



The Villager

Distributed Friday

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January 16, 2020

The News this Week

- **eWaste Collection event in Cribari**
(See article on page 4)
- **ABOD Agenda for January 28**
(See article on page 3)
- **Roof, Rain Gutter Cleaning Schedule**
(See article on page 22)
- **New trail signs in the Hill Lands**
(See article on page 1)

Hot Tickets

- **Concert Series—Astrid Morales**
(See article on page 1)
- **Talk on U.S. Grant, SIR 38 Luncheon**
(See article on page 13)
- **Super Bowl party at the Clubhouse**
(See article on page 11)
- **Sacred Places of S.F. tour**
(See article on page 10)

Channels 26 & 27

Community TV channels:

CHANNEL 26: Club & Event notices
CHANNEL 27 Currently playing:

- **The Villages Fitness Center**
- **Living with Wildfires**
- **Scam Awareness**

(See page 9 for broadcast times on the above items and for other programming.)



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SIR 38 & 114 invites all Villagers to our Annual

Valentines Evening

Tuesday, February 4

Champagne Reception 5 p.m. to 6 p.m.

Beautiful roses for the ladies

Dinner 6 p.m. to 7 p.m.

with wine at each table

Dancing to the music of the

Jerry Saucedo Duo

6:30 to 9 p.m.

Roast Pork Loin - \$ 57/person
 Grilled Salmon - \$ 57/person
 Lemon Pepper Tri-Tip - \$ 57/person
 Eggplant Parmesan - \$ 50/person

Please RSVP with meal choice by January 27, 2020.



Contacts:

SIR 38: Gary Hill
408-274-8086 or
carnagar@gmail.com
SIR 114: Bob Dando
408-997-2975 or
bob@thedandos.com

Pianist Astrid Morales to perform this Saturday

Astrid Morales, a 25-year-old Mexican pianist kicks off the Villages 2020 Concert offerings on January 18 at 2:30 p.m. in Cribari Auditorium. "Astrid was a great hit at the chamber series presented by the Villages Music Society in May of last year. This concert is sponsored by the Village Voices.



Astrid is currently pursuing a Doctor of Musical Arts Degree in Piano Performance at Arizona State University with the recognized teacher, Robert Hamilton. "Astrid is very personable and plays with great artistic musical-

(Continued on page 23)

Attention Villagers, time to take:

The Next Step

Novice Golf Clinics with PGA Director of Golf Scott Steele

Winter series:

Saturdays thru Jan. 25

(For more details see ad on page 3.)



New trail signs on our hills

The Villages Hiking Club has been working with the Villages Club Board and Villages Management and Staff for the past couple of years on designing, planning and implementing new trail signs for hikers on our hill-land trails. Those signs are now complete and have been installed on the trails.

Our hill lands cover 550 acres and include over 12 miles of hiking trails. These are now highlighted by 126 trail signs on 54 separate signposts, one signpost at each trail intersection.

The new signs are intended to provide much better direction to the trails, along with distance to the next trail intersection and signpost, to help you better anticipate what's ahead. Signs are in the form of arrows that point directly to the named trail, and the signposts are more visible and easier to locate than previously.

The hiking trails maps have been updated as well, and copies of the new maps are now available in the Activities Department in Building B. One map shows all the trails, and a second map shows only the lower trails so is easier to read for those trails. The maps show elevations at signposts so you can see ahead how much up-hill your next trail segment might be. Maps will also be available in dispensers at the stables and upper garden trailheads.

The goal of having the new trail signs is to make it much more comfortable walking and hiking in our hills without fear of getting confused or lost. So if you haven't been up there recently, grab a map, grab a friend, put on your hiking shoes and head for the hills! The Hiking Club also provides guided hikes most Saturday mornings to help introduce you to the trails and the natural beauty in our hill lands; check The Villager for details.

Along with the Club Board, the Hiking Club would also like to acknowledge the generous financial support of the Evergreen Villages Foundation (EVF) for this project, as part of their effort to enhance the quality of life and our amenities here at the Villages.



Save the Date for the 'Mr. Villages' Pageant

Do you want to know who will be crowned Mr. Villages by the VMA? On March 21, the VMA will present a pageant introducing the candidates competing to become Mr. Villages, who will showcase the talent, style, wisdom and humor of the Mature Man (Ed. Note: the word "older" was stricken from the VMApedia vocabulary). There will be entertainment, libations, dinner and dessert, prizes and lots of fun. This is an event you won't want to miss unless, of course, you happen to be a candidate who doesn't make the cut. Save the Date. We're asking you nicely. Don't upset the mature guys!



COMMUNITY NEWS

PULSE

Dear Readers:

The Villager welcomes everyone's voice sharing ideas, opinions and accounts of life in The Villages in the Pulse column. Please follow the guidelines carefully.

Pulse deadline is 11 a.m. on Friday of the week prior to publication. Pulse letters will be published in complete or abridged form at the discretion of the Publisher and in accordance with the editorial policies and rules established by the Club Board of Directors. (See VGCC Rule 1.30.) Opinions expressed by Pulse letter authors do not necessarily reflect the opinions of The Villager Publisher, staff, boards of directors or management.

All Pulse letters must be 200 words or fewer on a single topic relating to life in the Villages. Each letter must also include name, address, phone number, date and number of words. Typed or legibly written letters must include your signature and may be hand delivered to the Pulse mailbox in Administration Building B or by mailing to the Communications Advisory Committee, 5000 Cribari Lane, San Jose, CA 95135.

Letters may be submitted electronically through the Pulse Submission Form on the Resident Portal: resident.thevillagesgcc.com/pulse, or emailed to Villager Managing Editor S. Hinrichs: shinrichs@the-villages.com.

E-mailed letters must include the text within the body of the e-mail and the subject line must read PULSE LETTER.

0 Pulse letters received this week.
0 Pulse letters not meeting Pulse Letter Guidelines.
0 Pulse letters published this week.

Note: Pulse authors are solely responsible for the statements and opinions contained in the Pulse letters. The Villager does not verify the accuracy of all statements.


Attention Pulse authors!

When you write your Pulse letters, don't forget to:

- Include your name, address and telephone number at the end of your letter. Your contact information is important in case the Communications Committee members have questions or need to verify your identity.
- Sign your letter if you are bringing a paper copy to the Pulse mailbox in Building B.
- Put the word count of the letter at the end of the letter—Remember, it's 200 words or fewer.
- Put "PULSE" in the subject line of your e-mail if you are sending it in electronically. (E-mail your Pulse letters to: shinrichs@the-villages.com)

Forgetting to follow the Pulse guidelines may result in your letter being delayed.

Note: The Communications Committee is now verifying the authorship of submitted Pulse letters. If a Pulse Letter is dropped off in Building B, we will call the author to make sure that person wrote and submitted the letter. If we cannot reach that person we will hold the letter until we can reach them. This means we may reject the letter for a week or more if we are unable to verify the authorship.



The What I Love About The Villages column is a place where you can share your positive comments about The Villages community. (To be in compliance with VGCC Rule 1.30, please do not name businesses or other commercial, religious or political entities.)
If you have an uplifting comment to share about some aspect of life at The Villages, please email your contribution to Villager Associate Editor Kory Tran: ktran@the-villages.com, Villager Managing Editor Scott Hinrichs: shinrichs@the-villages.com or submit it in the Villager Article Submission area on the Resident Portal: resident.thevillagesgcc.com/villager/artsub/

WHAT I LOVE ABOUT THE VILLAGES

What I love about The Villages is the willingness of residents to help when needed. For example, when I needed help delivering the Connections newsletters for Senior Academy, I called five people: Bev Murphy, Jane Hoff, Jean Corrigan, Alice Glazer, and Betty Dwyre. All five ladies responded cheerfully with "Sure I'd be happy to help. Let me know what I need to do." What a great feeling to know people are out there willing to be of service when needed.

—Rosemary Kelley

Missed your Villager?

If you missed delivery of your weekly copy of The Villager, please call 408-223-4655 to report it. (Please do not call before 11:30 a.m.)

You may pick up a replacement copy of your paper at the newsstand at the entrance of Building B or go online to the Villages website—www.thevillagesgcc.com—and download the current and past editions to your computer.

More BOARDS & COMMITTEES,
MANAGEMENT and COMMUNITY
NOTICES on pages 4 & 5

IN MEMORIAM

In Memoriam notices are run free of charge.

Notices include name of deceased, date of birth and date of passing. Brief notices of memorial gatherings may be included with the notice, providing event is held in a Villages' facility.

Obituary notices may be placed in the Classified Advertising section for a fee. For more information, please call Kory Tran at 408-754-1341 or Scott Hinrichs at 408-223-4655.

DEADLINES

General Copy: All general copy, other than sports, is due by 4:30 p.m. Thursday, seven days prior to publication. For editorial information call 408-754-1341 or 408-223-4655 or email ktran@the-villages.com.

Sports: Sports copy is acceptable after deadline only by permission of the Managing Editor, 408-223-4655.

Classified Ads: Classified ads, renewals, cancellations and changes are due by 10 a.m. on the Monday before publication. Holiday deadlines differ. All classified ads must be in writing. You may fax classified ads to 408-274-2843 or e-mail to: ktran@the-villages.com. For more information, please call 408-754-1341 or 408-223-4655.

Display Ads: Display ad rates and placement may be arranged by calling Mario at 408-223-4657. Display advertising information is available on The Villages web site at: www.thevillagesgcc.com.

Delivery: The Villager is published on Thursday and distributed to all residents Friday morning. Extra copies of the latest editions are usually available in The Villager office and in the Library. Call 408-223-4655 to report missed deliveries.

POLICIES

Publication of advertising in The Villager does not constitute endorsement. Licensed real estate professionals advertising in The Villager are required to name themselves as agent or broker, or list the name of the brokerage for whom they work as part of their ad. This is in compliance with Real Estate Law Section 10140.6.

All copy is subject to editing and must be submitted with that understanding. The Villager reserves the right to reject or discontinue advertising or articles that are deemed unsuitable.

The Villages Communications Advisory Committee "To inform and connect Villagers" develops operational plans, reviews rules and policies, and advises the General Manager and Club Board on issues pertaining to The Villager, including Pulse letters, Channel 26, Fast Lane and the web site. Residents having relevant concerns may attend meetings or call committee members by phone: Chair Lou Lively-Singh 408-838-5555, Diane Carr at 408-528-8456, Debbie Champion at 408-960-6994, Barbara Karayn 202-641-6339, Pamela Oliver-Lyons 408-693-9250, Pat Reardon at 408-914-2432, and Alice Tyler at 408-223-1735.

HOURS

The Villager editorial and classified advertising hours are Monday through Friday, 8:30 a.m. to 4:30 p.m. The Villager display advertising office hours are by appointment. Call 408-223-4657 to schedule.

The Villager is the official and legal communication medium for The Villages, a Senior Community. Its mission is to provide residents with timely information about activities, facilities and services at The Villages, and to promote a sense of community by documenting and celebrating those common experiences highlighting life at The Villages.

THE WEEKLY VILLAGER is published every Thursday under policies established by the

Club Board of Directors:

Jan Champion	President
Theodora Morse	Vice President
Frank Langben	Secretary
Rick Casey	Treasurer
Mike Falarski	Director
Bob Wilk	Director

Villager Personnel:

Tim Sutherland	General Manager/Publisher
Mary Majerle-Tatum	Director of Community Activities
Scott Hinrichs	Managing Editor
Joanne Guillen	Design/Layout Editor
Kory Tran	Associate Editor
Adrienne Reed	Advertising Customer Service

THE WEEKLY VILLAGER is published by The Villages Golf and Country Club, 5000 Cribari Lane, San Jose, California 95135. Copyright 2020. All rights reserved. Visit The Villages web site at <http://www.theVillagesgcc.com>

BOARDS & COMMITTEES

FROM THE ASSOCIATION BOARD

Villages Association Regular Monthly Meeting Agenda

Tuesday, January 28 at 9:15 a.m. in Foothill Center

- Call to order
- Roll Call
- President's Report
- Treasurer's Report
- General Manager's Report
- Committee Reports
- Members' Forum
- Consent Agenda
- Unfinished Business
 1. Proposed Changes to Association Rule 2.26 Smoke Alarm and Carbon Monoxide Alarm Requirements (final approval consideration—was published for 30 days)
 2. Vote and Ballot Count—Exclusionary Encroachment Request Into Common Area from the Owner at 7584 Tayside Court
- New Business
 3. Electrical Consulting Services for Del Lago Median
 4. The Heights Earth Slippage Update
 5. Review AC Solar Conditionally Approved Application—9056 Village View Loop
 6. District Advisory Committee (DAC) Appointments
 7. Ratification of Corporation Officers for The Villages Association
 8. Review of Resolution to Record Lien for Unpaid Assessments (2) units (APN): 665-42-XXX and (APN): 665-29-XXX
 9. Review of Resolution to Foreclose on (APN): 665-22-XXX
 10. Fire Fuels Action Plan Update
 11. Vote to Ratify the Monthly Review of Accounts per Civil Code §5500
- Announcements
- Adjournment

Attention Committee publicity chairs:

To get the word out in 2020 to your membership you may list your DAC meetings in *The Villager*, on Channel 26 and in Fast Lane e-mail blasts.

For two advance notices of your meeting in *The Villager*, please get your notice in at least three weeks prior to the meeting date. You may e-mail your meeting notices to Associate Editor Kory Tran at: ktran@the-villages.com (For questions, call Kory at 408-754-1341).

Channel 26 and Fast Lane notices may be e-mailed to Communications Coordinator Ken Patterson at: kpatterson@the-villages.com (For questions or more information, please call Ken at 408-223-4681.)

You may also submit your articles and electronic notices on Resident Portal: www.thevillagesgcc.com

Pedestrian Safety on Villages streets

Walking in the Villages is great exercise and an excellent way to see our beautiful community. Walking can also be dangerous; however, one in six traffic fatalities is a pedestrian. To avoid being a statistic, take note of a few tips for walkers and drivers alike.

Always walk on the sidewalk. If there is no sidewalk and you have to walk in the road, always walk facing traffic, so you can see any car that might go out of control. Make eye contact with drivers and dress to be seen. At night, wear light or reflective clothing and carry a small flashlight. (See article below.)

Drivers of all vehicles must take care to respect the right-of-way of pedestrians. California Vehicle Code requires you to yield the right-of-way to a pedestrian crossing the roadway within any marked crosswalk or within any unmarked crosswalk of an intersection. This does not relieve pedestrians, however, from the duty of being cautious and watching out for their own safety.

EPC SEZ.

Did you know that medications might not be readily available if roads are blocked during a disaster? Keep at least a week's supply of essential medications on hand at all times.

—The Villages Emergency Preparedness Committee

"The Next Step" - Novice Golf Clinics

Winter Series December 14 – February 8

Saturdays 11am-12pm

With PGA Director of Golf, Scott Steele

Designed for all Villages novice golfers and for those who have taken our Get Golf Ready class, and are wondering, "OK, what next?"

A different golf topic each week!

Saturday, January 18

Putting – The Great Equalizer

Saturday, January 25

Full Swing – How to Maximize Power

Saturday, February 1

Practice vs Play – The Big Difference

Saturday, February 8

Let's Go Play – How to Take your Game from the Range to the Course

Only \$20 Per Clinic!! To Sign Up for one or all, call the Pro Shop at 408-754-1331



EQ1 EVERGREEN ESTATES

Thinking of selling, moving, or downsizing?

EQ1 Evergreen Estates can help. Call us today about our complimentary home seller's marketing consultation!



COMPLIMENTARY SERVICES INCLUDE:

- Professional Photography, Aerial Drone (est. \$300-700) **free**
- Home Staging (est. \$1400-3000) **free**
- Your Own Website (est. \$350-500) **free**
- Zillow, Trulia, Redfin, Realtor.com, Homes.com (varies) **free**
- Postcards & Flyers (est. \$235-700) **free**
- Virtual Tour Video, 3D Walkthrough (est. \$650-2000) **free**

Notary services available!

2901 The Villages Pkwy, San Jose
408•270•5555

www.EQ1EvergreenEstates.com
DRE# 01931861

MANAGEMENT

E-waste collection event to be held at Cribari

OLM Recycling Services will be collecting electronic e-waste at a free collection event to be held at the Cribari Center east parking lot on Saturday, January 25 from 8 a.m. to 2 p.m.

If your items are too heavy, OLM Recycling can pick them up at your house, just give OLM your address and someone will stop by and help with the items.

For more questions, call Lynne at 408-781-3090, or for Spanish language, Montiel at 408-781-2211. Please Note: We do not take batteries, light bulbs, media or paper at this event.

The following items are eligible for drop-off:

- TVs (CRT/RP/LCD), computer monitors, miscellaneous equipment with screens
- Computers, servers, switches, network equipment
- Components: CPU, memory, IC chips, printed circuit boards
- Hard drives (we dismantle and destroy all hard drives)
- Telecom, phones
- CD players, DVD players, DVR players
- Audio and video equipment, karaoke sets, stereo equipment
- Cameras, projectors, security cameras
- Gaming: Nintendo, Xbox, Play Stations, including games
- iPads, notebooks, tablets, Kindles
- Laptops, docking stations, adapters
- Lab equipment
- Modems, routers
- Medical equipment, carts, test equipment
- Server racks, metal carts
- Wire and cables (all types) surge protectors
- Batteries (UPS, backup batteries, power supplies, car batteries, laptop batteries)
- Exercise equipment
- Metals: aluminum, copper, scrap metal, stainless steel, file cabinets
- Appliances: dishwashers, washers, dryers, ovens, water heaters
- Satellite dishes
- Cardboard

We do not accept the following:

- Hazardous waste (liquids, paint, solvents, oil)
- Carbon monoxide alarms, smoke detectors, thermostats
- Wood, furniture and mattresses

Questions? Email us at: info@aomrecycling.com



Villages 2020 Telephone Directory distribution

The 2020 Villages Telephone Directory is being published and is projected to be available during mid- to late January. Delivery will take place once the weather permits it.

Missed or damaged books may be replaced without charge until mid-February. After that, Villages residents may purchase a telephone directory (or extra directories) for \$10 each.

If you do not receive your telephone directory, or you find that it is damaged, you may get a replacement at the Community Resource Center in the Building B lobby.

To make changes to your directory listing, call or drop by the Public Safety Administration office in Building C. Telephone number is 408-239-5246.

POST OFFICE NOTICE

On Monday, January 20, the Villages Post Office will be closed in observance of Martin Luther King, Jr. Day. Normal business hours will resume the following day, 9 a.m. to noon.

BOUQUETS

The Village Investment Club (VIC) is indebted to all those who served in leadership roles over the years, most recently President Bob Williams and Treasurer Ken Brady. Their time and effort in presenting timely and interesting meetings will not be forgotten. Job well done. As we go forward as an informal group we will remember their contributions.

Thanks again, Berna, Bobbie, Cheryl, Eileen, Madeleine, Rebecca, Rex, Ron and Wayne.

—The VIC

Villages walker? Grab a free vest

Now that it is winter and the days are shorter and darker earlier, it is important for those who are outside exercisers to be visible. If you walk in the early morning or late afternoon and evening it is a good idea to wear lighter colored clothing and wear a reflective vest or jacket. The VMA will supply you with a reflective vest for free! All you have to do is drop by the VMA office between 9:30 a.m. and 2:30 p.m. Monday through Friday to pick one up. Congratulations to all of you who are out exercising. Be safe and wear reflective clothing.

PUBLIC SAFETY

Villages' AED Program

By the Public Safety Department

Please be reminded that AEDs (Automated External Defibrillators) for use during cardiac emergencies in which a victim collapses and appears not to be breathing normally are located in:

1. Montgomery Center
2. Vineyard Center
3. Foothill Center
4. Cribari Center Lobby
5. Tennis Courts/Air Station
6. The Clubhouse
7. Cribari Pool
8. Fitness Center
9. Public Safety Patrol Vehicle

Please stop by to look at them and take note of the locations, as you may be called upon to bring the defibrillator to the emergency scene or assist in other ways.

Sudden Cardiac Arrest (SCA) is a condition in which the heart quivers instead of effectively pumping blood throughout the body and strikes 325,000 people of *all* ages every year. AEDs are the definitive treatment for this condition, but for each minute that passes before defibrillation therapy reaches a victim, the chances for survival decrease by 10 percent. The American Heart Association estimates that 40,000 lives can be saved each year with AEDs that reach victims within 3-5 minutes of collapse, which is why we are pleased to have an AED program on our campus. Once turned on, the AED will talk the responder through the steps of using the AED and applying chest compressions.

If you would like to take a voluntary CPR/AED class, please call Health Education Services for classes or for referrals at 800-754-9072.

The AED program exemplifies our commitment to safeguarding the health and welfare of all who work and visit these buildings. For more information or questions, please contact our AED Site Coordinator via phone or email: Tim Porter, tporter@the-villages.com, 408-239-5246 option 2.

HELPING YOU GET YOUR LIFE **back on course.**

Experts in the Care of Musculoskeletal Conditions

Getting Villagers Back in the Game for 24 Years

Covered by Medicare without a Physician Referral
Call Today to set up an Evaluation

408.270.2280

*"I feel better than I have for a long time; wish I had done this sooner."
Kit Carver, Life Member LPCA*

EVERGREEN PHYSICAL THERAPY

1624 E. CAPITOL EXPWY. (AT SILVER CREEK RD.) EMAIL: INFO@EVERGREENPTONLINE.COM

GOVERNANCE MEETINGS

THE DACs

Hermosa DAC to meet January 23

The Hermosa DAC will be holding a combination DAC and social meeting Thursday, January 23 at Foothill Center. The social will take place at 6 p.m. and the DAC meeting will start at 7 p.m.

Glen Arden DAC to meet January 22

Glen Arden will hold its quarterly DAC meeting on Wednesday, January 22 at 4 p.m. at Vineyard Center.

AC NOTICE

Association applications for Owner Alteration Requests for the month of February are due to the Architectural Committee on or before January 24, 2020. See Elissa at the Corporation Yard office to obtain an application. **Meeting date is scheduled for February 4, 2020 at 9 a.m. The meeting is being held in the Foothill Center.**

Association AC Landscape meeting deadline date is **January 24, 2020.**

More COMMUNITY NOTICES

(SRS) SENIOR RESOURCE SERVICES

How to get your own tax forms

Are you one of the Villagers who like to do your own return by hand on paper forms? SRS is not able to obtain forms to hand out. You will need to order the needed tax forms by telephone or from your computer, or you may download them from the web sites. Here's how:

Federal forms:

To order by telephone: Call 1-800-829-3676 (1-800-Tax-Form)

To order via web site: **Go to www.irs.gov**; about half way down the page is the heading **"Forms and Instructions"** with some choices; click on **"Search Forms & Instructions"**; then on the left side menu click on **"Order Forms & Pubs"**; then on the next page click on **"Forms & Publications by U.S. Mail."** Toward the bottom of the page, type **"1040"** into the search box; the order list for 1040 forms, schedules and instructions will pop up.

It is possible you will need some forms that have not yet been released. Go ahead and order the forms. You will receive them in a later mailing when they are available.

To download and print forms from the website: Simply click on the **"Forms and Instructions"** header and then enter your needed form number in the search box.

By the way, you may wish to download Publication 17 "Your Federal Income Tax (for Individuals)". This almost 300-page booklet covers most topics about income and deductions. You cannot order a paper copy of the Publication.

California forms:

To order by telephone: Call 1-800-338-0505. Select 1 for Personal Income Tax and then select "Forms and Publications".

To order via web site: Go to **www.ftb.ca.gov**; on the top banner click on **"Forms"**. On the next page under the "Get Forms" menu, click on **"By U.S. Mail"**.

To download and print forms from the website: Follow the same instructions as above but click on the blue **"Online"** button. Enter your form number in the search box.

There is a button labeled "Location Near You" indicating you may be able to pick up forms. This will not be activated until February 1.

Note: The Senior Resource Services (SRS) office hours for drop-in assistance are Monday, Wednesday and Friday from 10 a.m. to noon. The SRS office is in the Cribari Center across from the Post Office. You may also leave a message at 408-239-5253. The purpose of SRS is to provide education and general business and financial information. All assistance is free and confidential. You should ask your professional adviser about your individual situation.

SRS announcement:

IRS mileage rates for 2020

Do you use your automobile for business use? The standard mileage rate for business is 57.5 cents-a-mile for 2020. This is a decrease of 0.5 cent from the 2019 rate. The new mileage rate for deductible medical mileage expense is 17 cents-a-mile rather than 20 cents allowed in 2019. The rate for providing services for charitable organizations is set by statute, not the IRS, and remains at 14 cents a mile.

BOARD MEETINGS

The Villages Association Board of Directors Executive Session Re.: Contract Matter will be held Friday, January 17, at 2:30 p.m. in Building A.

(The following are open meetings. All Villagers are invited and encouraged to attend.)

Association

The Villages Association Board of Directors monthly meeting will be held Tuesday, January 28, at 9:15 a.m. in Foothill Center.

Club

The Villages Golf and Country Club Board of Directors meeting will be held Tuesday, January 28, at 1:30 p.m. in Foothill Center.

ENCROACHMENTS

The following encroachments have been submitted to the Architectural Committee and the Board of Directors:

- 5272 Cribari Corner—Walkway.
- 7352 Via Laguna—Walkway.

Owners in the area are invited to comment to the General Manager's office.

Deadline for editorial materials is the Thursday before the date of publication. If your notice is late, please call Kory at The Villager copy desk at 408-754-1341 to arrange for space to be available. You may e-mail your copy to: ktran@the-villages.com

Villages Medical Auxiliary-Since 1976

Office: 408-238-4230

Hours: Monday to Thursday, 9:30 a.m. to 2:30 p.m.

**Service Coordinator:
408-238-4029**

www.vmaillages.org



January Programs

Hearing Screening: Performed by Hearing Life. Registration required. Tuesday, January 21, 10 a.m. – 12 p.m., Montgomery Center.

Caregivers Support Group: a group designed to provide emotional, educational and social support for all caregivers facilitated by Villager, Judy London, Ph.D. Thursday, January 16, 10:30 a.m. – 12 p.m., Patio Room

Diabetes Support Group: a place to share experiences and techniques for successful management of diabetes. Wednesday, January 22, 10 a.m. - 12 p.m., Cribari Forum Room.

Managing Diabetes: Presented by Ready2Nurse. Thursday, January 30, 10 a.m. – 11 a.m., Montgomery Center.

Coming in February

Hypertension & Congestive Heart Failure: Presented by Amy Wang, NP from Ready2Nurse. Thursday, February 13, 10 a.m. – 11 a.m., Vineyard Center

Advanced Health Care Directives: Presented by With Grace Hospice. Wednesday, February 19, 10:30 a.m. – 11:30 a.m., Cribari Conference Room

If you have any questions or need information regarding our upcoming programs or the services we provide, please contact VMA Service Coordinator Cristina Freyer at cfreyer@sequoialiving.org or 408-238-4029.

CALENDAR OF EVENTS

Friday, January 17

8:30 a.m.	Jazzercise	A
8:45 a.m.	Catholic Mass	CR
9 a.m.	Game Day	RED, SEQ
9 a.m.	VGC – Golf Course	BGA
9:30 a.m.	Ceramics	CER
9:30 a.m.	Open Studio	AR
9:30 a.m.	Quilters	P
9:30 a.m.	Tai Chi	VC
10 a.m.	Line Dance	MMP
1 p.m.	Table Tennis	MMP
3 p.m.	Hand Bells	CR
5:30 p.m.	Comedy Dinner Show	CH
6 p.m.	Mexican Train Domino	MC
7 p.m.	Chapel: Mission Comm.	VC
7 p.m.	Theatre Rehearsal	A
7:15 p.m.	Jewish Services	FC

12 p.m.	Cardio Class	A
12:30 p.m.	Flower Arranging Guild	VC
1 p.m.	Stitchery	P
1:30 p.m.	News Junkies	CR
1:30 p.m.	Villages Tech. Explorers	FC
2 p.m.	Theatre Rehearsal	A
3 p.m.	Chapel Ministry	MC
6:30 p.m.	Duplicate Bridge	RED
7 p.m.	EPC Emotional Support	P
7 p.m.	Movie – Poms	VC
7 p.m.	Camera Club Program	FC
7 p.m.	Yoga	MMP

2 p.m.	The Villages Readers	MC
2 p.m.	Community Chapel	F
2 p.m.	Theatre Rehearsal	A
4 p.m.	Glen Arden DAC	VC
6 p.m.	Camera Club Class	P
6 p.m.	Mexican Train Domino	MC
6 p.m.	Global Village Comm.	CR
7 p.m.	Village Voices	FC
7 p.m.	Yoga	VC

Saturday, January 18

9 a.m.	Table Tennis	MMP
9:30 a.m.	Ceramics	CER
9:30 a.m.	Ukulele Singing	SEQ
10 a.m.	Concert Ticket Sales	CR
2:30 p.m.	Concert	A

Tuesday, January 21

9 a.m.	Game Day	RED, SEQ
9:30 a.m.	Acrylics & Oil Studio	AR
9:30 a.m.	Ceramics	CER
10 a.m.	ADL/Parkinson Class	A
10 a.m.	Ukulele – Advanced	P
10 a.m.	VMA Hearing Screening	MC
10 a.m.	Line Dance	MMP
10 a.m.	SIRs 38 Board	CH
11 a.m.	SIRs 38 Lunch	CH
11 a.m.	Yoga	MMP
11:30 a.m.	Walking - Indoors	A
2 p.m.	Sr. Academy Course	VC
2 p.m.	Piano Open Studio 2	A
6:30 p.m.	Tuesday Art Night	AR
6:45 p.m.	Band Rehearsals	A
7 p.m.	Chapel Lay Board	P

Thursday, January 23

9 a.m.	Game Day	RED, SEQ
9:30 a.m.	Hiking Club Board	F
9:30 a.m.	Ceramics	CER
9:30 a.m.	Watercolor Class	AR
10 a.m.	Line Dance	MMP
10 a.m.	Republican Club	FC
10 a.m.	Walking Class – Indoor	A
11 a.m.	Yoga	MMP
12 p.m.	18 Hole Women Lunch	CH
12:30 p.m.	Ukulele Club	VC
1 p.m.	Table Tennis	MMP
2 p.m.	Chapel Bible Study	MC
2:30 p.m.	VGC – 6 Golf Clubs	BGA
3 p.m.	Chapel Choir Rehearsal	CR
6 p.m.	Bridge Club	RED
6 p.m.	Hermosa DAC	FC
7 p.m.	Theatre Rehearsal	A
7 p.m.	Yoga	VC

Sunday, January 19

7:15 a.m.	Catholic Choir	CR
8:15 a.m.	Catholic Mass	A
8:30 a.m.	Episcopal Services	MC
9 a.m.	Table Tennis	MMP
9 a.m.	Chapel Choir Rehearsal	SEQ
10 a.m.	Comm. Chapel Service	A
11 a.m.	Chapel Fellowship	CR
11 a.m.	Valle Vista Brunch	CH
7 p.m.	Theatre Rehearsal	A

Wednesday, January 22

8:30 a.m.	Jazzercise	A
9 a.m.	Game Day	RED, SEQ
9:30 a.m.	Ceramics	CER
9:30 a.m.	Ladies Bible Study	P
9:30 a.m.	Tai Chi	VC
10 a.m.	Critique & Open Studio	AR
10 a.m.	Diabetes Support	F
10 a.m.	Line Dance	MMP
10 a.m.	Total Body Fitness	A
1 p.m.	Table Tennis	MMP
1:30 p.m.	Movie – Lion King	CR

Friday, January 24

8:30 a.m.	Jazzercise	A
9 a.m.	Game Day	RED, SEQ
9:30 a.m.	Ceramics	CER
9:30 a.m.	Open Studio	AR
9:30 a.m.	Quilters	P
9:30 a.m.	Tai Chi	VC
10 a.m.	Line Dance	MMP
1 p.m.	Table Tennis	MMP
3 p.m.	Hand Bells	CR
5 p.m.	Winemaker Dinner	CH
6 p.m.	Mexican Train Domino	CH
7 p.m.	Chinese Club Karaoke	RED
7 p.m.	Theatre Rehearsal	A

Monday, January 20

8:30 a.m.	Jazzercise	A
9 a.m.	Camera Club Board	P
9 a.m.	Game Day	RED, SEQ
9:30 a.m.	Search the Scriptures	FC
9:30 a.m.	Ceramics	CER
10 a.m.	Line Dance	MMP
10 a.m.	Open Studio	AR
11 a.m.	Comcast Cust. Service	CR



NO CORKAGE TUESDAYS

Bring your favorite bottle of wine and your favorite people any and every Tuesday to the Clubhouse Restaurant.

No corkage will be charged with a dinner order. One-bottle limit per two guests.

Standard size bottles only.

Clubhouse Restaurant Only

Clubhouse Hours

Clubhouse Restaurant

5 p.m. to 8:30 p.m.

Tuesday through Sunday

Early Bird Specials

5 p.m. to 5:30 p.m.

10% Discount on Entrées*

*Must be from Dinner Entrees Section or Weekly Specials. Does Not Include Prime Rib. Good Only in Clubhouse Restaurant.



EVF FOCUS

EVENT LOCATIONS

A	Auditorium	(Cribari)
AR	Art Room	(Cribari)
BC	Bocce Courts	
BGA	Building A	
CER	Ceramics	(Cribari)
CCR	Cribari Club Rm.	
CH	Clubhouse	
CR	Conference Rm.	(Cribari)
CY	Corporation Yard	
F	Forum	(Cribari)
FC	Foothill Center	
FCR	Fitness Center	
FHP	Foothill Pool	
GP	Gazebo	
L	Lobby	(Cribari)
SEQ	Sequoia	(Cribari)
MC	Montgomery Center	
MMP	Montgomery MP Room	
RED	Redwood	(Cribari)
P	Patio Room	(Cribari)
TR	Terrace Room	(Cribari)
VC	Vineyard Center	

Smile!

By Maxine Amundsen, EVF President

Why all the smiling faces? Can you recognize these Villages smiles? In 2019, the Evergreen Villages Foundation (EVF) received \$63.36 from Amazon Smile. Since we began this program in 2015 we have received \$732 from shoppers designating EVF as their charity. If you shop Amazon and are not part of this program it is easy to enroll and contribute. Here's how to shop AmazonSmile: 1. Visit smile.amazon.com 2. Sign in with your Amazon.com credentials 3. Search for the charity of your choice 4. Select your charity 5. Start shopping! Thank you for choosing EVF as your charity.



Providing Cost Effective Reliable Expert Solutions For Real Estate Goals to Sellers Buyers Landlords and Tenants

N. Jeanette Campa
Broker, Villager
Notary Public
JABEZ Realty
CA DRE 01327014
408-661-0203

Est 2009

CLUB CALENDARS



HIKING CLUB SCHEDULE

Unless otherwise indicated, all hikes meet at Cribari Center at 8:30 a.m. and depart at 8:45 a.m. Bring water, snacks, poles and lunch as necessary. Wear layered clothing appropriate to the current weather. In addition to scheduled hikes, the following hikes occur regularly: **Every Wednesday** - Villages Hill Hike. 8:45 a.m. from Foothill Center. **Every Saturday** - Villages Hill Hike with Russ Glines 8:30 a.m. from Foothill Center.

Saturday, January 18: Calero County Park (Long Hikers). Akiko Giordano (408-238-5437) will lead long hikers on 9-mile hike with 500 feet elevation gain in Calero County Park, entering from Rancho San Vicente entrance. Please meet at the Cribari Center at 8:15 a.m. for 8:30 a.m. departure. Direction to the park: 101 South to Bailey Exit #373; right on Bailey, 3 miles to McKean Rd, right onto McKean Rd, about 3 miles to Rancho San Vicente Entrance on your left. Hike will start on Lisa Killough Trail to North Ridge Trail and back down to Lisa Killough Trail (1.4 miles). Hike up to Lisa's Lookout (2.2 miles), where we'll have lunch break. After lunch, hike down on Lisa Killough Trail to Cottle Trail along the reservoir and then go back up to Lisa Killough Trail to the entrance area (5.5 miles). Wear layered clothing, bring lunch, water, snack, hiking poles. A round trip to the park is about 50 miles.

Wednesday, January 22 (Rambler): Evergreen Square. Gary and Terry Holmquist (408-531-9779) will lead a hike to Evergreen Square for a cup of coffee and/or library. The hike will be along sidewalks and gravel trails to avoid possibly muddy conditions. The round trip distance is about five miles. If desired, convenient bus return is available at a cost of \$.80. The walk will be approximately 5 miles. Be sure to bring water.

Saturday, January 25: 8:30 a.m. to 2:30 p.m. Cañada del Oro Open Space Preserve. (Long Hike.) Amy Meier will lead a hike a 7-8-mile loop with 1550 ft elevation gain on the Mayfair Ranch, Longwall Canyon, Bald Peaks and Catamount Trails on varied terrain both wooded and with expansive views of Calero Reservoir and surrounding valleys. Bring lunch, snacks, water, and sticks. Wear boots and layers. Some sections may be windy. Rain cancels. Approximately 35 miles round trip.

Wednesday, January 29 (Rambler): Wate and Johanna Bakker (408-223-2190) will lead a hike in the Shoreline Park of Mountain View. We expect to see many migratory and other shoreline birds. Thus bring your binoculars and cameras. Afterwards we will have lunch in the Shoreline cafe. Bring water and a snack. Dress seasonably. Round trip car mileage about 35 miles. To avoid excessive traffic we will meet at 9:30 a.m. at Cribari for a 9:45 departure.

Saturday, February 1: Dan Kato will lead a long hike at Mount Diablo state park. We will park and start at the Diablo Valley Overlook near the Juniper Campground where there are bathrooms near the trailhead. We will then take the "Grand Loop" for a total distance of about 6.8 miles and a vertical climb of 1820 feet. The loop consists of the Deer Flat Trail, the Bald Ridge Trail (where midway, you can eat your lunch and see beautiful views) finishing on the North Peak and Juniper trails. This is a challenging hike, not so much from distance but by the vertical climb. Snow is always possible up there so dress in layers. There is an optional stop after the hike at Pete's Brass Rail and Car Wash which has a wide choice of beers and comfort food. Round trip mileage is about 120 miles so we will meet at Cribari at 8 a.m. for an 8:15 departure. Heavy rain, but not snow, will cancel.

Saturday, February 22: Amy Meier will lead a hike in Windy Hill Preserve of approximately 7.5 miles with a 1200 ft. elevation, starting at the Portola Road entrance, hiking a loop trail on Spring Ridge, Hamms Gulch and Betsy Crowder trails. Bathroom at trailhead, bathroom and picnic tables at lunch stop. Due to very limited parking we will meet at 8 a.m. at Cribari and depart at 8:15. Bring lunch. Rain or muddy trail conditions cancels. 68 miles round trip. Optional coffee/snack stop following hike.

What's Happening in ARTS & CRAFTS?

All Villagers are invited to participate in Arts and Crafts Activities.

Website: www.villagesartsandcrafts.org

****Contact:** President Monita Bowman at monita.bowman@gmail.com

***Registration contact:** Barbara Gottesman at barb.gottesman@gmail.com

Ceramics Room: Open Studio Monday through Friday. See website for times.

No regular meeting in January.

No regular monthly meeting or guest artist demonstration in January.

January 17: New Duet Exhibit: Colleen Mirassou and Jane Hink. Mounting 11 a.m. – noon. Juried Art Show paintings shall be picked up.

January 21: Third Tuesday Free Art Night. Diane Finley's Ceramic Hearts to paint and give as gifts for Valentine's Day. 6:30 p.m. Art Room. Wine and cheese snacks. **

January 27: Monday. Advisory Board Meeting. 3 p.m. Art Room.

February 3: Regular Monthly Meeting of Arts & Crafts. Cribari Conference Rm. 1:45 p.m. Guest Artist Demo.: Artist of the Month contest. 1:15 p.m. register with Michael Sunzeri. Ciel Duke returning with an Intermediate Drawing class.

February 11: Art Film is canceled.

February 18: Third Tues. Free Art Night. TBA 6:30 p.m., Art Room. Wine and cheese snacks. **

February 21: Save the Date. Friday afternoons. Life Drawing with Karen La Roche. Details will follow.

February 24: Monday. Advisory Board Meeting. 3 p.m. Art Room.

Open Studio: Mondays 10 a.m. to noon with Jane Hink. Wednesdays 10 a.m. to noon with Barbara Gottesman. Fridays 9:30 a.m. to noon with Joan Fury.

Stitchery Group: Mondays. Patio Room 1 – 3 p.m. Call Roberta at 408-218-8372.

POLE WALKERS CALENDAR

Meet at 8:30 a.m. at the Clubhouse Parking Lot unless otherwise indicated

Every first and third Monday – Meet at the Gazebo

First Wednesday of the Month - Walk to Le Boulanger

Second Wednesday of the Month - Walk to the Farmers Market

Third Wednesday of the Month - Walk to New Seasons

Fourth Wednesday of the Month - Walk to McDonald's

Fifth Wednesday of the Month - Walk to the Farmers Market

First Friday of the Month - Walk Highlands, meet at Gazebo

Second Friday of the Month - Walk Hermosa, meet at Fairway

Third Friday of the Month - Walk Olivias, meet at Solera

Fourth Friday of the Month - Walk Del Lago, meet at Clubhouse

Fifth Friday of the Month - Meet at Montgomery Center

For more information, contact Remy at 650-776-8850 or remypessah@gmail.com



CAMERA CLUB

Monday, January 20: Photographer Joan Field shares what judges look for and how to write good titles.



MUSIC SOCIETY: TAKE NOTE

Save the Date

All events are \$18 and in Cribari Auditorium unless otherwise noted. Ticket sales on the Saturdays stated below are in Cribari Lobby from 10 a.m. to noon.

Saturday, January 18: Astrid Morales, pianist, performs at 7:30 p.m. for the Concert Series offered by The Villages Music Society.

Rehearsal/Meeting Schedule

Villages Concert Band: Tuesdays at 6:45 p.m. in Cribari Auditorium. Information: Larry Miller 408-238-1030. Midwinter break from December 15 until Tuesday, January 7.

Villages Handbells Ensemble: Fridays from 3-5 p.m. in Cribari Conference Room. Information: Kathi or Earl Levin at 408-270-5458.

Opera Lovers: Opera presentations the second Fridays of the month at 1:30 p.m. in Vineyard Center. Information: Bonnie Preston 408-531-1513.

Piano Open Studio: 2 p.m. on Tuesdays in Cribari Auditorium: January 21 and February 4, 18. Listeners are welcome. Information: Estelle Kabbani at 408-406-7447 or marchstar@comcast.net.

Village Voices: All singers welcome. No auditions. Rehearsals are Wednesdays from 7-9 p.m. in Foothill Center. Information: Aileen Reid 408-809-4884.

**Gift Cards available
at the
Clubhouse and Pro Shop!**

THE CLUBHOUSE

**For Reservations
or Information:
408-223-4687**

2800 Villages Fairway Drive, San Jose CA 95135

All Clubhouse & Bistro menus can be found at www.thevillagesgcc.com

WHAT'S COOKING?

theclubhouse@the-villages.com

Happy Hour at the Bistro & Bar:
Happy Hour times are from 1 p.m. to 5 p.m. in the Bistro daily.

Come down and join us for a drink!

Early Bird Specials: Get a 10-percent discount on entrées* from 5 p.m. to 5:30 p.m.

*Must be from Dinner Entrees Section or Weekly Specials. Does Not Include Prime Rib.

Offer good only in the Clubhouse Restaurant.

Clubhouse Reservations: It's easier than ever to make restaurant reservations.

Go to: www.clubhouserreservation.com and sign-up to make restaurant reservations quickly and easily. Confirmations are automatically sent to you via e-mail or text.

Wine Maker Dinner: Please join us as we welcome De Tierra Vineyards on Friday, January 24, from 5 p.m. to 9 p.m. Please see the ad on the next page for menu and reservation information.



**Lunch Specials
Tuesday 1-21
to
Sunday 1-26**

LUNCH SPECIALS SERVED ALL WEEK

Beef Taco Salad	\$14.50
<i>Ground Beef, Shredded Lettuce, Beans, Cheese, Pico de Gallo, Guacamole and Sour Cream in a Tortilla Shell</i>	
Chicken Philly Sandwich	\$13.95
<i>Grilled Chicken with Onions, Bell Peppers and Jack Cheese—served with Choice of Side Dish</i>	
Tequila Prawns and Linguine	\$16.95
<i>Four Tequila Prawns with Linguine, Tomatoes, Green Onions and Guacamole</i>	

DAILY SOUP SPECIALS

<i>Tuesday, January 21</i>	<i>Soup: Chicken Noodle</i>
<i>Wednesday, January 22</i>	<i>Soup: Wonton</i>
<i>Thursday, January 23</i>	<i>Soup: Tomato Basil</i>
<i>Friday, January 24</i>	<i>Soup: Manhattan Clam Chowder</i>
<i>Saturday, January 25</i>	<i>Soup: Chef's Choice</i>
<i>Sunday, January 26</i>	<i>Soup: Chef's Choice</i>

DINNER SPECIALS SERVED ALL WEEK

**Dinner Specials
Tuesday 1-21
to
Sunday 1-26**

Mermaid Salad	\$22.95
<i>Grilled Scallops, Salmon, Prawns and Asparagus over Mixed Greens—served with a Cup of Soup</i>	
Fettucine with Salmon and Asparagus	\$21.95
<i>Fettucine with Salmon, Mussels and Asparagus in a Garlic Cream Sauce—served with Soup or Salad</i>	
New York Pepper Steak	\$28.50
<i>Peppercorn Crusted N.Y. Steak with an Oyster Mushroom, Bacon and Scallion Garnish—served with Soup or Salad</i>	

ACTIVITIES

Monday, January 20

No Event

Tuesday, January 21

• SIR #38 Board Meeting—Sunset, Oak and Fairway Rooms—10 a.m. to 11 a.m.

• SIR #38 Luncheon—Sunset, Oak and Fairway Rooms—11 a.m. to 2 p.m.

Wednesday, January 22

• Private Event—Oak and Fairway Rooms—noon to 4 p.m.

Thursday, January 23

• Women's 18 Hole Luncheon—Oak and Sunset Rooms—12:30 p.m. to 4 p.m.

Friday, January 24

• Winemaker Dinner—Sunset, Oak and Fairway Rooms—5 p.m. to 10 p.m.

Saturday, January 25

• Private Event—Catering—5 p.m. to 9 p.m.

• Private Event—Oak and Fairway Rooms—5 p.m. to 11 p.m.

Sunday, January 26

• Puppo 100th Birthday—Oak and Fairway Rooms—1 p.m. to 6 p.m.

THE BISTRO & BAR

Open Daily: 7 a.m. to 8:30 p.m.

Breakfast: Monday through Friday 7 a.m. to 10:45 a.m.
Saturday and Sunday 7 a.m. to 2 p.m.

Lunch: Monday through Sunday 11 a.m. to 2 p.m.

Appetizer/All Day Menu: 11 a.m. to 8:30 p.m.

Dinner: Monday through Sunday 5 p.m. to 8:30 p.m.

Casual a la carte dining. No reservations required.

-Breakfast	-Vegetarian
-Starters	-Pizzas
-Appetizers	-Desserts
-Grill Items	

Full Bar available with Beers on Tap.

More CLUBHOUSE ITEMS on pages 6 & 9

Clubhouse Restaurant / Bistro
To-Go Curbside Service Program

The service features:

- Lower service charge of 10%
- Reserved parking spot
- Delivery to your parked car
- Dedicated attendant
- Dedicated phone number

RESERVED FOR

THE CLUBHOUSE RESTAURANT AND BISTRO  **CURBSIDE PICKUP**

Phone Ordering

1. Call 408-370-8553
2. Place Order

Menus can be found online at:
www.thevillagesgcc.com/restaurant-menus

Order Pickup

1. Call 408-370-8553 and tell employee you have arrived
2. Food will be delivered to your vehicle

De Tierra
 VINEYARDS

WINE MAKER DINNER

FRIDAY JANUARY 24TH 2020 5 PM TO 9 PM

JOIN DAN McDONNAN AND ALIX BOSCH

IMPORTED AND DOMESTIC CHEESE RECEPTION
 DRY RIESLING 2016

CREAMY APPLE YOGURT SALAD WITH GOLDEN RAISINS AND PECANS WITH BUTTER LETTUCE

SANTA LUCIA HIGHLANDS CHARDONNAY 2016

LAMB OSSO BUCCO
 WITH WILTED KALE, WHITE BEANS AND SUNDRIED TOMATOES

MONTEREY PINOT NOIR 2016

TIRAMISU
 WITH CHANTILLY MASCARPONE CREAM AND MINTS

\$49 PLUS TAX AND SERVICE CHARGE

CALL EVENTS HOTLINE AT 408 754 1337

EMAIL CLUBHOUSEMANAGERS@THE-VILLAGES.COM



DAILY

The Villages Fitness Center
 12:00/6:00 AM/PM

Living with Wildfires in Santa Clara County
 1:00/7:00 AM/PM

Scam Awareness
 2:35/8:35 AM/PM

WEEKLY

3:00/9:00 AM/PM
 MON Burns & Allen Show
 TUE Dinah Shore Show (1:00)
 WED The Beverly Hillbillies
 THU Bob Cummings Show
 FRI Date with the Angels
 SAT Mickey Rooney Show
 SUN Colgate Comedy Hour (1:00)

3:30/9:30 AM/PM
 MON The Lucy Show
 WED Meet Corliss Archer
 THU You Bet Your Life
 FRI Life With Elizabeth
 SAT The Jack Benny Program

4:00/10:00 AM/PM
 THU Dragnet
 FRI Mr. and Mrs. North
 SUN Bonanza (1:00)

4:30/13:00 AM/PM
 THU Suspense
 FRI Letters to Loretta

5:00/11:00 AM/PM
 THU Climax! (1:00)
 FRI Tales of Tomorrow
 SUN Studio One (1:00)

5:30/11:30 AM/PM
 MON Sherlock Holmes
 TUE Robin Hood
 WED Kit Carson
 FRI Sir Lancelot
 SAT Lock-Up

The Clubhouse Prime Rib
 Carved Tableside
 Friday and Saturday Nights




Join Exec. Sous Chef Silvester Melendez
 Serving you Tableside

Featuring Brandt Natural, Hand-Selected, 21-Day-Aged, Corn Fed Prime Rib

Reservations: www.clubhouserreservation.com
 408 223 4687

Single Diners' Night
 Lets Dine Together!
 Every Wednesday at The Clubhouse



Shared Table, Complimentary Glass of Wine included with your Dinner and Great Conversations.


Please make reservations and note "Single Diners' Reservation"
Reservation is Required
 Every Wednesday at 6 p.m.

Prime Rib a natural choice

The prime rib being served every Friday and Saturday evening comes to us from the Brandt Farms.

The Brandt family has been in the livestock and farming business since the early 1900s and started feeding cattle commercially in 1945. With the onset of consumer concerns regarding hormones and antibiotics in the early 1990s, the Brandt family made a decision to go against the industry standard and raise their animals naturally. Today, Brandt Beef is proud to be feeding its animals a vegetarian corn-based diet for more than 365 days without hormones and antibiotic free.

The Brandt family is passionate about producing the most



consistent, highest quality, 100-percent source verified natural beef on the market. By exerting complete control over the process, Brandt Beef has created a true natural "farm to fork" operation.

The cattle operation in Brawley, California is where alfalfa is grown and mixed with the corn to create a natural diet for Brandt Beef's animals. As stewards of the land, the Brandt family also employs several other sustainable methods to raise their animals naturally and preserve the land for future generations.

With this background, the prime rib served at your table is an unsurpassed dining pleasure.

MOVIES
 4:00/10:00 AM/PM

MON The Chase

TUE Kentucky Rifle

WED Utopia

SAT Behave Yourself

CHANNEL 26 

Club Events & Notices

Network: Villages Public
 Password: villages

More information online at the Villages Resident Portal:
resident.thevillagesgcc.com

COMMUNITY ACTIVITIES

The following events are sponsored by the Community Activities Department. Please telephone 223-4643 for additional information.

Board and Committee Meetings

Date	Meeting	Time	Place
1/17	VGC-Golf Course	9 a.m.	Building A
1/20	EPC Emotional Support Team	7 p.m.	Patio Room
1/22	Glen Arden DAC	4 p.m.	Vineyard Center
1/23	VGC – Six Golf Clubs	2:30 p.m.	Building A
1/23	Hermosa DAC	6 p.m.	Foothill Center

Community Events

Date	Event	Time	Place
1/17	Comedy Dinner Show	5:30 p.m.	Clubhouse
1/18	Concert	2:30 p.m.	Auditorium
1/19	Valle Vista Brunch	11 a.m.	Clubhouse
1/20	Comcast Cust. Service	11 a.m.	Conf. Room
1/20	Movie – Poms	7 p.m.	Vineyard Center
1/21	VMA Hearing Screening	10 a.m.	Montg. Center
1/21	SIR 38 Lunch	11 a.m.	Clubhouse
1/21	Tuesday Art Night	6:30 p.m.	Art Room
1/22	Movie – The Lion King	1:30 p.m.	Conf. Room
1/23	18 Hole Women Lunch	12 p.m.	Clubhouse
1/24	Winemaker Dinner	5 p.m.	Clubhouse

Community Activities – cancellation policy

Unable to participate in a Community Activities event? Please let Building B know you'd like to cancel. If we have a waiting list, we will try to get a replacement. If you have a replacement, this replacement must come in to register with Community Activities. All residents signing up for events and classes do sign a release stating all sales are final unless a replacement can be found. Recently information was posted on Neighborhood Next Door directing people to Building B for an excursion ticket as the resident could not attend. While this is not prohibited, Community Activities was not notified this was happening, leading to some confusion. Please be aware any tickets must be sold or given to a resident and the new resident ticket holder is required to sign a Community Activities program registration liability release prior to the event/trip/class. If you have any questions about our cancellation policies, please contact Building B.

Sacred Places of San Francisco – Cathedral Tour

Take the Sacred Places of San Francisco – Cathedral Tour given by Craig Smith. We will depart the Villages at 8:30 a.m. on Monday, February 17 for San Francisco to meet Craig at Japantown. Upon picking up Craig we will head to St. Mary's Cathedral for tour and then St. Dominic's.

The Swedenborgian Church is next on the list. This remarkable church was designed by Bernard Maybeck in 1895. Many great writers and thinkers were members of this unique church.

At 12 p.m. we will head to Pompei's Fish Grotto for a wonderful lunch with your choice of entrée: you will need to give your choice when registering. Entrée choices are Chicken Piccata, Pasta Angelina, Filet of Sole or Fresh Bay Shrimp Louie Salad. Your lunch includes a cup of Chowder or Mixed Green Salad, coffee/tea/soda and dessert.

After lunch we depart for St. Peter & Paul's in North Beach with tour led by Craig. Lastly we will visit the Grace Cathedral; this is an Episcopal Cathedral located on Nob Hill in San Francisco. The Cathedral's ancestral parish, Grace Church was founded in 1849 during the California Gold Rush.

The cost of this trip is \$92 per person, with departure from the Villages at 8:30 a.m. and estimated return time of 6 p.m. There is a lot of walking required so make sure you wear comfortable walking shoes and bring a jacket. Register beginning Monday, January 13, in the Community Resource Center, Building B. This is a short window of time for your reservation so please if you want this outing to happen...you need to do it!

Learn a Broadway dance routine in February!

In February, The Village Dancers will learn a fun Broadway routine. It will be a cane dance choreographed to the song "New York, New York" by Frank Sinatra. Bring a cane to class (if you have one). However, some canes will be available in class.



There will only be five classes in February! Classes are from 6 to 7 p.m., beginning on Monday, February 3 in the Cribari Auditorium. See class schedule with locations below. The fee is \$48. Register in the Community Resource Center, Building B.

February 3, 10, 12 and 26 in Auditorium.

February 24 in Conference Room.

Also, we have been invited to perform with the Village Voices (May 2-3) so performance opportunities are available.

Each month we will have fun with a different dance style: Broadway, Jazz, Hula, Flamenco, Lyrical, Ballet, Latin...the choice is yours. As a group, we will vote on the dance style for the following month's choreography.

Let's tour Point Reyes!

See the "Island at the edge of the world" from its thunderous ocean breakers crashing against rocky headlands, and expansive sandy beaches to its open grasslands, brushy hillsides, and forested ridges. Point Reyes offers visitors over 1500 species of plants and animals to discover. Home to several cultures over thousands of years, the seashore preserves a tapestry of stories and interactions of people. Point Reyes awaits your exploration! So close to San Francisco, yet a world apart.



This is Craig Smith's newest tours he offers. Join him on Monday, March 9. We will depart the Villages at 7:45 a.m. and return at approximately 6 p.m. The cost for this wonderful history tour with transportation and lunch is only \$122, register in the Community Resource Center, Building B beginning Monday, January 20. After picking up Craig we will drive through Marin County, Fairfax, Woodacre, Point Reyes making a stop at Bear Valley Visitor Center, showing fantastic displays of one of the wildest of National Parks. Learn of the animals, native peoples and history. This tour has considerable walking so wear comfortable walking shoes.

We will then go on a short walk to the 1906 Earthquake/San Andrea Fault Fence Walk, otherwise known as the Earthquake Trail. Craig will point out to you where the fence shifted gap of 18' by the 1906 earthquake. Then we are off to family style lunch at Osteria Stellina Restaurant, with a little time for exploring downtown.

We will then board the bus for departure to Drakes Beach to explore Point Reyes, see cattle ranches and wilderness (long considered the exact spot Sir Francis Drake landed in 1579). We will learn of his journey around the earth, the second captain to do so. This most dramatic coastline will conjure up beginnings of the east merging west.

Reminder: Articles are due by 4:30 p.m. Thursday, one week before publication

RESIDENT EXCURSION PARTICIPATION GUIDELINES

The Community Activities office offers a wide variety of activities for the enjoyment of the Villages residents. As an active adult community, many meetings, events and appointments vie for your time. Please check your personal calendars

prior to committing to an event, class or trip. Once registered for an activity, you are responsible for the cost of the activity. **All sales are final.**

Management assumes residents and guests are able to participate in our sponsored

activities independently. We reserve the right to evaluate the participant's ability to participate based on each individual's physical abilities and/or demonstrated behaviors. You may always take a caregiver with you to help with your needs.

Employees are not permitted to provide physical assistance to participants. If personal assistance or a wheelchair is needed, the participant must arrange for a caregiver with paid reservation to accompany him/her.

Employees, residents and their guests represent the Villages Golf and Country Club off site. It is expected that all participants will conduct themselves in a dignified, cooperative and congenial manner.

Home Improvement and Car Show

No need to go to the Big Box stores for home improvement ideas - Community Activities is bringing them right to The Villages on Saturday May 23. This is a new program for the community paired with the very popular classic car show. We are contracting with various home improvement vendors to bring The Villages some great options and ideas to update their homes. For additional information please call the Community Activities office at 408 223-4643.

Hallmark Movie—Save the Date

Watch for more information on the Hallmark Movie Special that will take place on Thursday, February 13, in the Cribari Auditorium at 2 p.m. Come early though for refreshments and enter your name for door prizes from Comcast. Tickets for this movie will be available in the Community Resource Center, Building B. Ticket availability date to be announced.

Fitness Center daily cleaning schedule

The Fitness Center is cleaned between noon and 1 p.m. daily. Several times a week the janitors find resident users still using the equipment when they need to be cleaning it. The facility locks out access between noon and 1 p.m. and is unavailable for resident use during that time. Please plan your workouts to be completed by noon or have them start after 1 p.m.

Get assistance for Santa Clara County Alerts

Staff from the Office of County Supervisor Dave Cortese will be available the first Mondays of January, February, and March at Cribari Lobby to help any residents subscribe to our County's Emergency Alert System. Bring your cellphone and visit the office's table from 2 to 3 p.m. on February 3 or March 2 to sign up for real-time emergency alerts sent directly to your mobile device, landline, or email. Alerts can include fire, earthquake, severe weather, crime incidents, or instructions during a disaster. Please contact Community Activities at 408-223-4643 for additional information.

See the Warriors at Chase Center April 13!

See the new Chase Stadium and watch the Warriors play! On Monday, April 13, the Warriors will host Portland at 7:30 p.m. Please arrive at Cribari Center at 4:30 p.m. for a 4:45 p.m. departure, with 11:30 p.m. estimated return time to The Villages.

The price per person includes transportation, game ticket and food and drink. This upper section in the Modelo Cantina includes food/drink in price all for \$228! Elevators are available! Comfy seats as well! Register in the Community Resource Center, Building B.

Tai Ji Quan: Better Balance

The Tai Chi class is adding Tai Ji Quan: Moving for Better Balance® (TJQMBB) training to our Basic Tai Chi format. TJQMBB is an effective, practical, evidence-based balance exercise training program which focuses on helping older adults restore posture and balance control. The training emphasizes helping you avoid falling in a loss of balance situation. It will add tools for improving sensory, motor and cognitive functions and will improve your ability to safely perform daily activities.



Register in class. First class is free! Time change: Wednesdays and Fridays at 9:30 a.m. to 10:30 a.m. in the Vineyard Center. The cost is \$90 for a class card, issued and punched in class. For information call Jane at 408-315-1179. This class is sponsored by the Communities Activities Office.

30-Minute PM Restorative Chair Yoga

This Restorative Chair Yoga class teaches both standing and seated postures that are suitable for all fitness levels. It reduces stiffness, tightness, aches, pains and provides tools for handling memory and emotional challenges. Yoga is one of the best tools for countering the negative impact of aging. With regular practice you will improve balance, strength, flexibility and your overall well-being to help you feel good about yourself. Modifications are made to accommodate all fitness levels. Classes are held Mondays in the Montgomery Multipurpose Room and Thursdays in the Vineyard Center, from 7 to 7:30 p.m. Please wear comfortable, loose-fitting clothing. Check the Calendar of Events to verify location. The cost is \$56 for an eight-class card which is punched in class. Start anytime; sign up in class! For information call Jane at 408-315-1179. This class is coordinated by the Community Activities Office.

Cardio Workout class—January to March

Here is a fun, energetic workout that combines low impact aerobic exercise and strength training with light weights and rubber band resistance to give you a great full body workout. End each workout with stretching for all of your major muscle groups. Please bring weights of 1 or 2 lbs. with you to class.

Join instructor Shu-Mei for this class in the Cribari Auditorium. Classes will be on Mondays, January 20 through March 30. from 12 p.m. to 1 p.m. The cost is \$71.50 for 11 classes, and you must sign up for all 11. Get ready for some great cardio exercise! It is a new year so start it healthy!

Register in the Community Resource Center, Building B.

Don't get left behind. Register early!



Walking for Health & Balance

People who are inactive in general have a higher incidence of falling and chronic health problems. Researchers suggest that sitting for long periods of time is equivalent to smoking a pack of cigarettes a day. Walking is the best and most popular exercise for older adults to stay physically, mentally and functionally fit. This class helps restore confidence and develops the renewed standing and walking skills needed to move safely. Chair Fitness is also offered: Don't let your health conditions, cane or walker, stop you! Talk to your doctor and join the class. Whether you use a walker or wheelchair, need post-surgery re-habilitation or just want to get some good exercise, this class is for you. The first class is *free!* Start any time! Register in class! The cost is \$90 for a class card, issued and punched in class. This ongoing class is held **Tuesdays 11:30 a.m.** and **Thursdays 10 a.m.** in **Cribari Auditorium**. For information call Jane at 408-315-1179. This class is sponsored by the Community Activities Office.

Yoga for body, mind and golf!

Yoga is good for every body. Yoga training improves strength, flexibility, endurance, muscle tone and helps add to more muscle. Research indicates that golfers who practice yoga can significantly improve their mental and physical performance and maintain an edge over fellow golfers. The class is held on Tuesdays and Thursdays, from 11:30 a.m. to 12:30 p.m. in the Montgomery Multipurpose Room.

The cost is \$90 for a class card, issued and punched in class. Start anytime! The first class free! Register in class. Check the Calendar of Events to verify location. For information call Jane at 408-315-1179. Sponsored by the Community Activities Office.

Art of Living with Parkinson's

Research shows that PLWP (People Living with Parkinson's) can slow the progression of the disease by exercising three days per week. The Villages Parkinson's Exercise Program offers physical and functional fitness training classes on Tuesdays (Functional Fitness - Auditorium - Monday 10 to 11 a.m.), Wednesdays (Tai Chi - various locations, see Calendar of Events - 9:45 to 10:45 a.m.) and Thursdays (Walking for Better Balance - Auditorium - 10 to 11 a.m.). All classes mix the ADL (Activities of Daily Living) training elements of coordination, dexterity, standing, sitting, pushing, pulling, lifting, stretching, squatting, twisting and lunging with physical fitness exercise designed to improve posture, strength, endurance, balance, gait, speed, agility and flexibility. Humor and music are motivation tools used to keep PLWP striving to maintain a quality life. Start anytime! Register in class! For information call Jane at 408-315-1179. This class is sponsored by the Community Activities Office.

Join the Super Bowl Party!

Super Bowl Party at the Clubhouse on Sunday, February 2, 2020, come on down! Wear your colors, bring your neighbors, bring your family and root for your favorite team! Game time is 3:30 p.m. and we watch on giant 10x10 HD screen. Freshly popped popcorn and pretzels will be available for the duration of the event.



Grill station at the Sunset Patio complete with grilled burgers and hot dogs served with tomatoes, lettuce, onions, relish, banana peppers, cherry peppers and cheeses; BBQ grilled chicken breast; potato salad; corn on the cobb; baked beans; desserts included with assorted pies and cakes. Food will be available from 1 to 3 p.m. and then get ready for game time!!!

At check-in, you will receive one Football Pool square for door prizes! Receive one premium draft beer per person (21 years and over only). Full bar (no-host) will be available for your pleasure. Water, coffee & hot tea, iced tea and lemonade station for your enjoyment!

Register in the Community Resource Center, Building B! If you wish to reserve a table just let Rebecca know at the time you are registering! The price is \$46 per person!

Free hearing screening

The VMA is offering a free hearing screening on Tuesday, January 21 from 10 a.m. to 12 p.m. in Montgomery Center. Hearing Life will conduct the screening. You must pre-register to attend. Please contact VMA Social Services Coordinator, Cristina Freyer at 408-238-4029 or cfreyer@SequoiaLiving.org.

The VMA urges you to take time to have your hearing screened, either at the free screening or with your own doctor.



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Look What's Coming In 2020!

Mark your calendars and watch The Villager for details on upcoming events! Register in Building B.

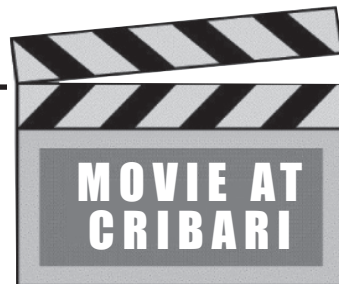
Date	Event	In Village Registration
2/2	Super Bowl Party	NOW
2/17	Sacred Places Tour	NOW
3/9	Point Reyes Tour	1/16 1/20
3/31	Marin Adventures Tour	1/30 2/3
4/3	Giants vs. L.A. (Opening Day)	2/6 2/10
4/4	Book of Mormon	2/6 2/10
4/6	Union Square	2/13 2/17
4/13	Warriors vs Portland Trail Blazers	NOW
4/18	Golden Gate Fields	2/27 3/2
4/24	Les Miserables	1/23 1/27
5/5	Presidio/Walt Disney Museum	TBD TBD
5/15	Riverdance	2/27 3/2
5/20	Sales Force	TBD TBD
5/29	Wine Train Murder Mystery Dinner	2/27 3/2
5/31	Giants vs. Colorado	TBD TBD
6/1	Academy of Sciences	TBD TBD
6/14	Giants vs. Miami	4/2 4/6
6/20	Come From Away	4/16 4/20
6/27	Choral Project	4/16 4/20
7/4	July 4th Celebration	TBD N/A
7/13	Marin Adventures Tour	TBD TBD
7/21	Sales Force	TBD TBD
7/26	Giants vs Arizona	5/14 5/18
8/18	Sacred Places Tour	TBD TBD
8/21	Holland and Coots	TBD TBD
8/30	Giants vs. Kansas City	TBD TBD
9/10	Napa Wine Train Lunch	TBD TBD
9/21	History of Transportation Tour	TBD TBD
9/27	Giants vs Milwaukee (Last Home Game)	TBD TBD
10/5	Movie Tour	TBD TBD
10/11	Blue Angels (Fleet Week)	TBD TBD
12/2-4	Reno Trip	TBD TBD
12/5	Christmas Lights	TBD TBD

Don't miss...

THE LION KING
Wednesday, Jan. 22
1:30 p.m.

Starring Donald Glover, Beyoncé, Seth Rogen. After the murder of his father, a young lion prince flees his kingdom only to learn the true meaning of responsibility and bravery. Rated PG.

Wednesday, February 12 - "Ben Is Back":
Starring Julia Roberts, Lucas Hedges, Courtney B. Vance. A drug addicted teenage boy shows up unexpectedly at his family's home on Christmas Eve. Rated R.



LIBRARY USED BOOK SALE

The Villages Library Book Sale is open for business all year long on Wednesdays and Saturdays at 10 a.m. to noon.

Upcoming Evening Movie

The following movie is shown free of charge at Vineyard Center at 7 p.m. on the dates and times designated. For information, contact the Community Activities office.

Monday, January 20 - "POMS": Starring Diane Keaton, Jacki Weaver, Celia Weston. POMS is a comedy about a group of women who form a cheer leading squad at their retirement community, proving that you're never too old to 'bring it!' Rated PG-13.

Monday, February 17 - "Judy": Starring Renée Zellweger, Rufus Sewell, Jessie Buckley. Legendary performer Judy Garland (Renée Zellweger) arrives in London in the winter of 1968 to perform a series of sold-out concerts. Rated PG-13.

Monday, March 16 - "Downton Abbey": Starring Matthew Goode, Alice McCarthy, Maggie Smith. The continuing story of the Crawley family, wealthy owners of a large estate in the English countryside in the early twentieth century. Rated PG.

CLUBS & EVENTS

Candidates Magdalena Carrasco and Otto Lee speak at Democratic Club meeting

By Tony Berg

On January 8, the Villages Democratic Club hosted two of the contenders running for Dave Cortese's seat as Supervisor for our District 3. We were fortunate to be able to hear from two of the contenders in a side by side presentation and Q and A session. Both candidates impressed with their background and dedication to public service. And equally fascinating for the audience was to see the differences between the life story and experience of the two candidates.

Magdalena Carrasco, the child of immigrant parents, worked her way through UC Santa Barbara as a caregiver guiding youths transitioning between juvenile hall to the adult world.

She served as an advocate and spokesperson for the Foster Care and Adoptions Program and as a Family and Child Advocate with First 5 Santa Clara, gaining first-hand experience with families and children in difficult home situations and helping rehabilitate perpetrators of violence and their families.

Magdalena was appointed by Mayor Sam Liccardo to be Vice Mayor from 2017-2019, the first Council member from East San José in over 30 years.



Otto Lee served 28 years in Military Service, including a one-year tour in Iraq during which time he helped plan and coordinate bringing back more than 150,000 US troops. He served on the Sunnyvale City Council from 2003 to 2011, including one term as Mayor. He was a leader on environmental causes, passed the city's single-use plastic bag ban, installed solar panels on city buildings, and helped raise awareness of climate change. He also served as a Democratic National Committee member, where he worked to help Democrats win with one of the largest margins of all time in the 2018 "Blue Wave."



The Q and A session covered a wide range of issues, from homelessness to public transportation and was forced to a close as the witching hour of 8pm approached.

Free Art Night—Painting Ceramic Hearts!

Third Tuesday Art Night is free and open to all Villagers! The Villages Arts & Crafts Association is proud to announce our first project in the new year—Painting Ceramic Hearts! Once a month we will host an evening of free, creative, fun projects for anyone to make and take home. Everything is supplied—RSVP now!

Painting Ceramic Hearts will be Tuesday, January 21 from 6:30 to 8:30 p.m. in the Art Room in Cribari Center.

Reservations are required due to limited space. Email your name, address and phone number to Monita Bowman at monita.bowman@gmail.com



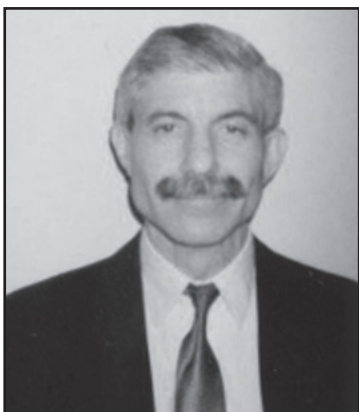
SIR 38: 'Ulysses S. Grant—An Unlikely American Hero'

Bob Lapidus will be the speaker at the SIR 38 luncheon in the Fairway Room in the Villages Clubhouse on Tuesday, January 21. Non-SIR members wishing to attend the presentation should arrive at the Clubhouse at 12:30 p.m.

Bob will speak about how U.S. Grant became one of the foremost leadership figures of the 19th century by becoming the Commanding General of the Union forces in the Civil War and leading the country through the uncertainty of Reconstruction as President of the United States for two terms. Grant was a most unlikely success story as he had to overcome his struggle against alcoholism, an introverted personality, and a lack of success in civilian life prior to the Civil War. Bob's talk will explain how Grant managed to excel beyond all expectations.

Bob has lived in The Villages since 2015 and is a retired organization and leadership development consultant where he was an adjunct professor at American University in Washington, D.C and a presenter/lecturer at the Federal Executive Institute in Charlottesville, Virginia. Bob taught federal executives courses in Presidential history and led tours in "living history" about the life of Abraham Lincoln and other notable Presidents. His love of history emerged from having grown up in the Washington, D.C. area and he recalls witnessing such events as Presidential inaugurations, the Kennedy funeral and the astronauts return from the moon at the Smithsonian Air and Space Museum.

Currently, Bob teaches a course in The Villages through the Brandeis organization on Presidential Leadership on a monthly basis. He lives with his wife Arlene in Montgomery Village and has five grandchildren.



Bob Lapidus

Sylvia Arenas to speak at News Junkies meeting

The News Junkies will kick off 2020 with a meeting on Monday, January 20. San Jose Councilwoman Sylvia Arenas will be the guest speaker. She currently represents us in District 8.

We will also review 2019 highlights and discuss what may lie ahead of us. Come and exercise your brain with your friends and neighbors. It's happening at Cribari Conference Room at 1:30 p.m. and it's free.



Villages Technology Explorers to discuss longevity research

By Tony Berg

Longevity—How are some people able to "Die Young at an Old Age"? This will be the topic of the Villages Technology Explorers (VTE) meeting on January 20.

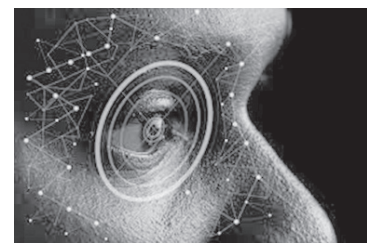
What is happening in Longevity research? How might it affect us personally? What lessons might we apply to our own lives?

Longevity research and many medical trials are changing our understanding of the aging process. The possibility that we might extend our lifespan is leading to some very helpful insights into how best to manage our lives to maximize our healthspan. Healthspan is key as it is clear that extra years are only a desirable goal if they are enjoyed with good health in mind and body.

The VTE is preparing presentations to offer an insight into what is happening in research labs that could impact future generations and what some renowned medical researchers are now reporting that could impact our own lives and healthspan.

Our first presentation will be an overview of the field with videos covering some of the major topics and results achieved. Subsequently, we hope to bring researchers to The Villages to share their insight into the fascinating subject of aging, and why some people are able to "Die Young at an old age."

Watch for more information next week and make a note for January 20 for our first meeting on this subject.



Village Readers: Is your New Year's resolution to read more?

If you want to read more, you are welcome to join a book group in the Villages. A general meeting of The Village Readers Club will be held at 2 p.m. on Wednesday, January 22, 2020, at the Montgomery Center.

All current Village Readers book group members and any Villagers who would like to join an existing group or to form a new group are invited to attend. There are currently 13 book groups, each with eight to 10 members. Each book group is managed independently and functions differently, from the



genre of books read to the food and activities planned around the theme of the book being discussed. Groups usually meet once a month in members' homes. If you love to read, want to make new friends, and enjoy interesting book discussions, please attend. Please contact Trudy Nicholls at trudy_nicholls@hotmail.com with any questions.

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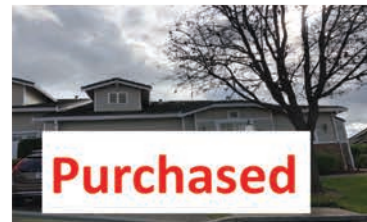
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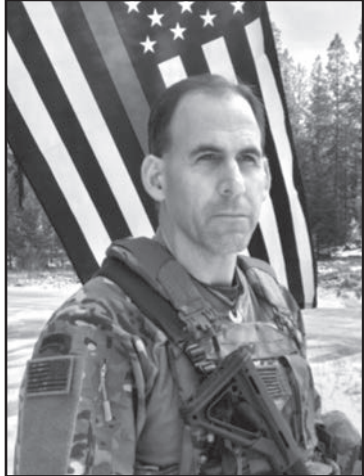
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January Group Meditation for Universal Peace

Are you interested in learning to meditate or to join a Villages group that gets together to meditate weekly? The group welcomes new members, whether experienced or completely new to meditating. If you're new, you'll find the group is very supportive. We have different leaders each week, giving meditators a chance to experience different approaches and techniques. We usually start with a brief introduction about the benefits of meditation, do a few relaxing stretches, and then meditate for about 20 minutes.

We meet Wednesday evenings from 7 to 8 p.m. in the Cribari Conference Room. In January we meet on January 15, 22 and 29. No need to sign up in advance, and no fees.

Lt. John Nores to speak on U.S. wildlands



The Villages Hiking Club meeting on Monday, January 27 at 7:30 p.m. at the Foothill Center will feature Lt. John Nores Jr. (ret.) speaking on identifying and avoiding danger throughout America's wildlands.

Lt. Nores is a 28-year veteran special operations Game Warden and co-founder and team leader for California Dept. of Fish and Wildlife's Marijuana Enforcement Team (MET). Lt. Nores and his team are featured in three seasons of National Geographic's award-winning Game Warden reality TV series, "Wild Justice," in addition to documentaries on the Sportsman and Pursuit channels. Nores has investigated environmental crime and wildlife resource destruction and was awarded the Governor's Medal of Valor in 2008 for lifesaving and leadership efforts.

He has published two books relating to his experiences: "War in the Woods: Combating the Marijuana Cartels on America's Public Lands" (2010) and "Hidden War: How special operations game wardens are reclaiming America's wild lands from the drug cartels" (2019). He also co-authored a 2018 national cannabis environmental issue book, "Where There's Smoke."

Based on over 500 clandestine trespass grow operations throughout his career, Nores' Power Point presentation will illustrate what to look for and avoid when hiking both on and off our public trail systems. He will cover steps to take when encountering a trespass marijuana grow site, getting safely out of the danger area and reporting it properly once safely out of the woods. He will also show through photographs and TV investigative news reports the decimating impacts to our nation's waterways, wildlife, and wildlands caused by this activity.

The program will commence following a short Hiking Club Business Meeting.

Join us at Jazzercise for the New Year

By Barbara Tommaney

It's never too late to start a regular exercise program and the new year is the perfect time to make changes in your routines. Studies tell us that even if you have not worked out in years you can rapidly gain the longevity benefits associated with exercise. But the reverse is also true. Stop exercising and the benefits shrink or evaporate. The Jazzercise program makes it easy to be consistent in your workout, even over a period of many years. First of all, Jazzercise is held year round, every Monday, Wednesday, and Friday from 8:30 - 9:30 a.m. It is fun, tailored to your individual ability, and it is a great place to make new friends who will encourage you to keep on coming. The costs are nominal, \$35 for the full month of classes. Come for a free first session and see for yourself. If you have questions, please call Herito at 408-238-7511.

Senior Academy: Let's review current U.S.

Supreme Court cases

In a unique Senior Academy class on Wednesday, February 5 at 2 p.m. in the Foothill Center, you are encouraged to be part of a group that will review the arguments on three significant cases that are on the docket to be decided by the United States Supreme Court during their current term. Attendance is free and no advance registration is required.

To enhance the discussion, reading materials with background information about the cases will be distributed to all Senior Academy members in advance of the class. To get these materials, non-members are encouraged to either join the Senior Academy or contact a member prior to the event. The program will last about 90 minutes, depending on the length of the individual discussions.

Barbara Creed has been leading these Supreme Court discussions for about 10 years. A graduate with honors from Wellesley College and a magna cum laude graduate of Boston University Law School where she served on the Law Review, Ms. Creed has practiced law in San Francisco for almost 50 years, first with the major law firm Pillsbury Madison & Sutro, and since 1997 with the employee benefits boutique law firm Trucker Huss APC.



Republican Club to host candidate John Leyba

By Gary Hill

The Republican Club at the Villages is very proud to announce that County Supervisor candidate John Leyba will be our guest speaker at our monthly meeting at 10 a.m. in Foothill Center on January 23. Mr. Leyba is a very special and interesting candidate, and one who should be listened to, to garner his ideas.



As is usual, we will be serving a brunch, but do expect contributions to help cover the expenses.

You must hear this man—his ideas fit with those of our Club. See you Thursday, January 23.

VMA to host diabetes workshop

Are you living with diabetes and would like to learn more about how to live with the disease? The VMA is sponsoring a workshop that will address issues related to diabetes. On Thursday, January 30, from 10 a.m. to 11 a.m. in Cribari Conference Room, Amy Wang from Ready2Nurse will present information that will help those living with diabetes. She will provide information on A1C and will discuss life style modifications such as weight control, nutrition and exercise. She will talk about diabetic foot care and the importance of medical check-ups to keep diabetes under control. There is no registration required.

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FROM THE BOOKSHELF

By Sherle Frost

"The Deserter" by Nelson deMille and Alex DeMille: When Captain Kyle Mercer of the Army's elite Delta Force disappeared from his post in Afghanistan, a video released by his Taliban captors made international headlines. But circumstances were murky. Did Mercer desert before he was captured? Then a second video sent to Mercer's Army commanders leaves no doubt that the trained assassin and keeper of classified Army intelligence has willfully disappeared. When Mercer is spotted a year later in Caracas, Venezuela, Scott Brodie and Maggie Taylor of the Criminal Investigation Division fly to Venezuela to bring him back to the U.S., preferably alive. Brodie knows this is a difficult mission, made more difficult by his new partner's inexperience, by their undeniable chemistry, and by Brodie's suspicion that Maggie Taylor is reporting to the CIA. Fiction and Large Print, 2019.

"The Seven or Eight Deaths of Stella Fortuna" by Juliet Grames: If Stella Fortuna means "lucky star," then life must have a funny sense of humor. Everybody in the Fortuna family knows the story of how the beautiful, fiercely independent Stella, who refused to learn to cook and who swore she would never marry, has escaped death time and time again. From her childhood in Italy, to her adulthood in America, death has seemed to pursue Stella. She has been burned, eviscerated and bludgeoned; she has choked, nearly fallen out of a window, and on one occasion, her life was only saved by a typo. However, even the best-known stories still have secrets to reveal and even after a century, Stella's is no exception. Fiction, 2019.

Sonata/Del Lago Ladies Luncheon

Attention ladies of Sonata and Del Lago Villages, please save Saturday, March 28 for the annual Ladies Luncheon.



Did You Know?

Walter Howald celebrates 90th birthday



Walter Howald turned 90 on Saturday, January 11. A group of his Villager friends planned a surprise party at the Vineyard pool on Friday, where he usually swims. But when Walter didn't show up, they brought the party to him!

Save the Date!

Italian Club Pizza and Trivia Night
Tuesday, March 10



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RELIGION

CATHOLIC COMMUNITY

We have an 8:15 a.m. Mass every Sunday in the Cribari Auditorium. All are welcome.

Hospitality (Donut) Sunday: Join us for socializing, and coffee, delicious donuts, and other treats, on Sunday, February 9, after the 8:15 a.m. Mass at the Villages. All Catholic Villagers are invited.

Home Visits: Fr. Matt Stanley has been visiting parishioners, who live in The Villages. If you would like to have him visit you at your home, please call Marilyn Rodman at 408-274-4521.

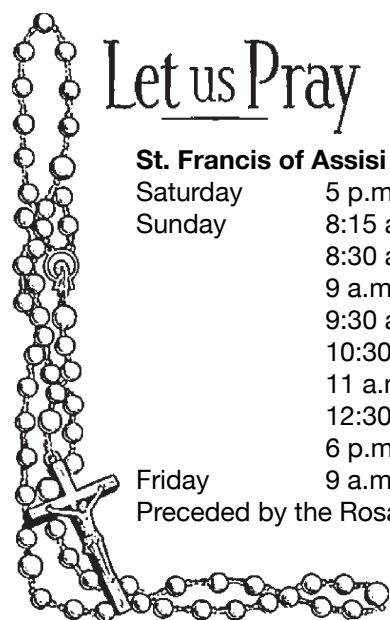
Eucharistic Adoration at St. Francis of Assisi is every Friday, 9 a.m. to 5 p.m. On First Fridays it will be in the Chapel, and on all other Fridays it will be in Garden Room A.

New to the Villages? To find out more about our Ecclesial Community, contact Marion Burry at 408-528-8231 or marion93940@aol.com.

Mass Intentions: If you would like offer a Mass for someone, contact Jean Gillette at 408-270-5723. Please submit your request at least four weeks in advance if you want it listed in the Church bulletin.

Friday Mass at 9 a.m.: On the first three Fridays of every month there is a Mass in the Cribari Conference Room, which is preceded by the Rosary at 8:30 a.m.

Home Communion: For home communion, call Marilyn Rodman at 408-274-4521, and we would like you to know that if you are homebound, a priest is available to come to you for home Reconciliation. Please contact the parish office to make arrangements.



Let us Pray

St. Francis of Assisi Sunday Mass times:

Saturday	5 p.m.	Chapel
Sunday	8:15 a.m.	The Villages
	8:30 a.m.	Chapel
	9 a.m.	Gathering Space Hall
	9:30 a.m.	Grange Hall
	10:30 a.m.	Chapel
	11 a.m.	Gathering Space Hall
	12:30 p.m.	Chapel
	6 p.m.	Youth Mass Chapel
Friday	9 a.m.	Cribari Conf. Room

Preceded by the Rosary at 8:30 a.m.

EPISCOPAL

Episcopal Church Services on Sunday at The Villages - Montgomery Center at 8:30 a.m.

Come worship with us as we celebrate the Holy Eucharist and we transform the club room into a house of God. We are part of Trinity Cathedral (downtown San Jose) and all are welcome to join us in the glorious celebration of God's word. Each week you will receive an uplifting and spiritual message from either Rev. Gerad Flynn or Rev. Penelope Duckworth. Join us after the service for fellowship and breakfast in the Clubhouse.

Lord, strengthen me with your blessing, teach me to live with eternity in view and tune my spirit to the music of heaven.

JEWISH GROUP

Friday night Shabbat Services will be held at 7:15 p.m. on January 17 at Foothill Center. We will have Jamie Alpert from Congregation Beth David in Saratoga lead our services, followed by an interactive discussion led by Rabbi Alpert. Following the program, we will have our usual Oneg Shabbat celebration.

All Villagers are welcome. In addition, one of the Jewish Group's goal is to support our San Jose community in its help with the needy. We will start by bringing non-perishable food cans and packages for the Second Harvest Food bank to our monthly services. Joyce Mendel will then deliver the items to the food bank each month.

If you are interested in membership in the Villages Jewish Group, please contact Joyce Mendel at 408-238-7316.

COMMUNITY CHAPEL

New Heart... New Start

By Pastor Bill Hayden

I had a recent check up by the Heart Transplant Team in conjunction with lab work. The results came back the other day and things are looking great, so far. Since my heart transplant in July, my body has accepted the young man's heart and the medications are being adjusted monthly. I can say, as the late Godfather of Soul (James Brown) sang, "I feel good!"

When I had to live with a pacemaker and defibrillator that was inserted in the left side of my chest cavity, I could only sleep on my right side or back. The unit would have to be replaced every four years because the batteries would quickly wear down because of episodes of congestive heart failure. Whenever they were surgically replaced, the surgeons would tell me that the unit should last a good six to eight years. In January of last year the unit was working overtime with only three years of battery life since May. I don't think that they were using the Energizer Pink Bunny Batteries. Today, it's good to be able to sleep on either side of my body once again and not have to worry about receiving a new pacemaker/defibrillator every four years.

After my transplant, while I was in the hospital other patients seemed to enjoy the food. I could hear the silverware as they scraped their plates but I couldn't retain the hospital food. The very smell of the food would take my appetite away and a month I managed to acquire a taste for protein drinks. Upon my release from the hospital (three months later), people would ask me,

"How's your appetite?" My reply, with a big smile on my face, would always be, "Do you have a sandwich?"

I am truly grateful for being here, but I wonder at times, "Why me?" Could it be to give people a little hope during a time of physical or mental struggle that anything is possible? After all, if we believe, and I do, there is God and that all things were created by Him, then why can't we believe that anything is possible?



We never know when or how God will show up in our lives. My heart was rapidly coming to the end of its life span without my realization. It was amazing people who believed that anything is possible came together and prayed. I am more convinced today that people can receive a new start as I did. Some people have called it a "Miracle" or a "Do over!" I have no problem accepting either one because


I'm here to talk about.

Know that in an atmosphere of belief things can change within a twinkling of an eye! Regardless of your situation, hold on to this: *Jesus looked at them intently and said, "Humanly speaking, it is impossible. But with God everything is possible."* Matthew 19:26 NLT

You are cordially invited to join us at the Villages Community Chapel in Cribari Auditorium 10 a.m. to be encouraged over the Word, a cup of coffee and cookies. **The chapel is a place for needs to be met, faith to be affirmed and people to love.** We would love to meet you and establish a lasting friendship. If you would like to make an appointment with Pastor Bill please call the office at 408-238- 3079. *To learn more about the Villages Community Chapel visit our website at www.villagescommunitychapel.org*

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SPORTS NEWS

SWINGERS

By Pamela McCarthy

Welcome to our new Captain Wendy Ledamun and our new Co-Captain Kay Gray. Thank you for stepping up to lead this fearsome group of dedicated golfers. We look forward to sharing an exciting, fun, and informative 2020 with you two at the helm.

Wow! The 9:30 a.m. start time for winter Sweeps is wonderful! Energy abounded everywhere with constant echoes of "Happy New Year!" up and down the driveway and at the Bistro Plaza. Most of us were shedding our jackets and vests by the 3rd hole. There we were in shirt sleeves playing golf on January 7 in the warm sunny 58 degree glorious day. Sixty-two Swingers and 10 Pinseekers for a total of 72 golfers teed off at 9:30 a.m. The entire field of players finished the round in 2.5 hours!

New Chip-in Process: At the end of your round, when you turn in your scorecard, you will need to go into Posting Room and record your chip-in in the 5"x7" spiral-bound "Chip-In Log." It is located on the counter under the Swingers Bulletin Board. You must include three things: your name, date and hole # in the notebook. This week three Swingers achieved chip-ins. Congratulations are in order for Gisele Barber on #13, Flo Southland #14 and Charlotte Waugh #8.

2020...happy you near! Here is what Mark Twain had to say about New Year's Day: "Now is the accepted time to make your regular annual good resolutions. Next week you can begin paving hell with them as usual."

BOCCE NEWS



By Barbara Orlando

Boot Camp starts on Monday, February 3 from 11 a.m. to 12:30 p.m. Each and every Monday and Thursday throughout the month of February, knowledgeable instructors are waiting for you. If you've never played before, are new to the Villages or just curious, come on over to the bocce courts and learn one of the oldest games around. I promise it's addictive! The dates are Monday, February 3, 10, 17 and 24 and Thursday, February 6, 13 and 20. If you have questions, please contact George Paris the new Tournament Director of the Bocce Club at 510-396-2925 or geoenio68@gmail.com.



Beginner's Tournament Coordinator Kerry Besmehn.

The Beginner's Tournament on Thursday, February 27 is a one-day tournament for Boot Camp attendees only. If you attend one or more boot camps during the month of February, become a member of the bocce club, you can participate in this exciting and fun tournament. Questions can be directed to your Beginner's Tournament Coordinator, Kerry Besmehn at 408-499-1773 or kerbesmehn@aol.com. As you can see by Kerry's photo, she's friendly and willing to help you in any way in getting started. Remember, lunch is provided by the bocce club for anyone participating. A "little birdie" told me Lo Rube will be in the kitchen for this much anticipated lunch. Sign up and don't miss out!

Don't forget to sign up for the **"Valentine's Day" Installation Dinner** on Saturday, February 8 from 5-9 p.m. in the Cribari Auditorium. Jeanne-Anne is busy taking reservations and waiting for your call at 650-493-3638 or jawhitacre@live.com. The cost is \$19 for members and \$24 for guests. Check out the ad in the Villager for more details.

Tip from the courts: Cell phone usage should be for "emergencies only." They can be distracting for those playing. Please put on vibrate, step away to talk and only use when necessary.

18-HOLE WOMEN

By Rosemary Kelley

Unfortunately, the Thursday, January 9th playday was canceled due to poor weather. Because January is frequently wet, our Board of Directors wisely schedules major events for other months. For example, the first Friendship Day is February 20. For March we have the Grandmothers' Tournament on the 12th and Beat the Pro scheduled for March 26. April, May, June, July are also busy with the 18 Hole Invitational being held in August on Thursday the 13th and Friday the 14th. By the way, the 2020 Ladies 18 Hole Handbook is now available for pickup in the posting room.

Speaking of fun events, I have more information about our first ever Solheim Cup. Twenty-four players will be selected to compete in early November. Remember the players who have accumulated the most points from January 2 to October 31 will form the teams. Here's how you earn points:

1 point for playing golf on a scheduled Thursday play day.

1 point for lunch on a scheduled Thursday play day

If you read last week's article I asked three questions about the Solheim Cup. Here are the answers. The Solheim Cup is named after the Norwegian-American golf club manufacturer Karsten Solheim who was a driving force behind its creation. It is played every other year and was won by the European team in 2019.

This week's questions: Who was the captain in 2019 for the American team? What state in the U.S. will host the event in 2021?

A final thought on how to improve your game: "If you really want to get better at golf, go back and take it up at a much earlier age."

SHONIS

By Tom Zades

Twenty Shonis were delighted to start the new year on Tuesday, January 7 under sunny skies, with temperatures brisk but warming. After a hole-in-one "drought" that lasted more than a year, Shonis had two in one week to start the 2020 season. And both were on hole #9! The first, by Teddy Morse, came on December 31 during the three-week holiday recess when three Shoni foursomes played a practice game. Congratulatory emails were still pouring in when Jeanie Kane did the same thing, on the same hole, during sweeps on Tuesday, January 7. And hole #9 was the site of our first birdie of the season, by Jonna Robinson. Maybe there is a ball magnet sitting in the cup on hole #9.

Jeanie hit a trifecta of sorts, adding low gross and low net wins in her flight to the hole-in-one and winning the Captain's Trophy, as well. She also ran the Shonis' first pre-round putting contest—a new feature this year. Four threesomes took part in the putting contest. The four winners were Betty Stednitz, Joan Wiseman, Jan Ehrhardt and Tahera Khalil, with Betty first overall. Considered the Shonis' best putter, Betty plays right-handed but putts left-handed!! Hmmm. Is she onto something here? Check out the putting clinic on Saturday, January 18, if you want to prevail in these weekly putting contests.

The posting in the Pro Shop edition of Fast Lane calls putting "The Great Equalizer."

Betty Stednitz's successful day continued, as Sweeps were awarded for low gross as well as low net. Her low gross score won her first place in the first flight! (Our low-handicap golfers often have a hard time getting "in the money" on a net basis.) We have two more Bettys: New co-captains Betty Hall and Betty Lanctot. Captain Bonnie Evans says that her new co-captains did an awesome job on their first day on the job!

Start your year out right and join the Shonis at our regular games on Tuesday mornings or any of our practice games. For the practice schedule contact Bonnie Evans or Teddy Morse. There's also a list posted on the Shoni bulletin board in the Posting Room with days members are available to practice. Contact a friend and come out and play. If you want to try the long nine, contact Barbara Karayn or Tricia Hardt for someone to play with. You don't have to be a Shoni to come out and practice with us. All are welcome.

Chip shot: More Handicap Hell: How do you tell the difference between a whiff and a practice swing? Nobody curses after a practice swing.



Congratulations to Shoni Jeanie Kane on January 7, 2020. A hole in one on hole 9 and the Captain's Trophy win all in the same day!
Photo by Vivian Wilczak

MEN'S GOLF CLUB



By Kyle Finley (kylefinley@outlook.com), website www.villagesgolfers.com

Email: If you are not receiving the email blasts from the Men's Club with all the updates on activities and announcements, or if you have changed your email address recently, please contact Membership/Handicap Chairman David Bacigalupi at baci1786@aol.com and Kyle Finley at kylefinley@outlook.com to update your information.

Hole In One: Congratulations to Ted Escobar who hit a Hole-In-One on hole #11 with a 9-iron during our Holiday Tournament on December 14! Great shot, Ted!

Eagles for December: There were two eagles reported for December! Congratulations to:

- Mike Tuft for his eagle on December 18 on Hole #16
- Larry Angel for his eagle on December 30 on Hole #2

New Members: Please welcome the following new members to the Men's Golf Club: **Pete Duke, Joe Beltrano, Karl Reid, Len Townsend.** Introduce yourself, and ask them to join you on the golf course

Upcoming Events

President's Day Tournament: The first tournament of the 2020 season is set for Saturday, February 8. Signups to get a tee time starts on January 25 for four-man teams playing a Cha-Cha-Cha format (1 Net Best Ball, 2 Net Best Balls, 3 Net Best Balls) on selected holes.

The complete **2020 Tournament Schedule and 2020 Home & Home Schedule** are available on the Men's Club website, www.villagesgolfers.com. Look for additional details here, and in the Posting Room of the Pro Shop.

Executive Committee Meeting: The Men's Golf Club Executive Committee meets the first Tuesday of the month at 8:30 a.m. in the Cribari Patio Room. Our next meeting will be on Tuesday, February 4. The meetings are open to all members. Also, remember to visit our website at www.villagesgolfers.com for the latest Men's Golf Club information.



TENNIS TALK

By Caryl Swinyard

Writing the Tennis Talk article is fairly easy most of the year. There are leagues and social activities to share with everyone. Sure, the holidays are wonderful to enjoy and talk about, but they don't much relate to tennis although I certainly enjoyed our Holiday Dinner and Dance. I also want to thank all of you who helped make 2019 a great year for our club. Betty suggested I write about my tennis life.

Probably boring for others, but I did have a lot of fun with tennis. I was born into it. Well almost. The first time I went to the courts was at age 2 months. My dad and his partner, Jack Moss were the Los Angeles public courts doubles champs in 1937, the year I was born. The matches were played at Griffith Park and made the newspaper, naming the Women's and Men's champs. I have a picture of my dad in his long white slacks, white shirt, holding white tennis balls and his tiny weeny wood framed Davis racquet with gut strings that had to be restrung every week. The balls generally lasted one set. Both my mom and dad played, so it was natural to me. I played on the high school team. Though I never was willing to work hard enough to be really good, my limited skills have brought me a lot of fun, new friends and lots of laughs these *many* years.

My first husband was from Chicago so he hadn't played before he met me, but took well to it. Most of you knew Ron (husband #2, 52 years) who was pretty good at tennis and we played in several clubs. When we lived in Mountain View, several of us parents who played, organized the Junior Club there. Fortunately, one of the dads was a tennis teacher so he coached the kids for free. We all contributed time and balls. I remember taking home bags of balls, tossing them in the washer and dryer and using them again for the next lesson. None of us could afford new balls each time. It was fun and rewarding to help kids get started in a sport that can last a lifetime.

At that time, we were able to belong to both Los Altos and Mountain View recreation department teams for, like \$5 a year. And both cities had regular tournaments and activities for young and old alike. I know some of you lived in that area way back then and remember our wonderful Cuesta Courts. We hosted the junior 12s each year. Such fun.

I have been so blessed to have access to courts all my life. And God has blessed me with still working knees. So, at this ripe old age, I will keep playing as long as possible. I so enjoy all the leagues, tournaments, and social activities our club has to offer. Thanks to each of you for being a part of that. And I wish you all a very Happy New Year. May we enjoy this great game for years to come.

Don't forget Ken DeHart is conducting clinics every Tuesday and Friday at 12:30 p.m. on court 3 and you can schedule a private lesson with him for after the clinic. Also, remember to watch your email for notices of upcoming tennis club activities.



Caryl holding her first tennis racket.

IRONMEN

By Bill Travis

The Ironmen play every Thursday afternoon; there is a new check-in time at 1:30 p.m. and new tee off time at 2 p.m.

Thursday, January 9, was partly cloudy with some sun, but it had just finished raining. Nevertheless, a group of intrepid golfers hit the links.

The results are as follows:

First place went to Lee Thompson with a net score of 25.

Second place went to Charlie Wilson with a net score of 26.

Third place went to Dave Hathaway with a net score of 30.

Closest to the pin: There was no closest to the pin today

There were no birdies today. Quite unusual, but conditions may have had something to do with it.

Deep thoughts:

"Nothing dissects a man (or woman) in public quite like golf."

- Brent Musberger

"Golf is an ideal diversion, but a ruinous disease." - Gerald Ford

"Golf without mistakes is like watching haircuts. A dinner without wine." - The great Jim Murray

PINSEEKERS

By Tim Short

The day was chilly and so were the scores to start off the Pinseekers' new year on Tuesday, January 7, but the good news was some seldom seen names popped up in the top four sweeps slots. Heading the charge (nothing new here, though!) with a net 37 was Tak Okabe, followed closely by Mario Silva at net 38. John Mueller and Dick Frey placed third at 39, with Richard Petrosky and Jerry Neece closing out the winnings with 40s.

Congratulations to all!

We would also like to officially recognize our new 2019 Pinseekers members. From Olivas Village we welcome Floyd Boyer, Ed Munoz and John Quakenbush. From del Lago, new members are Carm Citrigno and Ron Ellis, and from Highland we were joined by Mike McNitt and Greg Stewart. Great to have you all with us!

TABLE TENNIS

Father Time seems to be turbocharged

By Tony Berg

January is here again and the Tennis Club annual dinner is back on the menu. The Club tradition is to have our end of the year celebrations when everyone else has moved on from the holiday period, a special treat to start the New Year!

This year we are holding our Annual Dinner on January 31 in the Clubhouse. The evening will start at 6:30 p.m. with dinner being served from 7 p.m. The event is open to Club members and their partners. Seating is limited so we urge you to secure your reservations as soon as possible. Contact Tony Berg or Alan Watho for more information.

Meanwhile Drop in and Play Table Tennis is available as usual in the Montgomery Multipurpose Room:

Wednesdays, Thursdays & Fridays: 1 p.m. to 10 p.m.

Saturdays & Sundays: 9 a.m. to 10 p.m.

(Wednesday 3 p.m. to 5 p.m. for newbies and social Ping Pong players.)

If you are not a member, drop by anyway and a member will invite you in to see what Table Tennis has to offer as an enjoyable way to keep fit and stay healthy.

So take your pick of times, but remember that: **The best dose of exercise is the one that gets you coming back for more.** If you find a way to stay active that you enjoy, you are doing it right!

'The Next Step' - Novice Golf Clinics

Saturdays 11 a.m. to 12 p.m.

With PGA Director of Golf, Scott Steele

Designed for all Villages novice golfers and for those who have taken our Get Golf Ready class, and are wondering, "OK, what next?" **A different golf topic each week!**

Saturday, January 11

Chipping vs Pitching – It's all About Trajectory

Saturday, January 18

Putting – The Great Equalizer

Saturday, January 25

Full Swing – How to Maximize Power

Saturday, February 1

Practice vs Play – The Big Difference

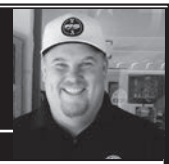
Saturday, February 8

Let's Go Play – How to Take your Game from the Range to the Course

Only \$20 Per Clinic! To sign up for one or all, call the Pro Shop at 408-754-1331



FROM THE PRO



By Scott Steele, PGA Head Golf Professional

New Registered Guest Program—Grace Period ends February 1!

The new and updated Registered Guest Program will go into effect January 1. **What does that mean?** The current database of Preferred Unaccompanied Guests will be completely purged February 1.

All Registered Guests will have to be re-signed up, and will now be referred to a "Registered Guests."

The Registered Guest signup form will be new and every resident will have to complete the new form. There will be a \$10 annual fee for all Registered Guests. Registered Guests will be able to reserve tee times on their own up to 7 days in advance. Registered guests will only be permitted to practice on the day they play.

All Registered Guests and any one in their party must be added to the Chelsea tee sheet by name in advance or they will not be allowed through the gate—i.e. everyone playing golf must be listed on the tee sheet.

An "Unaccompanied Guest" is defined as a guest of a resident who plays golf without the resident—the resident must make all reservations. A "Registered Guest" is defined as a regular guest of The Villages who has completed the Registered Guest Form and paid the \$10 fee, and may make reservations on their own without resident involvement. Let us know if you have any questions.

Mark Your Calendars—2020 promises to be a great year for golf at The Villages!

"Let's Go Play" is our theme for golf at The Villages in 2020. Our goal is to maintain the strong traditions of the Six Golf Clubs but also add some new fun and social events to the mix with the focus not so much on the competition but rather having fun with friends and enjoying some golf, some food, some libation and some great camaraderie.

Here are some highlights for 2020, so please mark your calendars:

Glow Ball Night Golf—Par 3 Course—Wednesday, March 25 (new event!)

Men's Club Member—Member—Friday to Sunday, May 8-10

Swingers Invitational—Tuesday, June 9

Villages All Club Invitational—Saturday, June 27 (new event!)

Men's Club Evergreen Invitational—Thursday-Saturday, July 9-11

Women's 18-Hole Golf Association Invitational—Thursday & Friday, August 13-14

Men's and Women's Club Championships—start first week of September

Look for some new fun and social events such as—"Links & Drinks," "Nine and Dine," "Birdies, Beers & Brats," "Take me out to the Ball Game"—more to follow!

GMS Golf Course Maintenance Update—So far to date, this winter has not hit us too hard. December was full of lots of wet and windy days, so golf course debris cleanup, daily maintenance and set up was the focus. Currently GMS is focused on roto-tilling the bunkers, beautifying our tee monuments and landscaping areas, as well as applying pre-emergent applications for weed and growth control. Golf Course Maintenance Director Mark Wilson, and Golf Course Superintendent Tom Bevan did a wonderful job in 2019 and our golf course was always in fabulous condition, especially for our majors and member-guest invitational events. In my mind, the biggest success GMS brought us was the abatement of the Nematode and Anthracnose breakout that occurred in 2018 and continued into 2019. Nematodes can destroy Poa Annuua Grass greens such as ours, and GMS was aggressive and focused in the approach to this challenge. Due to the diligence and hard work of GMS, the affected greens #3, #7, #10 and the practice green are all as good as ever today. This flew under the radar, but GMS' hard work with our Nematode issue saved us! Please take the time to thank Mark and Tom next time you see them.

Golf Lost & Found—The golf Lost & Found is now located in the Pro Shop for clubs, personal belongings and textiles. Please do not return found items to the Posting Room, but rather return to the Pro Shop. Thank you!!

Tips from the Pro—Align yourself for success: About 95 percent of all golf flaws fall in some aspect of the set-up. Alignment falls under that category. Most amateur golfers aim too far to the right aiming their body at the target instead of parallel left. Misalignment causes necessary compensations to attempt to start the ball on-line. For instance, a golfer who aims right must swing outside-in to get the ball started on line. This cause pulls and slices depending on the clubface position at impact. Conversely the golfer who aims left usually hangs back on his heels and swings too much out to the right separating his arms from his body. This causes top shots or huge pushes to the right. Remember that your feet, hips and shoulders are to be parallel left of your target line—only the clubface aims at the target. To practice this, retrain your eye by using alignment sticks when you practice at the range. Place one alignment stick just outside your ball aiming at the target, place the second alignment stick near your feet aimed parallel left of the other stick. Then hit balls from within this "station." You will soon see all of those compensation moves work their way out and your swing will become more square to square. So give alignment sticks a try and let us know how it works.

Bocce Club's Valentine's Day Installation Dinner

Saturday, February 8

from 5 to 9 p.m., Cribari Auditorium

Come celebrate Valentine's Day and listen and dance to the smooth sounds of David Johnson.



Entertainer David Johnson

Limited open bar, featuring red and white wine, with a specialty drink prepared by our bocce club's mixologists.

Wonderful door prizes!

Installation of new board members for 2020-2022.

For reservations of up to 9 per table, contact Jeanne-Anne at jawhitacre@live.com or 650-493-3638.

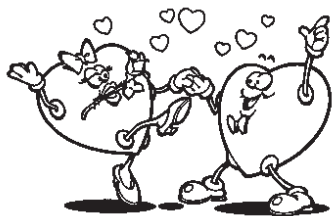
The cost is \$19 per member, \$24 per guest. This will be charged to your house number. In addition, if your last name starts with A-L

bring an appetizer, M-Z, that will serve 2-3 people to share, the dinner helps keep the club for you.

SOLD OUT!

Deadline for reservations and no refunds after February 1.

Dinner will be prepared by the Bocce Club. Menu: Roasted Chicken with a Lemon and Oil Drizzle, Roasted Red Potatoes, Green Garden Salad and Garlic Bread, Water & Coffee. Plates, napkins and utensils will be provided.



SCOREBOARD

BRIDGE

Monday, January 6: 1. Tahera Khalil - Kausalya Iyengar 2. Dinesh Chandra - Annie Dandavati 3. Sylvia Rozewicz - Dorthy Staehs

Wednesday, January 8: 1. Marilyn Ribardo - Lorrie Scott 2. Selma Chastaine - Dorthy Staehs 3. Maureen Waltho - Alan Waltho

Thursday, January 9: 1. Ed Logg - Jonna Robinson 2. Joe Henry - Dorthy Staehs 3. Cathy Struck - Ray Struck



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MEXICAN TRAIN DOMINOES

Wednesday, January 8

Shirley Bellavance 138
Sylvia Rozewicz 163
Vicky Linscott 284

Friday, January 10

Kit Hultquist 189
Vicky Linscott 192
Joyce Ross 199

SWINGERS

Tuesday, January 7

Flight One:
Swenson, Laura 33
Swinyard, Caryl 35
Macon, Mitzi 35
Croad, Jan 37

Flight Two:
Driskell, Sheryl 35
Murphy, Beverly 37
Rem, Joy 38
Begley, Carol 39

Flight Three:
Southland, Flo 33
Dimmick, Valerie 35
Waugh, Charlotte 36
Hales, Cookie 36

Flight Four:
Cho, Song 34
Leonard, Pamela 37
Christiansen, Kim 37
Nelson, Diane 38

PINOCHLE

Wednesday, January 8

Duane Sagen
Donna Vivoli
Phyllis Ogden Sagen
Mike Cox
Tony Orlando

Friday, January 10

Donna Vivoli
Barry Andersen
Shirley Bellavance
Wesley Umeda
Frank Houghton

SHONIS

Tuesday, January 7

Flight One:
Betty Stednitz 39 26
Tricia Hardt 40 24

Flight Two:
Delma Juarez 44 27

Flight Three:
Jeanie Kane 42 23

CLEAN OUT THE CLUTTER!



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JUST BRING YOUR AD TO BUILDING B, BY 10 A.M. ON MONDAY. IT WILL APPEAR IN **THE VILLAGER** ON Friday.

LIBRARY USED BOOK SALE REMINDER

The Villages Library Book Sale is open for business all year long on Wednesdays and Saturdays at 10 a.m. to noon.

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LANDSCAPE & MAINTENANCE

MAINTENANCE SCHEDULE

Cribari

5077-5089, 5154-5209 and 5234-5249—Landscape maintenance and weed control in progress.
 5250-5319 and 5384-5399—Landscape maintenance and weed control, 1/20-1/24.
 Olive tree pruning throughout the district in progress.
 5548-5550—Rodent exclusion in progress.
 5309-5319 Common Area—Walkway replacement in planning.
 Trash enclosures—Cleaning of enclosures throughout the district, in progress.
 Gutter cleaning scheduled for 1/16-1/18.

Del Lago

3301-3315—Landscape maintenance and weed control, 2/17-2/21.
 E-2 Lake—Renovation project in progress; French drain installation in progress.
 3221—Main line repairs in progress.
 3364 and 3365—Reconstruction in progress.
 3220—Driveway and walkway replacement scheduled for next week, weather permitting.
 3112 and 3119—Guest parking concrete replacement scheduled for next week, weather permitting.

Estates

8809-8875—Landscape maintenance and weed control in progress.
 8876-8897—Landscape maintenance and weed control, 1/20-1/24.
 Water Feature—Landscape beautification planting project in progress.

Fairways

4001 and 4024—Landscape maintenance and weed control, 2/10-2/14.
 Gutter cleaning scheduled for 1/13-1/15.

Glen Arden

7698-7867—Landscape maintenance and weed control, 2/3-2/7.

Heights

8470-8519—Landscape maintenance and weed control, 1/20-1/24.
 Resident light fixture installation project in progress, weather permitting.
 8455—Reconstruction in progress.

Hermosa

8005-8032, 8100-8121 and lower Chardonay Lake—Landscape maintenance and weed control, 1/20-1/24.
 8102, 8103 and 8104—Dry rot repairs in progress.

Highland

7500-7573—Landscape maintenance and weed control in progress.
 7574-7598, 7600-7623 and 7880-7889—Landscape maintenance and weed control, 1/20-1/24.
 Trash enclosure cleaning scheduled to start 1/20.
 7503-7506, 7510-7515, 7535-7538 and 7541-7543—Rodent exclusion in progress.

Montgomery

6001-6068 and 6127-6136—Landscape maintenance and weed control in progress.
 6079-6126 and 6137-6183—Landscape maintenance and weed control, 1/20-1/24.
 6006, 6045, 6046 and 6293—Dry rot repairs in progress.

Olivas

8740-8752, 8769-8807 and Foothill Center—Landscape maintenance and weed control, 2/10-2/14.

Roof & Rain Gutter cleaning schedule for 2020

The following is an approximate start and completion date schedule for rain gutter cleaning in The Villages, weather permitting. Gutter cleaning services are provided by J&M Gutter, Inc. For questions or more information, please call Maintenance Services at 408-223-4670.

Village	Start Date	Completion Date
Cribari	1/16	1/18
	2/4	2/9
	2/23	2/29
Verano	1/20	1/25
	2/10	2/15
Highland	1/27	2/1
	2/18	2/22
Club Buildings	3/4	3/9

What do I do with this?

Do you have an item you want to get rid of but you are not quite sure what to do with it? Often wonder if it should be donated, recycled or thrown away and how or where to do that? Each week we will highlight a particular item and give you suggestions for the best way of recycling or disposal.

If you have any questions about what to do with an item, please call Maintenance Services at 408-223-4670.



Aluminum Cans: Please donate!

Collect in a container in your home

1. The Villages High Twelve Club has receptacles in all garbage enclosures throughout The Villages for the collection of aluminum cans. The can receptacles are labeled "Aluminum Cans for High Twelve." A High Twelve volunteer will collect the cans from the enclosures on a regular basis for redemption. A significant portion of the money collected is returned to The Villages Community through various projects throughout the year.

2. Aluminum cans may be redeemed at any local California Redemption location; however, contributing to High Twelve saves you the trouble of transporting messy cans and is a wonderful help to the community.

Sonata

2000-2024 and 2032-2064—Landscape maintenance and weed control, 2/10-2/14.

Valle Vista

Parks and Banks—Landscape maintenance and weed control in progress.

9001-9018—Landscape maintenance and weed control, 2/10-2/14.

Verano

7007-7060—Landscape maintenance and weed control, 2/10-2/14.

Via Laguna Hillside—Jet mulching in progress.

Trash enclosure cleaning scheduled to start 1/20.

Gutter cleaning scheduled for 1/20-1/25.

Association

Common Areas—Treatment for voles, moles, gophers and squirrels in progress.

Mowing is scheduled for every other week, weather permitting.

Weed spraying throughout the Villages, in progress.

E-Waste Recycling scheduled for 1/25, 8 a.m. to 2 p.m. at the Cribari East Parking Lot.

Club Centers

Mowing is scheduled for every other week, weather permitting.
 Cribari, Montgomery and Foothill pool and spa—Closed for the winter.

Foothill Pool—Heater replacement in planning.

Upper Gardens—Irrigation meter relocation in progress.

Club Centers—Window washing in progress.

Weed spraying throughout The Villages in progress.

Maintenance Emergencies and/or Advice

The Maintenance Services Department's general work hours are Monday through Friday, 8 a.m. to 4:30 p.m. If you experience a maintenance emergency during those hours, please call the office right away at 408-223-4670. Even if you are certain the emergency is your responsibility, Maintenance Services can provide a list of contractors that are familiar with The Villages and may be helpful for the repair.

If a maintenance emergency occurs outside of the general work hours or during a holiday, please call Public Safety at 408-223-4665. The Public Safety Department will contact the Maintenance Area Supervisor and/or the appropriate contractor. Together, they will all help to resolve your maintenance emergency.

BRIDGE HAND

By J.M.K.

NORTH

♠ Q 7 6 2
♥ A 10 9 6
♦ K
♣ Q 8 5 3

EAST

♠ J 10
♥ K Q 4 3
♦ Q J 10 9 3
♣ K 4

WEST

♠ 5 3
♥ J 8 7 5
♦ 7 2
♣ A J 10 7 6

SOUTH

♠ A K 9 8 4
♥ 2
♦ A 8 6 5 4
♣ 9 2

Dealer: North
Vulnerability: East/West

Bidding: North	East	South	West
Pass*	1 Diamond	1 Spade	Pass
3 Spades	Pass	4 Spades	All Pass

Contract: 4 Spades by South
Opening Lead: 7 of Diamonds

Dealer has maybe a loser in Spades, 3 losers in Diamonds and definitely 2 losers in Clubs.

Strategy: Obviously there are 2 losers in Clubs, and must use the board's trumps to eliminate the 3 Diamond losers, which prevent pulling trumps in the beginning.

West leads the 7 of Diamonds, the King from the board, South switches to the Ace of Hearts, continues with a Heart, trumps it in his hand, and now plays the Ace of Diamonds. He then leads a Diamond, trumps it on the board. West could also trump, but South will just play a higher Spade. After trumping in dummy, South leads another Heart to get to his hand and again plays a Diamond, and, of course, trumps it on the board. South plays the last Heart from North's cards, trumps it in his hand, then leads his last Diamond, trumps it on the board. South plays a low Club, East, the 4, South the 9, West wins with the Jack, follows with the Ace, next leads a Spade, South wins with the King and leads his last card, the Ace of Spades to get the last Spades. Great. The contract is made with an extra trick. If South decides to pull trump first he will only make 4 Spades. It is very important to look at dummy before playing the first card and figure out quickly what is the procedure to get the most from the contract. Sometimes it is very obvious how to play the hand, other times it is not very clear, and quite often depends on the distribution of the high cards.

* Some North players would open with 11 HCP because they consider having two four-card majors a plus. Both North and South can make 5 Spades if they play it correctly.

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They're Not Wrinkles, They're LAUGH LINES



If you run the letters together, 'THE' and 'IRS' spells THEIRS! Get used to it.

More
Where In The Villager?
in future editions

Don't forget to check lost and found

Did you lose something recently, perhaps a set of keys, your glasses, or maybe some jewelry? Then don't forget to check the lost and found, which is located in Building B. Items are donated to charity after 30 days.

Remember your loved one with a memorial gift to EVF

Please remember the Evergreen Villages Foundation (EVF) when you are considering a memorial gift in honor of a loved one. The EVF sends a lovely acknowledgement from you. www.evfsj.org

Pianist Astrid Morales...

Continued from front page

ity," said Voices conductor, Ken Carter.

Astrid started her career early, making her debut when she was 8 years old at Opus 94.5 Radio Station in Mexico City. When she was 11, she made her solo debut with the Queretaro Philharmonic, conducted by José Guadalupe Flores.



Before pursuing her career in the U.S., she graduated from the National Conservatory of Music in Mexico City, where she studied with Héctor Rojas. She now holds Master's degrees in Piano Performance, Piano Pedagogy and Performer's Diploma in Piano from Southern Methodist University, where she studied with Joaquín Achúcarro.

In addition, she has performed in most of the important concert halls in Mexico. Astrid has an intensive

soloist career and has appeared on several occasions with the most important Mexican orchestras and conductors such as: Mexico State Symphony Orchestra (Enrique Bádiz and Virgilio Valle), Mexico City Philharmonic (José Areán), National Polytechnic Institute Symphony Orchestra (Alfredo Ibarra and Gabriela Díaz Alatríste), Aguascalientes Symphony (Stephano Mazzoleni), among many others.

Open seating tickets are available for \$18 starting at 1:30 p.m. in Cribari Lobby before the performance. You can charge to your house account.

Remember someone with a memorial gift to VMA

Honor the life of your friend or loved one by funding the services to extend the quality of life for other Villagers. A memorial gift to the Villages Medical Auxiliary (VMA) honors the loved one lost and promotes the work of the VMA. If you have any questions on how to give, call the VMA office at 408-238-4230. All donations to the VMA are tax deductible.

Along the Way—a trip down Memory Lane

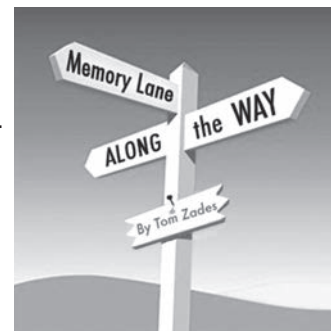
(With Tom Zades—contact him at: tomzades@gmail.com)

When my three granddaughters were discovering the world of reading, they eventually gravitated toward the "young adult" stories. I would read many of them, as well, and delight in discussing some of the characters and events with them. These books included the "Divergent" series, the "Twilight" series, the "Maze Runner" series, "The Hunger Games," "The Fault in Our Stars," "The 5th Wave," and on and on. The books were age-appropriate, where matters of the heart are dealt with in a responsible manner.

My favorite line in "The Fault in Our Stars" is where the main character, Hazel Grace, says that she fell in love the way most people fall asleep: at first very slowly, and then all at once. More recently, I was nearing the end of Dan Brown's latest book, "Origin," when I marveled at the advice that an aged, dying priest was giving to a young man: "Love is from another realm. We cannot manufacture it on demand. Nor can we subdue it when it appears. Love is not our choice to make." I suppose this should not come as new news to me.

Bonnie Raitt's hit song, "I Can't Make You Love Me" says exactly that, although in the negative sense: "I can't make you love me if you don't. You can't make your heart feel something it won't." But I still marvel at the mystery of it all. I used to scoff at the expression "soul mate." When someone tried to excuse or explain their irresponsible behavior as something they couldn't help because the other person was their soul mate, I wouldn't buy it. Now, in my 75th year of living and our 53rd year of marriage, I have to admit that the term "soul mate" has some legitimacy.

Meanwhile, my granddaughters have moved on, both in their reading material and in matters of the heart. Their reading has to do with their major fields of study and careers, which I am not interested in. Their "matters of the heart," on the other hand are of interest to me, but are now "none of my business." Yes, life moves on.



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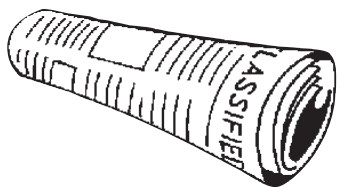
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 Appointments, Errands
 ANYTIME! 4/2

SMART RIDE SERVICE AIRPORT, ERRANDS
 MANAGED BY VILLAGES RESIDENT
 Gene: 408-966-7703
 408-835-7355
 genemune@yahoo.com 5/7

Remy / Joe: 650-776-8850 (cell)
 Villages Resident
 Airports, Errands
 Prompt, Dependable u

RIDES ANYTIME
Gina: 408-483-5241 (cell)
 408-238-1982
 Anywhere,
 Always Available! u

Airport Transportation
Call Carol 238-6775
 Always Reliable u

Upholstery

Ricardo's Custom Upholstery
 Working with customers in the Villages for over 22 years.
 Senior Discounts.
 408-923-8532 1/30

Window Cleaning

McKee Window Cleaning Villagers Favorite
 Experienced, Honest, Insured
 Rick McKee: 408-761-4803 1/30

ITEMS FOR SALE

AMANA 19 cu.ft. REFRIGERATOR
 White. Single Door.
 Freezer on Bottom.
 \$200

VARIOUS SIZES OF LETTER AND LEGAL FILE CABINETS
 FROM 2 Drawer letter—
 5 Drawer Legal.
 From \$25.
 Call for pricing & Descriptions.
 408-722-0589 1/16

INCONTINENCE SUPPLIES
Comfort Care Briefs Lg.
 Large Pads 23X36 and ETC.
 Reasonable
 408-238-5288 1/23

GOLF CARTS

GOLF CART—2008 Club Car Precedent 48V
 Fold Down Tinted Windshield,
 5 Panel Mirror, Cooler,
 Sand Bottles,
 New Batteries, Battery Gauge
 with Charger, Seat Covers,
 Carpet.
 \$3,000 OBO
 831-239-1109 1/16

CLUB CAR GOLF CART 48-volt
 Canvas enclosure included
 Serviced regularly. \$1,800
 408-722-0589 1/16

WANTED

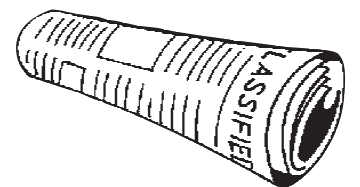
WANTED: Carport to Rent.
 408-309-5430 1/16

LOST & FOUND

Lost January 7: One walking pole.
 Fell off Golf Cart onto street.
 Rosemary: 408-274-3908 1/16

MISC.

Villager with small dog.
 Would love to care for your dog, if traveling, sick.
 No charge, just friendship.
 Jean: 408-270-1674 1/16



Planning a garage sale?

Residents, or those working on the behalf of residents, are advised to call the Public Safety Administration office at 239-5246 before planning or opening a sale at the Villages. All sales on Villages property are subject to Association Rule 2.02 Residence Use and Occupancy Restrictions.

Homeowner Rule 3.2.10, Estate and Garage Sales states:
 3.2.10 Estate and garage sales are permitted subject to the following:

A. A permit for the sale shall be obtained from the Public Safety Office prior to holding the sale and placement of advertising.

Also, effective July 1, 2012, all estate and garage sales in the Association will require a permit. The owner of the property must request the permit from Public Safety Administration in Building C.

The Villages Association Rule 2.02. 5., Residence Use and Occupancy Restrictions applies:

5. Estate and garage sales are permitted subject to the following:

A. Public Safety will not allow entry to anyone who is not authorized by name in advance (Club Rule 1.01, Access to the Villages).

B. All sales activity and sale items must be contained within the residence or garage.

C. Sales may be held only between 9 a.m. and 4 p.m.

D. Sales period may not exceed two days.

E. Only one sale per resident household per year will be permitted. In the event of the death of a resident of the unit, a subsequent estate sale will be permitted. A permit is required and can be obtained from Public Safety.

F. Residents may not use public media to invite members of the general public to attend estate or garage sales at The Villages.

In this context, "public media" includes the internet, social media such as Facebook and Twitter which will be seen by non-residents, and publications which circulate outside The Villages such as the Evergreen Times and Spotlight. Residents may post activities and notices on Next Door but must use the "Choose Neighbors: The Villages [only]" option.

Note: When placing classified ads for estate or garage sales in The Villager, you will need to attach proof of the permit to your Classified Advertising form.

In House Dental Plan

No dental insurance?

We can help!!

You simply pay one annual fee that covers you, your family,
or your employees.

Our In-House Dental Plan is included at no charge:

- 2 periodic exams per year
- Adult/child cleaning—2 per year
- 1 Fluoride treatment per year—until age 14
- X-rays
- All emergency exams and x-rays

All other services are given a 20% to 30% discount

Berna Sanayei DDS

2929 The Villages Pkwy

San Jose CA, 95135

(408) 274-9554

www.sanjosedds.com

**"YOUR LEADERS IN VILLAGES
REAL ESTATE SALES"**

The Villages
REALTY TEAM

**WE'RE HERE FOR YOU,
OPEN 7 DAYS A WEEK!**

FOR SALE	FOR SALE	FOR SALE	FOR SALE
 <p>SOLD</p> <p>VILLAGE GLEN ARDEN \$688,000 2 Bd 2 Ba 1223 sf Elegant Home w/Upgrades throughout, Sorry you missed out, but we have more! SOLD IN ONLY 9 DAYS!</p>	 <p>VILLAGE VERANO \$1,195,000 2 Bd + Den 2 Ba 2230 sf Spectacular SFH, Completely renovated with Solar, Private patio with Pool/Spa & Putting Green, Sunset Views & So much MORE!</p>	 <p>COMING SOON</p> <p>VILLAGE MONTGOMERY 2 Bd 1 Ba 1127 sf We're getting Closer, HOME getting prepared to come onto the MARKET...!!! CALL REGARDING DETAILS</p>	 <p>SOLD</p> <p>VILLAGE GLEN ARDEN \$800,000 2 Bd + Den 2 Ba 1804 sf Gorgeous home w/Vaulted ceilings, Amazing Private Office, 2 Fireplaces, 3 Patio/Balcony, Large Master Suite & So Much MORE!</p>
 <p>SOLD</p> <p>VILLAGE OLIVAS \$1,075,000 2 Bd + Den 2 Ba 2043 sf Stunning Remodeled Villa, End of Court, Sweeping Golf Course & Sunset Views, Absolutely a MUST SEE HOME!!!</p>	 <p>VILLAGE OLIVAS \$998,000 2 Bd 2.5 Ba 2205 sf Rare Floor Plan, Perfect for Entertaining, Large Living-Dining-Family Rooms, Spacious Kitchen, Butler Pantry & MORE!</p>	 <p>SOLD</p> <p>VILLAGE CRIBARI \$400,000 2 Bd 2 Ba 1223 sf Charming Lower End Unit, No stairs through enclosed patio, Nice updates, Great Location, Close to many amenities & So much MORE!</p>	 <p>JUST LISTED</p> <p>VILLAGE HIGHLAND \$744,000 2 Bd 2 Ba 1509 sf GREAT LOCATION, Southern Exposure Beautiful End Unit VILLA, Wood like flooring throughout, Hugh Master Suite w/Sitting area!</p>
 <p>VILLAGE VERANO \$699,000 2 Bd 2 Ba 1588 sf Beautiful Condo with Ideal Setting, Fantastic Valley & Fairway Views, Private courtyard & Remote Shades & more!</p>	 <p>JUST LISTED</p> <p>VILLAGE MONTGOMERY \$649,000 2 Bd 2 Ba 1340 sf Beautifully Open, Bright & Spacious floorplan updated Villa with NEW Flooring throughout, Kitchen Counter & Paint, plus so much more! COME AND TAKE A LOOK!</p>	 <p>VILLAGE CRIBARI \$459,950 2 Bd 2 Ba 1223 sf Lovely Updated Upstairs End Unit, Fireplace, Remodeled Kitchen, SS Appliances, Wood like Flooring, W/D & Private Golf Cart.</p>	 <p>COMING SOON</p> <p>VILLAGE MONTGOMERY 2 Bd 2 Ba 1340 sf Absolutely gorgeous home, Completely remodeled & a must see! CALL FOR DETAILS & INFORMATION</p>

LEASES	VILLAGES PROPERTY MANAGEMENT TEAM	LEASES
<p>Village Cribari 1240 sf Condo 2 Bd 2 Ba \$2,700 mo. Available NOW</p>	<p><i>If you are considering renting your home, we have tenants in waiting. Call or Visit our office for more details & information</i></p>	<p>Village Del Lago 1679 sf Villa 2 Bd+Den 2 Ba \$3,300 mo. Available NOW</p>



THE VILLAGES REALTY TEAM
408.270.4400
We are located outside the gate,
two doors down from *Bank of America*
Lic# 00864784 - 00716638 - 01217393 - 02019205 - 00683945

