more information and instructions.



In Memoriam and Obituary Notices

In Memoriam notices are run free of charge.

Notices include name of deceased, date of birth and date of passing. Brief notices of memorial gatherings may be included with the notice, providing event is held in a Villages' facility.

Obituary notices may be placed in the Classified Advertising section for a fee.

For more information, please call Kory Tran at 408-754-1341 or email: ktran@ the-villages.com, or Scott Hinrichs at 408-223-4655 or email: shinrichs@the-villages.com.

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March 5th & 6th · 10:00am - 5:00pm Kindly RSVP to (669) 202-3490 by March 4th.

Your safety and health are important to us. Please wear a face covering and maintain a social distance during this event.



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